DISTRICT (1) - PORT-OF-SPAIN	Cost/Discount/Benefit	LABORATORIES	Cost/Discount/Benefit
DOCTORS	۵	Bio-Medical Laboratory Limited	325e
· · · · · · · · · · · · · · · · · · ·	J.	Western Medical Centre	-1
Dr. Shairoon Ali	$\mathcal{E}(\mathcal{Y})$	9 Long Circular Road, St. James	<u> </u>
21 Western Main Road		Tel: 622-4113/628-7802	
t, James		Contact: Dr. Oliver Young Pong	10%
'el: 622-6023	\$50. / Visit	Victoria Laboratories Limited 73A Saddle Road	
r. Vishnu Pooran 3 Lucknow Street		= 73A Saddie Road Maraval	
Lucknow Street James		Tel: 622-4194	10%
:: 622-7032	\$70. /Visit	Victoria Laboratories Limited	10/0
r. Sonia Telfer		69 Woodford Street	
A Saddle Road		Port-of-Spain	
araval		Tel: 622 5817	10%
1: 628-2297	\$70. / Visit	Victoria Laboratories Limited	
: Jameel Mohammed		64 Pembroke Street	
Albion Street		Port-of-Spain	
rt-of-Spain S-624-4564	g*86 /******	Tel: 625 8493	10%
£624-4564	\$100. / Visit	OPTICIANS	
ENTAL CARE	n e	VA-ERCHAID	
AVIAL CARE		Everybody's Optical Limited	
ide Dental Limited		46A Independence Square	
2-124 Henry Street		Port-of-Spain	Free Eye Exams,
rt-of-Spain *		Tel:	15% on Completed
1; 625-9326		Contact: Mr. Lennox Worme	Spectacles
ntact; Mr. Theron Marquez	10%		
e e	***************************************	Ferreira Optical Limited	
OSPITALS/NURSING HOMES		94A Frederick Street	
		Port-of-Spain Tel: 627-3937	15% on Frames, Lenses,
mmunity Hospital of Seventh Day A stern Main Road	dventists \$230.00 Mammograms;	Contact: Ms. Beverly Alleyne	Contact Lenses, Sunglasses
	5% Emer. Room Charge;	OR	Commercionaes, Bungasses
	Room Rates; 5% X-Ray;	Ferreira Optical Limited	
ntact: Dr. Richard Spann	Waiver of Deposit in	Colsort Mall (Frederick Street)	
	Emergency Cases	Port-Of-Spain	
		Fel: 627-2335	15% on Frames, Lenses,
edcorp Limited		Contact: Mrs. Marsha-Taylor	Contact Lenses, Sunglasses
Clair Medical Centre		OR	
Elizabeth Street		Ferreira Optical Limited	
Clair		Long Circular Mall	
rt-of-Spain		St. James Tel: 622-8565	150/ Au Dunner 1
l: 628-1451/2	and the Property of the	Contact: Mrs. Vanessa Julien	15% on Frames, Lenses, Contact Lenses, Sunglasses
ntact: Ms. Ann Bailey Waiver of De	eposit in Emergency Cases	сопщен виз. уапрэж Липен	Contact Tenses, Sungiasses
IARMACIES (Optometrists Today	garate de la companya
		1A Optics House	
&L Pharmacy		76 Frederick Street	20% on Spectacles,
yce Glen Shopping		Port-of-Spain	all Lenses, Contact
ego Martin		Tel: 623-2329	Lenses and Sunglasses
: 637-4868	5% on	Contact: Ms. Marilyn Mohan	
ntact: Mr. Clyde Allum	Prescriptions		
		Value Optical Limited	
urnes Road Pharmacy		41 Frederick Street	200/ E
r. Church Street & Bournes Road		Port-of-Spain Tel: 627-1000/5367	20% on Frames, Lenses
James	wa.	161: 627-1000/5367 Contact: Ms. Nelisha Ali	10% on Contact Lenses
: 622-3721	5%	CORRECTIS, INCRSER ATI	
atact: Mr. Kenrick Sam Chee	on All Items	Imperial Optical Company	
chlow's Phaemacr		(T'dad) Limited	
ichlow's Pharmacy Western Main Road		86B Independence Square	
James		Port-of-Spain	
622-5095	5% on	Tel: 623 2179	15% on Frames & Lenses
	and an article to the control of	Contact Mr. Rodney Boodoosing	Contact Lenses

