

- Name: Benzodiazepine
- Effect:
Psycholeptic, sedative, hypnotic, anxiolytic, anticonvulsant, muscle relaxant, and amnesic actions
- Usage:
Short- and intermediate-acting benzodiazepines are preferred for the treatment of insomnia;
Longer-acting benzodiazepines are recommended for the treatment of anxiety.
- Subject affect:
These properties make benzodiazepines useful in treating anxiety, insomnia, agitation, seizures, muscle spasms, alcohol withdrawal and as a premedication for medical or dental procedures.
- Side effect:
When combined with other central nervous system (CNS) depressants such as alcoholic drinks and opioids, the potential for toxicity and fatal overdose increases.
- Precautions:

They are known to cause withdrawal symptoms in the newborn.