

**Kay McMonigal (he/him or they/them)**

Postdoctoral scholar

Department of Marine, Earth, and Atmospheric Sciences

North Carolina State University

email: ktmcmmoni@ncsu.edu

website: kcmmonigal.github.io

phone: 305-537-8667

**EDUCATION**

- 2020      **Ph.D.**, University of Miami (UM) Rosenstiel School of Marine and Atmospheric Sciences (RSMAS)  
 Meteorology and Physical Oceanography  
 Dissertation: *Estimating a time-series of South Indian Ocean heat transport*  
 Advisor: Lisa Beal
- 2015      B.A., Northwestern University  
 Earth and Planetary Sciences, Math, Integrated Sciences, minor: Gender Studies

**EMPLOYMENT**

- 2022      Visiting Instructor  
 Duke University, teaching course: *The Climate System*
- 2020 -      Postdoctoral Scholar  
 MEAS, North Carolina State University. Advisor: Sarah Larson
- 2015 - 2020      Graduate Research Assistant  
 University of Miami RSMAS
- 2014 - 2015      Undergraduate Research Assistant  
 Northwestern University Earth and Planetary Sciences (EPS)

**PUBLICATIONS - PEER REVIEWED**

- [6] Gunn, K.L., **K. McMonigal**, L.M. Beal, S. Elipot (2022), Decadal and Intra-annual Variability of the Indian Ocean Freshwater Budget. Accepted by *Journal of Physical Oceanography*.
- [5] **McMonigal, K.**, Gunn, K. L., Beal, L. M., Elipot, S., & Willis, J. K. (2022). Reduction in Meridional Heat Export Contributes to Recent Indian Ocean Warming, *Journal of Physical Oceanography*, 52(3), 329-345. <https://journals.ametsoc.org/view/journals/phoc/52/3/JPO-D-21-0085.1.xml>
- [4] **McMonigal, K.**, S. Larson (2022), ENSO explains the link between Indian Ocean Dipole and ocean meridional heat transport, *Geophysical Research Letters*, 49. DOI: [10.1029/2021GL095796](https://doi.org/10.1029/2021GL095796).

[3] **McMonigal, K.**, L.M. Beal, S. Elipot, K. Gunn, T. Morris, J. Hermes, A. Houk (2020): The impact of meanders, deepening and broadening, and seasonality on Agulhas Current temperature variability, *Journal of Physical Oceanography*, **50** (12). DOI: [10.1175/JPO-D-20-0018.1](https://doi.org/10.1175/JPO-D-20-0018.1)

[2] Gunn, K.L., L.M. Beal, S. Elipot, **K. McMonigal**, A. Houk (2020): Mixing of subtropical, central and intermediate waters driven by shifting and pulsing of the Agulhas Current, *Journal of Physical Oceanography*, **50** (12). DOI: [10.1175/JPO-D-20-0093.1](https://doi.org/10.1175/JPO-D-20-0093.1)

[1] **McMonigal, K.**, L.M. Beal, and J.K. Willis (2018): The seasonal cycle of the south Indian Ocean subtropical gyre circulation as revealed by Argo and satellite data, *Geophysical Research Letters*, **45** (17). DOI: [10.1029/2018GL078420](https://doi.org/10.1029/2018GL078420)

## PUBLICATIONS - IN REVIEW

\*NCSU student first author

[2] Larson, S., **K. McMonigal**, Y. Okumura, D. Amaya, A. Capotondi, K. Bellomo, I. Simpson, A. Clement, Ocean realism shapes sea surface temperature variability in a CESM2 coupled model hierarchy. Submitted to *Journal of Advances in Modeling Earth Systems*.

[1] Hasan, M.\*, S. Larson, **K. McMonigal**, Future changes in the role of Ekman heat flux on SST variability. Submitted to *Geophysical Research Letters*.

## PUBLICATIONS - IN PREPARATION

[2] **McMonigal, K.**, S. Larson, S. Hu, Wind driven ocean redistribution of heat leads to increased anthropogenic warming over the historical period. In prep for submission to *Nature Climate Change*.

[1] Gunn, K.L., **K. McMonigal**, L.M. Beal, S. Elipot, Eddy heat fluxes within the Agulhas Current.

