

# Computer Technology Project 2 Final Report

"Health management
Via
Bicycle Sensor"

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# **Synopsis**

This report describes the progress of project entitled "Health management via Bicycle sensor system". The project is consist of hardware and software. The hardware part is sensor circuit design and embedded that main duties are reading the RPM of the wheel, gaining the heart beat rate and communicating to device via Bluetooth module. The software part is coding the Arduino using IDE (Integrated Development Environment) and android programming to be coded in Android Studio that using JAVA and XML. The database system also has been implemented which using SQLite system that provided by Android Studio. The database records all of the user's activity information and shared via internet also someone has been travel the searching route then database information is going to be used to show the previous travel route, checking the calories burn and time to be destination.

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# Background & Introduction

Nowadays, the Internet of Things (IoT) is growing fast and deeply entrenched in wide variety of fields because it can be used anywhere if there has internet connection and any size of device can apply the IoT concept. Therefore, the IoT concept has permeated our life and people look for IoT system for having better lifestyle. Through the IoT system, people can share their experience and data and other people to be able to manage their life in a better direction. Health and wellness is one of the big issue in society, more than 2.1 billion overweight people worldwide. For those people exercise is necessary activity and riding bicycle is one of effective exercise, in the past, people just riding without any database, however, if IoT concept is applied in this field the ton of data can be shared via internet and can manage the weight systematically. Therefore, in this project will cover the health management with bicycle through the sensor module.

The project aims to make small bicycle sensor system that measure values such as heart beat rate and RPM of the wheel then transmit to the device and the device will show the analyzed data on the screen. In this project uses the Arduino, some of sensor modules and Android studio software for testing and coding the system.

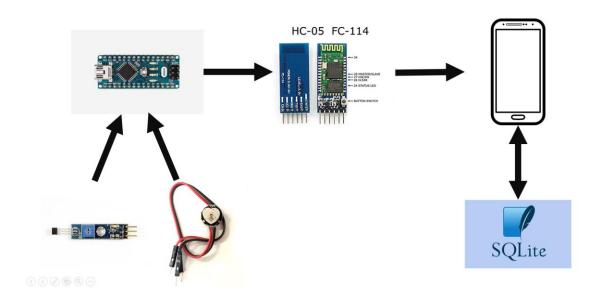
Over the project, there has some issues, first, the circuit embedded design has been changed for wire issue because it used to plan to measure the pedal force to gain more information for energy usage, however, the pedal part required wireless condition that not twisting the wire between pedal and mainboard also pressure sensor is not accurate measurement value because of too much noise value in there, so this part is modified in the future when it can be solved through research. The other issue is that mobile application part is unfamiliar field because B.Tech curriculum not involve that so this part has not done perfectly, such as Bluetooth and map API part is required higher knowledge of mobile application development, these problem are explained in later part in this report.

# Requirements

The Requirements for this project are shown below

- Arduino Nano
- Sensor modules
- Android Studio

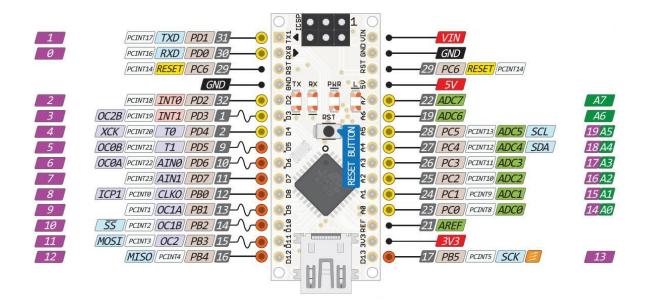
The overview of this project diagram is show below.



The overview diagram is only shown what has done this stage. It can be extended at sensor module part and Arduino Nano can be replaced to another level of Arduino such as Arduino Due because Arduino Nano only provide 1 serial (TX/RX) port so that cannot communicate with multiple sensors, for example, pedal pressure sensor required wireless communication between main microcontroller and pedal part microcontroller that used to plan to be embedded in this project. In the nutshell, there is possibility for sensor module part and Arduino type can be replaced and extended.

