

# White matter characterization with diffusional kurtosis imaging

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## ARTICLE INFO

### Article history:

Received 18 February 2011

Revised 1 June 2011

Accepted 4 June 2011

Available online 13 June 2011

### Keywords:

Diffusion

White matter

MRI

Kurtosis

Axonal density

Microstructure

## ABSTRACT

Diffusional kurtosis imaging (DKI) is a clinically feasible extension of diffusion tensor imaging that probes restricted water diffusion in biological tissues using magnetic resonance imaging. Here we provide a physically meaningful interpretation of DKI metrics in white matter regions consisting of more or less parallel aligned fiber bundles by modeling the tissue as two non-exchanging compartments, the intra-axonal space and extra-axonal space. For the  $b$ -values typically used in DKI, the diffusion in each compartment is assumed to be anisotropic Gaussian and characterized by a diffusion tensor. The principal parameters of interest for the model include the intra- and extra-axonal diffusion tensors, the axonal water fraction and the tortuosity of the extra-axonal space. A key feature is that these can be determined directly from the diffusion metrics conventionally obtained with DKI. For three healthy young adults, the model parameters are estimated from the DKI metrics and shown to be consistent with literature values. In addition, as a partial validation of this DKI-based approach, we demonstrate good agreement between the DKI-derived axonal water fraction and the slow diffusion water fraction obtained from standard biexponential fitting to high  $b$ -value diffusion data. Combining the proposed WM model with DKI provides a convenient method for the clinical assessment of white matter in health and disease and could potentially provide important information on neurodegenerative disorders.

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## Introduction

Diffusion weighted imaging (DWI) is a widely applied and clinically important MRI method used to measure the micron-scale displacement of water molecules in the brain. Diffusion on this length scale is very sensitive to the microstructure of neural tissue, being strongly affected by the number, orientation and permeability of barriers (e.g. myelin) and the presence of various cell types and organelles (e.g. neurons, dendrites, axons, neurofilaments and microtubules) (Beaulieu, 2002). Moreover, as the tissue microarchitecture is closely associated with function, DWI offers a unique and very powerful method to study brain pathology.

By far the most widely applied DWI technique to date is diffusion tensor imaging (DTI), in which the apparent diffusion tensor is estimated from the measurement of the apparent diffusion coefficient

(ADC) along multiple directions (Basser et al., 1994). Several rotationally invariant diffusion metrics can be extracted from a DTI-analysis, including the mean diffusivity (MD) and the fractional anisotropy (FA), which are both popular markers of white matter (WM) integrity (Pierpaoli and Basser, 1996). In addition, DTI is also a commonly used method for fiber tractography, i.e. reconstructing the pathways of major WM fiber tracts through the brain (Basser et al., 2000). Although DTI is an important technique for investigating mechanisms of health and disease in brain WM (Thomason and Thompson, 2011), among its limitations are the inability of DTI-based fiber tractography to resolve fiber crossings, and the lack of specificity to histological features.

While DWI has the potential to fully characterize the water diffusion properties of the brain, it is well recognized that DTI yields only a fraction of the information potentially accessible with DWI, which is mainly due to the fact that DTI is based upon a Gaussian approximation of the diffusion displacement probability function. Non-Gaussian diffusion is readily observed in the brain when applying diffusion gradients such that the corresponding  $b$ -value (diffusion weighting) is significantly higher than the typical DTI  $b$ -value of 1000 s/mm<sup>2</sup> (Assaf and Cohen, 1998; Niendorf et al., 1996). The non-Gaussian diffusion effects in the brain are believed to arise from diffusion restricted by barriers, such as cell membranes and organelles, as well as the presence of distinct water compartments with differing diffusivities.

**Abbreviations:** ADC, apparent diffusion coefficient; AWF, axonal water fraction; DTI, diffusion tensor imaging; DKI, diffusional kurtosis imaging; DWI, diffusion weighted imaging or diffusion weighted image; EAS, extra-axonal space; FA, fractional anisotropy; IAS, intra-axonal space; MD, mean diffusivity; MRI, magnetic resonance imaging; ROI, region of interest; SD, standard deviation; WM, white matter.

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Several techniques for assessing non-Gaussian diffusion have been developed (Alexander et al., 2002; Jensen and Helpert, 2010; Liu et al., 2004; Maier et al., 2004; Tuch, 2004; Wedeen et al., 2005). Among them, diffusional kurtosis imaging (DKI) has been proposed as a minimal extension of DTI that enables the quantification of non-Gaussian diffusion through the estimation of the diffusional kurtosis, a quantitative measure of the non-Gaussianity of the diffusion process (Jensen et al., 2011; Jensen et al., 2005; Lu et al., 2006). A typical DKI-protocol for brain requires a maximum  $b$ -value of 2000 s/mm<sup>2</sup> and DWI measurements along a minimum of 15 different directions (Tabesh et al., 2011). Quantitative rotationally invariant diffusion metrics can be extracted from the DKI-analysis, such as the mean kurtosis (MK), radial kurtosis and axial kurtosis, that are of potential interest to the study of white and gray matter integrity. So far, DKI has shown promising preliminary results for several brain diseases including stroke (Jensen et al., 2011), attention-deficit hyperactivity disorder (ADHD) (Helpert et al., 2011), the staging of glioblastomas (Raab et al., 2010), as well as normal aging (Falangola et al., 2008). Additionally, DKI is potentially useful in tractography for resolving crossing fibers (Lazar et al., 2008). However, similar to DTI, DKI metrics of non-Gaussianity are pure diffusion measures and lack microstructural and pathological specificity. Furthermore, a clear explanation for the microscopic origin of the diffusional kurtosis in WM has not been previously given.

The extraction of cell properties and histological details of WM necessarily relies on biophysical modeling of the DWI signal, and on the subsequent interpretation of the model parameters in terms of intrinsic tissue properties. The most basic model used to analyze high  $b$ -value data is the biexponential model that is based on the assumption of two non-exchanging compartments: one exhibiting fast diffusion, and the other slow diffusion. Despite good fits of the DWI signal, the original attempt to assign the two compartments to the intra- and extracellular space is still a subject of a debate (Assaf and Cohen, 1998; Clark and Le Bihan, 2000; Kiselev and Il'yasov, 2007; Maier et al., 2004; Mulkern et al., 2000; Niendorf et al., 1996). However, for the WM, assigning the highly restricted water diffusion inside the axons to the slow compartment and the less hindered diffusion in the extra-axonal space to the fast compartment has been justified experimentally (Assaf and Basser, 2005; Assaf and Cohen, 2000; Assaf et al., 2004) and theoretically (Fieremans et al., 2010b).

A number of advanced morphology-based models have been proposed to interpret DWI in brain WM. As an early and comprehensive model, Stanisz et al. represented bovine optic nerve tissue by three compartments formed by spherical glial cells, prolate ellipsoidal axons and the extracellular space. By using this analytical model, the compartment parameters, such as volume fractions, compartment size, membrane permeability and diffusivity, could be estimated for fixed tissue (Stanisz et al., 1997). The less elaborate CHARMED model (Assaf and Basser, 2005; Assaf et al., 2004) assumes two types of diffusion in the brain: restricted diffusion inside impermeable cylindrical axons and hindered diffusion in the extra-axonal space, allowing estimation of the compartment volume fractions and diffusivities for the human brain *in vivo*. In the framework of "Axcaliber," the CHARMED model was further developed to extract the axonal diameter distribution, which was evaluated *ex vivo* on pig spinal cord (Assaf et al., 2008) and *in vivo* in the corpus callosum of a rat (Barazany et al., 2009). A similar model of two non-exchanging compartments has been developed by Jespersen et al., wherein the restricted diffusion component arises from an angular distribution of narrow cylinders (representing the axons and dendrites), allowing one to estimate the compartment volume fractions and diffusivities, as well as the intra-voxel distribution of fiber orientations, as demonstrated in fixed brain tissue of the rat and baboon (Jespersen et al., 2010, 2007). Recently, Alexander et al. proposed a four-compartment brain WM model that allows the axon diameter and density to be derived, as illustrated in fixed monkey brain and *in vivo* human brain (Alexander et al., 2010).

To extract all the features of the models summarized above, DWI data are needed for several high  $b$ -values (i.e.,  $b \geq 3000$  s/mm<sup>2</sup>), multiple diffusion gradient directions and/or different diffusion times, which necessitates long scan times and limits the applicability of these models for most clinical studies. Alternatively, DKI is a clinically feasible technique with acquisition times only a few minutes longer than conventional DTI. However, as DKI metrics of non-Gaussianity are model-independent, they must be augmented with a tissue model to help interpret the physical meaning of any changes associated with disease processes.

In this work, we focus on WM regions consisting of more or less parallel aligned fiber bundles and propose a model of diffusion in the WM that is suitable for DKI analysis and provides a more meaningful physical interpretation of DKI diffusion metrics in WM. We first introduce the WM diffusion model of two non-exchanging compartments: the intra-axonal space, consisting of impermeable cylindrical axons (IAS), and the extra-axonal space (EAS). Next, we demonstrate how the diffusion in each compartment appears to be Gaussian for the  $b$ -values typically used in DKI and hence can be described by compartment-specific diffusion tensors. Combining this model with DKI provides analytical expressions for the intra- and extra-axonal diffusion tensors, and allows for quantification of the axonal water fraction (AWF) and of the tortuosity of the EAS. We use then the newly proposed model to characterize human brain WM *in vivo* and discuss the biological significance of the tissue parameters as derived using DKI. Finally, we compare the AWF obtained from DKI-analysis to the slow diffusion fraction obtained from conventional biexponential fitting to high  $b$ -value diffusion data.

