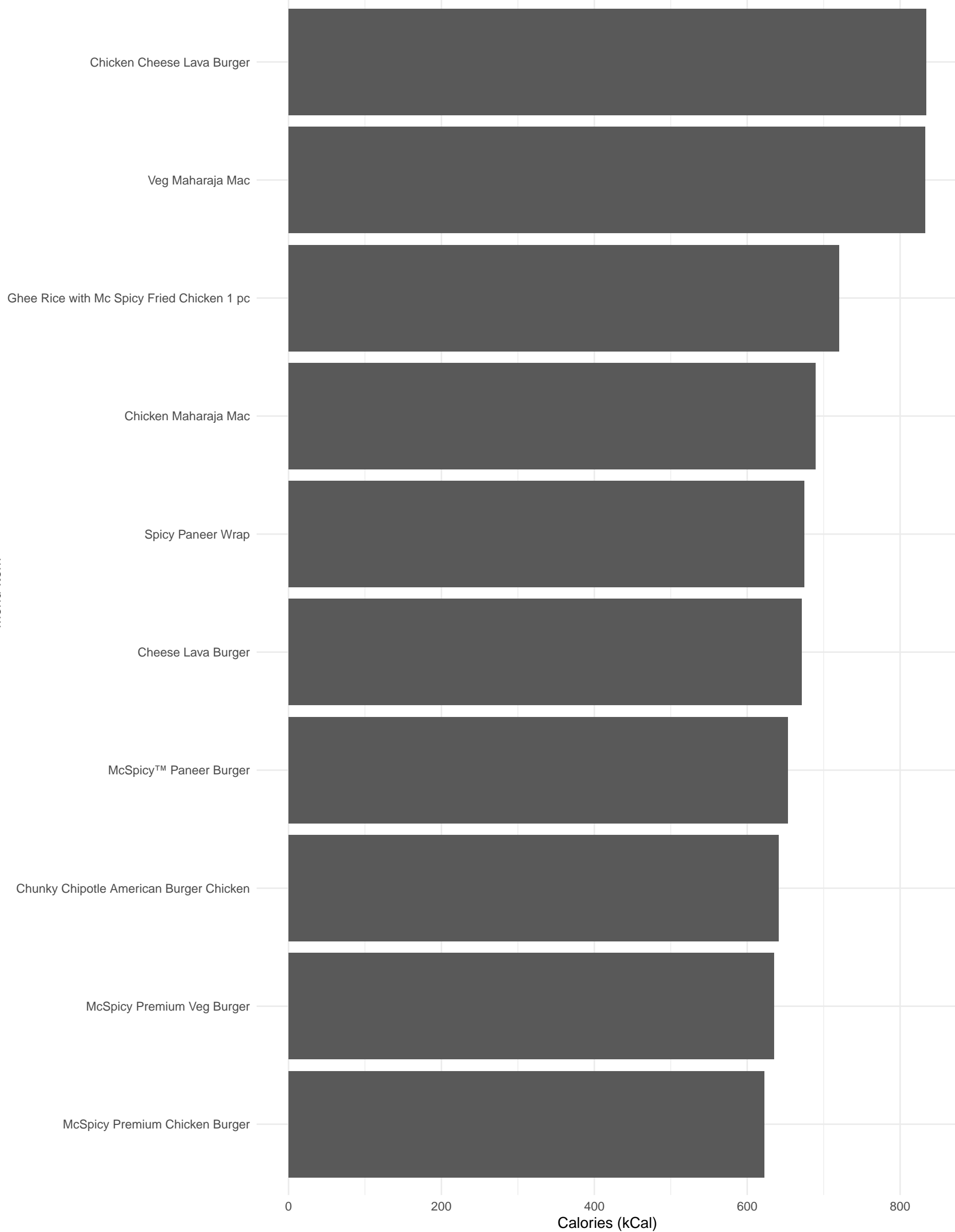
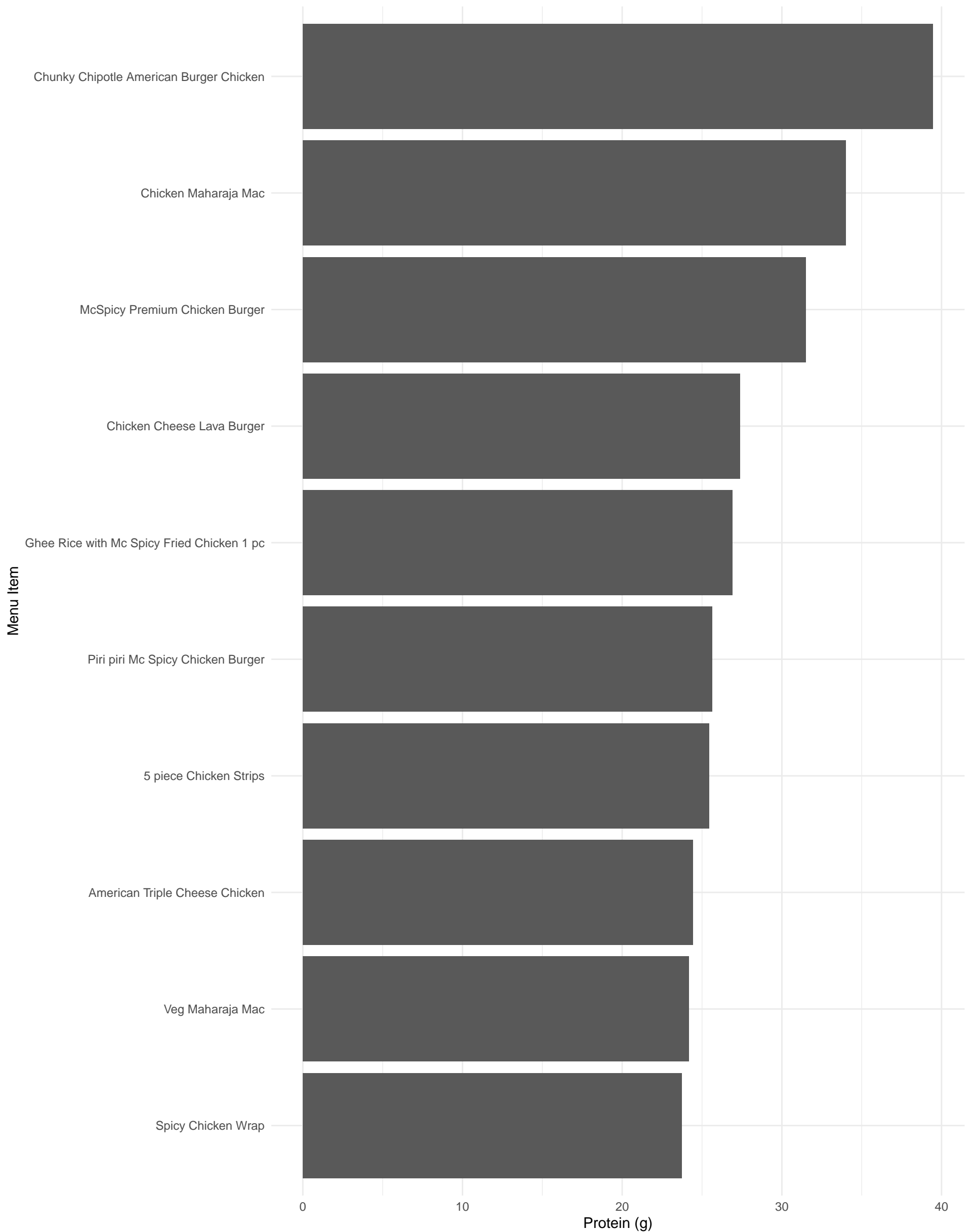


