

## 2012 NHIS Public Use Variable Summary

### Adult Alternative Medicine

Filename - Section: althealt - IDN

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
IDN.000_00.000			RECTYPE	File type identifier	1 - 2	2
IDN.000_02.000			SRVY_YR	Year of National Health Interview Survey	3 - 6	4
IDN.000_04.000			HHX	Household Number	7 - 12	6
IDN.000_35.000			FMX	Family Number	13 - 14	2
IDN.000_40.000		FPX	FPX	Person Number (Within family)	15 - 16	2
IDN.000_70.000			WTFA_SA	Weight - Final Annual	17 - 22	6
UCF.000_00.000	R15	RECODE	STRAT_P	Pseudo-stratum for public-use file variance estimation	23 - 25	3
UCF.000_00.000	R16	RECODE	PSU_P	Pseudo-PSU for public-use file variance estimation	26 - 27	2
ALT.001_00.000		PROV1	PROV1	Has a personal health care provider	28	1
ALT.002_01.000		PROVTYP1-PROVTYP4	PROVTYP1	Personal health care provider is a medical doctor (M.D., D.O.), including specialists	29	1
ALT.002_02.000		PROVTYP1-PROVTYP4	PROVTYP2	Personal health care provider is a nurse, nurse practitioner, or physician's assistant	30	1
ALT.002_03.000		PROVTYP1-PROVTYP4	PROVTYP3	Personal health care provider is a chiropractor, acupuncturist, or naturopath	31	1
ALT.002_04.000		PROVTYP1-PROVTYP4	PROVTYP4	Personal health care provider is 'other'	32	1
ALT.003_01.000		PROVUSP1- PROVUSP4	PROVUSP1	Sees a medical doctor (M.D., D.O.) at usual place of care	33	1
ALT.003_02.000		PROVUSP1- PROVUSP4	PROVUSP2	Sees a nurse, nurse practitioner, or physician assistant at usual place of care	34	1
ALT.003_03.000		PROVUSP1- PROVUSP4	PROVUSP3	Sees a chiropractor, acupuncturist, or naturopath at usual place of care	35	1
ALT.003_04.000		PROVUSP1- PROVUSP4	PROVUSP4	Sees another type of provider at usual place of care	36	1
ALT.004_01.000		PROVRTN1-PROVRTN4	PROVRTN1	Sees a medical doctor (M.D., D.O.) for routine care	37	1
ALT.004_02.000		PROVRTN1-PROVRTN4	PROVRTN2	Sees a nurse, nurse practitioner, or physician assistant for routine care	38	1
ALT.004_03.000		PROVRTN1-PROVRTN4	PROVRTN3	Sees a chiropractor, acupuncturist, or naturopath for routine care	39	1
ALT.004_04.000		PROVRTN1-PROVRTN4	PROVRTN4	Sees an "other" type of provider for routine care	40	1
ALT.010_00.000		COM_USE	COM_USE	Used chiropractic or osteopathic manipulation, ever	41	1
ALT.011_00.000		COM_EVER	COM_EVER	Saw a practitioner for chiropractic or osteopathic manipulation, ever	42	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.012_00.000		COM_USEM	COM_USEM	Saw a practitioner for chiropractic or osteopathic manipulation, past 12 months	43	1
ALT.013_00.000		COM_USM	COM_USM	Used chiropractic or osteopathic manipulation, past 12 months	44	1
ALT.014_00.000		COM_TYPE	COM_TYPE	Type of practitioner seen for chiropractic or osteopathic manipulation	45	1
ALT.015_00.000		COM_PMST	COM_PMST	Type of practitioner seen the most for chiropractic or osteopathic manipulation, past 12 months	46	1
ALT.016_00.000		COM_PHCP	COM_PHCP	Practitioner seen for chiropractic manipulation is also personal healthcare provider	47	1
ALT.017_00.000		COM_PTIM	COM_PTIM	Knows exact number of times saw a practitioner of chiropractic or osteopathic manipulation, past 12 months	48	1
ALT.018_00.000		COM_TMNO	COM_TMNO	Exact number of times saw a practitioner for chiropractic or osteopathic manipulation, past 12 months	49 - 50	2
ALT.019_00.000		COM_TMCT	COM_TMCT	Approximate number of times saw practitioner for chiropractic or osteopathic manipulation, past 12 months	51 - 52	2
ALT.021_00.000		COM_HIC	COM_HIC	Any cost of seeing practitioner for chiropractic/osteopathic manipulation was covered by insurance	53	1
ALT.022_00.000		COM_HICA	COM_HICA	Portion of the cost of seeing practitioner for chiropractic/osteopathic manipulation covered by health insurance	54	1
ALT.023_00.000		COM_HIT	COM_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation	55	1
ALT.024_00.000		COM_HITS	COM_HITS	Total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation	56 - 60	5
ALT.025_00.010		COM_AVGC	COM_AVGC	Knows average amount paid out-of-pocket for each visit for chiropractic/osteopathic manipulation	61	1
ALT.026_00.000		COM_AVGS	COM_AVGS	Average out-of-pocket cost paid for each visit to practitioner for chiropractic/osteopathic manipulation	62 - 64	3
ALT.027_00.000		COM_MAT	COM_MAT	Bought self-help book or other materials to learn about chiropractic/osteopathic manipulation	65	1
ALT.028_00.000		COM_MATC	COM_MATC	Amount paid for self-help book or other materials to learn about chiropractic/osteopathic manipulation	66 - 68	3
ALT.037_00.000		MAS_USE	MAS_USE	Used massage for health, ever	69	1
ALT.038_00.000		MAS_EVER	MAS_EVER	Saw a practitioner for massage, ever	70	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.039_00.000		MAS_USEM	MAS_USEM	Saw a practitioner for massage, past 12 months	71	1
ALT.040_00.000		MAS_USM	MAS_USM	Used massage, past 12 months	72	1
ALT.041_00.000		MAS_PTIM	MAS_PTIM	Knows exact number of times saw a practitioner for massage, past 12 months	73	1
ALT.042_00.000		MAS_TMNO	MAS_TMNO	Exact number of times saw a practitioner for massage, past 12 months	74 - 75	2
ALT.043_00.000		MAS_TMCT	MAS_TMCT	Approximate number of times saw a practitioner for massage, past 12 months	76 - 77	2
ALT.044_00.000		MAS_HIC	MAS_HIC	Any cost of seeing practitioner for massage was covered by insurance	78	1
ALT.045_00.000		MAS_HICA	MAS_HICA	Portion of the cost of seeing practitioner for massage covered by health insurance	79	1
ALT.046_00.000		MAS_HIT	MAS_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for massage	80	1
ALT.047_00.000		MAS_HITS	MAS_HITS	Total amount paid out-of-pocket for seeing a practitioner for massage	81 - 85	5
ALT.048_00.000		MAS_AVGC	MAS_AVGC	Knows average amount paid out-of-pocket for each visit for massage	86	1
ALT.049_00.000		MAS_AVGS	MAS_AVGS	Average out-of-pocket cost paid for each massage visit	87 - 89	3
ALT.050_00.000		MAS_MAT	MAS_MAT	Bought self-help book or other materials to learn about massage	90	1
ALT.051_00.000		MAS_MATC	MAS_MATC	Amount paid for self-help book or other materials to learn about massage	91 - 93	3
ALT.061_00.000		ACU_USE	ACU_USE	Used acupuncture for health, ever	94	1
ALT.062_00.000		ACU_EVER	ACU_EVER	Saw a practitioner for acupuncture, ever	95	1
ALT.063_00.000		ACU_USEM	ACU_USEM	Saw a practitioner for acupuncture, past 12 months	96	1
ALT.064_00.000		ACU_USM	ACU_USM	Used acupuncture, past 12 months	97	1
ALT.065_00.000		ACU_PTIM	ACU_PTIM	Knows exact number of times saw a practitioner for acupuncture, past 12 months	98	1
ALT.066_00.000		ACU_TMNO	ACU_TMNO	Exact number of times saw a practitioner for acupuncture, past 12 months	99 - 100	2
ALT.067_00.000		ACU_TMCT	ACU_TMCT	Approximate number of times saw a practitioner for acupuncture, past 12 months	101 - 102	2
ALT.068_00.000		ACU_HIC	ACU_HIC	Any cost of seeing practitioner for acupuncture was covered by insurance	103	1
ALT.069_00.000		ACU_HICA	ACU_HICA	Portion of the cost of seeing practitioner for acupuncture covered by health insurance	104	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.070_00.000		ACU_HIT	ACU_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for acupuncture	105	1
ALT.071_00.000		ACU_HITS	ACU_HITS	Total amount paid out-of-pocket for seeing a practitioner for acupuncture	106 - 110	5
ALT.072_00.000		ACU_AVGC	ACU_AVGC	Knows average amount paid out-of-pocket per visit for acupuncture	111	1
ALT.073_00.000		ACU_AVGS	ACU_AVGS	Average out-of-pocket cost paid for each acupuncture visit	112 - 114	3
ALT.074_00.000		ACU_MAT	ACU_MAT	Bought self-help book or other materials to learn about acupuncture	115	1
ALT.075_00.000		ACU_MATC	ACU_MATC	Amount paid for self-help book or other materials to learn about acupuncture	116 - 118	3
ALT.085_00.000		EHT_USE	EHT_USE	Used energy healing therapy for health, ever	119	1
ALT.086_00.000		EHT_EVER	EHT_EVER	Saw a practitioner for energy healing therapy, ever	120	1
ALT.087_00.000		EHT_USEM	EHT_USEM	Saw a practitioner for energy healing therapy, past 12 months	121	1
ALT.088_00.000		EHT_USM	EHT_USM	Used energy healing therapy, past 12 months	122	1
ALT.089_00.000		EHT_PTIM	EHT_PTIM	Knows exact number of times saw a practitioner for energy healing therapy, past 12 months	123	1
ALT.090_00.000		EHT_TMNO	EHT_TMNO	Exact number of times saw a practitioner for energy healing therapy, past 12 months	124 - 125	2
ALT.091_00.000		EHT_TMCT	EHT_TMCT	Approximate number of times saw a practitioner for energy healing therapy, past 12 months	126 - 127	2
ALT.092_00.000		EHT_HIC	EHT_HIC	Any cost of seeing a practitioner for energy healing therapy was covered by insurance	128	1
ALT.093_00.000		EHT_HICA	EHT_HICA	Portion of the cost of seeing a practitioner for energy healing therapy covered by health insurance	129	1
ALT.094_00.000		EHT_HIT	EHT_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for energy healing therapy	130	1
ALT.095_00.000		EHT_HITS	EHT_HITS	Total amount paid for seeing a practitioner for energy healing therapy	131 - 135	5
ALT.096_00.000		EHT_AVGC	EHT_AVGC	Knows average amount paid out-of-pocket per visit for energy healing therapy	136	1
ALT.097_00.000		EHT_AVGS	EHT_AVGS	Average out-of-pocket cost paid for each energy healing therapy visit	137 - 139	3
ALT.098_00.000		EHT_MAT	EHT_MAT	Bought self-help book or other materials to learn about energy healing therapy	140	1

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ALT.099_00.000		EHT_MATC	EHT_MATC	Amount paid for self-help book or other materials to learn about energy healing therapy	141 - 143	3
ALT.109_00.000		NAT_USE	NAT_USE	Used naturopathy for health, ever	144	1
ALT.110_00.000		NAT_EVER	NAT_EVER	Saw a practitioner for naturopathy, ever	145	1
ALT.111_00.000		NAT_USEM	NAT_USEM	Saw a practitioner for naturopathy, past 12 months	146	1
ALT.112_00.000		NAT_USM	NAT_USM	Used naturopathy, past 12 months	147	1
ALT.113_00.000		NAT_PTIM	NAT_PTIM	Knows exact number of times saw a practitioner for naturopathy, past 12 months	148	1
ALT.114_00.000		NAT_TMNO	NAT_TMNO	Exact number of times saw a practitioner for naturopathy, past 12 months	149 - 150	2
ALT.115_00.000		NAT_TMCT	NAT_TMCT	Approximate number of times saw a practitioner for naturopathy, past 12 months	151 - 152	2
ALT.116_00.000		NAT_HIC	NAT_HIC	Any cost of seeing practitioner for naturopathy was covered by insurance	153	1
ALT.117_00.000		NAT_HICA	NAT_HICA	Portion of the cost of seeing practitioner for naturopathy covered by insurance	154	1
ALT.118_00.000		NAT_HIT	NAT_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for naturopathy	155	1
ALT.119_00.000		NAT_HITS	NAT_HITS	Total amount paid out-of-pocket for seeing a practitioner for naturopathy	156 - 160	5
ALT.120_00.000		NAT_AVGC	NAT_AVGC	Knows average amount paid out-of-pocket per visit for seeing a practitioner for naturopathy	161	1
ALT.121_00.000		NAT_AVGS	NAT_AVGS	Average out-of-pocket cost paid for each naturopathy visit	162 - 164	3
ALT.122_00.000		NAT_MAT	NAT_MAT	Bought self-help book or other materials to learn about naturopathy	165	1
ALT.123_00.000		NAT_MATC	NAT_MATC	Amount paid for self-help book or other materials to learn about naturopathy	166 - 168	3
ALT.133_00.000		HYP_USE	HYP_USE	Used hypnosis for health, ever	169	1
ALT.134_00.000		HYP_EVER	HYP_EVER	Saw a practitioner for hypnosis, ever	170	1
ALT.135_00.000		HYP_USEM	HYP_USEM	Saw a practitioner for hypnosis, past 12 months	171	1
ALT.136_00.000		HYP_BRTH	HYP_BRTH	Did breathing exercises as part of hypnosis	172	1
ALT.137_00.000		HYP_USM	HYP_USM	Used hypnosis, past 12 months	173	1
ALT.138_00.000		HYP_PTIM	HYP_PTIM	Knows exact number of times saw a practitioner for hypnosis, past 12 months	174	1

