



# **Elder Associates Limited**

**Confidential Psychological Services**

*Patricia Elder, Ph. D., CEAP, Director*

## **Our Mission Statement**

*We will consistently provide our clients with a high quality professional Employee Assistance Programme (EAP) and other Psychological Services in an ethical and responsible manner to facilitate their personal and professional growth and development.*

*[www.eldertt.com](http://www.eldertt.com)*

**We are easily accessible.**

**For an appointment or further information, contact us.**

### **HEAD OFFICE**

30-32 Picton Street,  
Newtown, Port of Spain,  
Republic of Trinidad and Tobago,  
West Indies.

Phone: (868) 622-6594

Fax: (868) 628-0426

Email us  
[info@eldertt.com](mailto:info@eldertt.com)

Visit us online  
[www.eldertt.com](http://www.eldertt.com)

### **AREA OFFICES**

5 London Street, St Joseph Village,  
San Fernando.

Phone: (868) 652-6878

Atlantic Plaza, Ground Floor,  
Atlantic Avenue, Point Lisas, Couva.  
Phone: (868) 679-5550

Unit#1  
Sergeant Cain Extension Road,  
Scarborough, Tobago.  
Phone: (868) 639-1554

**YOUR 24-HOUR ACCESS NUMBER**

**(868) 622-6594**

**WE LOOK FORWARD TO BEING OF SERVICE TO YOU**

### **Who we are**

Elder Associates Limited is a private service firm offering a full spectrum of psychological services to organizations and individuals. This include marital, child, group and individual counselling, testing and training services.

The company specializes in the design and implementation of Employee Assistance Programmes. Other services in the field of professional psychology include:

- Counselling services
- Staff Development Services
- Psychodiagnostic Services
- Pre-Employment Screening Services
- Management Assistance Programmes
- Adjunctive Therapy Centre Services

### **Foundation**

Founded in 1993 by Dr. Patricia Elder, Counselling Psychologist and Certified Employee Assistance Professional, Elder Associates Limited was established to enhance the professional delivery of psychological services in a culturally diverse environment. Special focus is placed on the psychology of Trinidad and Tobago and the wider Caribbean region.

### **The Staff**

The cadre of professionals at Elder Associates Limited is comprised of a team of qualified clinicians and administrative support staff working to provide client satisfaction and confidentiality of services.

These specialists are drawn from the fields of psychology, social work, counselling and business with substantial training and considerable years of experience.

Qualifications of psychologists and administrators of the programme include doctoral degrees; the minimum qualification for all therapists and trainers is a master's degree. In addition all associates possess the ability to communicate effectively with clients as they work towards the resolution of a wide range of job-related and personal concerns.

### **EMPLOYEE ASSISTANCE PROGRAMMES (EAP)**

The EAP is designed specifically to suit the needs of your organization. This service provides employees with an opportunity to get help in resolving personal and/or work related problems which may be affecting their job performance. It is a highly confidential counselling, referral and consultation programme.

### **CONFIDENTIAL COUNSELLING SERVICES**

Persons may access this service which can enhance their emotional well-being through:

- Individual Psychotherapy
- Family and Marital Counselling
- Group Counselling
- Child Therapy



### **STAFF DEVELOPMENT SERVICES**

A range of methodically proven programmes for staff is offered. These include educational workshops on:

- Time Management
- Stress Management
- Team Building

### **PSYCHODIAGNOSTIC SERVICES**

Special emphasis on providing culturally relevant testing services which include:

- Psychological Evaluations
- Psychoeducational Evaluations
- Pre-Employment Psychological Screening

### **PRE-EMPLOYMENT SCREENING FOR LAW ENFORCEMENT PERSONNEL**

We are a branch office of The Institute for Forensic Psychology, Inc. (USA) and offer pre-employment screening for law enforcement personnel. The Institute for Forensic Psychology Inc. (IFP) is a professional service organization which applies specialized psychological research, skill and experience to assess law enforcement candidates thus assisting management in the selection process.

### **ADJUNCTIVE THERAPY CENTRE SERVICES**

The Centre answers the call to attend to patients' emotional wellness and stability as well as enhance their level of rehabilitation in a spirit of

confidentiality and professionalism. When trauma and physical injury occurs there is usually an emotional factor which delays the rehabilitation process. If these problems or concerns are attended to early in their development, they usually can be resolved in an expedient and cost-effective manner.

### **MANAGEMENT ASSISTANCE PROGRAMME (MAP)**

The Management Assistance Programme (MAP) is a programme specifically designed for Managers faced with modern day environmental stressors. It is a highly professional and confidential counselling and consultation programme.

### **OUR COMMITMENT**

Elder Associates Limited is a unique firm which recognizes that the well-being of our clients is of paramount importance.

We are therefore committed to providing only the best quality, professional and confidential psychological services to our clients.