## **Slow-Cooker Parmesan Risotto**

7 comments

MAIN COURSES

GRAINS

**SLOW COOKER** 

A cookbook recipe exclusively for All-Access members from The Complete Slow Cooker

SERVES 6

TIME 2 to 3 hours on high

SLOW COOKER SIZE 4 to 7 quarts

Slow-Cooker Parmesan Risotto

## WHY THIS RECIPE WORKS

Tired of labor-intensive risotto recipes, we decided to develop a hands-off version in the slow cooker. Instead of sautéing, we gave our risotto rich flavor by microwaving onion with garlic, thyme, and butter before adding the mixture to the slow-cooker. Adding all the broth at once led to blown-out grains and a mushy risotto, so we stirred in 2 cups of hot broth at the outset and gently stirred in more at the end to guarantee an ultracreamy texture. *Read Less* 





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GATHER YOUR INGREDIENTS
1 onion, chopped fine
4 tablespoons unsalted butter
3 garlic cloves, minced
1 teaspoon minced fresh thyme or 1/4 teaspoon dried
Salt and pepper
<b>5</b> cups vegetable or chicken broth, plus extra as needed
½ cup dry white wine
2 cups Arborio rice
<b>2</b> ounces Parmesan cheese, grated (1 cup)
2 tablespoons minced fresh chives
1 teaspoon lemon juice
View Nutritional Information
KEY EQUIPMENT
Mixing Bowls
Slow Cookers
Best Chef's Knives
*
BEFORE YOU BEGIN
You will need an oval slow cooker for this recipe. Arborio rice, which is high in starch,

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gives risotto its characteristic creaminess; do not substitute other types of rice here.



## **INSTRUCTIONS**

1. Lightly coat slow cooker with vegetable oil spray. Microwave onion, 2 tablespoons butter, garlic, thyme, and ½ teaspoon salt in bowl, stirring occasionally, until onion is softened, about 5 minutes; transfer to prepared slow cooker.



Microwave 2 cups broth and wine in 4-cup liquid measuring cup until steaming, about 5 minutes. Stir broth mixture and rice into slow cooker. Gently press 16 by 12-inch sheet of parchment paper onto surface of broth mixture, folding down edges as needed. Cover and cook until rice is almost fully tender and all liquid is absorbed, 2 to 3 hours on high.



Microwave remaining 3 cups broth in now-empty measuring cup until steaming, about 5 minutes. Discard parchment. Slowly stream broth into rice, stirring gently, until liquid is absorbed and risotto is creamy, about 1 minute. Gently stir in remaining 2 tablespoons butter, Parmesan, chives, and lemon juice until combined. Adjust consistency with extra hot broth as needed. Season with salt and pepper to taste. Serve.

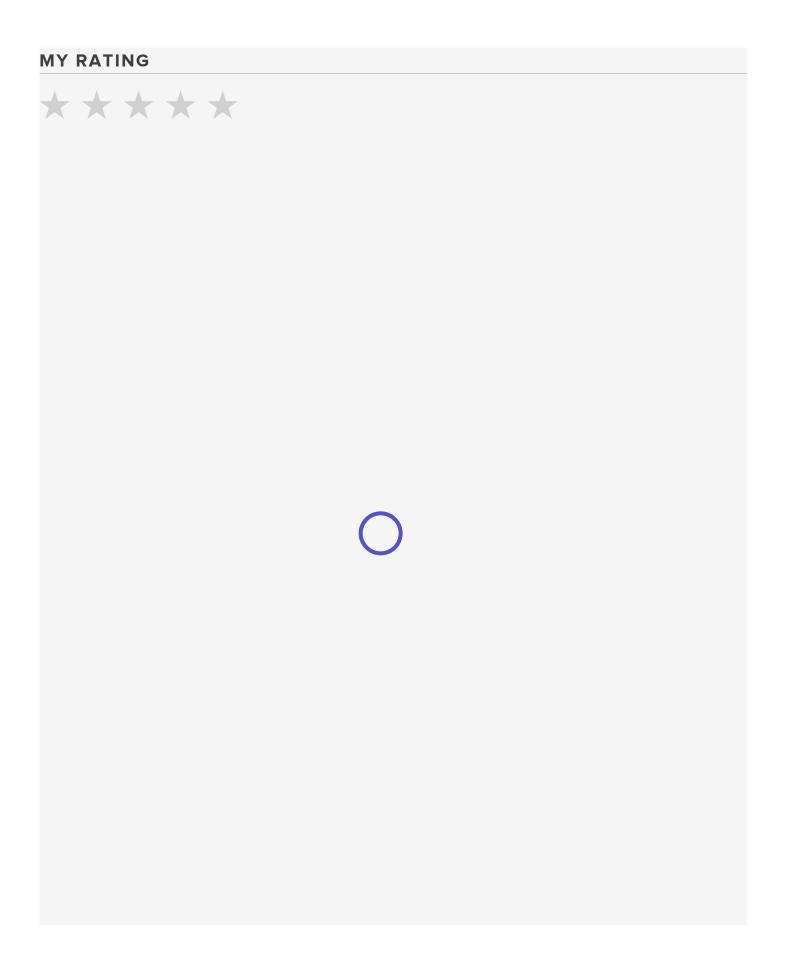
## RECOMMENDED READING



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