

<i>DISTRICT (1) - PORT-OF-SPAIN</i>	Cost/Discount/Benefit	LABORATORIES	Cost/Discount/Benefit	Vision Optical	Cost/Discount/Benefit	The Arima Diagnostic Clinic	Cost/Discount/Benefit	Visual Eyes	Cost/Discount/Benefit
DOCTORS									
Dr. Shairoon Ali 121 Western Main Road St. James Tel: 622-6023	\$50. / Visit	Bio-Medical Laboratory Limited Western Medical Centre 9 Long Circular Road, St. James Tel: 622-4113/628-7802 Contact: Dr. Oliver Young Pong	10%	Green Corner Optical 8 Park Plaza Park Street Port-of-Spain Tel: 627-1657 Contact: Ms. Petra Bridgemohan	20% on Frames 10% on Lenses				
Dr. Vishnu Pooran 23 Lucknow Street St. James Tel: 622-7032	\$70. / Visit	Victoria Laboratories Limited 73A Saddle Road Maraval Tel: 622-4194	10%			VSC Medical & Dental Clinic 1 Kairi Road Valsayn South Tel: 663-3252 Contact: Mr. Gerald Sooden	10%	Vision Optical Fashion Eyewear Valpark Shopping Plaza (H.O.) Tel: 662-6453 Contact: Ms. Sherry Ali	20% Frames 10% Lenses
Dr. Sonia Telfer 73A Saddle Road Maraval Tel: 628-2297	\$70. / Visit	Victoria Laboratories Limited 69 Woodford Street Port-of-Spain Tel: 622 5817	10%			Dental: Exam \$100. X-Ray (Panoramic) \$175. Extraction (Simple) \$200. Restoration \$520. - \$695. Crowns \$3,500. Root Canal Therapy \$3,195.		Outlets 23/27 E.M.R. San Juan Tel: 638-3150 Trincity Mall, Trincity Tel: 640-1217	
Dr. Jameel Mohammed 8 Albion Street Port-of-Spain Tel: 624-4564	\$100. / Visit	Victoria Laboratories Limited 64 Pembroke Street Port-of-Spain Tel: 625 8493	10%						
DENTAL CARE									
Pride Dental Limited 122-124 Henry Street Port-of-Spain Tel: 625-9326 Contact: Mr. Theron Marquez	10%	OPTICIANS		Dr. Gautam Tewari El Socorro Road San Juan Tel: 675-3811	\$80. /Visit	Medical Examinations: Basic Examination Package \$200.+ Comprehensive Exam Package \$350.+ Chest X-Rays \$110. Electrocardiograph \$150. Electrocardiograms (w/Report) \$250.		DISTRICT (3) - CENTRAL	
HOSPITALS/NURSING HOMES				Dr. Wahid Mohammed 11 E.M.R. Curepe Tel: 663-8946	\$80. / Visit			DOCTORS	
Community Hospital of Seventh Day Adventists Western Main Road Cocorite Tel: 622-1191 Contact: Dr. Richard Spann	\$230.00 Mammograms; 5% Emer. Room Charge; 10% Room Rates; 5% X-Ray; Waiver of Deposit in Emergency Cases	Everybody's Optical Limited 46A Independence Square Port-of-Spain Tel: Contact: Mr. Lennox Worme	Free Eye Exams, 15% on Completed Spectacles	Dr. Rudy Rickhi 12 E.M.R. Tacarigua Tel: 640-6582	\$70. / Visit	Laboratory: Complete Blood Count \$ 60. Blood Group \$ 35. HIV \$110. Urinalysis \$ 60.		Dr. Mahesh Patel Montrose Junction Chaguana Tel: 665-8050	\$65. / Visit
Medcorp Limited St.Clair Medical Centre 18 Elizabeth Street St. Clair Port-of-Spain Tel: 628-1451/2 Contact: Ms. Ann Bailey	Waiver of Deposit in Emergency Cases	Ferreira Optical Limited 94A Frederick Street Port-of-Spain Tel: 627-3937 Contact: Ms. Beverly Alleyne	15% on Frames, Lenses, Contact Lenses, Sunglasses	Dr. Joyce Lodenquai 31 Sorzano Street Arima Tel: 667-3383	\$60. / Visit	PHARMACIES		Dr. Ijaz Mohammed Cor. Gaston Street & Main Road Montrose Chaguana Tel: 671-2403	\$70. / Visit
