

## **2012 National Health Interview Survey (NHIS)**

### **Child Complementary and Alternative Medicine Public Use File (CAL)**

#### **IMPORTANT NOTICE FOR DATA USERS**

Producing National Estimates: The frequencies presented in this document are unweighted variable frequencies, meaning that these frequencies only represent the responses from the survey respondents and cannot be used to infer national estimates. In addition, many of the CAM use variables are asked of only a subset of the sample children and therefore cannot be used *as they are* to directly estimate prevalence for the health care practices they represent.

In order to obtain accurate annual-level prevalence estimates for use of health care practices, data must be weighted using the sample child weight (WTFA\_SC) and recodes are required to appropriately account for each variable's universe. For specific information about who was asked each question (variable's universe), refer to the CAL Variable Layout file.

Cost Variables: Responses to questions on the CAL Supplement about out-of-pocket cost of therapies and materials are reported exactly as reported by respondents, with the exception of upper limits placed on the cost variables (maximum value varies by question – see layout file for upper limit for each variable). Given the 12 month recall period for these questions, values may be subject to inherent memory limitations. Data users should be aware that these limitations may affect the data, although such effects have not been evaluated.

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2012 National Health Interview Survey (NHIS)  
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 IDN Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

Continuous variables in the frequency  
 report only show the range of valid numbers

IDN.000\_00.000: File type identifier

RECTYPE	Frequency	Percent
-----		
10 Household	0	0.00
20 Person	0	0.00
25 Income Imputation	0	0.00
30 Sample Adult	0	0.00
31 Sample Adult Cancer	0	0.00
34 Adult Alternative Medicine	0	0.00
38 Functioning and Disability	0	0.00
39 Adult Disability Questions Test	0	0.00
40 Sample Child	0	0.00
44 Child Alternative Medicine	13275	100.00
49 Child Disability Questions Test	0	0.00
60 Family	0	0.00
63 Family Disability Questions Test	0	0.00
65 Paradata	0	0.00
70 Injury/Poisoning Episode	0	0.00
75 Injury/Poisoning Verbatim	0	0.00

IDN.000\_02.000: Year of National Health Interview Survey

SRVY_YR	Frequency	Percent
-----		
Survey Year	13275	100.00

IDN.000\_04.000: Household Number

HHX	Frequency	Percent
-----		
Range of Values	13275	100.00

IDN.000\_35.000: Family Number

FMX	Frequency	Percent
-----		
01-25 Family number 1 - 25	13275	100.00

IDN.000\_40.000: Person Number (Within family)

FPX	Frequency	Percent
-----		
01-25 Person number 1 thru 25	13275	100.00

IDN.000\_70.000: Weight - Final Annual

WTFA_SC	Frequency	Percent
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Range of Values	13275	100.00

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 UCF Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

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UCF.000\_00.000: Pseudo-stratum for public-use file variance estimation

STRAT_P	Frequency	Percent
-----		
001-300	13275	100.00

UCF.000\_00.000: Pseudo-PSU for public-use file variance estimation

PSU_P	Frequency	Percent
-----		
01-02	13275	100.00

2012 National Health Interview Survey (NHIS)  
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 CAL Variables                      Wednesday, June 12, 2013  
 Unweighted Frequencies

3

CAL.001\_00.000: Has a personal health care provider

CPROV1	Frequency	Percent
1 Yes	7993	82.44
2 No	1527	15.75
7 Refused	4	0.04
8 Not ascertained	161	1.66
9 Don't know	11	0.11

Frequency Missing = 3579

CAL.002\_01.000: Personal health care provider is a medical doctor (M.D., D.O.), including specialists

CPROVTY1	Frequency	Percent
1 Mentioned	7749	96.95
2 Not mentioned	240	3.00
7 Refused	0	0.00
8 Not ascertained	2	0.03
9 Don't know	2	0.03

Frequency Missing = 5282

CAL.002\_02.000: Personal health care provider is a nurse, nurse practitioner, or physician's assistant

CPROVTY2	Frequency	Percent
1 Mentioned	378	4.73
2 Not mentioned	7611	95.22
7 Refused	0	0.00
8 Not ascertained	2	0.03
9 Don't know	2	0.03

Frequency Missing = 5282

CAL.002\_03.000: Personal health care provider is a chiropractor, acupuncturist, or naturopath

CPROVTY3	Frequency	Percent
1 Mentioned	26	0.33
2 Not mentioned	7963	99.62
7 Refused	0	0.00
8 Not ascertained	2	0.03
9 Don't know	2	0.03

Frequency Missing = 5282

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CAL.002\_04.000: Personal health care provider is 'other'

CPROVTY4	Frequency	Percent
1 Mentioned	47	0.59
2 Not mentioned	7942	99.36
7 Refused	0	0.00
8 Not ascertained	2	0.03
9 Don't know	2	0.03

Frequency Missing = 5282

CAL.003\_01.000: Sees a medical doctor (M.D., D.O.) at usual place of care

CPRVUSP1	Frequency	Percent
1 Mentioned	9169	94.56
2 Not mentioned	350	3.61
7 Refused	2	0.02
8 Not ascertained	164	1.69
9 Don't know	11	0.11

Frequency Missing = 3579

CAL.003\_02.000: Sees a nurse, nurse practitioner,  
or physician assistant at usual place of care

CPRVUSP2	Frequency	Percent
1 Mentioned	674	6.95
2 Not mentioned	8845	91.22
7 Refused	2	0.02
8 Not ascertained	164	1.69
9 Don't know	11	0.11

Frequency Missing = 3579

CAL.003\_03.000: Sees a chiropractor, acupuncturist,  
or naturopath at usual place of care

CPRVUSP3	Frequency	Percent
1 Mentioned	14	0.14
2 Not mentioned	9505	98.03
7 Refused	2	0.02
8 Not ascertained	164	1.69
9 Don't know	11	0.11

Frequency Missing = 3579

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CAL.003\_04.000: Sees another type of provider at usual place of care

CPRVUSP4	Frequency	Percent
1 Mentioned	45	0.46
2 Not mentioned	9474	97.71
7 Refused	2	0.02
8 Not ascertained	164	1.69
9 Don't know	11	0.11

Frequency Missing = 3579

CAL.004\_01.000: Sees a medical doctor (M.D., D.O.) for routine care

CPRVRTN1	Frequency	Percent
1 Mentioned	493	85.29
2 Not mentioned	73	12.63
7 Refused	0	0.00
8 Not ascertained	11	1.90
9 Don't know	1	0.17

Frequency Missing = 12697

CAL.004\_02.000: Sees a nurse, nurse practitioner,  
or physician assistant for routine care

CPRVRTN2	Frequency	Percent
1 Mentioned	53	9.17
2 Not mentioned	513	88.75
7 Refused	0	0.00
8 Not ascertained	11	1.90
9 Don't know	1	0.17

Frequency Missing = 12697

CAL.004\_03.000: Sees a chiropractor, acupuncturist,  
or naturopath for routine care

CPRVRTN3	Frequency	Percent
1 Mentioned	3	0.52
2 Not mentioned	563	97.40
7 Refused	0	0.00
8 Not ascertained	11	1.90
9 Don't know	1	0.17

Frequency Missing = 12697

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CAL.004\_04.000: Sees other type of provider for routine care

CPRVRTN4	Frequency	Percent
1 Mentioned	30	5.19
2 Not mentioned	536	92.73
7 Refused	0	0.00
8 Not ascertained	11	1.90
9 Don't know	1	0.17

Frequency Missing = 12697

CAL.010\_00.000: Used chiropractic or osteopathic manipulation, ever

CCO_USE	Frequency	Percent
1 Yes	503	4.92
2 No	9510	93.07
7 Refused	3	0.03
8 Not ascertained	196	1.92
9 Don't know	6	0.06

Frequency Missing = 3057

CAL.011\_00.000: Saw a practitioner for chiropractic  
or osteopathic manipulation, ever

CCO_EVER	Frequency	Percent
1 Yes	447	88.87
2 No	55	10.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.20

Frequency Missing = 12772

CAL.012\_00.000: Saw a practitioner for chiropractic  
or osteopathic manipulation, past 12 months

CCO_USEM	Frequency	Percent
1 Yes	285	63.76
2 No	159	35.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.67

Frequency Missing = 12828

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CAL.013\_00.000: Used chiropractic or osteopathic manipulation, past 12 months

CCO_USM	Frequency	Percent
1 Yes	24	11.01
2 No	190	87.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	1.83

Frequency Missing = 13057

CAL.014\_00.000: Type of provider seen for  
chiropractic or osteopathic manipulation

CCO_TYPE	Frequency	Percent
1 Chiropractor	275	96.49
2 Osteopathic physician	7	2.46
3 Both	3	1.05
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12990

CAL.015\_00.000: Type of practitioner seen the most for chiropractic  
or osteopathic manipulation, past 12 months

CCO_PMST	Frequency	Percent
1 Chiropractor	3	100.00
2 Osteopathic physician	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.016\_00.000: Provider seen for chiropractic manipulation  
is also personal healthcare provider

CCO_PHCP	Frequency	Percent
1 Yes	16	72.73
2 No	6	27.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13253



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CAL.017\_00.000: Knows exact number of times saw a practitioner  
 of chiropractic or osteopathic manipulation, past 12 months

CCO_PTIM	Frequency	Percent
1 Yes	246	86.32
2 No	35	12.28
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	1.40

Frequency Missing = 12990

CAL.018\_00.000: Exact number of times saw a practitioner for  
 chiropractic or osteopathic manipulation, past 12 months

CCO_TMNO	Frequency	Percent
01-52 1-52	246	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13029

CAL.019\_00.000: Approximate number of times saw practitioner  
 for chiropractic or osteopathic manipulation, past 12 months

CCO_TMCT	Frequency	Percent
01 Only 1 time	2	5.13
02 2-5 times	16	41.03
03 6-10 times	6	15.38
04 11-15 times	7	17.95
05 16-20 times	2	5.13
06 21-25 times	1	2.56
07 More than 25 times	2	5.13
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	3	7.69

Frequency Missing = 13236

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9

CAL.021\_00.000: Any cost of seeing practitioner for chiropractic/osteopathic manipulation was covered by insurance

CCO_HIC	Frequency	Percent
1 Yes	152	53.33
2 No	128	44.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	5	1.75

Frequency Missing = 12990

CAL.022\_00.000: Portion of the cost of seeing practitioner for chiropractic/osteopathic manipulation covered by health insurance

CCO_HICA	Frequency	Percent
1 All of the cost	54	35.53
2 Some of the cost	97	63.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.66

Frequency Missing = 13123

CAL.023\_00.000: Knows total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation

CCO_HIT	Frequency	Percent
1 Yes	177	76.62
2 No	44	19.05
7 Refused	1	0.43
8 Not ascertained	0	0.00
9 Don't know	9	3.90

Frequency Missing = 13044

CAL.024\_00.000: Total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation

CCO_HITS	Frequency	Percent
00000-26000 \$0-26000	175	98.87
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	2	1.13

Frequency Missing = 13098

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10

CAL.025\_00.010: Knows average amount paid out-of-pocket  
 for each visit for chiropractic/osteopathic manipulation

CCO_AVGC	Frequency	Percent
1 Yes	14	25.93
2 No	33	61.11
7 Refused	1	1.85
8 Not ascertained	0	0.00
9 Don't know	6	11.11

Frequency Missing = 13221

CAL.026\_00.000: Average out-of-pocket cost paid for each visit  
 to practitioner for chiropractic/osteopathic manipulation

CCO_AVGS	Frequency	Percent
000-500 \$0-500	14	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13261

CAL.027\_00.000: Bought self-help book or other materials  
 to learn about chiropractic/osteopathic manipulation

CCO_MAT	Frequency	Percent
1 Yes	1	0.35
2 No	283	99.30
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.35

Frequency Missing = 12990

CAL.028\_00.000: Amount paid for self-help book or other materials  
 to learn about chiropractic/osteopathic manipulation

CCO_MATC	Frequency	Percent
000-200 \$0-200	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

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11

CAL.037\_00.000: Used massage for health, ever

CMS_USE	Frequency	Percent
1 Yes	162	1.59
2 No	9845	96.35
7 Refused	4	0.04
8 Not ascertained	199	1.95
9 Don't know	8	0.08

Frequency Missing = 3057

CAL.038\_00.000: Saw a provider for massage, ever

CMS_EVER	Frequency	Percent
1 Yes	117	72.22
2 No	45	27.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13113

CAL.039\_00.000: Saw a practitioner for massage, past 12 months

CMS_USEM	Frequency	Percent
1 Yes	76	64.96
2 No	41	35.04
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13158

CAL.040\_00.000: Used massage, past 12 months

CMS_USM	Frequency	Percent
1 Yes	34	39.53
2 No	52	60.47
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13189

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12

CAL.041\_00.000: Knows exact number of times saw  
 a practitioner for massage, past 12 months

CMS_PTIM	Frequency	Percent
1 Yes	71	93.42
2 No	5	6.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13199

CAL.042\_00.000: Exact number of times saw  
 a practitioner for massage, past 12 months

CMS_TMNO	Frequency	Percent
01-52 1-52	70	98.59
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	1.41

Frequency Missing = 13204

CAL.043\_00.000: Approximate number of times saw  
 a practitioner for massage, past 12 months

CMS_TMCT	Frequency	Percent
01 Only 1 time	1	20.00
02 2-5 times	2	40.00
03 6-10 times	1	20.00
04 11-15 times	1	20.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13270

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CAL.044\_00.000: Any cost of seeing practitioner  
 for massage was covered by insurance

CMS_HIC	Frequency	Percent
1 Yes	12	15.79
2 No	63	82.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.32

Frequency Missing = 13199

CAL.045\_00.000: Portion of the cost of seeing practitioner  
 for massage covered by health insurance

CMS_HICA	Frequency	Percent
1 All of the cost	8	66.67
2 Some of the cost	4	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13263

CAL.046\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for massage

CMS_HIT	Frequency	Percent
1 Yes	52	76.47
2 No	12	17.65
7 Refused	1	1.47
8 Not ascertained	0	0.00
9 Don't know	3	4.41

Frequency Missing = 13207

CAL.047\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for massage

CMS_HITS	Frequency	Percent
00000-26000 \$0-26000	52	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13223

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14

CAL.048\_00.000: Knows average amount paid  
 out-of-pocket for each visit for massage

CMS_AVGC	Frequency	Percent
1 Yes	4	25.00
2 No	9	56.25
7 Refused	1	6.25
8 Not ascertained	0	0.00
9 Don't know	2	12.50

Frequency Missing = 13259

CAL.049\_00.000: Average out-of-pocket cost paid for each massage visit

CMS_AVGS	Frequency	Percent
000-500 \$0-500	4	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13271

CAL.050\_00.000: Bought self-help book or other materials to learn about massage

CMS_MAT	Frequency	Percent
1 Yes	5	6.58
2 No	71	93.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13199

CAL.051\_00.000: Amount paid for self-help book  
 or other materials to learn about massage

CMS_MATC	Frequency	Percent
000-200 \$0-200	5	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13270

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15

CAL.061\_00.000: Used acupuncture for health, ever

CAC_USE	Frequency	Percent
1 Yes	25	0.24
2 No	9982	97.69
7 Refused	4	0.04
8 Not ascertained	201	1.97
9 Don't know	6	0.06

Frequency Missing = 3057

CAL.062\_00.000: Saw a practitioner for acupuncture, ever

CAC_EVER	Frequency	Percent
1 Yes	25	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13250

CAL.063\_00.000: Saw a practitioner for acupuncture, past 12 months

CAC_USEM	Frequency	Percent
1 Yes	14	56.00
2 No	11	44.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13250

CAL.064\_00.000: Used acupuncture, past 12 months

CAC_USM	Frequency	Percent
1 Yes	0	0.00
2 No	11	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264



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16

CAL.065\_00.000: Knows exact number of times saw  
a practitioner for acupuncture, past 12 months

CAC_PTIM	Frequency	Percent
1 Yes	10	71.43
2 No	2	14.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	14.29

Frequency Missing = 13261

CAL.066\_00.000: Exact number of times saw a  
practitioner for acupuncture, past 12 months

CAC_TMNO	Frequency	Percent
01-52 1-52	10	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13265

CAL.067\_00.000: Approximate number of times saw  
a practitioner for acupuncture, past 12 months

CAC_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	1	25.00
03 6-10 times	1	25.00
04 11-15 times	1	25.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	25.00

Frequency Missing = 13271

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17

CAL.068\_00.000: Any cost of seeing practitioner  
 for acupuncture was covered by insurance

CAC_HIC	Frequency	Percent
1 Yes	4	28.57
2 No	8	57.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	14.29

Frequency Missing = 13261

CAL.069\_00.000: Portion of the cost of seeing practitioner  
 for acupuncture covered by health insurance

CAC_HICA	Frequency	Percent
1 All of the cost	2	50.00
2 Some of the cost	2	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.070\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for acupuncture

CAC_HIT	Frequency	Percent
1 Yes	7	58.33
2 No	4	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	8.33

Frequency Missing = 13263

CAL.071\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for acupuncture

CAC_HITS	Frequency	Percent
00000-26000 \$0-26000	6	85.71
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	14.29

Frequency Missing = 13268

CAL.072\_00.000: Knows average amount paid  
out-of-pocket per visit for acupuncture

CAC_AVGC	Frequency	Percent
1 Yes	1	20.00
2 No	3	60.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	20.00

Frequency Missing = 13270

CAL.073\_00.000: Average out-of-pocket cost paid for each acupuncture visit

CAC_AVGS	Frequency	Percent
000-500 \$0-500	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

CAL.074\_00.000: Bought self-help book or other  
materials to learn about acupuncture

CAC_MAT	Frequency	Percent
1 Yes	0	0.00
2 No	13	92.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	7.14

Frequency Missing = 13261

CAL.075\_00.000: Amount paid for self-help book  
or other materials to learn about acupuncture

CAC_MATC	Frequency	Percent
000-200 \$0-200	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

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 Unweighted Frequencies

19

CAL.085\_00.000: Used energy healing therapy for health, ever

CEH_USE	Frequency	Percent
1 Yes	30	0.29
2 No	9978	97.65
7 Refused	4	0.04
8 Not ascertained	201	1.97
9 Don't know	5	0.05