Top 10 Highest Calorie Items

Menu Item

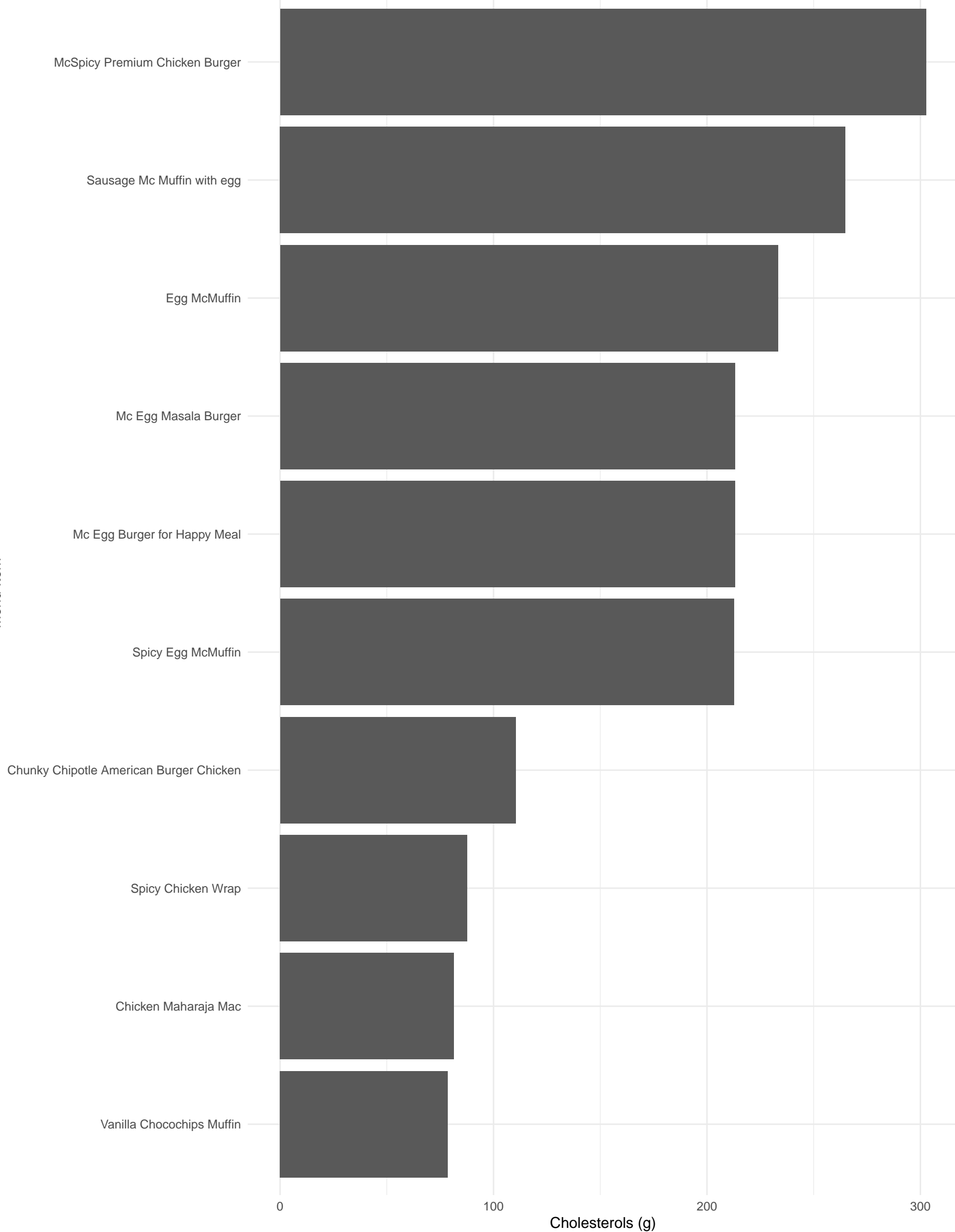


Top 10 Highest Protein Items



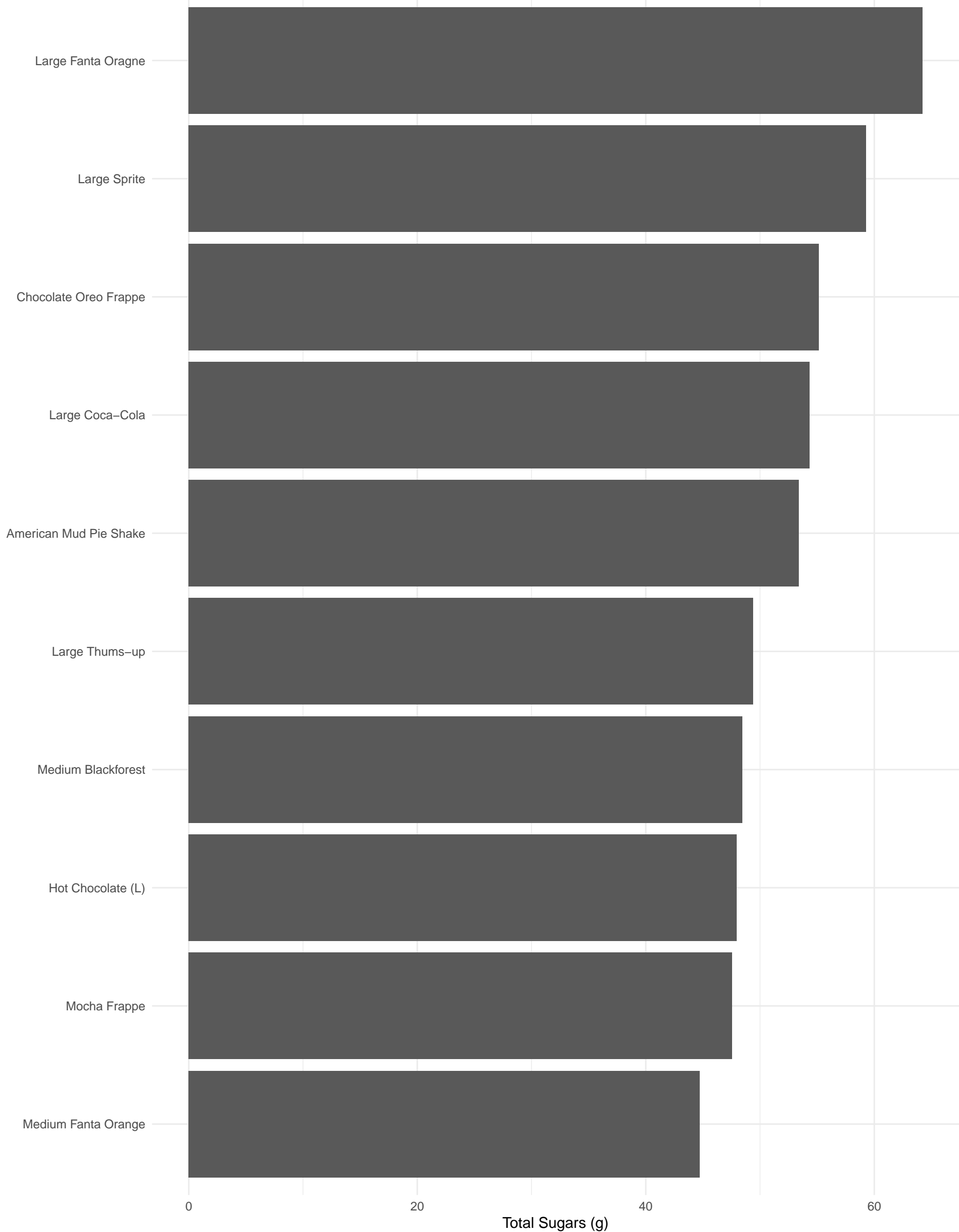
Top 10 Highest Cholesterol Items

Menu Item



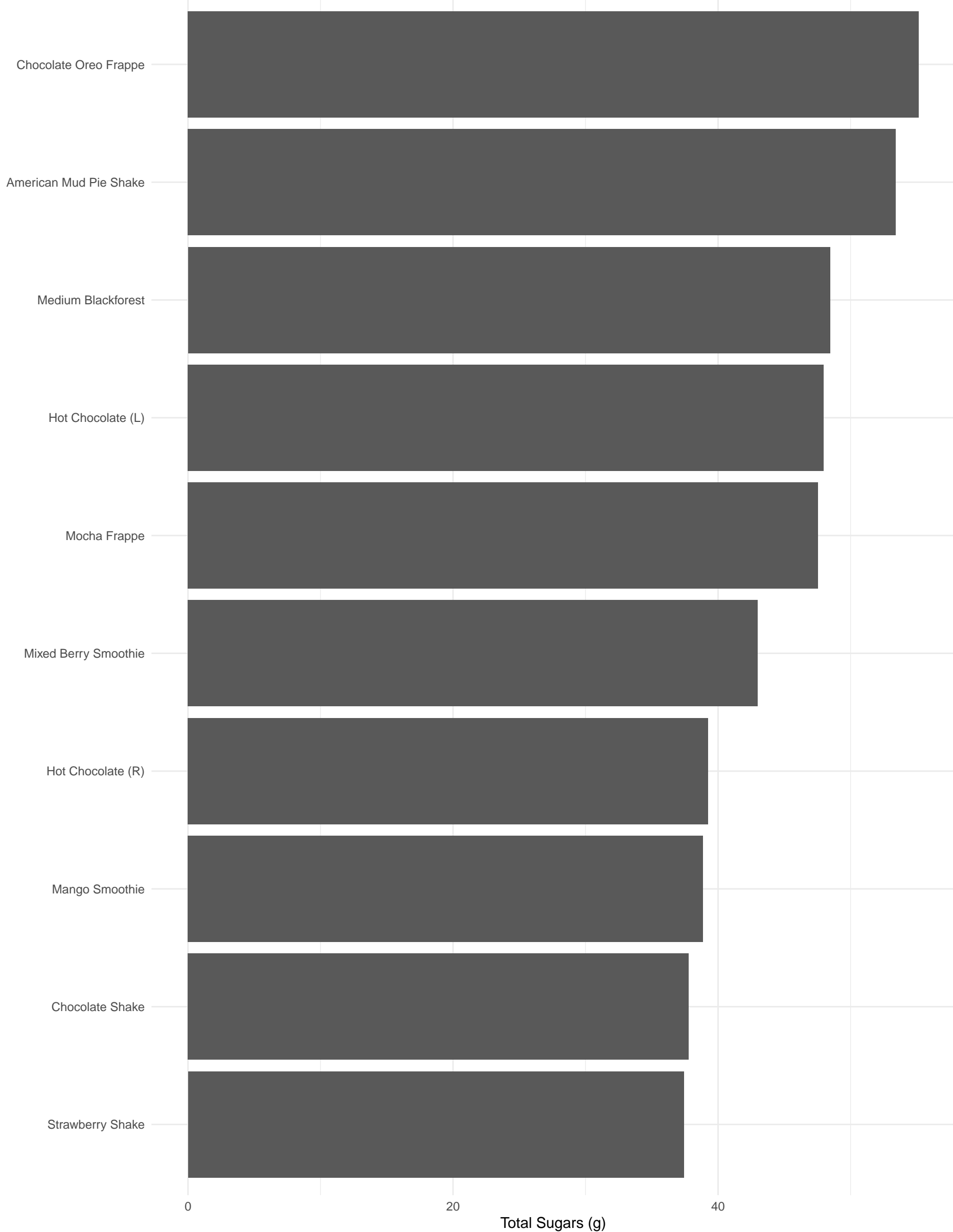
Top 10 Highest Total Sugars Items

Menu Item

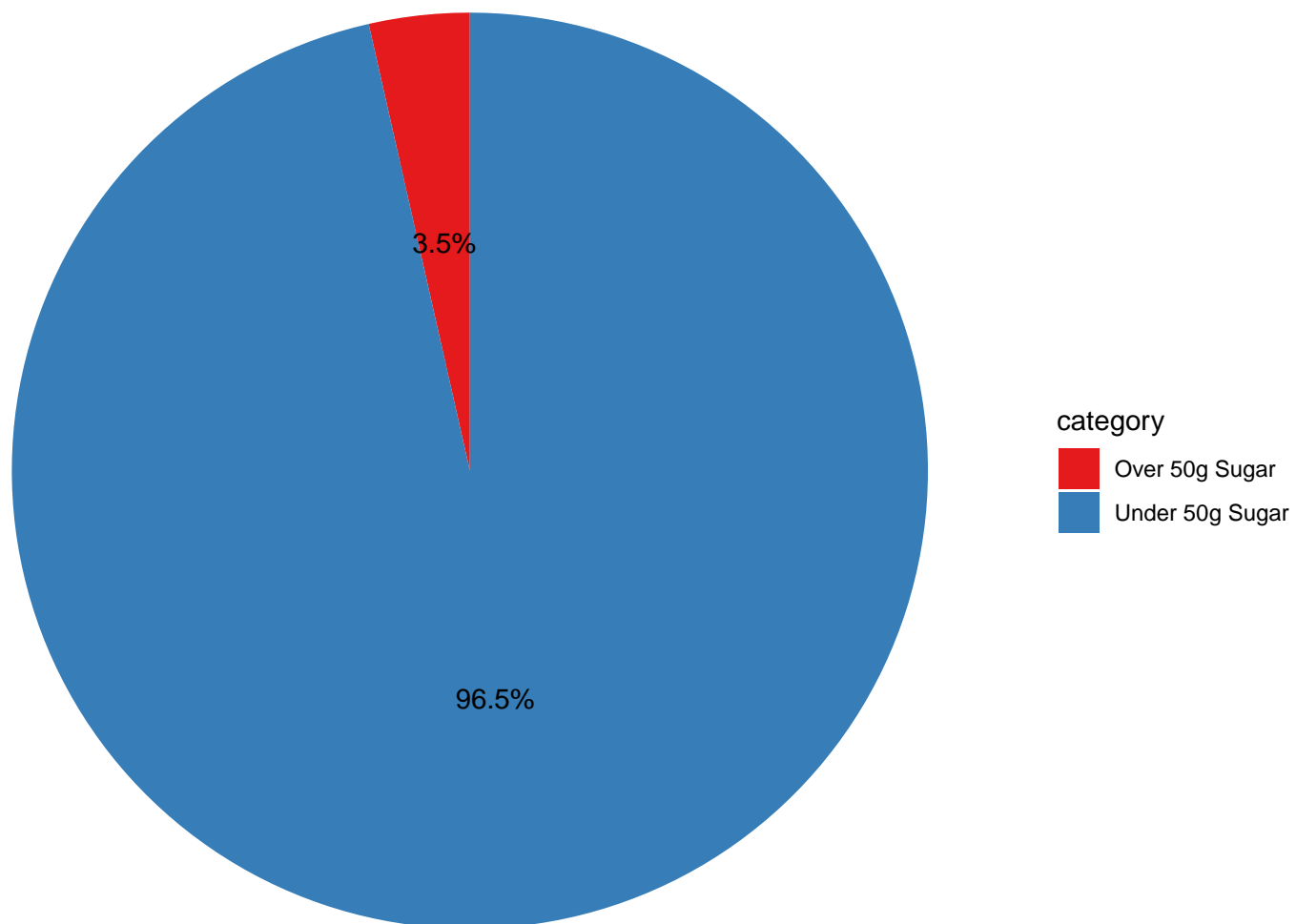


Top 10 Highest Total Sugars Items (Without drinks)