### Arduino Nano

The Arduino Nano is a one of most popular microcontroller board that working on 5V and using ATmega328P Memory that has 2KB SRAM. The power is able to be supplied via computer USB connection or external power generator (regulate 5V or unregulated 6-20V). The programming of Arduino Nano can be processed on IDE software that using the C (coding language) and can be monitored on serial monitor function in Arduino IDE software. The detail pin information is displayed below



## Sensor Modules

## Pulse Rate Sensor (#Hbm0395)

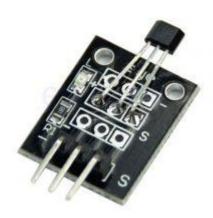
The pulse Rate sensor is using to measure the heart beat rate while riding bicycle. The working condition is on 5V and 40mA. The procedure of this sensor is the LED on the sensor board pass the brightness to the light detector on the board. So when user touching the LED and detector together, the user's finger is slightly expanded because of blood circulation so the light amount is reduced to detector and the sensor counts this. The Arduino code is provided by sensor module manufacturer.



Sensor Principle

## Hall Effect Sensor (KY-003)

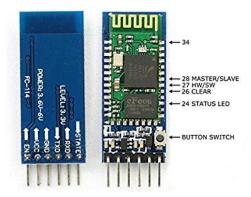
The Hall Effect sensor is using to measure the RPM (revolution per minute) of the wheel while riding the bicycle. The working condition is on 5V. The procedure of Hall Effect sensor is the magnetic of the wheel pass the Hall Effect Sensor then the sensor count this number.



#### Bluetooth Module (HC-05)

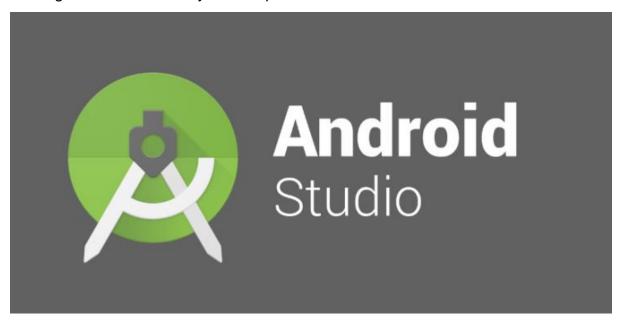
The Bluetooth module is using to communicate between micro-controller and device. The working condition is on 4~6V, however, this module specification is not clear on the web because all of provider mention different value so above value is come from purchased website. The procedure of Bluetooth module is simple that decide to master (transmit) or slave (receive) and connect to the target.

# HC-05 FC-114



#### **Android Studio**

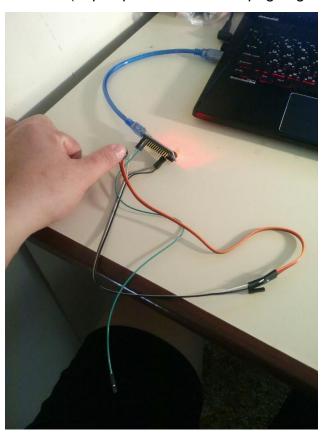
The Android studio is the official IDE for Android operating system provided by Google. The Android studio supporting few languages JAVA, KOTLIN and C++ but mainly using JAVA and XML for layout format. The feature of the studio is Gradle-based build support which is one of powerful build automation and supporting Android emulator that provide to user testing the application. The system requirements is a bit high, minimum 3GB RAM + 1GB RAM for Android Emulator, 6GB disk space for running the studio and JDK8 or above version, however, if running the studio smoothly then required at least 8GB RAM + 1GB RAM.