Frequency Missing = 3057

CAL.086\_00.000: Saw a practitioner for energy healing therapy, ever

CEH_EVER	Frequency	Percent
1 Yes	24	80.00
2 No	6	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13245

CAL.087\_00.000: Saw a practitioner for energy healing therapy, past 12 months

CEH_USEM	Frequency	Percent
1 Yes	19	79.17
2 No	5	20.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13251

CAL.088\_00.000: Used energy healing therapy, past 12 months

CEH_USM	Frequency	Percent
1 Yes	6	54.55
2 No	5	45.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

20

CAL.089\_00.000: Knows exact number of times saw a practitioner  
 for energy healing therapy, past 12 months

CEH_PTIM	Frequency	Percent
1 Yes	16	84.21
2 No	2	10.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.26

Frequency Missing = 13256

CAL.090\_00.000: Exact number of times saw a practitioner  
 for energy healing therapy, past 12 months

CEH_TMNO	Frequency	Percent
01-52 1-52	16	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13259

CAL.091\_00.000: Approximate number of times saw a practitioner  
 for energy healing therapy, past 12 months

CEH_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	1	33.33
03 6-10 times	0	0.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	2	66.67

Frequency Missing = 13272

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

21

CAL.092\_00.000: Any cost of seeing a practitioner for  
 energy healing therapy was covered by insurance

CEH_HIC	Frequency	Percent
1 Yes	3	15.79
2 No	15	78.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.26

Frequency Missing = 13256

CAL.093\_00.000: Portion of the cost of seeing a practitioner  
 for energy healing therapy covered by health insurance

CEH_HICA	Frequency	Percent
1 All of the cost	1	33.33
2 Some of the cost	2	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.094\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for energy healing therapy

CEH_HIT	Frequency	Percent
1 Yes	13	72.22
2 No	1	5.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	22.22

Frequency Missing = 13257

CAL.095\_00.000: Total amount paid for seeing  
 a practitioner for energy healing therapy

CEH_HITS	Frequency	Percent
00000-26000 \$0-26000	13	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13262

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

22

CAL.096\_00.000: Knows average amount paid out-of-pocket  
 per visit for energy healing therapy

CEH_AVGC	Frequency	Percent
1 Yes	1	20.00
2 No	1	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	60.00

Frequency Missing = 13270

CAL.097\_00.000: Average out-of-pocket cost  
 paid for each energy healing therapy visit

CEH_AVGS	Frequency	Percent
000-500 \$0-500	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

CAL.098\_00.000: Bought self-help book or other  
 materials to learn about energy healing therapy

CEH_MAT	Frequency	Percent
1 Yes	6	31.58
2 No	12	63.16
7 Refused	0	0.00
8 Not ascertained	1	5.26
9 Don't know	0	0.00

Frequency Missing = 13256

CAL.099\_00.000: Amount paid for self-help book or other  
 materials to learn about energy healing therapy

CEH_MATC	Frequency	Percent
000-200 \$0-200	6	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13269

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables Wednesday, June 12, 2013  
 Unweighted Frequencies

23

CAL.109\_00.000: Used naturopathy for health, ever

CNT_USE	Frequency	Percent
1 Yes	62	0.61
2 No	9941	97.29
7 Refused	5	0.05
8 Not ascertained	203	1.99
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.110\_00.000: Saw a practitioner for naturopathy, ever

CNT_EVER	Frequency	Percent
1 Yes	38	61.29
2 No	24	38.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13213

CAL.111\_00.000: Saw a practitioner for naturopathy, past 12 months

CNT_USEM	Frequency	Percent
1 Yes	16	42.11
2 No	22	57.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13237

CAL.112\_00.000: Used naturopathy, past 12 months

CNT_USM	Frequency	Percent
1 Yes	24	52.17
2 No	22	47.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13229



2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

24

CAL.113\_00.000: Knows exact number of times saw  
 a practitioner for naturopathy, past 12 months

CNT_PTIM	Frequency	Percent
1 Yes	16	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13259

CAL.114\_00.000: Exact number of times saw a  
 practitioner for naturopathy, past 12 months

CNT_TMNO	Frequency	Percent
01-52 1-52	16	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13259

CAL.115\_00.000: Approximate number of times saw  
 a practitioner for naturopathy, past 12 months

CNT_TMCT	Frequency	Percent
01 Only 1 time	0	.
02 2-5 times	0	.
03 6-10 times	0	.
04 11-15 times	0	.
05 16-20 times	0	.
06 21-25 times	0	.
07 More than 25 times	0	.
97 Refused	0	.
98 Not ascertained	0	.
99 Don't know	0	.

Frequency Missing = 13275

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

25

CAL.116\_00.000: Any cost of seeing practitioner  
 for naturopathy was covered by insurance

CNT_HIC	Frequency	Percent
1 Yes	4	25.00
2 No	12	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13259

CAL.117\_00.000: Portion of the cost of seeing practitioner  
 for naturopathy covered by insurance

CNT_HICA	Frequency	Percent
1 All of the cost	1	25.00
2 Some of the cost	2	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	25.00

Frequency Missing = 13271

CAL.118\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for naturopathy

CNT_HIT	Frequency	Percent
1 Yes	14	93.33
2 No	1	6.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13260

CAL.119\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for naturopathy

CNT_HITS	Frequency	Percent
00000-26000 \$0-26000	14	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13261

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

26

CAL.120\_00.000: Knows average amount paid out-of-pocket  
 per visit for seeing a practitioner for naturopathy

CNT_AVGC	Frequency	Percent
1 Yes	0	0.00
2 No	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13274

CAL.121\_00.000: Average out-of-pocket cost paid for each naturopathy visit

CNT_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.122\_00.000: Bought self-help book or other  
 materials to learn about naturopathy

CNT_MAT	Frequency	Percent
1 Yes	3	18.75
2 No	13	81.25
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13259

CAL.123\_00.000: Amount paid for self-help book  
 or other materials to learn about naturopathy

CNT_MATC	Frequency	Percent
000-200 \$0-200	2	66.67
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	1	33.33

Frequency Missing = 13272

CAL.133\_00.000: Used hypnosis for health, ever

CHY_USE	Frequency	Percent
1 Yes	10	0.10
2 No	9994	97.81
7 Refused	5	0.05
8 Not ascertained	204	2.00
9 Don't know	5	0.05

Frequency Missing = 3057

CAL.134\_00.000: Saw a practitioner for hypnosis, ever

CHY_EVER	Frequency	Percent
1 Yes	7	70.00
2 No	3	30.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13265

CAL.135\_00.000: Saw a practitioner for hypnosis, past 12 months

CHY_USEM	Frequency	Percent
1 Yes	6	85.71
2 No	1	14.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268

CAL.136\_00.000: Did breathing exercises as part of hypnosis

CHY_BRTH	Frequency	Percent
1 Yes	3	50.00
2 No	2	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	16.67

Frequency Missing = 13269

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables Wednesday, June 12, 2013  
 Unweighted Frequencies

28

CAL.137\_00.000: Used hypnosis, past 12 months

CHY_USM	Frequency	Percent
1 Yes	1	25.00
2 No	3	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.138\_00.000: Knows exact number of times saw  
 a practitioner for hypnosis, past 12 months

CHY_PTIM	Frequency	Percent
1 Yes	5	83.33
2 No	1	16.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.139\_00.000: Exact number of times saw a  
 practitioner for hypnosis, past 12 months

CHY_TMNO	Frequency	Percent
01-52 1-52	5	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13270

CAL.140\_00.000: Approximate number of times saw  
 a practitioner for hypnosis, past 12 months

CHY_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	0	0.00
03 6-10 times	1	100.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13274

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

29

CAL.141\_00.000: Any cost of seeing practitioner  
 for hypnosis was covered by insurance

CHY_HIC	Frequency	Percent
1 Yes	1	16.67
2 No	5	83.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.142\_00.000: Portion of the cost of seeing  
 practitioner for hypnosis covered by insurance

CHY_HICA	Frequency	Percent
1 All of the cost	1	100.00
2 Some of the cost	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13274

CAL.143\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for hypnosis

CHY_HIT	Frequency	Percent
1 Yes	5	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270

CAL.144\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for hypnosis

CHY_HITS	Frequency	Percent
00000-26000 \$0-26000	5	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13270

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables Wednesday, June 12, 2013  
 Unweighted Frequencies

30

CAL.145\_00.000: Knows average amount paid out-of-pocket  
 per visit for seeing a practitioner for hypnosis

CHY_AVGC	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.146\_00.000: Average amount paid out-of-pocket  
 per visit for seeing a practitioner for hypnosis

CHY_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.147\_00.000: Bought self-help book or other materials to learn about hypnosis

CHY_MAT	Frequency	Percent
1 Yes	2	28.57
2 No	5	71.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268

CAL.148\_00.000: Amount paid for self-help book  
 or other materials to learn about hypnosis

CHY_MATC	Frequency	Percent
000-200 \$0-200	2	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13273

CAL.158\_00.000: Used biofeedback for health, ever

CBI_USE	Frequency	Percent
1 Yes	17	0.17
2 No	9980	97.67
7 Refused	5	0.05
8 Not ascertained	207	2.03
9 Don't know	9	0.09

Frequency Missing = 3057

CAL.159\_00.000: Saw a practitioner for biofeedback, ever

CBI_EVER	Frequency	Percent
1 Yes	14	82.35
2 No	3	17.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13258

CAL.160\_00.000: Saw a practitioner for biofeedback, past 12 months

CBI_USEM	Frequency	Percent
1 Yes	6	42.86
2 No	8	57.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13261

CAL.161\_00.000: Did breathing exercises as part of biofeedback

CBI_BRTH	Frequency	Percent
1 Yes	0	0.00
2 No	6	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269



2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables Wednesday, June 12, 2013  
 Unweighted Frequencies

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CAL.162\_00.000: Used biofeedback, past 12 months

CBI_USM	Frequency	Percent
1 Yes	2	18.18
2 No	9	81.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264

CAL.163\_00.000: Knows exact number of times saw  
 a practitioner for biofeedback, past 12 months

CBI_PTIM	Frequency	Percent
1 Yes	6	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.164\_00.000: Exact number of times saw a  
 practitioner for biofeedback, past 12 months

CBI_TMNO	Frequency	Percent
01-52 1-52	6	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13269

CAL.165\_00.000: Approximate number of times saw  
 a practitioner for biofeedback, past 12 months

CBI_TMCT	Frequency	Percent
01 Only 1 time	0	.
02 2-5 times	0	.
03 6-10 times	0	.
04 11-15 times	0	.
05 16-20 times	0	.
06 21-25 times	0	.
07 More than 25 times	0	.
97 Refused	0	.
98 Not ascertained	0	.
99 Don't know	0	.

Frequency Missing = 13275

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

33

CAL.166\_00.000: Any cost of seeing practitioner  
 for biofeedback was covered by insurance

CBI_HIC	Frequency	Percent
1 Yes	2	33.33
2 No	4	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.167\_00.000: Portion of the cost of seeing practitioner  
 for biofeedback covered by insurance

CBI_HICA	Frequency	Percent
1 All of the cost	2	100.00
2 Some of the cost	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.168\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for biofeedback

CBI_HIT	Frequency	Percent
1 Yes	3	75.00
2 No	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.169\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for biofeedback

CBI_HITS	Frequency	Percent
00000-26000 \$0-26000	3	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13272

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

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CAL.170\_00.000: Knows average amount paid out-of-pocket  
 per visit for seeing a practitioner for biofeedback

CBI_AVGC	Frequency	Percent
1 Yes	0	0.00
2 No	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13274

CAL.171\_00.000: Average amount paid out-of-pocket per visit for biofeedback

CBI_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.172\_00.000: Bought self-help book or other  
 materials to learn about biofeedback

CBI_MAT	Frequency	Percent
1 Yes	2	25.00
2 No	6	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13267

CAL.173\_00.000: Amount paid for self-help book  
 or other materials to learn about biofeedback

CBI_MATC	Frequency	Percent
000-200 \$0-200	2	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13273

CAL.183\_00.000: Used ayurveda for health, ever

CAY_USE	Frequency	Percent
1 Yes	9	0.09
2 No	9989	97.76
7 Refused	5	0.05
8 Not ascertained	208	2.04
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.184\_00.000: Saw a practitioner for ayurveda, ever

CAY_EVER	Frequency	Percent
1 Yes	4	44.44
2 No	5	55.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13266

CAL.185\_00.000: Saw a practitioner for ayurveda, past 12 months

CAY_USEM	Frequency	Percent
1 Yes	3	75.00
2 No	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.186\_00.000: Used ayurveda, past 12 months

CAY_USM	Frequency	Percent
1 Yes	5	83.33
2 No	1	16.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

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CAL.187\_00.000: Knows exact number of times saw  
 a practitioner for ayurveda, past 12 months

CAY_PTIM	Frequency	Percent
1 Yes	2	66.67
2 No	1	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.188\_00.000: Exact number of times saw a  
 practitioner for ayurveda, past 12 months

CAY_TMNO	Frequency	Percent
01-52 1-52	2	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13273

CAL.189\_00.000: Approximate number of times saw  
 a practitioner for ayurveda, past 12 months

CAY_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	0	0.00
03 6-10 times	0	0.00
04 11-15 times	1	100.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13274

CAL.190\_00.000: Any cost of seeing practitioner  
 for ayurveda was covered by insurance

CAY_HIC	Frequency	Percent
1 Yes	0	0.00
2 No	3	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.191\_00.000: Portion of the cost of seeing  
 practitioner for ayurveda covered by insurance

CAY_HICA	Frequency	Percent
1 All of the cost	0	.
2 Some of the cost	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.192\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for ayurveda

CAY_HIT	Frequency	Percent
1 Yes	1	33.33
2 No	2	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.193\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for ayurveda

CAY_HITS	Frequency	Percent
00000-26000 \$0-26000	1	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13274

CAL.194\_00.000: Knows average amount paid out-of-pocket per visit for ayurveda

CAY_AVGC	Frequency	Percent
1 Yes	0	0.00
2 No	2	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.195\_00.000: Average out-of-pocket cost paid for each ayurveda visit

CAY_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.196\_00.000: Bought self-help book or other materials to learn about ayurveda

CAY_MAT	Frequency	Percent
1 Yes	1	33.33
2 No	2	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.197\_00.000: Amount paid for self-help book  
or other materials to learn about ayurveda

CAY_MATC	Frequency	Percent
000-200 \$0-200	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

2012 National Health Interview Survey (NHIS)  
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 Unweighted Frequencies

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CAL.207\_00.000: Used chelation therapy for health, ever

CCH_USE	Frequency	Percent
1 Yes	7	0.07
2 No	9991	97.78
7 Refused	5	0.05
8 Not ascertained	208	2.04
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.208\_00.000: Saw a practitioner for chelation therapy, ever

CCH_EVER	Frequency	Percent
1 Yes	5	71.43
2 No	2	28.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268

CAL.209\_00.000: Saw a practitioner for chelation therapy, past 12 months

CCH_USEM	Frequency	Percent
1 Yes	0	0.00
2 No	5	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270

CAL.210\_00.000: Used chelation therapy, past 12 months

CCH_USM	Frequency	Percent
1 Yes	0	0.00
2 No	7	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268



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CAL.211\_00.000: Knows exact number of times saw a  
 practitioner for chelation therapy, past 12 months

CCH_PTIM	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.212\_00.000: Exact number of times saw a practitioner  
 for chelation therapy, past 12 months

CCH_TMNO	Frequency	Percent
01-52 1-52	0	.
97 Refused	0	.
98 Not ascertained	0	.
99 Don't know	0	.

Frequency Missing = 13275

CAL.213\_00.000: Approximate number of times saw a  
 practitioner for chelation therapy, past 12 months

CCH_TMCT	Frequency	Percent
01 Only 1 time	0	.
02 2-5 times	0	.
03 6-10 times	0	.
04 11-15 times	0	.
05 16-20 times	0	.
06 21-25 times	0	.
07 More than 25 times	0	.
97 Refused	0	.
98 Not ascertained	0	.
99 Don't know	0	.

Frequency Missing = 13275

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

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CAL.214\_00.000: Any cost of seeing practitioner  
 for chelation therapy was covered by insurance

CCH_HIC	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.215\_00.000: Portion of the cost of seeing practitioner  
 for chelation therapy covered by insurance

CCH_HICA	Frequency	Percent
1 All of the cost	0	.
2 Some of the cost	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.216\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for chelation therapy

CCH_HIT	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.217\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for chelation therapy

CCH_HITS	Frequency	Percent
00000-26000 \$0-26000	0	.
99997 Refused	0	.
99998 Not ascertained	0	.
99999 Don't know	0	.

Frequency Missing = 13275

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
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CAL.218\_00.000: Knows average amount paid out-of-pocket  
 per visit for chelation therapy

CCH_AVGC	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.219\_00.000: Average amount out-of-pocket  
 cost paid for each chelation therapy visit

CCH_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.220\_00.000: Bought self-help book or other  
 materials to learn about chelation therapy

CCH_MAT	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.221\_00.000: Amount paid for self-help book or  
 other materials to learn about chelation therapy

CCH_MATC	Frequency	Percent
000-200 \$0-200	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

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CAL.231\_00.000: Used craniosacral therapy for health, ever

CCS_USE	Frequency	Percent
1 Yes	28	0.27
2 No	9970	97.57
7 Refused	5	0.05
8 Not ascertained	208	2.04
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.232\_00.000: Saw a practitioner for craniosacral therapy, ever

CCS_EVER	Frequency	Percent
1 Yes	27	96.43
2 No	1	3.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13247

CAL.233\_00.000: Saw a practitioner for craniosacral therapy, past 12 months

CCS_USEM	Frequency	Percent
1 Yes	13	48.15
2 No	14	51.85
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13248

CAL.234\_00.000: Used craniosacral therapy, past 12 months

CCS_USM	Frequency	Percent
1 Yes	0	0.00
2 No	15	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13260

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
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 Unweighted Frequencies

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CAL.235\_00.000: Knows exact number of times saw a practitioner  
 for craniosacral therapy, past 12 months

CCS_PTIM	Frequency	Percent
1 Yes	13	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13262

CAL.236\_00.000: Exact number of times saw a practitioner  
 for craniosacral therapy, past 12 months

CCS_TMNO	Frequency	Percent
01-52 1-52	13	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13262

CAL.237\_00.000: Approximate number of times saw a practitioner  
 for craniosacral therapy, past 12 months

CCS_TMCT	Frequency	Percent
01 Only 1 time	0	.
02 2-5 times	0	.
03 6-10 times	0	.
04 11-15 times	0	.
05 16-20 times	0	.
06 21-25 times	0	.
07 More than 25 times	0	.
97 Refused	0	.
98 Not ascertained	0	.
99 Don't know	0	.