## Methods

In this section, we first describe the WM model, discuss the validity of its assumptions, and outline its relation to DKI. We then specify the datasets, imaging protocols and data processing needed to evaluate the derived WM parameters.

### White matter diffusion model for DKI

#### Model description and assumptions

In this work, we make the following two main assumptions about *in vivo* diffusion in brain WM:

- (i) *The WM consists of two non-exchanging compartments, the intra-axonal space (IAS) and extra-axonal space (EAS):* The IAS is assumed to consist mainly of myelinated axons that are idealized as infinitely long cylinders (there may possibly also be a small contribution to the IAS from unmyelinated axons, dendrites or glial processes). The protons trapped in the myelin are MRI invisible for echo times ( $TE \sim 100$  ms) used in a typical DWI-experiment given their short  $T_2$  relaxation times (Mackay et al., 1994; Stanisz et al., 1999). The remainder of the WM is referred to as the extra-axonal space (EAS) and modeled as an effective medium (Fieremans et al., 2010b), assuming the glial cells are in fast exchange with the extracellular matrix. This assumption is supported by the fact that glial cells are known to be highly permeable (Arciénega et al., 2010; Nielsen et al., 1997) and also because restricted diffusion inside the glial cells would result in a slow diffusion component that is independent of the gradient direction, which has not been observed in the *in vivo* brain WM (Alexander et al., 2010; Assaf and Basser, 2005). The exchange between the IAS and EAS is neglected, as myelinated axons have a very low permeability (Meier et al., 2003).
- (ii) *The diffusion in both the EAS and IAS can be modeled by compartment specific diffusion tensors, whereby we implicitly assume that the diffusion appears to be Gaussian, but not necessarily unrestricted, in each individual compartment.* This assumption is

justifiable for the EAS at clinically relevant diffusion times and for straight axonal bundles. In general, its validity depends both on the direction distribution of axons, the diffusion time, and the maximum  $b$ -value considered in the DWI-analysis, as will be discussed in more detail in [Model justification](#).

Based on these assumptions, both the IAS and EAS are modeled by the corresponding compartmental diffusion tensors  $\mathbf{D}_a$  and  $\mathbf{D}_e$ . The axonal water fraction (AWF), denoted by the symbol  $f$ , is the fraction of MRI visible water in the axons relative to the total visible water signal. The DWI signal intensity,  $S$ , in the direction  $\mathbf{n}$ , as a function of the diffusion weighting,  $b$ , in such a system is then described by

$$S(b)/S(0) = f \exp(-b\mathbf{n}^T \mathbf{D}_a \mathbf{n}) + (1-f) \exp(-b\mathbf{n}^T \mathbf{D}_e \mathbf{n}). \quad (1)$$

Below, we first justify Eq. (1) and then outline the procedure to extract the WM parameters based on the DKI representation of the DWI signal.

#### Model justification

We substantiate here the assumption made in Eq. (1) of Gaussian diffusion in the EAS and the IAS. For the EAS, the mean square displacement of water molecules during a typical DWI experiment ( $\sim \sqrt{2D_e t} \approx \sqrt{2 \cdot 2 \mu\text{m}^2 / \text{ms} \cdot 50 \text{ms}} = 14 \mu\text{m}$ , where  $D_e$  is the free extra-axonal diffusivity) is much greater than the correlation length of the axonal packing ( $\sim 1 \mu\text{m}$ ), so that the tortuosity asymptote is reached ([Fieremans et al., 2010b](#)). Hence, it is reasonable to assume that the diffusion profile in the EAS at long times, while anisotropic, is Gaussian in every direction and can be represented by the diffusion tensor  $\mathbf{D}_e$ .

The diffusion in the IAS is highly restricted and in general non-Gaussian. However, the fact that there is no observed time dependence of the diffusion metrics at clinically available diffusion times ([Clark et al., 2001](#)) indicates that any effects of non-Gaussian diffusion due to barriers become negligible in the direction along the axons at long diffusion times. It is then reasonable to assume Gaussian diffusion in the intra-axonal compartment for a voxel consisting of perfectly aligned axons with zero radius as the transverse diffusivity is zero in this limit ([Fieremans et al., 2010b](#)). Hence, the DWI signal  $S_{||}$  becomes trivially Gaussian in all directions and is described by

$$\frac{S_{||}(b)}{S_{||}(0)} = \exp(-bD_a \cos^2 \theta), \quad (2)$$

where  $D_a$  is the free intra-axonal diffusivity and  $\theta$  is the angle with respect to the axon axis. The zero radius approximation is valid for long diffusion times  $t \gg R^2/D_a$ , where  $R$  is the axon radius. For typical values,  $R \approx 1 \mu\text{m}$  and  $D_a \approx 1 \mu\text{m}^2/\text{ms}$ , we find  $t \gg 1 \text{ ms}$ , which is well satisfied for clinical DWI experiments, where  $t \sim 50 \text{ ms}$ .

When the axons are not perfectly aligned within a voxel, Gaussianity becomes dependent on both the direction distribution of the axons and the  $b$ -value. A general criterion for the diffusion to appear Gaussian in a given direction can be derived based on the cumulant expansion ([Jensen et al., 2005; Kiselev, 2010](#)),

$$\frac{S(b)}{S(0)} = \exp\left(-bD + \frac{1}{6}b^2D^2K + O(b^3)\right), \quad (3)$$

where  $S$  is the DWI signal and  $D$ ,  $K$  are the apparent diffusion coefficient and diffusional kurtosis in that direction.

Whereas for the EAS and the case of perfectly aligned axons described earlier, the higher order cumulants vanish due to zero  $K$  or  $D$ , this is not necessarily true for any axonal geometry. To a good approximation, a compartment will appear Gaussian if the  $b$ -value

$$b \ll \frac{6}{DK}, \quad (4)$$

so that the 2nd and (presumably) higher order terms in  $b$  become negligible in Eq. (3). As a practical matter, we adopt the criterion

$$b \leq \frac{1}{DK}, \quad (5)$$

as the condition for being effectively Gaussian. This criterion can be used as a guide to whether the diffusion appears Gaussian in a specific axonal geometry for a given  $b$ -value.

As an example, consider a voxel that contains two crossing fiber bundles with equal volume fractions, oriented at polar angles  $(\theta_A, \theta_B)$  relative to a particular diffusion direction of interest, as illustrated in [Fig. 1\(a\)](#). For such a system,  $D$  and  $K$  for the axonal compartment can be analytically derived (see Appendix A) and the  $b$ -value condition for Gaussianity (5) can then be written as

$$bD_a \leq \frac{2}{3} \cdot \frac{\cos^2(\theta_A) + \cos^2(\theta_B)}{[\cos^2(\theta_A) - \cos^2(\theta_B)]^2}, \quad (6)$$

where  $D_a$  is the free intra-axonal diffusivity. This condition is evaluated numerically in [Fig. 1\(b\)](#), showing a substantial region of approximate Gaussianity in  $(\theta_A, \theta_B)$  space. In particular, for two axonal bundles intersecting at an angle  $\leq 30$  degrees, this axonal geometry will look essentially Gaussian for a typical DKI protocol (i.e., a maximum  $b$ -value of  $2000 \text{ s/mm}^2$ ) in all directions. However, this axonal geometry may not necessarily be accurately modeled as a Gaussian compartment for higher  $b$ -values.

In the more general case of a voxel containing axon bundles that intersect at larger angles or for randomly oriented axons in a plane, the diffusion in such geometries will not be Gaussian anymore in all directions. Yet, the derivation in Appendix A illustrates that an approximately coplanar axonal geometry with an out of plane angular spread of up to  $\pm 45^\circ$  will, for a typical DKI protocol, be effectively Gaussian for diffusion in the direction perpendicular to the plane.

#### Model parameters

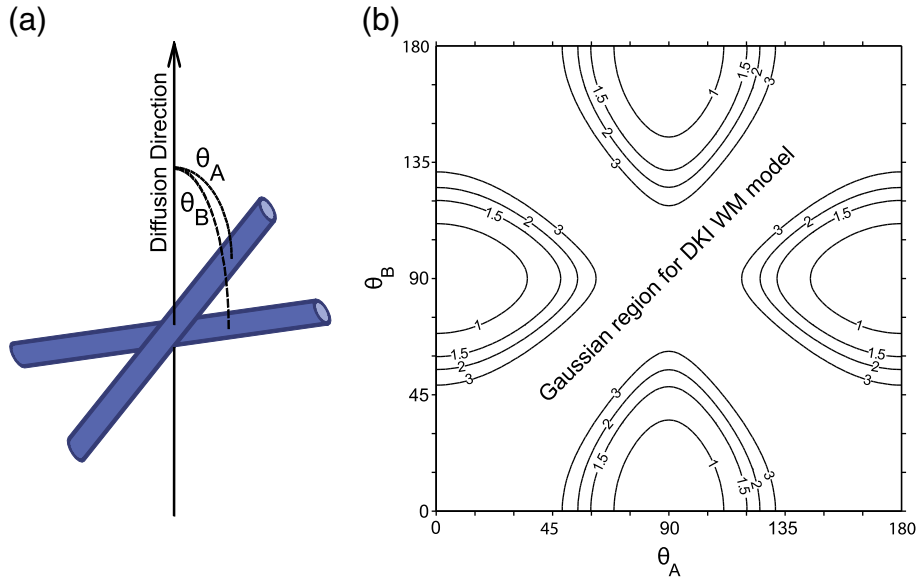
Directly fitting the DWI signal for many directions simultaneously to Eq. (1) is a hard multi-parameter non-linear problem, whose solution is numerically challenging and may in practice be unstable to noise. An alternative, based on the biexponential fitting for each diffusion direction separately ([Maier et al., 2004](#)), has been shown to require high  $b$ -values which are typically above those utilized clinically ([Kiselev and Il'yasov, 2007](#)). Here we suggest utilizing the DKI metrics, which are determined by a straightforward linear fitting procedure, together with a set of relationships that connect these to the AWF and the tensors  $\mathbf{D}_a$  and  $\mathbf{D}_e$ . In what follows next, we provide analytical expressions for the AWF,  $\mathbf{D}_a$  and  $\mathbf{D}_e$  based on the diffusion and kurtosis tensor. A detailed derivation is given in Appendix B.

