

Kenneth Xu

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SUMMARY OF QUALIFICATIONS

- Languages: Cantonese (Fluent), English (Fluent)
 - Proficient in Microsoft Office and Google Drive
 - Able to work independently and in a team environment
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EDUCATION

University of California, San Diego

BS, Public Health w/ Concentration in Medicine Science

Aug. 2021 - Present

Expected Graduation: June 2025

WORK EXPERIENCE

UC San Diego Pre-Professional Rehab

San Diego, CA

Student Intern

Oct. 2023 - Apr. 2024

- Shadowed Physical Therapists during treatments
- Setup equipment and bedding for patients
- Assisted Physical Therapists with bed transfers of patients
- Assisted patients in exercises pre and post-surgery
- Created a resource guide for patients to navigate and use airport assistance services for flights

Coast Physical Therapy & Sports Medicine

La Jolla, CA

Physical Therapist Aide/Volunteer

Oct. 2022 - June 2023

- Shadowed Physical Therapists during patient consultation and treatments
- Demonstrated exercise movements for patients
- Guided patients through their rehabilitation plan
- Performed administrative and front office duties

Onsight Chiropractic & Massage

Berkeley, CA

Volunteer

July 2022 - Sept. 2022

- Shadowed Chiropractor during patient consultation and treatments
 - Assisted with stretching patients and muscle-scrapping therapy
 - Sanitized work area and equipment after each patient visit
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VOLUNTEER EXPERIENCE

UCSD Dragonboat

La Jolla, CA

Gym Pod Leader

Oct. 2022 - Present

- Led groups of 2-3 teammates through strength training exercises
- Created strength training plans to guide gym pod
- Educated teammates in technique and form

Asian American Intergenerational Stories Project

San Leandro, CA

Student Intern

June 2021 - Aug. 2021

- Constructed a lesson plan educating elders on methods of healing from COVID-related trauma through religion
- Interviewed scholars of different religions to gain a deeper understanding of their ideologies
- Critically reviewed research articles to learn about different religious practices and its relation to healing from trauma

Stop AAPI Hate Youth Campaign

San Leandro, CA

Student Intern

June 2020 - Aug. 2020

- Interviewed victims of racial discrimination during the COVID-19 pandemic to collect data on the nature and number of incidents
- Created a lesson plan for high school students educating about Asian American culture, identity, and history
- Used data to advocate for state policy reform for Asian American civil rights

ACADEMIC ACHIEVEMENT

Provost Honors

Winter 2022 - Spring 2024