Table of Contents

[Introduction 1](#_Toc43902318)

[Section title 1](#_Toc43902319)

[Subsection title 1](#_Toc43902320)

[References 1](#_Toc43902321)

The paper title

John Smith1,2,\*

1 Affiliation 1

2 Affiliation 2

\* [mail@email.no](mailto:mail@email.no)

# Introduction

Your text comes here. Separate text sections with

# Section title

Text with citations

## Subsection title

as required. Don’t forget to give each section and subsection a unique label (see Sect. ).

Use paragraph headings as needed.

# References

Smith, J et al (2015) My paper. Journal of Scientific Studies 64:11–19. doi: [10.1016/jscistu.2015.00.018](https://doi.org/10.1016/j.jrurstud.2018.09.018)