**Estimation of the axonal water fraction.** On a voxel-by-voxel basis, the AWF is estimated by

$$f_{K_{\max}} = \frac{K_{\max}}{K_{\max} + 3}, \quad (7)$$

where  $K_{\max}$  is the maximum kurtosis over all diffusion directions (based on the kurtosis tensor). Eq. (7) assumes there is a direction for which the IAS diffusivity  $D_{a,i} = 0$ , while for the other directions the diffusion in the IAS appears Gaussian, according to criterion (5). This approximation for the AWF has a broad applicability, e.g. the derivation in Appendix A illustrates that in a quasi-coplanar axonal geometry the kurtosis as measured in the direction perpendicular to the fiber plane is typically the maximum kurtosis and thus indicates the water fraction of the restricted compartment.

When the assumption of above ( $D_{a,i} = 0$ ) is not precisely met (e.g. imperfect alignment of the axons or due to effects of finite axonal radius



**Fig. 1.** Illustration of the  $b$ -value dependence of the criterion of Eq. (6) for determining whether the diffusion is effectively Gaussian in an axonal compartment consisting of two crossing fibers oriented at polar angles ( $\theta_A, \theta_B$ ) relative to a particular diffusion direction of interest, as illustrated in panel (a). Depending on the polar angles (shown in degrees), this system can be considered a “Gaussian compartment” when the  $(D_a b)$  is smaller than the plotted values in panel (b), with  $D_a$  the free intra-axonal diffusivity. The central portion of the plot and the corner regions correspond to the most Gaussian diffusion.

relative to the diffusion length), Eq. (7) becomes a lower bound for the AWF. In that case, a more accurate estimate of the AWF is given by

$$f_{D_a} = \frac{K_{\max}}{K_{\max} + 3 \left( 1 - \frac{\sqrt{K_{\max}}(D_a - D_{a,\min})}{D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3}} \right)^2}, \quad (8)$$

where  $D_1, D_2, D_3$  are the diffusion coefficients and  $K_1, K_2, K_3$  the corresponding kurtoses along the axis directions of a chosen reference frame. We note that the term  $D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3}$  is rotationally invariant as discussed in Appendix B.  $D_a$  is the axonal diffusion coefficient with  $D_{a,\min}$  being a lower bound for  $D_a$ , defined by:

$$D_{a,\min} = 3\bar{D} - \frac{D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3}}{\sqrt{K_{\max}}}. \quad (9)$$

$D_a$  can then be estimated by selecting the maximum  $D_{a,\min}$  over all voxels within a specified region of interest (ROI). This estimate will be exact if the ROI contains at least one voxel wherein  $D_{a,i} = 0$  in a certain direction. This procedure assumes that  $D_a$  is the same for all the voxels within the ROI.

Alternatively, the AWF can be found from a conventional biexponential fit to high  $b$ -value diffusion data, as in many previous studies (Inglis et al., 2001; Maier et al., 2004; Mulkern et al., 2000; Niendorf et al., 1996), which will be performed in this study to evaluate our proposed WM model parameter estimates based on DKI metrics. The biexponential fitting approach requires, in practice, much higher maximum  $b$ -values than DKI (7000 s/mm<sup>2</sup> rather than 2000 s/mm<sup>2</sup>), and hence, according to criterion (5), is only applicable in regions with nearly aligned fiber directions.

**Estimation of the compartment diffusivities.** With an estimate for the AWF, given by Eqs. (7) or (8), the IAS and EAS compartment diffusion coefficients in a given direction,  $D_{a,i}$  and  $D_{e,i}$ , can be derived from the diffusion coefficient  $D_i$  and kurtosis  $K_i$  in that direction by:

$$D_{e,i} = D_i \left[ 1 + \sqrt{\frac{K_i f}{3(1-f)}} \right], \quad (10)$$

$$D_{a,i} = D_i \left[ 1 - \sqrt{\frac{K_i(1-f)}{3f}} \right]. \quad (11)$$

We note that Eqs. (10) and (11) have the underlying assumption that  $D_{a,i} \leq D_{e,i}$ , which is justified by the arguments described in Appendix B and Figs. B.1(a–b). It also follows from Appendix B and Fig. B.1(c) that Eqs. (10) and (11) are true in *any* direction. Hence, by choosing 6 or more independent directions, we can then reconstruct (using the standard DTI method) the full diffusion tensors  $\mathbf{D}_a$  and  $\mathbf{D}_e$ .

By applying this WM model to the DKI metrics, several compartment-specific metrics can be derived, in addition to the usual DTI/DKI parameters. The same rotationally invariant measures as derived in standard DTI can now be obtained specifically for each compartment tensor. For this study, we focus on the following WM metrics of interest:

- the axonal water fraction (AWF) as given by Eqs. (7) or (8),
- the intra-axonal diffusivity,

$$D_a = \text{tr}(\mathbf{D}_a), \quad (12)$$

- the axial EAS diffusivity,

$$D_{e,\parallel} = \lambda_{e,1}, \text{ where } \lambda_{e,1} \text{ is the primary eigenvalue of } \mathbf{D}_e. \quad (13)$$

- the radial EAS diffusivity,

$$D_{e,\perp} = \frac{\lambda_{e,2} + \lambda_{e,3}}{2}, \text{ where } \lambda_{e,2}, \lambda_{e,3} \text{ are the 2nd, 3rd eigenvalue of } \mathbf{D}_e \text{ respectively,} \quad (14)$$

- the tortuosity of the EAS (Sen and Bassar, 2005),

$$\alpha = \frac{D_{e,\parallel}}{D_{e,\perp}}. \quad (15)$$

All of these WM metrics assume that Eq. (1) is valid in the considered voxel, as discussed earlier in **Model justification**. This implies that Eq. (12) is a good approximation for the intra-axonal



along axis diffusivity in voxels that contain fiber bundles with an angular spread of less than 30 degrees. In addition, the definition of the tortuosity (Eq. (15)) is only meaningful in the specific case of a voxel containing a single fiber direction so that  $D_{e,\parallel}$  (Eq. (13)) represents then the EAS diffusivity in the direction along the fibers and  $D_{e,\perp}$  (Eq. (14)) the EAS diffusivity perpendicular to the fibers.

In what follows, we will estimate and evaluate each of these WM parameters in healthy volunteers. For the AWF, we will compare the estimated values with the values obtained from a biexponential fit.

## MRI

### Subjects

Test data sets for evaluating the model come from three healthy human volunteers. Subject 1 is a 27 year old female, subject 2 is a 28 year old female, subject 3 is a 28 year old male. The subjects were scanned with informed consent obtained as approved by our Institutional Review Board.

### Image acquisition

MRI images were acquired using a 3 T wide-bore Siemens Verio system (Siemens Medical Solutions, Erlangen, Germany) with a transmission body coil and a 12-channel head coil for reception.

Whole brain  $T_1$ -weighted magnetization-prepared rapid gradient echo (MPRAGE) images were acquired with TR = 2200 ms, TI = 1100 ms, TE = 2.3 ms, matrix =  $256 \times 256$ , FOV =  $256 \times 256$  mm<sup>2</sup>, slices per slab = 192, slice thickness = 1 mm, band width = 260 Hz/pixel in a total time of 4:30 min.

Diffusion-weighted images were acquired along 30 gradient directions for  $b = 0, 1000, 2000$  s/mm<sup>2</sup> with a twice-refocused spin-echo (TRSE) echo planar imaging sequence (Reese et al., 2003) with TR = 8700 ms, TE = 96 ms (corresponding diffusion time ~50 ms), matrix =  $82 \times 82$ , FOV =  $222 \times 222$  mm<sup>2</sup>, 40 slices, slice thickness = 2.7 mm, no gap, NEX = 11 for  $b = 0$ , NEX = 2 for  $b = 1000, 2000$  s/mm<sup>2</sup>, band width = 1355 Hz/pixel in a total time of 20 min.

Additional DWIs were acquired along one direction for 16  $b$ -values (0, 100, 500 to 7000 in increments of 500 s/mm<sup>2</sup>). The gradient direction was the same as the direction of the slice selection, which was chosen perpendicular to the anterior commissure–posterior commissure (AC–PC) plane. A standard Stejskal–Tanner (Tanner and Stejskal, 1968) sequence was used instead of the TRSE diffusion preparation to minimize the echo time (TE = 132 ms) and repetition time (TR = 12,500 ms) in order to obtain a higher SNR and shorter scan time, respectively. Other imaging parameters were: matrix =  $104 \times 104$ , FOV =  $280 \times 280$  mm<sup>2</sup>, 40 slices, slice thickness = 2.7 mm, no gap, NEX = 8 for all  $b$ -values, band width = 1502 Hz/pixel. The total acquisition time was 36 min.

### Analysis of the MRI data

#### Data preprocessing

Data preprocessing with SPM8 (Statistical Parametric Mapping, Wellcome Department of Imaging Neuroscience, University College London, UK) included 3D motion correction by aligning all DWIs to the first  $b = 0$  image and removing cerebrospinal fluid (CSF) from the DWIs by applying a binary mask derived from thresholding the CSF probability map (created with SPM from segmentation of the  $b = 0$  image) at a cut-off probability value of  $\leq 0.2$ .

