Slow-Cooker Individual Chocolate Fudge Cakes

2 comments

DESSERTS OR BAKED GOODS

CAKES

CHOCOLATE

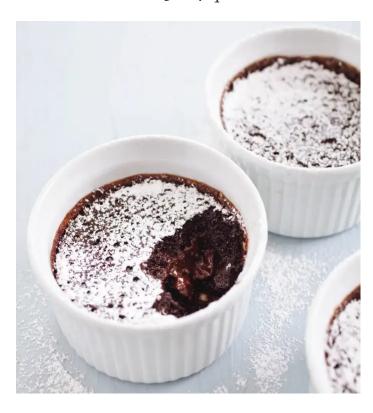
SLOW COOKER

A cookbook recipe exclusively for All-Access members from The Complete Slow Cooker

SERVES 4

TIME 1 to 2 hours on low

SLOW COOKER SIZE 5 to 7 quarts



WHY THIS RECIPE WORKS

These little cakes are easy enough to get into the slow cooker for a sweet finish on a busy weeknight. For ours, we whipped two eggs and an egg yolk, then added sugar, melted chocolate and butter, vanilla, and a single tablespoon of flour before portioning our batter into four ramekins. To ensure that each cake had a dense, superfudgy center, we simply pressed a small piece of chocolate into the middle of each ramekin before cooking. *Read Less*





TRY THIS RECOMMENDED COOKING COURSE Slow-Cooker Chocolate Cheesecake

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GATHER YOUR INGREDIENTS
6 ounces semisweet chocolate, 4 ounces chopped and 2 ounces broken into 4 (½-ounce) pieces
4 tablespoons unsalted butter
½ teaspoon vanilla extract
2 large eggs plus 1 large yolk, room temperature
1/4 cup (1 ³ /4 ounces) granulated sugar
½ teaspoon salt
1 tablespoon all-purpose flour
Confectioners' sugar
View Nutritional Information
KEY EQUIPMENT
Mixing Bowls
Slow Cookers
Best Chef's Knives
*
BEFORE YOU BEGIN

You will need an oval slow cooker and four 6-ounce round ramekins for this recipe.

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INSTRUCTIONS

1. Microwave chopped chocolate and butter in large bowl at 50 percent power, stirring occasionally, until melted, 1 to 2 minutes. Stir in vanilla and let chocolate mixture cool slightly.



Using handheld mixer set at medium-low speed, whip eggs and yolk in separate bowl until foamy, about 1 minute. Gradually whip in granulated sugar and salt, about 30 seconds. Increase speed to medium-high and continue to whip mixture until very thick and pale yellow, 5 to 10 minutes. Scrape whipped egg mixture on top of cooled chocolate mixture, then sift flour over top. Gently fold together until no streaks remain.



Divide batter evenly among four 6-ounce ramekins. Gently press 1 piece broken chocolate into center of each ramekin to submerge, and smooth tops. Fill slow cooker with ½ inch water (about 2 cups) and set ramekins in slow cooker. Cover and cook until cakes are domed and tops are just firm to touch, 1 to 2 hours on low. Using tongs and sturdy spatula, remove ramekins from slow cooker. Dust with confectioners' sugar and serve warm.

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MY RATING





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