

Nerv 80 Lecture 17

Nov 4, 2019



MCB/Neuro 80 - Neurobiology of Behavior

Today's Topic:

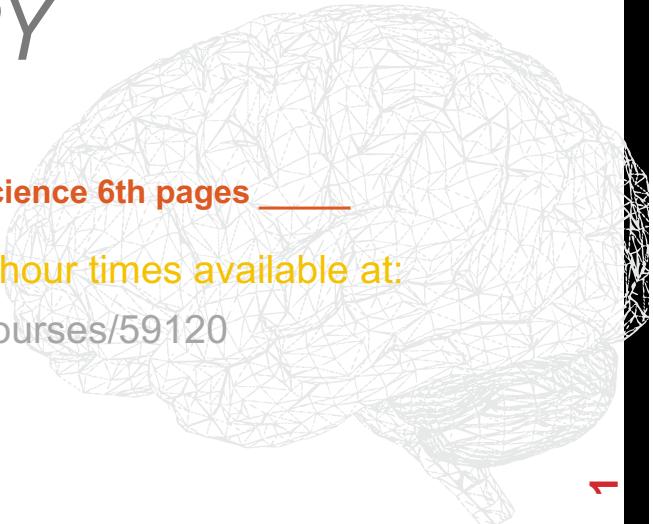
MEMORY

Lecture 16

Optional reading: Purves et al., Neuroscience 6th pages _____

Lecture notes, review questions, office hour times available at:

<https://canvas.harvard.edu/courses/59120>



CLIMBING MT. POTENTIAL (IN PRACTICE)



Learning and Memory

Learning: the process by which we acquire knowledge about the world

Memory: the encoded knowledge that is stored and sometimes later retrieved

Compare **memory** with **instincts**. Instincts are phylogenetic memories based on the experience of a species over eons rather than over a lifespan, and they can be remarkably specific

Instinct: memory without experience

Naïve herring gull chicks crouched and sought cover when the silhouette of a bird of prey passed over them.

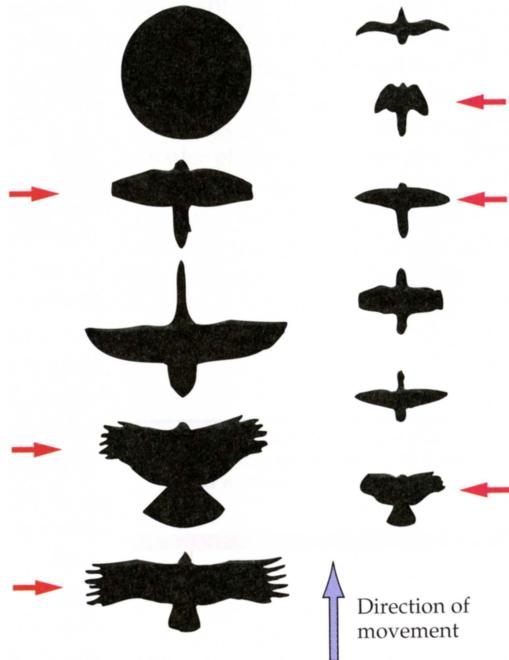
Silhouette associated with danger but not based on personal experience



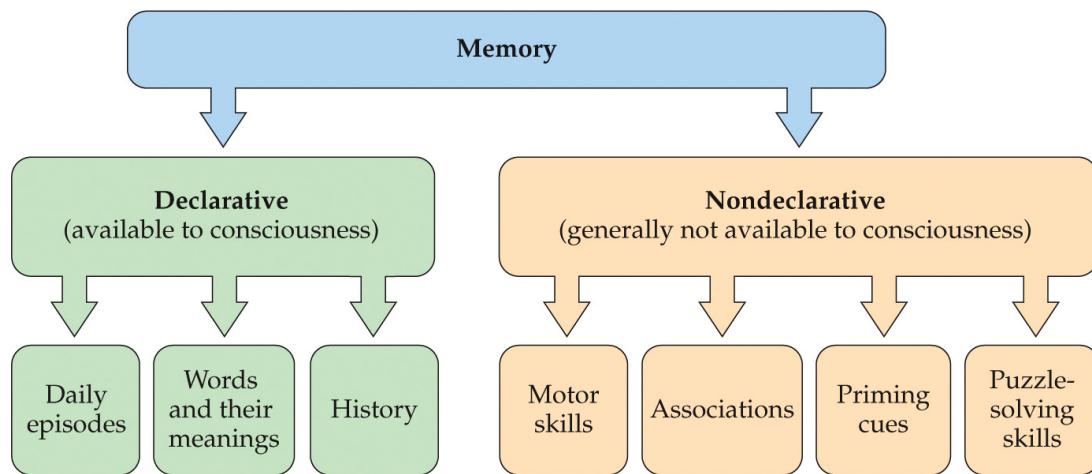
Instinct: memory without experience

Silhouette shape matters – those that resemble birds of prey elicited these defensive responses.

Brain mechanisms not clear, but related studies in other animals suggest a role for superior colliculus (optic tectum).