Pharmaceuticals

Contact: Mr. Calhern Crichlow

Vision Optical

Westmoorings Tel: 637 5013

Port-of-Spain

Tel: 627-1657

DOCTORS

Contact: Ms. Sherry Ali

Green Corner Optical 8 Park Plaza Park Street

DISTRICT (2) - EAST

Dr. Gautam Tewari El Socorro Road San Juan Tel: 675-3811

Dr. Wahid Mohammed 11 E.M.R Curepe Tel: 663-8946

Dr. Rudy Rickhi 12 E.M.R. Tacarigua

Dr. Joyce Lodenquai 31 Sorzano Street Arima Tel: 667-3383

Dr. S.C. Lutchman Physician & Surgeon E.M.R Sangre Grande Tel: 668-2117

Dr. Shyam Rahman E.M.R Sangre Grande Tel: 668-2502

DENTAL CARE Dental Associates 62 Eastern Main Road

St. Augustine

Tel: 662-3516

Mount Hope

St. Joseph

Tel: 662-3259

Contact Lenses

Tel: 645-2640

Contact: Ms. Sharon Creft

Contact: Dr. Dane Seupaul

HOSPITALS/NURSING HOMES

Medical Associates Nursing Home

Cor. Albert & Abercromby Streets

Contact: Ms. Pauline Daniell

Eric Williams Medical Sciences Complex

Bldg 39 Eric Williams Medical Sciences Complex

Tel: 640-6582

Contact: Ms. Petra Bridgemohan

West Mall

Cost/Discount/Benefit

20% on Frames

10% on Lenses

15% on Frames

\$80. /Visit

\$80. / Visit

\$70. / Visit

\$60. / Visit

\$60. / Visit

\$50. / Visit

10%

15%

Waiver of Deposit in **Emergency Cases**

Exams, X-rays 20%

Root Planning 15%

Fillings, Prophylaxis 15%

Simple Extractions 15%

Root Canal Treatment 15%

Prosthetics (Crowns, 10%

Bridges, Dentures), 10% Surgical Extractions 10%

ima 1: 664-3850 Intact: Ms. Helen Alleyne C Medical & Dental Clinic Cairi Road Isayn South 1: 663-3252 Intact: Mr., Gerald Sooden Intal: Imal:	The Arima Diagnostic Clinic 25 Hollis Avenue	Cost/Discount/Benefit
It 664-3850 Intact: Ms. Helen Alleyne C. Medical & Dental Clinic Carii Road Isayn South : 663-3252 Intact: Mr. Gerald Sooden Intal: It am \$100. Intal: It am \$100. Intal: It am \$100. It	a Homs Avenue Arima	
intact: Ms. Helen Alleyne C. Medical & Dental Clinic Cairi Road Isayn South I: 663-3252 Intact: Mr. Gerald Sooden Intal: Image: Mr. Gerald Sooden Intal: Intal: Image: Mr. Gerald Sooden Intal: Intal: Image: Mr. Gerald Sooden Intal: I	Cel: 664-3850	
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Cairi Road Isayn South : 663-3252 Intact: Mr. Gerald Sooden **Mall:** am \$100. Ray (Panoramic) \$175. Traction (Simple) \$200. Storation \$52.0 - \$695. Sowns \$3,500. of Canal Theraphy \$3,195. **Collect Examination Package \$200.4* Imprehensive Exam Package \$350.4. Set Examination Package		
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	Cor. Churchill Roosevelt H'way & S.M.R	
	& S.W.R Curepe	
10%	Tel: 662-3937	
	Contact: Ms. Carol Poon Affat	15%
	Vision Optical Fashion Eyewear	
	Valpark Shopping Plaza (H.O.)	000/ 12
	Tel: 662-6453 Contact: Ms. Sherry Ali	20% Frames 10% Lenses
	Outlets	10/4 Lenses
	23/27 E.M.R	
\$100.	San Juan	
\$175.	Tel: 638-3150	
\$200. \$520 \$695.	Trincity Mall, Trincity Tel: 640-1217	
\$3,500,	101.070-1211	
\$3,195.		
	DISTRICT (3) - CENTRAL	
\$200.+	DOCTORS	0
\$350.+	200.00	P ()
\$110.	Dr. Mahesh Patel	*\ A
\$150.	Montrose Junction	
\$250.	Chaguanas	nye revis
	Tel: 665-8050	\$65. / Visit
\$ 60.	Dr. Ijaz Mohammed Cor. Gaston Street & Main Road	
\$ 35.	Montrose	
\$110.	Chaguanas	
\$ 60.	Tel: 671-2403	\$70. / Visit
	Dr. Sewlyn Rocke	
	27 De Verteuil Street Chaguanas	
	Tel: 665-6593	\$50. / Visit
ad	DESCRIPTION OF THE PROPERTY OF	Ø.
5% on	DENTAL CARE	
Y Prescription	AJ Dental Care Clinic	
	179 Main Road	
<i>a</i> .	Montrose, Chaguanas	
ices Elmited	Tel: 672-9753	- 444
ices etantea	Contact: Dr. Warren Lue Chin	10%
	Dr. Derek Ramcharitar	
10%	Dental Surgeo	Free Examinations
	33 Ramsaran Street Chaguanas	X-ray 20% Fillings, Prophylaxis
d	Tel: 672-6725	Simple Extractions 10%
		Root Planning /Canal,
400		Surgical Extractions 10%
10% on X-Ray Services		Crowns, Bridges, Dentures 10%
	Dental Associates	Exams, X-rays 20%
	Medicine City Building	Fillings, Prophylaxis 15%
	94 Ramsaran Street	Root Planning 15%
	Chaguanas Tel: 665-6725	Simple Extractions 15% Root Canal Treatment 15%
10%	Contact: Dr. Visha Ramroop	Prosthetics (Crowns, 10%
		Bridges, Dentures), 10%
		Surgical Extractions 10%
20% on Spectacles, all Lenses, Contact		
an Lenses, Contact Lenses and		
Sunglasses		