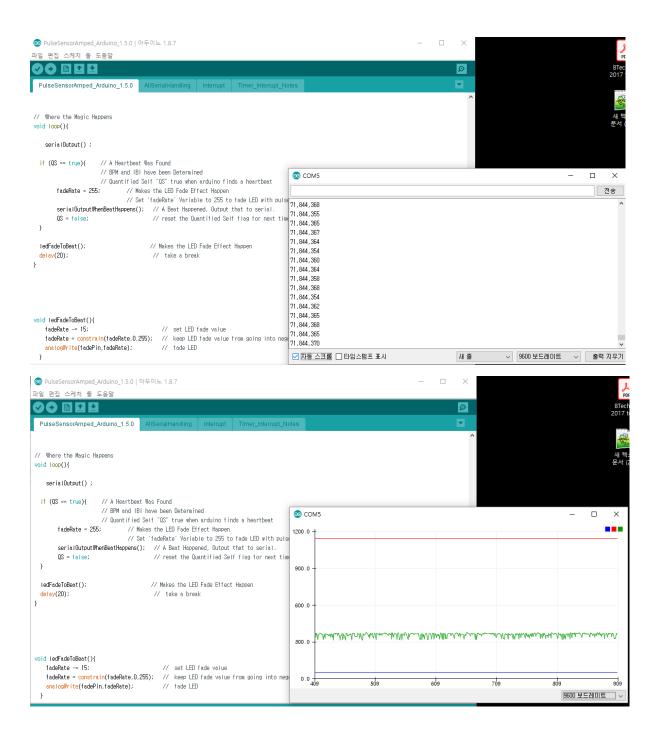


# **Progress**

The project can be process step by step, however, it is mainly separated two main categories, the hardware embedded with coding and application programming. As shown above overview diagram, sensor modules are the lowest level of hardware part so the project begin from the sensor module. To process the sensor modules embedded, Arduino IDE must be installed in PC and required specification sheet for manage the voltage control. First, all of sensor modules are tested by single connection because of IDE coding test, after the test, all of IDE code is combined in main IDE code file and implemented on bread-board.

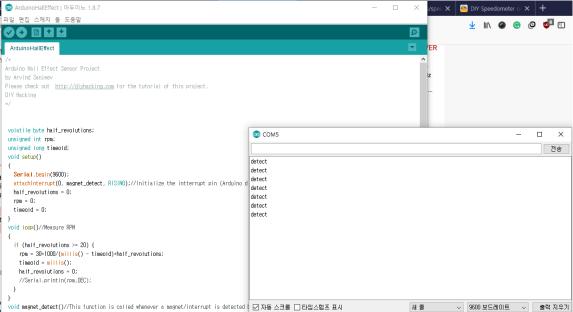
To start with pulse rate sensor which can measure the heart beat rate using the brightness and light detector. It generate noise as well so sometimes the value is fluctuated. The floater and serial monitor shown 3 values that is BPM, IBI and signal. The calculation is provided from pulse sensor manufacturer that can be checked on web-site (https://pulsesensor.com/pages/getting-advanced).





The next step is Hall Effect sensor that can measure the speed of the wheel. This sensor is simply tested that magnetic can generate the signal then display "detected" on serial monitor so testing code is different to speed measure code that required little bit modified from test code.



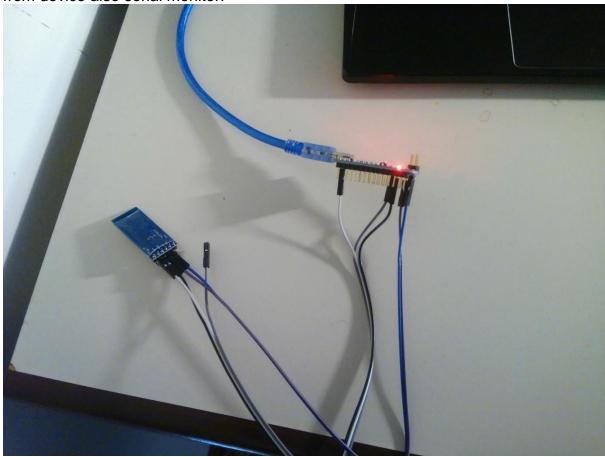


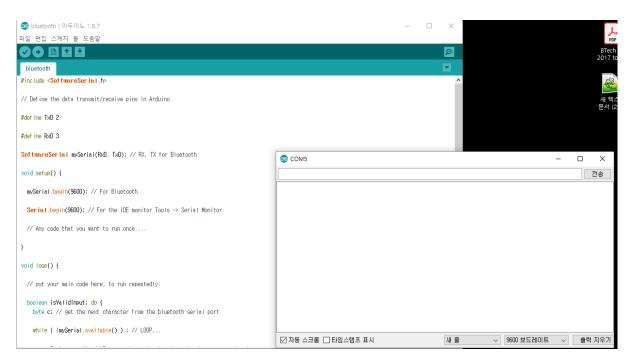
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The final code is required display speed on the screen instead "detected" that display formula is same as above.

