

Pick Yourself Up

F

Keyboard

(Sax)

The musical score consists of eight staves of music. The first staff starts with a F major chord (F, A, C) followed by a B♭ major chord (B♭, D, G). The second staff begins with a B♭ major chord (B♭, D, G) followed by a G minor 7th chord (G, B♭, D, F). The third staff starts with an F major chord (F, A, C) followed by a B♭ major chord (B♭, D, G). The fourth staff begins with a G minor 7th chord (G, B♭, D, F) followed by an F major chord (F, A, C). The fifth staff starts with a B♭ major chord (B♭, D, G) followed by a G minor 7th chord (G, B♭, D, F). The sixth staff begins with an F major chord (F, A, C) followed by a B♭ major chord (B♭, D, G). The seventh staff starts with a G major 7th chord (G, B, D, E) followed by a C major chord (C, E, G). The eighth staff begins with a D major 7th chord (D, F#, A, C) followed by a G major 7th chord (G, B, D, E).

Chords indicated above the staff:

- 1st measure: F, B♭
- 2nd measure: Gm7, Cm7
- 3rd measure: B♭, F7
- 4th measure: B♭, Gm
- 5th measure: B♭, Gm7, Cm7, F7, B♭
- 6th measure: B♭, Gm7, F7, B♭
- 7th measure: F7, B♭, Cm7, Gm
- 8th measure: B♭, Gm7, F7, B♭
- 9th measure: B♭, B♭7, Cm7, F7, B♭
- 10th measure: B♭, B♭7, Cm7, F7, B♭
- 11th measure: B♭, B♭7, Cm7, F7, B♭
- 12th measure: B♭, B♭7, Cm7, F7, B♭
- 13th measure: B♭, B♭7, Cm7, F7, B♭
- 14th measure: B♭, B♭7, Cm7, F7, B♭
- 15th measure: B♭, B♭7, Cm7, F7, B♭
- 16th measure: B♭, B♭7, Cm7, F7, B♭
- 17th measure: B♭, B♭7, Cm7, F7, B♭
- 18th measure: B♭, B♭7, Cm7, F7, B♭
- 19th measure: B♭, B♭7, Cm7, F7, B♭
- 20th measure: B♭, B♭7, Cm7, F7, B♭
- 21st measure: B♭, B♭7, Cm7, F7, B♭
- 22nd measure: B♭, B♭7, Cm7, F7, B♭
- 23rd measure: B♭, B♭7, Cm7, F7, B♭
- 24th measure: B♭, B♭7, Cm7, F7, B♭
- 25th measure: B♭, B♭7, Cm7, F7, B♭
- 26th measure: B♭, B♭7, Cm7, F7, B♭
- 27th measure: B♭, B♭7, Cm7, F7, B♭
- 28th measure: B♭, B♭7, Cm7, F7, B♭
- 29th measure: B♭, B♭7, Cm7, F7, B♭

Lyrics:

nothing's im-pos-si-ble I have found. For when my chin is on the ground, I
pick my-self up, dust my-self off and start all o-ver a - gain.

Don't lose your con - fi-dence if you slip. Be grate-ful for a pleas-ant trip, and
pick your-self up, dust your-self off, and start all o-ver a gain.

Work like a soul in - spired un-til the bat-tle of the day is won.

You may be sick and tired, but you'll be a man, my son.

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33 F7 B♭ Cm7 Gm To Coda ♪
 Will you re-mem-ber the fa - mous men who had to fall to rise a-gain? So

37 B♭ B♭7 Cm7 F7 B♭ (Sax)
 take a deep breath, pick your-self up and start all o-ver a-gain.

41 F7 B♭ Cm7 Gm B♭

47 Cm7 F7 B♭ G7 C Dm7 Am

53 C C♯7 Dm7 G7 C D.S. al Coda
 You got - ta

57 ♪Coda B♭ (Sax) B (Sax)
 take a deep breath, pick your-self up

61 C (Sax) E♭m7 A♭7 D♭ (Sax)
 dust your-self off and start all o-ver a-gain.

65 A♭7 D♭ E♭m7 B♭m

69 D♭ E♭m7 A♭7 D♭

73 F7 B♭ Cm7 Gm

Will you re-mem-ber the fa - mous men who had to fall to rise a-gain. So

77 B♭ (Sax) B (Sax)

take a deep breath, pick your-self up

81 C (Sax) E♭m7 A♭7 D♭ (Sax)

dust your-self off and start all o-ver a-gain.

85 A♭7 D♭ E♭m7 B♭m D♭

90 E♭m7 A♭7 D♭ G°7 D♭