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ALT.139_00.000		HYP_TMNO	HYP_TMNO	Exact number of times saw a practitioner for hypnosis, past 12 months	175 - 176	2
ALT.140_00.000		HYP_TMCT	HYP_TMCT	Approximate number of times saw a practitioner for hypnosis, past 12 months	177 - 178	2
ALT.141_00.000		HYP_HIC	HYP_HIC	Any cost of seeing practitioner for hypnosis was covered by insurance	179	1
ALT.142_00.000		HYP_HICA	HYP_HICA	Portion of the cost of seeing practitioner for hypnosis covered by insurance	180	1
ALT.143_00.000		HYP_HIT	HYP_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for hypnosis	181	1
ALT.144_00.000		HYP_HITS	HYP_HITS	Total amount paid out-of-pocket for seeing a practitioner for hypnosis	182 - 186	5
ALT.145_00.000		HYP_AVGC	HYP_AVGC	Knows average amount paid out-of-pocket per visit for seeing a practitioner for hypnosis	187	1
ALT.146_00.000		HYP_AVGS	HYP_AVGS	Average amount paid out-of-pocket per visit for seeing a practitioner for hypnosis	188 - 190	3
ALT.147_00.000		HYP_MAT	HYP_MAT	Bought self-help book or other materials to learn about hypnosis	191	1
ALT.148_00.000		HYP_MATC	HYP_MATC	Amount paid for self-help book or other materials to learn about hypnosis	192 - 194	3
ALT.158_00.000		BIO_USE	BIO_USE	Used biofeedback for health, ever	195	1
ALT.159_00.000		BIO_EVER	BIO_EVER	Saw a practitioner for biofeedback, ever	196	1
ALT.160_00.000		BIO_USEM	BIO_USEM	Saw a practitioner for biofeedback, past 12 months	197	1
ALT.161_00.000		BIO_BRTH	BIO_BRTH	Did breathing exercises as part of biofeedback	198	1
ALT.162_00.000		BIO_USM	BIO_USM	Used biofeedback, past 12 months	199	1
ALT.163_00.000		BIO_PTIM	BIO_PTIM	Knows exact number of times saw a practitioner for biofeedback, past 12 months	200	1
ALT.164_00.000		BIO_TMNO	BIO_TMNO	Exact number of times saw a practitioner for biofeedback, past 12 months	201 - 202	2
ALT.165_00.000		BIO_TMCT	BIO_TMCT	Approximate number of times saw a practitioner for biofeedback, past 12 months	203 - 204	2
ALT.166_00.000		BIO_HIC	BIO_HIC	Any cost of seeing practitioner for biofeedback was covered by insurance	205	1
ALT.167_00.000		BIO_HICA	BIO_HICA	Portion of the cost of seeing practitioner for biofeedback covered by insurance	206	1
ALT.168_00.000		BIO_HIT	BIO_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for	207	1
ALT.169_00.000		BIO_HITS	BIO_HITS	Total amount paid out-of-pocket for seeing a practitioner for biofeedback	208 - 212	5

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.170_00.000		BIO_AVGC	BIO_AVGC	Knows average amount paid out-of-pocket per visit for seeing a practitioner for biofeedback	213	1
ALT.171_00.000		BIO_AVGS	BIO_AVGS	Average amount paid out-of-pocket per visit for biofeedback	214 - 216	3
ALT.172_00.000		BIO_MAT	BIO_MAT	Bought self-help book or other materials to learn about biofeedback	217	1
ALT.173_00.000		BIO_MATC	BIO_MATC	Amount paid for self-help book or other materials to learn about biofeedback	218 - 220	3
ALT.183_00.000		AYU_USE	AYU_USE	Used ayurveda for health, ever	221	1
ALT.184_00.000		AYU_EVER	AYU_EVER	Saw a practitioner for ayurveda, ever	222	1
ALT.185_00.000		AYU_USEM	AYU_USEM	Saw a practitioner for ayurveda, past 12 months	223	1
ALT.186_00.000		AYU_USM	AYU_USM	Used ayurveda, past 12 months	224	1
ALT.187_00.000		AYU_PTIM	AYU_PTIM	Knows exact number of times saw a practitioner for ayurveda, past 12 months	225	1
ALT.188_00.000		AYU_TMNO	AYU_TMNO	Exact number of times saw a practitioner for ayurveda, past 12 months	226 - 227	2
ALT.189_00.000		AYU_TMCT	AYU_TMCT	Approximate number of times saw a practitioner for ayurveda, past 12 months	228 - 229	2
ALT.190_00.000		AYU_HIC	AYU_HIC	Any cost of seeing practitioner for ayurveda was covered by insurance	230	1
ALT.191_00.000		AYU_HICA	AYU_HICA	Portion of the cost of seeing practitioner for ayurveda covered by insurance	231	1
ALT.192_00.000		AYU_HIT	AYU_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for ayurveda	232	1
ALT.193_00.000		AYU_HITS	AYU_HITS	Total amount paid out-of-pocket for seeing a practitioner for ayurveda	233 - 237	5
ALT.194_00.000		AYU_AVGC	AYU_AVGC	Knows average amount paid out-of-pocket per visit for ayurveda	238	1
ALT.195_00.000		AYU_AVGS	AYU_AVGS	Average out-of-pocket cost paid for each ayurveda visit	239 - 241	3
ALT.196_00.000		AYU_MAT	AYU_MAT	Bought self-help book or other materials to learn about ayurveda	242	1
ALT.197_00.000		AYU_MATC	AYU_MATC	Amount paid for self-help book or other materials to learn about ayurveda	243 - 245	3
ALT.207_00.000		CHE_USE	CHE_USE	Used chelation therapy for health, ever	246	1
ALT.208_00.000		CHE_EVER	CHE_EVER	Saw a practitioner for chelation therapy, ever	247	1
ALT.209_00.000		CHE_USEM	CHE_USEM	Saw a practitioner for chelation therapy, past 12 months	248	1
ALT.210_00.000		CHE_USM	CHE_USM	Used chelation therapy, past 12 months	249	1

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ALT.211_00.000		CHE_PTIM	CHE_PTIM	Knows exact number of times saw a practitioner for chelation therapy, past 12 months	250	1
ALT.212_00.000		CHE_TMNO	CHE_TMNO	Exact number of times saw a practitioner for chelation therapy, past 12 months	251 - 252	2
ALT.213_00.000		CHE_TMCT	CHE_TMCT	Approximate number of times saw a practitioner for chelation therapy, past 12 months	253 - 254	2
ALT.214_00.000		CHE_HIC	CHE_HIC	Any cost of seeing practitioner for chelation therapy was covered by insurance	255	1
ALT.215_00.000		CHE_HICA	CHE_HICA	Portion of the cost of seeing practitioner for chelation therapy covered by insurance	256	1
ALT.216_00.000		CHE_HIT	CHE_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for chelation therapy	257	1
ALT.217_00.000		CHE_HITS	CHE_HITS	Total amount paid out-of-pocket for seeing a practitioner for chelation therapy	258 - 262	5
ALT.218_00.000		CHE_AVGC	CHE_AVGC	Knows average amount paid out-of-pocket per visit for chelation therapy	263	1
ALT.219_00.000		CHE_AVGS	CHE_AVGS	Average amount paid out-of-pocket for each chelation therapy visit	264 - 266	3
ALT.220_00.000		CHE_MAT	CHE_MAT	Bought self-help book or other materials to learn about chelation therapy	267	1
ALT.221_00.000		CHE_MATC	CHE_MATC	Amount paid for self-help book or other materials to learn about chelation therapy	268 - 270	3
ALT.231_00.000		CST_USE	CST_USE	Used craniosacral therapy for health, ever	271	1
ALT.232_00.000		CST_EVER	CST_EVER	Saw a practitioner for craniosacral therapy, ever	272	1
ALT.233_00.000		CST_USEM	CST_USEM	Saw a practitioner for craniosacral therapy, past 12 months	273	1
ALT.234_00.000		CST_USM	CST_USM	Used craniosacral therapy, past 12 months	274	1
ALT.235_00.000		CST_PTIM	CST_PTIM	Knows exact number of times saw a practitioner for craniosacral therapy, past 12 months	275	1
ALT.236_00.000		CST_TMNO	CST_TMNO	Exact number of times saw a practitioner for craniosacral therapy, past 12 months	276 - 277	2
ALT.237_00.000		CST_TMCT	CST_TMCT	Approximate number of times saw a practitioner for craniosacral therapy, past 12 months	278 - 279	2
ALT.238_00.000		CST_HIC	CST_HIC	Any cost of seeing practitioner for craniosacral therapy was covered by insurance	280	1



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ALT.239_00.000		CST_HICA	CST_HICA	Portion of the cost of seeing practitioner for craniosacral therapy covered by insurance	281	1
ALT.240_00.000		CST_HIT	CST_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for craniosacral therapy	282	1
ALT.241_00.000		CST_HITS	CST_HITS	Total amount paid out-of-pocket for seeing a practitioner for craniosacral therapy	283 - 287	5
ALT.242_00.000		CST_AVGC	CST_AVGC	Knows average amount paid out-of-pocket per visit for craniosacral therapy	288	1
ALT.243_00.000		CST_AVGS	CST_AVGS	Average out-of-pocket cost paid for each craniosacral therapy visit	289 - 291	3
ALT.244_00.000		CST_MAT	CST_MAT	Bought self-help book or other materials to learn about craniosacral therapy	292	1
ALT.245_00.000		CST_MATC	CST_MATC	Amount paid for self-help book or other materials to learn about craniosacral therapy	293 - 295	3
ALT.255_00.000		TRD_EVR	TRD_EVR	Ever seen a traditional healer	296	1
ALT.256_01.000		TRDEV1-TRDEV6	TRDEV1	Ever seen a Native American Healer or Medicine Man	297	1
ALT.256_02.000		TRDEV1-TRDEV6	TRDEV2	Ever seen a Shaman	298	1
ALT.256_03.000		TRDEV1-TRDEV6	TRDEV3	Ever seen a Curandero or Parchero	299	1
ALT.256_04.000		TRDEV1-TRDEV6	TRDEV4	Ever seen a Yerbero or Hierbista	300	1
ALT.256_05.000		TRDEV1-TRDEV6	TRDEV5	Ever seen a Sobador	301	1
ALT.256_06.000		TRDEV1-TRDEV6	TRDEV6	Ever seen a Huesero	302	1
ALT.257_00.000		TRDU_NAH	TRDU_NAH	Saw a Native American Healer or Medicine Man, past 12 months	303	1
ALT.258_00.000		TRDU_SHA	TRDU_SHA	Saw a Shaman, past 12 months	304	1
ALT.259_00.000		TRDU_CUR	TRDU_CUR	Saw a Curandero or Parchero, past 12 months	305	1
ALT.260_00.000		TRDU_YER	TRDU_YER	Saw a Yerbero or Hierbista, past 12 months	306	1
ALT.261_00.000		TRDU_SOB	TRDU_SOB	Saw a Sobador, past 12 months	307	1
ALT.262_00.000		TRDU_HUE	TRDU_HUE	Saw a Huesero, past 12 months	308	1
ALT.263_00.000		TRD_PTIM	TRD_PTIM	Knows exact number of times saw a traditional healer, past 12 months	309	1
ALT.264_00.000		TRD_TMNO	TRD_TMNO	Exact number of times saw a traditional healer, past 12 months	310 - 311	2

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ALT.265_00.000		TRD_TMCT	TRD_TMCT	Approximate number of times saw a traditional healer, past 12 months	312 - 313	2
ALT.266_00.000		TRD_HIC	TRD_HIC	Any cost of seeing traditional healer was covered by insurance	314	1
ALT.267_00.000		TRD_HICA	TRD_HICA	Portion of the cost of seeing traditional healer covered by insurance	315	1
ALT.268_00.000		TRD_HIT	TRD_HIT	Knows total amount paid out-of-pocket for seeing a traditional healer	316	1
ALT.269_00.000		TRD_HITS	TRD_HITS	Total amount paid out-of-pocket for seeing a traditional healer	317 - 321	5
ALT.270_00.000		TRD_AVGC	TRD_AVGC	Knows average amount paid out-of-pocket per visit to traditional healer	322	1
ALT.271_00.000		TRD_AVGS	TRD_AVGS	Average out-of-pocket cost paid for each traditional healer visit	323 - 325	3
ALT.272_00.000		TRD_MAT	TRD_MAT	Bought self-help book or other materials to learn about traditional healers	326	1
ALT.273_00.000		TRD_MATC	TRD_MATC	Amount paid for self-help book or other materials to learn about traditional healers	327 - 329	3
ALT.283_00.000		AVT_USE	AVT_USE	Ever taken multi-vitamins or multi-minerals	330	1
ALT.284_00.000		AVT_USM	AVT_USM	Taken multi-vitamins or multi-minerals in past 12 months	331	1
ALT.285_00.000		AVT_ABEV	AVT_ABEV	Ever taken vitamins A, B, C, D, E, H, or K	332	1
ALT.286_00.000		AVT_ABUM	AVT_ABUM	Taken vitamins A,B,C,D,E,H, or K in past 12 months	333	1
ALT.287_00.000		AVT_CAEV	AVT_CAEV	Ever taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium	334	1
ALT.288_00.000		AVT_CAUM	AVT_CAUM	Taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium in past 12 months	335	1
ALT.298_00.000		AHB_EVR	AHB_EVR	Ever taken any herbal or other non-vitamin supplements	336	1
ALT.299_00.000		AHB_USM	AHB_USM	Taken any herbal or other non-vitamin supplements in past 12 months	337	1
ALT.300_01.000		AHBLST01-AHBLST22	AHBLST01	Taken combination herb pill, past 12 months	338	1
ALT.300_02.000		AHBLST01-AHBLST22	AHBLST02	Taken acai pills or gelpcaps, past 12 months	339	1
ALT.300_03.000		AHBLST01-AHBLST22	AHBLST03	Taken bee pollen (or other bee products), past 12 months	340	1
ALT.300_04.000		AHBLST01-AHBLST22	AHBLST04	Taken chondroitin, past 12 months	341	1
ALT.300_05.000		AHBLST01-AHBLST22	AHBLST05	Taken Co-enzyme Q10 (CoQ10), past 12 months	342	1
ALT.300_06.000		AHBLST01-AHBLST22	AHBLST06	Taken cranberry pills or capsules, past 12 months	343	1

