

# Sky Meadows Day Hike



Trip Goers -

Aditya Ramnarayan - Driver  
Bella Schneider - Driver  
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Keya Pawar  
Thilak Mohan

This hike was a chill 5-mile Sunday hike. Perfect for beginners as well as those with a busy schedule. The location was an epic mountain meadow with 360 views of the surrounding Appalachian mountains and rural countryside. We started at 8 AM at the armory. Everyone arrived in good time and we soon headed out. It was cloudy with a little drizzle and temperatures in the high 40s. The drive was an hour and a half. All three cars arrived by 10 AM. Upon arrival, some of us went to check out the visitor center. We were met with this cool turtle fella.



By 10:30 we started the hike. We started by walking along a road to the start of the trail. We then got onto the Piedmont trail. This took us straight up a big hill! It definitely got the blood pumping. Before long though we made it to the top. A bench, an epic view, and a sense of accomplishment waited for us.



After 5 minutes or so of soaking in the views, we continued. The uphill continued. We soon reached another bench and overlook. We enjoyed the view and saw some cows off in the distance. At that point, the trail went through a gated pasture. However, we soon exited it and entered the forest. We climbed more slowly now through the woods until we reached the Whitehouse overlook. Spoiler alert, there was no whitehouse! However, there were some cool rocks and an ominous/epic fog. We were quite literally hiking in the sky.



After a snack break and group photo we continued forward into the misty landscape. We eventually reached the AT and followed along it for a bit. Then we took the North Ridge trail to the South Ridge trail. At this point it

was a steady downhill the rest of the way. Eventually, we reached some more sick views and some interesting ruins.



We also took one more group picture involving a hectic scramble to make the 10-second timer.



From that point, it was half a mile or so of smooth sailing back down to the parking lot. You can actually see the starting spot behind us in the picture. The terrain was super open throughout the hike and you could see the path ahead. That was pretty cool. You don't get much of that on the East Coast. I felt like I was hiking out west. We got back to the parking lot and everybody parted ways. At the visitor center, we ran into a father and son backpacking. They were very friendly/knowledgeable. According to them, the Sky Meadows State Park shelter is super nice. Perhaps a future TTC trip there? Well, that sounds like a trip for another time.

<https://photos.app.goo.gl/N6j5zkiCkCQSzeKt9>

<https://www.alltrails.com/trail/us/virginia/whitehouse-overlook-via-piedmont-overlook-trail-loop?u=i&sh=svgag7>