Visual Eyes

Cost/Discount/Benefit

LABORATORIES	Cost/Discount/Benefit	Dr. Lester Goetz	•
	C93(P)3C9 III (P)CICIA	Urologist	
Hi-Tech Medical Laboratory Service	es Eimited	Gulf View Medical Centre Limited	
Chaguanas Specialist Centre		715-716 Mc Connie Street	
86 Main Road 💉		Gulf View	500 4 000
Chaguanas		Tel: 652-7102	
Tel: 665-2049	- 20 · · · ·	Dr. Stephen Ramroop	
Contact: Ms. Mala Rattansingh	10%	Orthopaedic and Trauma Surgeon	
Bio-Q Laboratory Services Limited	#	Gulf View Medical Centre Limited	
Couva Shopping Complex Couva		715-716 Mc Connie Street Gulf View	
Tel: 636-5535		Tel: 652-7102	
Contact: Ms. Debbie Trabouley	15%	101.022.102	×
Victoria Laboratories Limited		DOCTORS	Ø.
Chaguanas Medical Associates			X.
Ramsaran Street		Dr. Peter Hosein	
Chaguanas		1 Pointe-a-Pierre Road	N
Tel: 665-5568		San Fernando	
Contact: Mr. Ajodha	10%	Tel: 652-4378	
		Dr. Parmanand Sawh	
14 Endeavour Road		Cost/Discount/Benefit	665 F
Chaguanas	100/	Physician & Surgeon	
Tel: 665-1928	10%	98 Amarsingh Street Union Park West	
22 Southern Main Road		Marabella	1,561.4
Couva		Tel: 658-4746	
Tel: 636-4567	10%	Dr. Sterling Seuradge	
100		22D Lord Street	14.6
OPTICIANS		San Fernando	ndire Silik Addi
		Tel: 652-4765	
Ferreira Optical Limited			**********
Cor, Eleanore Str. & S.M.R		HOSPITALS/NURSING HOMES	
Chaguanas			
Tel: 665-9573	15% on Frames,Lenses,	Cross Crossing Medical Centre	
Contact: Ms. Renee Mahabir	Contact Lenses, Sunglasses	Olivier Avenue, Coconut Drive	e de la composição de l
Out with the major		Cross Crossing, San Fernando	i Leife
Optometrists Today Centre City Mall	200/ 52 (52-2-6-3)	Tel# 652-4411/4412 Contact: Mr, Roy Tilluckdharry	84. jp
Main Road, Chaguanas	20% on Spectacles, all Lenses, Contact	Contact. Wif, Roy Tinderchiarry	
Tel: 672-2329	Lenses and	Gulf View Medical Centre Limited	
Contact: Mr. Damion Furlonge	Sunglasses	715-716 Mc Connie Street	yayni i
		Gulf View, La Romain	
Value Optical Limited		Tel: 652-7102	
Mid Centre Mall		Contact: Asha Maharaj	
Chaguanas			
Tel: 672-1080	20% on Frames, Lenses		
Contact: Mr. Rennie Lalla	10% on Contact Lenses		
		WOOD I TO BUILD I	
		20 Irving Street	
DISTRICT (4) - SAN FERNANDO		San Fernando	
CDECTATIONS		Tel: 652-5142	Alfrida Alfrida eta
SPECIALISTS		Contact: Mr. Gerald Sooden	1.000000
Dr. Anthony Fraser			
Optalmologist & Opthalmic Surgeon		Dental: Basic (Min. Rate)	
Gulf View Medical Centre Limited	12% on Visits	Exam	
715-716 Mc Connie Street		X-Ray (Panoramic)	
Gulf View		Extraction (Simple)	
Tel: 652-7102		Restoration	
		Crowns	
Dr. Lackram Bødøe		Root Canal Therapy	
Obstetrics and Gynaecologist	는 1000명 현실 등 1000명 등 1000명 등 1000명 등 12명 등 1 12명 등 12명 등 1	Not have the second state of the second state	
Gulf View Medical Centre Limited		Medical Examinations: Basic Examination Package	
715-716 Mc Connie Street	000 No. 200 No.	Comprehensive Exam Package	AVALLES Alexandra
Gulf View	\$90. / Visit or	Chest X-Ray	
Tel: 652-7102	10%	Electrocardiograph	
	10.20	Electrocardiograph	100000