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ALT.300_07.000		AHBLST01-AHBLST22	AHBLST07	Taken digestive enzymes (lactaid), past 12 months	344	1
ALT.300_08.000		AHBLST01-AHBLST22	AHBLST08	Taken echinacea, past 12 months	345	1
ALT.300_09.000		AHBLST01-AHBLST22	AHBLST09	Taken fish oil (or omega 3, DHA, or EPA fatty acid) supplements, past 12 months	346	1
ALT.300_10.000		AHBLST01-AHBLST22	AHBLST10	Taken garlic supplements, past 12 months	347	1
ALT.300_11.000		AHBLST01-AHBLST22	AHBLST11	Taken Ginkgo Biloba, past 12 months	348	1
ALT.300_12.000		AHBLST01-AHBLST22	AHBLST12	Taken Ginseng, past 12 months	349	1
ALT.300_13.000		AHBLST01-AHBLST22	AHBLST13	Taken glucosamine, past 12 months	350	1
ALT.300_14.000		AHBLST01-AHBLST22	AHBLST14	Taken green tea pills or EGCG pills, past 12 months	351	1
ALT.300_15.000		AHBLST01-AHBLST22	AHBLST15	Taken melatonin, past 12 months	352	1
ALT.300_16.000		AHBLST01-AHBLST22	AHBLST16	Taken milk thistle (silymarin), past 12 months	353	1
ALT.300_17.000		AHBLST01-AHBLST22	AHBLST17	Taken MSM (Methylsulfonylmethane), past 12 months	354	1
ALT.300_18.000		AHBLST01-AHBLST22	AHBLST18	Taken probiotics or prebiotics, past 12 months	355	1
ALT.300_19.000		AHBLST01-AHBLST22	AHBLST19	Taken SAM-e, past 12 months	356	1
ALT.300_20.000		AHBLST01-AHBLST22	AHBLST20	Taken saw palmetto, past 12 months	357	1
ALT.300_21.000		AHBLST01-AHBLST22	AHBLST21	Taken valerian, past 12 months	358	1
ALT.300_22.000		AHBLST01-AHBLST22	AHBLST22	Taken other herbs or non-vitamin supplements, past 12 months	359	1
ALT.301_00.000		AHB_MON	AHB_MON	Has taken any specific herbs or other non-vitamin supplements in past 30 days	360	1
ALT.302_01.000		AHBLSM01-AHBLSM22	AHBLSM01	Taken combination herb pill, past 30 days	361	1
ALT.302_02.000		AHBLSM01-AHBLSM22	AHBLSM02	Taken acai pills or gelcaps, past 30 days	362	1
ALT.302_03.000		AHBLSM01-AHBLSM22	AHBLSM03	Taken bee pollen (or other bee products), past 30 days	363	1
ALT.302_04.000		AHBLSM01-AHBLSM22	AHBLSM04	Taken chondroitin, past 30 days	364	1
ALT.302_05.000		AHBLSM01-AHBLSM22	AHBLSM05	Taken co-enzyme Q10 (CoQ10), past 30 days	365	1
ALT.302_06.000		AHBLSM01-AHBLSM22	AHBLSM06	Taken cranberry pills or capsules, past 30 days	366	1

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ALT.302_07.000		AHBLSM01-AHBLSM22	AHBLSM07	Taken digestive enzymes (lactaid), past 30 days	367	1
ALT.302_08.000		AHBLSM01-AHBLSM22	AHBLSM08	Taken echinacea, past 30 days	368	1
ALT.302_09.000		AHBLSM01-AHBLSM22	AHBLSM09	Taken fish oil (or omega 3, DHA, or EPA fatty acid) supplements, past 30 days	369	1
ALT.302_10.000		AHBLSM01-AHBLSM22	AHBLSM10	Taken garlic supplements, past 30 days	370	1
ALT.302_11.000		AHBLSM01-AHBLSM22	AHBLSM11	Taken ginkgo biloba, past 30 days	371	1
ALT.302_12.000		AHBLSM01-AHBLSM22	AHBLSM12	Taken ginseng, past 30 days	372	1
ALT.302_13.000		AHBLSM01-AHBLSM22	AHBLSM13	Taken glucosamine, past 30 days	373	1
ALT.302_14.000		AHBLSM01-AHBLSM22	AHBLSM14	Taken green tea pills or EGCG pills, past 30 days	374	1
ALT.302_15.000		AHBLSM01-AHBLSM22	AHBLSM15	Taken melatonin, past 30 days	375	1
ALT.302_16.000		AHBLSM01-AHBLSM22	AHBLSM16	Taken milk thistle (silymarin), past 30 days	376	1
ALT.302_17.000		AHBLSM01-AHBLSM22	AHBLSM17	Taken MSM (methylsulfonylmethane), past 30 days	377	1
ALT.302_18.000		AHBLSM01-AHBLSM22	AHBLSM18	Taken probiotics or prebiotics, past 30 days	378	1
ALT.302_19.000		AHBLSM01-AHBLSM22	AHBLSM19	Taken SAM-e, past 30 days	379	1
ALT.302_20.000		AHBLSM01-AHBLSM22	AHBLSM20	Taken saw palmetto, past 30 days	380	1
ALT.302_21.000		AHBLSM01-AHBLSM22	AHBLSM21	Taken valerian, past 30 days	381	1
ALT.302_22.000		AHBLSM01-AHBLSM22	AHBLSM22	Taken other herb or non-vitamin supplement, past 30 days	382	1
ALT.303_00.000		AHB_CHPN	AHB_CHPN	Number of different combination herb pills taken	383 - 384	2
ALT.304_02.000		AHBCP102-AHBCP122	AHBCP102	First combination herb pill taken included: acai	385	1
ALT.304_03.000		AHBCP102-AHBCP122	AHBCP103	First combination herb pill taken included: bee pollen or other bee products	386	1
ALT.304_04.000		AHBCP102-AHBCP122	AHBCP104	First combination herb pill taken included: chondroitin	387	1
ALT.304_05.000		AHBCP102-AHBCP122	AHBCP105	First combination herb pill taken included: co-enzyme Q10 (CoQ10)	388	1
ALT.304_06.000		AHBCP102-AHBCP122	AHBCP106	First combination herb pill taken included: cranberry	389	1
ALT.304_07.000		AHBCP102-AHBCP122	AHBCP107	First combination herb pill taken included: digestive enzymes	390	1
ALT.304_08.000		AHBCP102-AHBCP122	AHBCP108	First combination herb pill taken included: echinacea	391	1

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ALT.304_09.000		AHBCP102-AHBCP122	AHBCP109	First combination herb pill taken included: fish oil (or omega 3, DHA, or EPA fatty acid)	392	1
ALT.304_10.000		AHBCP102-AHBCP122	AHBCP110	First combination herb pill taken included: garlic	393	1
ALT.304_11.000		AHBCP102-AHBCP122	AHBCP111	First combination herb pill taken included: ginkgo biloba	394	1
ALT.304_12.000		AHBCP102-AHBCP122	AHBCP112	First combination herb pill taken included: ginseng	395	1
ALT.304_13.000		AHBCP102-AHBCP122	AHBCP113	First combination herb pill taken included: glucosamine	396	1
ALT.304_14.000		AHBCP102-AHBCP122	AHBCP114	First combination herb pill taken included: green tea or EGCG	397	1
ALT.304_15.000		AHBCP102-AHBCP122	AHBCP115	First combination herb pill taken included: melatonin	398	1
ALT.304_16.000		AHBCP102-AHBCP122	AHBCP116	First combination herb pill taken included: milk thistle (silymarin)	399	1
ALT.304_17.000		AHBCP102-AHBCP122	AHBCP117	First combination herb pill taken included: MSM (methylsulfonylmethane)	400	1
ALT.304_18.000		AHBCP102-AHBCP122	AHBCP118	First combination herb pill taken included: probiotics or prebiotics	401	1
ALT.304_19.000		AHBCP102-AHBCP122	AHBCP119	First combination herb pill taken included: SAM-e	402	1
ALT.304_20.000		AHBCP102-AHBCP122	AHBCP120	First combination herb pill taken included: saw palmetto	403	1
ALT.304_21.000		AHBCP102-AHBCP122	AHBCP121	First combination herb pill taken included: valerian	404	1
ALT.304_22.000		AHBCP102-AHBCP122	AHBCP122	First combination herb pill taken included: other herbs or non-vitamin supplements	405	1
ALT.305_02.000		AHBCP202-AHBCP222	AHBCP202	Second combination herb pill taken included: acai	406	1
ALT.305_03.000		AHBCP202-AHBCP222	AHBCP203	Second combination herb pill taken included: bee pollen or other bee products	407	1
ALT.305_04.000		AHBCP202-AHBCP222	AHBCP204	Second combination herb pill taken included: chondroitin	408	1
ALT.305_05.000		AHBCP202-AHBCP222	AHBCP205	Second combination herb pill taken included: co-enzyme Q10 (CoQ10)	409	1
ALT.305_06.000		AHBCP202-AHBCP222	AHBCP206	Second combination herb pill taken included: cranberry	410	1
ALT.305_07.000		AHBCP202-AHBCP222	AHBCP207	Second combination herb pill taken included: digestive enzymes	411	1
ALT.305_08.000		AHBCP202-AHBCP222	AHBCP208	Second combination herb pill taken included: echinacea	412	1
ALT.305_09.000		AHBCP202-AHBCP222	AHBCP209	Second combination herb pill taken included: fish oil (or omega 3, DHA, or EPA fatty acid)	413	1
ALT.305_10.000		AHBCP202-AHBCP222	AHBCP210	Second combination herb pill taken included: garlic	414	1

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ALT.305_11.000		AHBCP202-AHBCP222	AHBCP211	Second combination herb pill taken included: ginkgo biloba	415	1
ALT.305_12.000		AHBCP202-AHBCP222	AHBCP212	Second combination herb pill taken included: ginseng	416	1
ALT.305_13.000		AHBCP202-AHBCP222	AHBCP213	Second combination herb pill taken included: glucosamine	417	1
ALT.305_14.000		AHBCP202-AHBCP222	AHBCP214	Second combination herb pill taken included: green tea or EGCG	418	1
ALT.305_15.000		AHBCP202-AHBCP222	AHBCP215	Second combination herb pill taken included: melatonin	419	1
ALT.305_16.000		AHBCP202-AHBCP222	AHBCP216	Second combination herb pill taken included: milk thistle (silymarin)	420	1
ALT.305_17.000		AHBCP202-AHBCP222	AHBCP217	Second combination herb pill taken included: MSM (methylsulfonylmethane)	421	1
ALT.305_18.000		AHBCP202-AHBCP222	AHBCP218	Second combination herb pill taken included: probiotics or prebiotics	422	1
ALT.305_19.000		AHBCP202-AHBCP222	AHBCP219	Second combination herb pill taken included: SAM-e	423	1
ALT.305_20.000		AHBCP202-AHBCP222	AHBCP220	Second combination herb pill taken included: saw palmetto	424	1
ALT.305_21.000		AHBCP202-AHBCP222	AHBCP221	Second combination herb pill taken included: valerian	425	1
ALT.305_22.000		AHBCP202-AHBCP222	AHBCP222	Second combination herb pill taken included: other herbs or non-vitamin supplements	426	1
ALT.306_00.000		AHB_MOTH	AHB_MOTH	Number of other herbs or non-vitamin supplements taken, past 30 days	427 - 428	2
ALT.307_01.000		AHB_LU1C	AHB_LU1C	Name of the first herb or non-vitamin supplement taken, past 30 days	429 - 431	3
ALT.308_01.000		AHB_LU2C	AHB_LU2C	Name of the second herb or non-vitamin supplement taken, past 30 days	432 - 434	3
ALT.310_00.000		AHB_TP21	AHB_TP21	First of the top two herbal supplements taken most often	435 - 436	2
ALT.311_00.000		AHB_TP22	AHB_TP22	Second of the top two herbal supplements taken most often	437 - 438	2
ALT.312_00.000		AHB_EVR1	AHB_EVR1	Ever seen a practitioner for herbs or other non-vitamin supplements	439	1
ALT.313_00.000		AHB_USE1	AHB_USE1	Saw a practitioner for herbs or other non-vitamin supplements, past 12 months	440	1
ALT.314_00.000		AVT_BOFN	AVT_BOFN	Number of times per week, month, or year bought vitamins and minerals	441 - 443	3
ALT.315_00.000		AVT_BOFT	AVT_BOFT	Time period for how often vitamins and minerals were bought	444	1
ALT.316_00.000		AVT_CST1	AVT_CST1	Approximate cost paid for last purchase of vitamins or minerals	445 - 448	4
ALT.317_00.000		AHB_BOFN	AHB_BOFN	Number of times per week, month, or year bought herbs or other non-vitamin supplements	449 - 451	3

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ALT.318_00.000		AHB_BOFT	AHB_BOFT	Time period for how often herbs or other non-vitamin supplements were bought	452	1
ALT.319_00.000		AHB_CST1	AHB_CST1	Approximate cost paid for last purchase of vitamins or minerals	453 - 456	4
ALT.320_00.000		AHB_PTIM	AHB_PTIM	Knows exact number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months	457	1
ALT.321_00.000		AHB_TMNO	AHB_TMNO	Exact number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months	458 - 459	2
ALT.322_00.000		AHB_TMCT	AHB_TMCT	Approximate number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months	460 - 461	2
ALT.323_00.000		AHB_HIC	AHB_HIC	Any cost of seeing a practitioner for herbs or other non-vitamin supplements was covered by insurance	462	1
ALT.324_00.000		AHB_HICA	AHB_HICA	Portion of the cost of seeing practitioner for herbs or other non-vitamin supplements covered by insurance	463	1
ALT.325_00.000		AHB_HIT	AHB_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for herbs or other non-vitamin supplements	464	1
ALT.326_00.000		AHB_HITS	AHB_HITS	Total amount paid out-of-pocket for seeing a practitioner for herbs or other non-vitamin supplements	465 - 469	5
ALT.327_00.000		AHB_AVGC	AHB_AVGC	Knows average amount paid out-of-pocket per visit for herbs or other non-vitamin supplements	470	1
ALT.328_00.000		AHB_AVGS	AHB_AVGS	Average out-of-pocket cost paid for each visit for herbs or other non-vitamin supplements	471 - 473	3
ALT.329_00.000		AHB_MAT	AHB_MAT	Bought self-help book or other materials to learn about herbs or other non-vitamin supplements	474	1
ALT.330_00.000		AHB_MATC	AHB_MATC	Amount paid for self-help book or other materials to learn about herbs or other non-vitamin supplements	475 - 477	3
ALT.340_00.000		HOM_USE	HOM_USE	Used homeopathy for health, ever	478	1
ALT.341_00.000		HOM_USM	HOM_USM	Used homeopathy for health, past 12 months	479	1
ALT.342_00.000		HOM_OFTN	HOM_OFTN	Number of times per week, month, or year bought homeopathic medicine	480 - 482	3
ALT.343_00.000		HOM_OFTT	HOM_OFTT	Time period for how often homeopathic medicine was bought	483	1
ALT.344_00.000		HOM_COST	HOM_COST	Approximate cost paid for last purchase of homeopathic medicine	484 - 487	4
ALT.345_00.000		HOM_EVER	HOM_EVER	Saw a practitioner for homeopathy, ever	488	1

