```jsx
// App.js
import React, { useState, useEffect } from 'react';
import axios from 'axios';

function App() {
  const [menu, setMenu] = useState([]);
  const [order, setOrder] = useState([]);
  const [total, setTotal] = useState(0);

  useEffect(() => {
    // Fetch menu items
    axios.get('http://localhost:5000/menu')
      .then((response) => setMenu(response.data))
      .catch((error) => console.error(error));
  }, []);

  const addToOrder = (item) => {
    setOrder([...order, item]);
    setTotal(total + item.price);
  };

  const placeOrder = () => {
    axios.post('http://localhost:5000/order', { items: order, total })
      .then((response) => {
        alert("Order placed successfully!");
        setOrder([]);
        setTotal(0);
      })
      .catch((error) => console.error(error));
  };

  return (
    <div>
      <h1>Food Ordering App</h1>

      <h2>Menu</h2>
      <ul>
        {menu.map((item) => (
          <li key={item._id}>
            {item.name} - ${item.price}
            <button onClick={() => addToOrder(item)}>Add to Order</button>
          </li>
        ))}
      </ul>
```

```jsx
      <h2>Your Order</h2>
      <ul>
        {order.map((item, index) => (
          <li key={index}>{item.name} - ${item.price}</li>
        ))}
      </ul>
      <p>Total: ${total}</p>

      {order.length > 0 && <button onClick={placeOrder}>Place Order</button>}
    </div>
  );
}

export default App;
```