Or. Lester Goetz Urologist	Cost/Discount/Benefit
Gulf View Medical Centre Limited	
715-716 Mc Connie Street	
Gulf-View Fel: 652-7102	\$120. / Visit
Or. Stephen Ramroop	3120.7 VISIL
Orthopaedic and Trauma Surgeon	
Gulf View Medical Centre Limited	
715-716 Mc Connie Street	\$120. / Visit or
Tel: 652-7102	20%
OOCTORS	
	A
)r. Peter Hosein Pointe-a∗Pierre Road	XX
Folme-a-rierre Road Jan Fernando	Y
Fel: 652-4378	\$40, / Visit
or. Parmanand Sawh	
Cost/Discount/Benefit Physician & Surgeon	
Nysician & Surgeon 98 Amarsingh Street	
Union Park West	\$40. / Office Visit
Marabella	\$75. / Home Visit
Tel: 658-4746 Dr. Sterling Seuradge	\$100./ House Call
22D Lord Street	
San Fernando	
Cel: 652-4765	\$50. / Visit
HOSPITALS/NURSING HOMES	
Cross Crossing Medical Centre	10%
Olivier Avenue, Coconut Drive	
Cross Crossing, San Fernando Fel# 652-4411/4412	Waiver of Deposit in Emergency Cases
Contact: Mr. Roy Tilluckdharry	Emergency Cases
Gulf View Medical Centre Limited 115-716 Mc Connie Street	
Gulf View, La Romain	12% on X-Ray,
Tel: 652-7102	Hospitalization,
Contact: Asha Maharaj	Laboratory Srves,
	Ultrasound Fees. Waiver of Deposit in
	Emergency Cases
/CC Modical C Barty Curi	
SC Medical & Dental Clinic O Irving Street	
San Fernando	
Tel: 652-5142	
Contact: Mr. Gerald Sooden	
Dental: Basic (Min. Rate)	
Exam	\$ 100.
C-Ray (Panoramic)	\$175.
Extraction (Simple) Restoration	\$200. \$520 \$695.
Frowns	\$3,500.
toot Canal Therapy	\$3,195.
realization of the control of the co	
Medical Examinations: Basic Examination Package	\$200,+
Comprehensive Exam Package	\$350.+

Electrocardiograms (w/report)