Frequency Missing = 13275

CAL.238\_00.000: Any cost of seeing practitioner for  
craniosacral therapy was covered by insurance

CCS_HIC	Frequency	Percent
1 Yes	2	15.38
2 No	11	84.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13262

CAL.239\_00.000: Portion of the cost of seeing practitioner  
for craniosacral therapy covered by insurance

CCS_HICA	Frequency	Percent
1 All of the cost	2	100.00
2 Some of the cost	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.240\_00.000: Knows total amount paid out-of-pocket  
for seeing a practitioner for craniosacral therapy

CCS_HIT	Frequency	Percent
1 Yes	9	81.82
2 No	2	18.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264

CAL.241\_00.000: Total amount paid out-of-pocket for  
seeing a practitioner for craniosacral therapy

CCS_HITS	Frequency	Percent
00000-26000 \$0-26000	9	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13266

2012 National Health Interview Survey (NHIS)  
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CAL.242\_00.000: Knows average amount paid out-of-pocket  
 per visit for craniosacral therapy

CCS_AVGC	Frequency	Percent
1 Yes	1	50.00
2 No	1	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.243\_00.000: Average out-of-pocket cost  
 paid for each craniosacral therapy visit

CCS_AVGS	Frequency	Percent
000-500 \$0-500	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

CAL.244\_00.000: Bought self-help book or other  
 materials to learn about craniosacral therapy

CCS_MAT	Frequency	Percent
1 Yes	1	7.69
2 No	12	92.31
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13262

CAL.245\_00.000: Amount paid for self-help book or other  
 materials to learn about craniosacral therapy

CCS_MATC	Frequency	Percent
000-200 \$0-200	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

2012 National Health Interview Survey (NHIS)  
Child Alternative Medicine Public Use File (childcam)  
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Unweighted Frequencies

47

CAL.255\_00.000: Ever seen a traditional healer

CTR_EVR	Frequency	Percent
1 Yes	51	0.50
2 No	9947	97.35
7 Refused	4	0.04
8 Not ascertained	209	2.05
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.256\_01.010: Ever seen a Native American Healer or Medicine Man

CTREVR1	Frequency	Percent
1 Mentioned	19	37.25
2 Not mentioned	32	62.75
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224

CAL.256\_02.010: Ever seen a Shaman

CTREVR2	Frequency	Percent
1 Mentioned	5	9.80
2 Not mentioned	46	90.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224

CAL.256\_03.010: Ever seen a Curandero or Parchero

CTREVR3	Frequency	Percent
1 Mentioned	11	21.57
2 Not mentioned	40	78.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224



CAL.256\_04.010: Ever seen a Yerbero or Hierbista

CTREVR4	Frequency	Percent
1 Mentioned	6	11.76
2 Not mentioned	45	88.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224

CAL.256\_05.010: Ever seen a Sobador

CTREVR5	Frequency	Percent
1 Mentioned	18	35.29
2 Not mentioned	33	64.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224

CAL.256\_06.010: Ever seen a Huesero

CTREVR6	Frequency	Percent
1 Mentioned	4	7.84
2 Not mentioned	47	92.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224

CAL.257\_00.000: Saw a Native American Healer or Medicine Man, past 12 months

CTRU_NAH	Frequency	Percent
1 Yes	11	57.89
2 No	8	42.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13256

2012 National Health Interview Survey (NHIS)  
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CAL.258\_00.000: Saw a Shaman, past 12 months

CTRU_SHA	Frequency	Percent
1 Yes	2	40.00
2 No	3	60.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270

CAL.259\_00.000: Saw a Curandero or Parchero, past 12 months

CTRU_CUR	Frequency	Percent
1 Yes	0	0.00
2 No	11	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264

CAL.260\_00.000: Saw a Yerbero or Hierbista, past 12 months

CTRU_YER	Frequency	Percent
1 Yes	2	33.33
2 No	4	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.261\_00.000: Saw a Sobador, past 12 months

CTRU_SOB	Frequency	Percent
1 Yes	4	22.22
2 No	14	77.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13257

2012 National Health Interview Survey (NHIS)  
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 Unweighted Frequencies

50

CAL.262\_00.000: Saw a Huesero, past 12 months

CTRU_HUE	Frequency	Percent
1 Yes	2	50.00
2 No	2	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.263\_00.000: Knows exact number of times  
 saw a traditional healer, past 12 months

CTR_PTIM	Frequency	Percent
1 Yes	17	80.95
2 No	4	19.05
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13254

CAL.264\_00.000: Exact number of times saw a traditional healer, past 12 months

CTR_TMNO	Frequency	Percent
01-52 1-52	17	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13258

CAL.265\_00.000: Approximate number of times  
 saw a traditional healer, past 12 months

CTR_TMCT	Frequency	Percent
01 Only 1 time	1	25.00
02 2-5 times	2	50.00
03 6-10 times	1	25.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13271

CAL.266\_00.000: Any cost of seeing traditional healer was covered by insurance

CTR_HIC	Frequency	Percent
1 Yes	1	4.76
2 No	20	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13254

CAL.267\_00.000: Portion of the cost of seeing traditional healer covered by insurance

CTR_HICA	Frequency	Percent
1 All of the cost	1	100.00
2 Some of the cost	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13274

CAL.268\_00.000: Knows total amount paid out-of-pocket for seeing a traditional healer

CTR_HIT	Frequency	Percent
1 Yes	16	80.00
2 No	3	15.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.00

Frequency Missing = 13255

CAL.269\_00.000: Total amount paid out-of-pocket for seeing a traditional healer

CTR_HITS	Frequency	Percent
00000-26000 \$0-26000	16	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13259

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 Unweighted Frequencies

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CAL.270\_00.000: Knows average amount paid out-of-pocket  
 per visit to traditional healer

CTR_AVGC	Frequency	Percent
1 Yes	2	50.00
2 No	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	25.00

Frequency Missing = 13271

CAL.271\_00.000: Average out-of-pocket cost  
 paid for each traditional healer visit

CTR_AVGS	Frequency	Percent
000-500 \$0-500	2	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13273

CAL.272\_00.000: Bought self-help book or other  
 materials to learn about traditional healers

CTR_MAT	Frequency	Percent
1 Yes	1	4.76
2 No	20	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13254

CAL.273\_00.000: Amount paid for self-help book or  
 other materials to learn about traditional healers

CTR_MATC	Frequency	Percent
000-200 \$0-200	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

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 Unweighted Frequencies

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CAL.283\_00.000: Ever taken multi-vitamins or multi-minerals

CVT_USE	Frequency	Percent
1 Yes	6122	59.91
2 No	3840	37.58
7 Refused	8	0.08
8 Not ascertained	220	2.15
9 Don't know	28	0.27

Frequency Missing = 3057

CAL.284\_00.000: Taken multi-vitamins or multi-minerals in past 12 months

CVT_USM	Frequency	Percent
1 Yes	4772	77.95
2 No	1338	21.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	12	0.20

Frequency Missing = 7153

CAL.285\_00.000: Ever taken vitamins A, B, C, D, E, H, or K

CVT_ABEV	Frequency	Percent
1 Yes	1365	13.36
2 No	8568	83.85
7 Refused	8	0.08
8 Not ascertained	220	2.15
9 Don't know	57	0.56

Frequency Missing = 3057

CAL.286\_00.000: Taken vitamins A,B,C,D,E,H, or K in past 12 months

CVT_ABUM	Frequency	Percent
1 Yes	1077	78.90
2 No	279	20.44
7 Refused	2	0.15
8 Not ascertained	0	0.00
9 Don't know	7	0.51

Frequency Missing = 11910

2012 National Health Interview Survey (NHIS)  
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CAL.287\_00.000: Ever taken calcium, magnesium,  
 iron, chromium, zinc, selenium, or potassium

CVT_CAEV	Frequency	Percent
1 Yes	781	7.64
2 No	9156	89.61
7 Refused	9	0.09
8 Not ascertained	220	2.15
9 Don't know	52	0.51

Frequency Missing = 3057

CAL.288\_00.000: Taken calcium, magnesium, iron, chromium,  
 zinc, selenium, or potassium in past 12 months

CVT_CAUM	Frequency	Percent
1 Yes	590	75.54
2 No	190	24.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.13

Frequency Missing = 12494

CAL.298\_00.000: Ever taken any herbal or other non-vitamin supplements

CHB_EVR	Frequency	Percent
1 Yes	615	6.02
2 No	9354	91.54
7 Refused	8	0.08
8 Not ascertained	221	2.16
9 Don't know	20	0.20

Frequency Missing = 3057

CAL.299\_00.000: Taken any herbal or other  
 non-vitamin supplements in past 12 months

CHB_USM	Frequency	Percent
1 Yes	467	75.93
2 No	148	24.07
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12660

2012 National Health Interview Survey (NHIS)  
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 Unweighted Frequencies

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CAL.300\_01.000: Taken combination herb pill, past 12 months

CHBLST01	Frequency	Percent
1 Mentioned	22	4.71
2 Not mentioned	441	94.43
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_02.000: Taken acai pills or gelcaps, past 12 months

CHBLST02	Frequency	Percent
1 Mentioned	14	3.00
2 Not mentioned	449	96.15
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_03.000: Taken bee pollen (or other bee products), past 12 months

CHBLST03	Frequency	Percent
1 Mentioned	22	4.71
2 Not mentioned	441	94.43
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_04.000: Taken chondroitin, past 12 months

CHBLST04	Frequency	Percent
1 Mentioned	4	0.86
2 Not mentioned	459	98.29
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808



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 Unweighted Frequencies

56

CAL.300\_05.000: Taken Co-enzyme Q10 (CoQ10), past 12 months

CHBLST05	Frequency	Percent
1 Mentioned	8	1.71
2 Not mentioned	455	97.43
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_06.000: Taken cranberry pills or capsules, past 12 months

CHBLST06	Frequency	Percent
1 Mentioned	19	4.07
2 Not mentioned	444	95.07
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_07.000: Taken digestive enzymes (lactaid), past 12 months

CHBLST07	Frequency	Percent
1 Mentioned	35	7.49
2 Not mentioned	428	91.65
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_08.000: Taken echinacea, past 12 months

CHBLST08	Frequency	Percent
1 Mentioned	89	19.06
2 Not mentioned	374	80.09
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

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CAL.300\_09.000: Taken fish oil (or omega 3, DHA,  
or EPA fatty acid) supplements, past 12 months

CHBLST09	Frequency	Percent
1 Mentioned	189	40.47
2 Not mentioned	274	58.67
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_10.000: Taken garlic supplements, past 12 months

CHBLST10	Frequency	Percent
1 Mentioned	24	5.14
2 Not mentioned	439	94.00
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_11.000: Taken Ginkgo Biloba, past 12 months

CHBLST11	Frequency	Percent
1 Mentioned	11	2.36
2 Not mentioned	452	96.79
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_12.000: Taken Ginseng, past 12 months

CHBLST12	Frequency	Percent
1 Mentioned	17	3.64
2 Not mentioned	446	95.50
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

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CAL.300\_13.000: Taken glucosamine, past 12 months

CHBLST13	Frequency	Percent
1 Mentioned	11	2.36
2 Not mentioned	452	96.79
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_14.000: Taken green tea pills or EGCG pills, past 12 months

CHBLST14	Frequency	Percent
1 Mentioned	6	1.28
2 Not mentioned	457	97.86
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_15.000: Taken melatonin, past 12 months

CHBLST15	Frequency	Percent
1 Mentioned	113	24.20
2 Not mentioned	350	74.95
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_16.000: Taken milk thistle (silymarin), past 12 months

CHBLST16	Frequency	Percent
1 Mentioned	5	1.07
2 Not mentioned	458	98.07
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

2012 National Health Interview Survey (NHIS)  
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CAL.300\_17.000: Taken MSM (Methylsulfonylmethane), past 12 months

CHBLST17	Frequency	Percent
1 Mentioned	3	0.64
2 Not mentioned	460	98.50
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_18.000: Taken probiotics or prebiotics, past 12 months

CHBLST18	Frequency	Percent
1 Mentioned	89	19.06
2 Not mentioned	374	80.09
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_19.000: Taken SAM-e, past 12 months

CHBLST19	Frequency	Percent
1 Mentioned	2	0.43
2 Not mentioned	461	98.72
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_20.000: Taken saw palmetto, past 12 months

CHBLST20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	463	99.14
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

2012 National Health Interview Survey (NHIS)  
Child Alternative Medicine Public Use File (childcam)  
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CAL.300\_21.000: Taken valerian, past 12 months

CHBLST21	Frequency	Percent
1 Mentioned	11	2.36
2 Not mentioned	452	96.79
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.300\_22.000: Taken other herbs or non-vitamin supplements, past 12 months

CHBLST22	Frequency	Percent
1 Mentioned	94	20.13
2 Not mentioned	369	79.01
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.301\_00.000: Has taken any specific herbs or  
other non-vitamin supplements in past 30 days

CHB_MON	Frequency	Percent
1 Yes	281	60.69
2 No	181	39.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.22

Frequency Missing = 12812

CAL.302\_01.000: Taken combination herb pill, past 30 days

CHBLSM01	Frequency	Percent
1 Mentioned	13	4.63
2 Not mentioned	268	95.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

2012 National Health Interview Survey (NHIS)  
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CAL.302\_02.000: Taken acai pills or gelcaps, past 30 days

CHBLSM02	Frequency	Percent
1 Mentioned	7	2.49
2 Not mentioned	274	97.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_03.000: Taken bee pollen (or other bee products), past 30 days

CHBLSM03	Frequency	Percent
1 Mentioned	9	3.20
2 Not mentioned	272	96.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_04.000: Taken chondroitin, past 30 days

CHBLSM04	Frequency	Percent
1 Mentioned	4	1.42
2 Not mentioned	277	98.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_05.000: Taken co-enzyme Q10 (CoQ10), past 30 days

CHBLSM05	Frequency	Percent
1 Mentioned	4	1.42
2 Not mentioned	277	98.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
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CAL.302\_06.000: Taken cranberry pills or capsules, past 30 days

CHBLSM06	Frequency	Percent
1 Mentioned	8	2.85
2 Not mentioned	273	97.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_07.000: Taken digestive enzymes (lactaid), past 30 days

CHBLSM07	Frequency	Percent
1 Mentioned	15	5.34
2 Not mentioned	266	94.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_08.000: Taken echinacea, past 30 days

CHBLSM08	Frequency	Percent
1 Mentioned	35	12.46
2 Not mentioned	246	87.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_09.000: Taken fish oil (or omega 3, DHA,  
 or EPA fatty acid) supplements, past 30 days

CHBLSM09	Frequency	Percent
1 Mentioned	113	40.21
2 Not mentioned	168	59.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

2012 National Health Interview Survey (NHIS)  
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CAL.302\_10.000: Taken garlic supplements, past 30 days

CHBLSM10	Frequency	Percent
1 Mentioned	14	4.98
2 Not mentioned	267	95.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_11.000: Taken ginkgo biloba, past 30 days

CHBLSM11	Frequency	Percent
1 Mentioned	5	1.78
2 Not mentioned	276	98.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_12.000: Taken ginseng, past 30 days

CHBLSM12	Frequency	Percent
1 Mentioned	11	3.91
2 Not mentioned	270	96.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_13.000: Taken glucosamine, past 30 days

CHBLSM13	Frequency	Percent
1 Mentioned	4	1.42
2 Not mentioned	277	98.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994



2012 National Health Interview Survey (NHIS)  
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 Unweighted Frequencies

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CAL.302\_14.000: Taken green tea pills or EGCG pills, past 30 days

CHBLSM14	Frequency	Percent
1 Mentioned	2	0.71
2 Not mentioned	279	99.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_15.000: Taken melatonin, past 30 days

CHBLSM15	Frequency	Percent
1 Mentioned	66	23.49
2 Not mentioned	215	76.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_16.000: Taken milk thistle (silymarin), past 30 days

CHBLSM16	Frequency	Percent
1 Mentioned	2	0.71
2 Not mentioned	279	99.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_17.000: Taken MSM (methylsulfonylmethane), past 30 days

CHBLSM17	Frequency	Percent
1 Mentioned	1	0.36
2 Not mentioned	280	99.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

2012 National Health Interview Survey (NHIS)  
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CAL.302\_18.000: Taken probiotics or prebiotics, past 30 days

CHBLSM18	Frequency	Percent
1 Mentioned	47	16.73
2 Not mentioned	234	83.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_19.000: Taken SAM-e, past 30 days

CHBLSM19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	281	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_20.000: Taken saw palmetto, past 30 days

CHBLSM20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	281	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_21.000: Taken valerian, past 30 days

CHBLSM21	Frequency	Percent
1 Mentioned	5	1.78
2 Not mentioned	276	98.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.302\_22.000: Taken other herb or other non-vitamin supplement, past 30 days

CHBLSM22	Frequency	Percent
1 Mentioned	44	15.66
2 Not mentioned	237	84.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.303\_00.000: Number of different combination herb pills taken

CHB_CHPN	Frequency	Percent
01-50 1-50	13	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13262

CAL.304\_02.000: First combination herb pill taken included: acai

CHBCP102	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_03.000: First combination herb pill taken included: bee pollen or other bee products

CHBCP103	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

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CAL.304\_04.000: First combination herb pill taken included: chondroitin

CHBCP104	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_05.000: First combination herb pill  
 taken included: co-enzyme Q10 (CoQ10)

