# DRAFT: MVTR Adventure Bike Rally Difficulty



# **Important Information**

### Tires

50:50 tires should be considered a minimum for rides. None of our routes are easy, and riding street-oriented tires just puts the rest of the group at risk of unfortunate delays.

## **Physical Fitness**

Physical Fitness plays a significant role in adventure riding. Rides take up to 8 hours and can have sustained levels of difficulty. If you find yourself on a route that challenges your skills, we are never far from any exit route. Weather can also play a significant role in the difficulty of a route.

### Difficulty Levels

Consider that the difficulty of a route is not just about the terrain, but also the weather, the group, and your own skill level. The difficulty level is a guide to help you choose an adventure that is appropriate for your skills and abilities. If you are unsure, ask a ride leader for advice. The routes are laid out with an *choose your own adventure* style in mind. The guided groups will roughly follow one of the levels (you always have the option of skipping Hero sections, even in the guided groups).

Level	Description
I	Rough paved roads with broken bits and potholes. Well maintained gravel
	roads.
II	Rough resource roads. Smooth double track. Small and infrequent trail obsta-
	cles. Patches of soft gravel, shallow sand, or small surface mud. All hills are
	gentle.
III	Doubletrack with routine modest features such as roots, ledges, rocks, and soft
	patches. Singletrack with infrequent obstacles. Some steep hills, but short in
	duration.
IV	Single and double track with frequent and potentially sizable features such as
	roots, ledges, rocks, and soft patches. Steep hills can be sustained and may
	have unforgiving transitions. Corners may be tight and unforgiving. Mud holes
	and water crossings.
5	Challenging singletrack for dirt bikers, so yeah, it's really tough for anything
	bigger. Make sure you can ride a few Level 4 routes before trying a Level 5.