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# The Internet of Things and the Modern Household

29/5/2020

# What is the Internet of Things ?

*The interconnection via the Internet of computing devices embedded in everyday objects, enabling them to send and receive data.*

# Examples of common IOT devices

Security Systems & Baby Monitors	Air Conditioning & Climate Control	Industrial Control Systems	Smart Speakers & TVs
Automated Vacuums & Lawn Mowers	Smart Watches & Health Trackers	Cars & Automotive	Washing Machines & Fridges
3D Printers	Garden & Irrigation Systems	Garage Controls & Locking systems	Medical Implants
Toothbrushes and personal care	Air Quality and Smoke Detectors	Smart Helmets, Drop Detection and Personal Safety	Smart Bins and Waste Management

# IOT Platform Providers

- Many different IOT Platform providers
  - Azure IOT
  - AWS IOT Services
  - Google Cloud IOT
  - Xiaomi IOT Platform
  - Alibaba Cloud IOT Platform
  - Tuya Smart



# Examples of common IOT protocols

Open APIs / Closed APIs	MQTT	Open Protocols / Closed Protocols	Zigbee / Z-Wave
WiFi / Ethernet	Websockets	Bluetooth / Bluetooth LE	NFC
Cellular / Mobile Data	Local / Cloud Based	InfraRed (IR) / RFID	Z-Wave
mDNS	SOAP	SSH / Telnet	Undefined Chinese and Russian protocols...

# Common IOT devices in Sourced employee's home



# IOT Security

- This is a complex and evolving subject.

Gartner reported in 2017 there are 8.4 Billion IOT devices in use and expect that to be 20.4 Billion today.

- *For the most part* IOT Security is summed up as follows
  - It is good when implemented correctly by reputable brands with world class developers
  - Is staggeringly horrific at worst when the equipment is cheap, and mass produced out of China and Eastern Europe
- IOT Security best practices for the home
  - ***Buy reputable equipment*** unless you know what you are doing and are willing to invest the time into securing them independently.
  - Buy equipment with cameras, microphones, tracking devices and other privacy implications with ***extreme caution***
  - Look to buy equipment that has ***local only functionality*** or cloud functionality as a value add.
  - ***Factor in the lifetime of the device*** and how long the vendor is likely going to provide updates for features and security, as well as what happens when they stop. (ie, Device stops working)
  - You should treat many IOT devices on your network as ***computer systems that other people control*** and as such, segregate onto dedicated networks with additional security controls (pi-hole, firewall rules, etc)
- More information
  - [Troy Hunt's IOT Posts](#) – Lots of IOT nightmare stories and how to mitigate risks at home
  - [The internet of shit guide](#) - We track Internet of Things devices, their privacy track record and what's worth buying.



# IOT Security – The Staggeringly Horrific

- The Mirai Botnet (2016)
  - 400,000 Cheap IOT Devices using a set of 61 different username/password combinations were compromised and used to flood websites @ 620 Gbit–1TBit/Sec
  - This also provided access to remote video feeds and controls
- Baby monitor remote access (2017)
  - Multiple IOT baby monitor cameras we found to have security issues allowing remote access to video feeds and speaking to the child over the internet
- Tracking Watches
  - Brands such as TikTocTrack provide A watch for parents to provide visibility of the children through a tracking device (Creepy)
  - Multiple vulnerabilities provided the ability to track other people's children and interact with them.