CHBCP105	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_06.000: First combination herb pill taken included: cranberry

CHBCP106	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_07.000: First combination herb pill taken included: digestive enzymes

CHBCP107	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

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CAL.304\_08.000: First combination herb pill taken included: echinacea

CHBCP108	Frequency	Percent
1 Mentioned	1	7.69
2 Not mentioned	8	61.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_09.000: First combination herb pill taken included:  
 fish oil (or omega 3, DHA, or EPA fatty acid)

CHBCP109	Frequency	Percent
1 Mentioned	1	7.69
2 Not mentioned	8	61.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_10.000: First combination herb pill taken included: garlic

CHBCP110	Frequency	Percent
1 Mentioned	1	7.69
2 Not mentioned	8	61.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_11.000: First combination herb pill taken included: ginkgo biloba

CHBCP111	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_12.000: First combination herb pill taken included: ginseng

CHBCP112	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_13.000: First combination herb pill taken included: glucosamine

CHBCP113	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_14.000: First combination herb pill taken included: green tea or EGCG

CHBCP114	Frequency	Percent
1 Mentioned	1	7.69
2 Not mentioned	8	61.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_15.000: First combination herb pill taken included: melatonin

CHBCP115	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_16.000: First combination herb pill  
taken included: milk thistle (silymarin)

CHBCP116	Frequency	Percent
1 Mentioned	1	7.69
2 Not mentioned	8	61.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_17.000: First combination herb pill  
taken included: MSM (methylsulfonylmethane)

CHBCP117	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_18.000: First combination herb pill  
taken included: probiotics or prebiotics

CHBCP118	Frequency	Percent
1 Mentioned	1	7.69
2 Not mentioned	8	61.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_19.000: First combination herb pill taken included: SAM-e

CHBCP119	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

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CAL.304\_20.000: First combination herb pill taken included: saw palmetto

CHBCP120	Frequency	Percent
-----		
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_21.000: First combination herb pill taken included: valerian

CHBCP121	Frequency	Percent
-----		
1 Mentioned	0	0.00
2 Not mentioned	9	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.304\_22.000: First combination herb pill taken included: other herbs or non-vitamin supplements

CHBCP122	Frequency	Percent
-----		
1 Mentioned	7	53.85
2 Not mentioned	2	15.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	30.77

Frequency Missing = 13262

CAL.305\_02.000: Second combination herb pill taken included: acai

CHBCP202	Frequency	Percent
-----		
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271



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CAL.305\_03.000: Second combination herb pill taken  
 included: bee pollen or other bee products

CHBCP203	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_04.000: Second combination herb pill taken included: chondroitin

CHBCP204	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_05.000: Second combination herb pill  
 taken included: co-enzyme Q10 (CoQ10)

CHBCP205	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_06.000: Second combination herb pill taken included: cranberry

CHBCP206	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_07.000: Second combination herb pill taken included: digestive enzymes

CHBCP207	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_08.000: Second combination herb pill taken included: echinacea

CHBCP208	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_09.000: Second combination herb pill taken included:  
fish oil (or omega 3, DHA, or EPA fatty acid)

CHBCP209	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_10.000: Second combination herb pill taken included: garlic

CHBCP210	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

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CAL.305\_11.000: Second combination herb pill taken included: ginkgo biloba

CHBCP211	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_12.000: Second combination herb pill taken included: ginseng

CHBCP212	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_13.000: Second combination herb pill taken included: glucosamine

CHBCP213	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_14.000: Second combination herb pill taken included: green tea or EGCG

CHBCP214	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

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CAL.305\_15.000: Second combination herb pill taken included: melatonin

CHBCP215	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_16.000: Second combination herb pill  
 taken included: milk thistle (silymarin)

CHBCP216	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_17.000: Second combination herb pill  
 taken included: MSM (methylsulfonylmethane)

CHBCP217	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_18.000: Second combination herb pill  
 taken included: probiotics or prebiotics

CHBCP218	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

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CAL.305\_19.000: Second combination herb pill taken included: SAM-e

CHBCP219	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_20.000: Second combination herb pill taken included: saw palmetto

CHBCP220	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_21.000: Second combination herb pill taken included: valerian

CHBCP221	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

CAL.305\_22.000: Second combination herb pill taken  
 included: other herbs or non-vitamin supplements

CHBCP222	Frequency	Percent
1 Mentioned	1	25.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	75.00

Frequency Missing = 13271

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CAL.306\_00.000: Number of other herbs or non-vitamin  
 supplements taken, past 30 days

CHB_MOTH	Frequency	Percent
01-50 1-50	42	95.45
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	2	4.55

Frequency Missing = 13231

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CAL.307\_01.000: First herb or non-vitamin supplement taken, past 30 days

CHB_LU1C	Frequency	Percent
-----		
001 5 HTP (5-Hydroxytryptophan)	0	0.00
002 Achillea (AKA Yarrowa)	1	2.38
003 Aloe Vera	1	2.38
004 Angelica (AKA Dang Gui or Dong Quai)	0	0.00
005 Androstenedione	0	0.00
006 Ashwagandha	1	2.38
007 Astragalus (AKA Huang Qi)	0	0.00
008 Ayurvedic herbs	0	0.00
009 Bearberry (AKA Uva Ursi)	0	0.00
010 Bilberry	0	0.00
011 Bitter Gourd (AKA Bitter Melon)	0	0.00
012 Bitter Melon (AKA Bitter Gourd)	0	0.00
013 Black cohosh	0	0.00
014 Black Mulberry berry or leaf (AKA Mulberry)	0	0.00
015 Blackroot	0	0.00
016 Buckthorn	0	0.00
017 Butterbur	0	0.00
018 Cactus	0	0.00
019 Carnitine	0	0.00
020 Cascara sagrada	0	0.00
021 Cassia senna (AKA Senna)	0	0.00
022 Cat's Claw	0	0.00
023 Cayenne	1	2.38
024 Chasteberry (AKA Vitex)	0	0.00
025 Common Rue (AKA Rue or Ruta graveolens)	0	0.00
026 Curcumin (AKA Turmeric)	0	0.00
027 Conjugated Linolenic Acid (CLA)	0	0.00
028 Crataegus (AKA Hawthorn or Thornapple)	0	0.00
029 Creatine	0	0.00
030 Dandelion	0	0.00
031 Dang Gui (AKA Angelica or Dong Quai)	0	0.00
032 Devil's Claw	0	0.00
033 DHEA (Dehydroepiandrosterone)	0	0.00
034 Dong Quai (AKA Angelica or Dang Gui)	0	0.00
035 Elderberry	1	2.38
036 Enzymes	0	0.00
037 Ephedra	0	0.00
038 Evening primrose oil	0	0.00
039 Feverfew	0	0.00
040 Fiber or Psyllium (pills or powder)	3	7.14
041 Flaxseed (Oil or Ground) in pill or capsule	3	7.14
042 Fenugreek	0	0.00
043 Garcinia (AKA Goat's Thorn)	0	0.00
044 Ginger pills or gelcaps	0	0.00
045 Goat's Thorn (AKA Garcinia)	0	0.00
046 Goji Berry in pills or capsules	0	0.00
047 Goldenseal (AKA Hydrastis	0	0.00
048 Guarana	0	0.00
049 Grape Seed Extract	0	0.00
050 Hawthorn (AKA Crataegus or Thornapple)	0	0.00
051 Horehound	0	0.00
052 Horse chestnut	0	0.00
053 Horny Goat Weed	0	0.00

Frequency Missing = 13233

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
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CAL.307\_01.000: First herb or non-vitamin supplement taken, past 30 days

CHB_LU1C	Frequency	Percent
-----		
054 Huang Qi (AKA Astragalus)	0	0.00
055 Hypericum (AKA St. Johns Wort)	0	0.00
056 Jin Bu Huan	0	0.00
057 Kava kava	0	0.00
058 Lavender tinctures or capsules (not oil)	0	0.00
059 Ligustrum (AKA Osha)	0	0.00
060 Linden flower (AKA Tilia)	0	0.00
061 Lecithin	0	0.00
062 Licorice root in pill or capsule	0	0.00
063 Lutein	0	0.00
064 Lycopene	0	0.00
065 Maca	2	4.76
066 Mulberry berry or leaf (AKA Black Mulberry)	0	0.00
067 Noni juice or extract in capsules or pills	0	0.00
068 Olive Leaf extract	0	0.00
069 Oregano in pill or capsule	0	0.00
070 Osha (AKA Ligustrum)	0	0.00
071 Pau d'arco	0	0.00
072 Peppermint oil capsule	0	0.00
073 Phido estrogens	0	0.00
074 Pine bark extract (AKA Pycnogenol)	0	0.00
075 Puncture vine (AKA Tribulus terrestris)	0	0.00
076 Pycnogenol (AKA Pine bark extract)	0	0.00
077 Rasyana herbs	0	0.00
078 Red yeast rice in pill or capsule	0	0.00
079 Rhodiola (AKA Roseroot)	0	0.00
080 Rose hips in pill or capsule	0	0.00
081 Roseroot (AKA Rhodiola)	0	0.00
082 Rue (AKA Common Rue or Ruta graveolens)	0	0.00
083 Ruta graveolens (AKA Common Rue or Rue)	0	0.00
084 Senna (AKA Cassica senna)	1	2.38
085 Siberian Ginseng (AKA Eleuthero, not a true Ginseng)	0	0.00
086 Slippery elm (AKA Ulmus)	0	0.00
087 Soy supplements or soy isoflavones	0	0.00
088 St. John's wort (AKA Hypericum)	1	2.38
089 Stevia	0	0.00
090 Thornapple (AKA Crataegus or Hawthorn)	0	0.00
091 Tilia (AKA Linden flower)	0	0.00
092 Tribulus Terrestris (AKA Puncture vine)	0	0.00
093 Turmeric (Curcumin)	0	0.00
094 Ulmus (AKA Slippery elm)	0	0.00
095 Uva Ursi (AKA Bearberry)	0	0.00
096 Vitex (AKA Chasteberry)	0	0.00
097 Yarrow (AKA Achillea)	0	0.00
098 Yohimbe or Yohimbine	0	0.00
099 Supplement not found	24	57.14
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	3	7.14

Frequency Missing = 13233



CAL.308\_01.000: Second herb or non-vitamin supplement taken, past 30 days

CHB_LU2C	Frequency	Percent
-----	-----	-----
001 5 HTP (5-Hydroxytryptophan)	0	0.00
002 Achillea (AKA Yarrowa)	0	0.00
003 Aloe Vera	0	0.00
004 Angelica (AKA Dang Gui or Dong Quai)	0	0.00
005 Androstenedione	0	0.00
006 Ashwagandha	0	0.00
007 Astragalus (AKA Huang Qi)	0	0.00
008 Ayurvedic herbs	0	0.00
009 Bearberry (AKA Uva Ursi)	0	0.00
010 Bilberry	0	0.00
011 Bitter Gourd (AKA Bitter Melon)	0	0.00
012 Bitter Melon (AKA Bitter Gourd)	0	0.00
013 Black cohosh	0	0.00
014 Black Mulberry berry or leaf (AKA Mulberry)	0	0.00
015 Blackroot	0	0.00
016 Buckthorn	0	0.00
017 Butterbur	0	0.00
018 Cactus	0	0.00
019 Carnitine	0	0.00
020 Cascara sagrada	0	0.00
021 Cassia senna (AKA Senna)	0	0.00
022 Cat's Claw	0	0.00
023 Cayenne	0	0.00
024 Chasteberry (AKA Vitex)	0	0.00
025 Common Rue (AKA Rue or Ruta graveolens)	0	0.00
026 Curcumin (AKA Turmeric)	0	0.00
027 Conjugated Linolenic Acid (CLA)	0	0.00
028 Crataegus (AKA Hawthorn or Thornapple)	0	0.00
029 Creatine	0	0.00
030 Dandelion	0	0.00
031 Dang Gui (AKA Angelica or Dong Quai)	0	0.00
032 Devil's Claw	0	0.00
033 DHEA (Dehydroepiandrosterone)	0	0.00
034 Dong Quai (AKA Angelica or Dang Gui)	0	0.00
035 Elderberry	0	0.00
036 Enzymes	0	0.00
037 Ephedra	0	0.00
038 Evening primrose oil	0	0.00
039 Feverfew	0	0.00
040 Fiber or Psyllium (pills or powder)	1	4.76
041 Flaxseed (Oil or Ground) in pill or capsule	0	0.00
042 Fenugreek	0	0.00
043 Garcinia (AKA Goat's Thorn)	0	0.00
044 Ginger pills or gelcaps	1	4.76
045 Goat's Thorn (AKA Garcinia)	0	0.00
046 Goji Berry in pills or capsules	0	0.00
047 Goldenseal (AKA Hydrastis	0	0.00
048 Guarana	0	0.00
049 Grape Seed Extract	0	0.00
050 Hawthorn (AKA Crataegus or Thornapple)	0	0.00
051 Horehound	0	0.00
052 Horse chestnut	0	0.00
053 Horny Goat Weed	0	0.00

Frequency Missing = 13254

CAL.308\_01.000: Second herb or non-vitamin supplement taken, past 30 days

CHB_LU2C	Frequency	Percent
-----		
054 Huang Qi (AKA Astragalus)	0	0.00
055 Hypericum (AKA St. Johns Wort)	0	0.00
056 Jin Bu Huan	0	0.00
057 Kava kava	0	0.00
058 Lavender tinctures or capsules (not oil)	0	0.00
059 Ligustrum (AKA Osha)	0	0.00
060 Linden flower (AKA Tilia)	0	0.00
061 Lecithin	0	0.00
062 Licorice root in pill or capsule	1	4.76
063 Lutein	0	0.00
064 Lycopene	0	0.00
065 Maca	0	0.00
066 Mulberry berry or leaf (AKA Black Mulberry)	0	0.00
067 Noni juice or extract in capsules or pills	1	4.76
068 Olive Leaf extract	0	0.00
069 Oregano in pill or capsule	0	0.00
070 Osha (AKA Ligustrum)	0	0.00
071 Pau d'arco	0	0.00
072 Peppermint oil capsule	0	0.00
073 Phido estrogens	0	0.00
074 Pine bark extract (AKA Pycnogenol)	0	0.00
075 Puncture vine (AKA Tribulus terrestris)	0	0.00
076 Pycnogenol (AKA Pine bark extract)	0	0.00
077 Rasyana herbs	0	0.00
078 Red yeast rice in pill or capsule	0	0.00
079 Rhodiola (AKA Roseroot)	0	0.00
080 Rose hips in pill or capsule	0	0.00
081 Roseroot (AKA Rhodiola)	0	0.00
082 Rue (AKA Common Rue or Ruta graveolens)	0	0.00
083 Ruta graveolens (AKA Common Rue or Rue)	0	0.00
084 Senna (AKA Cassica senna)	0	0.00
085 Siberian Ginseng (AKA Eleuthero, not a true Ginseng)	0	0.00
086 Slippery elm (AKA Ulmus)	0	0.00
087 Soy supplements or soy isoflavones	0	0.00
088 St. John's wort (AKA Hypericum)	1	4.76
089 Stevia	0	0.00
090 Thornapple (AKA Crataegus or Hawthorn)	0	0.00
091 Tilia (AKA Linden flower)	0	0.00
092 Tribulus Terrestris (AKA Puncture vine)	0	0.00
093 Turmeric (Curcumin)	0	0.00
094 Ulmus (AKA Slippery elm)	0	0.00
095 Uva Ursi (AKA Bearberry)	0	0.00
096 Vitex (AKA Chasteberry)	0	0.00
097 Yarrow (AKA Achillea)	0	0.00
098 Yohimbe or Yohimbine	0	0.00
099 Supplement not found	15	71.43
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	1	4.76

Frequency Missing = 13254

CAL.310\_00.000: First of the top two herbal supplements taken most often

CHB\_TP21

```
-----
01 Combination herb pill
02 Acai (pills, gelcaps)
03 Bee Pollen and other Bee products
04 Chondroitin
05 Co-enzyme Q10 (CoQ10)
06 Cranberry (pills or capsules)
07 Digestive Enzymes (lactaid)
08 Echinacea
09 Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
10 Garlic supplements (pills, gelcaps)
11 Ginkgo Biloba
12 Ginseng
13 Glucosamine
14 Green tea pills (not brewed tea) or EGCG (pills)
15 Melatonin
16 Milk Thistle (silymarin)
17 MSM (Methylsulfonylmethane)
18 Probiotics or Prebiotics
19 SAM-e
20 Saw Palmetto
21 Valerian
22 Second combination herb pill
23 {First herb from lookup table or other specify lookup}
24 {Second herb from lookup table or other specify lookup}
97 Refused
98 Not ascertained
99 Don't know
```

Frequency Missing = 13008

CAL.310\_00.000: First of the top two herbal supplements taken most often

Frequency	Percent
12	4.49
6	2.25
4	1.50
3	1.12
2	0.75
6	2.25
10	3.75
31	11.61
92	34.46
6	2.25
2	0.75
8	3.00
1	0.37
1	0.37
52	19.48
1	0.37
0	0.00

Frequency Missing  
= 13008

CAL.310\_00.000: First of the top two herbal supplements taken most often

Frequency	Percent
17	6.37
0	0.00
0	0.00
3	1.12
0	0.00
10	3.75
0	0.00
0	0.00
0	0.00
0	0.00

Frequency Missing  
= 13008

CAL.311\_00.000: Second of the top two herbal supplements taken most often

CHB\_TP22

- 
- 01 Combination herb pill
  - 02 Acai (pills, gelcaps)
  - 03 Bee Pollen and other Bee products
  - 04 Chondroitin
  - 05 Co-enzyme Q10 (CoQ10)
  - 06 Cranberry (pills or capsules)
  - 07 Digestive Enzymes (lactaid)
  - 08 Echinacea
  - 09 Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
  - 10 Garlic supplements (pills, gelcaps)
  - 11 Ginkgo Biloba
  - 12 Ginseng
  - 13 Glucosamine
  - 14 Green tea pills (not brewed tea) or EGCG (pills)
  - 15 Melatonin
  - 16 Milk Thistle (silymarin)
  - 17 MSM (Methylsulfonylmethane)
  - 18 Probiotics or Prebiotics
  - 19 SAM-e
  - 20 Saw Palmetto
  - 21 Valerian
  - 22 Second combination herb pill
  - 23 {First herb from lookup table or other specify lookup}
  - 24 {Second herb from lookup table or other specify lookup}
  - 97 Refused
  - 98 Not ascertained
  - 99 Don't know