		OR		Dr. S.C. Lutchman Physician & Surgeon E.M.R Sangre Grande Tel: 668-2117	\$60. / Visit	Complete Care Pharmacy Limited Eastern Main Road & Riverside Road Curepe Tel: 663-9543 Contact: Ms. Jennifer Matthew	5% on Prescription	Dr. Sewlyn Rocke 27 De Verteuil Street Chaguana Tel: 665-6593	\$50. / Visit
		Ferreira Optical Limited Long Circular Mall St. James Tel: 622-8565 Contact: Mrs. Vanessa Julien	15% on Frames, Lenses, Contact Lenses, Sunglasses	Dr. Shyam Rahman E.M.R Sangre Grande Tel: 668-2502	\$50. / Visit	LABORATORIES		DENTAL CARE	
		Optometrists Today 1A Optics House 76 Frederick Street Port-of-Spain Tel: 623-2329 Contact: Ms. Marilyn Mohan	20% on Spectacles, all Lenses, Contact Lenses and Sunglasses	DENTAL CARE		Curepe Medical Laboratory Services Limited 11 Eastern Main Road Curepe Tel: 662-1217 Contact: Ms. Leila Santo	10%	AJ Dental Care Clinic 179 Main Road Montrose, Chaguana Tel: 672-9753 Contact: Dr. Warren Lue Chin	10%
		Value Optical Limited 41 Frederick Street Port-of-Spain Tel: 627-1000/5367 Contact: Ms. Nelisha Ali	20% on Frames, Lenses 10% on Contact Lenses	Dental Associates 62 Eastern Main Road St. Augustine Tel: 662-3516 Contact: Dr. Dane Seupaul	Exams, X-rays 20% Fillings, Prophylaxis 15% Root Planning 15% Simple Extractions 15% Root Canal Treatment 15% Prosthetics (Crowns, Bridges, Dentures), 10% Surgical Extractions 10%	General Diagnostic X-Ray Limited 68A Eastern Main Road Mount Hope Tel: 675-9729 Contact: Ms. Mary J. Nanan	10% on X-Ray Services	Dr. Derek Ramcharitar Dental Surgeo 33 Ramsaran Street Chaguana Tel: 672-6725	Free Examinations X-ray 20% Fillings, Prophylaxis Simple Extractions 10% Root Planning /Canal, Surgical Extractions 10% Crowns, Bridges, Dentures 10%
PHARMACIES				HOSPITALS/NURSING HOMES		Victoria Laboratoies Limited 8 Austin Street St. Augustine Tel: 663-4906 Contact: Mr. Ajodha	10%	Dental Associates Medicine City Building 94 Ramsaran Street Chaguana Tel: 665-6725 Contact: Dr. Visha Ramroop	Exams, X-rays 20% Fillings, Prophylaxis 15% Root Planning 15% Simple Extractions 15% Root Canal Treatment 15% Prosthetics (Crowns, Bridges, Dentures), 10% Surgical Extractions 10%
A&L Pharmacy Alyce Glen Shopping Diego Martin Tel: 637-4868 Contact: Mr. Clyde Allum	5% on Prescriptions	Imperial Optical Company (T' dad) Limited 86B Independence Square Port-of-Spain Tel: 623 2179 Contact Mr. Rodney Boodoosing	15% on Frames & Lenses Contact Lenses	Eric Williams Medical Sciences Complex Bldg 39 Eric Williams Medical Sciences Complex Mount Hope Tel: 645-2640 Contact: Ms. Sharon Creft	10%	OPTICIANS			
Bournes Road Pharmacy Cor. Church Street & Bournes Road St. James Tel: 622-3721 Contact: Mr. Kenrick Sam Chee	5% on All Items			Medical Associates Nursing Home Cor. Albert & Abercromby Streets St. Joseph Tel: 662-3259 Contact: Ms. Pauline Daniell	15% Waiver of Deposit in Emergency Cases	Optometrists Today City of Grand Bazaar Churchill Roosevelt Highway Tel: 645-2329 Contact: Mr. Roshan Ali	20% on Spectacles, all Lenses, Contact Lenses and Sunglasses		
Crichlow's Pharmacy 104 Western Main Road St. James Tel: 622-5095 Contact: Mr. Calhern Crichlow	5% on Pharmaceuticals								