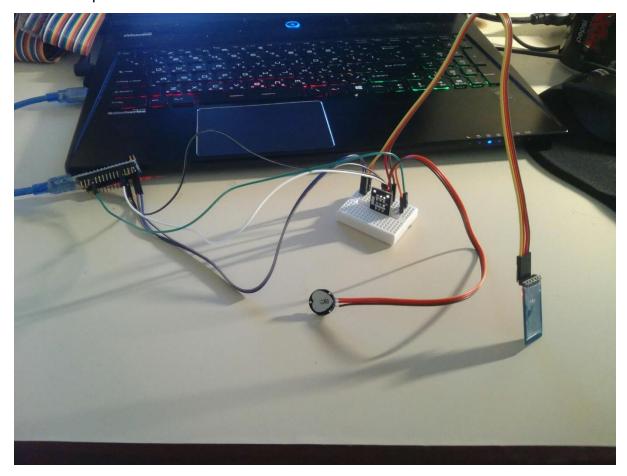
$$T = 1$$
 revolution time,  $1/T = n$  (frequency)  
 $L = 2*\pi*R = \pi*D$ -D is tire Diameter  
 $V$  (velocity) =  $L/T$ -L is wheel length

The last part is Bluetooth module that makes device and sensor modules can communicate and show the information on the mobile screen. This part may have problem because device can connect to the Bluetooth module, however, no respond from device also serial monitor.



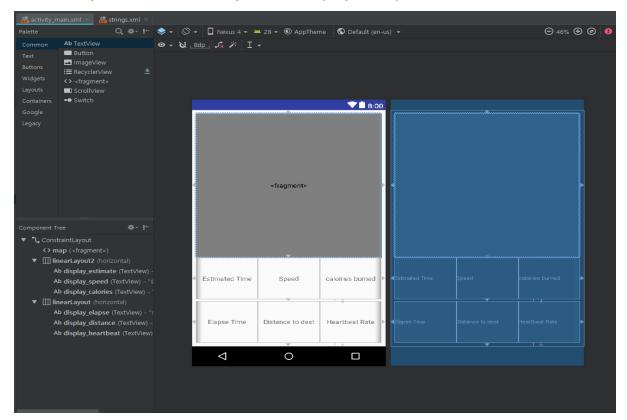


The below photo is to combine the all of module to be embedded on one board.



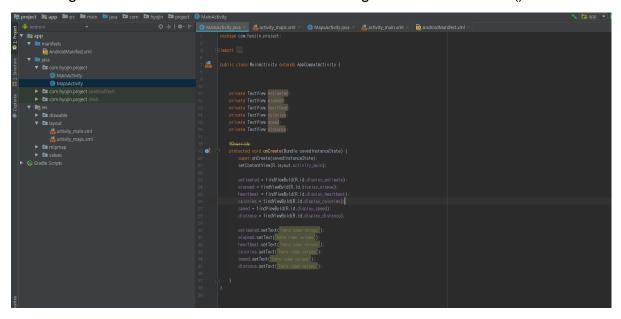
Before starting the coding, android studio is require to add the dependency and gradle build source modification work because google map and Bluetooth is not general option for build the application so additional dependency must be added.

The application programming is next step that using the android studio. First step is to make the layout for the application, in this project using the blank activity for flexible design because Android studio provide the Google map activity but that not included layout format so the layout for this project required to be made.

