

# STUDY PRODUCTIVITY APP (FLUTTER)

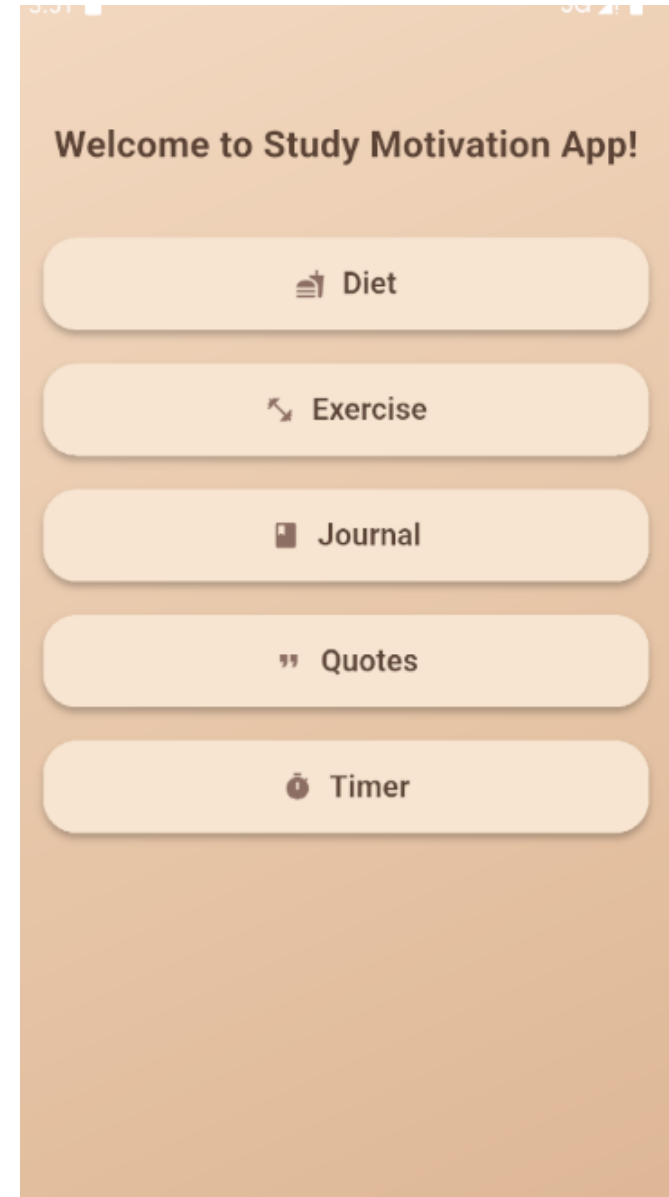
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# PROJECT OVERVIEW

The Study Motivation App is a productivity-focused mobile application designed to help users stay motivated while studying. It includes features such as a diet tracker, exercise guide, journaling tool, inspirational quotes, and a study timer to encourage a well-balanced study routine. The app ensures a visually appealing UI with smooth navigation and supports multiple languages for a personalized experience.

