**Scoliosis Activity**

Scoliosis is a condition in which the spine curves sideways. The curve might be in the shape of an *S* or *C*. The degree of curve impacts how scoliosis might affect a person’s life. Minor curves might not need medical treatment. Bigger curves might need treatment. Try this activity to learn more about scoliosis.

# Materials

* **PebbleGo Next** article “Scoliosis”
* blank notecards
* writing utensil

# Directions

1. Create a scoliosis fact vs. fiction game. Use the **PebbleGo Next** article “Scoliosis” as a reference. Write an important fact from the article on a notecard. For example, you might write “Scoliosis involves a sideways curve.” On the opposite side of the notecard, write, “Fact.” That’s because the statement is true. Alternately, you might choose to write something that is fiction. This could be a statement like “Scoliosis means you have a straight spine.” Because that is not true, on the opposite side of the card you should write, “Fiction.”
2. Repeat step one until you have 15 to 20 notecards with facts or fiction statements.
3. Choose a partner and set out your notecards. Your statements should be facing upward.
4. Without looking at the answers, your partner should organize the statements into fact and fiction stacks. Review the stacks and the answers. How many did your partner guess correctly?
5. Discuss why each statement is fact or fiction. If a statement is fictional, ask your partner to say what might make it true.
6. Now it’s your turn to try out your partner’s deck!

# Critical Thinking

1. How did you decide what statements to include on your notecards?
2. How might you help a friend with scoliosis?
3. What steps would you take if you thought you might have scoliosis?