

# **POVERTY AND HUNGER**

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## 1) Introduction:

Since our mentor informed about this community development project(CPD) all my batch mates were discussing what should be done and more importantly how should be done. As our mentor told us that it's for the development of society an idea popped into my mind. As poverty and hunger is universal problem, which is drastically affecting our world and ultimately resulting to death, from many years to present. Around the world, 25,000 people die of hunger every day and over 30% of rural girls living in poverty kept out of school to save money.

So I decided to help needy peoples who are facing poverty and hunger and I also decided to aware farmers about the new technique of farming to increase crop production and making the people aware of the facts and figure about the peoples dyeing due to poverty and hunger.

In my view the route cause of poverty and hunger is mainly the lack of the education.

## 2) Problem identified and the cause of the problem:

We always say that these many people are dying because of the increase in the rate of poverty and lack of cheap food available to them. But a very few of us have thought of the reason behind this exponential increase rate of death. But due to this community development project I decided to look for the reason behind the exponential rate of death due to poverty and hunger.

Definitely some of us might think that reason behind this is growing rate of population will honestly this is not the only reason there are many other factors affecting this increasing rate of death like lowering in quantity of food production, lack of awareness about modern method of farming and increase in rate unemployment because of lack of education resulting in increase of people dying due to poverty and hunger.

### 3) Objectives to be achieved :

The main objective of my project was to provide free education to poor children and make them aware about need of education and how education can help them to overcome poverty.

And to aware the farmers about modern farming method and use of it to increase the production in efficient way. But modern farming method include the use of chemicals, so, without much compromising the quality of food and soil, we also aware about organic way farming and use of animal excreta and vegetable matter to use as a fertilizer.

At last to help orphan people and children who are suffering from poverty and hunger by serving them food and by donating clothes. And to admit poor orphan people in government hospital who are infected by virus or suffered by any diseases .

#### 4) Various steps taken to achieve the objectives.

The first and hardest problem was to convince the parents to send their children for classes. The time I had started my community development project was the time of summer vacation for schools and nobody including the parents wanted that children to come to the school considering the hot climate and their parents want to send for work to earn some money and they want them at there agricultural land to help in farming, they believe that education is not going to provide them food .

At that time I didn't knew how to encourage those children to attain the classes and the parents for the same. That is the reason why I have first approached to the gram pradhan to elaborate about this community development project and benefit of this project. Further, I have also discussed what actually I had planned about this project. I knew that for this project I have to first persuade the gram pradhan and the elderly people for the same. After a lot of discussions and meetings they finally got convinced and were ready to help me by all the possible ways. Which honestly played a very important role in the achieving the task of my community development project.

I finally started going to government primary school. Sir K.N Singh (principal of primary school) has also played an important role in the completion of the project and was ready for all the help and

guidance wherever I needed. Sir K.N singh not only provided me the class to execute my plan but also insisted his students to attain the classes. He played a very vital role in starting my project by calling the students for attending the classes. He also helped me in taking those special classes whenever I required.

When I had started to teach them I notice that children are not cutting their nails timely, not cleaning the teeth at least once a day and they are not habitual of taking bath regularly that is they are not living hygienic life style, so firstly I was trying to help them in forming hygiene habits. I also taught them some basic knowledge of all subjects, after few days they were attending classes regularly because they were enjoying in my class. I realize that teachers didn't make any fun in class along with teaching, I suggest to principal sir K.N singh to change the way of teaching by which student will enjoy during classes.

Another challenge was to convince the farmers to gather at a single place at a same time for the information, it was not possible without Ms. Pratibha Rai (Head of NGO) then I was going to introduce to them after gathering the farmers, the next challenge I had faced was to make the understand how actually things are and they work. Then Mr. Ashok Rai (member of NGO) help me to make the farmers understand the essence of modern farming technologies

and the various tools and chemicals used for it like (fertilizers and hybrid seeds and other farming requirement). At first the farmers denied and were uncomfortable to use the chemicals and machinery we made them aware of but after statistics and data we showed they all got agreed to give at least one try using the chemicals and machinery I just stated.

After this my elder sister suggested that why should not I go and talk to ladies to village about the wastage of food and other edibles. After consulting all the women a surprising but an awful result came out. I never expected that this much food was being wasted in spite of the fact that they were all farmers mother, wives, sisters and daughters. After a long, deep and connective discussion with the women; they finally understood the demerits and the horrible consequences of wasting food in this large amount. They all promised to try their level best for minimizing the wastage of food and helping me in spreading the awareness about it as much as they can.

While I was doing all this one of my childhood friend advised me to go to the government hospital and just look out the condition of situation faced by orphan persons admitted there. listening to his advice I actually visited government hospital, was hugely disappointed after seeing the quantity and quality of the food which was provided to the patients then I decided to serve food for them.

Before this I never knew that making someone smile, makes you happy to. And since I decided that at least twice a week I will serve food to them, however I found that some of patient unable to eat food, I don't know why but nurse suggest me not to serve them food then I asked that what I should serve to them. They told me to serve any liquid diet, so I bring fruit juice and milk for them. I also donate clothes to some of the orphan patients. All this happiness, values and awareness about poverty and hunger help me to achieve and to realize the actual purpose of community development project.



## **5) Effectiveness of the project :**

**(i) The most effective thing that happened with me was that I myself got to aware of those values and my own social responsibilities I wasn't aware of all these many years. I got to know a lot more than I did knew before this community development project.**

**(ii) Farmers agreed at point of using new chemical and machinery.**

**(iii) People realized the power of reliance as they have to get off their comfort zone to achieve something in life by understanding their individual responsibility.**

**(iv) Once people got knew about the scarcity of the food people face these days the people of the village promised me to minimize the food wastage.**

**(v) The children after understanding the importance of education in their lives started attending classes regularly with a keen interest.**

**(vii) Some of my friends and known people were inspired by my work for doing social work when they were helping me in taking photographs for my project .**

**(vii) As I was alone in this project the results were not noticeable on a larger scale though there was a huge level up in the understanding of the social responsibilities and its importance in young and elder people's mind too.**

## 6) Conclusion:

In my opinion, poverty is the main reason for hunger , whether is it poverty of an individual or of a whole nation. Government can't afford to support those in need for food and water there are some individual who can't afford their need due to lack of education which cause them to be unable to look for a source of income.

It can't be done without making all of the people in the world entirely self sufficient. The problem is that moving people from poverty into self-sufficiency requires an injection of resources that is totally reliant on an outside entity (government and charity handouts).

Those 30 days were like 30 gold coins for me. My prospective about the life of myself and others was completely changed. As I say goodbye I was experiencing something on my mind, a satisfaction of doing something good for others. Their blessing and little smiles that burden on their lips were the greatest reward for me.

Although there was a huge level of awareness difference from before and after but because of the lack of the social worker like me spreading the awareness lead to a very less visible change in the society. To have a good change on a large noticeable range, there is a requirement of a lot of social workers like me or at least one NGO should be working there.