**Therapy and Rehabilitation Careers Activity**

Therapy and rehabilitation specialists help people who are recovering from an injury, illness, or disease. For example, speech-language pathologists help people who have difficulty speaking. Occupational therapists help people find ways to complete tasks in their daily lives. There are many more careers in therapy and rehabilitation. All of them focus on helping patients live their best lives. This activity will help you learn more about therapy and rehabilitation careers.

# Materials

* pencil and paper

# Directions

1. Read the **PebbleGo Next Health** article “Therapy and Rehabilitation Careers.” Take notes on the different types of careers. Choose one that interests you most.
2. With the help of a trusted adult, research how to become a specialist in the career you chose. Take notes on the key points.
3. Write a five-minute speech about your research. Explain how to forge a path in the career you chose.
4. Present your speech to a friend or trusted adult.

# Critical Thinking

1. What are some types of therapy and rehabilitation careers? How are they similar? How are they different?
2. What are some reasons a patient might see someone specializing in therapy and rehabilitation?
3. How can therapy and rehabilitation help a patient?