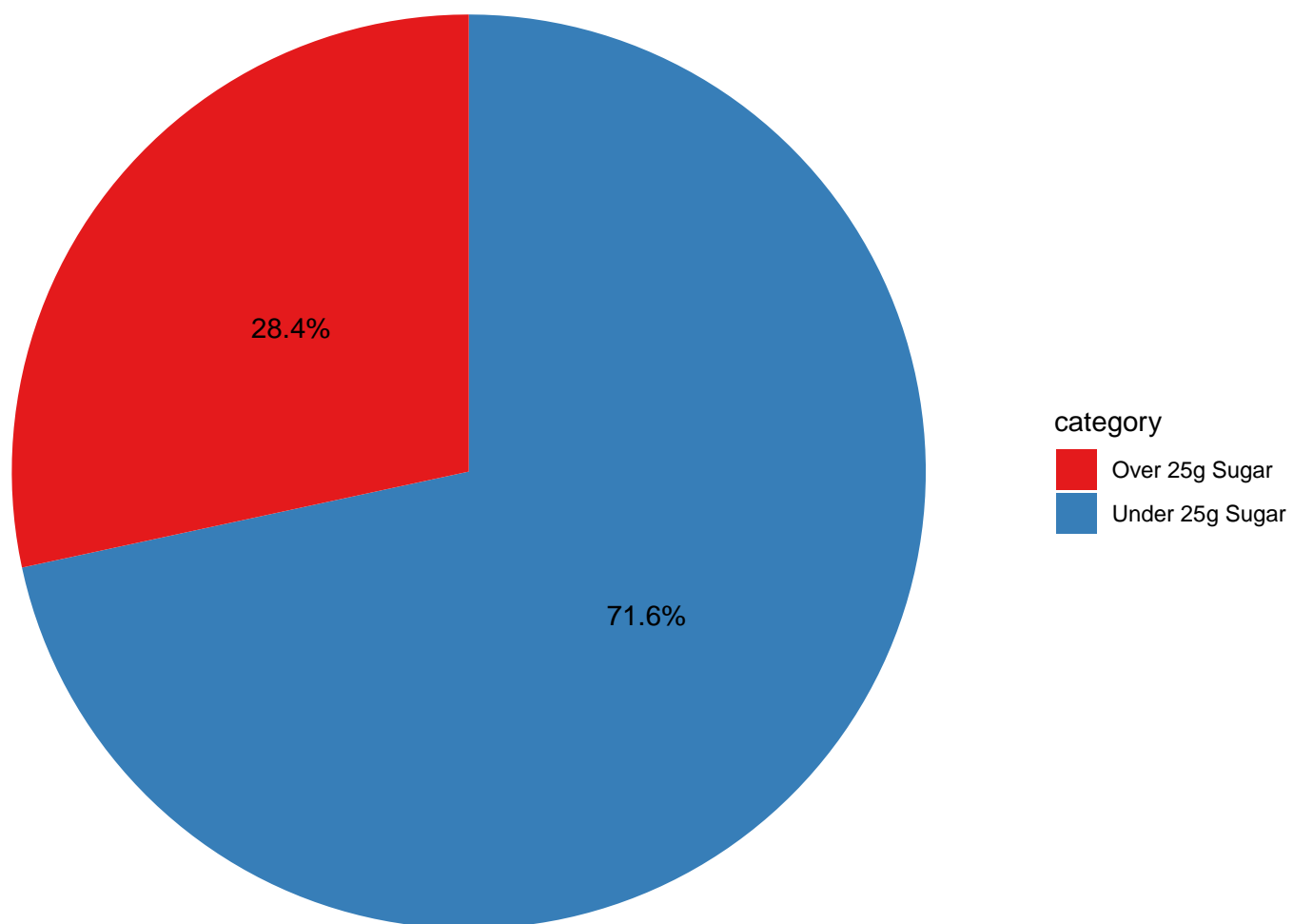
Menu Item



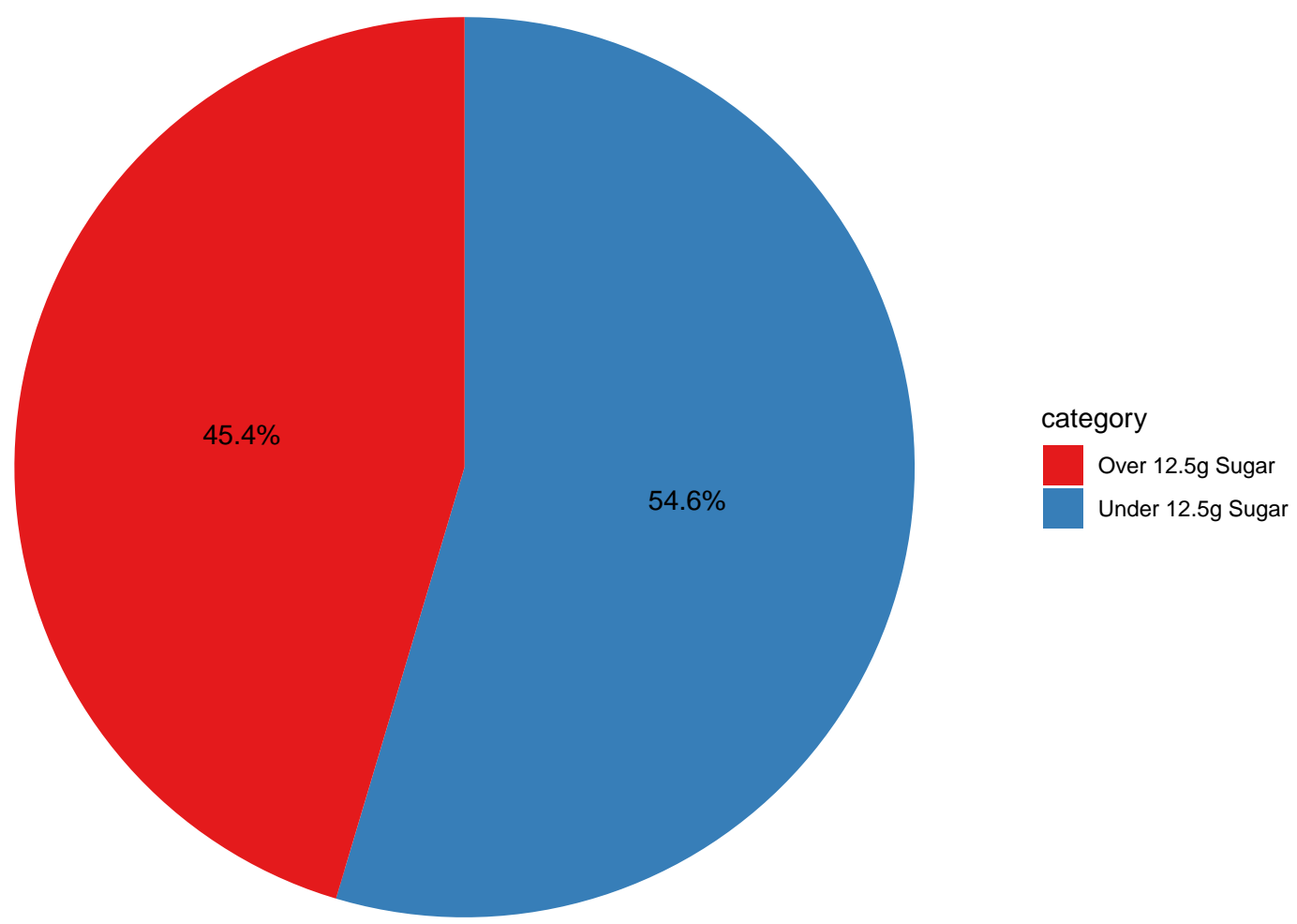
Items Compared to Daily Sugar Limit



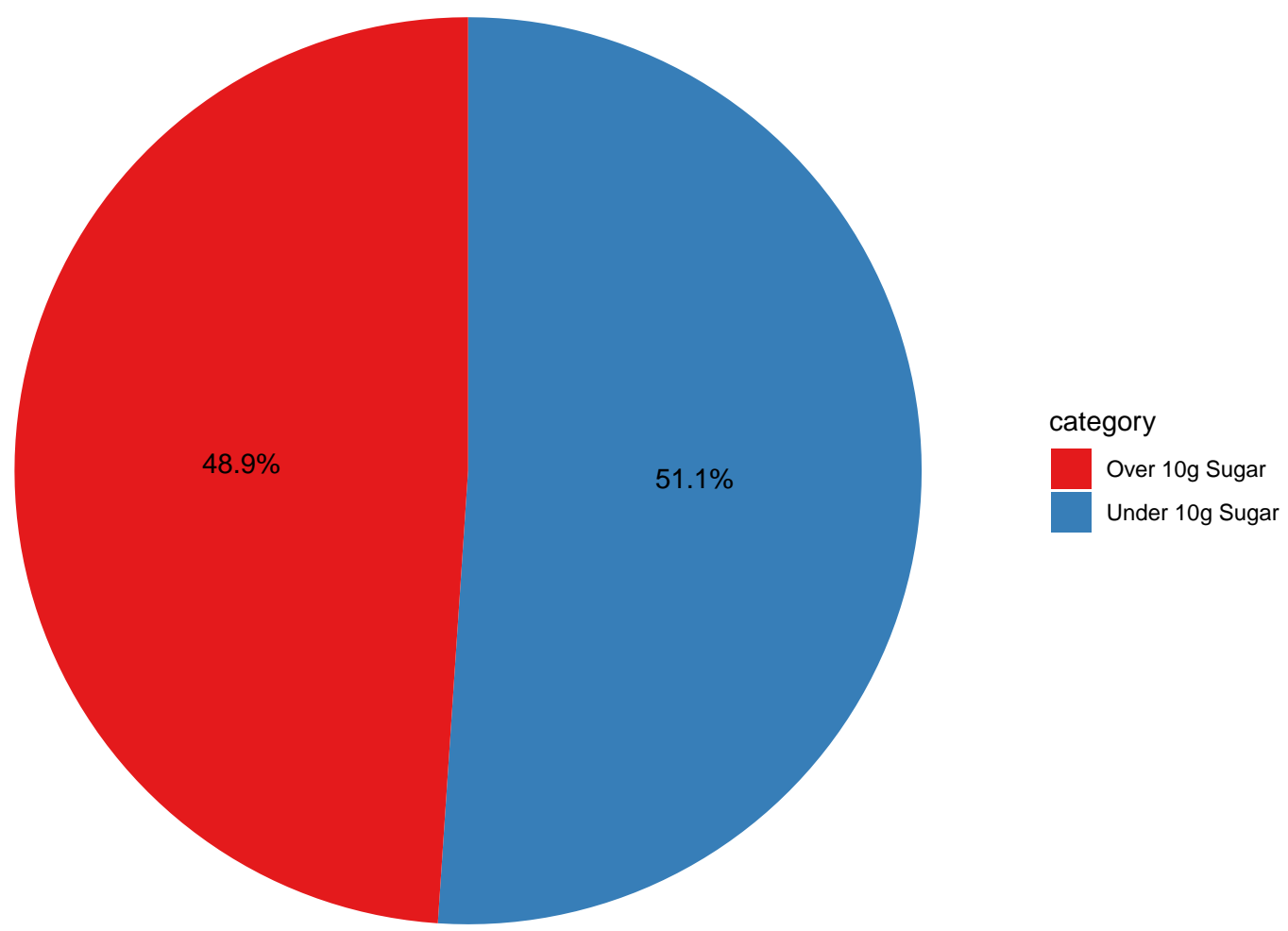
Items Under vs Over Half the Daily Sugar Limit (25g)



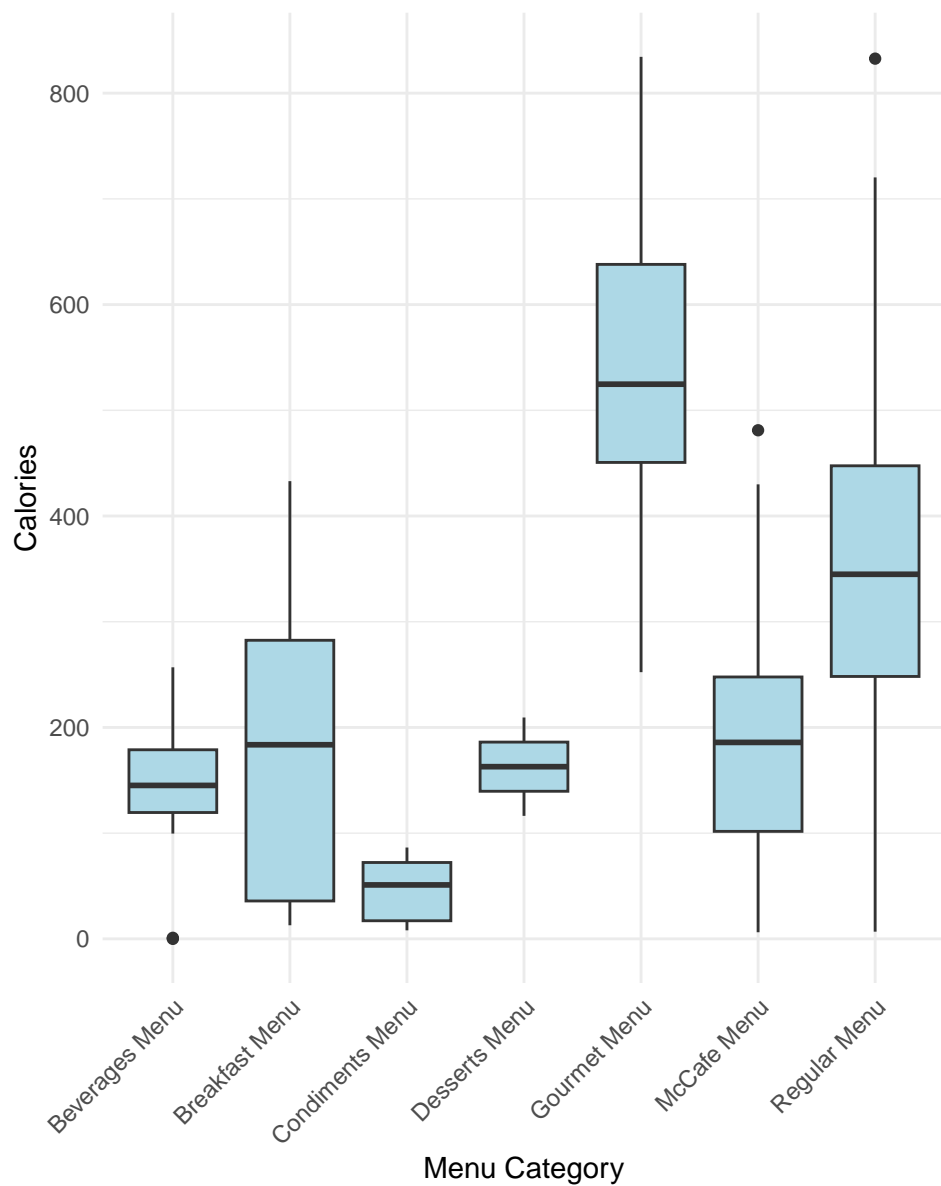
Items Under vs Over 12.5g Sugar (Quarter of Daily Limit)



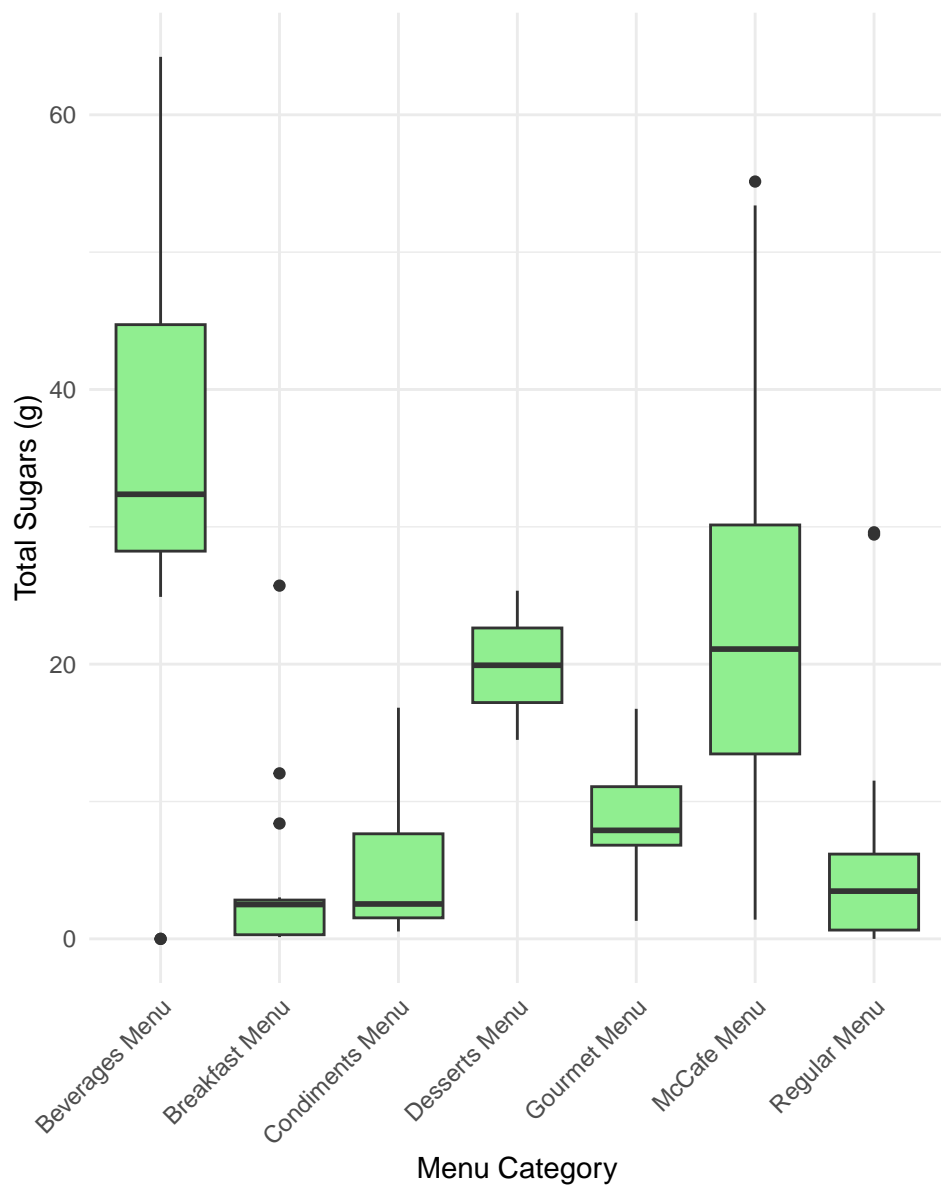
Items Compared to 10g Sugar Limit (1/5 Daily Limit)