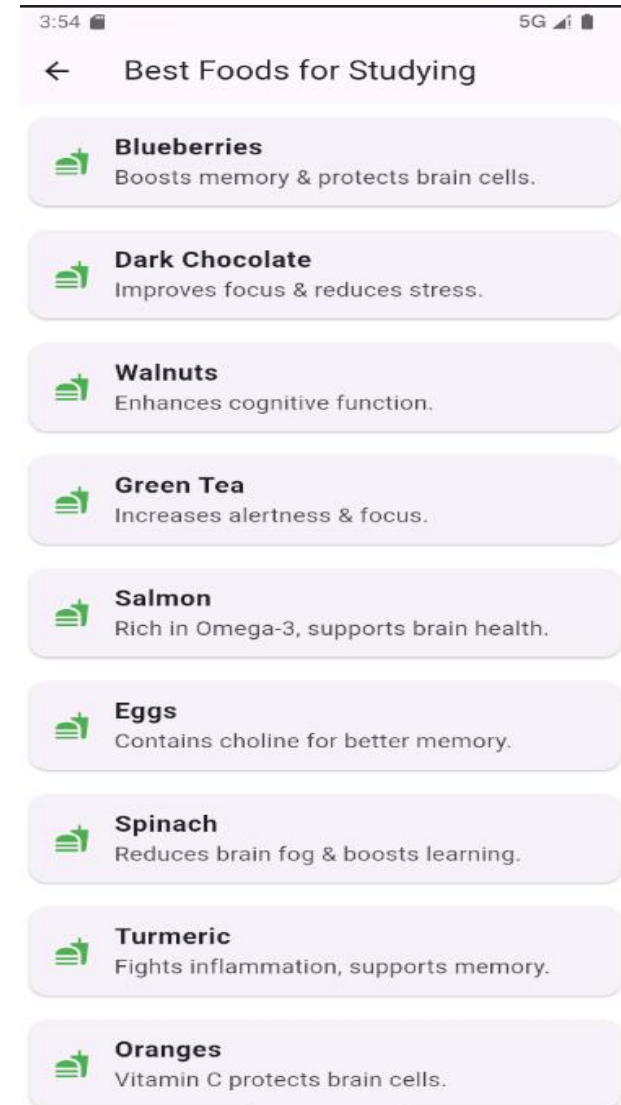
# HOME PAGE

The Home Screen of the Study Motivation App provides a clean and minimalistic interface with a warm gradient background. It features five key options—Diet, Exercise, Journal, Quotes, and Timer—each designed to enhance focus, productivity, and well-being. The user-friendly design ensures smooth navigation and an engaging experience.



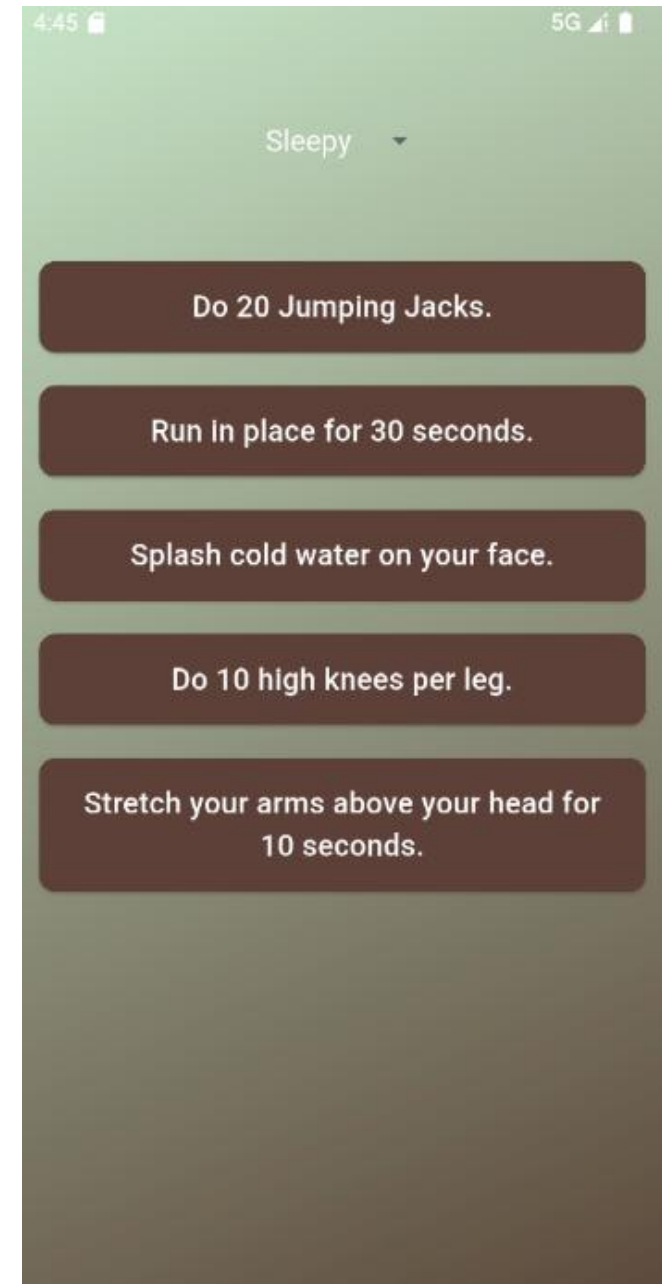
# FOOD PAGE

This page displays the "Best Foods for Studying", fetched dynamically using an API. Each food item is listed with its benefits, helping users make informed dietary choices to boost memory, focus, and brain health. The structured UI ensures easy readability and smooth user experience