Mirai Breached  
Cameras



Breached Baby  
Monitors

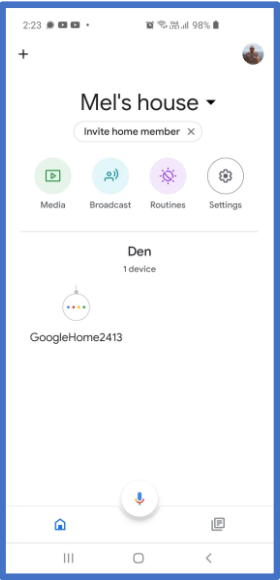
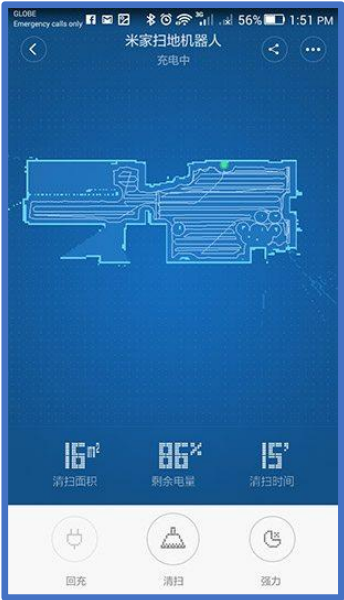
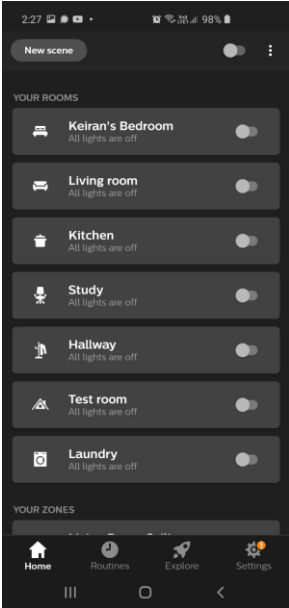
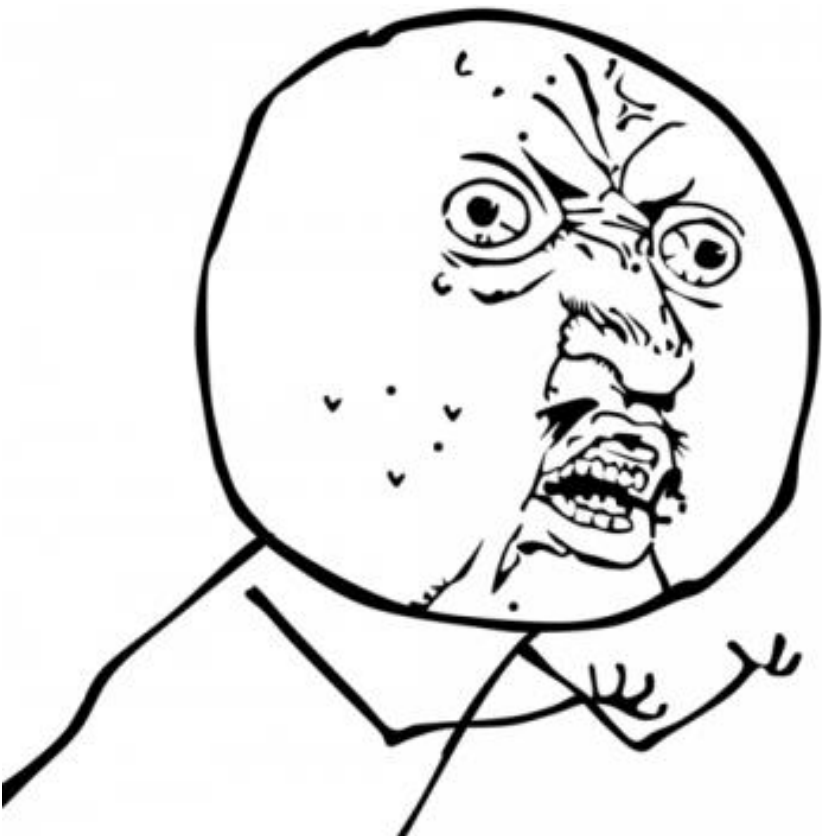


