

# TRIGONOMETRIC INTEGRATION AND TIPS

## TIPS FOR SIN AND COS

1.  $\int \sin^m x \cos^n x dx$

If  $n = \text{odd}$  and  $m = \text{even}$ ,

We can say that  $n = 2k + 1$

$$\int \sin^m x \cos^{2k+1} x dx$$

$$\int \sin^m x \cos^{2k} x \cos x dx$$

$$\int \sin^m x (\cos^2 x)^k \cos x dx$$

$$\int \sin^m x (1 - \sin^2 x)^k \cos x dx$$

From this point on, we can then decide to do the u-substitution with  
 $u = \sin x$

2. A similar method can be applied if  $m$  is odd and  $n$  is even

For that, we are going to end up with something like:

$$\int (1 - \cos^2 x)^k \cos^n x \sin x dx$$

3. When  $m$  and  $n$  are even ( $m=n=\text{even}$ )

We will use the half-angle formula

$$\frac{1}{2} \sin 2x = \sin x \cos x$$

4. If both are odd

$$\int \sin^m x \cos^n x dx$$

$$\int \sin^{m-1} x \cos^{n-1} x \sin x \cos x dx$$

$$\int \sin^{m-1} x (\cos^2 x)^{\frac{n-1}{2}} \sin x \cos x dx$$

$$\int \sin^{m-1} x (1 - \sin^2 x)^{\frac{n-1}{2}} \sin x \cos x dx$$

$$u = \sin x$$

$$du = \cos x dx$$

5.  $\int \frac{a \cos x + b \sin x}{c \cos x + d \sin x} dx = \left( \frac{ac + bd}{c^2 + d^2} \right) x + \left( \frac{ab - bc}{c^2 + d^2} \right) \ln |c \cos x + d \sin x| + k$

## QUESTIONS

1.  $\int \sin^5 x \, dx$  Answer:  $-\cos x + \frac{2}{3} \cos^3 x - \frac{1}{5} \cos^5 x + C$
2.  $\int \sin^6 x \, dx$
3.  $\int \sin^2 x \cos^2 x \, dx$
4.  $\int \sin^2 x \, dx$
5.  $\int \sin^3 x \, dx$
6.  $\int \sin^4 x \, dx$
7.  $\int \cos^2 x \sin^3 x \, dx$
8.  $\int \cos^3 x \, dx$
9.  $\int \cos^3 x \sin^2 x \, dx$
10.  $\int \sin x (\cos x)^{\frac{3}{2}} \, dx$
11.  $\int \sec^2 x \csc^2 x \, dx$
12.  $\int \frac{\sin x + 4 \cos x}{-3 \sin x - \cos x} \, dx$

## TIPS FOR SEC AND TAN

1. If both are even  $u = \tan x$  and bring out  $\sec^2 x$
2. If both are odd  $u = \sec x$  and bring out  $\sec x \tan x$

1.  $\int \tan^3 x \sec x \, dx$

## TRIGONOMETRIC SUBSTITUTION

Recall SOH CAH TOA

$$\sin \theta = \frac{\text{Opposite}}{\text{Hypotenuse}}$$

if  $z = a \sin \theta$

$$\sin \theta = \frac{z}{a}$$

$$\text{Adjacent} = \sqrt{a^2 - z^2}$$

Given an example,  $\sqrt{a^2 - z^2}$ ,  $z = a \sin \theta$

$$dz = a \cos \theta \, d\theta$$

$$\theta = \arcsin\left(\frac{z}{a}\right)$$

$$1 - \sin^2 x = \cos^2 x$$

1. When you have a question containing  $\sqrt{a^2 - z^2}$ ,  $z = a \sin \theta$

2. When you have a question containing 1 over  $\sqrt{a^2+z^2}$ ,  $z = a \sinh \theta$
3. When you have a question containing  $\sqrt{z^2-a^2}$ ,  $z = a \cosh \theta$
4. When you have a question containing root  $a^2+z^2$ ,  $z = a \tan \theta$
5. When you have a question containing  $z^2-a^2$ ,  $z = a \sec \theta$

$$\int \sqrt{a^2-z^2} dz = \frac{a^2}{2} \left[ \sin^{-1}\left(\frac{z}{a}\right) + \frac{z\sqrt{a^2-z^2}}{a^2} \right] + c$$

$$\int \sqrt{z^2+a^2} dz = \frac{a^2}{2} \left[ \sinh^{-1}\left(\frac{z}{a}\right) + \frac{z\sqrt{z^2+a^2}}{a^2} \right] + c$$

$$\int \sqrt{z^2-a^2} dz = \frac{a^2}{2} \left[ -\cosh^{-1}\left(\frac{z}{a}\right) + \frac{z\sqrt{z^2-a^2}}{a^2} \right] + c$$