Frequency Missing = 13207

CAL.311\_00.000: Second of the top two herbal supplements taken most often

Frequency	Percent
0	0.00

Frequency Missing  
= 13207

CAL.311\_00.000: Second of the top two herbal supplements taken most often

Frequency	Percent
-----	
0	0.00
1	1.47
0	0.00
0	0.00
1	1.47
1	1.47
1	1.47
16	23.53
3	4.41
2	2.94
2	2.94
1	1.47
1	1.47
11	16.18
0	0.00
0	0.00
20	29.41
0	0.00
0	0.00
1	1.47
1	1.47
3	4.41
3	4.41
0	0.00
0	0.00
0	0.00

Frequency Missing  
 = 13207

CAL.312\_00.000: Ever seen a practitioner for  
 herbs or other non-vitamin supplements

CHB_EVR1	Frequency	Percent
-----		
1 Yes	48	10.28
2 No	418	89.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.21

Frequency Missing = 12808

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
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CAL.313\_00.000: Saw a practitioner for herbs or  
 other non-vitamin supplements, past 12 months

CHB_USE1	Frequency	Percent
1 Yes	30	62.50
2 No	18	37.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13227

CAL.314\_00.000: Number of times per week, month,  
 or year bought vitamins and minerals

CVT_BOFN	Frequency	Percent
000-995 0-995	4623	96.88
997 Refused	5	0.10
998 Not ascertained	1	0.02
999 Don't know	143	3.00

Frequency Missing = 8503

CAL.315\_00.000: Time period for how often vitamins and minerals were bought

CVT_BOFT	Frequency	Percent
0 Never/none	116	2.43
1 Week	162	3.40
2 Month	1406	29.47
3 Year	2937	61.56
7 Refused	5	0.10
8 Not ascertained	0	0.00
9 Don't know	145	3.04

Frequency Missing = 8504

CAL.316\_00.000: Approximate cost paid for last purchase of vitamins or minerals

CVT_CST1	Frequency	Percent
0000-1000 \$0-1000	4332	93.14
9997 Refused	4	0.09
9998 Not ascertained	3	0.06
9999 Don't know	312	6.71

Frequency Missing = 8624

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

87

CAL.317\_00.000: Number of times per week, month, or  
 year bought herbs or other non-vitamin supplements

CHB_BOFN	Frequency	Percent
000-995 0-995	457	97.86
997 Refused	1	0.21
998 Not ascertained	0	0.00
999 Don't know	9	1.93

Frequency Missing = 12808

CAL.318\_00.000: Time period for how often herbs  
 or other non-vitamin supplements were bought

CHB_BOFT	Frequency	Percent
0 Never/none	42	8.99
1 Week	4	0.86
2 Month	124	26.55
3 Year	287	61.46
7 Refused	1	0.21
8 Not ascertained	0	0.00
9 Don't know	9	1.93

Frequency Missing = 12808

CAL.319\_00.000: Approximate cost paid for last purchase of vitamins or minerals

CHB_CST1	Frequency	Percent
0000-1000 \$0-1000	398	93.87
9997 Refused	0	0.00
9998 Not ascertained	0	0.00
9999 Don't know	26	6.13

Frequency Missing = 12851

CAL.320\_00.000: Knows exact number of times saw a practitioner  
 for herbs or other non-vitamin supplements, past 12 months

CHB_PTIM	Frequency	Percent
1 Yes	23	76.67
2 No	7	23.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13245



2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables                      Wednesday, June 12, 2013  
 Unweighted Frequencies

88

CAL.321\_00.000: Exact number of times saw a practitioner for  
 herbs or other non-vitamin supplements, past 12 months

CHB_TMNO	Frequency	Percent
01-52 1-52	23	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13252

CAL.322\_00.000: Approximate number of times saw a practitioner  
 for herbs or other non-vitamin supplements, past 12 months

CHB_TMCT	Frequency	Percent
01 Only 1 time	2	28.57
02 2-5 times	4	57.14
03 6-10 times	1	14.29
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13268

CAL.323\_00.000: Any cost of seeing a practitioner for herbs  
 or other non-vitamin supplements was covered by insurance

CHB_HIC	Frequency	Percent
1 Yes	6	20.00
2 No	23	76.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	3.33

Frequency Missing = 13245

CAL.324\_00.000: Portion of the cost of seeing practitioner for  
 herbs or other non-vitamin supplements covered by insurance

CHB_HICA	Frequency	Percent
1 All of the cost	1	16.67
2 Some of the cost	5	83.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.325\_00.000: Knows total amount paid out-of-pocket for seeing  
 a practitioner for herbs or other non-vitamin supplements

CHB_HIT	Frequency	Percent
1 Yes	24	82.76
2 No	3	10.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	6.90

Frequency Missing = 13246

CAL.326\_00.000: Total amount paid out-of-pocket for seeing  
 a practitioner for herbs or other non-vitamin supplements

CHB_HITS	Frequency	Percent
00000-26000 \$0-26000	24	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13251

CAL.327\_00.000: Knows average amount paid out-of-pocket  
 per visit for herbs or other non-vitamin supplements

CHB_AVGC	Frequency	Percent
1 Yes	1	20.00
2 No	2	40.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	40.00

Frequency Missing = 13270

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
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 Unweighted Frequencies

90

CAL.328\_00.000: Average out-of-pocket cost paid for each visit for herbs or other non-vitamin supplements

CHB_AVGS	Frequency	Percent
000-500 \$0-500	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

CAL.329\_00.000: Bought self-help book or other materials to learn about herbs or other non-vitamin supplements

CHB_MAT	Frequency	Percent
1 Yes	42	8.99
2 No	421	90.15
7 Refused	0	0.00
8 Not ascertained	1	0.21
9 Don't know	3	0.64

Frequency Missing = 12808

CAL.330\_00.000: Amount paid for self-help book or other materials to learn about herbs or other non-vitamin supplements

CHB_MATC	Frequency	Percent
000-200 \$0-200	42	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13233

CAL.340\_00.000: Used homeopathy for health, ever

CHM_USE	Frequency	Percent
1 Yes	281	2.75
2 No	9695	94.88
7 Refused	8	0.08
8 Not ascertained	227	2.22
9 Don't know	7	0.07

Frequency Missing = 3057

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

91

CAL.341\_00.000: Used homeopathy for health, past 12 months

CHM_USM	Frequency	Percent
1 Yes	150	53.38
2 No	131	46.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12994

CAL.342\_00.000: Number of times per week,  
 month, or year bought homeopathic medicine

CHM_OFTN	Frequency	Percent
000-995 0-995	148	98.67
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	1.33

Frequency Missing = 13125

CAL.343\_00.000: Time period for how often homeopathic medicine was bought

CHM_OFTT	Frequency	Percent
0 Never/none	6	4.00
1 Week	9	6.00
2 Month	22	14.67
3 Year	111	74.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.33

Frequency Missing = 13125

CAL.344\_00.000: Approximate cost paid for last purchase of homeopathic medicine

CHM_COST	Frequency	Percent
0000-1000 \$0-1000	136	94.44
9997 Refused	0	0.00
9998 Not ascertained	0	0.00
9999 Don't know	8	5.56

Frequency Missing = 13131

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

92

CAL.345\_00.000: Saw a practitioner for homeopathy, ever

CHM_EVER	Frequency	Percent
1 Yes	32	21.33
2 No	118	78.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13125

CAL.346\_00.000: Saw a practitioner for homeopathy, past 12 months

CHM_USEM	Frequency	Percent
1 Yes	19	59.38
2 No	13	40.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13243

CAL.347\_00.000: Knows exact number of times saw  
 a practitioner for homeopathy, past 12 months

CHM_PTIM	Frequency	Percent
1 Yes	17	89.47
2 No	2	10.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13256

CAL.348\_00.000: Exact number of times saw a  
 practitioner for homeopathy, past 12 months

CHM_TMNO	Frequency	Percent
01-52 1-52	17	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13258

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

93

CAL.349\_00.000: Approximate number of times saw  
 a practitioner for homeopathy, past 12 months

CHM_TMCT	Frequency	Percent
01 Only 1 time	1	50.00
02 2-5 times	1	50.00
03 6-10 times	0	0.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13273

CAL.350\_00.000: Any cost of seeing practitioner  
 for homeopathy was covered by insurance

CHM_HIC	Frequency	Percent
1 Yes	2	10.53
2 No	17	89.47
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13256

CAL.351\_00.000: Portion of the cost of seeing practitioner  
 for homeopathy covered by insurance

CHM_HICA	Frequency	Percent
1 All of the cost	0	0.00
2 Some of the cost	2	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

94

CAL.352\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for homeopathy

CHM_HIT	Frequency	Percent
1 Yes	16	84.21
2 No	3	15.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13256

CAL.353\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for homeopathy

CHM_HITS	Frequency	Percent
00000-26000 \$0-26000	16	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13259

CAL.354\_00.000: Knows average amount paid out-of-pocket per visit for homeopathy

CHM_AVGC	Frequency	Percent
1 Yes	0	0.00
2 No	2	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	33.33

Frequency Missing = 13272

CAL.355\_00.000: Average out-of-pocket cost paid for each homeopathy visit

CHM_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.356\_00.000: Bought self-help book or  
 other materials to learn about homeopathy

CHM_MAT	Frequency	Percent
1 Yes	28	18.67
2 No	122	81.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13125

CAL.357\_00.000: Amount paid for self-help book  
 or other materials to learn about homeopathy

CHM_MATC	Frequency	Percent
000-200 \$0-200	26	92.86
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	7.14

Frequency Missing = 13247

CAL.367\_00.000: Used meditation, guided imagery,  
 or progressive relaxation for health, ever

CMB_USE	Frequency	Percent
1 Yes	137	1.34
2 No	9832	96.22
7 Refused	8	0.08
8 Not ascertained	230	2.25
9 Don't know	11	0.11

Frequency Missing = 3057

CAL.368\_00.000: Ever used mantra meditation

CMBE_MAN	Frequency	Percent
1 Yes	36	26.28
2 No	99	72.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.46

Frequency Missing = 13138



CAL.369\_00.000: Ever used mindfulness meditation

CMBE_MND	Frequency	Percent
1 Yes	39	28.47
2 No	94	68.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	2.92

Frequency Missing = 13138

CAL.370\_00.000: Ever used spiritual meditation

CMBE_SPR	Frequency	Percent
1 Yes	46	33.58
2 No	88	64.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	2.19

Frequency Missing = 13138

CAL.371\_00.000: Ever used guided imagery

CMBE_IMG	Frequency	Percent
1 Yes	51	37.23
2 No	83	60.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	2.19

Frequency Missing = 13138

CAL.372\_00.000: Ever used progressive relaxation

CMBE_PRO	Frequency	Percent
1 Yes	54	39.42
2 No	79	57.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	2.92

Frequency Missing = 13138

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

97

CAL.373\_00.000: Used mantra meditation, past 12 months

CMBU_MAN	Frequency	Percent
1 Yes	25	69.44
2 No	11	30.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13239

CAL.374\_00.000: Used mindfulness meditation, past 12 months

CMBU_MND	Frequency	Percent
1 Yes	29	74.36
2 No	10	25.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13236

CAL.375\_00.000: Used spiritual meditation, past 12 months

CMBU_SPR	Frequency	Percent
1 Yes	39	84.78
2 No	6	13.04
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.17

Frequency Missing = 13229

CAL.376\_00.000: Used guided imagery, past 12 months

CMBU_IMG	Frequency	Percent
1 Yes	41	80.39
2 No	10	19.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13224

CAL.377\_00.000: Used progressive relaxation, past 12 months

CMBU_PRO	Frequency	Percent
1 Yes	44	81.48
2 No	9	16.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.85

Frequency Missing = 13221

CAL.377\_00.010: Count variable for number of mind-body therapies used

CMB_CNT	Frequency	Percent
000-005 Number of mind-body therapies used	137	100.00

Frequency Missing = 13138

CAL.378\_00.000: Type of mind-body therapy used the most, past 12 months

CMB_MST1	Frequency	Percent
1 Mantra meditation	11	12.79
2 Mindfulness meditation	10	11.63
3 Spiritual meditation	22	25.58
4 Guided imagery	20	23.26
5 Progressive relaxation	21	24.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	2.33

Frequency Missing = 13189

CAL.379\_00.000: Did breathing exercises as part of mind-body therapy

CMB_BRTH	Frequency	Percent
1 Yes	70	83.33
2 No	13	15.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.19

Frequency Missing = 13191

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 Unweighted Frequencies

99

CAL.380\_00.000: Saw a practitioner for mind-body therapy, past 12 months

CMB_USEM	Frequency	Percent
1 Yes	24	28.57
2 No	60	71.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13191

CAL.381\_00.000: Knows exact number of times saw practitioner  
for mind-body therapy, past 12 months

CMB_PTIM	Frequency	Percent
1 Yes	23	95.83
2 No	1	4.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13251

CAL.382\_00.000: Exact number of times saw practitioner  
for mind-body therapy, past 12 months

CMB_TMNO	Frequency	Percent
01-52 1-52	23	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13252

CAL.383\_00.000: Approximate number of times saw practitioner  
for mind-body therapy, past 12 months

CMB_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	1	100.00
03 6-10 times	0	0.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13274

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 Unweighted Frequencies

100

CAL.384\_00.000: Any cost of seeing a practitioner or taking  
 a class for mind-body therapy was covered by insurance

CMB_HIC	Frequency	Percent
1 Yes	7	29.17
2 No	17	70.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13251

CAL.385\_00.000: Portion of the cost of seeing a practitioner  
 or taking a class for mind-body therapy covered by insurance

CMB_HICA	Frequency	Percent
1 All of the cost	4	57.14
2 Some of the cost	3	42.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268

CAL.386\_00.000: Knows total amount paid out-of-pocket for seeing  
 a practitioner or taking a class for mind-body therapy

CMB_HIT	Frequency	Percent
1 Yes	15	75.00
2 No	4	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.00

Frequency Missing = 13255

CAL.387\_00.000: Total amount paid out-of-pocket for seeing  
 a practitioner or taking a class for mind-body therapy

CMB_HITS	Frequency	Percent
00000-26000 \$0-26000	14	93.33
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	6.67

Frequency Missing = 13260

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
 CAL Variables      Wednesday, June 12, 2013  
 Unweighted Frequencies

101

CAL.388\_00.000: Knows average amount paid out-of-pocket  
 per visit or class for mind-body therapy

CMB_AVGC	Frequency	Percent
1 Yes	1	20.00
2 No	4	80.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270

CAL.389\_00.000: Average amount paid out-of-pocket  
 per visit or class for mind-body therapy

CMB_AVGS	Frequency	Percent
000-500 \$0-500	1	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13274

CAL.390\_00.000: Bought self-help book or other  
 material to learn about mind-body therapy

CMB_MAT	Frequency	Percent
1 Yes	20	23.81
2 No	63	75.00
7 Refused	0	0.00
8 Not ascertained	1	1.19
9 Don't know	0	0.00

Frequency Missing = 13191

CAL.391\_00.000: Amount paid for self-help book or  
 other material to learn about mind-body therapy

CMB_MATC	Frequency	Percent
000-200 \$0-200	19	95.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	1	5.00

Frequency Missing = 13255

CAL.401\_00.000: Ever practiced yoga

CYGE_YOG	Frequency	Percent
1 Yes	421	4.12
2 No	9552	93.48
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.402\_00.000: Ever practiced tai chi

CYGE_TAI	Frequency	Percent
1 Yes	46	0.45
2 No	9927	97.15
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.403\_00.000: Ever practiced qi gong

CYGE_QIG	Frequency	Percent
1 Yes	13	0.13
2 No	9960	97.48
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	7	0.07

Frequency Missing = 3057

CAL.404\_00.000: Practiced yoga, past 12 months

CYGU_YOG	Frequency	Percent
1 Yes	301	71.50
2 No	120	28.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12854

CAL.405\_00.000: Practiced tai chi, past 12 months

CYGU_TAI	Frequency	Percent
1 Yes	31	67.39
2 No	15	32.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13229

CAL.406\_00.000: Practiced qi gong, past 12 months

CYGU_QIG	Frequency	Percent
1 Yes	7	53.85
2 No	6	46.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13262

CAL.407\_00.010: Does breathing exercises as part of yoga

CYG_BTHY	Frequency	Percent
1 Yes	229	76.08
2 No	60	19.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	12	3.99

Frequency Missing = 12974

CAL.408\_00.020: Does breathing exercises as part of tai chi

CYG_BTHT	Frequency	Percent
1 Yes	20	64.52
2 No	8	25.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	9.68

Frequency Missing = 13244



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104

CAL.409\_00.030: Does breathing exercises as part of qi gong

CYG_BTHQ	Frequency	Percent
1 Yes	5	71.43
2 No	2	28.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268

CAL.410\_00.010: Does meditation as part of yoga

CYG_MEDY	Frequency	Percent
1 Yes	132	43.85
2 No	158	52.49
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	11	3.65

Frequency Missing = 12974

CAL.411\_00.020: Does meditation as part of tai chi

CYG_MEDT	Frequency	Percent
1 Yes	13	41.94
2 No	18	58.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13244

CAL.412\_00.030: Does meditation as part of qi gong

CYG_MEDQ	Frequency	Percent
1 Yes	3	42.86
2 No	4	57.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13268

CAL.412\_00.040: Count variable for yoga/tai chi/qi gong

CYG_CNT	Frequency	Percent
000-003 Number of yoga/tai chi/qi gong therapies used	13275	100.00

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105

CAL.413\_00.000: Type of exercise practiced the most, past 12 months

CYG_MOST	Frequency	Percent
1 Yoga	242	93.80
2 Tai-Chi	13	5.04
3 Qi Gong	3	1.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't Know	0	0.00

