

I received a positive  
PCR or antigen result  
(adult or child,  
including  
close-contacts)

Test was a  
PCR

No

Report your positive antigen  
test and details of your close  
contacts [here](#)

Yes

[Self-isolate](#) and follow the [positive  
test result rules](#). A contact tracing  
team will be in touch to get details of  
your close contacts.

I need proof  
of my  
COVID-19 for  
employer or  
recovery cert  
etc.

Yes

A PCR is currently the  
only way to obtain this.  
Book a PCR [here](#)

No

[Self-isolate](#) and follow  
the [positive test result  
rules](#).