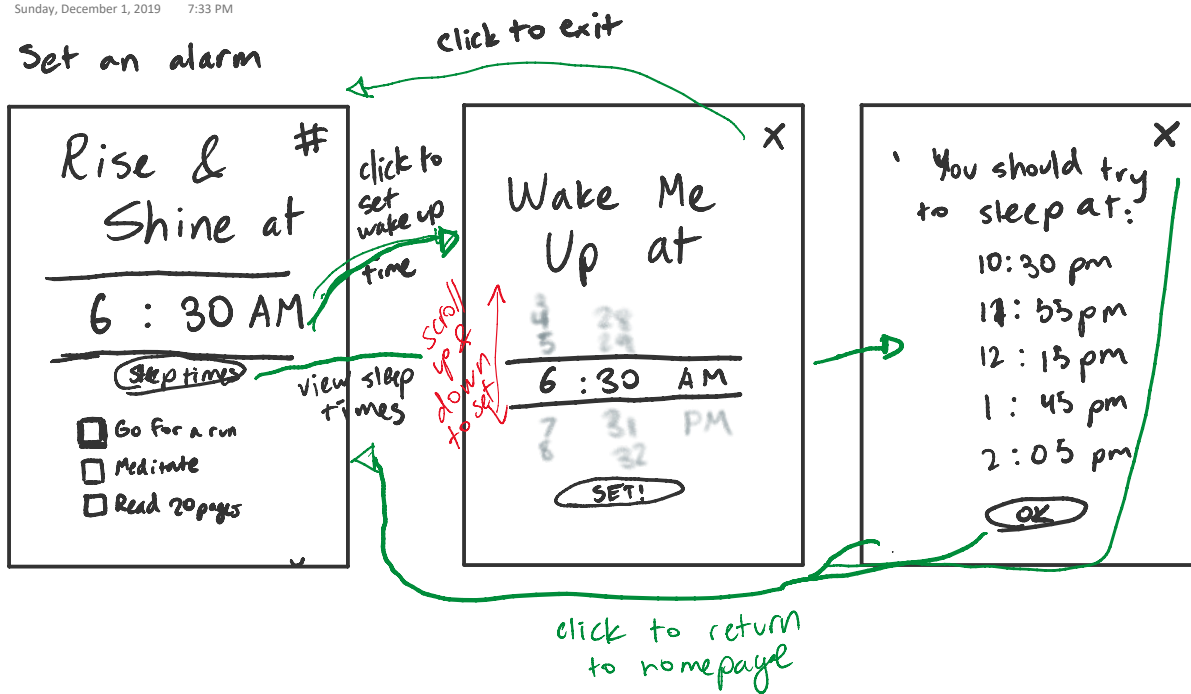
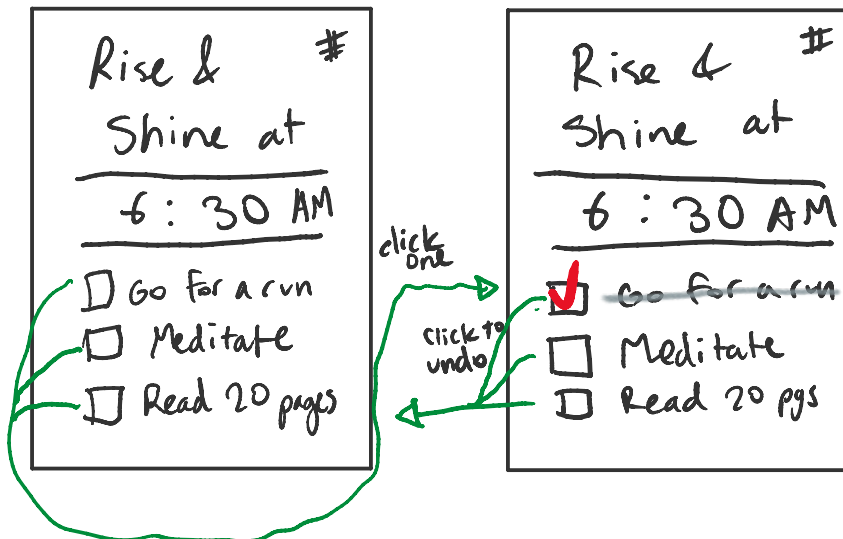
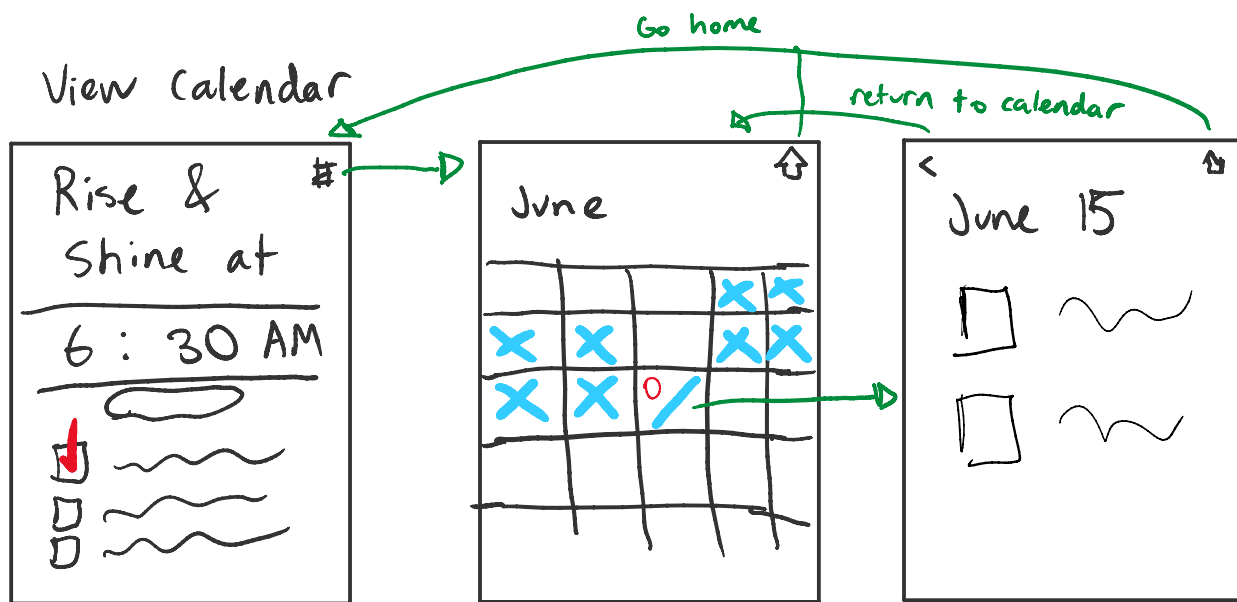


Set an alarm



Accomplish a goal / build habit





Change Habits