Frequency Missing = 13017

CAL.414\_00.000: Took a class or received formal training  
 for yoga/tai chi/qi gong, past 12 months

CYG_USEM	Frequency	Percent
1 Yes	122	47.29
2 No	136	52.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13017

CAL.415\_00.000: Knows exact number of times saw an  
 instructor for yoga/tai chi/qi gong, past 12 months

CYG_PTIM	Frequency	Percent
1 Yes	100	81.97
2 No	12	9.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	10	8.20

Frequency Missing = 13153

CAL.416\_00.000: Exact number of times saw an instructor  
 for yoga/tai chi/qi gong, past 12 months

CYG_TMNO	Frequency	Percent
01-52 1-52	100	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13175

CAL.417\_00.000: Approximate number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

CYG_TMCT	Frequency	Percent
01 Only 1 time	1	4.55
02 2-5 times	3	13.64
03 6-10 times	4	18.18
04 11-15 times	1	4.55
05 16-20 times	1	4.55
06 21-25 times	2	9.09
07 More than 25 times	7	31.82
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	3	13.64

Frequency Missing = 13253

CAL.418\_00.000: Any cost of seeing an instructor for yoga/tai chi/qi gong was covered by insurance

CYG_HIC	Frequency	Percent
1 Yes	3	2.46
2 No	119	97.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13153

CAL.419\_00.000: Portion of the cost of seeing an instructor for yoga/tai chi/qi gong covered by insurance

CYG_HICA	Frequency	Percent
1 All of the cost	1	33.33
2 Some of the cost	1	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	33.33

Frequency Missing = 13272

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107

CAL.420\_00.000: Knows total amount paid out-of-pocket  
 for seeing an instructor for yoga/tai chi/qi gong

CYG_HIT	Frequency	Percent
1 Yes	74	61.16
2 No	43	35.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	3.31

Frequency Missing = 13154

CAL.421\_00.000: Total amount paid out-of-pocket for  
 seeing an instructor for yoga/tai chi/qi gong

CYG_HITS	Frequency	Percent
00000-26000 \$0-26000	74	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13201

CAL.422\_00.000: Knows average amount paid out-of-pocket per  
 visit for seeing an instructor for yoga/tai chi/qi gong

CYG_AVGC	Frequency	Percent
1 Yes	9	19.15
2 No	34	72.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	8.51

Frequency Missing = 13228

CAL.423\_00.000: Average amount paid out-of-pocket per visit  
 for seeing an instructor for yoga/tai chi/qi gong

CYG_AVGS	Frequency	Percent
000-500 \$0-500	9	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13266

CAL.424\_00.000: Bought self-help book or other material to learn about yoga/tai chi/qi gong

CYG_MAT	Frequency	Percent
1 Yes	52	20.16
2 No	206	79.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13017

CAL.425\_00.000: Amount paid for self-help book or other material to learn about yoga/tai chi/qi gong

CYG_MATC	Frequency	Percent
000-200 \$0-200	51	98.08
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	1	1.92

Frequency Missing = 13223

CAL.435\_00.000: Ever used vegetarian (including vegan) diet for two weeks or more for health reasons

CDTEVER1	Frequency	Percent
1 Yes	126	1.23
2 No	9851	96.41
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	3	0.03

Frequency Missing = 3057

CAL.436\_00.000: Ever used macrobiotic diet for two weeks or more for health reasons

CDTEVER2	Frequency	Percent
1 Yes	11	0.11
2 No	9965	97.52
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	4	0.04

Frequency Missing = 3057

CAL.437\_00.000: Ever used atkins diet for two weeks or more for health reasons

CDTEVER3	Frequency	Percent
1 Yes	4	0.04
2 No	9971	97.58
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	5	0.05

Frequency Missing = 3057

CAL.438\_00.000: Ever used pritikin diet for two weeks or more for health reasons

CDTEVER4	Frequency	Percent
1 Yes	2	0.02
2 No	9972	97.59
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	6	0.06

Frequency Missing = 3057

CAL.439\_00.000: Ever used ornish diet for two weeks or more for health reasons

CDTEVER5	Frequency	Percent
1 Yes	3	0.03
2 No	9971	97.58
7 Refused	6	0.06
8 Not ascertained	232	2.27
9 Don't know	6	0.06

Frequency Missing = 3057

CAL.440\_00.000: Used vegetarian diet for two weeks  
or more for health reasons, past 12 months

CDT_USM1	Frequency	Percent
1 Yes	59	46.83
2 No	66	52.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.79

Frequency Missing = 13149

CAL.441\_00.000: Used macrobiotic diet for two weeks  
or more for health reasons, past 12 months

CDT_USM2	Frequency	Percent
1 Yes	3	27.27
2 No	8	72.73
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264

CAL.442\_00.000: Used atkins diet for two weeks  
or more for health reasons, past 12 months

CDT_USM3	Frequency	Percent
1 Yes	2	50.00
2 No	2	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.443\_00.000: Used pritikin diet for two weeks  
or more for health reasons, past 12 months

CDT_USM4	Frequency	Percent
1 Yes	0	0.00
2 No	2	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.444\_00.000: Used ornish diet for two weeks  
or more for health reasons, past 12 months

CDT_USM5	Frequency	Percent
1 Yes	1	33.33
2 No	2	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.445\_00.000: Used special diets for weight control or weight loss

CDT_WGT1	Frequency	Percent
1 Yes	5	7.94
2 No	58	92.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13212

CAL.446\_00.000: Ever saw a practitioner for special diets

CDT_PRE	Frequency	Percent
1 Yes	8	12.70
2 No	55	87.30
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13212

CAL.447\_00.000: Saw a practitioner for special diets, past 12 months

CDT_PRU	Frequency	Percent
1 Yes	5	62.50
2 No	3	37.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13267

CAL.448\_00.000: Knows exact number of times saw  
 a practitioner for special diets, past 12 months

CDT_PTIM	Frequency	Percent
1 Yes	5	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270



CAL.449\_00.000: Exact number of times saw a practitioner  
 for special diets, past 12 months

CDT_TMNO	Frequency	Percent
01-52 1-52	5	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13270

CAL.450\_00.000: Approximate number of times saw  
 a practitioner for special diets, past 12 months

CDT_TMCT	Frequency	Percent
01 Only 1 time	0	.
02 2-5 times	0	.
03 6-10 times	0	.
04 11-15 times	0	.
05 16-20 times	0	.
06 21-25 times	0	.
07 More than 25 times	0	.
97 Refused	0	.
98 Not ascertained	0	.
99 Don't know	0	.

Frequency Missing = 13275

CAL.451\_00.000: Any cost of seeing practitioner  
 for special diets was covered by insurance

CDT_HIC	Frequency	Percent
1 Yes	2	40.00
2 No	3	60.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270

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CAL.452\_00.000: Portion of the cost of seeing practitioner  
 for special diets covered by insurance

CDT_HICA	Frequency	Percent
1 All of the cost	1	50.00
2 Some of the cost	1	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.453\_00.000: Knows total amount paid out-of-pocket  
 for seeing a practitioner for special diets

CDT_HIT	Frequency	Percent
1 Yes	4	100.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.454\_00.000: Total amount paid out-of-pocket  
 for seeing a practitioner for special diets

CDT_HITS	Frequency	Percent
00000-26000 \$0-26000	4	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13271

CAL.455\_00.000: Knows average amount paid out-of-pocket  
 per visit for seeing a practitioner for special diets

CDT_AVGC	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

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CAL.456\_00.000: Average amount paid out-of-pocket per visit for seeing a practitioner for special diets

CDT_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 13275

CAL.457\_00.000: Bought self-help book or other materials to learn about special diets

CDT_MAT	Frequency	Percent
1 Yes	8	12.70
2 No	55	87.30
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13212

CAL.458\_00.000: Amount paid for self-help book or other materials to learn about special diets

CDT_MATC	Frequency	Percent
000-200 \$0-200	8	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13267

CAL.468\_00.000: Ever practiced Feldenkrais

CMVE_FLD	Frequency	Percent
1 Yes	6	0.06
2 No	9962	97.49
7 Refused	7	0.07
8 Not ascertained	232	2.27
9 Don't know	11	0.11

Frequency Missing = 3057

CAL.469\_00.000: Ever practiced Alexander Technique

CMVE_ALX	Frequency	Percent
1 Yes	5	0.05
2 No	9965	97.52
7 Refused	7	0.07
8 Not ascertained	232	2.27
9 Don't know	9	0.09

Frequency Missing = 3057

CAL.470\_00.000: Ever practiced Pilates

CMVE_PIL	Frequency	Percent
1 Yes	105	1.03
2 No	9863	96.53
7 Refused	7	0.07
8 Not ascertained	233	2.28
9 Don't know	10	0.10

Frequency Missing = 3057

CAL.471\_00.000: Ever practiced Trager Psychophysical Integration

CMVE_TPI	Frequency	Percent
1 Yes	3	0.03
2 No	9965	97.52
7 Refused	7	0.07
8 Not ascertained	233	2.28
9 Don't know	10	0.10

Frequency Missing = 3057

CAL.472\_00.000: Ever seen a practitioner for Feldenkrais

CMVP_FLD	Frequency	Percent
1 Yes	4	66.67
2 No	2	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13269

CAL.473\_00.000: Ever seen a practitioner for Alexander Technique

CMVP_ALX	Frequency	Percent
1 Yes	2	40.00
2 No	3	60.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13270

CAL.474\_00.000: Ever seen a practitioner for Pilates

CMVP_PIL	Frequency	Percent
1 Yes	43	40.95
2 No	62	59.05
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13170

CAL.475\_00.000: Ever seen a practitioner for Trager Psychophysical Integration

CMVP_TPI	Frequency	Percent
1 Yes	0	0.00
2 No	3	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.476\_00.000: Saw a practitioner for Feldenkrais, past 12 months

CMV_FLD	Frequency	Percent
1 Yes	2	50.00
2 No	2	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13271

CAL.477\_00.000: Saw a practitioner for Alexander Technique, past 12 months

CMV_ALX	Frequency	Percent
1 Yes	1	50.00
2 No	1	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.478\_00.000: Saw a practitioner for Pilates, past 12 months

CMV_PIL	Frequency	Percent
1 Yes	33	76.74
2 No	10	23.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13232

CAL.479\_00.000: Saw a practitioner for Trager  
Psychophysical Integration, past 12 months

CMV_TPI	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.480\_00.000: Used Feldenkrais, past 12 months

CMVU_FLD	Frequency	Percent
1 Yes	0	0.00
2 No	2	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13273

CAL.481\_00.000: Used Alexander Technique, past 12 months

CMVU_ALX	Frequency	Percent
1 Yes	0	0.00
2 No	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13274

CAL.482\_00.000: Used Pilates, past 12 months

CMVU_PIL	Frequency	Percent
1 Yes	2	20.00
2 No	8	80.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13265

CAL.483\_00.000: Used Trager Psychophysical Integration, past 12 months

CMVU_TPI	Frequency	Percent
1 Yes	0	.
2 No	0	.
7 Refused	0	.
8 Not ascertained	0	.
9 Don't know	0	.

Frequency Missing = 13275

CAL.484\_00.000: Knows exact number of times saw practitioner/teacher  
 for movement and exercise techniques, past 12 months

CMV_PTIM	Frequency	Percent
1 Yes	29	80.56
2 No	7	19.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13239

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CAL.485\_00.000: Exact number of times saw practitioner/teacher  
 for movement and exercise techniques, past 12 months

CMV_TMNO	Frequency	Percent
01-52 1-52	29	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13246

CAL.486\_00.000: Approximate number of times saw practitioner/teacher  
 for movement and exercise techniques, past 12 months

CMV_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	2	28.57
03 6-10 times	3	42.86
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	2	28.57
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13268

CAL.487\_00.000: Any cost of seeing a practitioner/teacher for  
 movement and exercise techniques was covered by insurance

CMV_HIC	Frequency	Percent
1 Yes	3	8.33
2 No	33	91.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13239



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CAL.488\_00.000: Portion of the cost of seeing a practitioner/teacher  
 for movement and exercise techniques covered by insurance

CMV_HICA	Frequency	Percent
1 All of the cost	1	33.33
2 Some of the cost	2	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13272

CAL.489\_00.000: Knows total amount paid out-of-pocket for seeing  
 a practitioner/teacher for movement and exercise techniques

CMV_HIT	Frequency	Percent
1 Yes	24	68.57
2 No	10	28.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.86

Frequency Missing = 13240

CAL.490\_00.000: Total amount paid out-of-pocket for seeing  
 a practitioner/teacher for movement and exercise techniques

CMV_HITS	Frequency	Percent
00000-26000 \$0-26000	24	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 13251

CAL.491\_00.000: Knows average amount paid out-of-pocket per visit for  
 seeing a practitioner/teacher for movement and exercise techniques

CMV_AVGC	Frequency	Percent
1 Yes	3	27.27
2 No	8	72.73
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13264

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CAL.492\_00.000: Average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques

CMV_AVGS	Frequency	Percent
000-500 \$0-500	3	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13272

CAL.493\_00.000: Bought self-help book or other materials to learn about movement and exercise techniques

CMV_MAT	Frequency	Percent
1 Yes	6	15.79
2 No	32	84.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13237

CAL.494\_00.000: Amount paid for self-help book or other materials to learn about movement and exercise techniques

CMV_MATC	Frequency	Percent
000-200 \$0-200	6	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 13269

CAL.500\_00.000: Count variable for number of alternative therapies used

CAL_CNT	Frequency	Percent
00-18 Number of alternative therapies used	13275	100.00

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CAL.505\_00.000: First of top 3 most important therapies

CAL_TP31	Frequency	Percent
01 Chiropractic or Osteopathic Manipulation	276	30.10
02 Massage	41	4.47
03 Acupuncture	7	0.76
04 Energy Healing Therapy	7	0.76
05 Naturopathy	4	0.44
06 Hypnosis	6	0.65
07 Biofeedback	3	0.33
08 Craniosacral therapy	2	0.22
09 Traditional Healers	21	2.29
10 [fill1: Herb 1 from CHB_TP21]	208	22.68
11 [fill2: Herb 2 from CHB_TP22]	0	0.00
12 Homeopathy	80	8.72
13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB	45	4.91
14 [fill4: Yoga/Tai Chi/Qi Gong from CYG_MOST]	163	17.78
15 Special diets	39	4.25
16 Movement or exercise techniques	15	1.64
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't Know	0	0.00

Frequency Missing = 12358

CAL.506\_00.000: Second of top 3 most important therapies

CAL_TP32	Frequency	Percent
01 Chiropractic or Osteopathic Manipulation	3	1.07
02 Massage	26	9.29
03 Acupuncture	4	1.43
04 Energy Healing Therapy	5	1.79
05 Naturopathy	5	1.79
06 Hypnosis	1	0.36
07 Biofeedback	3	1.07
08 Craniosacral therapy	5	1.79
09 Traditional Healers	0	0.00
10 [fill1: Herb 1 from CHB_TP21]	34	12.14
11 [fill2: Herb 2 from CHB_TP22]	51	18.21
12 Homeopathy	33	11.79
13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB	24	8.57
14 [fill4: Yoga/Tai Chi/Qi Gong from CYG_MOST]	63	22.50
15 Special diets	13	4.64
16 Movement or exercise techniques	10	3.57
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't Know	0	0.00

Frequency Missing = 12995

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CAL.507\_00.000: Third of top 3 most important therapies

CAL_TP33	Frequency	Percent
-----		
01 Chiropractic or Osteopathic Manipulation	4	3.77
02 Massage	0	0.00
03 Acupuncture	1	0.94
04 Energy Healing Therapy	1	0.94
05 Naturopathy	1	0.94
06 Hypnosis	0	0.00
07 Biofeedback	1	0.94
08 Craniosacral therapy	1	0.94
09 Traditional Healers	0	0.00
10 [fill1: Herb 1 from CHB_TP21]	9	8.49
11 [fill2: Herb 2 from CHB_TP22]	12	11.32
12 Homeopathy	26	24.53
13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB	8	7.55
14 [fill4: Yoga/Tai Chi/Qi Gong from CYG_MOST]	22	20.75
15 Special diets	10	9.43
16 Movement or exercise techniques	10	9.43
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't Know	0	0.00

Frequency Missing = 13169

CAL.510\_00.000: Used/saw practitioner for first top therapy:  
for general wellness or general disease prevention

CTP1REA1	Frequency	Percent
-----		
1 Yes	541	59.00
2 No	373	40.68
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	0	0.00

Frequency Missing = 12358

CAL.511\_00.000: Used/saw practitioner for first top therapy: to improve energy

CTP1REA2	Frequency	Percent
-----		
1 Yes	201	21.92
2 No	709	77.32
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.512\_00.000: Used/saw practitioner for first  
 top therapy: to improve immune function

CTP1REA3	Frequency	Percent
1 Yes	250	27.26
2 No	662	72.19
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	2	0.22

Frequency Missing = 12358

CAL.513\_00.000: Used/saw practitioner for first top  
 therapy: to improve athletic or sports performance

CTP1REA4	Frequency	Percent
1 Yes	226	24.65
2 No	687	74.92
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	1	0.11

Frequency Missing = 12358

CAL.514\_00.000: Used/saw practitioner for first  
 top therapy: to improve memory or concentration

CTP1REA5	Frequency	Percent
1 Yes	179	19.52
2 No	734	80.04
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	1	0.11

Frequency Missing = 12358

CAL.515\_00.000: Using/seeing practitioner for first  
 top therapy was motivation to: eat healthier

CTP1MOT1	Frequency	Percent
1 Yes	180	19.63
2 No	729	79.50
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	5	0.55

Frequency Missing = 12358

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CAL.516\_00.000: Using/seeing practitioner for first top  
 therapy was motivation to: eat more organic foods

CTP1MOT2	Frequency	Percent
1 Yes	112	12.21
2 No	798	87.02
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.517\_00.000: Using/seeing practitioner for first top  
 therapy was motivation to: exercise more regularly

CTP1MOT3	Frequency	Percent
1 Yes	205	22.36
2 No	705	76.88
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.520\_00.000: Using/seeing practitioner for first top  
 therapy: gave a sense of control over one's health