#### Voxelwise analysis

The co-registered and masked DWI images acquired in 30 directions for  $b = 0, 1000, 2000$  s/mm<sup>2</sup> were then further processed using in-house software (Diffusional Kurtosis Estimator (DKE) (Tabesh et al., 2011)) running in Matlab and the diffusion and kurtosis tensors were calculated on a voxel-by-voxel basis using a weighted linear least squares (LLS) fitting algorithm. The AWF was

derived based on Eq. (7) where  $K_{\max}$  is taken as the maximum value of calculated kurtosis-values along 10,000 randomly chosen directions based on the kurtosis tensor. The generated  $f$ -map, together with the diffusion and kurtosis tensor element maps were then used to derive parametric maps of the diffusion coefficients of the axonal and extra-axonal tensors  $\mathbf{D}_a$  and  $\mathbf{D}_e$  along the same 30 directions that were used for the DWI acquisition based on Eqs. (10) and (11). Next, the eigenvalues of  $\mathbf{D}_a$  and  $\mathbf{D}_e$  were obtained using the standard DTI method (Basser et al., 1994) and the specific WM parameters of interest  $D_a$ ,  $D_{e,\parallel}$ ,  $D_{e,\perp}$  and  $\alpha$  were derived based on Eqs. (12)–(15).

The idealized WM model described above assumes that the axons are more or less parallel and becomes less appropriate in regions of complex fiber architecture such as fiber crossings of significant fanning. Additionally, to justify the use of a biexponential fit to the signal decay averaged over an ROI (see further in Biexponential fitting), precise unidirectionality of the fibers in the specific ROI is required. Therefore we limit this study to voxels in which a single fiber orientation is expected corresponding to straight parallel fibers. We computed the coefficients of linearity  $c_L = \frac{\lambda_1 - \lambda_2}{\lambda_1}$ , planarity  $c_P = \frac{\lambda_2 - \lambda_3}{\lambda_1}$ , and sphericity  $c_S = \frac{\lambda_3}{\lambda_1}$ , where  $\lambda_1, \lambda_2$ , and  $\lambda_3$  are the eigenvalues of the overall diffusion tensor  $\mathbf{D}$  ( $\lambda_1 \leq \lambda_2 \leq \lambda_3$ ), that describe how close  $\mathbf{D}$  is to the generic cases of line, plane and sphere (Westin et al., 1999). For further processing we included only voxels that fulfilled

$$c_L \geq 0.4, c_P \leq 0.2, c_S \leq 0.35. \quad (16)$$

For each WM parameter, given by Eqs. (12)–(15), we derived the histogram, mean value and standard deviation over all voxels that fulfill criterion (16).

#### Biexponential fitting

Fiber bundles oriented in a plane perpendicular to the slice direction were identified for further analysis. ROIs were drawn on the color-coded FA map considering only voxels that are colored in red (left–right direction) and/or green (anterior–posterior direction). In addition, ROIs for which the mean values of  $c_L$ ,  $c_P$  and  $c_S$  did not fulfill criterion (16) were excluded. ROIs meeting the criteria described above were the genu, midbody and splenium of the corpus callosum and selected parts of the left and right part of forceps major (*fmajor*) and the inferior fronto-occipital fasciculus (*ifo*).

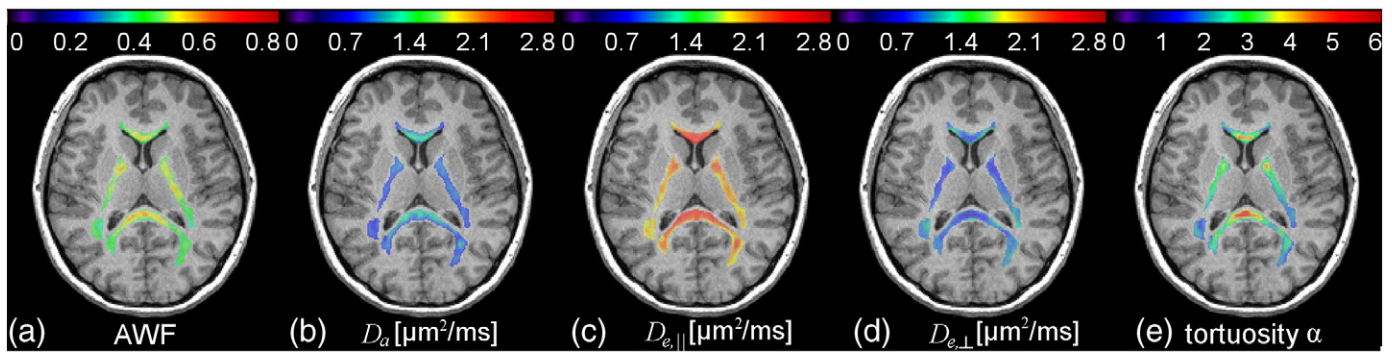
For each ROI and  $b$ -value ( $b = 0$ –7000 s/mm<sup>2</sup>), the signal of the DWIs acquired along the slice direction was averaged. The mean signal  $S(b)$  was fitted by a biexponential function

$$S(b) = f_{\text{biexp}} e^{-bD_s} + (1 - f_{\text{biexp}}) e^{-bD_f}, \quad (17)$$

with  $D_s \leq D_f$ . The fitting procedure was performed in Matlab using the trust region algorithm with the robust option set to bisquare, enabling a fit that minimizes the summed square of residuals, and down-weights outliers using bi-square weights. The fitted slow and fast diffusion coefficients,  $D_s$  and  $D_f$ , are then compared to the compartment diffusivities along the slice direction,  $D_{a,\text{slice}}$  and  $D_{e,\text{slice}}$ . Similarly, the fraction  $f_{\text{biexp}}$  corresponding to  $D_s$  is compared to the AWF of our DKI WM model. The AWFs in the voxels of each ROI were estimated by either Eq. (7), or by Eq. (8) where  $D_a$  is selected as the maximum  $D_{a,\min}$  over the whole ROI. To reduce the effect of noise, the maximum  $D_{a,\min}$  was approximated as  $\max(D_{a,\min}) \approx \text{mean}(D_{a,\min}) + \text{SD}(D_{a,\min})$ , where SD is the standard deviation over the whole ROI.

## Results

This section shows the results of testing the new WM DKI model; first we evaluate the parametric maps of three healthy young adults, then we show the comparison between the DKI-derived AWF and the slow diffusion fraction as obtained from biexponential fitting in WM regions where the biexponential model is physically justified.



**Fig. 2.** WM parametric transversal maps as overlays on the MPRAGE image of a healthy young control: (a) the AWF according to Eq. (7); (b) the axonal diffusivity according to Eq. (12); (c) the axial EAS diffusivity according to Eq. (13); (d) the radial EAS diffusivity according to Eq. (14); (e) the tortuosity of the EAS according to Eq. (15). A mask was applied to the parametric maps that selects regions with aligned fibers according to Eq. (16).

### Voxelwise analysis

The low  $b$ -value diffusion data acquired over multiple directions were used for testing the DKI WM model. Parametric maps are shown in Fig. 2 for the WM metrics of interest (the AWF based on Eq. (7); the axonal diffusivity,  $D_a$ ; the axial EAS diffusivity,  $D_{e,||}$ ; the radial EAS diffusivity,  $D_{e,⊥}$ ; and the tortuosity of the EAS,  $\alpha$ ) for an axial slice through the genu and splenium of the corpus callosum of one subject. The AWF is highest in the splenium of the corpus callosum. The IAS diffusivity  $D_a$  is found to be smaller than the axial EAS diffusivity  $D_{e,||}$ , and both are observed to be the highest in the corpus callosum ( $\sim 1.2 \mu\text{m}^2/\text{ms}$  and  $\sim 2.5 \mu\text{m}^2/\text{ms}$  respectively), while the radial EAS diffusivity  $D_{e,⊥}$  is found to be slightly lower in those regions. Consequently, the tortuosity of the EAS, as defined by Eq. (15), is the highest in these regions of the corpus callosum.

The WM parameters are shown to be very reproducible between subjects. The histograms of the WM parameters of the same subject as in Fig. 2 are shown in Fig. 3. The parametric maps and histograms of the other two subjects appear to be very similar, which is demonstrated in Fig. 4, plotting the mean values and standard deviations of the WM parameters over all selected WM-voxels for each subject. Over all subjects, average values and standard deviations were found for the AWF,  $f = 0.49 \pm 0.07$ , the axonal diffusivity,  $D_a = 0.99 \pm 0.18$ , the axial EAS diffusivity,  $D_{e,||} = 2.26 \pm 0.31$ , the radial EAS diffusivity,  $D_{e,⊥} = 0.87 \pm 0.16$ , and the tortuosity of the EAS,  $\alpha = 2.75 \pm 1.13$ .

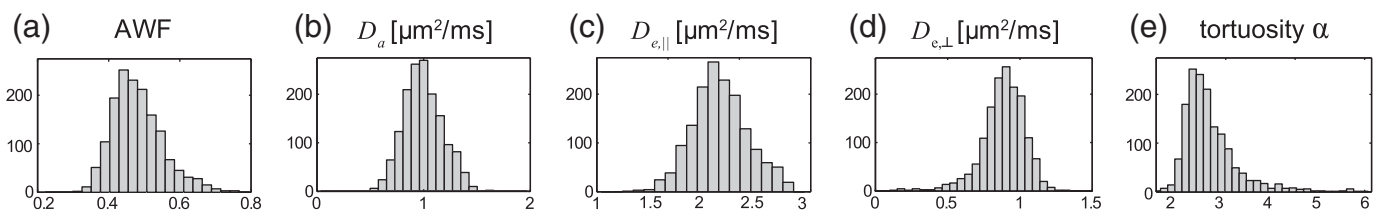
For all the results shown in Figs. 2–4, only voxels were selected with a single fiber orientation according to criterion (16), which were respectively 19%, 18% and 24% of all WM voxels for the three subjects. In addition, a small number of voxels in the corpus callosum near the ventricles ( $< 0.3\%$  of all WM voxels) was excluded from the analysis in which either  $D_3$  is artifactually small ( $< 0.08 \mu\text{m}^2/\text{ms}$ ) or  $D_{e,||}$  is artifactually high ( $> 3 \mu\text{m}^2/\text{ms}$  = diffusion coefficient of water at  $37^\circ\text{C}$ ). To derive these ratios, a mask of all WM voxels was created based on the segmented MPRAGE-images (cut-off probability of  $\leq 0.99$ ) that were co-registered and resliced to the  $b=0$ -image.