## INVITED TALKS

2023      *The role of the wind driven ocean circulation in climate*  
UW Applied Physics Lab, (forthcoming Jan 16, 2023)

2022      *The role of the wind driven ocean circulation in climate*  
Lamont-Doherty Earth Observatory Ocean and Climate Physics Seminar series  
Forthcoming, Sept 30, 2022 (virtual)

2022      *Combining observations and models to understand the role of the ocean in climate*  
URI Graduate School of Oceanography, Narragansett, RI

- 2022 *Why is the Indian Ocean warming so rapidly?*  
NOAA AOML, Miami, FL (virtual)
- 2021 *Estimating a time series of South Indian Ocean heat transport*  
Physical Oceanography Dissertation Symposium, HI
- 2021 *Why is the Indian Ocean warming so rapidly?*  
George Mason University, Fairfax, VA (virtual)
- 2021 *Convergence Indian Ocean heat transport drives recent warming*  
CASPO seminar, Scripps Institute of Oceanography, San Diego, CA (virtual)

### SELECTED SCIENTIFIC PRESENTATIONS

- 2022 *Drivers of Atlantic SST variability in a coupled model hierarchy (poster)*  
Atmospheric and Oceanic Fluid Dynamics conference (Breckenridge, CO)
- 2022 *Anthropogenically forced wind driven ocean redistribution of heat leads to increased warming over the historical period (poster)*  
CLIVAR pattern effect workshop (Boulder, CO)
- 2022 *What role do wind driven ocean circulation trends play in the rate of global warming?*  
NCSU MEAS department symposium (Raleigh, NC)
- 2022 *ENSO explains the link between Indian Ocean Dipole and meridional heat transport*  
Ocean Sciences Meeting (virtual): [YouTube](#)
- 2022 *ENSO explains the link between Indian Ocean Dipole and meridional heat transport*  
Climate Variability and Change Working Group (virtual)
- 2022 *Why is the Indian Ocean warming so rapidly?*  
South African Network for Coastal and Oceanic Research seminar (virtual)
- 2022 *Why is the Indian Ocean warming so rapidly?*  
Woods Hole Oceanographic Institute seminar series (virtual)
- 2022 *Why is the Indian Ocean warming so rapidly?*  
Northwestern University Earth and Planetary Sciences seminar (virtual)
- 2021 *Drivers of Indian and Pacific Ocean heat transport*  
International Workshop for Air-sea Interactions (virtual poster)

- 2020 *Estimating a time series of meridional heat transport of the Indian Ocean at 34°S*  
Ocean Sciences Meeting, San Diego, CA
- 2020 *Variability in Agulhas Current temperature and freshwater transports, with implications for Agulhas Leakage fluxes*  
Gateways to the Ocean Symposium, San Diego, CA
- 2019 *The time varying temperature transport of the Agulhas Current*  
IUGG Assembly, Montreal, Canada
- 2018 *The seasonal cycle of the South Indian Ocean subtropical gyre as revealed by Argo and satellite data*  
National Oceanography Centre, Southampton, UK
- 2018 *The seasonal cycle of the South Indian Ocean subtropical gyre as revealed by Argo and satellite data*  
University of Cape Town, South Africa
- 2018 *The seasonal cycle of the South Indian Ocean subtropical gyre (poster)*  
Statewide Graduate Research Symposium, Florida State University
- 2018 *The seasonal cycle of the South Indian Ocean subtropical gyre*  
University of Miami, Graduate Research Symposium
- 2017 *Meridional heat transport of the Indian Ocean across 34°S based on high resolution Agulhas Current hydrography, satellite, and Argo data*  
IAPSO-IAMAS-IAGA Joint Assembly, Cape Town, South Africa
- 2014 *Calcite rafts-rapid deposition of transgressive infill cave sequences as a new paleo sea level proxy (poster)*  
Geological Society of America, Vancouver, CA

## FUNDED GRANTS

- 2019 **K. McMonigal:** Mary Roche Scholarship. University of Miami. \$10,000
- 2018 **K. McMonigal:** *Elevating diversity and inclusion at RSMAS*. University of Miami Career Development Fund. \$2,500.

## SUBMITTED GRANTS

- 2022 NASA, *Quantifying the effect of trends in wind stress driven ocean dynamics on the pattern of ocean heat content warming*

PI: Sarah Larson. I am science PI and named postdoc. I led scientific content and proposal writing.

- 2022 NSF, *Determining the role of ocean dynamics in Atlantic sea surface temperature variations using a hierarchy of coupled models*  
 PI: Martha Buckley. I am named postdoc and contributed to proposal writing.

## AWARDS & SCHOLARSHIPS

- 2019 Mary Roche Scholarship, University of Miami  
 2018 Best physical sciences presentation, Graduate Student Research Symposium, UM  
 2017 RSMAS Career Development Award, University of Miami  
 2015 - 2020 University of Miami Graduate School Fellowship  
 2015 Scymour Schlanger Undergraduate Earth Science Award, EPS  
 2012 Academic All-Big Ten Student Athlete

## SEAGOING EXPERIENCE

- 2020 FLOTSAM undergraduate cruises, RV Walton Smith, Florida Straits, Chief Scientist: Jim Happell. Two one day cruises. CTD operations and plankton tows.
- 2019 GO-SHIP I06S, RV Thomas G Thompson, Indian/Southern Ocean, Chief Scientist: Alex Orsi. 42 days. CTD operations, drifter and float deployment.
- 2018 Agulhas System Climate Array (ASCA), SA Agulhas, Indian Ocean, Chief Scientist: Lisa Beal. 14 days. Mooring recovery, CTD operations.
- 2016 ASCA, RV Algoa, Indian Ocean, Chief Scientist: Lisa Beal. 14 days. Mooring deployment, CTD operations.

