**Outdoor Safety Activity**

Outdoor safety is about following rules to stay safe outdoors. Outdoor safety is important in public places, on playgrounds, in pools, while riding bikes, around fires, in severe weather, and more. Some outdoor safety rules include staying with an adult when in a crowd and always wearing a helmet when riding a bike. Try this activity to think about how to stay safe outdoors.

# Materials

* pencil and paper
* art supplies

# Directions

1. Read the **PebbleGo Next Health** article “Outdoor Safety.” Take notes on different types of outdoor activities and the safety guidelines to follow.
2. Choose one area of outdoor safety. Create a comic or write and illustrate a short story about staying safe in the outdoor area of your choice.
3. Read your comic or short story with younger students to help them learn outdoor safety.

# Critical Thinking

1. What are some places or situations in which you should follow safety rules?
2. What are some ways to stay safe in a crowd?
3. What outdoor safety rule was new to you?