Fatou's Lemma

If (f_n) is a sequence of non-negative, measurable functions, then

$$\liminf_{n \to \infty} \left(\int f_n \right) \ge \int \liminf_{n \to \infty} f_n.$$

Proof. We apply the Monotone Convergence Theorem to the non-negative, increasing sequence of functions $(\inf_{k\geq n} f_k)_{n\geq 1}$. First note that by definition, we have

$$\liminf_{n \to \infty} \int f_k = \lim_{n \to \infty} \left(\inf_{k \ge n} \int f_k \right) \tag{1}$$

Because $\inf_{k\geq n} f_k \leq f_k$ for all $k\geq n$, by monotonicity of the integral we have that

$$\int \inf_{k \ge n} f_k \le \inf_{k \ge n} \int f_k \tag{2}$$

Combining (1) and (2) we get

$$\liminf_{n \to \infty} \int f_k = \lim_{n \to \infty} \left(\inf_{k \ge n} \int f_k \right)$$

$$\ge \lim_{n \to \infty} \int \inf_{k \ge n} f_k$$

$$= \int \lim_{n \to \infty} \inf_{k \ge n} f_k$$
(by MCT)
$$= \int \liminf_{n \to \infty} f_k.$$

The desired inequality has been shown.

Dominated Convergence Theorem

Let (f_n) be a sequence of measurable functions such that $\lim_{n\to\infty} f_n(x) = f(x)$ for all x and some function f. And suppose $|f_n| \leq g$ for some integrable function g. Then

$$\lim_{n \to \infty} \int f_n \ d\mu = \int f \ d\mu.$$

Proof. To prove the desired statement, we show that

$$\limsup_{n \to \infty} (\int f_n \ d\mu) \le \int f \ d\mu \le \liminf_{n \to \infty} (\int f_n \ d\mu)$$

which implies

$$\lim_{n \to \infty} \int f_n \ d\mu = \int f d\mu.$$

Note that $g - f_n \ge 0$ and is integrable so we can apply Fatou's Lemma to it. We have

$$\int g - \int f = \int (g - f)$$
 (by linearity of integrals)
$$= \int \liminf_{n \to \infty} (g - f_n)$$
 (f_n converges to f pointwise)
$$\leq \liminf_{n \to \infty} \int (g - f_n)$$
 (by Fatou's Lemma)
$$= \int g - \limsup_{n \to \infty} \int f_n$$
 (by linearity and $\lim \inf = -\lim \sup$).

It follows that $\limsup_{n\to\infty} \int f_n \leq \int f$. We apply Fatou's Lemma to $g+f_n$ (which is possible because $|g+f_n| \leq 2g$ and 2g is integrable).

$$\int g + \int f = \int (g+f)$$
 (by linearity of integrals)
$$= \int \liminf_{n \to \infty} (g+f_n)$$
 (f_n converges to f pointwise)
$$\leq \liminf_{n \to \infty} \int (g+f_n)$$
 (by Fatou's Lemma)
$$= \int g + \liminf_{n \to \infty} \int f$$
 (by linearity).

It follows that $\liminf_{n\to\infty} \int f \geq \int f$. Thus, we've shown the desired inequality, and it must be the case that $\lim_{n\to\infty} \int f_n = \int f$.