## TEACHING EXPERIENCE

### Instructor

- 2022 *The Climate System*, Duke University (Fall semester)  
 Anticipated 25 students, mostly graduate with a few undergrad
- 2020 *Introduction to Physical Oceanography*, UM  
 In person instructor for hybrid course. Lead instructor: Lisa Beal
- 2019 *Basic Dynamical Oceanography*, University of Cape Town  
 Two week intensive at Honours level (1 year degree post BS)

## Guest Lecturer

2022            *Climate Predictability*, NCSU. Instructor: Sarah Larson  
 2022            *Introduction to Coastal Environments*, NCSU. Instructor: Christopher Osborne  
 2021            *Introduction to Coastal Environments*, NCSU. Instructor: Christopher Osborne  
 2019            *Climate Change*, UM. Instructor: Amy Clement

## Teaching Assistant

2018            *Environmental Oceanography*, UM. Instructor: Pamela Reid  
 2016            *Climate and Global Change*, UM. Instructor: Igor Kamenkovich

## Other Teaching Experience

2019            University of Miami Teaching Academy  
 2016 - 2019    Tutor, Tutorial Resources. Math, sciences, English for grades 6-12

## Mentoring

Madhi Hasan, PhD student, NCSU

I meet with Mahdi weekly to discuss science results, monitor his progress, and mentor him.

Sam Michlowitz, MS student, NCSU

I meet with Sam weekly. I taught her to use NCSU's HPC system.

Henry Goff, incoming PhD student, NCSU

I taught Henry to use NCSU's HPC system. I am also mentoring him as he transitions into graduate school.

Hawk Woznick, undergraduate student, University of Wisconsin-Madison

I mentored Hawk as they applied to graduate programs. They are starting as an MS student at Utah State in Fall 2022.

Lauren Pressley, undergraduate student, NCSU

Lauren worked for 1 semester on understanding the drivers of wintertime tropical instability waves.

Jenna Wilkie & Michael Fredericks, MS students, NCSU statistics department

Jenna and Michael did a statistical consulting project with our group. I was involved in scientific question generation for the project.

## SERVICE & OUTREACH

Reviewer for *Geophysical Research Letters*, *Scientific Reports*, *Journal of Geophysical Research: Oceans*, *Journal of Climate*, *Atmosphere*, *Ocean Sciences*, *Nature Climate Change*, *Nature*, *Communications Earth & Environment*, *Geoscientific Model Development*, IPCC AR6 report.

Maintaining an Environment of Respect Aboard Ships (MERAS) committee member (UNOLS), 2021-present

International Association for the Physical Sciences of the Ocean, Early Career Scientist working group, committee member, 2019-present

Geosciences Education & Mentorship Support mentor

Unlearning Racism in Geosciences (URGE) Pod member, 2021

University of Miami RSMAS Student-Led Evaluations and Development, committee member

Ocean Sciences Bowl 2020 volunteer

Ocean Kids program 2019 volunteer

## RESEARCH EXPERIENCE

CTD operations and sampling

Mooring deployment and recovery

Set up, calibration, quality control, and analysis of hydrographic data from CTDs, microCATs, CPIES, ADCPs, Nortek current meters

Interpolation of disparate data sources including mooring, Argo, and satellite

HPC usage

Programing with Matlab, python, cdo, NCL, shell, C++

Code modifications and running of climate models (CESM)

Processing of CCSM and CESM ocean, atmosphere, and sea ice output

Running CESM including coupler modifications and large ensembles

Writing workshop with Dallas Murphy, 2018

Mentoring workshop with Merlin Wahlberg, 2018

## PROFESSIONAL MEMBERSHIPS

American Meteorological Society, member

The Oceanography Society, member

American Geophysical Union, member

## REFERENCES

Lisa Beal, Professor

[lbeal@rsmas.miami.edu](mailto:lbeal@rsmas.miami.edu)

Sarah Larson, Assistant Professor

[slarson@ncsu.edu](mailto:slarson@ncsu.edu)

Rana Fine, Professor Emeritus  
rfine@rsmas.miami.edu

Josh Willis, Project Scientist  
joshua.k.willis@jpl.nasa.gov