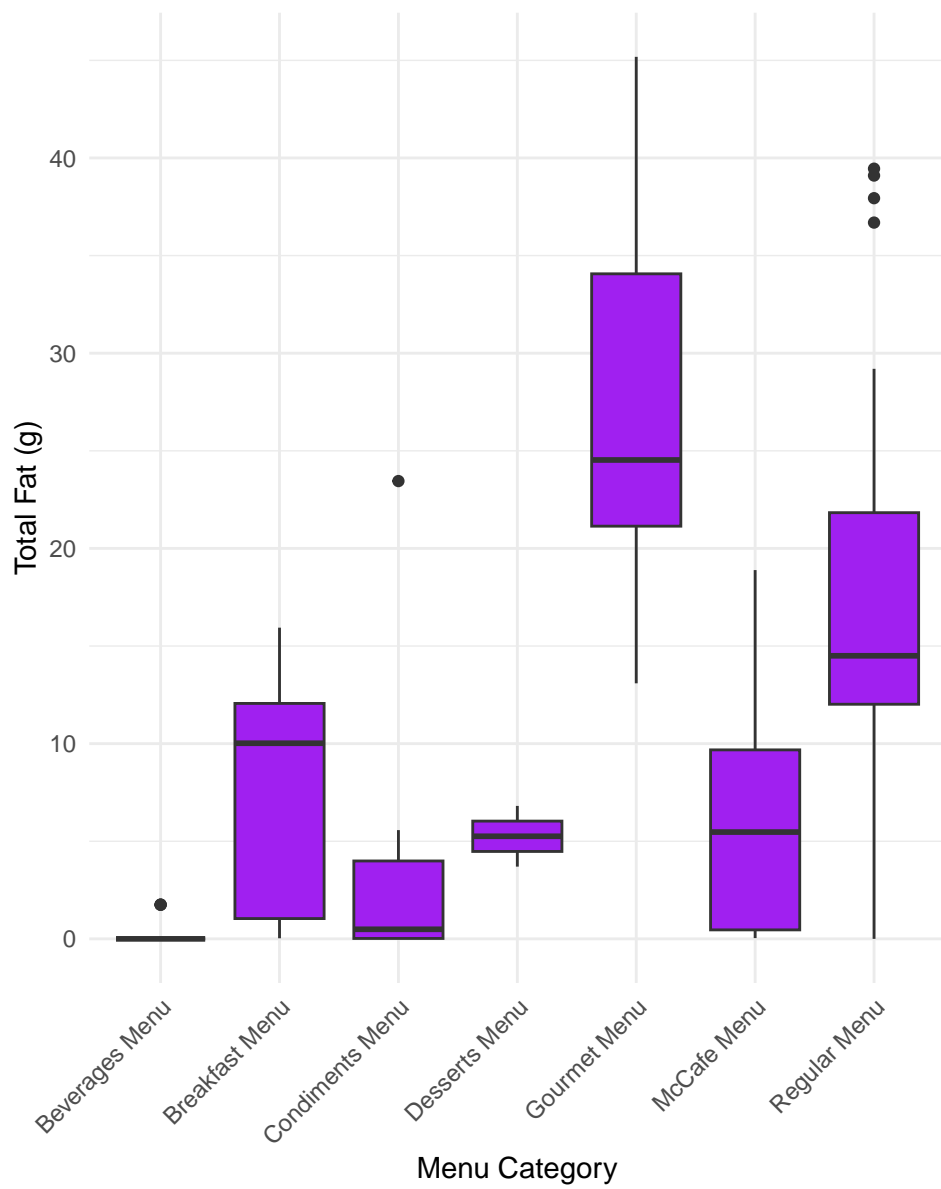
Calories by McDonald's Menu Category



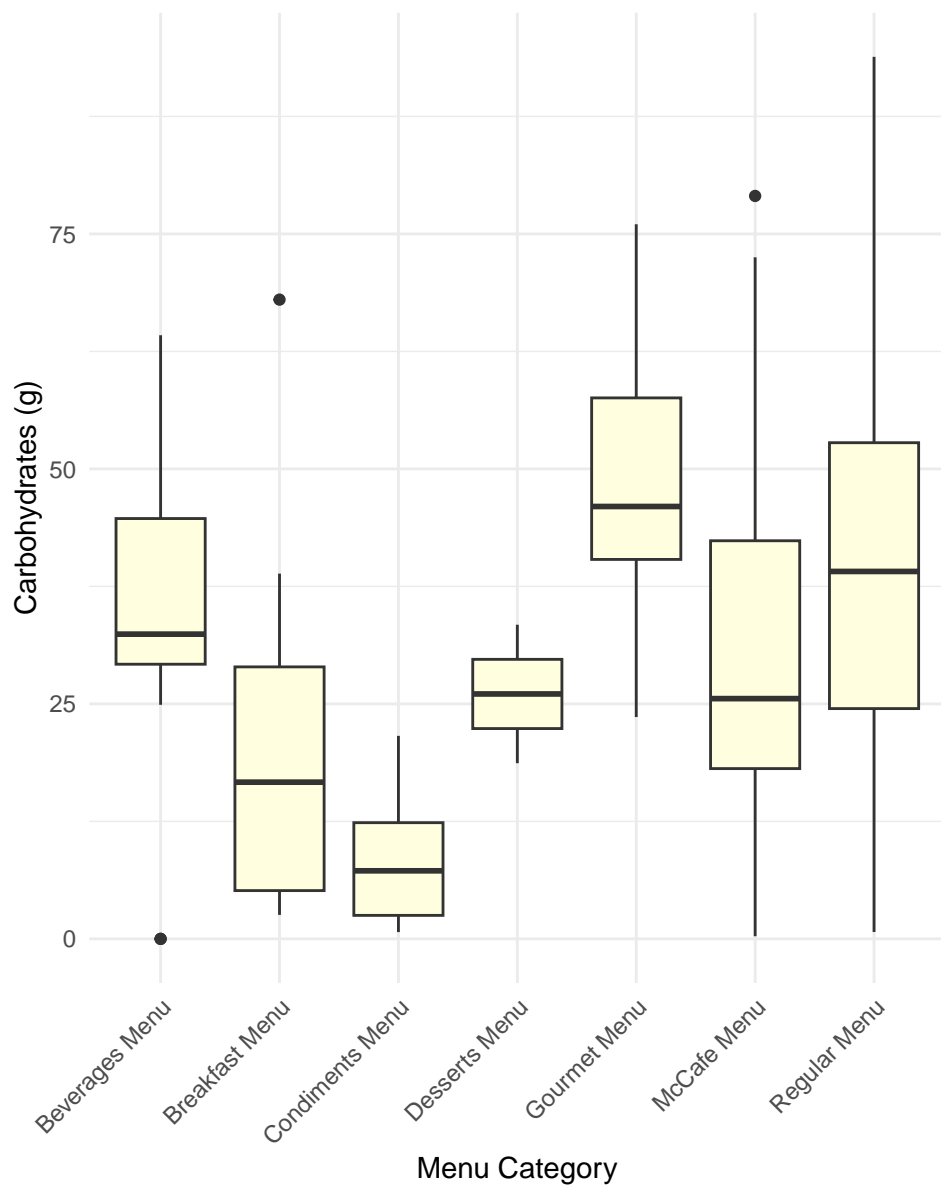
Total Sugars by McDonald's Menu Category



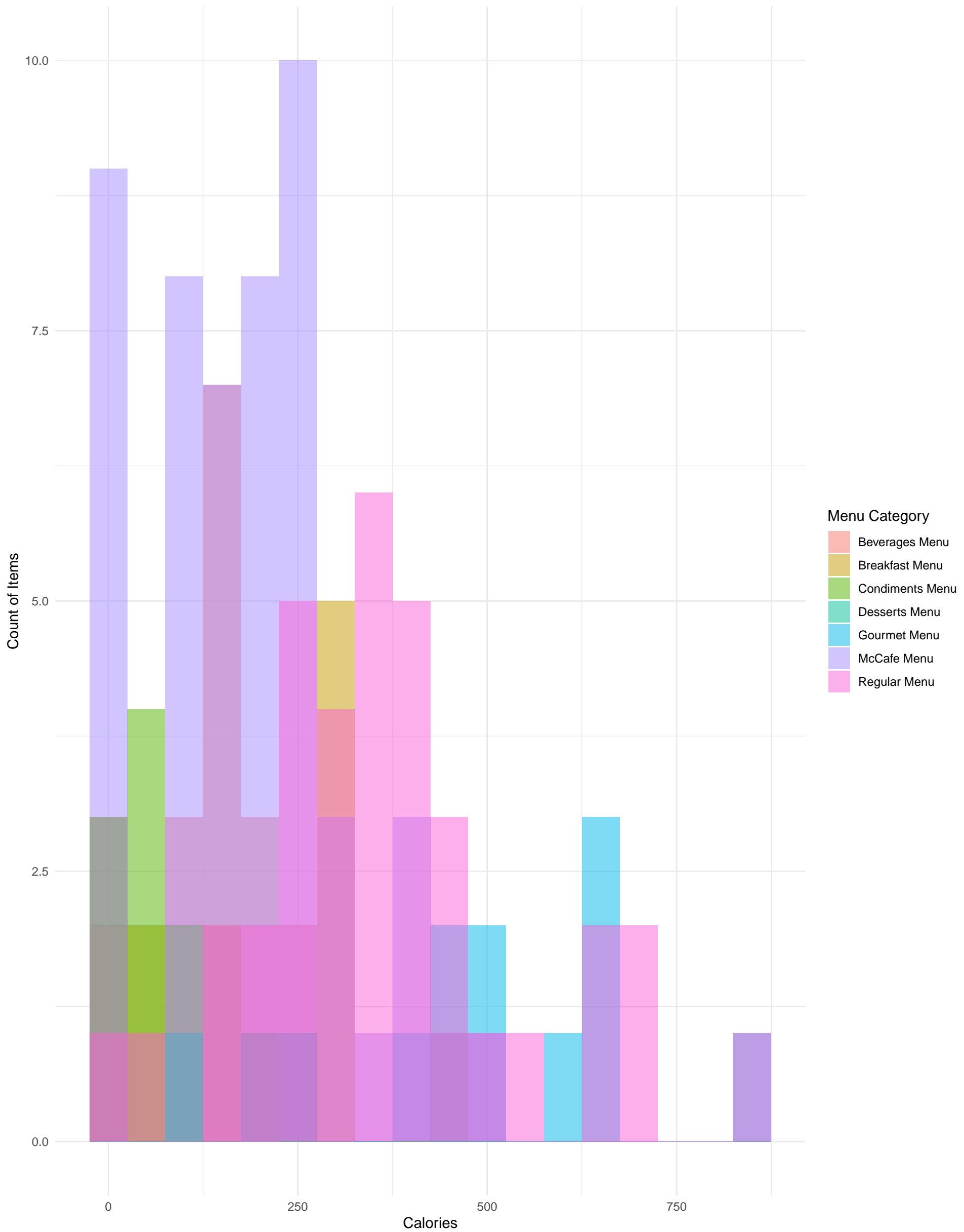
Total Fat by McDonald's Menu Category



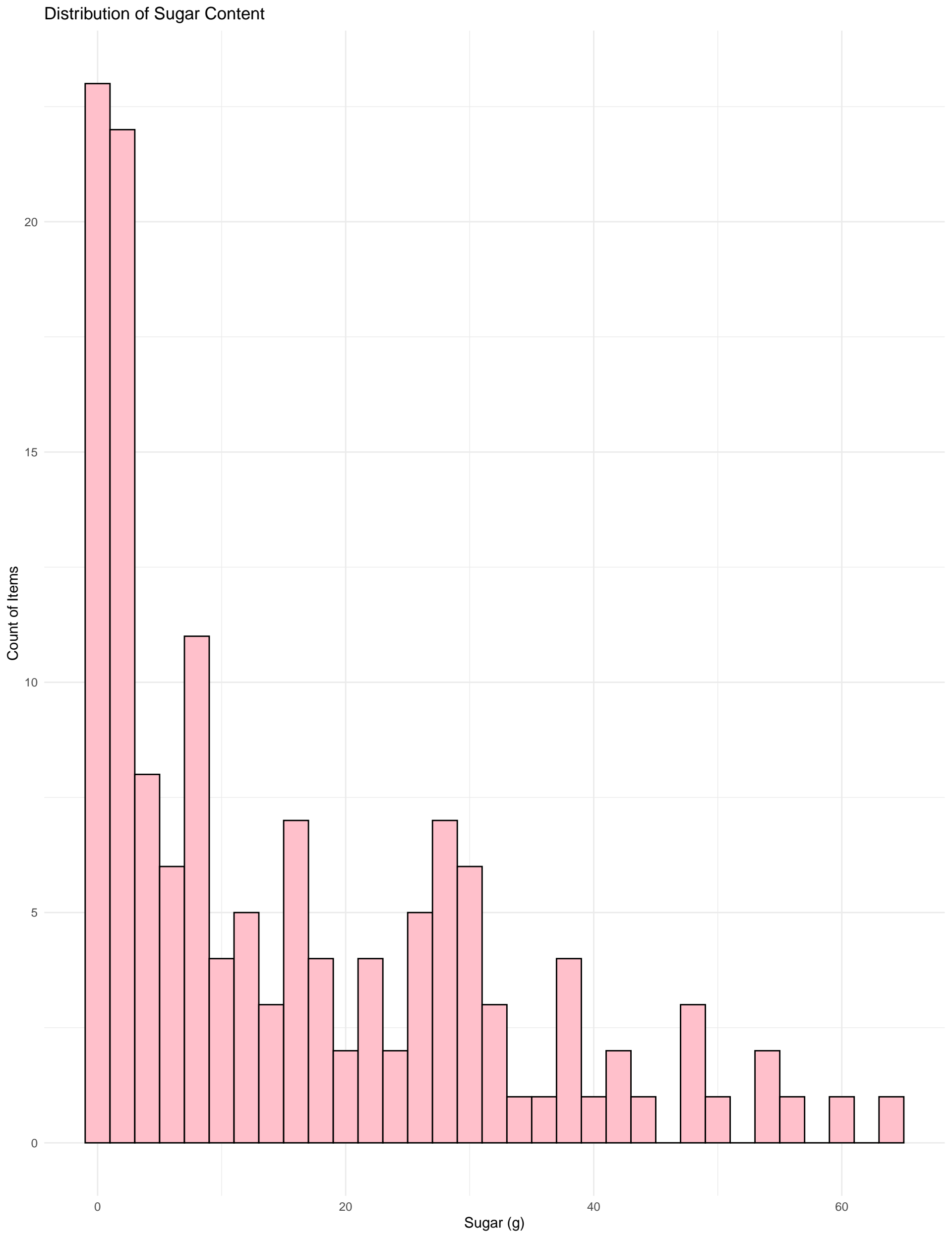
Carbohydrates by McDonald's Menu Category