### Comparison to biexponential fit

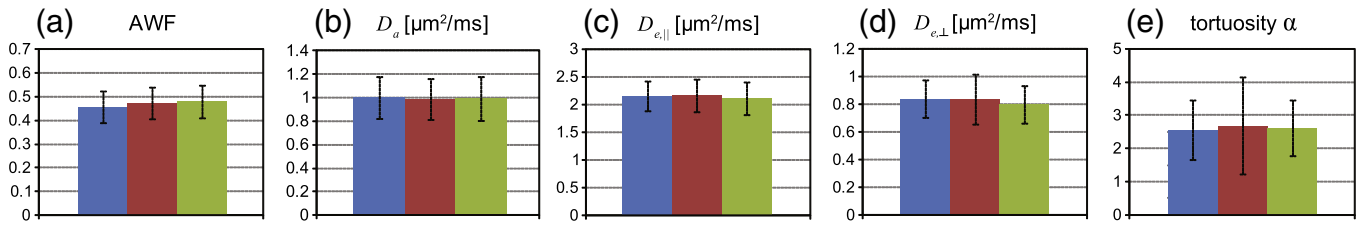
The additional high  $b$ -value diffusion data acquired in the slice direction were used to compare the DKI WM model to the biexponential model. ROIs were chosen such that the voxels were in fiber bundles perpendicular to the diffusion gradient, i.e. the corpus callosum, the forceps major and parts of the inferior fronto-occipital fasciculus. The biexponential model, given by Eq. (17), fits the ROI-averaged  $b$ -dependent signal up to  $7000 \text{ s/mm}^2$  very well for all ROIs ( $R^2 \geq 0.997$ ), as illustrated in Fig. 5 for one subject.

The theory predicts that the fitted slow and fast diffusion coefficient,  $D_s$  and  $D_f$ , correspond to the IAS and EAS compartment diffusivities in the slice direction,  $D_{a,\text{slice}}$  and  $D_{e,\text{slice}}$ , respectively. The fitted slow diffusion coefficient  $D_s$  is on average  $0.06 \pm 0.02 \mu\text{m}^2/\text{ms}$ , whereas the fast diffusion coefficient  $D_f$  is on average  $0.75 \pm 0.17 \mu\text{m}^2/\text{ms}$  over all selected ROIs. As a comparison,  $D_{a,\text{slice}}$  is on average  $0.08 \pm 0.02 \mu\text{m}^2/\text{ms}$  and  $D_{e,\text{slice}}$  is on average  $0.86 \pm 0.15 \mu\text{m}^2/\text{ms}$  over the same ROIs as used in the biexponential analysis.

Similarly, the fraction  $f_{\text{biexp}}$  of the slow diffusion compartment in Eq. (17) can also be compared to the AWF derived using our DKI WM model, approximated either by  $f_{K_{\text{max}}}$  in Eq. (7) or by  $f_{D_a}$  in Eq. (8). To assess agreement between the parameters obtained from the biexponential model on the one hand and the DKI WM model on the other hand, Bland–Altman plots of the difference against their mean were created for each parameter set in Fig. 6 (Bland and Altman, 1986). The Bland–Altman plot for  $(D_s, D_{a,\text{slice}})$  is plotted in Fig. 6(a), showing a mean bias of  $-0.03 \mu\text{m}^2/\text{ms}$  and lower and upper limits of agreement of  $-0.12 \mu\text{m}^2/\text{ms}$  and  $0.05 \mu\text{m}^2/\text{ms}$ . The Bland–Altman plot for  $(D_f, D_{e,\text{slice}})$  is plotted in Fig. 6(b), showing a mean bias of  $0.22 \mu\text{m}^2/\text{ms}$  and lower and upper limits of agreement of  $-0.05 \mu\text{m}^2/\text{ms}$  and  $0.49 \mu\text{m}^2/\text{ms}$ . The Bland–Altman plot for  $(f_{\text{biexp}}, f_{K_{\text{max}}})$  is plotted in Fig. 6(c), showing a mean bias of  $0.05$  and lower and upper limits of agreement of  $-0.02$  and  $0.12$ , and the Bland–Altman plot for  $(f_{\text{biexp}}, f_{D_a})$  is plotted in Fig. 6(d), showing a mean bias of  $0.01$  and lower and upper limits of agreement of  $-0.04$  and  $0.07$ .



**Fig. 3.** Histograms of the WM parameters of a healthy young control over all WM voxels consisting of aligned fibers (according to Eq. (16)): (a) the AWF according to Eq. (7); (b) the axonal diffusivity according to Eq. (12); (c) the axial EAS diffusivity according to Eq. (13); (d) the radial EAS diffusivity according to Eq. (14); (e) the tortuosity of the EAS according to Eq. (15). The histograms of the other 2 subjects look very similar (not shown here).

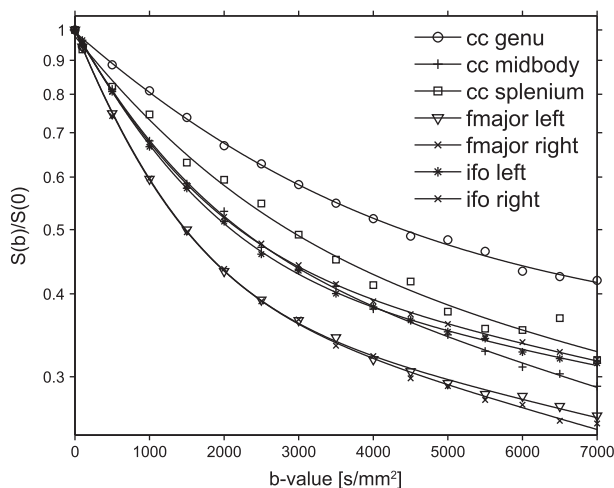


**Fig. 4.** Mean values of the WM indices in 3 healthy young adults: (a) the AWF according to Eq. (7); (b) the axonal diffusivity according to Eq. (12); (c) the axial EAS diffusivity according to Eq. (13); (d) the radial EAS diffusivity according to Eq. (14); (e) the tortuosity of the EAS according to Eq. (15). The error bars represent the standard variation for all WM voxels consisting of aligned fibers (mask according to Eq. (16)).

## Discussion

DKI has been introduced as a clinically feasible technique to study restricted diffusion in brain WM (Jensen and Helper, 2010; Jensen et al., 2005). It is a fast and robust method that quantifies the diffusion coefficient and diffusional kurtosis, both physically well-defined, model independent, diffusion metrics. In this work, we provide a physical interpretation for the diffusional kurtosis by augmenting the DKI metrics with an idealized model for WM tissue, as described in detail in Model description and assumptions. The WM is modeled here by two non-exchanging compartments, the IAS and the EAS, as captured by Eq. (1). Similar multi-compartment models based on the IAS and EAS are commonly used with high  $b$ -value diffusion data in brain WM (Alexander et al., 2010; Assaf et al., 2004; Jespersen et al., 2007; Sen and Basser, 2005) and are shown to explain simulated and experimental data very well (Fieremans et al., 2010b; Panagiotaki et al., 2009). We also note that other bi- and multiexponential models have been proposed that take a form similar to Eq. (1), but model the diffusion originating purely from the IAS consisting of multiple fiber orientations (Anderson, 2005).

Fitting Eq. (1) directly to the raw diffusion data is a hard non-linear problem that has, to our knowledge, not been attempted and would likely be confounded by multiple local minima in the parameter space. We provide here a straightforward and practical method to solve Eq. (1) by utilizing the DKI metrics. In addition, our DKI-approach facilitates selecting the one solution as being the most physically reasonable, as the derivation in appendix B shows how the extra information contained in the kurtosis tensor allows one to resolve the sign ambiguity of Eq. (B3) – (B4) and conclude that  $D_{e,i} \geq D_{a,i}$ .



**Fig. 5.** The decay of the DWI-signal relative to the  $b=0$ -signal for different fiber bundles with the diffusion gradient applied in the direction perpendicular to the fiber bundle. The solid lines represent the optimal biexponential fits.

Applying model (1) to *in vivo* human WM DKI data yields estimates of the AWF and the compartment-specific diffusion tensors, from which scalar parameters of potential interest can be derived, such as the radial and axial intra- and extra-axonal diffusivities and the tortuosity of the EAS. All these parameters values are consistent between subjects (Fig. 4) and agree with prior studies as discussed below in more detail. We also discuss how this approach can be useful in clinical applications, and finally we address some potential limitations.