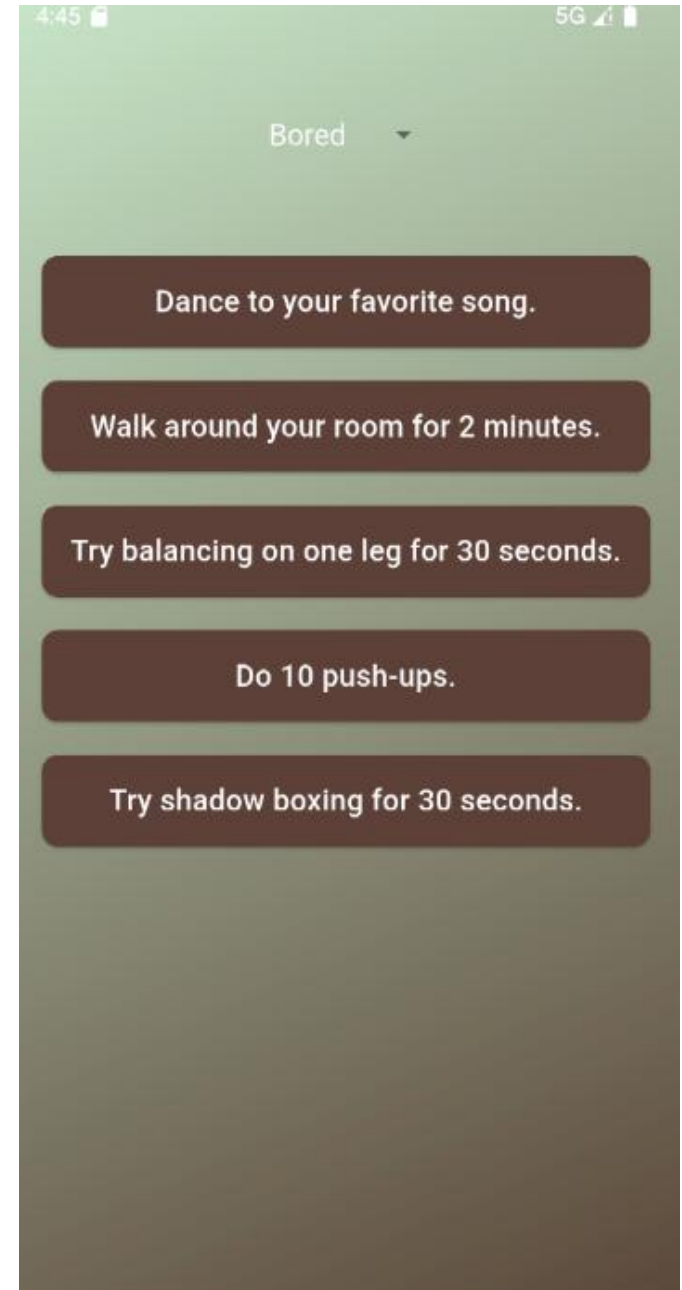
# EXERCISE PAGE (SLEEPY)

This page provides a list of quick exercises to help users feel more awake when they are sleepy. The exercises, fetched via an API, include jumping jacks, running in place, and stretching—designed to boost energy and alertness instantly.



# EXERCISE PAGE (BORED)

This page suggests fun and engaging exercises for users feeling bored, fetched via an API. Activities like dancing, walking, and push-ups help boost energy and keep the mind active, making studying more productive.



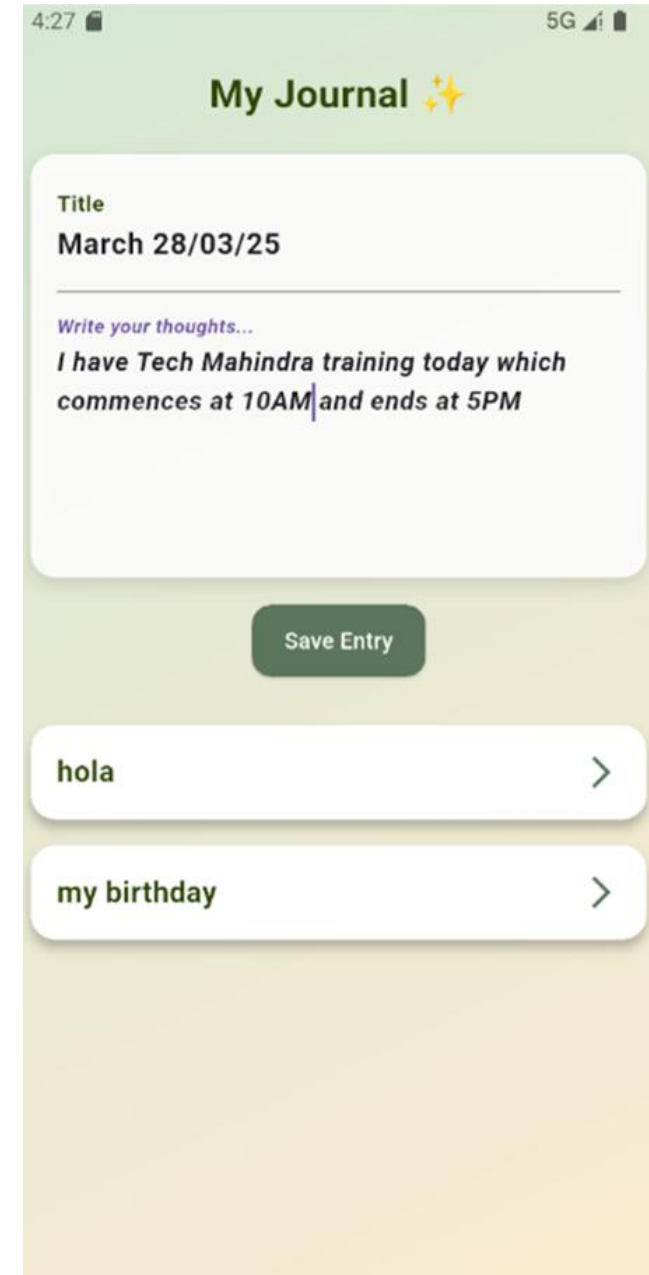
# JOURNAL PAGE

This Journal feature allows users to write and save their thoughts for self-reflection. Entries can be stored and accessed later, helping users track their progress, emotions, and goals.