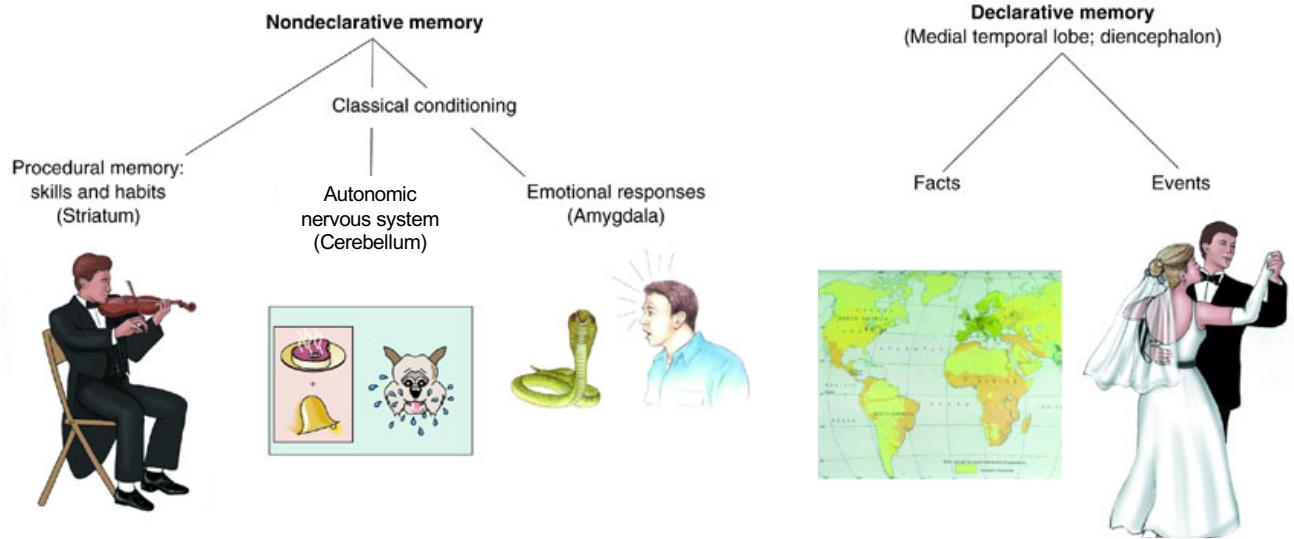


Declarative and non-declarative memory



NEUROSCIENCE 6e, Figure 30.1
© 2018 Oxford University Press

Declarative and non-declarative memory

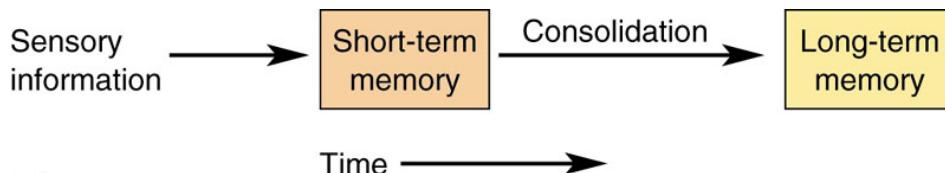


Memory across time-scales

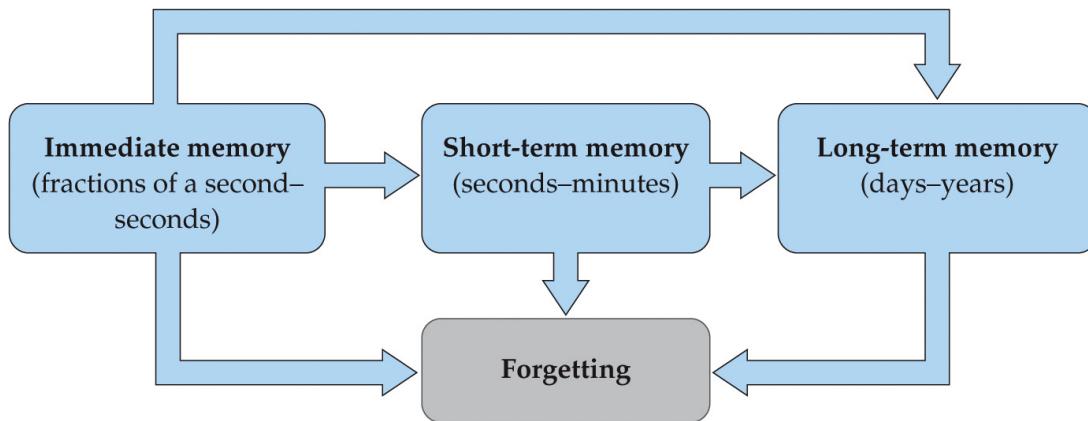
Memory categorized into 3 general classes based on time-scales:

- 1) Immediate memory: our sense of the present
- 2) Short-term memory: seconds to minutes; related to “working memory”
- 3) Long-term memory: days to decades

General belief that memory passes from the short to long-term category by a process of “consolidation”



Memory across time-scales

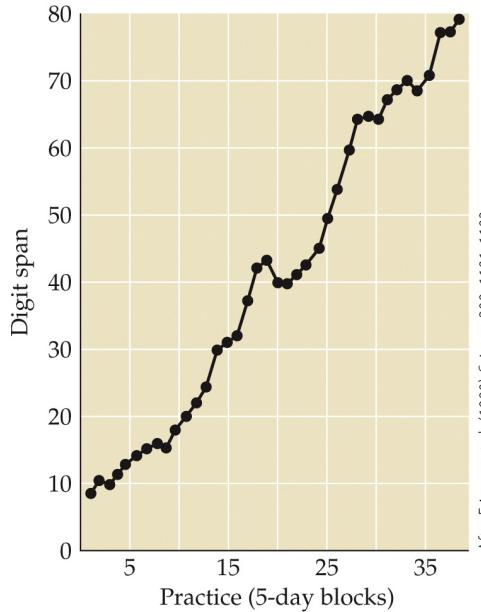


NEUROSCIENCE 6e, Figure 30.2
© 2018 Oxford University Press

Short-term memory

“Digit span” is typically 7-9

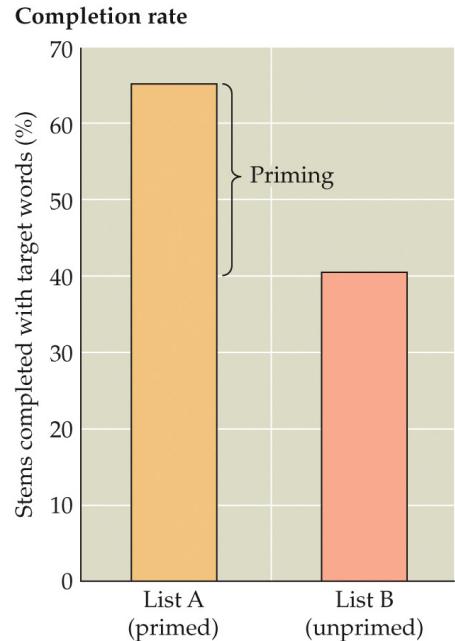
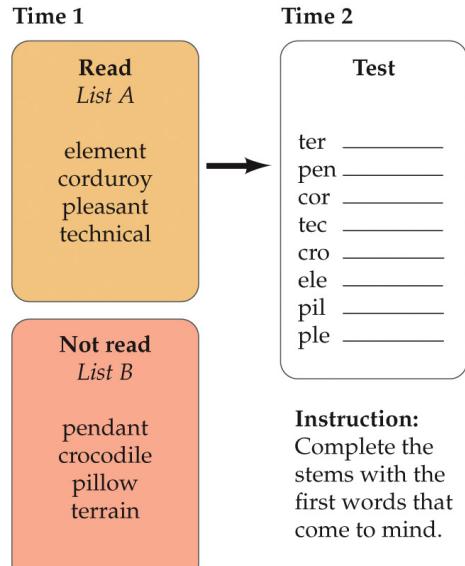
Without consolidation, not very useful



After Ericsson et al. (1980) *Science*: 208: 1181-1183.