## Model parameters

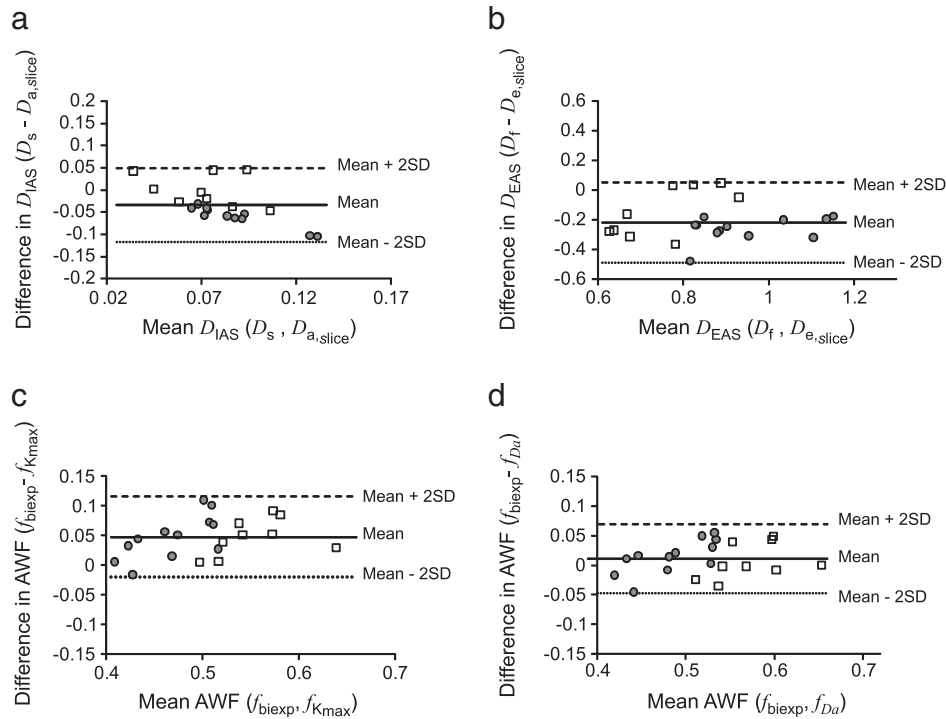
The axial compartment diffusivities,  $D_a$  and  $D_{e||}$ , provide estimates for the intrinsic intra- and extra-axonal diffusion coefficient of water in human WM. The axial diffusion is found to be higher in the EAS than in the IAS, which follows from Appendix B and is illustrated in Fig. B.1. This observation can be understood by the presence of cytoplasm and organelles in the IAS that plausibly slows down the diffusion. A similar experimental finding has been reported in fixed rat brain WM (Jespersen et al., 2010), in which a two-compartment model was used to interpret the high  $b$ -value diffusion data.

The best estimate for the “free” intra- and extra-axonal diffusion coefficients of water in human WM are probably the values of  $D_a$  and  $D_{e||}$  in those voxels of the corpus callosum with the strongest fiber alignment. The IAS diffusion coefficient  $D_a$  is then about  $1.2 \mu\text{m}^2/\text{ms}$ , resulting in 0.4 for the ratio of  $D_a$  relative to the free diffusion constant of water at  $37^\circ\text{C}$ . Remarkably, Kroenke et al. (2004) obtained the same ratio for the *in vivo* measured parallel diffusion coefficient of NAA in the corpus callosum relative to its diffusion coefficient in dilute aqueous solution. That study also reports a higher ratio of 0.46 as measured in large voxels within rat brains. Differences might be due to imperfect fiber alignment within the voxel, and/or the fact that NAA diffuses much slower than water ( $0.36 \mu\text{m}^2/\text{ms}$  versus  $1.2 \mu\text{m}^2/\text{ms}$ ). As a result, NAA has a shorter diffusion length ( $6 \mu\text{m}$ ) than water ( $11 \mu\text{m}$ ), and its diffusion is thus less hindered by intra-axonal restrictions such as axonal varicosities, that have an overall mean spacing of  $5.2 \mu\text{m}$  (Shepherd and Raastad, 2003). The IAS diffusivity in the direction perpendicular to the fibers,  $D_{a,\text{slice}}$ , is found to be almost zero, which supports the assumption that the diffusion in the IAS is almost fully restricted.

The axial EAS diffusion coefficient in the corpus callosum is about  $2.5 \mu\text{m}^2/\text{ms}$ , which is 17% lower than the free diffusion constant of water at  $37^\circ\text{C}$  ( $3 \mu\text{m}^2/\text{ms}$ ), indicating that the water molecules are only weakly hindered by membranes in the EAS in the direction along the fibers. The radial EAS diffusivity,  $D_{e\perp}$ , is found to be much smaller than  $D_{e||}$ , which supports the EAS diffusion in the direction perpendicular to the fibers being strongly restricted.

The EAS tortuosity provides an indirect measure of the myelinated axonal fraction (including the myelin), as it increases for decreasing EAS volume fraction (Fieremans et al., 2008). The high tortuosity values observed in the corpus callosum (Fig. 2) can be explained by the presence of myelin and a high axonal density. The mean value  $\alpha=2.79$  we found in this study for WM is close to literature values. As





**Fig. 6.** Comparison between the parameters obtained from biexponential fitting to high  $b$ -value diffusion data in the slice direction of the patient coordinate system and the DKI-WM model parameters for ROIs with the main fiber direction parallel to the AC–PC plane. Bland–Altman plots are shown assessing the agreement between: (a) the slow diffusion coefficient,  $D_s$ , and IAS diffusivity,  $D_{a,slice}$ ; (b) the fast diffusion coefficient,  $D_f$ , and EAS diffusivity,  $D_{e,slice}$ ; (c) the biexponential slow component volume fraction  $f_{biexp}$ , and the AWF  $f_{Kmax}$  (Eq. (7)); (d) the biexponential slow component volume fraction  $f_{biexp}$ , and the AWF  $f_{ROI}$  (Eq. (8)). In each plot, the mean bias and limits of agreement are indicated by the solid and dashed lines, respectively. The radial EAS diffusivity is lower, and the AWF higher, in the ROIs in the corpus callosum ( $\square$ ) than in the ROIs of the forceps major ( $\circ$ ) and inferior occipital fasciculus ( $\square$ ).

a comparison, a mean tortuosity value  $\alpha = 3.1$  has been measured in brain extracellular space (Kroenke and Neil, 2004) using diffusion MRI. Similarly, a mean tortuosity value  $\alpha = 2.89$  has been found for the corpus callosum of adult rat brain using the standard iontophoresis method with tetramethylammonium (TMA) as probing molecule (Syková and Nicholson, 2008) (this value is derived from the reported value of 1.7 for the tortuosity, operationally defined as  $\sqrt{D_{free}/ADC}$ , and squared according to our definition Eq. (15)).

The AWF provides a measure of the IAS water volume relative to the EAS water volume and neglects the myelin water that practically does not contribute to the DWI signal due to fast transverse relaxation. This parameter should not be confused with the total cellular volume fraction of approximately 0.8, as the EAS also contains glial cells. The highest AWF values are observed in the corpus callosum, as shown in Figs. 2 and 6, as expected. The mean value  $f = 0.49$  we found in this study for WM is in good agreement with normalized water fractions as estimated using multiexponential analysis of  $T_1$ - and  $T_2$ -relaxation measurements in human WM (Hwang et al., 2010; Lancaster et al., 2003, 2005) and rat trigeminal nerve (Does and Gore, 2002). Our results confirm that in the WM there is no real disagreement between the fast and slow diffusion fractions from the biexponential fit and the physical water fractions of the EAS and IAS (Assaf and Basser, 2005; Maier et al., 2004).

When neglecting the contribution of the myelin volume, the measured AWF can be compared to histological volume fractions: Tang et al. (1997) performed stereology on human WM and found a mean value of 0.33 for the volume fraction of myelinated fibers. This value agrees well with the earlier reported mean AWF-value of 0.3 over all WM voxels with  $FA > 0.25$  (Fieremans et al., 2010a). The mean AWF-value of 0.49 we report here is higher, probably because we limited this study to those WM-voxels (according to Eq. (16)) that have the highest fiber density. For example, the AWF-values we find in the corpus callosum (Fig. 6) compare favorably to the reported

value of about 0.7 for the axonal volume density of the commissura anterior of rat brain based on AMG staining (Jespersen et al., 2010).

#### Comparison to the biexponential model

The values we find for the AWF using DKI data are also similar to the values found in other advanced multi-compartment models that typically require analysis of high  $b$ -value diffusion data (Alexander et al., 2010; Jespersen et al., 2010, 2007; Panagiotaki et al., 2009). We compared the DKI WM model here against the biexponential model using high  $b$ -value data. Assuming that the fraction of the slow diffusion component corresponds to the axonal compartment, we find a reasonable agreement between this fraction and the AWF. Although the agreement seems slightly better for the AWF based on an ROI estimate of  $D_a$  (Eq. (8)) in Fig. 6(d), the voxel-based approach (Eq. (7)) in Fig. 6(c) is more objective and easier to implement, while also providing a fairly good estimate. These preliminary results suggest that approximately the same information about compartment diffusivities and the AWF can be derived from DKI-data as from high  $b$ -value diffusion data using biexponential or more complicated fitting. The advantage of our approach is that the DKI data-acquisition time is much shorter because the DKI WM-analysis requires only low  $b$ -values (up to 2000 s/mm<sup>2</sup>) and puts less demand on the hardware. Thanks to the relatively low  $b$ -value range, DKI also provides an adequate signal-to-noise (SNR) making the technique useful in a clinical setting.

Another potential advantage of the DKI WM model over other advanced high  $b$  diffusion models lies in the fact that because of the smaller  $b$ -range, the two-compartment model has a broader applicability in the case of voxels containing non-collinear axons. For the data analysis and ROI selection, we applied a mask that selected voxels with a homogeneous axon orientation (Eq. (16)). Whereas this mask is most likely a prerequisite for applying biexponential fitting using



high  $b$ -value diffusion data, the derivation in [Model description and assumptions](#) (together with [Fig. 1](#) and [Appendix A](#)) suggests that the DKI WM model might be valid in significantly more voxels than those selected by the WM mask. Future work will investigate in more detail the applicability of the DKI WM model in less highly oriented voxels.