Calories Distribution by Menu Category



Distribution of Sugar Content



Distribution of Calories by Menu Category

Menu Category

Regular Menu

McCafe Menu

Gourmet Menu

Desserts Menu

Condiments Menu

Breakfast Menu

Beverages Menu

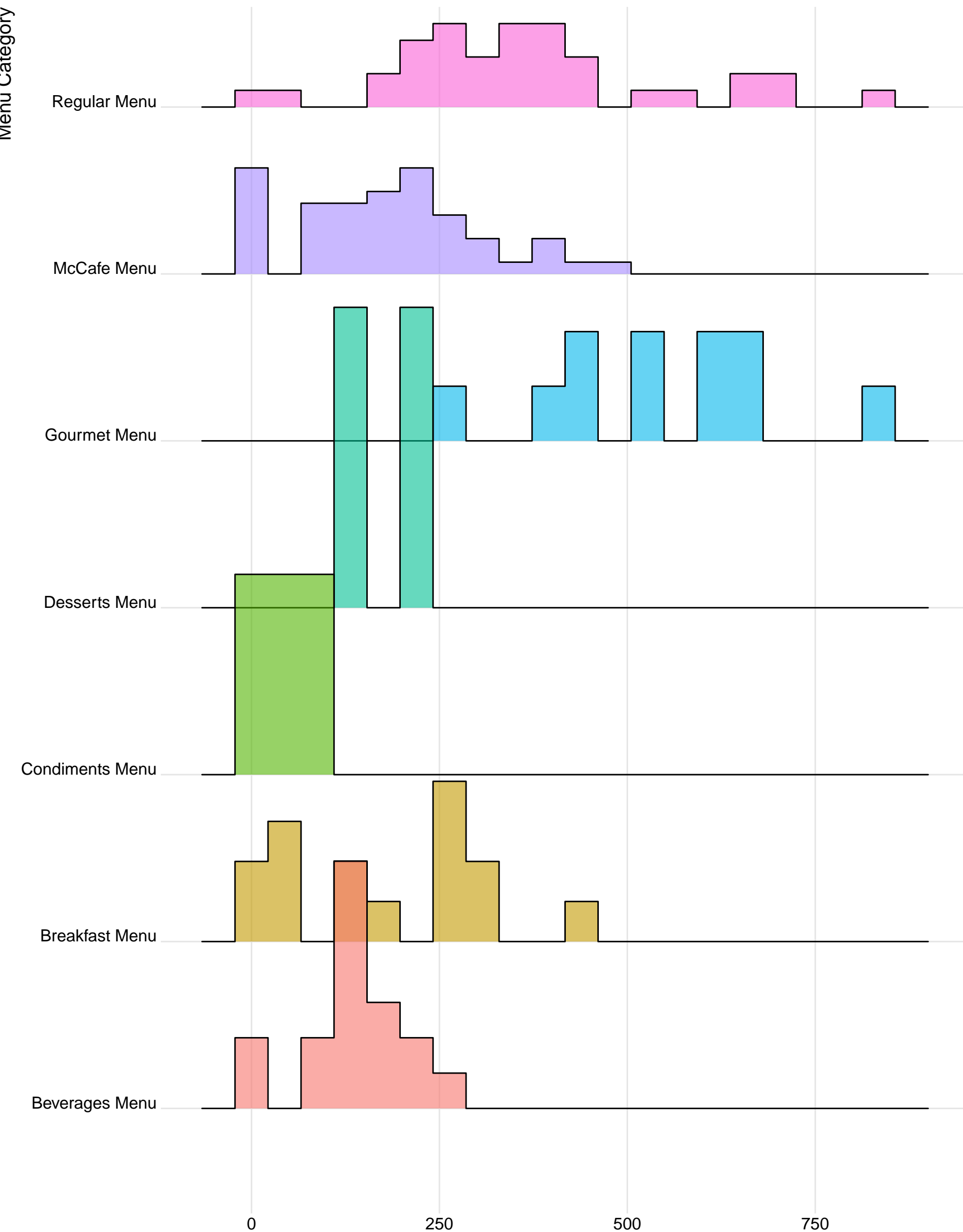
Calories

0

250

500

750



Distribution of Sugar Content by Menu Category

Menu Category

Regular Menu

McCafe Menu

Gourmet Menu

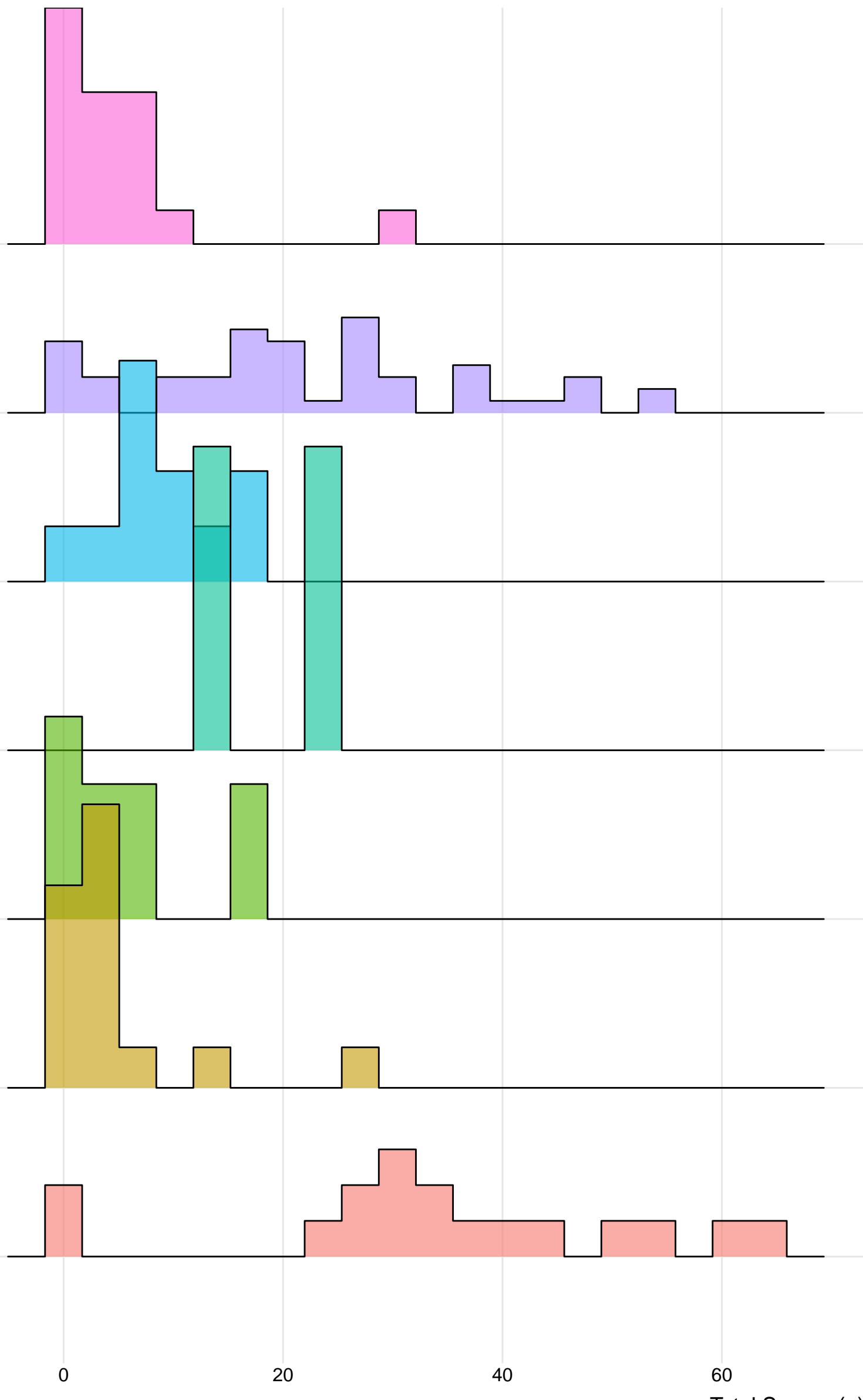
Desserts Menu

Condiments Menu

Breakfast Menu

Beverages Menu

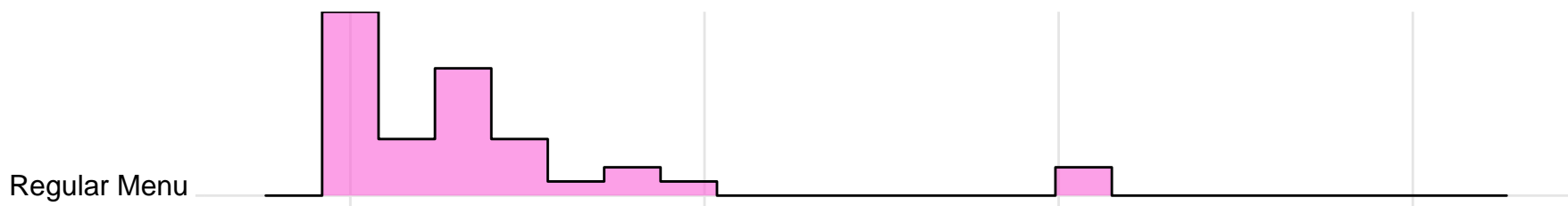
Total Sugars (g)



