

# Rest Recovery Modern Dream 4-Person Infrared Sauna — Specification Sheet

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*(All specifications subject to change. For installation or permitting use only.)*

## Product Overview

The Rest Recovery *Modern Dream* is a 4-person Canadian Hemlock far-infrared sauna designed for commercial recovery studios and residential wellness spaces. Crafted from premium Hemlock wood with carbon infrared heating panels, LED chromotherapy, and Bluetooth audio integration, it offers full-body rejuvenation in a compact and energy-efficient form.

## General Specifications

Model	Modern Dream 4-Person Infrared Sauna
Capacity	4 Persons
Material	Canadian Hemlock Solid Wood
Dimensions (W x D x H)	70.86" x 47.24" x 74.80"
Weight	~425 lbs (assembled)
Door Type	Tempered Glass Door
Lighting	Interior LED Chromotherapy System
Audio	Integrated Bluetooth Audio System
Heating Type	FAR Infrared Carbon Fiber Heaters
Heating Panels	10 Carbon Panels (even full-body coverage)
Temperature Range	77°F – 151°F (25°C – 66°C)
Warm-up Time	15–20 minutes

## Electrical Requirements

Voltage	110 V AC Single Phase
Power Consumption	2500 Watts
Amperage	30 A Dedicated Circuit
Plug Type	NEMA 5-30P
Breaker Requirement	Dedicated 30 Amp GFCI Breaker Recommended

## Features

- 100% Canadian Hemlock wood construction
- 10 carbon infrared heating panels for even heat distribution
- LED chromotherapy lighting system

- Built-in Bluetooth audio and FM radio
- Oxygen ionizer and ventilation port
- Digital temperature and time control panel
- Tempered glass door and windows
- Easy-assemble tongue-and-groove construction
- Energy-efficient infrared heating technology

## **Certifications**

CE / ETL / ROHS / ISO 9001 Certified Components

## **Maintenance**

- Wipe interior and glass daily with non-abrasive cleaner
- Inspect heater connections annually
- Avoid excessive humidity to preserve wood finish

## **Warranty**

12-Month Limited Parts Warranty

*(Warranty void if installed without dedicated circuit or improper use.)*