### Applications

This model offers new perspectives for the clinical assessment of WM tissue. DKI is relatively easy to implement on clinical scanners and a typical DKI protocol requires 7 to 20 minutes for full brain coverage depending on the hardware and imaging parameters ([Jensen and Helper, 2010](#); [Tabesh et al., 2011](#)). The current DKI WM model then allows for the estimation of various microstructural parameters from the DKI data, such as the compartment diffusivities and the water fractions of each compartment. The axonal water fraction is formally determined by the maximum kurtosis over all directions (Eq. (7)), but can in practice often be approximated by the radial kurtosis. The axial kurtosis reflects then the diffusional heterogeneity between the IAS and the EAS.

These parameters may help elucidate the meaning of changes in DKI metrics as observed in clinical studies. As an example, [Jensen et al. \(2011\)](#) reported substantial increases in the mean kurtosis within ischemic lesions for stroke patients. More specifically, for the lesions with strongly oriented axon bundles, the increase in the axial kurtosis was much greater than that in the radial kurtosis. Using our approach, it follows then naturally that this change is due to a large decrease of the intra-axonal diffusivity, as also suggested in their study. The AWF and the tortuosity are likely to be sensitive to changes in the number of axons, the myelin volume and axonal geometry and could potentially provide important information for assessing, e.g. multiple sclerosis ([Inglese and Bester, 2010](#); [Warlop et al., 2009, 2008](#)), Alzheimer's disease ([Bartzokis, 2011](#)), and other neuro-psychiatric and/or neuro-degenerative disorders that may be related to myelin dysfunction ([Nave, 2010](#)). More advanced analysis methods such as tract-based spatial statistics (TBSS) ([Smith et al., 2006](#)) and tractometry ([Bells et al., 2011](#)) seem particularly well suited for our model, as these naturally restrict the analysis to WM voxels consisting of strongly aligned fibers. Future work will focus on the clinical applications of the DKI WM model.

### Limitations

The present WM model is highly idealized, with some aspects of water diffusion in WM not explicitly included. One such limitation is that the CSF is not considered as a separate compartment. A possible effect of different transverse relaxation times for the intra- and extra-axonal compartments is also neglected, that may influence the estimates of the AWF and the tortuosity ([Fröhlich et al., 2008](#)). Furthermore, the DKI WM model is based on relatively low  $b$ -values diffusion data in a small number of diffusion directions, which inherently limits the amount of information that can be extracted. This is in contrast to other advanced diffusion models, based on high  $b$ -value and/or many gradient directions, aiming to characterize the axon diameter, diameter distribution or fiber orientation distribution ([Alexander et al., 2010](#); [Assaf et al., 2008](#); [Barazany et al., 2009](#); [Jespersen et al., 2010](#)). The limited information available in a DKI-dataset, due to its low  $b$ -value and limited angular information, makes it impossible to incorporate all of these as well as some other features into our model. Nonetheless, our proposed DKI WM model seems to be a useful description of the actual biophysical structure that yields realistic values for all microscopic parameter values included in the model. Important advantages of our approach are both its simplicity and the practical benefits of only requiring relatively low  $b$ -value diffusion data.

### Conclusion

We have proposed an idealized two-compartment no exchange diffusion model of white matter suitable for analysis with diffusional kurtosis imaging (DKI) diffusion metrics. Based on this model, standard DKI metrics can be used to estimate the intra- and extra-axonal diffusivities, the axonal water fraction, and the tortuosity of the extra-axonal geometry. Values for these parameters obtained in healthy young adults agree well with those of prior studies. The axonal water fraction and the tortuosity provide information related to axonal and myelin density, which may be useful in assessing myelin-associated neuropathologies. Since a DKI dataset can be acquired within a few minutes, this approach can be applied for the quantitative assessment of white matter tissue properties in a clinical setting.

### Acknowledgments

We thank Caixa Hu, Dmitry Novikov and Ali Tabesh for technical assistance and discussions. This work was supported by National Institutes of Health research grants (1R01AG027852 and 1R01EB007656 (to J.A.H.)), the Litwin Foundation (to J.A.H.) and the King Baudouin Foundation (Henri Benedictus Fund (to E.F.)).

### Appendix A. Gaussianity condition for axonal bundles

The bundles of axons are regarded as Gaussian compartments in our DKI WM model. We propose criterion (5) to test the validity of this assumption. Here we apply this criterion for the two axonal compartment geometries discussed in [Model description and assumptions](#). For that, we derive expressions for the compartmental  $D$  and  $K$  in these systems.

The first example discussed in [Model justification](#) is a voxel consisting of two crossing fiber bundles, oriented at polar angles ( $\theta_A$ ,  $\theta_B$ ) relative to a particular diffusion direction of interest, as illustrated in [Fig. 1\(a\)](#). When idealizing the axons as having zero radius, the total axonal diffusion coefficient in such a system is given by

$$D = \frac{D_a}{2} [\cos^2(\theta_A) + \cos^2(\theta_B)], \quad (\text{A.1})$$

where we have assumed for simplicity the two bundles have the same water fractions and  $D_a$  is the free intra-axonal diffusivity. The kurtosis for a given direction is derived using the standard formula for the multiple compartment kurtosis ([Jensen and Helper, 2010](#)):

$$K = 3 \frac{[\cos^2(\theta_A) - \cos^2(\theta_B)]^2}{[\cos^2(\theta_A) + \cos^2(\theta_B)]^2}. \quad (\text{A.2})$$

Substituting Eqs. (A.1) and (A.2) in the  $b$ -value criterion for Gaussianity (5), yields Eq. (6) in [Model justification](#).

Next, we consider the general case of axons that are oriented according to a direction distribution of  $F(\mathbf{n})$ , where  $\mathbf{n}$  is a unit vector parallel to a particular axon. The distribution of directions is normalized so that

$$1 = \int d\Omega_{\mathbf{n}} F(\mathbf{n}), \quad (\text{A.3})$$

where  $d\Omega_{\mathbf{n}}$  is a solid angle element and the integral is taken over all possible directions. The diffusion coefficient in a direction  $\mathbf{n}$  is then given by

$$D(\mathbf{n}) = D_a \int d\Omega_{\mathbf{n}'} F(\mathbf{n}') (\mathbf{n} \cdot \mathbf{n}')^2, \quad (\text{A.4})$$

and, similarly, the diffusional kurtosis is given by

$$K(\mathbf{n}) = 3 \left\{ \frac{\int d\Omega_{\mathbf{n}'} F(\mathbf{n}') (\mathbf{n} \cdot \mathbf{n}')^4}{\left[ \int d\Omega_{\mathbf{n}'} F(\mathbf{n}') (\mathbf{n} \cdot \mathbf{n}')^2 \right]^2} - 1 \right\}. \quad (\text{A.5})$$

Now let us consider a spherical coordinate system with  $\mathbf{n}$  corresponding to the z-axis. Then we have

$$D = D_a \int_0^\pi d\theta \sin(\theta) \cos^2(\theta) G(\theta), \quad (\text{A.6})$$

where

$$G(\theta) \equiv \int_0^{2\pi} d\phi F(\theta, \phi), \quad (\text{A.7})$$

with  $(\theta, \phi)$  being the usual spherical angles. Note that  $G(\theta)$  is normalized so that

$$1 = \int_0^\pi d\theta \sin \theta G(\theta). \quad (\text{A.8})$$

Now we consider the 2nd example of axons in a nearly coplanar configuration with the diffusion gradient applied perpendicular to the axons. Let us assume that the axons are uniformly distributed within a range of angles defined by

$$G(\theta) = \begin{cases} |2 \sin \theta_0|^{-1}, & \text{if } \frac{\pi}{2} - \theta_0 < \theta < \frac{\pi}{2} + \theta_0 \\ 0, & \text{otherwise} \end{cases}. \quad (\text{A.9})$$

One may readily verify that the model of Eq. (A.9) satisfies the normalization condition of Eq. (A.8).

Combining Eqs. (A.4)–(A.9) results in the compartment diffusivity and kurtosis:

$$D = \frac{D_a}{3} \sin^2 \theta_0, \quad (\text{A.10})$$

and

$$K = \frac{12}{5}, \quad (\text{A.11})$$

independent of  $\theta_0$ , which using criterion (5), leads to the  $b$ -value condition

$$b \leq \frac{5}{4D_a \sin^2 \theta_0}. \quad (\text{A.12})$$

So even for a  $\pi/2$ -range ( $\theta_0 = \pi/4$ ), taking  $D_a = 1 \mu\text{m}^2/\text{ms}$ , we find  $b \leq 2500 \text{ s/mm}^2$ , which is adequate for DKI.

## Appendix B. Derivation of DKI WM parameters

Here we outline the derivations of some of the basic results presented in Model parameters. To develop the DKI WM model, we choose an arbitrary reference frame where  $D_1, D_2, D_3$  are the measured diffusion coefficients along the axis directions 1, 2 and 3 and  $K_1, K_2, K_3$  the corresponding kurtoses. The diagonal elements of the compartmental diffusion tensors  $\mathbf{D}_a$  and  $\mathbf{D}_e$  in Eq. (1) in this basis are  $D_{a,1}, D_{a,2}, D_{a,3}$  and  $D_{e,1}, D_{e,2}, D_{e,3}$  respectively. By modeling the system as two non-

exchanging compartments, the overall diffusion coefficients,  $D_1, D_2, D_3$ , can be described as a function of the model parameters:

$$D_i = f D_{a,i} + (1-f) D_{e,i}, \quad (\text{B.1})$$

for  $i = 1, 2$  and  $3$ , where  $f$  is the volume fraction of the IAS.