The image shows a mobile application interface for a journal. At the top, the status bar displays the time 4:25, 5G connectivity, and battery level. The app title 'My Journal' with two yellow star icons is centered at the top. Below the title is a large white rounded rectangle containing a 'Title' label, a horizontal line, and a text area with the placeholder 'Write your thoughts...'. A green 'Save Entry' button is positioned below the text area. At the bottom, there is a list of two entries: 'hola' and 'my birthday', each with a right-pointing chevron icon.

# JORNAL ENTRY

This journal entry records Tech Mahindra training scheduled from 10 AM to 5 PM on March 28, 2025. The feature helps in organizing important events and keeping track of daily activities.



The screenshot shows a mobile application interface for a journal. At the top, the status bar displays the time 4:27, 5G connectivity, and battery level. The app's header is green with the title "My Journal" and a yellow star icon. Below the header is a white rounded rectangle containing a "Title" field with the text "March 28/03/25". Underneath the title is a text area with the placeholder "Write your thoughts..." and the entry text "I have Tech Mahindra training today which commences at 10AM and ends at 5PM". A green "Save Entry" button is positioned below the text area. At the bottom, there are two white rounded rectangles, each with a text input field and a right arrow. The first input field contains "hola" and the second contains "my birthday".

4:27 5G

## My Journal ✨

Title  
March 28/03/25

Write your thoughts...

I have Tech Mahindra training today which commences at 10AM and ends at 5PM

Save Entry

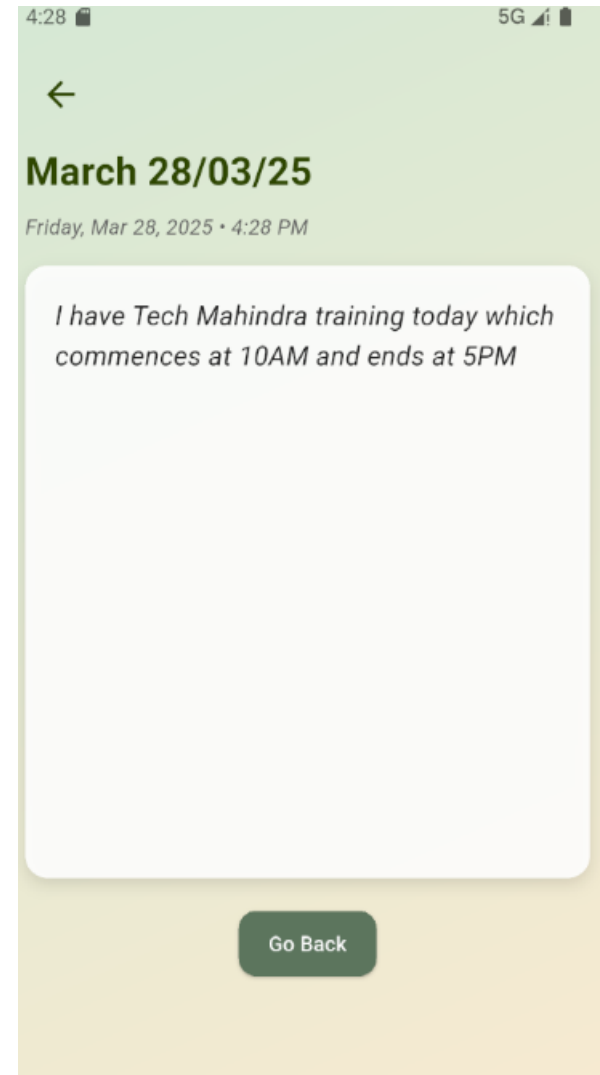
hola >

my birthday >



# JOURNAL STORING

The entries of the journal are stored like this with date, year and time. The content will be stored.



# QUOTES PAGE

This displays motivational quotes and updates them dynamically when the "Refresh Quote" button is clicked. It uses a predefined list of quotes and randomly selects one upon each button press, enhancing user engagement with fresh inspiration.



# TIMER PAGE

This timer app allows users to select preset durations or enter a custom time to start a countdown. It provides a simple and intuitive interface with easy-to-use buttons for quick access, making it ideal for productivity and time management.