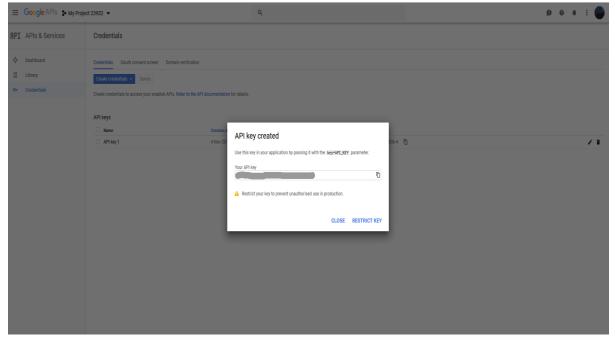


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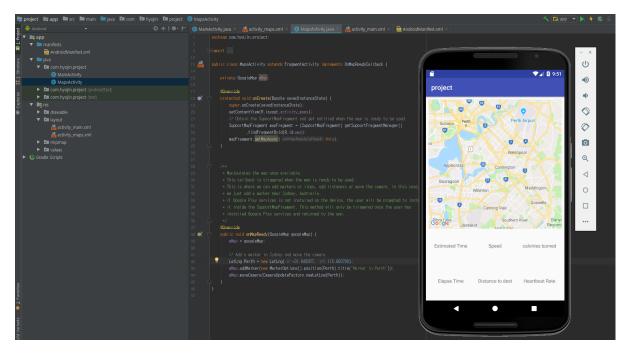
After made the layout, the all of Textview (display box) required to bind proper value but there has some issue so in this stage put String value that 'here comes value' when the issue is resolved then it will be replaced to proper variable, if the variable is not string then the variable can be converted using the method Valueof().



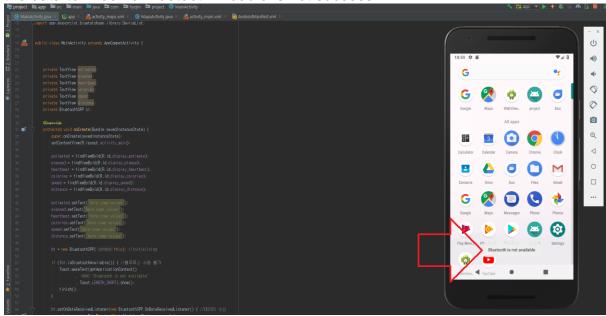
The Google map is implemented as a fragment so main activity call the fragment manager after call the google map on the main activity. Using the google map API, to agree the google map API agreement on google API website (<a href="https://console.cloud.google.com">https://console.cloud.google.com</a>) then will get the private key that is needed to enter in the XML file in Android studio. However, the map fragment is working partially, it only load the map information not specific marking point and additional function so that could not process from this stage.

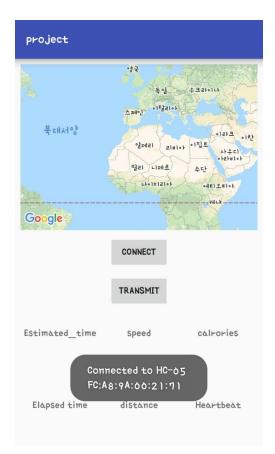


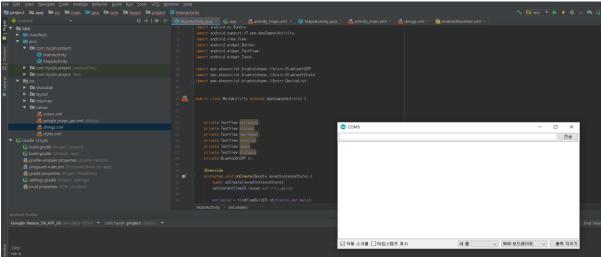
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Following step is the Bluetooth module set up in the studio, this is quiet complicated but coding is completed by using the reference web-site so it is working on the android emulator, however, emulator not provide the Bluetooth function so modified layout a bit and make as .apk file for installing on device. In the device, application is working and connect to Arduino Bluetooth module is successful, however, transmit the data to Arduino Bluetooth module is not success.







The last step is database implementation the database coding has been done that create the schema and updating, adding and remove the data function is implemented, however, data is not receiving from map function and Arduino module so database part is not going to join the main activity in this stage because data add part required the specific variable but as mention above the specific variable is not exist in this stage. The code is attached last part of this report Appendix B.