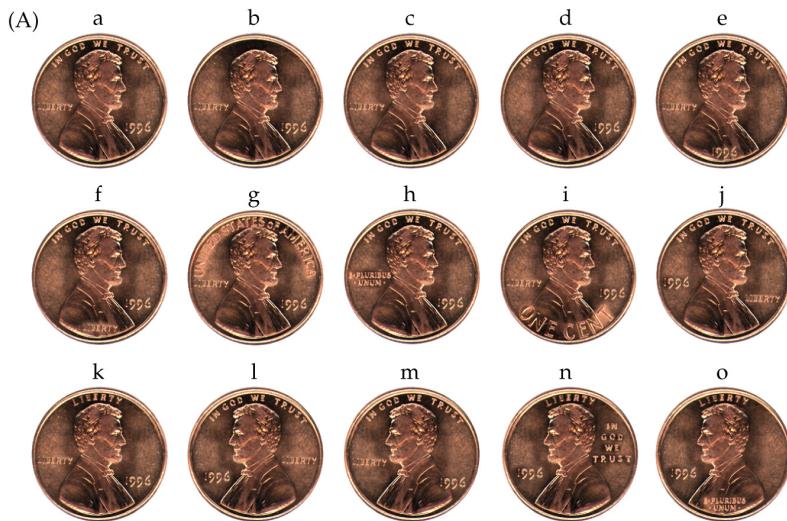
NEUROSCIENCE 6e, Figure 30.4
© 2018 Oxford University Press

Priming



NEUROSCIENCE 6e, Figure 30.3
© 2018 Oxford University Press

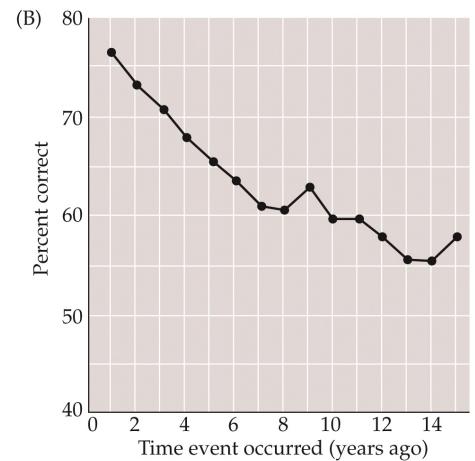
Forgetting



After Rubin and Kotis (1983) *Mem. Cog.* 11: 335-341.

NEUROSCIENCE 6e, Figure 30.8 (Part 1)
© 2018 Oxford University Press

Which penny is authentic?



NEUROSCIENCE 6e, Figure 30.8 (Part 2)
© 2018 Oxford University Press

Rate of forgetting (chance = 25%)

H.M. – an important patient

Henry Molaison (H.M.) was a very important neurological patient - has taught memory researchers a huge amount about human memory

Obituary:

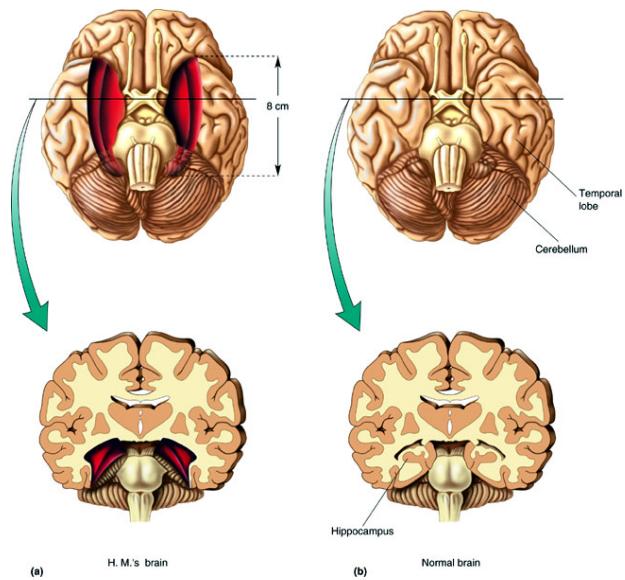
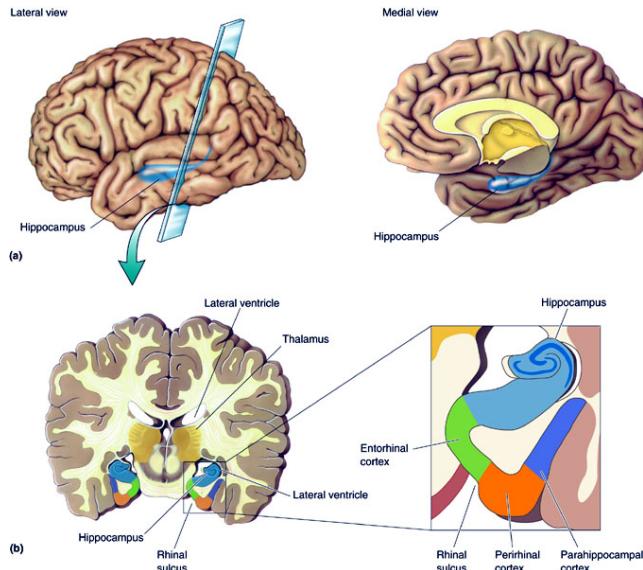
H. M., an Unforgettable Amnesiac, Dies at 82

By BENEDICT CAREY

New York Times December 4, 2008



Hippocampal and related areas removed in H.M.



Amnesia for recent events (cannot consolidate)

J. Neurol. Neurosurg. Psychiat., 1957, 20, 11.

LOSS OF RECENT MEMORY AFTER BILATERAL HIPPOCAMPAL LESIONS

BY

WILLIAM BEECHER SCOVILLE and BRENDA MILNER

*From the Department of Neurosurgery, Harford Hospital, and the Department of Neurology and Neurosurgery,
McGill University, and the Montreal Neurological Institute, Canada*

Summary

In 1954 Scoville described a grave loss of recent memory which he had observed as a sequel to bilateral medial temporal-lobe resection in one psychotic patient and one patient with intractable seizures.

Bilateral medial temporal-lobe resection in man results in a persistent impairment of recent memory whenever the removal is carried far enough posteriorly to damage portions of the anterior hippocampus and hippocampal gyrus. This conclusion is based on formal psychological testing of nine cases (eight psychotic and one epileptic) carried out from one and one-half to four years after operation.