Distribution of Cholesterol by Menu Category

Menu Category

Regular Menu



McCafe Menu



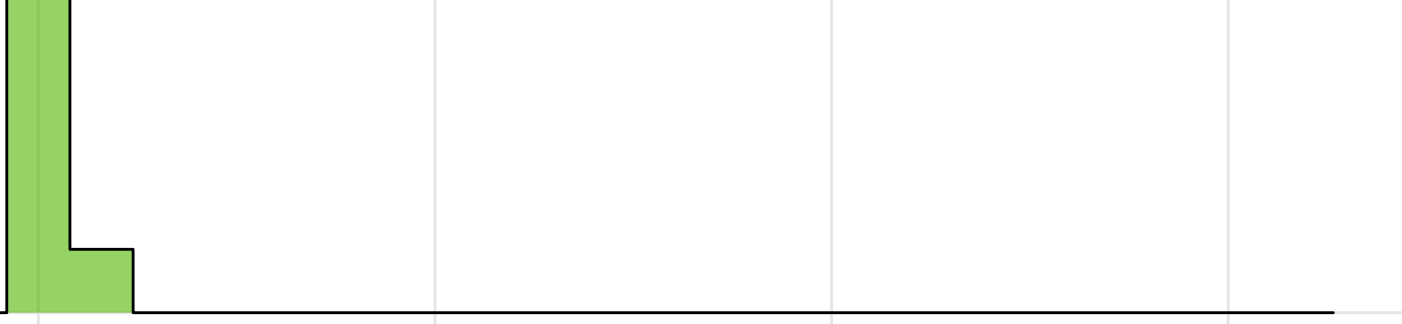
Gourmet Menu



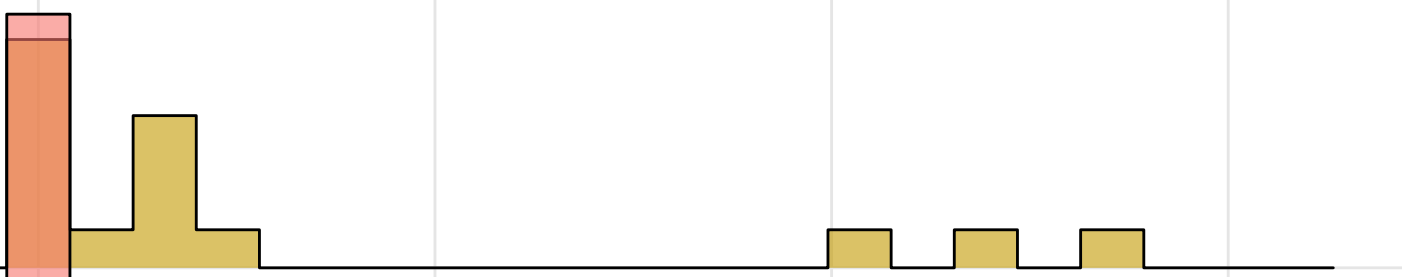
Desserts Menu



Condiments Menu



Breakfast Menu



Beverages Menu



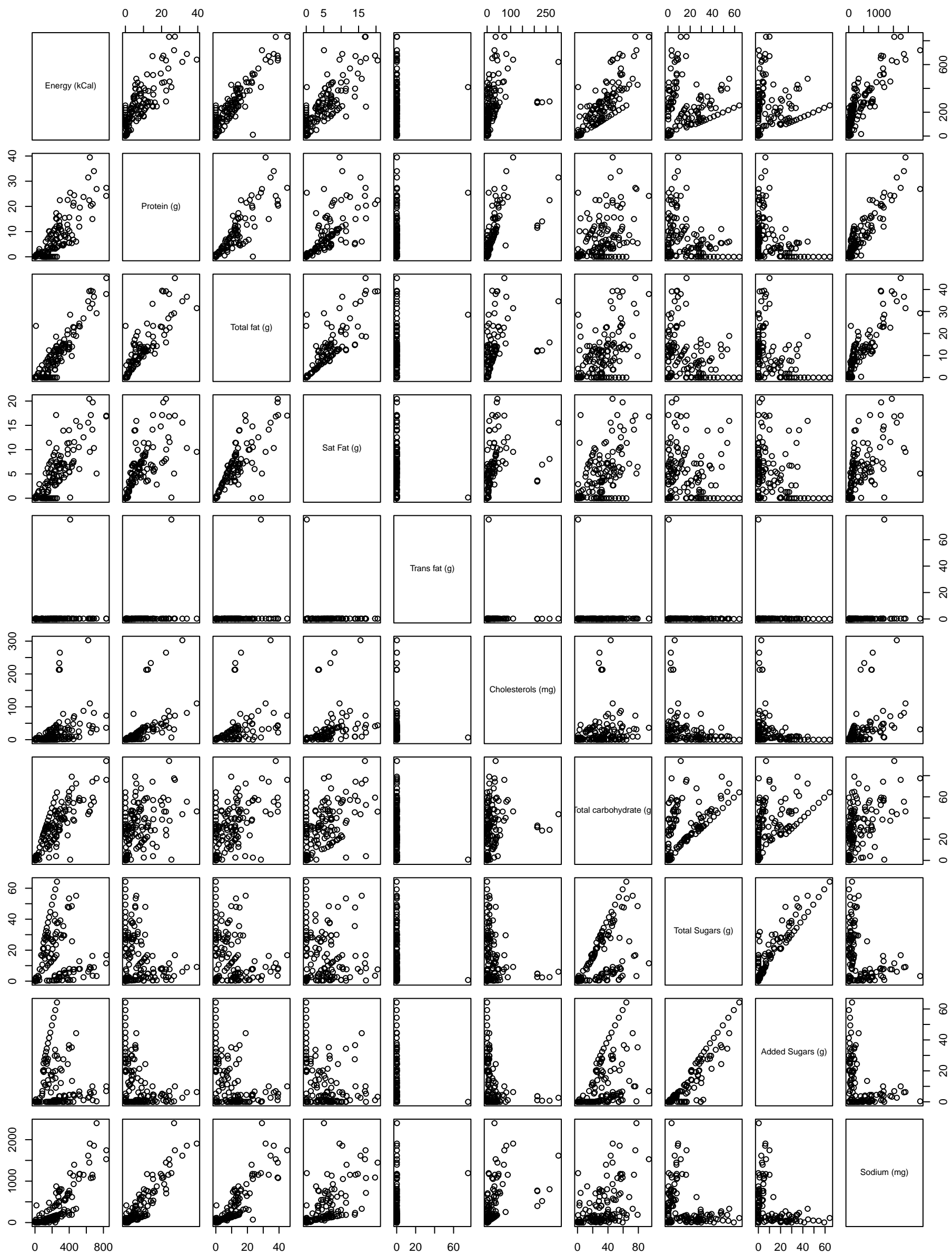
0

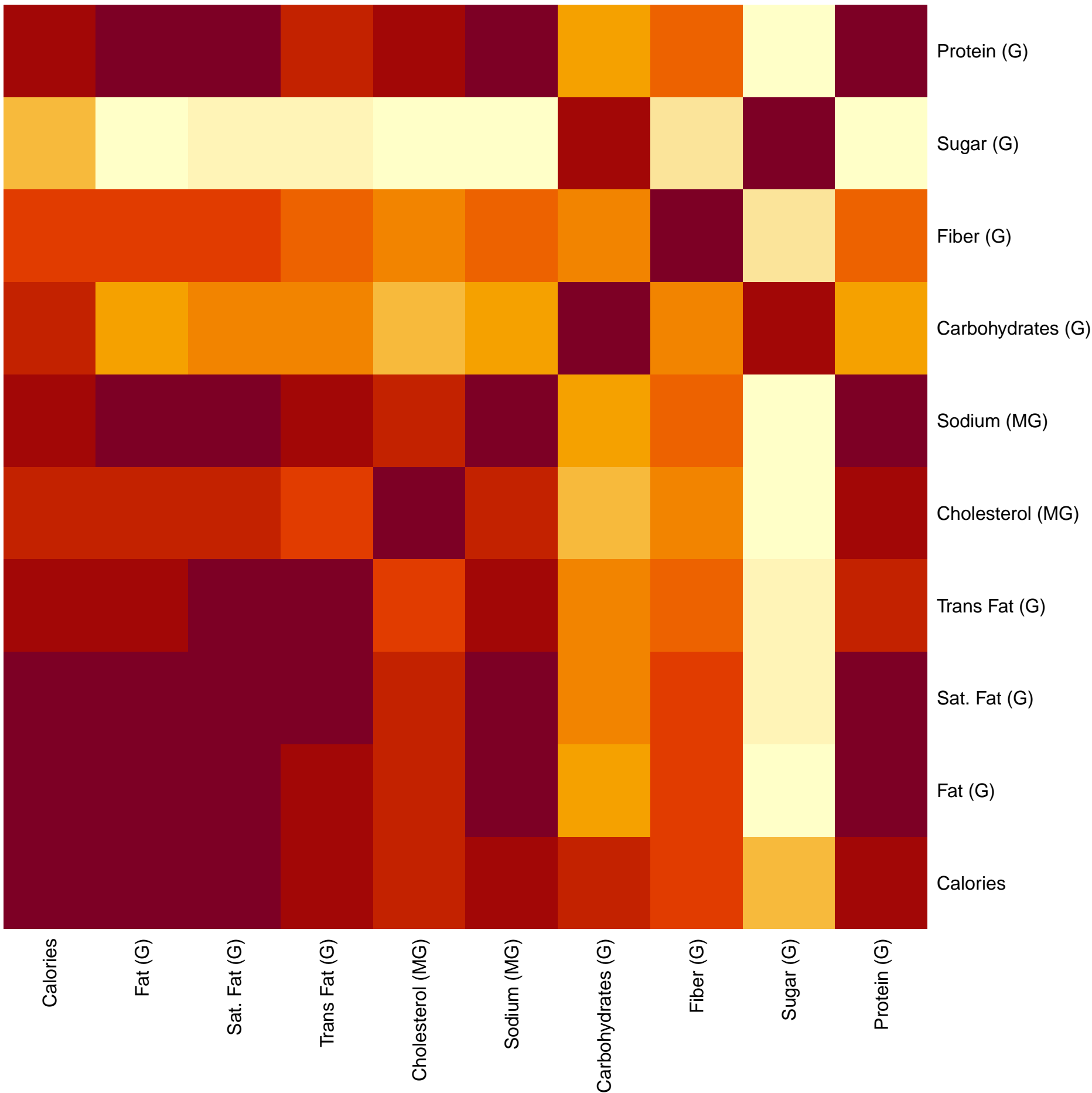
100

200

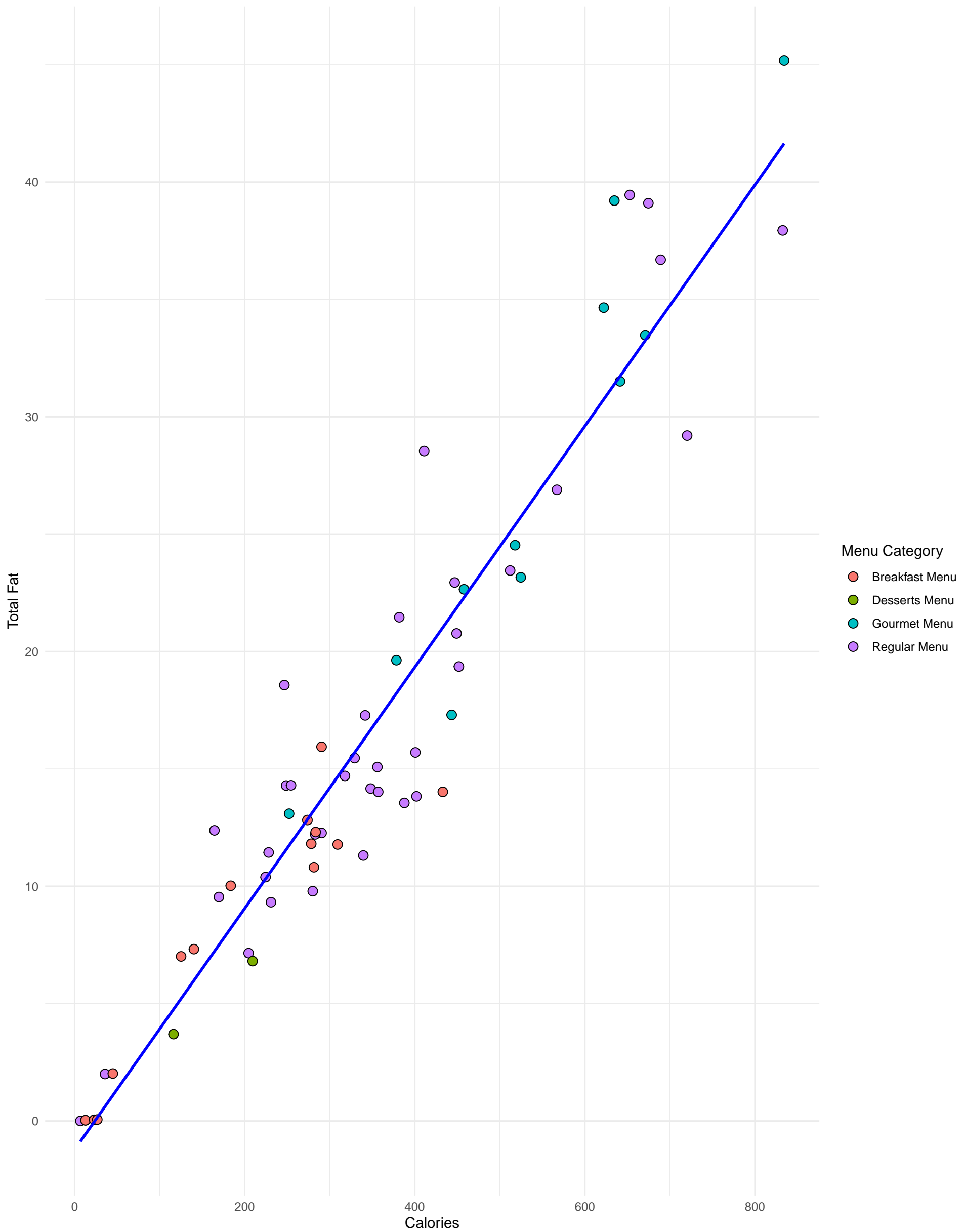
300

Cholesterol (mg)

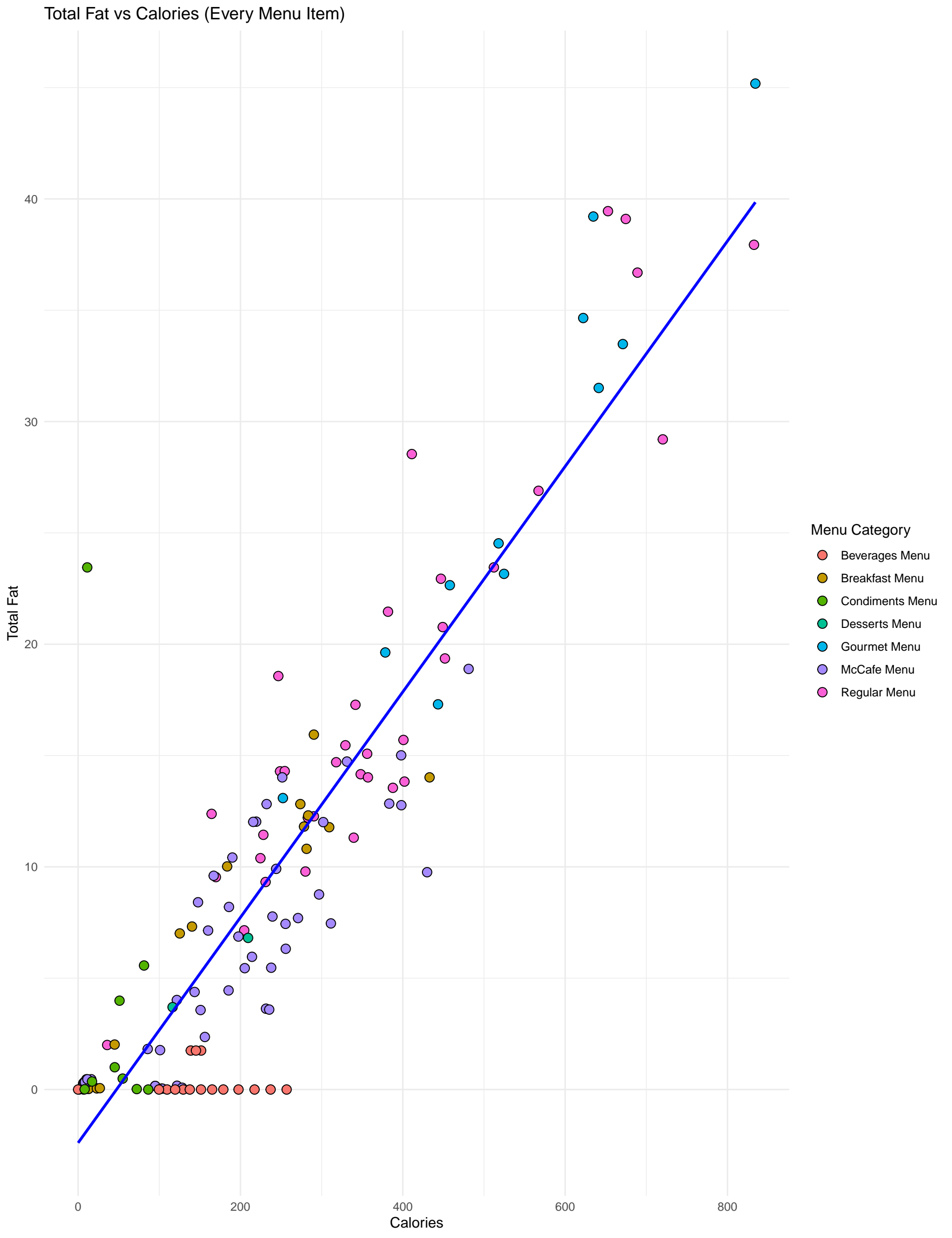




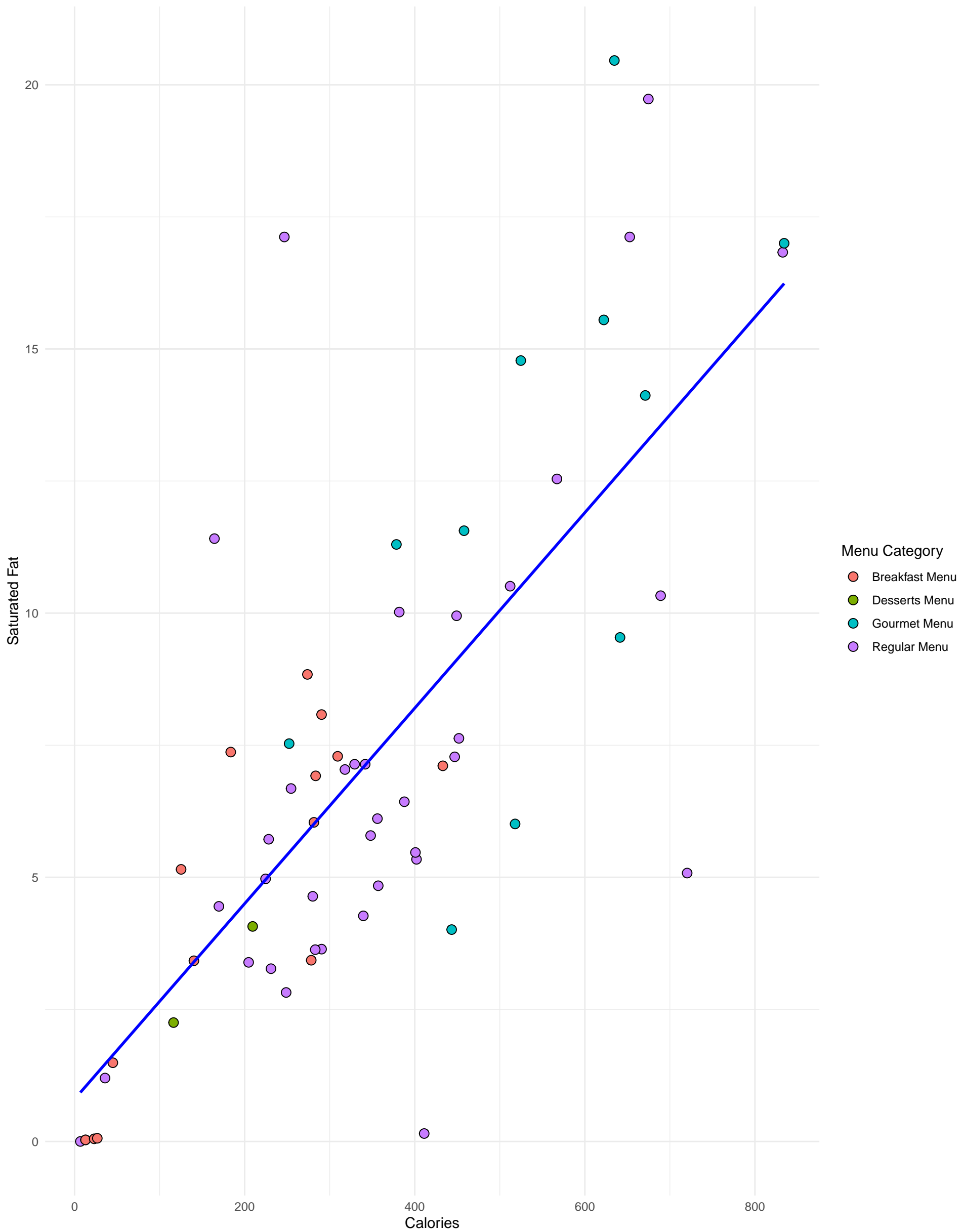
Total Fat vs Calories (excluding drinks, condiments, and cafe menu)