# **Future Improvement**

Currently, this project has two big problem that Bluetooth transmit issue and google map not working properly. Therefore, urgent improvement required at those section. For Bluetooth module may need the voltage divider that another supplier's data sheet informed recommendation working voltage is 3.3V. additionally, pedal pressure sensor is used to plan implemented in beginning of this project, however, the pedal pressure sensor is discarded because of technical and component issue so it can be improved by replaced the Arduino Nano to Arduino Due then without wiring (such as Bluetooth) can communicate between pedal pressure sensor and micro-controller because Arduino Due provide 4 Serial port that means can connect maximum 4 TX/RX connection between modules. Also health management algorithm can be updated because in this project only use the one type of calories burned formula but for more accurate value of calories burned can be used vary type of formula.

# Conclusion

The project is purposed to provide health management system while riding bicycle. Similar product is released in the market but the commercial product is mainly focus on entertaining purpose such as speed and angle of slope also price is quite expensive. So beginning of the project, targeting the inexpensive cost and focus on more health management.

In a nutshell, the project has been failed because the main reason is Bluetooth communication channel is not working so the value can gain from the sensors, however, those value not transmit to device so pointless for gaining the data. Another fatal issue is google map is not working properly, it show the map but supplementary function is important for this project, therefore, the value display part in application is not showing anything because 3section from the sensors modules and rest of values are got from google map information.

Nonetheless, the project is precious experience for final year of university. Through the project can be revision of the whole curriculum and research the new knowledge without any guideline so that make chance to improve the skill and knowledge widely.

# Reflection

In this project, I can learn many new knowledge such android programming, embedded system and understanding how to manage the project planning. Because first planning was not possible to process in limited time so beginning of project2 I have to revise the plan that can be finished in semester2. Unfortunately, the revised plan was not successful as well because the component delivery time took too long time also component output is different to theory. Furthermore, android programming is very sensitive programming because even make little mistake in the code, it has not shown any information why the application is not working. Through all of those situation, it not only makes me to learn academic knowledge that makes me learn self-management.

In conclusion, I cannot say the project is successful and doing well, however, the project make a chance to learn the new programming, android programming and XML layout editing, and thinking about how to manage the project schedule. Also processing the project alone make me feel having confidence for I can do any project if I had enough time for it. Therefore, this experience would be useful for in my future projects also career.

# References

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- Tutorial, How to Make Arduino Based Digital Tachometer Simple DIY. n.d. https://www.instructables.com/id/Ho-to-Make-Arduino-Based-Digital-Tachometer-Simple/.
- n.d. Why do you have to use a voltage divider with HC-05 bluetooth module? (Arduino). https://electronics.stackexchange.com/questions/280500/why-do-you-have-to-use-a-voltage-divider-with-hc-05-bluetooth-module-arduino.

# **Appendices**

# Appendix A

#### Pulse sensor Arduino code

Please download the zip file for processing the pulse sensor module:

https://github.com/WorldFamousElectronics/PulseSensor\_Amped\_Arduino

#### Bluetooth module Arduino code

```
#include <SoftwareSerial.h>
// Define the data transmit/receive pins in Arduino
#define TxD 31
#define RxD 30
SoftwareSerial mySerial(RxD, TxD); // RX, TX for Bluetooth
void setup() {
    mySerial.begin(9600); // For Bluetooth
    Serial.begin(9600); // For the IDE monitor Tools -> Serial Monitor
}
void loop() {
    byte c;
    //c = mySerial.read(); // here come to heart beat rate and speed value
    Serial.print(c); // Print the character received to the IDE serial monitor
}
```

#### Hall Effect Sensor Module

```
unsigned long lastturn;
 float length = 2.070; // 26 inch wheel
 volatile float Dist=0;
 volatile float speed;
 void setup()
 {
   Serial.begin(9600);
   attachInterrupt(0, magnet_detect, RISING);//Initialize the intterrupt pin (Arduino
digital pin 2)
   lastturn = 0;
 }
 void loop()//Measure RPM
 {
   if (millis() - lastturn >80) {
      lastturn = millis();
      speed = length / ((millis() - lastturn) / 1000) *3.6;
      Dist = Dist + length / 1000;
      Serial.println(speed,DEC);
   }
 }
 void magnet_detect()//This function is called whenever a magnet/interrupt is
detected by the arduino
 {
   half_revolutions++;
   Serial.println("detect");
 }
```