H.M. after his surgery

Seizures were much improved

Devastating memory deficit: normal immediate and short-term memory, but no consolidation of short-term declarative memory into long-term

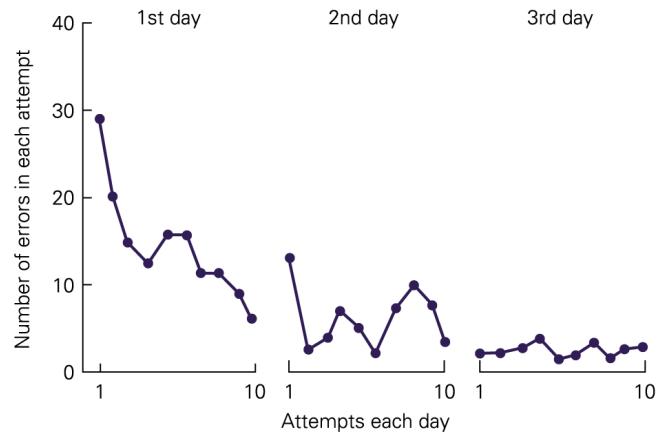
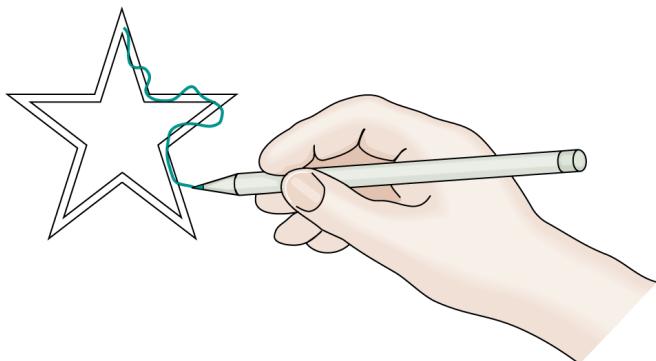
Spatial orientation severely affected

Procedural memory was not affected at all

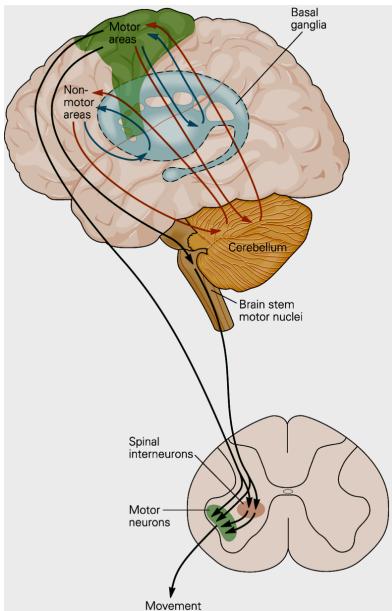
Procedural memory not altered

Learned how to mirror draw at normal rate

Had no idea how he learned it (episodic memory gone) - each time he practiced he thought it was the first time he had tried- nonetheless he steadily improved



Procedural memory

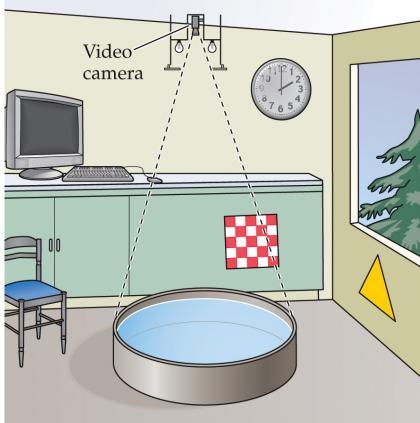


Likely involves basal ganglia, cerebellum and cortex

Has to do with motor system (movement control)

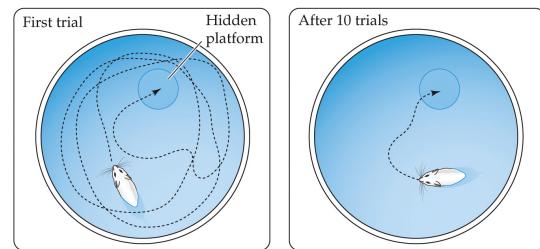
Hippocampus and spatial memory in rodents

(A)



NEUROSCIENCE 6e, Figure 30.10 (Part 1)
© 2018 Oxford University Press

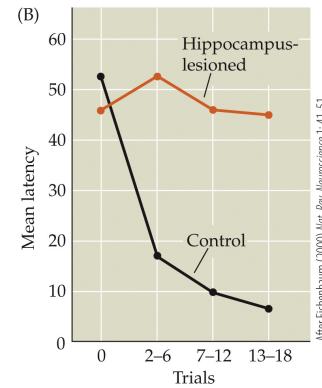
(C) Control rat



NEUROSCIENCE 6e, Figure 30.10 (Part 3)
© 2018 Oxford University Press

After Saksik and Morris (1985) *Eur. J. Physiol. Biol. Res.* 58: 11-28.

(B)



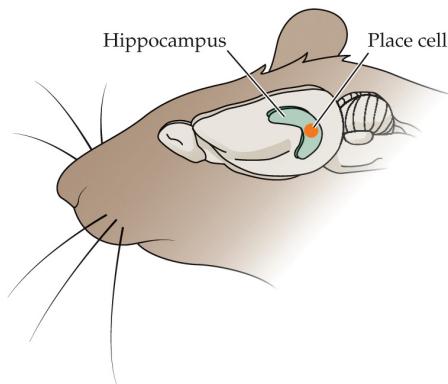
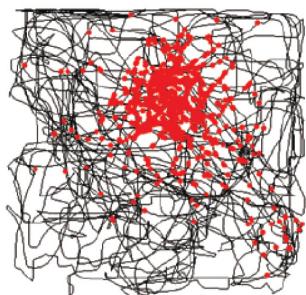
NEUROSCIENCE 6e, Figure 30.10 (Part 2)
© 2018 Oxford University Press

After Eichenbaum (2000) *Nat. Rev. Neuroscience* 1: 41-51.

Spatial memory and hippocampal place fields

Neurons in the hippocampus fire when the animal is in a specific spatial locations

(A)

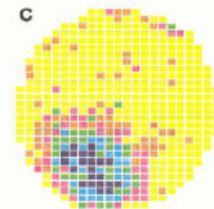


From Moser et al. (2008) *Ann. Rev. Neuroscience*. 31: 69–89.