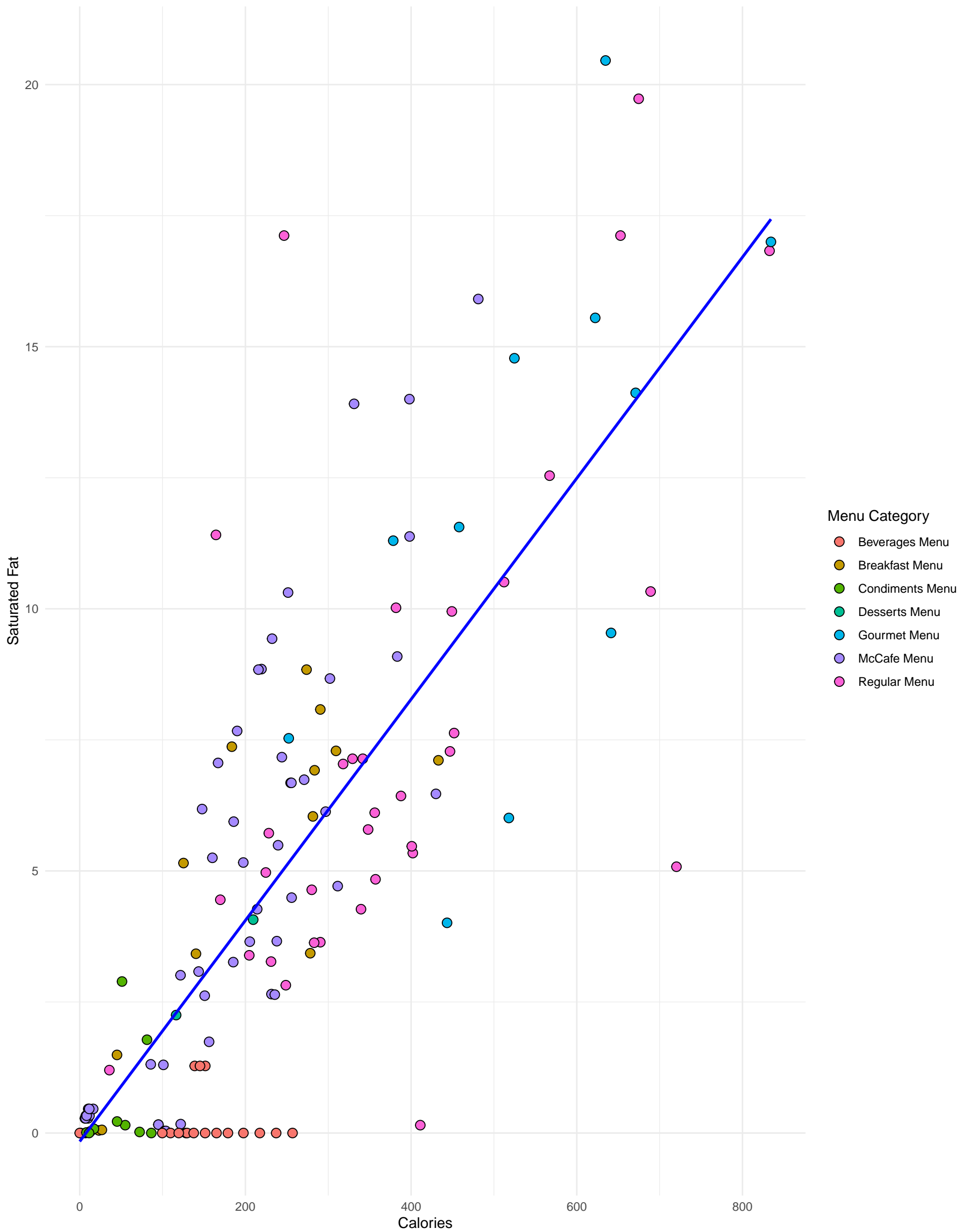
Total Fat vs Calories (Every Menu Item)



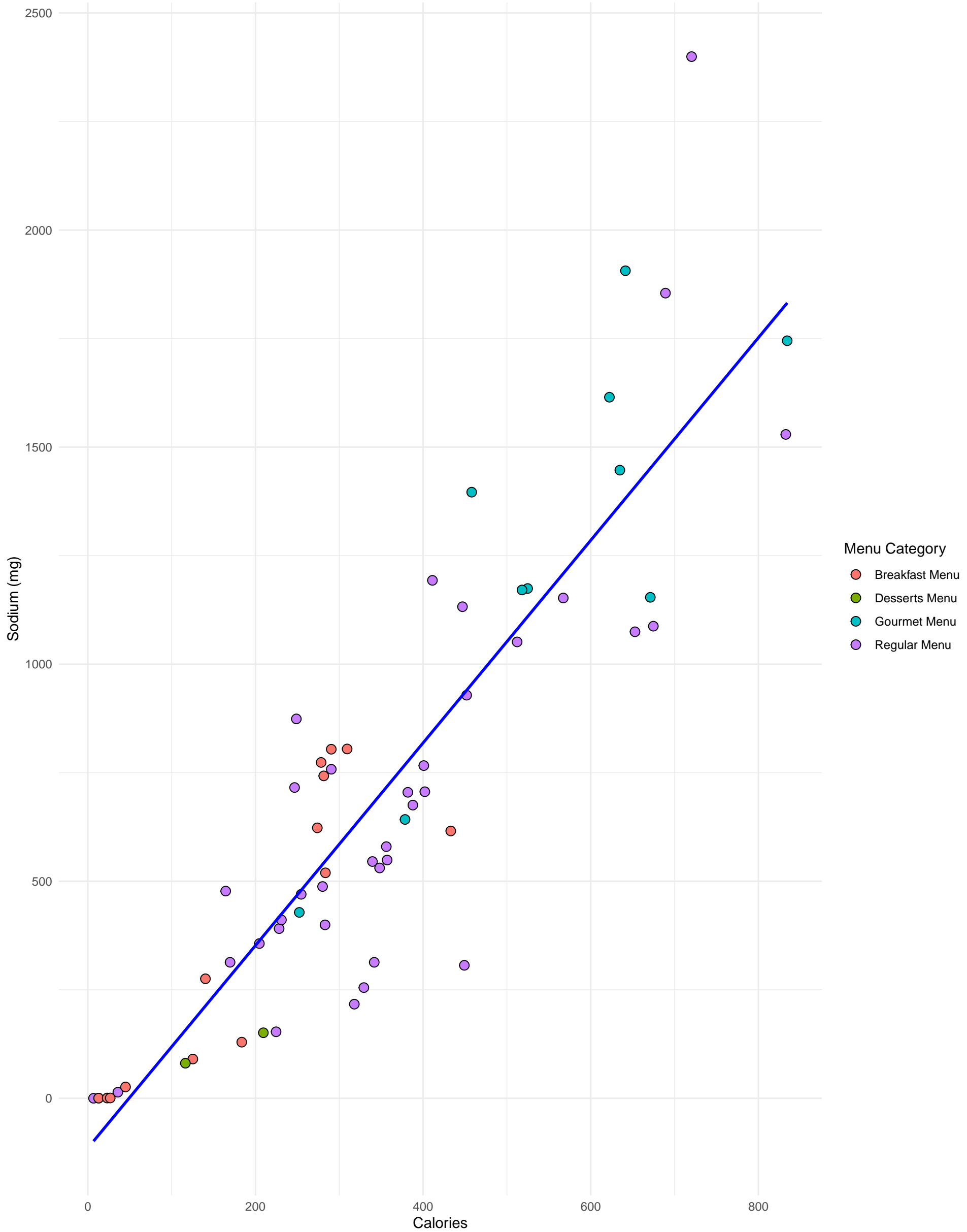
Saturated Fat vs Carbs (excluding drinks, condiments, and cafe menu)



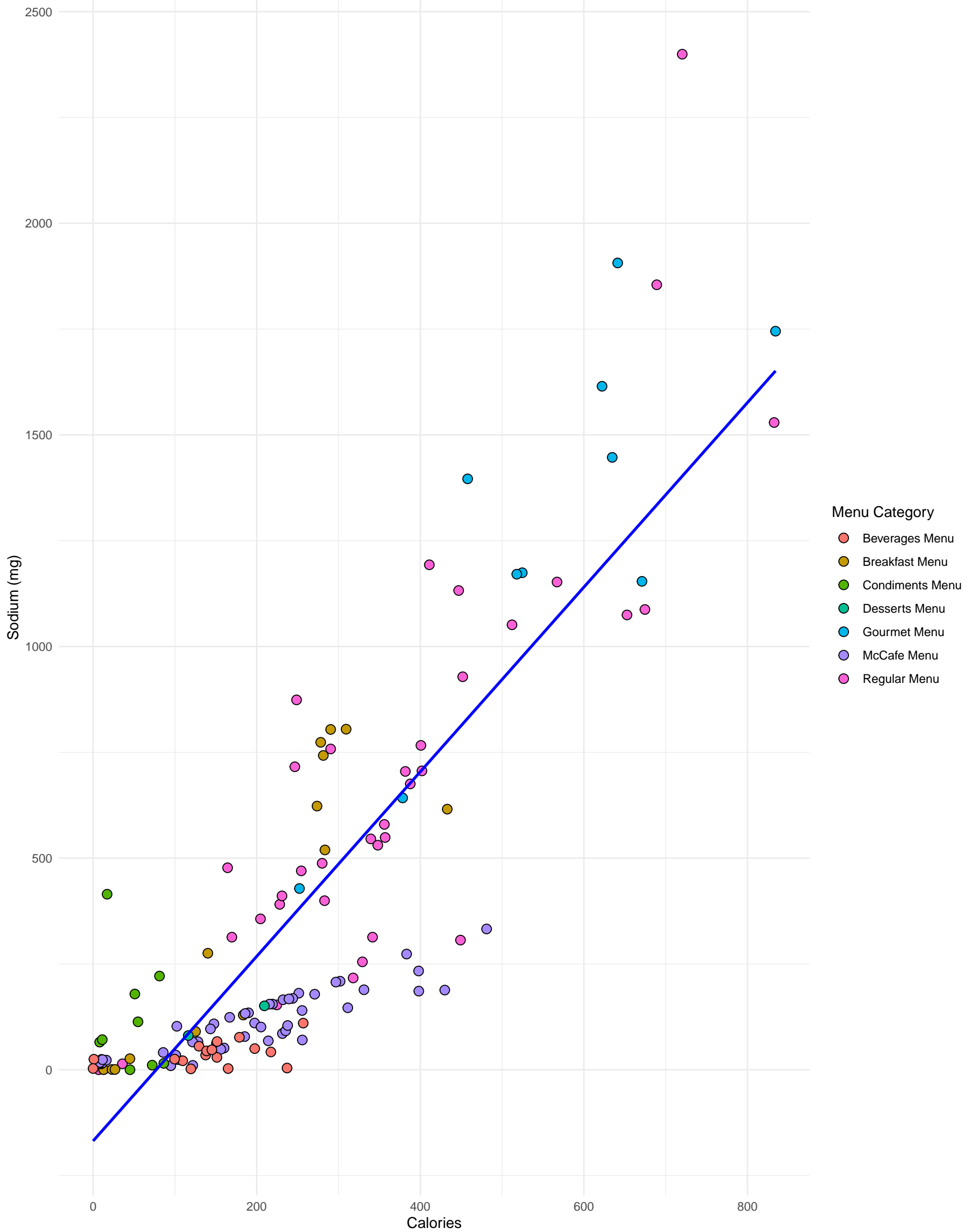
Saturated Fat vs Carbs (Every Menu Item)



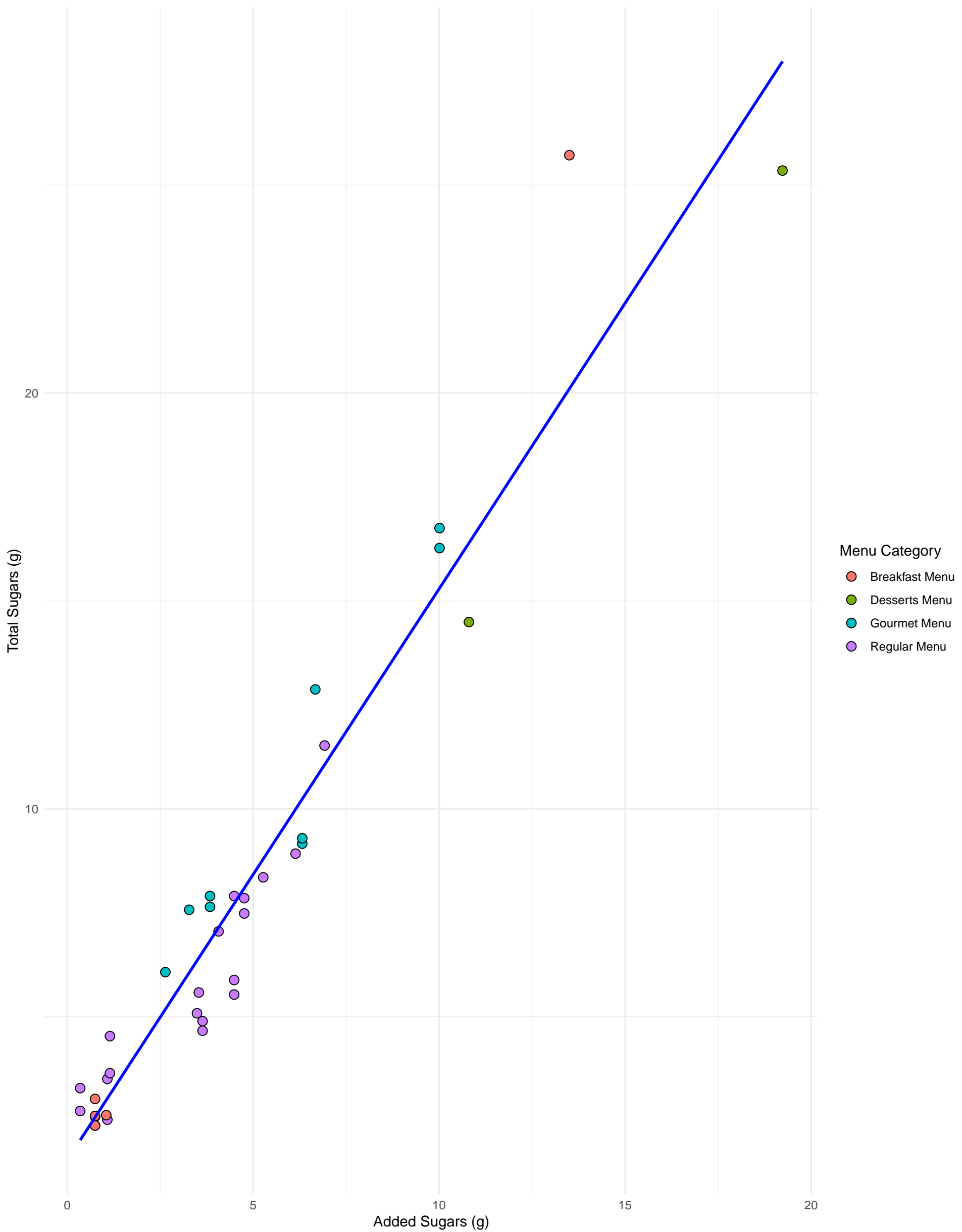
Sodium (mg) vs Energy (Calories) (excluding drinks, condiments, and cafe menu)