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ALT.346_00.000		HOM_USEM	HOM_USEM	Saw a practitioner for homeopathy, past 12 months	489	1
ALT.347_00.000		HOM_PTIM	HOM_PTIM	Knows exact number of times saw a practitioner for homeopathy, past 12 months	490	1
ALT.348_00.000		HOM_TMNO	HOM_TMNO	Exact number of times saw a practitioner for homeopathy, past 12 months	491 - 492	2
ALT.349_00.000		HOM_TMCT	HOM_TMCT	Approximate number of times saw a practitioner for homeopathy, past 12 months	493 - 494	2
ALT.350_00.000		HOM_HIC	HOM_HIC	Any cost of seeing practitioner for homeopathy was covered by insurance	495	1
ALT.351_00.000		HOM_HICA	HOM_HICA	Portion of the cost of seeing practitioner for homeopathy covered by insurance	496	1
ALT.352_00.000		HOM_HIT	HOM_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for homeopathy	497	1
ALT.353_00.000		HOM_HITS	HOM_HITS	Total amount paid out-of-pocket for seeing a practitioner for homeopathy	498 - 502	5
ALT.354_00.000		HOM_AVGC	HOM_AVGC	Knows average amount paid out-of-pocket per visit for homeopathy	503	1
ALT.355_00.000		HOM_AVGS	HOM_AVGS	Average out-of-pocket cost paid for each homeopathy visit	504 - 506	3
ALT.356_00.000		HOM_MAT	HOM_MAT	Bought self-help book or other materials to learn about homeopathy	507	1
ALT.357_00.000		HOM_MATC	HOM_MATC	Amount paid for self-help book or other materials to learn about homeopathy	508 - 510	3
ALT.367_00.000		MBO_USE	MBO_USE	Used meditation, guided imagery, or progressive relaxation for health, ever	511	1
ALT.368_00.000		MBOE_MAN	MBOE_MAN	Ever used mantra meditation	512	1
ALT.369_00.000		MBOE_MND	MBOE_MND	Ever used mindfulness meditation	513	1
ALT.370_00.000		MBOE_SPR	MBOE_SPR	Ever used spiritual meditation	514	1
ALT.371_00.000		MBOE_IMG	MBOE_IMG	Ever used guided imagery	515	1
ALT.372_00.000		MBOE_PRO	MBOE_PRO	Ever used progressive relaxation	516	1
ALT.373_00.000		MBOU_MAN	MBOU_MAN	Used mantra meditation, past 12 months	517	1
ALT.374_00.000		MBOU_MND	MBOU_MND	Used mindfulness meditation, past 12 months	518	1
ALT.375_00.000		MBOU_SPR	MBOU_SPR	Used spiritual meditation, past 12 months	519	1
ALT.376_00.000		MBOU_IMG	MBOU_IMG	Used guided imagery, past 12 months	520	1
ALT.377_00.000		MBOU_PRO	MBOU_PRO	Used progressive relaxation, past 12 months	521	1



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ALT.377_00.010		MBO_CNT	MBO_CNT	Count variable for mind-body therapy	522 - 524	3
ALT.378_00.000		MBO_MST1	MBO_MST1	Type of mind-body therapy used the most, past 12 months	525	1
ALT.379_00.000		MBO_BRTH	MBO_BRTH	Did breathing exercises as part of mind-body therapy	526	1
ALT.380_00.000		MBO_USEM	MBO_USEM	Saw a practitioner for mind-body therapy, past 12 months	527	1
ALT.381_00.000		MBO_PTIM	MBO_PTIM	Knows exact number of times saw practitioner for mind-body therapy, past 12 months	528	1
ALT.382_00.000		MBO_TMNO	MBO_TMNO	Exact number of times saw practitioner for mind-body therapy, past 12 months	529 - 530	2
ALT.383_00.000		MBO_TMCT	MBO_TMCT	Approximate number of times saw practitioner for mind-body therapy, past 12 months	531 - 532	2
ALT.384_00.000		MBO_HIC	MBO_HIC	Any cost of seeing a practitioner or taking a class for mind-body therapy was covered by insurance	533	1
ALT.385_00.000		MBO_HICA	MBO_HICA	Portion of the cost of seeing a practitioner or taking a class for mind-body therapy covered by insurance	534	1
ALT.386_00.000		MBO_HIT	MBO_HIT	Knows total amount paid out-of-pocket for seeing a practitioner or taking a class for mind-body therapy	535	1
ALT.387_00.000		MBO_HITS	MBO_HITS	Total amount paid out-of-pocket for seeing a practitioner or taking a class for mind-body therapy	536 - 540	5
ALT.388_00.000		MBO_AVGC	MBO_AVGC	Knows average amount paid out-of-pocket per visit or class for mind-body therapy	541	1
ALT.389_00.000		MBO_AVGS	MBO_AVGS	Average amount paid out-of-pocket per visit or class for mind-body therapy	542 - 544	3
ALT.390_00.000		MBO_MAT	MBO_MAT	Bought self-help book or other material to learn about mind-body therapy	545	1
ALT.391_00.000		MBO_MATC	MBO_MATC	Amount paid for self-help book or other material to learn about mind-body therapy	546 - 548	3
ALT.401_00.000		YTQE_YOG	YTQE_YOG	Ever practiced yoga	549	1
ALT.402_00.000		YTQE_TAI	YTQE_TAI	Ever practiced tai chi	550	1
ALT.403_00.000		YTQE_QIG	YTQE_QIG	Ever practiced qi gong	551	1
ALT.404_00.000		YTQU_YOG	YTQU_YOG	Practiced yoga, past 12 months	552	1
ALT.405_00.000		YTQU_TAI	YTQU_TAI	Practiced tai chi, past 12 months	553	1

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ALT.406_00.000		YTQU_QIG	YTQU_QIG	Practiced qi gong, past 12 months	554	1
ALT.407_00.010		YTQ_BTHY	YTQ_BTHY	Does breathing exercises as part of yoga	555	1
ALT.408_00.020		YTQ_BTHT	YTQ_BTHT	Does breathing exercises as part of tai chi	556	1
ALT.409_00.030		YTQ_BTHQ	YTQ_BTHQ	Does breathing exercises as part of qi gong	557	1
ALT.410_00.010		YTQ_MEDY	YTQ_MEDY	Does meditation as part of yoga	558	1
ALT.411_00.020		YTQ_MEDT	YTQ_MEDT	Does meditation as part of tai chi	559	1
ALT.412_00.030		YTQ_MEDQ	YTQ_MEDQ	Does meditation as part of qi gong	560	1
ALT.412_00.040		YTQ_CNT	YTQ_CNT	Number of yoga/tai chi/qi gong therapies used	561 - 563	3
ALT.413_00.000		YTQ_MOST	YTQ_MOST	Type of exercise practiced the most, past 12 months	564	1
ALT.414_00.000		YTQ_USEM	YTQ_USEM	Took a class or received formal training for yoga/tai chi/qi gong, past 12 months	565	1
ALT.415_00.000		YTQ_PTIM	YTQ_PTIM	Knows exact number of times saw an instructor for yoga/tai chi/qi gong, past 12 months	566	1
ALT.416_00.000		YTQ_TMNO	YTQ_TMNO	Exact number of times saw an instructor for yoga/tai chi/qi gong, past 12 months	567 - 568	2
ALT.417_00.000		YTQ_TMCT	YTQ_TMCT	Approximate number of times saw an instructor for yoga/tai chi/qi gong, past 12 months	569 - 570	2
ALT.418_00.000		YTQ_HIC	YTQ_HIC	Any cost of seeing an instructor for yoga/tai chi/qi gong was covered by insurance	571	1
ALT.419_00.000		YTQ_HICA	YTQ_HICA	Portion of the cost of seeing an instructor for yoga/tai chi/qi gong covered by insurance	572	1
ALT.420_00.000		YTQ_HIT	YTQ_HIT	Knows total amount paid out-of-pocket for seeing an instructor for yoga/tai chi/qi gong	573	1
ALT.421_00.000		YTQ_HITS	YTQ_HITS	Total amount paid out-of-pocket for seeing an instructor for yoga/tai chi/qi gong	574 - 578	5
ALT.422_00.000		YTQ_AVGC	YTQ_AVGC	Knows average amount paid out-of-pocket per visit for seeing an instructor for yoga/tai chi/qi gong	579	1
ALT.423_00.000		YTQ_AVGS	YTQ_AVGS	Average amount paid out-of-pocket per visit for seeing an instructor for yoga/tai chi/qi gong	580 - 582	3

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.424_00.000		YTQ_MAT	YTQ_MAT	Bought self-help book or other material to learn about yoga/tai chi/qi gong	583	1
ALT.425_00.000		YTQ_MATC	YTQ_MATC	Amount paid for self-help book or other material to learn about yoga/tai chi/qi gong	584 - 586	3
ALT.435_00.000		DITE_VEG	DITEVER1	Ever used vegetarian (including vegan) diet for two weeks or more for health reasons	587	1
ALT.436_00.000		DITEVER2	DITEVER2	Ever used macrobiotic diet for two weeks or more for health reasons	588	1
ALT.437_00.000		DITEVER3	DITEVER3	Ever used atkins diet for two weeks or more for health reasons	589	1
ALT.438_00.000		DITEVER4	DITEVER4	Ever used pritikin diet for two weeks or more for health reasons	590	1
ALT.439_00.000		DITEVER5	DITEVER5	Ever used ornish diet for two weeks or more for health reasons	591	1
ALT.440_00.000		DIT_USM1	DIT_USM1	Used vegetarian diet for two weeks or more for health reasons, past 12 months	592	1
ALT.441_00.000		DIT_USM2	DIT_USM2	Used macrobiotic diet for two weeks or more for health reasons, past 12 months	593	1
ALT.442_00.000		DIT_USM3	DIT_USM3	Used atkins diet for two weeks or more for health reasons, past 12 months	594	1
ALT.443_00.000		DIT_USM4	DIT_USM4	Used pritikin diet for two weeks or more for health reasons, past 12 months	595	1
ALT.444_00.000		DIT_USM5	DIT_USM5	Used ornish diet for two weeks or more for health reasons, past 12 months	596	1
ALT.445_00.000		DIT_WGT1	DIT_WGT1	Used special diets for weight control or weight loss	597	1
ALT.446_00.000		DIT_PRE	DIT_PRE	Ever saw a practitioner for special diets	598	1
ALT.447_00.000		DIT_PRU	DIT_PRU	Saw a practitioner for special diets, past 12 months	599	1
ALT.448_00.000		DIT_PTIM	DIT_PTIM	Knows exact number of times saw a practitioner for special diets, past 12 months	600	1
ALT.449_00.000		DIT_TMNO	DIT_TMNO	Exact number of times saw a practitioner for special diets, past 12 months	601 - 602	2
ALT.450_00.000		DIT_TMCT	DIT_TMCT	Approximate number of times saw a practitioner for special diets, past 12 months	603 - 604	2
ALT.451_00.000		DIT_HIC	DIT_HIC	Any cost of seeing practitioner for special diets was covered by insurance	605	1
ALT.452_00.000		DIT_HICA	DIT_HICA	Portion of the cost of seeing practitioner for special diets covered by insurance	606	1
ALT.453_00.000		DIT_HIT	DIT_HIT	Knows total amount paid out-of-pocket for seeing a practitioner for special diets	607	1
ALT.454_00.000		DIT_HITS	DIT_HITS	Total amount paid out-of-pocket for seeing a practitioner for special diets	608 - 612	5

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ALT.455_00.000		DIT_AVGC	DIT_AVGC	Knows average amount paid out-of-pocket per visit for seeing a practitioner for special diets	613	1
ALT.456_00.000		DIT_AVGS	DIT_AVGS	Average amount paid out-of-pocket per visit for seeing a practitioner for special diets	614 - 616	3
ALT.457_00.000		DIT_MAT	DIT_MAT	Bought self-help book or other materials to learn about special diets	617	1
ALT.458_00.000		DIT_MATC	DIT_MATC	Amount paid for self-help book or other materials to learn about special diets	618 - 620	3
ALT.468_00.000		MOVE_FLD	MOVE_FLD	Ever practiced Feldenkrais	621	1
ALT.469_00.000		MOVE_ALX	MOVE_ALX	Ever practiced Alexander Technique	622	1
ALT.470_00.000		MOVE_PIL	MOVE_PIL	Ever practiced Pilates	623	1
ALT.471_00.000		MOVE_TPI	MOVE_TPI	Ever practiced Trager Psychophysical Integration	624	1
ALT.472_00.000		MOVP_FLD	MOVP_FLD	Ever seen a practitioner for Feldenkrais	625	1
ALT.473_00.000		MOVP_ALX	MOVP_ALX	Ever seen a practitioner for Alexander Technique	626	1
ALT.474_00.000		MOVP_PIL	MOVP_PIL	Ever seen a practitioner for Pilates	627	1
ALT.475_00.000		MOVP_TPI	MOVP_TPI	Ever seen a practitioner for Trager Psychophysical Integration	628	1
ALT.476_00.000		MOV_FLD	MOV_FLD	Saw a practitioner for Feldenkrais, past 12 months	629	1
ALT.477_00.000		MOV_ALX	MOV_ALX	Saw a practitioner for Alexander Technique, past 12 months	630	1
ALT.478_00.000		MOV_PIL	MOV_PIL	Saw a practitioner for Pilates, past 12 months	631	1
ALT.479_00.000		MOV_TPI	MOV_TPI	Saw a practitioner for Trager Psychophysical Integration, past 12 months	632	1
ALT.480_00.000		MOVU_FLD	MOVU_FLD	Used Feldenkrais, past 12 months	633	1
ALT.481_00.000		MOVU_ALX	MOVU_ALX	Used Alexander Technique, past 12 months	634	1
ALT.482_00.000		MOVU_PIL	MOVU_PIL	Used Pilates, past 12 months	635	1
ALT.483_00.000		MOVU_TPI	MOVU_TPI	Used Trager Psychophysical Integration, past 12 months	636	1
ALT.484_00.000		MOV_PTIM	MOV_PTIM	Knows exact number of times saw practitioner/teacher for movement and exercise techniques, past 12 months	637	1
ALT.485_00.000		MOV_TMNO	MOV_TMNO	Exact number of times saw practitioner/teacher for movement and exercise techniques, past 12 months	638 - 639	2

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ALT.486_00.000		MOV_TMCT	MOV_TMCT	Approximate number of times saw practitioner/teacher for movement and exercise techniques, past 12 months	640 - 641	2
ALT.487_00.000		MOV_HIC	MOV_HIC	Any cost of seeing a practitioner/teacher for movement and exercise techniques was covered by insurance	642	1
ALT.488_00.000		MOV_HICA	MOV_HICA	Portion of the cost of seeing a practitioner/teacher for movement and exercise techniques covered by insurance	643	1
ALT.489_00.000		MOV_HIT	MOV_HIT	Knows total amount paid out-of-pocket for seeing a practitioner/teacher for movement and exercise techniques	644	1
ALT.490_00.000		MOV_HITS	MOV_HITS	Total amount paid out-of-pocket for seeing a practitioner/teacher for movement and exercise techniques	645 - 649	5
ALT.491_00.000		MOV_AVGC	MOV_AVGC	Knows average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques	650	1
ALT.492_00.000		MOV_AVGS	MOV_AVGS	Average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques	651 - 653	3
ALT.493_00.000		MOV_MAT	MOV_MAT	Bought self-help book or other materials to learn about movement and exercise techniques	654	1
ALT.494_00.000		MOV_MATC	MOV_MATC	Amount paid for self-help book or other materials to learn about movement and exercise techniques	655 - 657	3
ALT.500_00.000		ALT_CNT	ALT_CNT	Count variable for number of complementary and alternative therapies used	658 - 659	2
ALT.505_00.000		ALT_TP31	ALT_TP31	First of top 3 most important therapies	660 - 661	2
ALT.506_00.000		ALT_TP32	ALT_TP32	Second of top 3 most important therapies	662 - 663	2
ALT.507_00.000		ALT_TP33	ALT_TP33	Third of top 3 most important therapies	664 - 665	2
ALT.510_00.000		TP1_REA1	TP1_REA1	Used/saw practitioner for first top therapy: for general wellness or general disease prevention	666	1
ALT.511_00.000		TP1_REA2	TP1_REA2	Used/saw practitioner for first top therapy: to improve energy	667	1
ALT.512_00.000		TP1_REA3	TP1_REA3	Used/saw practitioner for first top therapy: to improve immune function	668	1
ALT.513_00.000		TP1_REA4	TP1_REA4	Used/saw practitioner for first top therapy: to improve athletic or sports performance	669	1
ALT.514_00.000		TP1_REA5	TP1_REA5	Used/saw practitioner for first top therapy: to improve memory or concentration	670	1
ALT.515_00.000		TP1_MOT1	TP1_MOT1	Using/seeing practitioner for first top therapy was motivation to: eat healthier	671	1