## REDUCTION FORMULAE

Note the recursion formulae of the following

1. The reduction formula for sine  $\int \sin^n x dx = \frac{-1}{n} \cos(x) \sin^{n-1}(x) + \frac{n-1}{n} \int \sin^{n-2}(x) dx$ . To prove

the reduction formula of sin,

$$\int \sin^n dx = \int \sin^{n-1} x \sin x dx$$

The you solve by parts

2. The reduction formula for cosine  $\int \cos^n x dx = \frac{1}{n} \sin(x) \cos^{n-1}(x) + \frac{n-1}{n} \int \cos^{n-2}(x) dx$

3. The reduction formula for secant  $\int \sec^n x = \frac{\sec^{n-2} x \tan x}{n-1} + \frac{n-2}{n-1} \int \sec^{n-2} x dx$

It should be noted that the reduction formula for secant doesn't work if n=1

4. The reduction formula for tangent  $\int \tan^n x dx = \frac{\tan^{n-1} x}{n-1} - \int \tan^{n-2} x dx$

## Questions

1.  $\int \tan x dx$  Answer:  $\ln|\sec x| + c$
2. Find the integral of  $\cot(x)$
3. Find the integral:  $\int \tan^5(x) dx$

Solutions

1.  $\int \frac{\sin x}{\cos x} dx$

Let  $u = \cos x$

$$\ln(\cos x)^{-1} + c$$

$$\ln\left|\frac{1}{\cos x}\right| + c$$

$$\ln|\sec x| + c$$

$$2. \int \cot(x) dx$$

$$\cot(x) = \frac{\cos(x)}{\sin(x)}$$

$$\int \cot(x) dx = \int \frac{\cos(x)}{\sin(x)} dx$$

$$\text{Let } u = \sin(x)$$

$$\frac{du}{dx} = \cos(x)$$

$$dx = \frac{du}{\cos(x)}$$

3. Typically, you will want to bring out a  $\tan^2 x$ . This is because of the identity

$$\tan^2(x) = \sec^2(x) - 1$$

$$\int \tan^5(x) dx = \int \tan^3(x) \tan^2(x) dx$$

$$\int \tan^3(x) \tan^2(x) dx = \int \tan^3(x) [\sec^2(x) - 1] dx$$

$$\int \tan^3(x) \sec^2(x) dx - \int \tan^3(x) dx$$

$$\int \tan^3(x) \sec^2(x) dx - \int \tan(x) \tan^2(x) dx$$

$$\int \tan^3(x) \sec^2(x) dx - \int \tan(x) (\sec^2(x) - 1) dx$$

$$\int \tan^3(x) \sec^2(x) dx - \int \tan(x) \sec^2(x) dx + \int \tan(x) dx$$

Next we use the substitution method.

$$\text{For the first 2, let } u = \tan(x)$$

$$\frac{du}{dx} = \sec^2(x)$$

$$dx = \frac{du}{\sec^2(x)}$$

$$\int \tan^3(x) \sec^2(x) dx - \int \tan(x) \sec^2(x) dx + \int \tan(x) dx = \int u^3 \sec^2(x) \frac{du}{\sec^2(x)} - \int u \sec^2(x) \frac{du}{\sec^2(x)} + \ln|\sec(x)|$$

$$\text{Recall that } \int \tan(x) dx = \ln|\sec x| + c$$

$$\int u^3 du - \int u du + \ln|\sec(x)|$$

After solving sha, you should have an answer:

$$\frac{1}{4} \tan^4(x) - \frac{1}{2} \tan^2(x) + \ln|\sec(x)| + c$$

$$7. \int x \sqrt{1+x^2} dx$$

# WEIERSTRASS SUBSTITUTION

This is also called the **t-sub** method

$$t = \tan\left(\frac{x}{2}\right)$$

$$dx = \frac{2dt}{1+t^2}$$

$$\sin x = 2 \frac{t}{1+t^2}$$

$$\cos x = \frac{1-t^2}{1+t^2}$$

$$\tan x = \frac{\sin x}{\cos x}$$

$$\tan x = \frac{2t}{1-t^2}$$

## QUESTIONS

1.  $\int \frac{1}{2+\cos x} dx$