# Appendix B

## Layout Code

```
android: layout_width="match_parent
android: layout_height="match_parent"
android:orientation="vertical"
<But ton
    android: layout_width="wrap_content"
    android: layout_height="wrap_content"
    app:layout_constraintBottom_toBottomOf="parent"
    app:layout_constraintLeft_toLeftOf="parent
    app:layout_constraintRight_toRightOf="parent"
<But ton
    android: layout_width="wrap_content'
    android: layout_height="wrap_content"
    android: layout_marginTop="8dp
    app:layout_constraintLeft_toLeftOf="parent"
    app:layout_constraintRight_toRightOf="parent"
    android: layout_width="Odp
    android: layout_height="0dp'
    android: layout_marginEnd="8dp
    android: layout_marginLeft="8dp
    android: layout_marginRight="8dp
    android: layout_marginTop="8dp"
    app:layout_constraintEnd_toEndOf="parent"
    app:layout_constraintStart_toStartOf="parent"
    app:layout_constraintTop_toTopOf="parent" />
<LinearLayout</pre>
    android: layout_width="match_parent"
    android: layout_height="100dp
    android: layout_marginBottom="4dp
```

```
android: layout_marginEnd="8dp
    android: layout_marginLeft="8dp"
    android:layout_marginRight="8dp"
    android: layout_marginStart="8dp"
    android:orientation="horizontal
    app:layout_constraintBottom_toTopOf="@+id/linearLayout"
    app:layout_constraintEnd_toEndOf="parent"
    app:layout_constraintStart_toStartOf="parent">
    <TextView
        android:layout_width="match_parent"
        android: layout_height="match_parent"
        android:layout_weight="1"
        android:gravity="center_horizontal|center_vertical'
    <TextView
        android: layout_width="match_parent"
        android:layout_height="match_parent"
        android: layout_weight="1
        android:gravity="center_horizontal|center_vertical"
    <TextView
        android: layout_width="match_parent"
        android: layout_height="match_parent"
        android:layout_weight="1"
</LinearLayout>
<LinearLayout</pre>
    android: layout_width="match_parent"
    android: layout_height="100dp
    android: layout_marginBottom="8dp'
    android: layout_marginEnd="8dp
    android:layout_marginLeft="8dp"
    android:layout_marginRight="8dp'
    android: layout_marginStart="8dp
    app:layout_constraintEnd_toEndOf="parent
    app:layout_constraintStart_toStartOf="parent">
    <TextView
        android: layout_width="match_parent"
        android: layout_height="match_parent"
        android: layout_weight="1"
```