NEUROSCIENCE 6e, Box 3D (Part 1)
© 2018 Oxford University Press

Firing-rate map

c



'Place field' of a pyramidal cell in
rat hippocampus

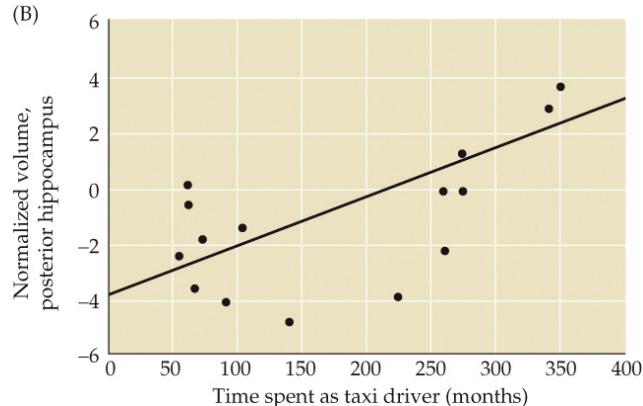
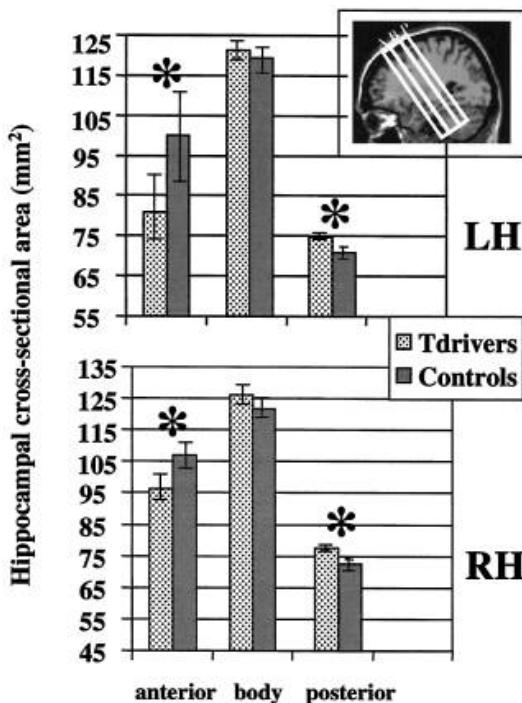
(Muller et al. 1987)

(Recall this figure from Lecture 16)

Why hippocampus larger?

- More glial cells?
- More neuronal connections?

London taxi drivers have larger hippocampus

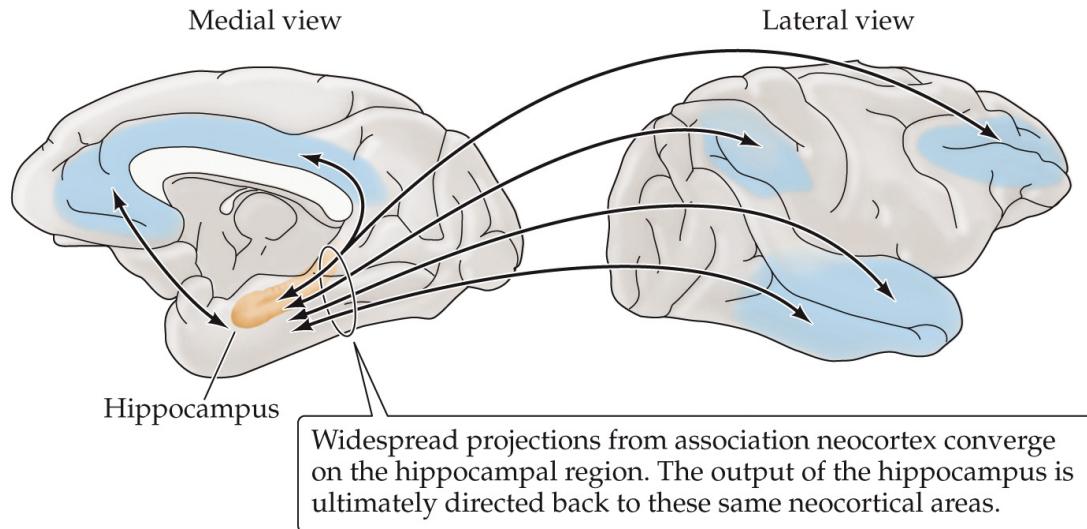


Magnetic Resonance Imaging (MRI) can be used to look at brains of living humans. Specific brain regions can be identified

RH Size of hippocampus (anterior, body, posterior bits) was estimated in London taxi drivers and control people.

Posterior hippocampus was slightly larger in taxi drivers (LH/RH – left/right hemisphere). How much larger was correlated with how many months they were taxi drivers.

Hippocampus is reciprocally connected to many cortical areas



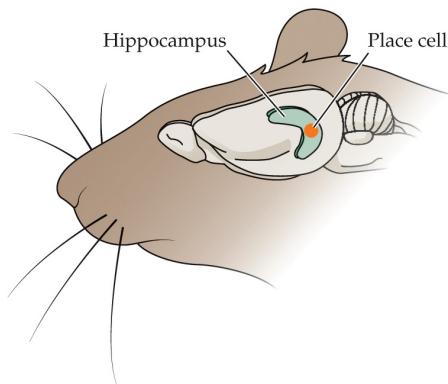
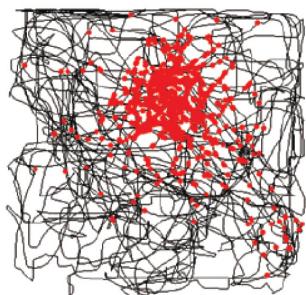
Van Hoesen (1982) *Trends Neurosci.* 5: 345–350.

NEUROSCIENCE 6e, Figure 30.14
© 2018 Oxford University Press

Spatial memory and hippocampal place fields

Neurons in the hippocampus fire when the animal is in a specific spatial locations

(A)

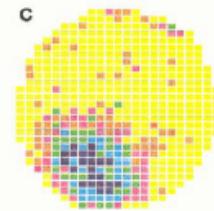


From Moser et al. (2008) *Ann. Rev. Neuroscience*. 31: 69–89.

NEUROSCIENCE 6e, Box 3D (Part 1)
© 2018 Oxford University Press

Firing-rate map

c



'Place field' of a pyramidal cell in
rat hippocampus

(Muller et al. 1987)

(Recall this figure from Lecture 16)

Memories are formed through learning

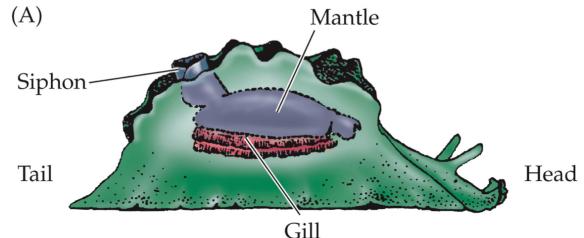
What is learning?

