

# 7 Steps To Getting Great Complications Advice Fast

## 1. Hook -What's Your Concern?

What's the plot?

----- WHY should we care?

How long (minutes/hours/days/months etc.) has it been since the procedure

## 2. Procedure

How did this start?

----- WHEN was the procedure

----- WHAT was injected

----- WHERE was the patient injected

----- HOW was the patient injected?

----- HOW MUCH was used?

Include all products used

Anatomical Position and depth

Techniques used

Volume used in area in question

## 3. The Patient Experience

What did the patient experience to make them return?

----- Establish the sequence of symptoms

----- What did they feel?

----- What did they see?

Always try to include a video or photo

Highest Quality

Good CRT Technique

## 4. Clinical Picture

How do they look now?

Clinical Picture

Capillary Refill Time

Bruising

Swelling

Pain

Swelling

Itching

How do they feel now?

----- Subjective Experience

----- What is the trajectory of signs and symptoms?

Getting Better

Getting Worse

## 5. Background

What else should we know?

----- Medical History

----- Past Treatments

----- Psychological State

## 6. Your Impression & Suggested Plan?

What's your understanding?

----- Summarise how you understand the case and frame your question?

## 7. What's Your Key Question

What's your key question?

----- "I'm not sure which of the differentials is most likely"

----- "I am unsure what to do next"

----- "I want to make sure I've done everything I can"

----- "I would like you to check my management plan"

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