



Cincinnati Select Girls' Team

Coaches: Dave Fry

Who is Belle?

Belle is Cincinnati's select girls' high school traveling ultimate Frisbee team. Our season runs from the end of April until the middle of August. We practice twice a week and travel to 4 tournaments throughout the Midwest playing teams from all over the nation..

Why play?

- Improve your game by learning from some of Cincinnati's best ultimate club players.
- Make new friends through Belle, Flying Pig (Cincinnati Select Men's Team), and teams we compete against.
- Travel the Midwest playing competition from all over the country.
- Keep in shape over the summer. Belle is great summer cross training for participation in other sports.
- Compete for the North American Youth Club Championship Title.

How do I try out?

Reserve your place at the tryouts by registering at
www.cincyselectultimate.com/

Tryouts dates:

Saturday, April 30, 1-4PM
Saturday, May 7, 1-4PM

Location:

Dulle Park
10530 Deerfield Rd.
Montgomery, OH

Find out all about the team at www.cincyselectultimate.com/ or contact Joel at lakotaultimate@yahoo.com or Dave at frydc@me.com.