Different forms of learning

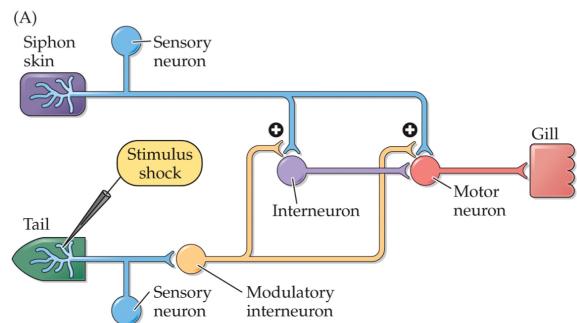
Habituation and Sensitization (from Lecture 11)

Associative learning

Conditioning

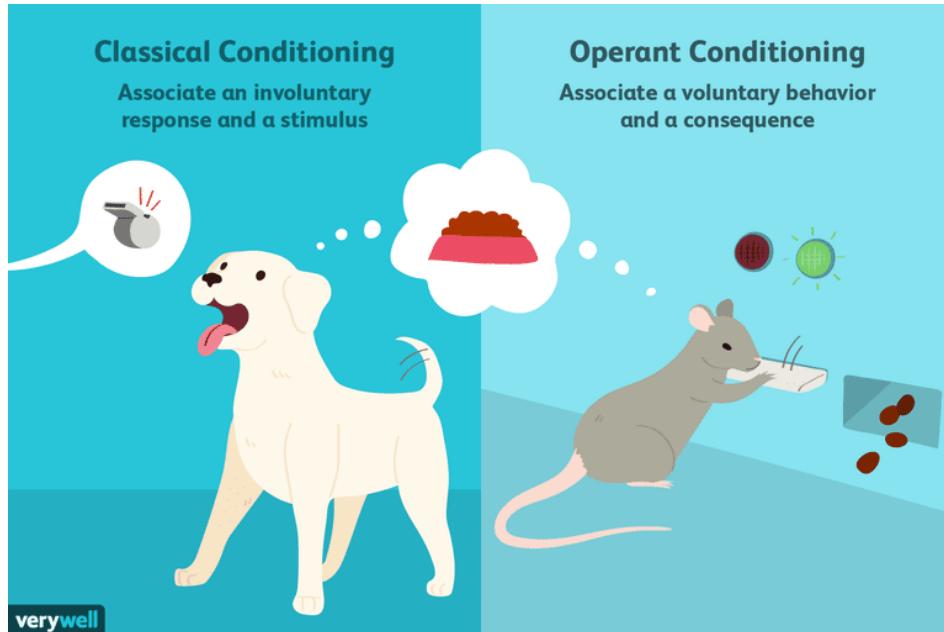


After Squire and Kandel (1999) New York: Scientific American Library, 40.
NEUROSCIENCE 6e, Figure 8.3 (Part 1)
© 2018 Oxford University Press



After Squire and Kandel (1999) New York: Scientific American Library, 54.
NEUROSCIENCE 6e, Figure 8.4 (Part 1)
© 2018 Oxford University Press

Conditioned learning



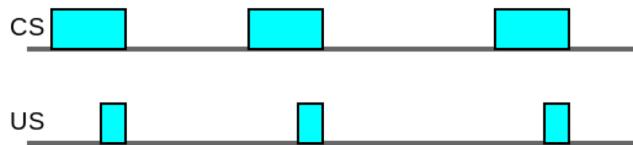
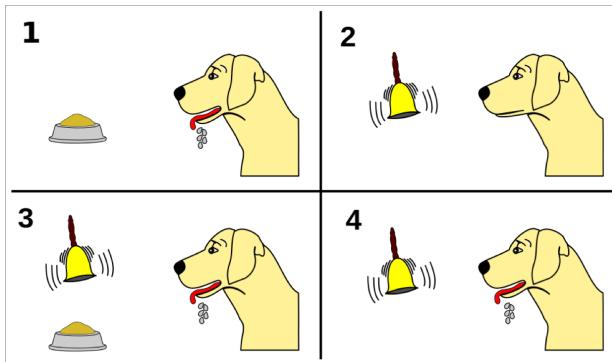
<https://www.verywellmind.com/classical-vs-operant-conditioning-2794861>

Classical conditioning

Famous example of Pavlov's dog

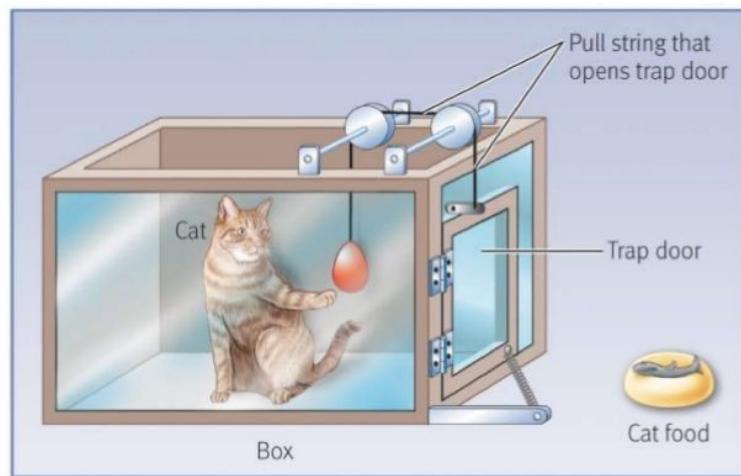
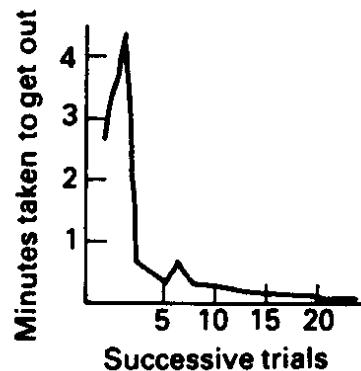
Sight (or smell) of food leads to salivation – this is an innate response that is referred to as the unconditioned response (food is the unconditioned stimulus, US). Ringing a bell on its own does NOT lead to salivation.

If a bell is rung at the same time as food (or at time close to it) repeatedly, the dog will salivate (and expect food) when just the bell is rung (conditioned stimulus, CS). The timing between the CS and US during learning is important.



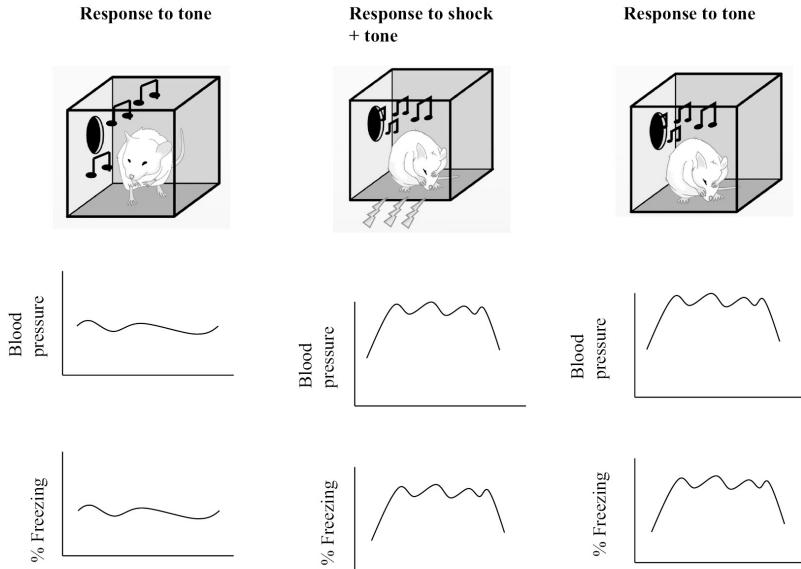
Operant conditioning

Thorndike's experiments



Operant conditioning is when a behavior is followed by a reward, that behavior is more likely to be repeated. Thorndike did experiments where he put cats inside a puzzle box, with a lever that will open a trap door. The cat will experiment with various motions and eventually figures out the lever. The time it takes across repeated trials to open the door decreases. This is trial and error learning, reinforced by the food (or perhaps the escaping itself!).