30 Cipero Street San Fernando Tel: 657-8927 Contact: Mr. Dookeran LABORATORIES Lab Medical Services St. James Street San Fernando Tel: 652-4947 Contact: Mr. Richard Ramrekha Victoria Laboratories Limited 9-13 Archibald Street Vistabella San Fernando Tel: 652-4583/ 4579 Contact: Mr. Ajodha OPTICIANS Ferreira Optical Limited Gulf City Complex 15% on Frames, La Romain Lenses, Contact Tel: 652-6818 Lenses, Sunglasses Contact; Ms. Gangadaye Maharaj **Optometrists Today** Lvl 1, Gulf City Mall Ext. 20% on Spectacles, La Romain Tel: 657-2329 all Lenses, Contact Contact; Mr. Sunil Dodoll Lenses & Sunglasses Value Optical Limited 70A High Street San Fernando Tel; 653-1000 20% on Frames, Lenses Contact: Ms. Karla Williams 10% on Contact Lenses DISTRICT (5) - PRINCES TOWN

Cost/Discount/Benefit \$ 35. \$ 110. S 60. **DULAN'S FAMILY DENTAL CARE** 5% - 10% 7%

10% 10%

Dr. Keith Silochan 100 High Street, Princes Town Tel: 655-0311

DOCTORS

\$110.

\$150.

\$250.

Laboratory: Complete Blood Count

Blood Group

HIV Screen

DENTAL CARE

Bertrand Street

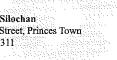
Contact: Dr. Dulan

PHARMACIES

Dookeran Drugs Limited

San Fernando Tel: 657-1773

Urinalysis



PHARMACIES Princes Town Pharmacy Limited High Street, Princes Town Tel: 655-2660 Contact: Ms. Joyce Lutchmeesingh



\$50. / Visit



10%

OPTICIANS Cost/Discount/Benefit

Value Optical Limited High Street Princes Town Tel: 655-1080 Contact; Mr. Rus Soogrim



20% on Frames, Lenses 10% on Contact Lenses

DISTRICT (7) - MAYARO

DOCTORS

Dr. Colin D. Sealy 54 Manzanilla Road, Mayaro Tel: 630-4384

\$100./Visit

16%

\$60. / Visit

10%

5% on Selected Items

10% on Ultrasound,

15% on Frames, Lenses,

Contact Lenses, Sunglasses

General X-Rays,

Mammogram

\$50. / Visit

TOBAGO

DISTRICT (1) SCARBOROUGH

SPECIALISTS

Dr. Victor Wheeler Specialist Obstetrician & Gynaecologist Triangle Building Scarborough Tel: 660-7382

DOCTORS

Dr. Sandeep Kumar #47 Rockly Vale, Scarborough Tel: 639-3157

PHARMACIES

DOVE DRUGS LIMITED P.O. Box 286, Scarborough Tel: 639-2976 Contact: Mrs. Annabel Dove-Forjonel

LABORATORIES Universal Bio-Medical Laboratory Unit 10 IDC Mall Sangster's Hill, Scarborough Tel: 639-6032 Contact: Mrs. Davidson

Imaging Services Limited Triangle Building, Scarborough Tel: 660-7382

Contact: Dr. Victor Wheeler

FERREIRA OPTICAL LIMITED Welch Building

Main Street, Scarborough Tel: 639-3239 Contact: Mrs. Josephine Moore-Solomon

DISTRICT (2) - PLYMOUTH

DOCTORS

Dr. Mentor Melville Plymouth Tel: 639-1722



American Life and General Insurance Company (Trinidad & Tobago)

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PROVIDER

ORGANISATION

A Preferred Provider Organisation comprises a limited number of people and organisations in the Health Industry such as Doctors, Hospitals / Nursing Homes, Dentists, Laboratories, Pharmacies and Opticians providing services at reduced costs for a specific group (ALGICO's clients.)

P.P.O.s are generally paid on a fee-for-service basis at the point of service. These Medical Care Providers have all agreed to a reasonable discount off their normal prices so as to reduce the burden of Medical Attention along with a promise of Quality Care to our Clients.

We are certain that our P.P.O. makes a difference. Our aim is to provide the best Medical Attention in addition to considerable savings, which creates a demand for the service while attracting new Quality Providers.



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