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ALT.516_00.000		TP1_MOT2	TP1_MOT2	Using/seeing practitioner for first top therapy was motivation to: eat more organic foods	672	1
ALT.517_00.000		TP1_MOT3	TP1_MOT3	Using/seeing practitioner for first top therapy was motivation to: cut back or stop drinking alcohol	673	1
ALT.518_00.000		TP1_MOT4	TP1_MOT4	Using/seeing practitioner for first top therapy was motivation to: cut back or stop smoking cigarettes	674	1
ALT.519_00.000		TP1_MOT5	TP1_MOT5	Using/seeing practitioner for first top therapy was motivation to: exercise more regularly	675	1
ALT.520_00.000		TP1_OUT1	TP1_OUT1	Using/seeing practitioner for first top therapy: gave a sense of control over one's health	676	1
ALT.521_00.000		TP1_OUT2	TP1_OUT2	Using/seeing practitioner for first top therapy led to: reduced stress level or relaxation	677	1
ALT.522_00.000		TP1_OUT3	TP1_OUT3	Using/seeing practitioner for first top therapy led to: better sleep	678	1
ALT.523_00.000		TP1_OUT4	TP1_OUT4	Using/seeing practitioner for first therapy led to: feeling better emotionally	679	1
ALT.524_00.000		TP1_OUT5	TP1_OUT5	Using/seeing practitioner for first top therapy led to: made it easier to cope with health problems	680	1
ALT.525_00.000		TP1_OUT6	TP1_OUT6	Using/seeing practitioner for first top therapy led to: improved overall health and feeling better	681	1
ALT.526_00.000		TP1_OUT7	TP1_OUT7	Using/seeing practitioner for first top therapy led to: improved relationships with others	682	1
ALT.527_00.000		TP1_OUT8	TP1_OUT8	Using/seeing practitioner for first top therapy led to: improved attendance at job or school	683	1
ALT.528_00.000		TP1_MOST	TP1_MOST	Most important reason for using first top therapy	684 - 685	2
ALT.529_00.000		TP1_HELP	TP1_HELP	How much first top therapy helped with the most important reason for its use	686	1
ALT.530_00.000		TP1_TRET	TP1_TRET	Used first top therapy for specific health problem(s)	687	1
ALT.531_01.000		TP1CND01-TP1CND86	TP1CND01	Used first top therapy for: abdominal pain	688	1
ALT.531_02.000		TP1CND01-TP1CND86	TP1CND02	Used first top therapy for: acid reflux or heartburn	689	1
ALT.531_03.000		TP1CND01-TP1CND86	TP1CND03	Used first top therapy for: feeling anxious, nervous, or worried	690	1
ALT.531_04.000		TP1CND01-TP1CND86	TP1CND04	Used first top therapy for: asthma	691	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.531_05.000		TP1CND01-TP1CND86	TP1CND05	Used first top therapy for: arthritis	692	1
ALT.531_06.000		TP1CND01-TP1CND86	TP1CND06	Used first top therapy for: attention deficit disorder/hyperactivity	693	1
ALT.531_07.000		TP1CND01-TP1CND86	TP1CND07	Used first top therapy for: benign tumors, cysts	694	1
ALT.531_08.000		TP1CND01-TP1CND86	TP1CND08	Used first top therapy for: bipolar disorder	695	1
ALT.531_09.000		TP1CND01-TP1CND86	TP1CND09	Used first top therapy for: birth defect	696	1
ALT.531_10.000		TP1CND01-TP1CND86	TP1CND10	Used first top therapy for: cancer	697	1
ALT.531_11.000		TP1CND01-TP1CND86	TP1CND11	Used first top therapy for: high cholesterol	698	1
ALT.531_12.000		TP1CND01-TP1CND86	TP1CND12	Used first top therapy for: chronic bronchitis	699	1
ALT.531_13.000		TP1CND01-TP1CND86	TP1CND13	Used first top therapy for: circulation problems (other than in the legs)	700	1
ALT.531_14.000		TP1CND01-TP1CND86	TP1CND14	Used first top therapy for: coronary heart disease	701	1
ALT.531_15.000		TP1CND01-TP1CND86	TP1CND15	Used first top therapy for: dental pain	702	1
ALT.531_16.000		TP1CND01-TP1CND86	TP1CND16	Used first top therapy for: depression	703	1
ALT.531_17.000		TP1CND01-TP1CND86	TP1CND17	Used first top therapy for: diabetes	704	1
ALT.531_18.000		TP1CND01-TP1CND86	TP1CND18	Used first top therapy for: digestive allergy	705	1
ALT.531_19.000		TP1CND01-TP1CND86	TP1CND19	Used first top therapy for: excessive sleepiness during the day	706	1
ALT.531_20.000		TP1CND01-TP1CND86	TP1CND20	Used first top therapy for: excessive use of alcohol or tobacco	707	1
ALT.531_21.000		TP1CND01-TP1CND86	TP1CND21	Used first top therapy for: fatigue or lack of energy more than 3 days	708	1
ALT.531_22.000		TP1CND01-TP1CND86	TP1CND22	Used first top therapy for: fever more than 1 day	709	1
ALT.531_23.000		TP1CND01-TP1CND86	TP1CND23	Used first top therapy for: fibromyalgia	710	1
ALT.531_24.000		TP1CND01-TP1CND86	TP1CND24	Used first top therapy for: fracture, bone/joint injury	711	1
ALT.531_25.000		TP1CND01-TP1CND86	TP1CND25	Used first top therapy for: gout	712	1
ALT.531_26.000		TP1CND01-TP1CND86	TP1CND26	Used first top therapy for: gynecological problem	713	1
ALT.531_27.000		TP1CND01-TP1CND86	TP1CND27	Used first top therapy for: hay fever	714	1
ALT.531_28.000		TP1CND01-TP1CND86	TP1CND28	Used first top therapy for: head or chest cold	715	1

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ALT.531_29.000		TP1CND01-TP1CND86	TP1CND29	Used first top therapy for: hearing problem	716	1
ALT.531_30.000		TP1CND01-TP1CND86	TP1CND30	Used first top therapy for: heart condition or disease, other than coronary heart disease	717	1
ALT.531_31.000		TP1CND01-TP1CND86	TP1CND31	Used first top therapy for: hernia	718	1
ALT.531_32.000		TP1CND01-TP1CND86	TP1CND32	Used first top therapy for: hypertension	719	1
ALT.531_33.000		TP1CND01-TP1CND86	TP1CND33	Used first top therapy for: infectious diseases or problems of the immune system	720	1
ALT.531_34.000		TP1CND01-TP1CND86	TP1CND34	Used first top therapy for: influenza or pneumonia	721	1
ALT.531_35.000		TP1CND01-TP1CND86	TP1CND35	Used first top therapy for: insomnia or trouble sleeping	722	1
ALT.531_36.000		TP1CND01-TP1CND86	TP1CND36	Used first top therapy for: jaw pain	723	1
ALT.531_37.000		TP1CND01-TP1CND86	TP1CND37	Used first top therapy for: joint pain or stiffness/other joint condition	724	1
ALT.531_38.000		TP1CND01-TP1CND86	TP1CND38	Used first top therapy for: knee problems (not arthritis, not joint injury)	725	1
ALT.531_39.000		TP1CND01-TP1CND86	TP1CND39	Used first top therapy for: liver problem	726	1
ALT.531_40.000		TP1CND01-TP1CND86	TP1CND40	Used first top therapy for: lungs/breathing problem	727	1
ALT.531_41.000		TP1CND01-TP1CND86	TP1CND41	Used first top therapy for: lupus	728	1
ALT.531_42.000		TP1CND01-TP1CND86	TP1CND42	Used first top therapy for: memory loss or loss of other cognitive function	729	1
ALT.531_43.000		TP1CND01-TP1CND86	TP1CND43	Used first top therapy for: menopause	730	1
ALT.531_44.000		TP1CND01-TP1CND86	TP1CND44	Used first top therapy for: menstrual problems	731	1
ALT.531_45.000		TP1CND01-TP1CND86	TP1CND45	Used first top therapy for: intellectual disability, also known as mental retardation	732	1
ALT.531_46.000		TP1CND01-TP1CND86	TP1CND46	Used first top therapy for: missing limbs (fingers, toes, or digits), amputee	733	1
ALT.531_47.000		TP1CND01-TP1CND86	TP1CND47	Used first top therapy for: nausea and/or vomiting	734	1
ALT.531_48.000		TP1CND01-TP1CND86	TP1CND48	Used first top therapy for: neurological problems	735	1
ALT.531_49.000		TP1CND01-TP1CND86	TP1CND49	Used first top therapy for: osteoporosis, tendinitis	736	1
ALT.531_50.000		TP1CND01-TP1CND86	TP1CND50	Used first top therapy for: allergies other than hay fever, respiratory, food, digestive, or skin allergies	737	1



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ALT.531_51.000		TP1CND01-TP1CND86	TP1CND51	Used first top therapy for: chronic pain	738	1
ALT.531_52.000		TP1CND01-TP1CND86	TP1CND52	Used first top therapy for: other developmental problem	739	1
ALT.531_53.000		TP1CND01-TP1CND86	TP1CND53	Used first top therapy for: injury other than fracture, bone/joint injury	740	1
ALT.531_54.000		TP1CND01-TP1CND86	TP1CND54	Used first top therapy for: mental health disorders	741	1
ALT.531_55.000		TP1CND01-TP1CND86	TP1CND55	Used first top therapy for: muscle or bone pain	742	1
ALT.531_56.000		TP1CND01-TP1CND86	TP1CND56	Used first top therapy for: nerve damage, including carpal tunnel syndrome	743	1
ALT.531_57.000		TP1CND01-TP1CND86	TP1CND57	Used first top therapy for: problems with being overweight	744	1
ALT.531_58.000		TP1CND01-TP1CND86	TP1CND58	Used first top therapy for: phobia or fears	745	1
ALT.531_59.000		TP1CND01-TP1CND86	TP1CND59	Used first top therapy for: polio (myelitis), paralysis, para/quadruplegia	746	1
ALT.531_60.000		TP1CND01-TP1CND86	TP1CND60	Used first top therapy for: poor circulation in legs	747	1
ALT.531_61.000		TP1CND01-TP1CND86	TP1CND61	Used first top therapy for: prostate trouble or impotence	748	1
ALT.531_62.000		TP1CND01-TP1CND86	TP1CND62	Used first top therapy for: recurring headache, other than migraine	749	1
ALT.531_63.000		TP1CND01-TP1CND86	TP1CND63	Used first top therapy for: respiratory allergy	750	1
ALT.531_64.000		TP1CND01-TP1CND86	TP1CND64	Used first top therapy for: rheumatoid arthritis	751	1
ALT.531_65.000		TP1CND01-TP1CND86	TP1CND65	Used first top therapy for: senility	752	1
ALT.531_66.000		TP1CND01-TP1CND86	TP1CND66	Used first top therapy for: sinusitis	753	1
ALT.531_67.000		TP1CND01-TP1CND86	TP1CND67	Used first top therapy for: eczema or any kind of skin allergy	754	1
ALT.531_68.000		TP1CND01-TP1CND86	TP1CND68	Used first top therapy for: skin problems, other than eczema or skin allergies	755	1
ALT.531_69.000		TP1CND01-TP1CND86	TP1CND69	Used first top therapy for: sore throat other than strep or tonsillitis	756	1
ALT.531_70.000		TP1CND01-TP1CND86	TP1CND70	Used first top therapy for: sprain or strain	757	1
ALT.531_71.000		TP1CND01-TP1CND86	TP1CND71	Used first top therapy for: frequent stress	758	1
ALT.531_72.000		TP1CND01-TP1CND86	TP1CND72	Used first top therapy for: strep throat or tonsillitis	759	1
ALT.531_73.000		TP1CND01-TP1CND86	TP1CND73	Used first top therapy for: substance abuse, other than alcohol or tobacco	760	1
ALT.531_74.000		TP1CND01-TP1CND86	TP1CND74	Used first top therapy for: filled problem from AFLHCA_S1	761	1

