



Top Ten Reasons People Don't Have a Comprehensive End-of-Life Plan

You are not alone! If you ask the people you know, many (most?) will tell you they aren't fully prepared for when their time comes. Take a look at the list below and scroll down to the pages following to see our responses:

1. It's not something I want to think about.
2. I don't know where to start.
3. I already have a will in another country.
4. It doesn't matter - I'll be gone.
5. I'll get around to it later.
6. It's expensive.
7. I don't own enough that it would matter.
8. It's complicated and I don't know who I can trust.
9. I live by myself and don't have anyone to leave possessions to.
10. I am going to live forever.

We want to help!! The Chiang Mai Expats Club (CEC) and Payap Lifelong Learning Center are hosting a four-part series called Prepare for End of Life in Thailand. The program will be held on four Tuesdays in February. Our objective is simple: ***We want every expat member to have the chance to leave this world with dignity, on their own terms, and to provide for their loved ones in the manner that they desire.*** This program will help all of you to accomplish this. We hope you will join us. For additional information or to sign up, please go to <https://cec-eol.onrender.com/2023/12/29/prepare-for-end-of-life-in-thailand.html>.



Like Mom always said....***"Don't leave a mess!"***

(cont'd).

1. It's not something I want to think about.

It is certainly true that there are more pleasant things to think about. However, the time you spend now to plan for the inevitable will result in real peace of mind from knowing that things will go according to YOUR wishes...and will create less trouble for those you leave behind.

2. I don't know where to start.

Very understandable! There are so many things to consider. This program will provide you with the knowledge and tools you need to confidently build a plan that suits your needs.

3. I already have a will in another country.

Great! Then you already know the value of a will. What you might not know is that your will from another country will NOT apply to your goods and possessions in Thailand. Only by having a valid will in Thailand can you ensure that your assets and possessions in Thailand will pass to those you choose.

4. It doesn't matter - I'll be gone.

The truth is that it DOES MATTER!

- We all listed an emergency contact when we applied for our passports so that our embassy/consulate will contact them. Will your family member know what to do? Will they feel guilty if they do nothing? How would they feel if you have provided no instructions?
- Regarding the money in your bank account(s)... Wouldn't you prefer that it be left to a charity where it could do some good – rather than remaining unclaimed? The same with your possessions.
- What if there are friends and acquaintances who might wish to say goodbye in an organized manner?

You can deal with these issues easily and inexpensively. We can show you how.

5. I'll get around to it later.

Maybe you will. But let's face it; we are all at the stage of our lives when our longevity can't be taken for granted. This program will provide you with the knowledge and tools to put together a comprehensive plan NOW. We hope you will choose to get it done.

6. It's expensive.

A comprehensive personalized plan does NOT have to be expensive! This program will help you minimize the cost in several ways:

- We will provide you with the knowledge to know what you need – and don't need.
- You will know the specifics of what your will, probate, and healthcare documents need to accomplish; so it will require less time of any professionals you choose to help you.
- We have partnered with some trusted resources who will offer special pricing for attendees of this program. STAY TUNED for upcoming details.

7. I don't own enough that it would matter.

A good plan is not just about what you own! Your healthcare decisions, funeral arrangements, leases, bank accounts, impact on your friends and family and other factors are also important and need to be planned for.

8. It's complicated and I don't know who I can trust.

We know there are many things to consider, and it certainly can be tough to know how to start. This program will provide you with the tools to be comfortable in not only getting started; but to create a comprehensive plan that will accomplish your objectives.

- How to decide what you want to accomplish
- How to organize your plan
- What your plan needs to cover
- What help you will need
- How to manage and minimize costs

9. I live by myself and don't have anyone to leave possessions to.

May we suggest that you consider "Paying forward"? Your gifts could make a HUGE difference here in your adopted country. There are lots of options: If you look around you will probably find a charitable organization that could use your gift. The CEC supports several; such as the Children's Sight Project. If you would like help choosing feel free to ask. We will also work with you to make sure that setting up your gift(s) will not be costly.

10. I am going to live forever.

CONGRATULATIONS! You are the only person who doesn't need a plan!!