# Keiran's Home and Integration Challenges

# Keiran's Home

Vendor	Functionality	How do you use it ?
<ul style="list-style-type: none"> <li>Google home               <ul style="list-style-type: none"> <li>3 x Google Home Speakers</li> <li>1 x Google Chromecasts</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Media player (Audio)</li> <li>Media Player (Video)</li> <li>Voice control and digital assistant</li> </ul>	<ul style="list-style-type: none"> <li>Google Home smartphone application</li> <li>Google Cast supported applications</li> <li>Voice Control</li> </ul>
<ul style="list-style-type: none"> <li>Samsung               <ul style="list-style-type: none"> <li>Television</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Media Player (Video)</li> <li>Chromecast plugged into HDMI1</li> </ul>	<ul style="list-style-type: none"> <li>Infra Red Remote Control</li> <li>WiFi Enabled</li> <li>No Google home support</li> <li>No Smartphone application</li> </ul>
<ul style="list-style-type: none"> <li>Phillips Hue Lighting               <ul style="list-style-type: none"> <li>1 x Hue Base station</li> <li>22 x IKEA Smart Downlights</li> <li>2 x Hue Strips</li> <li>2 x Hue Bulbs</li> <li>6 x Hue Smart Switches</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Entire home lighting solution</li> </ul>	<ul style="list-style-type: none"> <li>Ethernet / WiFi enabled</li> <li>Smartphone App</li> <li>Optional cloud service</li> <li>Native Google Home Support</li> <li>Excellent local API</li> </ul>
<ul style="list-style-type: none"> <li>Daikin Air Conditioning</li> </ul>	<ul style="list-style-type: none"> <li>Climate Control for the home</li> </ul>	<ul style="list-style-type: none"> <li>Infra Red Remote Control</li> <li>Wifi Enabled smart controller</li> <li>Nasty Smartphone app</li> <li>Completely broken cloud service</li> <li>Reverse engineered local API and Python Library</li> </ul>
<ul style="list-style-type: none"> <li>Xiaomi Robotic Vacuum Cleaner</li> </ul>	<ul style="list-style-type: none"> <li>Robot Vac for the home</li> <li>Cleans carpets, floors, etc</li> </ul>	<ul style="list-style-type: none"> <li>Wifi Enabled</li> <li>Smartphone Application for control (Chinese Language)</li> <li>New Google home support</li> <li>Communicates to Chinese cloud services</li> <li>Hacked firmware to provide SSH access and non-supported local API support.</li> </ul>

# Keiran's Home user experience



*This isn't making my life easier.*

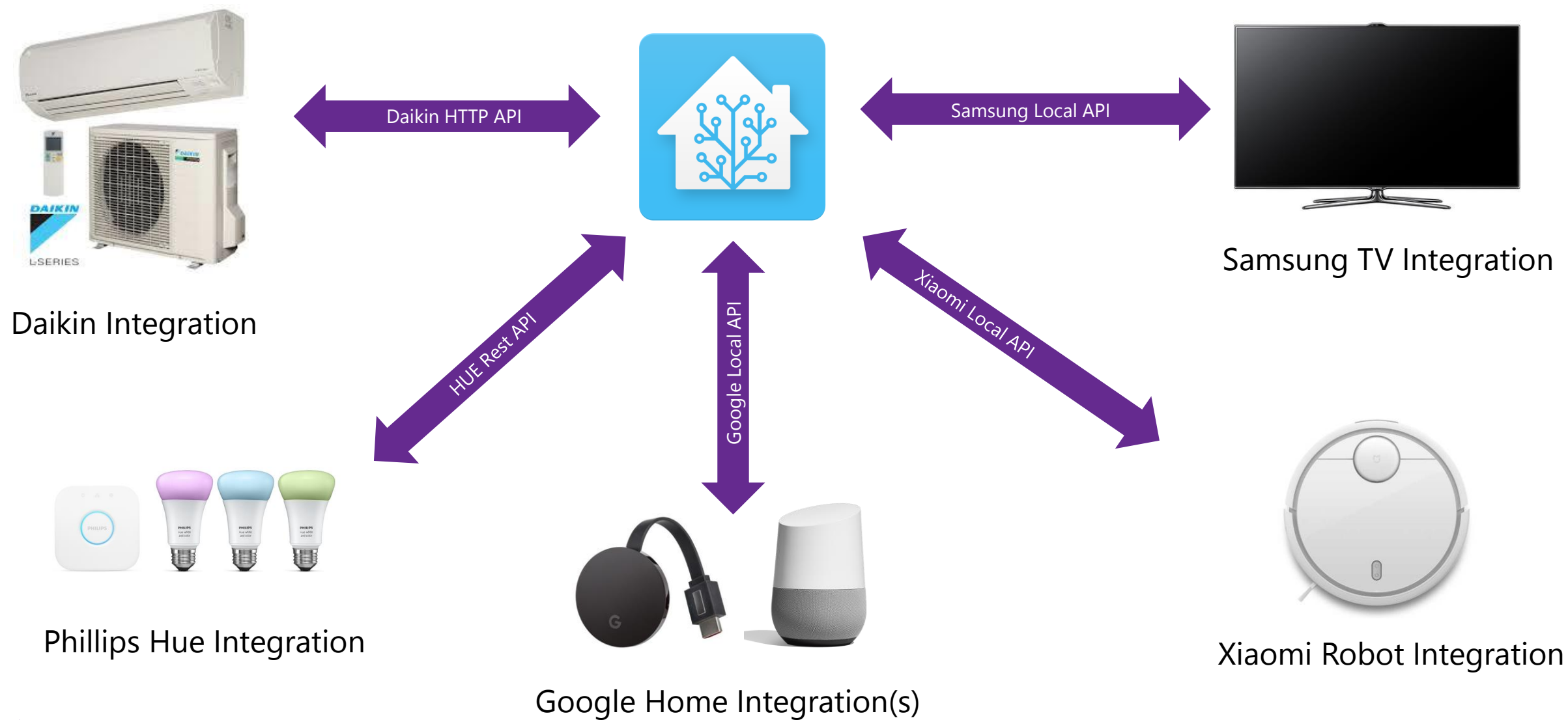
*I need to bring all these ecosystems together.*

