

Come play

Ultimate Frisbee

In the Hawaii Ultimate League Association (HULA)'s new

Learning League

Mondays, 7:00 p.m.
at Kapa'olono Park in Kaimuki

@ the corner of 12th Ave. and Kilauea

If any of these descriptions fit, We want YOU!!

- You're an athlete without a sport
- You've heard of ultimate and want to see what it's all about
- You like to run around (we can teach you to throw in no time!)
- You like throwing a Frisbee (the running part comes easy)
- You've played pickup or intramural ultimate before, and would like to play more
- You like having fun and meeting cool new people

Ultimate combines the elements of football, soccer, and basketball. It emphasizes fun and good sportsmanship. It's COED! It's FREE!

The learning league is run by experienced players who want to share their favorite sport. Each week we'll spend an hour learning and perfecting skills and game strategy, followed by pick-up games to put what you learned into action.

Bring your friends!

And bring a light and a dark colored shirt. Cleats are helpful, too, if you have them!

For more information, go to www.hawaiiultimate.com or email hula_commish@hotmail.com
See you on the fields!

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