



# 11<sup>th</sup> Annual Stanford Powwow

## 5K Fun Run/Walk

### May 12, 2007

**WHERE:** The start and the finish will be at the Powwow Arena near Lasuen Mall and Campus Drive across from the Stanford Stadium on the Stanford University Campus.

**WHEN:** 8:30 AM

**AGE CATEGORIES:** Men and Women: 12 and under; 13-19; 20-29; 30-39; 40-49; 50-59; and 60 and over.

**5K COURSE:** Flat and fast!

**AWARDS:** The overall male and female 5K winners will receive handcrafted medallions and sweatshirts in each category. The top three male and female overall finishers will receive sweatshirts. Certificates will be awarded to the finishers of the 1 mile fun run/walk.

**TO ALL ENTRANTS:** All paid entrants will receive a t-shirt and post-race refreshments.

**REGISTRATION:** Registration fees will be \$12 for entries received before May 1, 2007. All late and race day fees will be \$15. Race registration will close at 8:15 AM. All proceeds will benefit the Stanford University Powwow. All entrants and their families are invited to attend.

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#### REGISTRATION FORM

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

**Age:** \_\_\_\_ **Sex:** M F **T-Shirt size:** S M L XL XXL **Race:** 5K Fun Run/Walk

Waiver: In consideration of your accepting this entry, I, intending to be legally bound, do hereby for myself and heirs, executors, administrators waive and release any and all rights and claims or damages I may accrue against the persons and organizations affiliated with the race for any and all injuries that may be suffered by me or enroute to or from the event. I attest that I am physically fit and sufficiently trained for this competition, my physical condition verified by a licensed MD during the last 6 months. As part of this waiver, I acknowledge that I have read and understand all of the above.

**Signature of Participant (Parent or Guardian if under 18)** \_\_\_\_\_

Please fill out and mail with entry fees to *Stanford Powwow Committee ATTN: Spring Golden, P.O. Box 20090, Stanford, CA 94309* or bring it to the registration table on the day of the run. If you have any questions, please email [spring07@stanford.edu](mailto:spring07@stanford.edu).