

## KESATUAN BANGSA SCHOOL GUIDANCE AND COUNSELING ANNUAL PLAN

DATE	GUIDANCE CLASS TOPIC	MONTHLY ONE ON ONE QUESTION	SELF DEVELOPMENT AND SUPPORTING ACTIVITIES
JULY	Courtesy And Honesty	What do we mean when we say a person is honest?	Recognise the importance of how behaviour and attitude affect personal performance.
		Why is honesty so difficult now ? What is the opposite of honesty ?	
		What is the important of courtesy and honesty in our daily life and education?	Johari Windows Activity
			Schools Staffs Monthly Motivation Day
			Parents conference of introduction to Guidance Department program
AUGUST	Love And Respect	What are the benefits of having friends who are different from us? / have you ever learned something new about a different culter from a friend?	MBTI test
		How to promote love and respect in our school ?	result reading and one on one consultation
			Indonesia Independence Day Program (Showing nasionalism and patriotism towards the country)
SEPTEMBER	Dicipline	How do you dicipline your life ?	Time management and creating To Do list
		How can you relate the dicipline habit and your performance at school?	Psychodrama
			Teachers ,Staff Conference
OCTOBER	Responsibility	What is your responsibility as a human?	Discussion forum (life style vs impact to nature), Poster Project
		What is your responsibility in your role as a student?	Define the meaning of strength, challenges, abilities and interests and record these in a career action plan.
			Undertake a goal-setting exercise to plan how to overcome challenges and barriers to achievements.
			create short term target to achieve
NOVEMBER	Anxiety	Have you express some anxiety before?	VAK learning style test
		What do you think about exam anxiety?	worksop on best way to applicate learning based on VAK result
			DEVELOPMENT PROGRAM 2. To understand the adolescent stage" a. early stage of adolescent: general, physical development, cognitive development b. goals or skills for early stage of adolescent.

	DECEMBER	LEADERSHIP	How do you get others to accepts your ideas?	Debate forum Study Case 1: Students are given a study cases with 4 different roles.		
				Students Leadership Camp		
				Parents Conference on Career Planning and students report		
				Tecahers- staff Motivational Program		