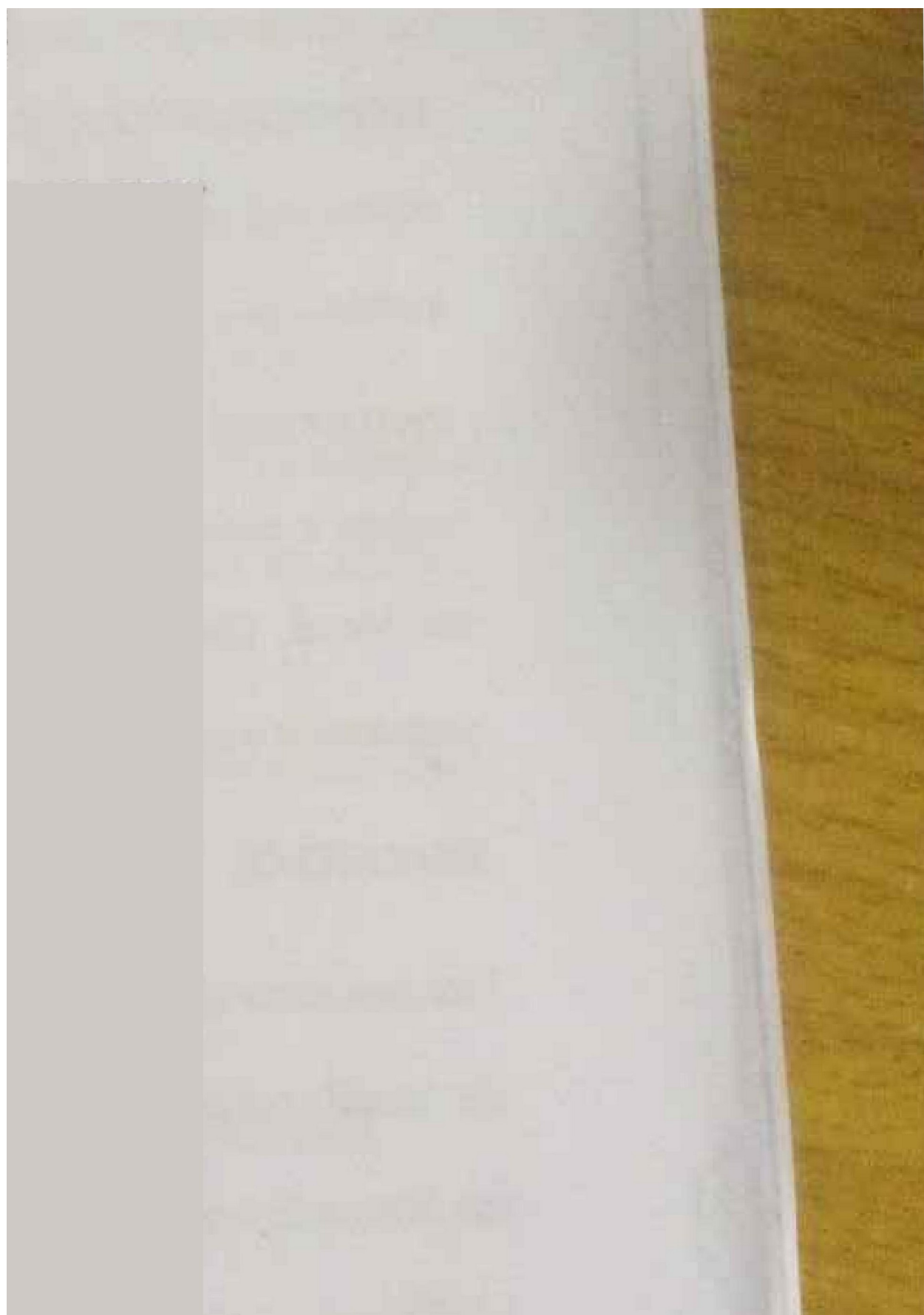


EMMY

## LECTURE NOTE



ENDOCRINE PHYSIOLOGY  
(END CRINOLOGY)  
PCL 251  
LECTUR  
R DR. C.J. ONAH



EN

OVERVEIW

EISIDOCROIIOLOGY: This is the understanding of hormone secretion, hormone action and principals of feedba k control. In other words the study of endocrine glands.

**ENDOCRINE SYSTEM:** It is system in which a group of secretor cells (glands) secrete a potent chemical transmitter substance which is known as a hormone into the blood. The transmitter is then carried by the blood to the target cells where a response is elicited.





## MECHANISMS OF HORMONE ACTION

Group

- Hormone binds to the receptor molecule. The resulting hormone-protein complex then binds to DNA and promotes the synthesis of RNA. When •

mRNA leaves the nucleu and enters the cytoplasm where it is translated to

4







3

F

protein molecules<sup>4</sup> For example T<sub>3</sub>, 1143 oestrogens, progesterone and testosterone

Group H

Jo Generally act through c

Bind to all surface recept° before they stimulate release of 2nd messengers which will then perform bi logical functions of these hormones eg. ACTH, FSH, LH, TRH, Gralii

Hormones are vent potent ubstances as very small amounts have profound effects in metabolic processi

#### CLASSIFICATION OF HORIVI NES

1. Amines -11' derived from it odificatioil of Amino acids egg, melatonin, Thyroid horm•nes and catecholamines.

2. Peptides—w. made up of on a few amipo acid residues e. e, oxytocin, vasopressin

I Steroid Derived from olesterol c.g sex hormones, adrenal cortex hormones

4. Protein Are built up fro large amino acid residues e.g Insulin, Ghucagon, SornItotropins

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5. Glycoprotein Are Coirgated proteins bound to carbonhydrates eg LH, FAH, T



6. Ecosanoide Made u

#### POINTS OF ENTEREST

- Some organs in the Endo functions in other systems

- A single gland may secret of small fatty acid derivatives e.g prostaglandins,

rifle system are involved in and have numerous

.g1 Testis and adrenal glands.

mpitiple hormones reflecting different types of

endocrine glands in the same gland e.g., Anterior pituitary and pancreas.

- In a few cases a single cell may secrete more than one hormone e.g.  
Anterior

1

pituitary Gland-LH and FSH,

4.

- A particular hormone may  
be produced by numerous endocrine glands e.g.  
Sex hormones and adrenal Cortex.

- All hormone secreted from endocrine glands (ductless) are transported in the

I

blood.

I Endocrine system is regulated

back) using releasing Hormones

exemplified in the pituitary

by a feedback mechanism (negative feedback)

as TRH, GnRH, etc). This mechanism is well

well vascularized).

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## MAJOR ENDOCRINE GLANDS

1. Pineal gland : Located in the brain and produces melatonin which functions to convey information concerning the daily cycle of light and darkness to the body and also involved reproductive development.

2. Hypothalamus; Located in the lower central part of the brain.

It is an organ that connects the endocrine system to the Nervous system.

Important in regulating satiety, metabolism and body temperature

e.g Thyrotropin Releasing hormone TRH —TSH

Corticotropin Releasing factor CRF —ACTH,

-Growth Hormone Releasing factor GHRH

-Gonadotropin Releasing hormone GnRH

3. Pituitary Gland

\* Located at the base of the brain beneath the hypothalamus (Size small like a pea) Diameter connected to hypothalamus by a stalk called infundibulum.

- Very important as it produces hormones that control many functions of other

endocrine glands,

- It consists of Anterior and posterior pituitary lobes.