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ALT.531_75.000		TP1CND01-TP1CND86	TP1CND75	Used first top therapy for: filled problem from AFLHCA_S2	762	1
ALT.531_76.000		TP1CND01-TP1CND86	TP1CND76	Used first top therapy for: ulcer	763	1
ALT.531_77.000		TP1CND01-TP1CND86	TP1CND77	Used first top therapy for: urinary problems	764	1
ALT.531_78.000		TP1CND01-TP1CND86	TP1CND78	Used first top therapy for: varicose veins, hemorrhoids	765	1
ALT.531_79.000		TP1CND01-TP1CND86	TP1CND79	Used first top therapy for: vision problem	766	1
ALT.531_80.000		TP1CND01-TP1CND86	TP1CND80	Used first top therapy for: weak or failing kidneys	767	1
ALT.531_81.000		TP1CND01-TP1CND86	TP1CND81	Used first top therapy for: COPD	768	1
ALT.531_82.000		TP1CND01-TP1CND86	TP1CND82	Used first top therapy for: back pain or problem	769	1
ALT.531_83.000		TP1CND01-TP1CND86	TP1CND83	Used first top therapy for: Neck pain/problem	770	1
ALT.531_84.000		TP1CND01-TP1CND86	TP1CND84	Used first top therapy for: severe headache or migraine	771	1
ALT.531_85.000		TP1CND01-TP1CND86	TP1CND85	Used first top therapy for: stomach or intestinal illness	772	1
ALT.531_86.000		TP1CND01-TP1CND86	TP1CND86	Used first top therapy for: other specify	773	1
ALT.531_87.000	RECODE		TP1CND87	Used first top therapy for: condition not elsewhere classified	774	1
ALT.531_88.000	RECODE		TP1CND88	Used first top therapy for: any cardiovascular condition	775	1
ALT.532_00.000		TP1_CMST	TP1_CMST	Most important health problem for which first top therapy was used	776 - 777	2
ALT.533_00.000		TP1_CHLP	TP1_CHLP	How much first top therapy helped address the health problem	778	1
ALT.534_00.000		TP1_MTR1	TP1_MTR1	Received prescription medication for most important health condition treated by first top therapy	779	1
ALT.535_00.000		TP1_MTR2	TP1_MTR2	Received over-the-counter medication for most important health condition treated by first top therapy	780	1
ALT.536_00.000		TP1_MTR3	TP1_MTR3	Received surgery for most important health condition treated by first top therapy	781	1
ALT.537_00.000		TP1_MTR4	TP1_MTR4	Received physical therapy for most important health condition treated by first top therapy	782	1
ALT.538_00.000		TP1_MTR5	TP1_MTR5	Received mental health counseling for most important health condition treated by first top therapy	783	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.539_00.000		TP1_RS1	TP1_RS1	Used/saw practitioner for first top therapy because: medical treatments were too expensive	784	1
ALT.540_00.000		TP1_RS2	TP1_RS2	Used/saw practitioner for first top therapy because: therapy combined with medical treatment would help	785	1
ALT.541_00.000		TP1_RS3	TP1_RS3	Used/saw practitioner for first top therapy because: medical treatments do not work for your specific health problem	786	1
ALT.542_00.000		TP1_RS4	TP1_RS4	Used/saw practitioner for first top therapy because: medications cause side effects	787	1
ALT.543_00.000		TP1_RS5	TP1_RS5	Used/saw practitioner for first top therapy because: it can be practiced/done on your own	788	1
ALT.544_00.000		TP1_RS6	TP1_RS6	Used/saw practitioner for first top therapy because: it is natural	789	1
ALT.545_00.000		TP1_RS7	TP1_RS7	Used/saw practitioner for first top therapy because: it focuses on the whole person, mind, body, and spirit	790	1
ALT.546_00.000		TP1_RS8	TP1_RS8	Used/saw practitioner for first top therapy because: it treats the cause and not just the symptoms	791	1
ALT.547_00.000		TP1_RS9	TP1_RS9	Used/saw practitioner for first top therapy because: it was part of your upbringing	792	1
ALT.548_00.000		TP1_REC1	TP1_REC1	Used/saw practitioner for first top therapy because it was recommended by: a medical doctor	793	1
ALT.549_00.000		TP1_REC2	TP1_REC2	Used/saw practitioner for first top therapy because it was recommended by: a family member	794	1
ALT.550_00.000		TP1_REC3	TP1_REC3	Used/saw practitioner for first top therapy because it was recommended by: a friend	795	1
ALT.551_00.000		TP1_REC4	TP1_REC4	Used/saw practitioner for first top therapy because it was recommended by: a co-worker	796	1
ALT.552_00.000		TP1_IMP	TP1_IMP	How important use of first top therapy was in maintaining health and well-being	797	1
ALT.553_00.000		TP1_DS1	TP1_DS1	Told personal health care provider about use of first top therapy	798	1
ALT.554_00.000		TP1_DS2	TP1_DS2	Didn't tell personal health care provider about use of first top therapy because: weren't using therapy at the time	799	1
ALT.555_00.000		TP1_DS3	TP1_DS3	Didn't tell personal health care provider about use of first top therapy because: they discouraged use of therapy in the past	800	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.556_00.000		TP1_DS4	TP1_DS4	Didn't tell personal health care provider about use of first top therapy because: worried they would discourage it	801	1
ALT.557_00.000		TP1_DS5	TP1_DS5	Didn't tell personal health care provider about use of first top therapy because: concerned about a negative reaction	802	1
ALT.558_00.000		TP1_DS6	TP1_DS6	Didn't tell personal health care provider about use of first top therapy because: didn't think they needed to know	803	1
ALT.559_00.000		TP1_DS7	TP1_DS7	Didn't tell personal health care provider about use of first top therapy because: they didn't ask	804	1
ALT.560_00.000		TP1_DS8	TP1_DS8	Didn't tell health care provider about use of first top therapy because: didn't think they knew as much about therapy as you do	805	1
ALT.561_00.000		TP1_DS9	TP1_DS9	Didn't tell personal health care provider about use of first top therapy because: they didn't give you enough time to tell them	806	1
ALT.580_00.000		TP1_INF1	TP1_INF1	Got information about first top therapy from: the internet	807	1
ALT.581_00.000		TP1_INF2	TP1_INF2	Got information about first top therapy from: books, magazines, or newspapers	808	1
ALT.582_00.000		TP1_INF3	TP1_INF3	Got information about first top therapy from: DVDs, videos, or CDs	809	1
ALT.583_00.000		TP1_INF4	TP1_INF4	Got information about first top therapy from: television or radio	810	1
ALT.584_00.000		TP1_INF5	TP1_INF5	Got information about first top therapy from: scientific articles	811	1
ALT.585_00.000		TP1_INF6	TP1_INF6	Got information about first top therapy from: health food stores	812	1
ALT.595_00.000		TP2_REA1	TP2_REA1	Used/saw practitioner for second top therapy: for general wellness or general disease prevention	813	1
ALT.596_00.000		TP2_REA2	TP2_REA2	Used/saw practitioner for second top therapy: to improve energy	814	1
ALT.597_00.000		TP2_REA3	TP2_REA3	Used/saw practitioner for second top therapy: to improve immune function	815	1
ALT.598_00.000		TP2_REA4	TP2_REA4	Used/saw practitioner for second top therapy: to improve athletic or sports performance	816	1
ALT.599_00.000		TP2_REA5	TP2_REA5	Used/saw practitioner for second top therapy: to improve memory or concentration	817	1
ALT.600_00.000		TP2_MOT1	TP2_MOT1	Using/seeing practitioner for second top therapy was motivation to: eat healthier	818	1
ALT.601_00.000		TP2_MOT2	TP2_MOT2	Using/seeing practitioner for second top therapy was motivation to: eat more organic foods	819	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.602_00.000		TP2_MOT3	TP2_MOT3	Using/seeing practitioner for second top therapy was motivation to: cut back or stop drinking alcohol	820	1
ALT.603_00.000		TP2_MOT4	TP2_MOT4	Using/seeing practitioner for second top therapy was motivation to: cut back or stop smoking cigarettes	821	1
ALT.604_00.000		TP2_MOT5	TP2_MOT5	Using/seeing practitioner for second top therapy was motivation to: exercise more regularly	822	1
ALT.605_00.000		TP2_OUT1	TP2_OUT1	Using/seeing practitioner for second top therapy: gave a sense of control over one's health	823	1
ALT.606_00.000		TP2_OUT2	TP2_OUT2	Using/seeing practitioner for second top therapy led to: reduced stress level or relaxation	824	1
ALT.607_00.000		TP2_OUT3	TP2_OUT3	Using/seeing practitioner for second top therapy led to: better sleep	825	1
ALT.608_00.000		TP2_OUT4	TP2_OUT4	Using/seeing practitioner for second therapy led to: feeling better emotionally	826	1
ALT.609_00.000		TP2_OUT5	TP2_OUT5	Using/seeing practitioner for second top therapy led to: made it easier to cope with health problems	827	1
ALT.610_00.000		TP2_OUT6	TP2_OUT6	Using/seeing practitioner for second top therapy led to: improved overall health and feeling better	828	1
ALT.611_00.000		TP2_OUT7	TP2_OUT7	Using/seeing practitioner for second top therapy led to: improved relationships with others	829	1
ALT.612_00.000		TP2_OUT8	TP2_OUT8	Using/seeing practitioner for second top therapy led to: improved attendance at job or school	830	1
ALT.613_00.000		TP2_MOST	TP2_MOST	Most important reason for using second top therapy	831 - 832	2
ALT.614_00.000		TP2_HELP	TP2_HELP	How much second top therapy helped with the most important reason for its use	833	1
ALT.615_00.000		TP2_TRET	TP2_TRET	Used second top therapy for specific health problem(s)	834	1
ALT.616_01.000		TP2CND01-TP2CND86	TP2CND01	Used second top therapy for: abdominal pain	835	1
ALT.616_02.000		TP2CND01-TP2CND86	TP2CND02	Used second top therapy for: acid reflux or heartburn	836	1
ALT.616_03.000		TP2CND01-TP2CND86	TP2CND03	Used second top therapy for: feeling anxious, nervous, or worried	837	1
ALT.616_04.000		TP2CND01-TP2CND86	TP2CND04	Used second top therapy for: asthma	838	1
ALT.616_05.000		TP2CND01-TP2CND86	TP2CND05	Used second top therapy for: arthritis	839	1
ALT.616_06.000		TP2CND01-TP2CND86	TP2CND06	Used second top therapy for: attention deficit disorder/hyperactivity	840	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.616_07.000		TP2CND01-TP2CND86	TP2CND07	Used second top therapy for: benign tumors, cysts	841	1
ALT.616_08.000		TP2CND01-TP2CND86	TP2CND08	Used second top therapy for: bipolar disorder	842	1
ALT.616_09.000		TP2CND01-TP2CND86	TP2CND09	Used second top therapy for: birth defect	843	1
ALT.616_10.000		TP2CND01-TP2CND86	TP2CND10	Used second top therapy for: cancer	844	1
ALT.616_11.000		TP2CND01-TP2CND86	TP2CND11	Used second top therapy for: high cholesterol	845	1
ALT.616_12.000		TP2CND01-TP2CND86	TP2CND12	Used second top therapy for: chronic bronchitis	846	1
ALT.616_13.000		TP2CND01-TP2CND86	TP2CND13	Used second top therapy for: circulation problems (other than in the legs)	847	1
ALT.616_14.000		TP2CND01-TP2CND86	TP2CND14	Used second top therapy for: coronary heart disease	848	1
ALT.616_15.000		TP2CND01-TP2CND86	TP2CND15	Used second top therapy for: dental pain	849	1
ALT.616_16.000		TP2CND01-TP2CND86	TP2CND16	Used second top therapy for: depression	850	1
ALT.616_17.000		TP2CND01-TP2CND86	TP2CND17	Used second top therapy for: diabetes	851	1
ALT.616_18.000		TP2CND01-TP2CND86	TP2CND18	Used second top therapy for: digestive allergy	852	1
ALT.616_19.000		TP2CND01-TP2CND86	TP2CND19	Used second top therapy for: excessive sleepiness during the day	853	1
ALT.616_20.000		TP2CND01-TP2CND86	TP2CND20	Used second top therapy for: excessive use of alcohol or tobacco	854	1
ALT.616_21.000		TP2CND01-TP2CND86	TP2CND21	Used second top therapy for: fatigue or lack of energy more than 3 days	855	1
ALT.616_22.000		TP2CND01-TP2CND86	TP2CND22	Used second top therapy for: fever more than 1 day	856	1
ALT.616_23.000		TP2CND01-TP2CND86	TP2CND23	Used second top therapy for: fibromyalgia	857	1
ALT.616_24.000		TP2CND01-TP2CND86	TP2CND24	Used second top therapy for: fracture, bone/joint injury	858	1
ALT.616_25.000		TP2CND01-TP2CND86	TP2CND25	Used second top therapy for: gout	859	1
ALT.616_26.000		TP2CND01-TP2CND86	TP2CND26	Used second top therapy for: gynecological problem	860	1
ALT.616_27.000		TP2CND01-TP2CND86	TP2CND27	Used second top therapy for: hay fever	861	1
ALT.616_28.000		TP2CND01-TP2CND86	TP2CND28	Used second top therapy for: head or chest cold	862	1
ALT.616_29.000		TP2CND01-TP2CND86	TP2CND29	Used second top therapy for: hearing problem	863	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.616_30.000		TP2CND01-TP2CND86	TP2CND30	Used second top therapy for: heart condition or disease, other than coronary heart disease	864	1
ALT.616_31.000		TP2CND01-TP2CND86	TP2CND31	Used second top therapy for: hernia	865	1
ALT.616_32.000		TP2CND01-TP2CND86	TP2CND32	Used second top therapy for: hypertension	866	1
ALT.616_33.000		TP2CND01-TP2CND86	TP2CND33	Used second top therapy for: infectious diseases or problems of the immune system	867	1
ALT.616_34.000		TP2CND01-TP2CND86	TP2CND34	Used second top therapy for: influenza or pneumonia	868	1
ALT.616_35.000		TP2CND01-TP2CND86	TP2CND35	Used second top therapy for: insomnia or trouble sleeping	869	1
ALT.616_36.000		TP2CND01-TP2CND86	TP2CND36	Used second top therapy for: jaw pain	870	1
ALT.616_37.000		TP2CND01-TP2CND86	TP2CND37	Used second top therapy for: joint pain or stiffness/other joint condition	871	1
ALT.616_38.000		TP2CND01-TP2CND86	TP2CND38	Used second top therapy for: knee problems (not arthritis, not joint injury)	872	1
ALT.616_39.000		TP2CND01-TP2CND86	TP2CND39	Used second top therapy for: liver problem	873	1
ALT.616_40.000		TP2CND01-TP2CND86	TP2CND40	Used second top therapy for: lungs/breathing problem	874	1
ALT.616_41.000		TP2CND01-TP2CND86	TP2CND41	Used second top therapy for: lupus	875	1
ALT.616_42.000		TP2CND01-TP2CND86	TP2CND42	Used second top therapy for: memory loss or loss of other cognitive function	876	1
ALT.616_43.000		TP2CND01-TP2CND86	TP2CND43	Used second top therapy for: menopause	877	1
ALT.616_44.000		TP2CND01-TP2CND86	TP2CND44	Used second top therapy for: menstrual problems	878	1
ALT.616_45.000		TP2CND01-TP2CND86	TP2CND45	Used second top therapy for: intellectual disability, also known as mental retardation	879	1
ALT.616_46.000		TP2CND01-TP2CND86	TP2CND46	Used second top therapy for: missing limbs (fingers, toes, or digits), amputee	880	1
ALT.616_47.000		TP2CND01-TP2CND86	TP2CND47	Used second top therapy for: nausea and/or vomiting	881	1
ALT.616_48.000		TP2CND01-TP2CND86	TP2CND48	Used second top therapy for: neurological problems	882	1
ALT.616_49.000		TP2CND01-TP2CND86	TP2CND49	Used second top therapy for: osteoporosis, tendinitis	883	1
ALT.616_50.000		TP2CND01-TP2CND86	TP2CND50	Used second top therapy for: allergies other than hay fever, respiratory, food, digestive, or skin allergies	884	1
ALT.616_51.000		TP2CND01-TP2CND86	TP2CND51	Used second top therapy for: chronic pain	885	1