CTP1OUT1	Frequency	Percent
1 Yes	302	32.93
2 No	601	65.54
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	11	1.20

Frequency Missing = 12358

CAL.521\_00.000: Using/seeing practitioner for first top  
 therapy led to: reduced stress level or relaxation

CTP1OUT2	Frequency	Percent
1 Yes	385	41.98
2 No	519	56.60
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	10	1.09

Frequency Missing = 12358

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CAL.522\_00.000: Using/seeing practitioner  
 for first top therapy led to: better sleep

CTP1OUT3	Frequency	Percent
1 Yes	351	38.28
2 No	553	60.31
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	10	1.09

Frequency Missing = 12358

CAL.523\_00.000: Using/seeing practitioner for first  
 therapy led to: feeling better emotionally

CTP1OUT4	Frequency	Percent
1 Yes	321	35.01
2 No	580	63.25
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	13	1.42

Frequency Missing = 12358

CAL.524\_00.000: Using/seeing practitioner for first top therapy  
 led to: made it easier to cope with health problems

CTP1OUT5	Frequency	Percent
1 Yes	224	24.43
2 No	681	74.26
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	9	0.98

Frequency Missing = 12358

CAL.525\_00.000: Using/seeing practitioner for first top therapy  
 led to: improved overall health and feeling better

CTP1OUT6	Frequency	Percent
1 Yes	570	62.16
2 No	334	36.42
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	10	1.09

Frequency Missing = 12358

CAL.526\_00.000: Using/seeing practitioner for first top  
 therapy led to: improved relationships with others

CTP1OUT7	Frequency	Percent
1 Yes	192	20.94
2 No	710	77.43
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	12	1.31

Frequency Missing = 12358

CAL.527\_00.000: Using/seeing practitioner for first top  
 therapy led to: improved attendance at job or school

CTP1OUT8	Frequency	Percent
1 Yes	160	17.45
2 No	750	81.79
7 Refused	0	0.00
8 Not ascertained	3	0.33
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.528\_00.000: Most important reason for using first top therapy

CTP1MOST	Frequency	Percent
01 For [fill13: his/her] general wellness or general disease prevention	288	35.16
02 To improve [fill13: his/her] energy	4	0.49
03 To improve [fill13: his/her] immune function	51	6.23
04 To improve [fill13: his/her] athletic or sports performance	70	8.55
05 To improve [fill13: his/her] memory or concentration	29	3.54
06 To eat healthier	7	0.85
07 To eat more organic foods	2	0.24
08 To cut back or stop drinking alcohol	6	0.73
09 To cut back or stop smoking cigarettes	0	0.00
10 To exercise more regularly	17	2.08
11 To give [fill14: him/her] a sense of control over [fill13: his/her] health	18	2.20
12 To help to reduce [fill13: his/her] stress level or to relax	52	6.35
13 To help [fill14: him/her] to sleep better	62	7.57
14 To make [fill14: him/her] feel better emotionally	18	2.20
15 To make it easier to cope with health problems	16	1.95
16 To improve [fill13: his/her] overall health and make [fill14: him/her] feel better	164	20.02
17 To improve [fill13: his/her] relationships with others	5	0.61
18 To improve [fill13: his/her] attendance at school	3	0.37
97 Refused	1	0.12
98 Not ascertained	0	0.00

Frequency Missing = 12456



CAL.528\_00.000: Most important reason for using first top therapy

CTP1MOST	Frequency	Percent
99 Don't know	6	0.73

Frequency Missing = 12456

CAL.529\_00.000: How much first top therapy helped  
 with the most important reason for its use

CTP1HELP	Frequency	Percent
1 A great deal	354	43.60
2 Some	328	40.39
3 Only a little	89	10.96
4 Not at all	30	3.69
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	11	1.35

Frequency Missing = 12463

CAL.530\_00.000: Used first top therapy for specific health problem(s)

CTP1TRET	Frequency	Percent
1 Yes	350	38.17
2 No	562	61.29
7 Refused	0	0.00
8 Not ascertained	4	0.44
9 Don't know	1	0.11

Frequency Missing = 12358

CAL.531\_01.000: Used first top therapy for treating: abdominal pain

CTP1CD01	Frequency	Percent
1 Mentioned	8	2.22
2 Not mentioned	351	97.23
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

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CAL.531\_02.000: Used first top therapy for treating: anemia

CTP1CD02	Frequency	Percent
1 Mentioned	1	0.28
2 Not mentioned	358	99.17
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_03.000: Used first top therapy for treating:  
 feeling anxious, nervous, or worried

CTP1CD03	Frequency	Percent
1 Mentioned	15	4.16
2 Not mentioned	344	95.29
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_04.000: Used first top therapy for treating: arthritis

CTP1CD04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_05.000: Used first top therapy for treating: asthma

CTP1CD05	Frequency	Percent
1 Mentioned	7	1.94
2 Not mentioned	352	97.51
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

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CAL.531\_06.000: Used first top therapy for treating: attention deficit  
 hyperactivity disorder (ADHD)/attention deficit disorder (ADD)

CTP1CD06	Frequency	Percent
1 Mentioned	20	5.54
2 Not mentioned	339	93.91
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_07.000: Used first top therapy for treating: autism

CTP1CD07	Frequency	Percent
1 Mentioned	5	1.39
2 Not mentioned	354	98.06
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_08.000: Used first top therapy for treating: cerebral palsy

CTP1CD08	Frequency	Percent
1 Mentioned	2	0.55
2 Not mentioned	357	98.89
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_09.000: Used first top therapy for treating: chicken pox

CTP1CD09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_10.000: Used first top therapy for treating: high cholesterol

CTP1CD10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_11.000: Used first top therapy for treating: congenital heart disease

CTP1CD11	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_12.000: Used first top therapy for treating: constipation

CTP1CD12	Frequency	Percent
1 Mentioned	8	2.22
2 Not mentioned	351	97.23
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_13.000: Used first top therapy for treating: cystic fibrosis

CTP1CD13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_14.000: Used first top therapy for treating: depression

CTP1CD14	Frequency	Percent
1 Mentioned	5	1.39
2 Not mentioned	354	98.06
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_15.000: Used first top therapy for treating: dental pain

CTP1CD15	Frequency	Percent
1 Mentioned	1	0.28
2 Not mentioned	358	99.17
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_16.000: Used first top therapy for treating: diabetes

CTP1CD16	Frequency	Percent
1 Mentioned	3	0.83
2 Not mentioned	356	98.61
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_17.000: Used first top therapy for treating: down syndrome

CTP1CD17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_18.000: Used first top therapy for treating: eczema or skin allergy

CTP1CD18	Frequency	Percent
1 Mentioned	6	1.66
2 Not mentioned	353	97.78
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_19.000: Used first top therapy for treating:  
excessive sleepiness during the day

CTP1CD19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_20.000: Used first top therapy for treating:  
fatigue or lack of energy more than 3 days

CTP1CD20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_21.000: Used first top therapy for treating: fever more than 1 day

CTP1CD21	Frequency	Percent
1 Mentioned	6	1.66
2 Not mentioned	353	97.78
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_22.000: Used first top therapy for treating: food or digestive allergy

CTP1CD22	Frequency	Percent
1 Mentioned	10	2.77
2 Not mentioned	349	96.68
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_23.000: Used first top therapy for treating:  
frequent or repeated diarrhea or colitis

CTP1CD23	Frequency	Percent
1 Mentioned	2	0.55
2 Not mentioned	357	98.89
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_24.000: Used first top therapy for treating: gynecologic problem

CTP1CD24	Frequency	Percent
1 Mentioned	3	0.83
2 Not mentioned	356	98.61
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_25.000: Used first top therapy for treating: hay fever

CTP1CD25	Frequency	Percent
1 Mentioned	3	0.83
2 Not mentioned	356	98.61
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_26.000: Used first top therapy for treating: head or chest cold

CTP1CD26	Frequency	Percent
1 Mentioned	34	9.42
2 Not mentioned	325	90.03
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_27.000: Used first top therapy for treating: hearing problem

CTP1CD27	Frequency	Percent
1 Mentioned	1	0.28
2 Not mentioned	358	99.17
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_28.000: Used first top therapy for treating: hypertension

CTP1CD28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_29.000: Used first top therapy for treating: influenza or pneumonia

CTP1CD29	Frequency	Percent
1 Mentioned	2	0.55
2 Not mentioned	357	98.89
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914



CAL.531\_30.000: Used first top therapy for  
treating: insomnia or trouble sleeping

CTP1CD30	Frequency	Percent
1 Mentioned	15	4.16
2 Not mentioned	344	95.29
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_31.000: Used first top therapy for treating: joint pain or stiffness

CTP1CD31	Frequency	Percent
1 Mentioned	23	6.37
2 Not mentioned	336	93.07
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_32.000: Used first top therapy for treating: low back pain

CTP1CD32	Frequency	Percent
1 Mentioned	63	17.45
2 Not mentioned	296	81.99
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_33.000: Used first top therapy for treating: intellectual  
disability, also known as mental retardation

CTP1CD33	Frequency	Percent
1 Mentioned	1	0.28
2 Not mentioned	358	99.17
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_34.000: Used first top therapy for treating: menstrual problems

CTP1CD34	Frequency	Percent
1 Mentioned	2	0.55
2 Not mentioned	357	98.89
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_35.000: Used first top therapy for treating: migraine headaches

CTP1CD35	Frequency	Percent
1 Mentioned	7	1.94
2 Not mentioned	352	97.51
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_36.000: Used first top therapy for treating: muscular dystrophy

CTP1CD36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_37.000: Used first top therapy for treating: nausea and/or vomiting

CTP1CD37	Frequency	Percent
1 Mentioned	8	2.22
2 Not mentioned	351	97.23
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_38.000: Used first top therapy for treating: neck pain

CTP1CD38	Frequency	Percent
1 Mentioned	45	12.47
2 Not mentioned	314	86.98
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_39.000: Used first top therapy for treating: other chronic pain

CTP1CD39	Frequency	Percent
1 Mentioned	5	1.39
2 Not mentioned	354	98.06
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_40.000: Used first top therapy for treating: other muscle or joint pain

CTP1CD40	Frequency	Percent
1 Mentioned	33	9.14
2 Not mentioned	326	90.30
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_41.000: Used first top therapy for treating: other developmental delay

CTP1CD41	Frequency	Percent
1 Mentioned	3	0.83
2 Not mentioned	356	98.61
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_42.000: Used first top therapy for treating: other heart condition

CTP1CD42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_43.000: Used first top therapy for treating: problems with being overweight

CTP1CD43	Frequency	Percent
1 Mentioned	2	0.55
2 Not mentioned	357	98.89
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_44.000: Used first top therapy for treating: non-migraine headaches

CTP1CD44	Frequency	Percent
1 Mentioned	7	1.94
2 Not mentioned	352	97.51
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_45.000: Used first top therapy for treating: respiratory allergy

CTP1CD45	Frequency	Percent
1 Mentioned	6	1.66
2 Not mentioned	353	97.78
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

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CAL.531\_46.000: Used first top therapy for treating: seizures

CTP1CD46	Frequency	Percent
1 Mentioned	1	0.28
2 Not mentioned	358	99.17
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_47.000: Used first top therapy for treating: sickle cell anemia

CTP1CD47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_48.000: Used first top therapy for treating: sinusitis

CTP1CD48	Frequency	Percent
1 Mentioned	4	1.11
2 Not mentioned	355	98.34
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_49.000: Used first top therapy for treating:  
 sore throat other than strep or tonsillitis

CTP1CD49	Frequency	Percent
1 Mentioned	5	1.39
2 Not mentioned	354	98.06
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_50.000: Used first top therapy for treating: sprain or strain

CTP1CD50	Frequency	Percent
1 Mentioned	25	6.93
2 Not mentioned	334	92.52
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_51.000: Used first top therapy for treating: strep throat or tonsillitis

CTP1CD51	Frequency	Percent
1 Mentioned	4	1.11
2 Not mentioned	355	98.34
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_52.000: Used first top therapy for treating: frequent stress

CTP1CD52	Frequency	Percent
1 Mentioned	10	2.77
2 Not mentioned	349	96.68
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_53.000: Used first top therapy for treating: stuttering or stammering

CTP1CD53	Frequency	Percent
1 Mentioned	2	0.55
2 Not mentioned	357	98.89
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_54.000: Used first top therapy for  
 treating: three or more ear infections

CTP1CD54	Frequency	Percent
1 Mentioned	5	1.39
2 Not mentioned	354	98.06
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_55.000: Used first top therapy for treating: vision problems

CTP1CD55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_56.000: Used first top therapy for treating: other specify

CTP1CD56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	359	99.45
7 Refused	2	0.55
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12914

CAL.531\_57.000: Used first top therapy for: condition not elsewhere classified

CTP1CD57	Frequency	Percent
1 Mentioned	54	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13221

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CAL.532\_00.000: Most important health problem  
 for which first top therapy was used

CTP1CMST	Frequency	Percent
01 Abdominal pain	3	0.83
02 Anemia	0	0.00
03 Feeling anxious, nervous or worried	12	3.33
04 Arthritis	0	0.00
05 Asthma	5	1.39
06 Attention Deficit Hyperactivity Disorder (ADHD)/Attention Deficit Disorder (ADD)	14	3.89
07 Autism/Autism Spectrum Disorder	4	1.11
08 Cerebral palsy	1	0.28
09 Chickenpox	0	0.00
10 High cholesterol	0	0.00
11 Congenital heart disease	0	0.00
12 Constipation	4	1.11
13 Cystic fibrosis	0	0.00
14 Depression	3	0.83
15 Dental pain	1	0.28
16 Diabetes	0	0.00
17 Down syndrome	0	0.00
18 Eczema or skin allergy	3	0.83
19 Excessive sleepiness during the day	0	0.00
20 Fatigue or lack of energy more than 3 days	0	0.00
21 Fever more than 1 day	2	0.56
22 Food or digestive allergy	7	1.94
23 Frequent or repeated diarrhea or colitis	1	0.28
24 Gynecologic problem	0	0.00
25 Hay fever	3	0.83
26 Head or chest cold	24	6.67
27 Hearing problem	0	0.00
28 Hypertension	0	0.00
29 Influenza or pneumonia	1	0.28
30 Insomnia or trouble sleeping	7	1.94
31 Joint pain or stiffness	9	2.50
32 Low back pain	32	8.89
33 Intellectual disability, also known as mental retardation	0	0.00
34 Menstrual problems	2	0.56
35 Migraine headaches	5	1.39
36 Muscular dystrophy	0	0.00
37 Nausea and/or vomiting	3	0.83
38 Neck pain	18	5.00
39 Chronic pain	1	0.28
40 Muscle or bone pain	15	4.17
41 Other developmental delay	1	0.28
42 Heart condition	0	0.00
43 Problems with being overweight	1	0.28
44 Non-migraine headaches	3	0.83
45 Respiratory allergy	3	0.83
46 Seizures	1	0.28
47 Sickle cell anemia	0	0.00
48 Sinusitis	0	0.00
49 Sore throat other than strep or tonsillitis	1	0.28
50 Sprain or strain	9	2.50

Frequency Missing = 12915



CAL.532\_00.000: Most important health problem  
for which first top therapy was used

CTP1CMST	Frequency	Percent
51 Strep throat or tonsillitis	2	0.56
52 Frequent stress	4	1.11
53 Stuttering or stammering	2	0.56
54 Three or more ear infections	2	0.56
55 Vision problems	0	0.00
56 Other specify	146	40.56
97 Refused	2	0.56
98 Not ascertained	0	0.00
99 Don't know	3	0.83

Frequency Missing = 12915

CAL.533\_00.000: How much first top therapy helped  
with the most important reason for its use

CTP1CHLP	Frequency	Percent
1 A great deal	206	58.03
2 Some	113	31.83
3 Only a little	22	6.20
4 Not at all	11	3.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.85

Frequency Missing = 12920

CAL.534\_00.000: Received prescription medication for most  
important health condition treated by first top therapy

CTP1MTR1	Frequency	Percent
1 Yes	75	21.13
2 No	280	78.87
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 12920

CAL.535\_00.000: Received over-the-counter medication for most important health condition treated by first top therapy

CTP1MTR2	Frequency	Percent
1 Yes	124	34.93
2 No	230	64.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.28

Frequency Missing = 12920

CAL.536\_00.000: Received surgery for most important health condition treated by first top therapy

CTP1MTR3	Frequency	Percent
1 Yes	12	3.38
2 No	342	96.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.28

Frequency Missing = 12920

CAL.537\_00.000: Received physical therapy for most important health condition treated by first top therapy

CTP1MTR4	Frequency	Percent
1 Yes	39	10.99
2 No	315	88.73
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.28

Frequency Missing = 12920

CAL.538\_00.000: Received mental health counseling for most important health condition treated by first top therapy

CTP1MTR5	Frequency	Percent
1 Yes	28	7.89
2 No	326	91.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.28

Frequency Missing = 12920

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CAL.539\_00.000: Used/saw practitioner for first top therapy  
 because: medical treatments were too expensive

CTP1RS1	Frequency	Percent
1 Yes	9	4.76
2 No	176	93.12
7 Refused	0	0.00
8 Not ascertained	2	1.06
9 Don't know	2	1.06

Frequency Missing = 13086

CAL.540\_00.000: Used/saw practitioner for first top therapy  
 because: therapy combined with medical treatment would help

CTP1RS2	Frequency	Percent
1 Yes	118	62.43
2 No	68	35.98
7 Refused	0	0.00
8 Not ascertained	2	1.06
9 Don't know	1	0.53

Frequency Missing = 13086

CAL.541\_00.000: Used/saw practitioner for first top therapy because:  
 medical treatments do not work for your specific health problem

CTP1RS3	Frequency	Percent
1 Yes	37	19.58
2 No	147	77.78
7 Refused	0	0.00
8 Not ascertained	2	1.06
9 Don't know	3	1.59

Frequency Missing = 13086

CAL.542\_00.000: Used/saw practitioner for first top  
 therapy because: medications cause side effects

CTP1RS4	Frequency	Percent
1 Yes	35	20.59
2 No	131	77.06
7 Refused	0	0.00
8 Not ascertained	3	1.76
9 Don't know	1	0.59