Fear conditioning

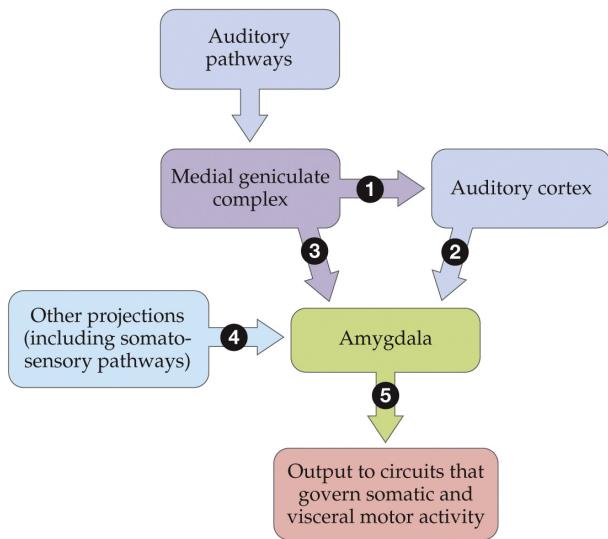
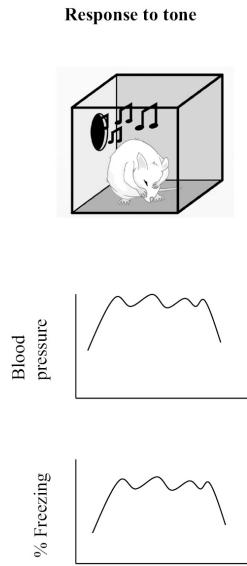
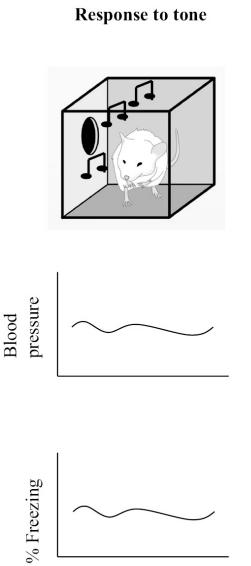


In mice, fear is manifest in “freezing” behavior (crouching, with no movement).

Fear conditioning: pairing an (otherwise innocuous) sound with an electric shock will cause the animal to freeze (expression of fear) with just the sound alone.

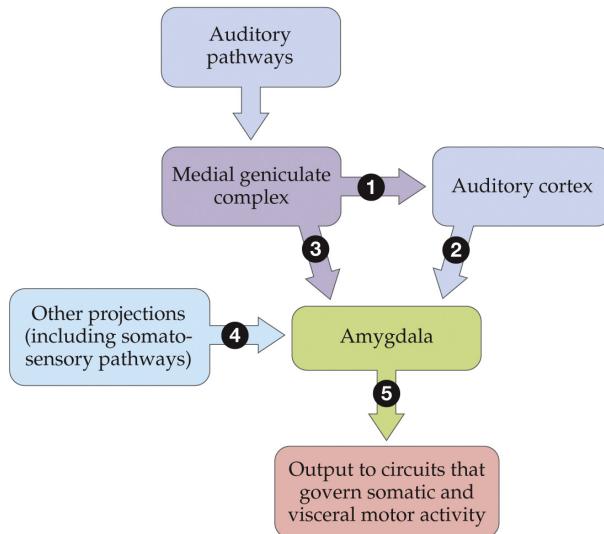
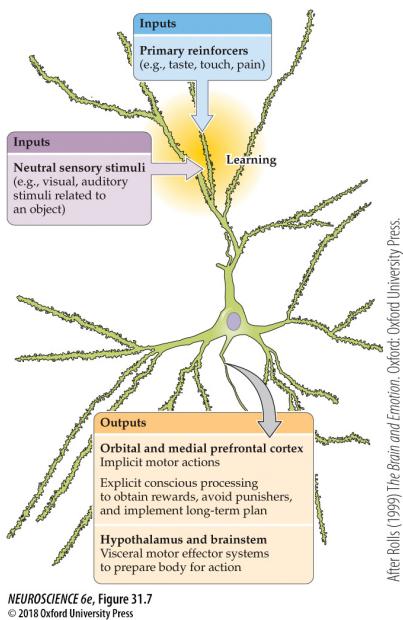
This is a form of associative learning that likely involves the amygdala.

Key role of amygdala in fear conditioning



NEUROSCIENCE 6e, Figure 31.6
© 2018 Oxford University Press

Key role of amygdala in fear conditioning



We will examine how these changes can occur at a molecular & cellular level in the next lecture

Learning Objectives

Know the different classes of human memory: declarative and non-declarative memory