# Introducing : Home Assistant

- Open source home automation platform
  - Primary objective is local control and privacy first.
  - Runs on a Raspberry Pi or a local server in your home to provide a single automation platform for diverse and fragmented IOT ecosystems
  - Currently supports 1600+ Integration types
- Current focus is on end user experience
  - Moving away from YAML configuration files
  - Focus on auto-discovery and GUI driven configuration
- 2019 - #10 Github project by contributors
  - Written in Python 3
  - Has a release cadence of 3 week sprints
  - Has become the de-facto home automation platform today



# Home Assistant : Integrations (Local)



# Home Assistant – Core Functionality

- Integrations
  - Create *Entities* inside the platform that represent each device and their available functionality
    - Turn on / off
    - Change Colours
    - Read sensors current values (Temperature)
    - Text to Speech
- Scripts
  - Chain a set of actions on across devices together for a particular outcome
- Automations
  - Provides a capability to change entities state or trigger scripts on certain events
    - Schedules
    - Certain temperatures
    - Doors or Windows open/close





# Home Assistant – Core Functionality

- Home Assistant Cloud (Nabu Casa)
  - \$5/Month SaaS Service
  - Enables remote access to your Home Assistant platform without the need to do complex home setup
  - Provides Alexa and Google Home Skills to easily integrate Home Assistant integrated technologies into their ecosystem
  - Much much more. An absolute bargain.



# Home Assistant – Results

- All my devices are integrated in a central location for management and automation
- Nabu Casa enables Google Home & Google Assistant to manage all devices anywhere
- This includes all Google Home functionality such as voice control and Google based automation routines.



Google Home



works with the  
Google Assistant



Demonstration Time !

# Other uses of Home Assistant

- Controlling multiple Aquariums
- Marijuana grow setups (Heat, Light, Watering Schedules)
- Microbrewing and Independent Wine production
- Gardening control (Watering and Automated mowing)
- Cloud Platform Integrations (AWS, Azure, GCP, etc)
- Measuring power usage in your home
- Automating your doorbell so it sends messages to your TV
- Join us in #IOT and get involved – Large global Sourced community of users !
- Limitless possibilities checkout #homeassistant On Twitter & Instagram

# Useful links and resources

- Home Assistant Website
  - <https://www.home-assistant.io/>
- Home Assistant Podcast
  - <https://hasspodcast.io/>
- Home Assistant Data Science Portal
  - <https://data.home-assistant.io/>
- 2019 State of the Union Presentation
  - <https://www.home-assistant.io/blog/2019/11/22/state-of-the-union/>