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ALT.616_52.000		TP2CND01-TP2CND86	TP2CND52	Used second top therapy for: other developmental problem	886	1
ALT.616_53.000		TP2CND01-TP2CND86	TP2CND53	Used second top therapy for: injury other than fracture, bone/joint injury	887	1
ALT.616_54.000		TP2CND01-TP2CND86	TP2CND54	Used second top therapy for: mental health disorders	888	1
ALT.616_55.000		TP2CND01-TP2CND86	TP2CND55	Used second top therapy for: muscle or bone pain	889	1
ALT.616_56.000		TP2CND01-TP2CND86	TP2CND56	Used second top therapy for: nerve damage, including carpal tunnel syndrome	890	1
ALT.616_57.000		TP2CND01-TP2CND86	TP2CND57	Used second top therapy for: problems with being overweight	891	1
ALT.616_58.000		TP2CND01-TP2CND86	TP2CND58	Used second top therapy for: phobia or fears	892	1
ALT.616_59.000		TP2CND01-TP2CND86	TP2CND59	Used second top therapy for: polio (myelitis), paralysis, para/quadruplegia	893	1
ALT.616_60.000		TP2CND01-TP2CND86	TP2CND60	Used second top therapy for: poor circulation in legs	894	1
ALT.616_61.000		TP2CND01-TP2CND86	TP2CND61	Used second top therapy for: prostate trouble or impotence	895	1
ALT.616_62.000		TP2CND01-TP2CND86	TP2CND62	Used second top therapy for: recurring headache, other than migraine	896	1
ALT.616_63.000		TP2CND01-TP2CND86	TP2CND63	Used second top therapy for: respiratory allergy	897	1
ALT.616_64.000		TP2CND01-TP2CND86	TP2CND64	Used second top therapy for: rheumatoid arthritis	898	1
ALT.616_65.000		TP2CND01-TP2CND86	TP2CND65	Used second top therapy for: senility	899	1
ALT.616_66.000		TP2CND01-TP2CND86	TP2CND66	Used second top therapy for: sinusitis	900	1
ALT.616_67.000		TP2CND01-TP2CND86	TP2CND67	Used second top therapy for: eczema or any kind of skin allergy	901	1
ALT.616_68.000		TP2CND01-TP2CND86	TP2CND68	Used second top therapy for: skin problems, other than eczema or skin allergies	902	1
ALT.616_69.000		TP2CND01-TP2CND86	TP2CND69	Used second top therapy for: sore throat other than strep or tonsillitis	903	1
ALT.616_70.000		TP2CND01-TP2CND86	TP2CND70	Used second top therapy for: sprain or strain	904	1
ALT.616_71.000		TP2CND01-TP2CND86	TP2CND71	Used second top therapy for: frequent stress	905	1
ALT.616_72.000		TP2CND01-TP2CND86	TP2CND72	Used second top therapy for: strep throat or tonsillitis	906	1
ALT.616_73.000		TP2CND01-TP2CND86	TP2CND73	Used second top therapy for: substance abuse, other than alcohol or tobacco	907	1
ALT.616_74.000		TP2CND01-TP2CND86	TP2CND74	Used second top therapy for: filled problem from AFLHCA_S1	908	1
ALT.616_75.000		TP2CND01-TP2CND86	TP2CND75	Used second top therapy for: filled problem from AFLHCA_S2	909	1



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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.616_76.000		TP2CND01-TP2CND86	TP2CND76	Used second top therapy for: ulcer	910	1
ALT.616_77.000		TP2CND01-TP2CND86	TP2CND77	Used second top therapy for: urinary problems	911	1
ALT.616_78.000		TP2CND01-TP2CND86	TP2CND78	Used second top therapy for: varicose veins, hemorrhoids	912	1
ALT.616_79.000		TP2CND01-TP2CND86	TP2CND79	Used second top therapy for: vision problem	913	1
ALT.616_80.000		TP2CND01-TP2CND86	TP2CND80	Used second top therapy for: weak or failing kidneys	914	1
ALT.616_81.000		TP2CND01-TP2CND86	TP2CND81	Used second top therapy for: COPD	915	1
ALT.616_82.000		TP2CND01-TP2CND86	TP2CND82	Used second top therapy for: back pain or problem	916	1
ALT.616_83.000		TP2CND01-TP2CND86	TP2CND83	Used second top therapy for: Neck pain/problem	917	1
ALT.616_84.000		TP2CND01-TP2CND86	TP2CND84	Used second top therapy for: severe headache or migraine	918	1
ALT.616_85.000		TP2CND01-TP2CND86	TP2CND85	Used second top therapy for: stomach or intestinal illness	919	1
ALT.616_86.000		TP2CND01-TP2CND86	TP2CND86	Used second top therapy for: other specify	920	1
ALT.616_87.000	RECODE		TP2CND87	Used second top therapy for: condition not elsewhere classified	921	1
ALT.616_88.000	RECODE		TP2CND88	Used second top therapy for: any cardiovascular condition	922	1
ALT.617_00.000		TP2_CMST	TP2_CMST	Most important health problem for which second top therapy was used	923 - 924	2
ALT.618_00.000		TP2_CHLP	TP2_CHLP	How much second top therapy helped address the health problem	925	1
ALT.619_00.000		TP2_MTR1	TP2_MTR1	Received prescription medication for most important health condition treated by second top therapy	926	1
ALT.620_00.000		TP2_MTR2	TP2_MTR2	Received over-the-counter medication for most important health condition treated by second top therapy	927	1
ALT.621_00.000		TP2_MTR3	TP2_MTR3	Received surgery for most important health condition treated by second top therapy	928	1
ALT.622_00.000		TP2_MTR4	TP2_MTR4	Received physical therapy for most important health condition treated by second top therapy	929	1
ALT.623_00.000		TP2_MTR5	TP2_MTR5	Received mental health counseling for most important health condition treated by second top therapy	930	1
ALT.624_00.000		TP2_RS1	TP2_RS1	Used/saw practitioner for second top therapy because: medical treatments were too expensive	931	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.625_00.000		TP2_RS2	TP2_RS2	Used/saw practitioner for second top therapy because: therapy combined with medical treatment would help	932	1
ALT.626_00.000		TP2_RS3	TP2_RS3	Used/saw practitioner for second top therapy because: medical treatments do not work for your specific health problem	933	1
ALT.627_00.000		TP2_RS4	TP2_RS4	Used/saw practitioner for second top therapy because: medications cause side effects	934	1
ALT.628_00.000		TP2_RS5	TP2_RS5	Used/saw practitioner for second top therapy because: it can be practiced/done on your own	935	1
ALT.629_00.000		TP2_RS6	TP2_RS6	Used/saw practitioner for second top therapy because: it is natural	936	1
ALT.630_00.000		TP2_RS7	TP2_RS7	Used/saw practitioner for second top therapy because: it focuses on the whole person, mind, body, and spirit	937	1
ALT.631_00.000		TP2_RS8	TP2_RS8	Used/saw practitioner for second top therapy because: it treats the cause and not just the symptoms	938	1
ALT.632_00.000		TP2_RS9	TP2_RS9	Used/saw practitioner for second top therapy because: it was part of your upbringing	939	1
ALT.633_00.000		TP2_REC1	TP2_REC1	Used/saw practitioner for second top therapy because it was recommended by: a medical doctor	940	1
ALT.634_00.000		TP2_REC2	TP2_REC2	Used/saw practitioner for second top therapy because it was recommended by: a family member	941	1
ALT.635_00.000		TP2_REC3	TP2_REC3	Used/saw practitioner for second top therapy because it was recommended by: a friend	942	1
ALT.636_00.000		TP2_REC4	TP2_REC4	Used/saw practitioner for second top therapy because it was recommended by: a co-worker	943	1
ALT.637_00.000		TP2_IMP	TP2_IMP	How important use of second top therapy was in maintaining health and well-being	944	1
ALT.638_00.000		TP2_DS1	TP2_DS1	Told personal health care provider about use of second top therapy	945	1
ALT.639_00.000		TP2_DS2	TP2_DS2	Didn't tell personal health care provider about use of second top therapy because: weren't using therapy at the time	946	1
ALT.640_00.000		TP2_DS3	TP2_DS3	Didn't tell personal health care provider about use of second top therapy because: they discouraged use of therapy in the past	947	1
ALT.641_00.000		TP2_DS4	TP2_DS4	Didn't tell personal health care provider about use of second top therapy because: worried they would discourage it	948	1

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### Adult Alternative Medicine