Similarly, the along axis kurtoses,  $K_1, K_2$  and  $K_3$ , are related to the model parameters by

$$K_i = 3f(1-f) \frac{(D_{e,i} - D_{a,i})^2}{D_i^2}, \quad (\text{B.2})$$

for  $i = 1, 2$  and  $3$ .

With a given estimate for  $f$ , Eqs. (B.1) and (B.2) can be inverted resulting in:

$$D_{e,i} = D_i \left[ 1 \pm_i \sqrt{\frac{K_i f}{3(1-f)}} \right], \quad (\text{B.3})$$

and

$$D_{a,i} = D_i \left[ 1 \mp_i \sqrt{\frac{K_i (1-f)}{3f}} \right], \quad (\text{B.4})$$

for  $i = 1, 2$  and  $3$ .

For the small axon approximation, one can show that

$$D_a = D_{a,1} + D_{a,2} + D_{a,3}, \quad (\text{B.5})$$

where  $D_a$  is the free longitudinal intra-axonal diffusion coefficient along the axis. In addition, the mean extra-axonal diffusivity is

$$\bar{D}_e \equiv \frac{1}{3} (D_{e,1} + D_{e,2} + D_{e,3}). \quad (\text{B.6})$$

We first resolve the sign ambiguities in Eqs. (B.3) and (B.4) in the reference frame in which the overall  $\mathbf{D}$  is diagonal: Taking  $D_{e,3} \geq D_{a,3}$  makes physical sense since the 3rd direction (which by assumption has the smallest diffusion coefficient) should be roughly perpendicular to the axon direction. Thus, we take the upper sign for the 3rd direction. The signs for the 1st and 2nd directions are then determined by

$$\eta_i = \frac{1}{\sqrt{W_{iiii} W_{3333}}} \cdot \left( 3W_{i33} - \frac{2W_{i333}^2}{W_{3333}} \right), \quad (\text{B.7})$$

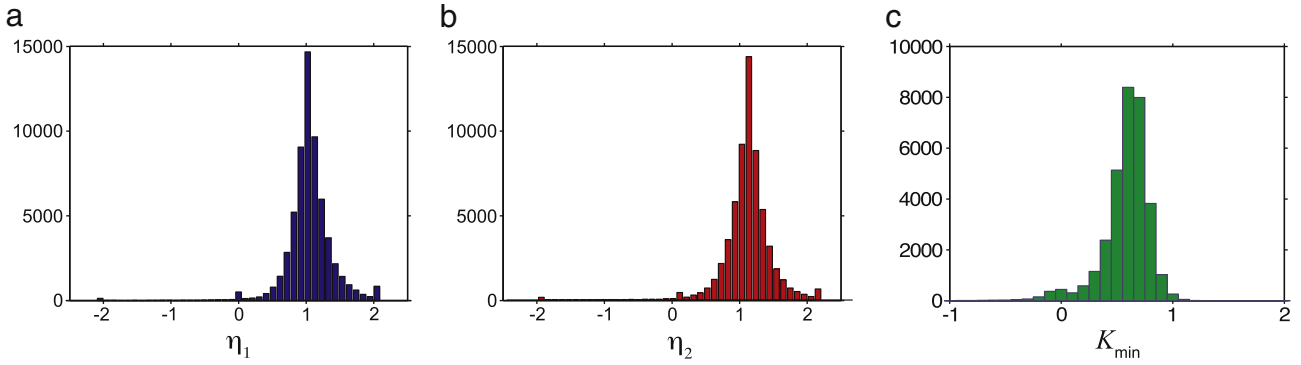
which is, theoretically, 1 for the upper sign and  $-1$  for the lower sign. In Eq. (B.7)  $W_{ijkl}$  is the kurtosis tensor, here defined in the frame of reference where the overall  $\mathbf{D}$  is diagonal. The derivation of Eq. (B.7) follows from the properties of the kurtosis tensor as described by (Jensen et al., 2005; Lu et al., 2006) but is omitted due to length considerations. Empirically  $\eta_i$  is found to be about 1 for most voxels in healthy young brain, as illustrated in the example in Figs. B.1(a) and (b). Hence,  $D_{e,i} \geq D_{a,i}$  in the eigenframe in which the overall  $\mathbf{D}$  is diagonal.

Next, we show that  $D_{e,i} \geq D_{a,i}$  also holds in arbitrary frames as long as  $K_{\min} > 0$ : From Eqs. (B.1), (B.5), and (B.6), we see that

$$\bar{D}_e = \frac{1}{3(1-f)} \cdot (3\bar{D} - f D_a), \quad (\text{B.8})$$

where  $\bar{D} \equiv (D_1 + D_2 + D_3)/3$  the total mean diffusivity. Applying Eq. (B.2) leads to

$$\pm D_1 \sqrt{K_1} \pm D_2 \sqrt{K_2} \pm D_3 \sqrt{K_3} = (3\bar{D}_e - D_a) \sqrt{3f(1-f)}, \quad (\text{B.9})$$



**Fig. B.1.** Histograms of (a)  $\eta_1$ , and (b)  $\eta_2$ , as defined in Eq. (B.7), and (c)  $K_{\min}$  (the minimum kurtosis for all directions) over all non-CSF voxels of the brain of a healthy young control. The  $\eta$ -values show a reasonably narrow distribution centered around 1 (with standard deviations  $SD = 0.3$ ), which corresponds to the upper sign solution of Eq. (B.3) and (B.4) and indicates that  $D_{e,i} \geq D_{a,i}$  in the brain. The finite SD may reflect measurement noise as well as the approximate nature of our model. We also noted negative  $\eta$ -values in a very small number of voxels of the corpus callosum ( $< 0.2\%$  of all WM-voxels), but neglected those voxels as the corresponding  $D_3$ -values were very small which makes the corresponding kurtosis tensor elements difficult to be determined accurately. The  $K_{\min}$  values show a distribution of predominantly positive values centered around 0.58 (with standard deviation  $SD = 0.22$ ), indicating that  $D_{e,i} \geq D_{a,i}$  in any frame of reference.

Combining with Eq. (B.8) yields the following expression:

$$\pm D_1 \sqrt{K_1} \pm D_2 \sqrt{K_2} \pm D_3 \sqrt{K_3} = (3\bar{D} - D_a) \sqrt{\frac{3f}{(1-f)}}. \quad (\text{B.10})$$

Note that the right side of Eq. (B.10) is independent of the choice of reference frame. The same must then be true for the left side. Now let us assume that we start in the eigenframe of the overall  $\mathbf{D}$  for which  $\pm_i = +$  for  $i = 1, 2, 3$  and imagine continuously rotating the reference frame so that the values for  $(D_1, D_2, D_3)$  and  $(K_1, K_2, K_3)$  also change continuously. For the left side, continuity implies that the sign ambiguity  $\pm_i$  can only flip for a reference frame in which  $D_i$  and/or  $K_i$  vanish. For brain tissue, we know that  $D_i$  does not vanish, as all the diffusion tensor eigenvalues are positive. Thus, we can only have a sign flip if there is a diffusion direction for which  $K_i$  vanishes. As a corollary, we see that if  $K_{\min} > 0$ , where  $K_{\min}$  is the kurtosis minimum for all directions, then if the upper signs apply in one frame of reference then they must also apply in all reference frames. Empirically,  $K_{\min}$  is found to be positive ( $> 0$ ) for most voxels in healthy young brain white matter, as illustrated in the example in Fig. B.1(c). Therefore, we take the upper sign in Eqs. (B.3) and (B.4) henceforth, so that  $D_{e,i} \geq D_{a,i}$  in any frame of reference. With this preferred sign choice, Eqs. (B.3) and (B.4) can be rewritten as Eqs. (10) and (11) in *Estimation of compartment diffusivities*.

In order to derive expressions for  $f$ , we express first all the undetermined model parameters in Eqs. (B.1) and (B.2) via  $D_a$ , the free longitudinal intra-axonal diffusion coefficient along the axis, and then try to estimate  $D_a$ . According to our sign choice, solving Eq. (B.10) for  $f$  gives

$$f = \frac{(D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3})^2}{(D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3})^2 + 3(3\bar{D} - D_a)^2}. \quad (\text{B.11})$$

Thus the AWF can be found from the DKI measurements plus an estimate for  $D_a$ . What is left now is to estimate  $D_a$ . The physical requirement  $D_{a,i} \geq 0$ , combined with Eq. (B.4), yields the condition

$$K_i \leq \frac{3f}{(1-f)}. \quad (\text{B.12})$$

Applying this to Eq. (B.10) leads to

$$D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3} \geq (3\bar{D} - D_a) \sqrt{K_i}, \quad (\text{B.13})$$

We then have the lower bound of

$$D_a \geq 3\bar{D} - \frac{D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3}}{\sqrt{K_i}} \equiv D_{a,\min}. \quad (\text{B.14})$$

So the largest kurtosis value  $K_i = K_{\max}$  in the denominator gives the best lower bound and hence the best estimate for  $D_a$ .

Now let us define

$$D'_a \equiv \text{maximum} \left( 3\bar{D} - \frac{D_1 \sqrt{K_1} + D_2 \sqrt{K_2} + D_3 \sqrt{K_3}}{\sqrt{K_{\max}}} \right), \quad (\text{B.15})$$

where we vary the right hand side over all voxels within a specified ROI. We may then reasonably make the approximation  $\bar{D}_a \approx D'_a$ . This would be exact if the axons are perfectly aligned in any of the voxels.

Eqs. (B.11) and (B.14) are equivalent to Eqs. (8) and (9) in *Estimation of the axonal water fraction*. For ROI consisting of a single voxel, Eq. (B.11) simplifies in combination with Eq. (B.15), resulting in Eq. (7).

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