https://

Meals

Choose Week ▼

+ Add Week

Sunday	Monday	Tuesday	Wednesday
Meal 1 Meal 2 Meal 3			

Thursday	Friday	Saturday

Home | Shopping List

Clicking on a specific day lets you edit the meals for that day

Adding a new week lets you create a new set of meals

https://

Sunday

Week 1 ▾

+ Add meal

Breakfast

➕

Lunch

➕

Dinner

➕

Clicking the plus icon brings you to the shopping list

Home | Shopping List

https://

Shopping List

Week 1 ▼

+ Add Item

☑ Flour		🏷 Monday Dinner
☑ Butter		🏷 Monday Dinner
☑ Chicken		🏷 Monday Dinner
☑ Etc.		

Home | Shopping List | Back

You can add items or remove them/mark them as done with the check

Items can be tagged with the specific meal and day they're for