Understand the role of hippocampus and temporal lobe in declarative memory

Know the role of hippocampus and spatial memory

Know about classical conditioning and operant conditioning

Fear conditioning and amygdala

Lecture 17 - Memory and learning

Pre-class notes for November 4, 2019

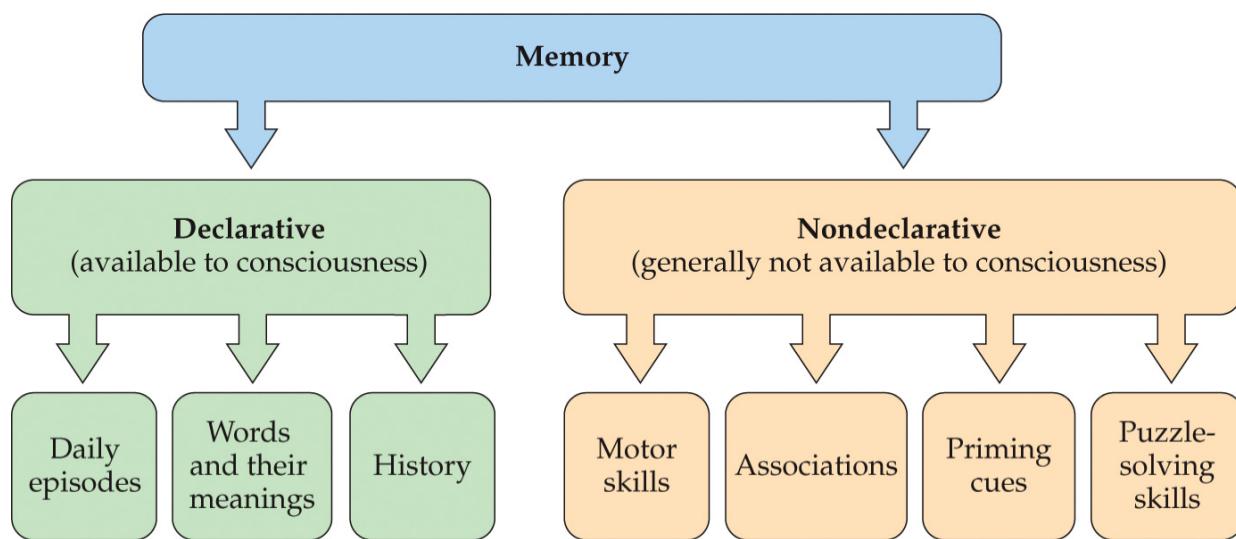
Reading: *Neuroscience ed. 6* by Purves et al., pages _____

Learning - the process by which our brain adapts and/or we acquire knowledge about the world.

Memory - the encoded knowledge that is stored and sometimes later retrieved.

Instinct - an innate, fixed pattern of behavior in response to certain stimuli. Can be complex and remarkably specific, but does not need to be learned. Also known as *phylogenetic memories*, as they are based on the experience of a species over eons.

Declarative memory - also known as *explicit memory*, is a memory that is available to the consciousness that can be expressed by language. Includes *episodic memories* (memories of experiences and specific events in time) and *semantic memories* (general world knowledge or facts).



NEUROSCIENCE 6e, Figure 30.1

Non-declarative memory - also known as *procedural memory* or *implicit memory*, is an unconscious memory such as motor skills and associations.

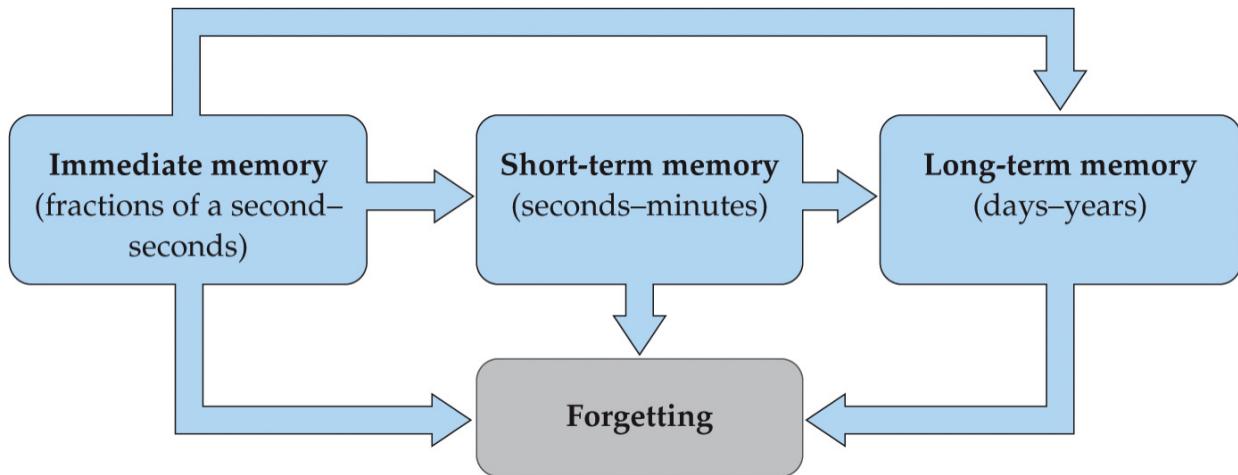
Immediate memory - also known as *sensory memory*, is the term for the shortest element of memory. It is the ability to retain impressions of sensory information for a couple of seconds after the original stimuli have ended and gives us a sense of the present.

Short-term memory - memories held briefly in the mind that enable a particular task to be accomplished (e.g. efficiently searching a room for a lost object). Also called *working memory*.

Long-term memory - memories that last days, weeks, months, years, or a lifetime.

Consolidation - the process by which short-term memory is encoded into long-term memory.

Digit span - an evaluation of short-term memory that tests the number of items (numbers) that a person can repeat back in the correct order immediately after presentation. It is frequently used to quickly evaluate cognitive abilities.



NEUROSCIENCE 6e, Figure 30.2
© 2018 Oxford University Press

Hippocampus - area of the mammalian brain, located in the temporal lobe, that is particularly important in memory formation and/or retrieval.

Place cell - type of neuron within the hippocampus that fires when the animal is in a specific spatial location.

Amnesia - loss of memory due to brain injury, disease or psychological trauma. Loss of memory for events that happened before the onset is retrograde. The inability to create new memories after the event is anterograde.

Conditioning - a behavioral process whereby a response becomes more frequent or more predictable in a given environment as a result of reinforcement, with reinforcement typically being a stimulus or reward for a desired response.

Classical conditioning - learning of a novel response to a stimulus

Operant conditioning - learning to increase the probability of a particular behavior

Fear conditioning - a simple form of classical conditioning in which an animal learns to associate a neutral stimulus such as a light or a tone with the presence of an innately aversive stimulus such as a mild foot shock. After several pairings the animal will demonstrate fear (freezing behavior in rodents) in response to the neutral stimulus alone. This is a form of associative learning that likely involves a brain structure called amygdala.

Unconditioned stimulus - a stimulus that naturally triggers a response. (e.g. feeling hungry when you smell food)

Conditioned stimulus - a previously neutral stimulus that initially caused no behavioral response that, after becoming associated with the unconditioned stimulus eventually will trigger the response produced by the unconditioned stimulus itself.

Fear extinction - a decline in the conditioned fear responses caused by repeatedly presenting the conditioned stimulus without the fear-eliciting unconditioned stimulus

Learning Objectives: (By the end of Lecture 17 you should be able answer questions about the following)

1. List the two main kinds of human memory and briefly describe how they differ.
2. Understand the role of hippocampus and temporal lobe in declarative memory
3. Know the role of hippocampus and spatial memory
4. Know about classical conditioning and operant conditioning
5. Fear conditioning and amygdala