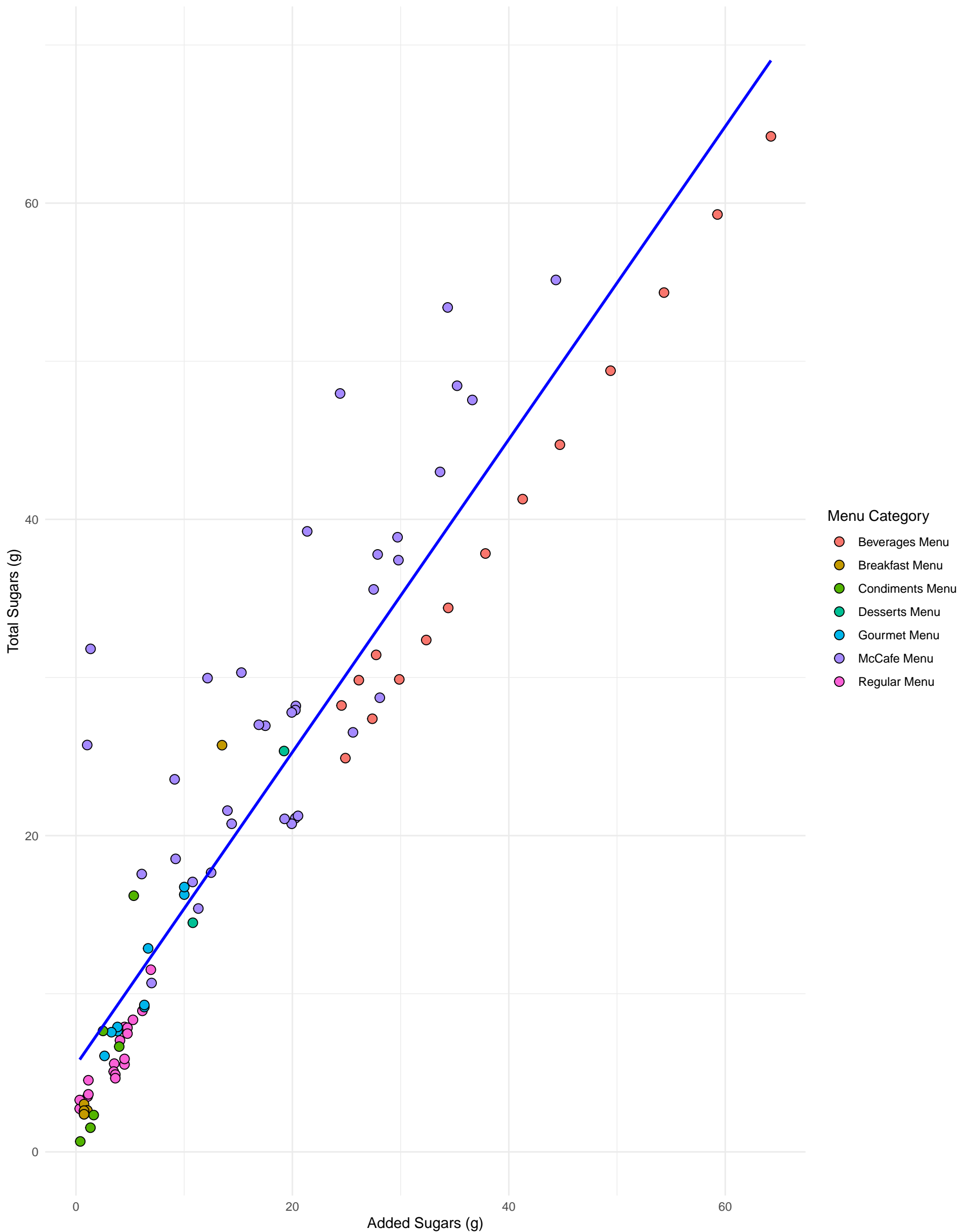
Sodium (mg) vs Energy (Calories) (Every Menu Item)



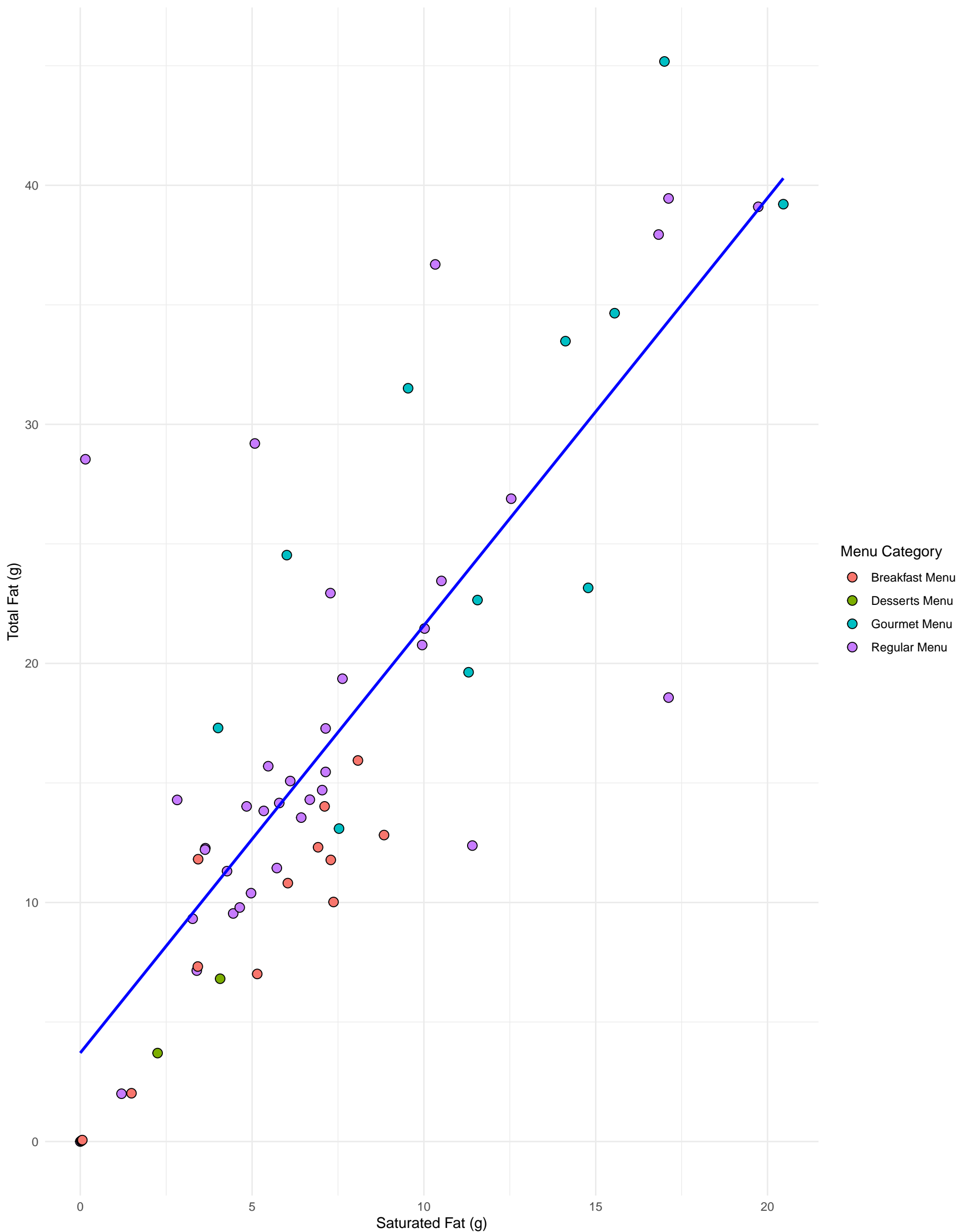
Total Sugars vs Added Sugars (excluding drinks, condiments, and cafe menu)



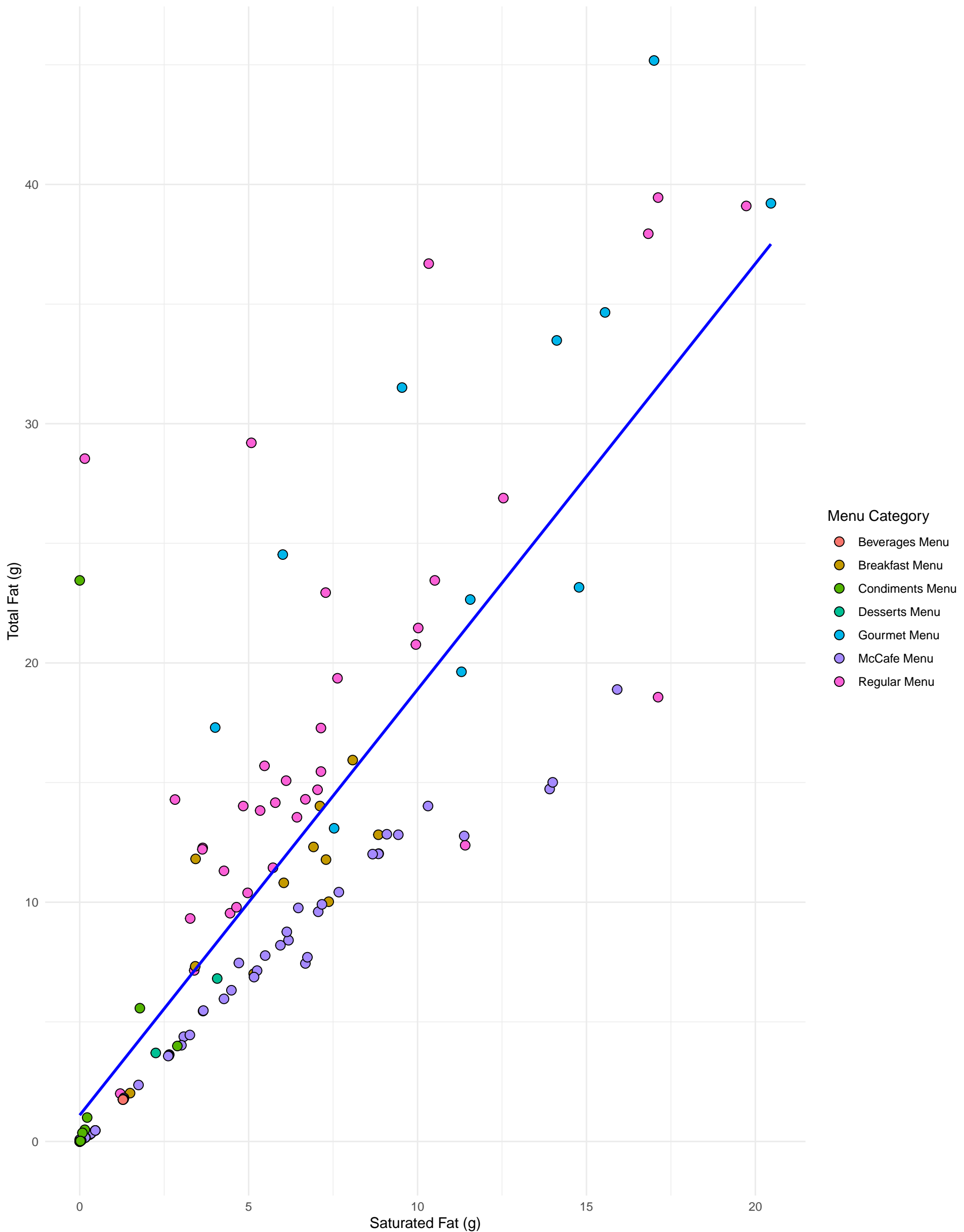
Total Sugars vs Added Sugars (Every Menu Item)



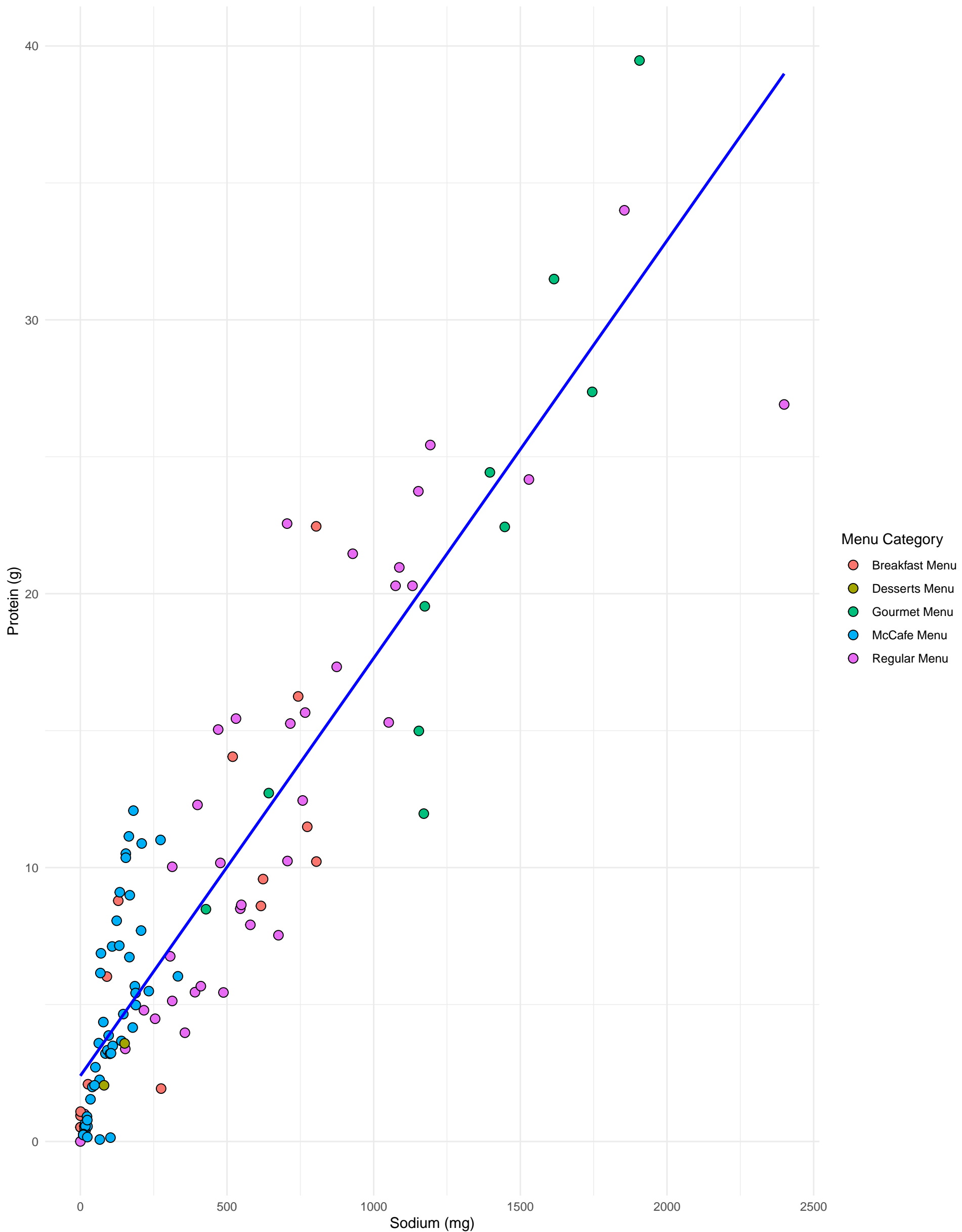
Total Fat vs Saturated Fat (excluding drinks, condiments, and cafe menu)



Total Fat vs Saturated Fat (Every Menu Item)



Protein vs Sodium (excluding drinks, and condiments)



Protein vs Sodium (Every Menu Item)

