Slow-Cooker Easy Pulled Pork for Two

6 comments

MAIN COURSES

AMERICAN

PORK

FOR TWO

FOR TWO

SLOW COOKER

A cookbook recipe exclusively for All-Access members from The Complete Slow Cooker

SERVES 2

TIME 6 to 7 hours on low or 4 to 5 hours on high SLOW COOKER SIZE $3^{1/2}$ to 7 quarts



WHY THIS RECIPE WORKS

To revamp this dish for two, we ditched the usual pork shoulder in favor of boneless country-style ribs, which are easy to purchase in smaller quantities; plus, the cut has plenty of marbling, which keeps the meat tender. Bottled barbecue sauce ensured that our recipe was effortless, since we didn't have to bother assembling umpteen ingredients for a simple sauce. To guarantee that our pork offered the big flavor of authentic recipes, we applied a dry spice rub made from brown sugar, paprika, and chili powder. Two slices of bacon, tossed into the slow cooker whole, infused the pork with smoky flavor. Adding the leftover braising liquid to the barbecue sauce enhanced its flavor and contributed meaty depth and richness. *Read Less*

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TRY THIS RECOMMENDED COOKING COURSE

Slow Cooker Revolution

GATHER YOUR INGREDIENTS
½ cup chicken broth
2 slices bacon
1 tablespoon packed brown sugar
1 tablespoon paprika
1½ teaspoons chili powder
Salt and pepper
1 pound boneless, country-style pork ribs, trimmed
³¼ cup barbecue sauce
KEY EQUIPMENT
Best Chef's Knives
Slow Cookers
Mixing Bowls
*

BEFORE YOU BEGIN

Look for country-style pork ribs with lots of fat and dark meat, and stay away from ribs that look overly lean with pale meat, as they will taste very dry after the extended cooking time. Don't shred the pork too fine in step 2; it will break up more as it is combined with the sauce. Serve on soft buns with pickle chips.

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INSTRUCTIONS

1. Combine broth and bacon in slow cooker. Combine sugar, paprika, chili powder, ½ teaspoon salt, and ½ teaspoon pepper in bowl. Pat ribs dry with paper towels and rub with spice mixture. Nestle ribs into slow cooker, cover, and cook until pork is tender, 6 to 7 hours on low or 4 to 5 hours on high.



Transfer ribs to cutting board, let cool slightly, then shred into bite-size pieces using 2 forks; discard fat.



Discard bacon. Transfer cooking liquid to fat separator and let sit for 5 minutes. Whisk ½ cup defatted liquid and barbecue sauce together in serving bowl. Toss pork with ½ cup sauce in now-empty slow cooker and season with salt and pepper to taste. Serve, passing remaining sauce separately.

RECOMMENDED READING

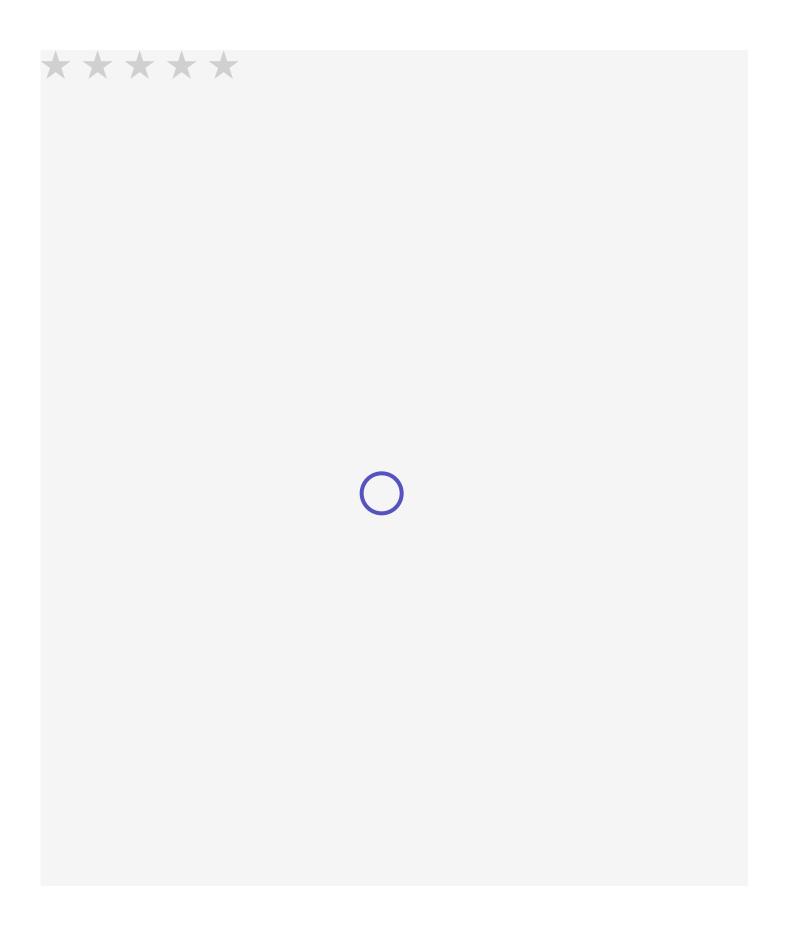


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MY RATING

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