

When can I start receiving my CPF LIFE payouts?

You can choose to start receiving your CPF LIFE payouts anytime between the ages of 65 and 70. Consider starting later as your monthly payout will increase by up to 7% for each year that you defer starting. CPF Board will send you a notification three months before your 65th birthday to explain your options and guide you in choosing your CPF LIFE plan. Your payouts will automatically start when you turn 70 if you have not instructed CPF Board regarding your payouts by then.