## Main Activity JAVA code

```
package com.hyojin.project:

import android.app.Activity;
import android.bluetooth.BluetoothAdapter;
import android.content.Intent;
import android.os.Bundle;
import android.support.v7.app.AppCompatActivity;
import android.view.view;
import android.widget.Button;
import android.widget.ExtView;
import android.widget.Toast;

import app.akexorcist.bluetotohspp.library.BluetoothSPP;
import app.akexorcist.bluetotohspp.library.BluetoothState;
import app.akexorcist.bluetotohspp.library.DeviceList;

public class MainActivity extends AppCompatActivity {

    private TextView estimated:
    private TextView lapsed:
    private TextView calories;
    private TextView speed:
    private TextView speed:
    private TextView distance:
    private BluetoothSPP bt;

    @Override
    profected void onCreate(Bundle savedInstanceState) {
        super.onCreate(savedInstanceState);
}
```

```
estimated = findViewById(R.id.display_estimate);
elapsed = findViewById(R.id.display_elapse);
heartbeat = findViewById(R.id.display_heartbeat);
calories = findViewById(R.id.display_calories);
speed = findViewById(R.id.display_speed);
distance = findViewById(R.id.display_distance);
if (!bt.isBluetoothAvailable()) { //블루투스 사용 불가
   Toast.makeText(getApplicationContext()
            , Toast. LENGTH_SHORT).show();
bt.setOnDataReceivedListener(new BluetoothSPP.OnDataReceivedListener() { //데이터 수신
   public void onDataReceived(byte[] data, String message) {
       Toast. make Text (Main Activity.this, message, Toast. LENGTH_SHORT).show();
   public void onDeviceConnected(String name, String address) {
        Toast.makeText(getApplicationContext()
               , "Connected to " + name + "\n" + address
               , Toast.LENGTH_SHORT).show();
   public void onDeviceDisconnected() { //연결해제
       Toast.makeText(getApplicationContext()
               , "Connection lost", Toast. LENGTH_SHORT).show();
   public void onDeviceConnectionFailed() { //연결실패
       Toast.makeText(getApplicationContext()
               , "Unable to connect", Toast.LENGTH_SHORT).show();
Button btnConnect = findViewByld(R.id.btnConnect); //연결시도
```

```
public void onDestroy() {
   bt.stopService(); //블루투스 중지
    if (!bt.isBluetoothEnabled()) { //
        startActivityForResult(intent, BluetoothState. REQUEST_ENABLE_BT);
        if (!bt.isServiceAvailable()) {
           bt.setupService()
           bt.startService(BluetoothState. DEVICE_OTHER): //DEVICE_ANDROID 는 안드로이드 기기
public void setup() {
    Button btnSend = findViewByld(R.id.btnSend); //데이터 전송
public void onActivityResult(int requestCode, int resultCode, Intent data) {
           bt.startService(BluetoothState.DEVICE_OTHER);
           Toast.makeText(getApplicationContext()
                     Toast. LENGTH_SHORT).show();
```

```
}
```

#### Map source XML

```
<?xml version="1.0" encoding="utf-8"?>
<fragment xmlns:android="http://schemas.android.com/apk/res/android"
    xmlns:map="http://schemas.android.com/apk/res-auto"
    xmlns:tools="http://schemas.android.com/tools"
    android:id="@+id/map"
    android:name="com.google.android.gms.maps.SupportMapFragment"
    android:layout_width="match_parent"
    android:layout_height="match_parent"
    tools:context=".MapsActivity" />
```

# Map Fragment JAVA code

```
import android.support.v4.app.FragmentActivity;
import com.google.android.gms.maps.CameraUpdateFactory;
import com.google.android.gms.maps.GoogleMap;
import com.google.android.gms.maps.OnMapReadyCallback;
import com.google.android.gms.maps.SupportMapFragment;
import com.google.android.gms.maps.model.LatLng
import com.google.android.gms.maps.model.MarkerOptions;
public class MapsActivity extends FragmentActivity implements OnMapReadyCallback {
   private GoogleMap mMap;
   protected void onCreate(Bundle savedInstanceState) {
       super.onCreate(savedInstanceState);
       SupportMapFragment mapFragment = (SupportMapFragment) getSupportFragmentManager()
               .findFragmentById(R.id.map);
       mapFragment.getMapAsync(this);
   public void onMapReady(GoogleMap googleMap) {
       mMap = googleMap;
       mMap.addMarker(new MarkerOptions().position(Perth).title("Marker in Perth"));
       mMap.moveCamera(CameraUpdateFactory.newLatLng(Perth));
```

# Data.java

```
public double getDistance() {
public int getCalroie() {
public int getTime() {
public byte[] getMaMap() {
public void setMaMap(byte[] maMap) {
```

## dataSchema.java

```
public class dataSchema {
   public static class dataTable
   {
      public static final String NAME = "bicycleData";
      public static class cols
      {
            public static final String travelTime = "travel_time";
            public static final String caloriesBurned= "calories_wasted";
            public static final String Disatnce= "distance";
            public static final String mapInfo = "MapInfo";
        }
    }
}
```

## dataStore.java

```
String[] whereValue = { String.valueOf(data.getMaMap())};
    db.delete(dataTable.NAME, dataTable.cols.mapInfo + " = ?", whereValue);
}
}
```

## database.java