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.642_00.000		TP2_DS5	TP2_DS5	Didn't tell personal health care provider about use of second top therapy because: concerned about a negative reaction	949	1
ALT.643_00.000		TP2_DS6	TP2_DS6	Didn't tell personal health care provider about use of second top therapy because: didn't think they needed to know	950	1
ALT.644_00.000		TP2_DS7	TP2_DS7	Didn't tell personal health care provider about use of second top therapy because: they didn't ask	951	1
ALT.645_00.000		TP2_DS8	TP2_DS8	Didn't tell health care provider about use of second top therapy because didn't think they knew as much about therapy as you do	952	1
ALT.646_00.000		TP2_DS9	TP2_DS9	Didn't tell personal health care provider about use of second top therapy because: they didn't give you enough time to tell them	953	1
ALT.675_00.000		TP2_INF1	TP2_INF1	Got information about second top therapy from: the internet	954	1
ALT.676_00.000		TP2_INF2	TP2_INF2	Got information about second top therapy from: books, magazines, or newspapers	955	1
ALT.677_00.000		TP2_INF3	TP2_INF3	Got information about second top therapy from: DVDs, videos, or CDs	956	1
ALT.678_00.000		TP2_INF4	TP2_INF4	Got information about second top therapy from: television or radio	957	1
ALT.679_00.000		TP2_INF5	TP2_INF5	Got information about second top therapy from: scientific articles	958	1
ALT.680_00.000		TP2_INF6	TP2_INF6	Got information about second top therapy from: health food stores	959	1
ALT.690_00.000		TP3_REA1	TP3_REA1	Used/saw practitioner for third top therapy: for general wellness or general disease prevention	960	1
ALT.691_00.000		TP3_REA2	TP3_REA2	Used/saw practitioner for third top therapy: to improve energy	961	1
ALT.692_00.000		TP3_REA3	TP3_REA3	Used/saw practitioner for third top therapy: to improve immune function	962	1
ALT.693_00.000		TP3_REA4	TP3_REA4	Used/saw practitioner for third top therapy: to improve athletic or sports performance	963	1
ALT.694_00.000		TP3_REA5	TP3_REA5	Used/saw practitioner for third top therapy: to improve memory or concentration	964	1
ALT.695_00.000		TP3_MOT1	TP3_MOT1	Using/seeing practitioner for third top therapy was motivation to: eat healthier	965	1
ALT.696_00.000		TP3_MOT2	TP3_MOT2	Using/seeing practitioner for third top therapy was motivation to: eat more organic foods	966	1
ALT.697_00.000		TP3_MOT3	TP3_MOT3	Using/seeing practitioner for third top therapy was motivation to: cut back or stop drinking alcohol	967	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.698_00.000		TP3_MOT4	TP3_MOT4	Using/seeing practitioner for third top therapy was motivation to: cut back or stop smoking cigarettes	968	1
ALT.699_00.000		TP3_MOT5	TP3_MOT5	Using/seeing practitioner for third top therapy was motivation to: exercise more regularly	969	1
ALT.700_00.000		TP3_OUT1	TP3_OUT1	Using/seeing practitioner for third top therapy: gave a sense of control over one's health	970	1
ALT.701_00.000		TP3_OUT2	TP3_OUT2	Using/seeing practitioner for third top therapy led to: reduced stress level or relaxation	971	1
ALT.702_00.000		TP3_OUT3	TP3_OUT3	Using/seeing practitioner for third top therapy led to: better sleep	972	1
ALT.703_00.000		TP3_OUT4	TP3_OUT4	Using/seeing practitioner for third top therapy led to: feeling better emotionally	973	1
ALT.704_00.000		TP3_OUT5	TP3_OUT5	Using/seeing practitioner for third top therapy led to: made it easier to cope with health problems	974	1
ALT.705_00.000		TP3_OUT6	TP3_OUT6	Using/seeing practitioner for third top therapy led to: improved overall health and feeling better	975	1
ALT.706_00.000		TP3_OUT7	TP3_OUT7	Using/seeing practitioner for third top therapy led to: improved relationships with others	976	1
ALT.707_00.000		TP3_OUT8	TP3_OUT8	Using/seeing practitioner for third top therapy led to: improved attendance at job or school	977	1
ALT.708_00.000		TP3_MOST	TP3_MOST	Most important reason for using third top therapy	978 - 979	2
ALT.709_00.000		TP3_HELP	TP3_HELP	How much third top therapy helped with the most important reason for its use	980	1
ALT.710_00.000		TP3_TRET	TP3_TRET	Used third top therapy for specific health problem(s)	981	1
ALT.711_01.000		TP3CND01-TP3CND86	TP3CND01	Used third top therapy for: abdominal pain	982	1
ALT.711_02.000		TP3CND01-TP3CND86	TP3CND02	Used third top therapy for: acid reflux or heartburn	983	1
ALT.711_03.000		TP3CND01-TP3CND86	TP3CND03	Used third top therapy for: feeling anxious, nervous, or worried	984	1
ALT.711_04.000		TP3CND01-TP3CND86	TP3CND04	Used third top therapy for: asthma	985	1
ALT.711_05.000		TP3CND01-TP3CND86	TP3CND05	Used third top therapy for: arthritis	986	1
ALT.711_06.000		TP3CND01-TP3CND86	TP3CND06	Used third top therapy for: attention deficit disorder/hyperactivity	987	1
ALT.711_07.000		TP3CND01-TP3CND86	TP3CND07	Used third top therapy for: benign tumors, cysts	988	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.711_08.000		TP3CND01-TP3CND86	TP3CND08	Used third top therapy for: bipolar disorder	989	1
ALT.711_09.000		TP3CND01-TP3CND86	TP3CND09	Used third top therapy for: birth defect	990	1
ALT.711_10.000		TP3CND01-TP3CND86	TP3CND10	Used third top therapy for: cancer	991	1
ALT.711_11.000		TP3CND01-TP3CND86	TP3CND11	Used third top therapy for: high cholesterol	992	1
ALT.711_12.000		TP3CND01-TP3CND86	TP3CND12	Used third top therapy for: chronic bronchitis	993	1
ALT.711_13.000		TP3CND01-TP3CND86	TP3CND13	Used third top therapy for: circulation problems (other than in the legs)	994	1
ALT.711_14.000		TP3CND01-TP3CND86	TP3CND14	Used third top therapy for: coronary heart disease	995	1
ALT.711_15.000		TP3CND01-TP3CND86	TP3CND15	Used third top therapy for: dental pain	996	1
ALT.711_16.000		TP3CND01-TP3CND86	TP3CND16	Used third top therapy for: depression	997	1
ALT.711_17.000		TP3CND01-TP3CND86	TP3CND17	Used third top therapy for: diabetes	998	1
ALT.711_18.000		TP3CND01-TP3CND86	TP3CND18	Used third top therapy for: digestive allergy	999	1
ALT.711_19.000		TP3CND01-TP3CND86	TP3CND19	Used third top therapy for: excessive sleepiness during the day	1000	1
ALT.711_20.000		TP3CND01-TP3CND86	TP3CND20	Used third top therapy for: excessive use of alcohol or tobacco	1001	1
ALT.711_21.000		TP3CND01-TP3CND86	TP3CND21	Used third top therapy for: fatigue or lack of energy more than 3 days	1002	1
ALT.711_22.000		TP3CND01-TP3CND86	TP3CND22	Used third top therapy for: fever more than 1 day	1003	1
ALT.711_23.000		TP3CND01-TP3CND86	TP3CND23	Used third top therapy for: fibromyalgia	1004	1
ALT.711_24.000		TP3CND01-TP3CND86	TP3CND24	Used third top therapy for: fracture, bone/joint injury	1005	1
ALT.711_25.000		TP3CND01-TP3CND86	TP3CND25	Used third top therapy for: gout	1006	1
ALT.711_26.000		TP3CND01-TP3CND86	TP3CND26	Used third top therapy for: gynecological problem	1007	1
ALT.711_27.000		TP3CND01-TP3CND86	TP3CND27	Used third top therapy for: hay fever	1008	1
ALT.711_28.000		TP3CND01-TP3CND86	TP3CND28	Used third top therapy for: head or chest cold	1009	1
ALT.711_29.000		TP3CND01-TP3CND86	TP3CND29	Used third top therapy for: hearing problem	1010	1
ALT.711_30.000		TP3CND01-TP3CND86	TP3CND30	Used third top therapy for: heart condition or disease, other than coronary heart disease	1011	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.711_31.000		TP3CND01-TP3CND86	TP3CND31	Used third top therapy for: hernia	1012	1
ALT.711_32.000		TP3CND01-TP3CND86	TP3CND32	Used third top therapy for: hypertension	1013	1
ALT.711_33.000		TP3CND01-TP3CND86	TP3CND33	Used third top therapy for: infectious diseases or problems of the immune system	1014	1
ALT.711_34.000		TP3CND01-TP3CND86	TP3CND34	Used third top therapy for: influenza or pneumonia	1015	1
ALT.711_35.000		TP3CND01-TP3CND86	TP3CND35	Used third top therapy for: insomnia or trouble sleeping	1016	1
ALT.711_36.000		TP3CND01-TP3CND86	TP3CND36	Used third top therapy for: jaw pain	1017	1
ALT.711_37.000		TP3CND01-TP3CND86	TP3CND37	Used third top therapy for: joint pain or stiffness/other joint condition	1018	1
ALT.711_38.000		TP3CND01-TP3CND86	TP3CND38	Used third top therapy for: knee problems (not arthritis, not joint injury)	1019	1
ALT.711_39.000		TP3CND01-TP3CND86	TP3CND39	Used third top therapy for: liver problem	1020	1
ALT.711_40.000		TP3CND01-TP3CND86	TP3CND40	Used third top therapy for: lungs/breathing problem	1021	1
ALT.711_41.000		TP3CND01-TP3CND86	TP3CND41	Used third top therapy for: lupus	1022	1
ALT.711_42.000		TP3CND01-TP3CND86	TP3CND42	Used third top therapy for: memory loss or loss of other cognitive function	1023	1
ALT.711_43.000		TP3CND01-TP3CND86	TP3CND43	Used third top therapy for: menopause	1024	1
ALT.711_44.000		TP3CND01-TP3CND86	TP3CND44	Used third top therapy for: menstrual problems	1025	1
ALT.711_45.000		TP3CND01-TP3CND86	TP3CND45	Used third top therapy for: intellectual disability, also known as mental retardation	1026	1
ALT.711_46.000		TP3CND01-TP3CND86	TP3CND46	Used third top therapy for: missing limbs (fingers, toes, or digits), amputee	1027	1
ALT.711_47.000		TP3CND01-TP3CND86	TP3CND47	Used third top therapy for: nausea and/or vomiting	1028	1
ALT.711_48.000		TP3CND01-TP3CND86	TP3CND48	Used third top therapy for: neurological problems	1029	1
ALT.711_49.000		TP3CND01-TP3CND86	TP3CND49	Used third top therapy for: osteoporosis, tendinitis	1030	1
ALT.711_50.000		TP3CND01-TP3CND86	TP3CND50	Used third top therapy for: allergies other than hay fever, respiratory, food, digestive, or skin allergies	1031	1
ALT.711_51.000		TP3CND01-TP3CND86	TP3CND51	Used third top therapy for: chronic pain	1032	1
ALT.711_52.000		TP3CND01-TP3CND86	TP3CND52	Used third top therapy for: other developmental problem	1033	1
ALT.711_53.000		TP3CND01-TP3CND86	TP3CND53	Used third top therapy for: injury other than fracture, bone/joint injury	1034	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.711_54.000		TP3CND01-TP3CND86	TP3CND54	Used third top therapy for: mental health disorders	1035	1
ALT.711_55.000		TP3CND01-TP3CND86	TP3CND55	Used third top therapy for: muscle or bone pain	1036	1
ALT.711_56.000		TP3CND01-TP3CND86	TP3CND56	Used third top therapy for: nerve damage, including carpal tunnel syndrome	1037	1
ALT.711_57.000		TP3CND01-TP3CND86	TP3CND57	Used third top therapy for: problems with being overweight	1038	1
ALT.711_58.000		TP3CND01-TP3CND86	TP3CND58	Used third top therapy for: phobia or fears	1039	1
ALT.711_59.000		TP3CND01-TP3CND86	TP3CND59	Used third top therapy for: polio (myelitis), paralysis, para/quadruplegia	1040	1
ALT.711_60.000		TP3CND01-TP3CND86	TP3CND60	Used third top therapy for: poor circulation in legs	1041	1
ALT.711_61.000		TP3CND01-TP3CND86	TP3CND61	Used third top therapy for: prostate trouble or impotence	1042	1
ALT.711_62.000		TP3CND01-TP3CND86	TP3CND62	Used third top therapy for: recurring headache, other than migraine	1043	1
ALT.711_63.000		TP3CND01-TP3CND86	TP3CND63	Used third top therapy for: respiratory allergy	1044	1
ALT.711_64.000		TP3CND01-TP3CND86	TP3CND64	Used third top therapy for: rheumatoid arthritis	1045	1
ALT.711_65.000		TP3CND01-TP3CND86	TP3CND65	Used third top therapy for: senility	1046	1
ALT.711_66.000		TP3CND01-TP3CND86	TP3CND66	Used third top therapy for: sinusitis	1047	1
ALT.711_67.000		TP3CND01-TP3CND86	TP3CND67	Used third top therapy for: eczema or any kind of skin allergy	1048	1
ALT.711_68.000		TP3CND01-TP3CND86	TP3CND68	Used third top therapy for: skin problems, other than eczema or skin allergies	1049	1
ALT.711_69.000		TP3CND01-TP3CND86	TP3CND69	Used third top therapy for: sore throat other than strep or tonsillitis	1050	1
ALT.711_70.000		TP3CND01-TP3CND86	TP3CND70	Used third top therapy for: sprain or strain	1051	1
ALT.711_71.000		TP3CND01-TP3CND86	TP3CND71	Used third top therapy for: frequent stress	1052	1
ALT.711_72.000		TP3CND01-TP3CND86	TP3CND72	Used third top therapy for: strep throat or tonsillitis	1053	1
ALT.711_73.000		TP3CND01-TP3CND86	TP3CND73	Used third top therapy for: substance abuse, other than alcohol or tobacco	1054	1
ALT.711_74.000		TP3CND01-TP3CND86	TP3CND74	Used third top therapy for: filled problem from AFLHCA_S1	1055	1
ALT.711_75.000		TP3CND01-TP3CND86	TP3CND75	Used third top therapy for: filled problem from AFLHCA_S2	1056	1
ALT.711_76.000		TP3CND01-TP3CND86	TP3CND76	Used third top therapy for: ulcer	1057	1
ALT.711_77.000		TP3CND01-TP3CND86	TP3CND77	Used third top therapy for: urinary problems	1058	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.711_78.000		TP3CND01-TP3CND86	TP3CND78	Used third top therapy for: varicose veins, hemorrhoids	1059	1
ALT.711_79.000		TP3CND01-TP3CND86	TP3CND79	Used third top therapy for: vision problem	1060	1
ALT.711_80.000		TP3CND01-TP3CND86	TP3CND80	Used third top therapy for: weak or failing kidneys	1061	1
ALT.711_81.000		TP3CND01-TP3CND86	TP3CND81	Used third top therapy for: COPD	1062	1
ALT.711_82.000		TP3CND01-TP3CND86	TP3CND82	Used third top therapy for: back pain or problem	1063	1
ALT.711_83.000		TP3CND01-TP3CND86	TP3CND83	Used third top therapy for: Neck pain/problem	1064	1
ALT.711_84.000		TP3CND01-TP3CND86	TP3CND84	Used third top therapy for: severe headache or migraine	1065	1
ALT.711_85.000		TP3CND01-TP3CND86	TP3CND85	Used third top therapy for: stomach or intestinal illness	1066	1
ALT.711_86.000		TP3CND01-TP3CND86	TP3CND86	Used third top therapy for: other specify	1067	1
ALT.711_87.000	RECODE		TP3CND87	Used third top therapy for: condition not elsewhere classified	1068	1
ALT.711_88.000	RECODE		TP3CND88	Used third top therapy for: any cardiovascular condition	1069	1
ALT.712_00.000		TP3_CMST	TP3_CMST	Most important health problem for which third top therapy was used	1070 - 1071	2
ALT.713_00.000		TP3_CHLP	TP3_CHLP	How much third top therapy helped address the health problem	1072	1
ALT.714_00.000		TP3_MTR1	TP3_MTR1	Received prescription medication for most important health condition treated by third top therapy	1073	1
ALT.715_00.000		TP3_MTR2	TP3_MTR2	Received over-the-counter medication for most important health condition treated by third top therapy	1074	1
ALT.716_00.000		TP3_MTR3	TP3_MTR3	Received surgery for most important health condition treated by third top therapy	1075	1
ALT.717_00.000		TP3_MTR4	TP3_MTR4	Received physical therapy for most important health condition treated by third top therapy	1076	1
ALT.718_00.000		TP3_MTR5	TP3_MTR5	Received mental health counseling for most important health condition treated by third top therapy	1077	1
ALT.719_00.000		TP3_RS1	TP3_RS1	Used/saw practitioner for third top therapy because: medical treatments were too expensive	1078	1
ALT.720_00.000		TP3_RS2	TP3_RS2	Used/saw practitioner for third top therapy because: therapy combined with medical treatment would help	1079	1



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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.721_00.000		TP3_RS3	TP3_RS3	Used/saw practitioner for third top therapy because: medical treatments do not work for your specific health problem	1080	1
ALT.722_00.000		TP3_RS4	TP3_RS4	Used/saw practitioner for third top therapy because: medications cause side effects	1081	1
ALT.723_00.000		TP3_RS5	TP3_RS5	Used/saw practitioner for third top therapy because: it can be practiced/done on your own	1082	1
ALT.724_00.000		TP3_RS6	TP3_RS6	Used/saw practitioner for third top therapy because: it is natural	1083	1
ALT.725_00.000		TP3_RS7	TP3_RS7	Used/saw practitioner for third top therapy because: it focuses on the whole person, mind, body, and spirit	1084	1
ALT.726_00.000		TP3_RS8	TP3_RS8	Used/saw practitioner for third top therapy because: it treats the cause and not just the symptoms	1085	1
ALT.727_00.000		TP3_RS9	TP3_RS9	Used/saw practitioner for third top therapy because: it was part of your upbringing	1086	1
ALT.728_00.000		TP3_REC1	TP3_REC1	Used/saw practitioner for third top therapy because it was recommended by: a medical doctor	1087	1
ALT.729_00.000		TP3_REC2	TP3_REC2	Used/saw practitioner for third top therapy because it was recommended by: a family member	1088	1
ALT.730_00.000		TP3_REC3	TP3_REC3	Used/saw practitioner for third top therapy because it was recommended by: a friend	1089	1
ALT.731_00.000		TP3_REC4	TP3_REC4	Used/saw practitioner for third top therapy because it was recommended by: a co-worker	1090	1
ALT.732_00.000		TP3_IMP	TP3_IMP	How important use of third top therapy was in maintaining health and well-being	1091	1
ALT.733_00.000		TP3_DS1	TP3_DS1	Told personal health care provider about use of third top therapy	1092	1
ALT.734_00.000		TP3_DS2	TP3_DS2	Didn't tell personal health care provider about use of third top therapy because: weren't using therapy at the time	1093	1
ALT.735_00.000		TP3_DS3	TP3_DS3	Didn't tell personal health care provider about use of third top therapy because: they discouraged use of therapy in the past	1094	1
ALT.736_00.000		TP3_DS4	TP3_DS4	Didn't tell personal health care provider about use of third top therapy because: worried they would discourage it	1095	1
ALT.737_00.000		TP3_DS5	TP3_DS5	Didn't tell personal health care provider about use of third top therapy because: concerned about a negative reaction	1096	1

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Question #	Recode	Instrument Variable Name	FinalDocName	Processing Variable Label	Location	Length
ALT.738_00.000		TP3_DS6	TP3_DS6	Didn't tell personal health care provider about use of third top therapy because: didn't think they needed to know	1097	1
ALT.739_00.000		TP3_DS7	TP3_DS7	Didn't tell personal health care provider about use of third top therapy because: they didn't ask	1098	1
ALT.740_00.000		TP3_DS8	TP3_DS8	Didn't tell health care provider about use of third top therapy because: didn't think they knew as much about therapy as you do	1099	1
ALT.741_00.000		TP3_DS9	TP3_DS9	Didn't tell personal health care provider about use of third top therapy because: they didn't give you enough time to tell them	1100	1
ALT.760_00.000		TP3_INF1	TP3_INF1	Got information about third top therapy from: the internet	1101	1
ALT.761_00.000		TP3_INF2	TP3_INF2	Got information about third top therapy from: books, magazines, or newspapers	1102	1
ALT.762_00.000		TP3_INF3	TP3_INF3	Got information about third top therapy from: DVDs, videos, or CDs	1103	1
ALT.763_00.000		TP3_INF4	TP3_INF4	Got information about third top therapy from: television or radio	1104	1
ALT.764_00.000		TP3_INF5	TP3_INF5	Got information about third top therapy from: scientific articles	1105	1
ALT.765_00.000		TP3_INF6	TP3_INF6	Got information about third top therapy from: health food stores	1106	1

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