

Presentation Outline: Prepare for End of Life in Thailand

Part 1: End of Life Planning (90 minutes)

1. Introduction A. Welcome and Introduction to the Topic B. Importance of Planning for End of Life, especially for Expatriates in Thailand
2. Program Objectives- We want you to have the knowledge and tools to ensure that all arrangements and outcomes are according to your wishes
 - a. Your healthcare decisions are made according to your wishes – even if you are not able to communicate those wishes at the time.
 - b. Your loved ones will not be forced (or pressured) to make healthcare decisions of which you do not approve
 - c. Your assets and possessions transfer efficiently to those of your choosing (and NOT caught up in bureaucratic and legal delays
 - d. Your desired funeral arrangements
 - e. How to avoid adding to the burden of your loved ones (here and abroad)
 - f. You understand the steps you need to take to achieve your desired outcomes without overspending
 - g. Identify and plan for the dozens of seemingly small details that so many forget about
 - i. Access to bank accounts
 - ii. Your lease(s)
 - iii. Social media accounts
 - iv. Vehicles
 - v. Bills and other financial obligations
 - vi. Many more
3. Legal and Cultural Considerations A. Understanding Thai Laws and Regulations for Expatriates B. Cultural Differences in End of Life Care and Rituals

4. Financial Planning A. Managing Finances and Assets in Thailand B. Tax Implications and Inheritance Laws for Expatriates C. Insurance Considerations: Health, Life, and Property
5. What bad things happen if you don't plan – or don't plan properly? "Horror Stories"
6. Emotional and Psychological Preparation A. Coping Strategies for Expatriates and Their Families B. Accessing Counseling and Support Services in Thailand C. Communicating End of Life Wishes to Loved Ones. D Cultural pressures on Thai partners of Expats who have passed
7. Special considerations for those who think, "It doesn't matter, I'll be gone."
8. **What Should Be Part of Your Plan ?**

- a. Healthcare and Medical Decisions A. Advance Healthcare Directives: Living Wills and Healthcare Power of Attorney B. Choosing Healthcare Providers and Hospitals C. End of Life Treatment Options and Palliative Care in Thailand
- b. Legal Documentation A. Importance of Wills and Trusts for Expatriates B. Drafting a Will: Assets, Beneficiaries, and Executors C. Establishing Trusts for Financial Security and Estate Planning
- c. Family and Community Involvement A. Communicating End of Life Plans with Family and Friends B. Involving the Community and Local Support Networks C. Exploring Burial and Cremation Options in Thailand
- d. The "Small details": Create a plan for dealing with the items noted above

9. Q&A Session and Additional Resources
10. Quick look at upcoming sessions
11. Closing Remarks and Encouragement for Attendees to Take Action

Part 2: Wills and Trusts (90 minutes)

1. Do you need a Will in Thailand?

- a. You DON'T need a will if.....
- b. You DO need a will if.....
- c. What value is a will you may have in another country?
- d. Can you prepare your own legally binding will?

2. What happens if someone dies without a will?

3. Common mistakes people make when making a will

4. Understanding Wills A. Legal Requirements and Validity in Thailand B. C. Updating Wills: When and Why it's Necessary

5. Special issues for same-sex couples

6. Executors

- a. Roles of executor and why are they important?
- b. how to choose an executor
- c. Importance of talking with your executor in your planning process

7. Choosing Guardians for Dependents

8. Probate

- a. What is probate and why is it important?
- b. Problems that can arise
- c. How to effectively navigate the Probate process
- d. Who can help?

9. Trusts

- a. What are trusts and why can they be helpful?
- b. Types of trusts

1. Revocable
2. Irrevocable
3. Living Trusts

c. Benefits and Limitations of Trusts for Expatriates

10. Trustees and Trust Administration in Thailand

11. Legal Assistance and Resources

- a. How to find a good lawyer FOR YOU
- b. How to keep expenses as low as possible

1. Ask your friends/acquaintances for referrals
2. Interview more than one
3. BE PREPARED when you are ready to hire a lawyer...the more you know about what you want, the less time the lawyer will require

12. Q&A Session and Additional Resources

13. Closing Remarks and Encouragement for Attendees to Take Action

Part 3: End of Life Healthcare and Healthcare Directives (90 minutes)

- 1.
2. Palliative and Hospice Care A. Understanding Palliative Care Services in Thailand B. Access to Hospice Care for Expatriates C. Managing Pain and Emotional Well-being in End of Life Care
3. Healthcare Directives and Decision-Making
 - a. Who do you want to make healthcare-related decisions if you are incapacitated?
 - b. Will doctors/hospitals allow your loved ones to communicate your wishes? What if their wishes are not your wishes?
4. How to ensure that you are cared for according to your wishes
 - a. Advance directives
 - b. Durable Power of Attorney
 - c. Do Not Resuscitate Order, DNI
 - d. Other
5. Legal Procedures and Requirements for Healthcare Directives in Thailand
6. Ensuring Your Healthcare Directives are Followed
7. Paying for hospitalization...can you be refused treatment if the hospital is unsure of your ability to pay (including if you are incapacitated and unable to share info such as insurance)
8. Assisted suicide in Thailand
9. Q&A Session and Additional Resources A. Open Floor for Questions and Answers B. Providing Additional Resources: Legal Contacts, Counseling Services, Community Support Groups C. Closing Remarks and Encouragement for Attendees to Take Action

Part 4 When Someone Passes. (90 Minutes)

1. A. Steps to Take Immediately After Death

- a. What NOT to do
- b. Who to contact first

2. Legal and Administrative Processes for the Family After the Passing

3. Handling Funeral Arrangements: Burial vs. Cremation

- a. Cultural pressures on Thai spouse/partner

4. Contacting Embassy/Consulate

- a. They have lists of procedures

5. What happens to your lease?

6. Bank accounts

- a. Special warning about Spouse/partner access

7. Vehicles

8. Your partner's visa status

9. Technology

- a. Social media accounts
- b. Access to computers and other devices
- c. Account/App passwords

10. IV. Q&A Session and Additional Resources A. Open Floor for Questions and Answers B. Providing Additional Resources: Legal Contacts, Counseling Services, Community Support Groups C. Closing Remarks and Encouragement for Attendees to Take Action