Frequency Missing = 13105

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CAL.543\_00.000: Used/saw practitioner for first top therapy  
 because: it can be practiced/done on your own

CTP1RS5	Frequency	Percent
1 Yes	196	35.06
2 No	357	63.86
7 Refused	0	0.00
8 Not ascertained	3	0.54
9 Don't know	3	0.54

Frequency Missing = 12716

CAL.544\_00.000: Used/saw practitioner for  
 first top therapy because: it is natural

CTP1RS6	Frequency	Percent
1 Yes	516	56.27
2 No	388	42.31
7 Refused	1	0.11
8 Not ascertained	7	0.76
9 Don't know	5	0.55

Frequency Missing = 12358

CAL.545\_00.000: Used/saw practitioner for first top therapy because:  
 it focuses on the whole person, mind, body, and spirit

CTP1RS7	Frequency	Percent
1 Yes	354	38.60
2 No	546	59.54
7 Refused	1	0.11
8 Not ascertained	8	0.87
9 Don't know	8	0.87

Frequency Missing = 12358

CAL.546\_00.000: Used/saw practitioner for first top therapy  
 because: it treats the cause and not just the symptoms

CTP1RS8	Frequency	Percent
1 Yes	453	49.40
2 No	441	48.09
7 Refused	0	0.00
8 Not ascertained	8	0.87
9 Don't know	15	1.64

Frequency Missing = 12358

CAL.547\_00.000: Used/saw practitioner for first top  
therapy because: it was part of your upbringing

CTP1RS9	Frequency	Percent
1 Yes	344	37.51
2 No	562	61.29
7 Refused	0	0.00
8 Not ascertained	8	0.87
9 Don't know	3	0.33

Frequency Missing = 12358

CAL.548\_00.000: Used/saw practitioner for first top therapy  
because it was recommended by: a medical doctor

CTP1REC1	Frequency	Percent
1 Yes	173	18.87
2 No	730	79.61
7 Refused	0	0.00
8 Not ascertained	8	0.87
9 Don't know	6	0.65

Frequency Missing = 12358

CAL.549\_00.000: Used/saw practitioner for first top therapy  
because it was recommended by: a family member

CTP1REC2	Frequency	Percent
1 Yes	545	59.43
2 No	361	39.37
7 Refused	0	0.00
8 Not ascertained	8	0.87
9 Don't know	3	0.33

Frequency Missing = 12358

CAL.550\_00.000: Used/saw practitioner for first top  
therapy because it was recommended by: a friend

CTP1REC3	Frequency	Percent
1 Yes	165	17.99
2 No	739	80.59
7 Refused	0	0.00
8 Not ascertained	8	0.87
9 Don't know	5	0.55

Frequency Missing = 12358

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CAL.551\_00.000: Used/saw practitioner for first top  
 therapy because it was recommended by: a co-worker

CTP1REC4	Frequency	Percent
1 Yes	32	3.49
2 No	873	95.20
7 Refused	0	0.00
8 Not ascertained	8	0.87
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.552\_00.000: How important use of first top therapy  
 was in maintaining health and well-being

CTP1IMP	Frequency	Percent
1 Very important	327	35.66
2 Somewhat important	296	32.28
3 Slightly important	161	17.56
4 Not at all important	119	12.98
7 Refused	0	0.00
8 Not ascertained	9	0.98
9 Don't know	5	0.55

Frequency Missing = 12358

CAL.553\_00.000: Told personal health care  
 provider about use of first top therapy

CTP1DS1	Frequency	Percent
1 Yes	402	52.14
2 No	350	45.40
7 Refused	1	0.13
8 Not ascertained	10	1.30
9 Don't know	8	1.04

Frequency Missing = 12504

CAL.554\_00.000: Didn't tell personal health care provider about use  
 of first top therapy because: weren't using therapy at the time

CTP1DS2	Frequency	Percent
1 Yes	112	32.00
2 No	236	67.43
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	1	0.29

Frequency Missing = 12925

CAL.555\_00.000: Didn't tell personal health care provider about use of first top therapy because: they discouraged use of therapy in the past

CTP1DS3	Frequency	Percent
1 Yes	3	0.86
2 No	344	98.29
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	2	0.57

Frequency Missing = 12925

CAL.556\_00.000: Didn't tell personal health care provider about use of first top therapy because: worried they would discourage it

CTP1DS4	Frequency	Percent
1 Yes	7	2.00
2 No	341	97.43
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	1	0.29

Frequency Missing = 12925

CAL.557\_00.000: Didn't tell personal health care provider about use of first top therapy because: concerned about a negative reaction

CTP1DS5	Frequency	Percent
1 Yes	8	2.29
2 No	340	97.14
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	1	0.29

Frequency Missing = 12925

CAL.558\_00.000: Didn't tell personal health care provider about use of first top therapy because: didn't think they needed to know

CTP1DS6	Frequency	Percent
1 Yes	140	40.00
2 No	206	58.86
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	3	0.86

Frequency Missing = 12925

CAL.559\_00.000: Didn't tell personal health care provider  
 about use of first top therapy because: they didn't ask

CTP1DS7	Frequency	Percent
1 Yes	182	52.00
2 No	164	46.86
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	3	0.86

Frequency Missing = 12925

CAL.560\_00.000: Didn't tell health care provider about use of first top  
 therapy because: didn't think they knew as much about therapy as you do

CTP1DS8	Frequency	Percent
1 Yes	27	7.71
2 No	317	90.57
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	5	1.43

Frequency Missing = 12925

CAL.561\_00.000: Didn't tell personal health care provider about use of first  
 top therapy because: they didn't give you enough time to tell them

CTP1DS9	Frequency	Percent
1 Yes	14	4.00
2 No	331	94.57
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	4	1.14

Frequency Missing = 12925

CAL.580\_00.000: Got information about first top therapy from: the internet

CTP1INF1	Frequency	Percent
1 Yes	250	27.26
2 No	651	70.99
7 Refused	0	0.00
8 Not ascertained	12	1.31
9 Don't know	4	0.44

Frequency Missing = 12358



CAL.581\_00.000: Got information about first top  
therapy from: books, magazines, or newspapers

CTP1INF2	Frequency	Percent
1 Yes	198	21.59
2 No	703	76.66
7 Refused	0	0.00
8 Not ascertained	12	1.31
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.582\_00.000: Got information about first  
top therapy from: DVDs, videos, or CDs

CTP1INF3	Frequency	Percent
1 Yes	117	12.76
2 No	784	85.50
7 Refused	0	0.00
8 Not ascertained	12	1.31
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.583\_00.000: Got information about first  
top therapy from: television or radio

CTP1INF4	Frequency	Percent
1 Yes	74	8.07
2 No	828	90.29
7 Refused	0	0.00
8 Not ascertained	12	1.31
9 Don't know	3	0.33

Frequency Missing = 12358

CAL.584\_00.000: Got information about first  
top therapy from: scientific articles

CTP1INF5	Frequency	Percent
1 Yes	139	15.16
2 No	761	82.99
7 Refused	0	0.00
8 Not ascertained	12	1.31
9 Don't know	5	0.55

Frequency Missing = 12358

CAL.585\_00.000: Got information about first top therapy from: health food stores

CTP1INF6	Frequency	Percent
1 Yes	109	11.89
2 No	792	86.37
7 Refused	0	0.00
8 Not ascertained	12	1.31
9 Don't know	4	0.44

Frequency Missing = 12358

CAL.595\_00.000: Used/saw practitioner for second top therapy:  
 for general wellness or general disease prevention

CTP2REA1	Frequency	Percent
1 Yes	190	67.86
2 No	81	28.93
7 Refused	0	0.00
8 Not ascertained	8	2.86
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.596\_00.000: Used/saw practitioner for second top therapy: to improve energy

CTP2REA2	Frequency	Percent
1 Yes	81	28.93
2 No	191	68.21
7 Refused	0	0.00
8 Not ascertained	8	2.86
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.597\_00.000: Used/saw practitioner for second  
 top therapy: to improve immune function

CTP2REA3	Frequency	Percent
1 Yes	95	33.93
2 No	177	63.21
7 Refused	0	0.00
8 Not ascertained	8	2.86
9 Don't know	0	0.00

Frequency Missing = 12995

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CAL.598\_00.000: Used/saw practitioner for second top  
 therapy: to improve athletic or sports performance

CTP2REA4	Frequency	Percent
1 Yes	74	26.43
2 No	197	70.36
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.599\_00.000: Used/saw practitioner for second  
 top therapy: to improve memory or concentration

CTP2REA5	Frequency	Percent
1 Yes	74	26.43
2 No	197	70.36
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.600\_00.000: Using/seeing practitioner for second  
 top therapy was motivation to: eat healthier

CTP2MOT1	Frequency	Percent
1 Yes	61	21.79
2 No	210	75.00
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.601\_00.000: Using/seeing practitioner for second  
 top therapy was motivation to: eat more organic foods

CTP2MOT2	Frequency	Percent
1 Yes	46	16.43
2 No	225	80.36
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

2012 National Health Interview Survey (NHIS)  
 Child Alternative Medicine Public Use File (childcam)  
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CAL.602\_00.000: Using/seeing practitioner for second top  
 therapy was motivation to: exercise more regularly

CTP2MOT3	Frequency	Percent
1 Yes	65	23.21
2 No	206	73.57
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.605\_00.000: Using/seeing practitioner for second top  
 therapy: gave a sense of control over one's health

CTP2OUT1	Frequency	Percent
1 Yes	111	39.64
2 No	160	57.14
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.606\_00.000: Using/seeing practitioner for second top  
 therapy led to: reduced stress level or relaxation

CTP2OUT2	Frequency	Percent
1 Yes	140	50.00
2 No	130	46.43
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.607\_00.000: Using/seeing practitioner for  
 second top therapy led to: better sleep

CTP2OUT3	Frequency	Percent
1 Yes	122	43.57
2 No	148	52.86
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.608\_00.000: Using/seeing practitioner for second  
 therapy led to: feeling better emotionally

CTP2OUT4	Frequency	Percent
1 Yes	124	44.29
2 No	146	52.14
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.609\_00.000: Using/seeing practitioner for second top therapy  
 led to: made it easier to cope with health problems

CTP2OUT5	Frequency	Percent
1 Yes	89	31.79
2 No	182	65.00
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.610\_00.000: Using/seeing practitioner for second top therapy  
 led to: improved overall health and feeling better

CTP2OUT6	Frequency	Percent
1 Yes	186	66.43
2 No	85	30.36
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.611\_00.000: Using/seeing practitioner for second top  
 therapy led to: improved relationships with others

CTP2OUT7	Frequency	Percent
1 Yes	76	27.14
2 No	195	69.64
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.612\_00.000: Using/seeing practitioner for second top  
therapy led to: improved attendance at job or school

CTP2OUT8	Frequency	Percent
1 Yes	59	21.07
2 No	211	75.36
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.613\_00.000: Most important reason for using second top therapy

CTP2MOST	Frequency	Percent
01 For [fill3: his/her] general wellness or general disease prevention	95	36.40
02 To improve [fill3: his/her] energy	5	1.92
03 To improve [fill3: his/her] immune function	17	6.51
04 To improve [fill3: his/her] athletic or sports performance	14	5.36
05 To improve [fill3: his/her] memory or concentration	10	3.83
06 To eat healthier	4	1.53
07 To eat more organic foods	1	0.38
08 To cut back or stop drinking alcohol	0	0.00
09 To cut back or stop smoking cigarettes	0	0.00
10 To exercise more regularly	4	1.53
11 To give [fill4: him/her] a sense of control over [fill3: his/her] health	2	0.77
12 To help to reduce [fill3: his/her] stress level or to relax	34	13.03
13 To help [fill4: him/her] to sleep better	14	5.36
14 To make [fill4: him/her] feel better emotionally	6	2.30
15 To make it easier to cope with health problems	5	1.92
16 To improve [fill3: his/her] overall health and make [fill4: him/her] feel better	42	16.09
17 To improve [fill3: his/her] relationships with others	4	1.53
18 To improve [fill3: his/her] attendance at school	1	0.38
97 Refused	0	0.00
98 Not ascertained	1	0.38
99 Don't know	2	0.77

Frequency Missing = 13014

CAL.614\_00.000: How much second top therapy helped  
 with the most important reason for its use

CTP2HELP	Frequency	Percent
1 A great deal	117	45.35
2 Some	112	43.41
3 Only a little	21	8.14
4 Not at all	6	2.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.78

Frequency Missing = 13017

CAL.615\_00.000: Used second top therapy for specific health problem(s)

CTP2TRET	Frequency	Percent
1 Yes	107	38.21
2 No	163	58.21
7 Refused	0	0.00
8 Not ascertained	9	3.21
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.616\_01.000: Used second top therapy for treating: abdominal pain

CTP2CD01	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_02.000: Used second top therapy for treating: anemia

CTP2CD02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

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CAL.616\_03.000: Used second top therapy for treating:  
 feeling anxious, nervous, or worried

CTP2CD03	Frequency	Percent
1 Mentioned	18	16.36
2 Not mentioned	92	83.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_04.000: Used second top therapy for treating: arthritis

CTP2CD04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_05.000: Used second top therapy for treating: asthma

CTP2CD05	Frequency	Percent
1 Mentioned	3	2.73
2 Not mentioned	107	97.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_06.000: Used second top therapy for treating: attention deficit  
 hyperactivity disorder (ADHD)/attention deficit disorder (ADD)

CTP2CD06	Frequency	Percent
1 Mentioned	13	11.82
2 Not mentioned	97	88.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165



CAL.616\_07.000: Used second top therapy for treating: autism

CTP2CD07	Frequency	Percent
1 Mentioned	3	2.73
2 Not mentioned	107	97.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_08.000: Used second top therapy for treating: cerebral palsy

CTP2CD08	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_09.000: Used second top therapy for treating: chicken pox

CTP2CD09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_10.000: Used second top therapy for treating: high cholesterol

CTP2CD10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_11.000: Used second top therapy for treating: congenital heart disease

CTP2CD11	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_12.000: Used second top therapy for treating: constipation

CTP2CD12	Frequency	Percent
1 Mentioned	6	5.45
2 Not mentioned	104	94.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_13.000: Used second top therapy for treating: cystic fibrosis

CTP2CD13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_14.000: Used second top therapy for treating: depression

CTP2CD14	Frequency	Percent
1 Mentioned	3	2.73
2 Not mentioned	107	97.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_15.000: Used second top therapy for treating: dental pain

CTP2CD15	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_16.000: Used second top therapy for treating: diabetes

CTP2CD16	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_17.000: Used second top therapy for treating: down syndrome

CTP2CD17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_18.000: Used second top therapy for treating: eczema or skin allergy

CTP2CD18	Frequency	Percent
1 Mentioned	3	2.73
2 Not mentioned	107	97.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_19.000: Used second top therapy for treating:  
 excessive sleepiness during the day

CTP2CD19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_20.000: Used second top therapy for treating:  
 fatigue or lack of energy more than 3 days

CTP2CD20	Frequency	Percent
1 Mentioned	3	2.73
2 Not mentioned	107	97.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_21.000: Used second top therapy for treating: fever more than 1 day

CTP2CD21	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_22.000: Used second top therapy for treating: food or digestive allergy

CTP2CD22	Frequency	Percent
1 Mentioned	7	6.36
2 Not mentioned	103	93.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

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CAL.616\_23.000: Used second top therapy for treating:  
 frequent or repeated diarrhea or colitis

CTP2CD23	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_24.000: Used second top therapy for treating: gynecologic problem

CTP2CD24	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_25.000: Used second top therapy for treating: hay fever

CTP2CD25	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_26.000: Used second top therapy for treating: head or chest cold

CTP2CD26	Frequency	Percent
1 Mentioned	9	8.18
2 Not mentioned	101	91.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_27.000: Used second top therapy for treating: hearing problem

CTP2CD27	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_28.000: Used second top therapy for treating: hypertension

CTP2CD28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_29.000: Used second top therapy for treating: influenza or pneumonia

CTP2CD29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_30.000: Used second top therapy for  
treating: insomnia or trouble sleeping

CTP2CD30	Frequency	Percent
1 Mentioned	10	9.09
2 Not mentioned	100	90.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_31.000: Used second top therapy for treating: joint pain or stiffness

CTP2CD31	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_32.000: Used second top therapy for treating: low back pain

CTP2CD32	Frequency	Percent
1 Mentioned	6	5.45
2 Not mentioned	104	94.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_33.000: Used second top therapy for treating: intellectual disability, also known as mental retardation

CTP2CD33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_34.000: Used second top therapy for treating: menstrual problems

CTP2CD34	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_35.000: Used second top therapy for treating: migraine headaches

CTP2CD35	Frequency	Percent
1 Mentioned	3	2.73
2 Not mentioned	107	97.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_36.000: Used second top therapy for treating: muscular dystrophy

CTP2CD36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_37.000: Used second top therapy for treating: nausea and/or vomiting

CTP2CD37	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_38.000: Used second top therapy for treating: neck pain

CTP2CD38	Frequency	Percent
1 Mentioned	6	5.45
2 Not mentioned	104	94.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165



CAL.616\_39.000: Used second top therapy for treating: other chronic pain

CTP2CD39	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_40.000: Used second top therapy for treating: other muscle or joint pain

CTP2CD40	Frequency	Percent
1 Mentioned	7	6.36
2 Not mentioned	103	93.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_41.000: Used second top therapy for treating: other developmental delay

CTP2CD41	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_42.000: Used second top therapy for treating: other heart condition

CTP2CD42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_43.000: Used second top therapy for  
treating: problems with being overweight

CTP2CD43	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_44.000: Used second top therapy for treating: non-migraine headaches

CTP2CD44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_45.000: Used second top therapy for treating: respiratory allergy

CTP2CD45	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_46.000: Used second top therapy for treating: seizures

CTP2CD46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_47.000: Used second top therapy for treating: sickle cell anemia

CTP2CD47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_48.000: Used second top therapy for treating: sinusitis

CTP2CD48	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_49.000: Used second top therapy for treating:  
 sore throat other than strep or tonsillitis

CTP2CD49	Frequency	Percent
1 Mentioned	2	1.82
2 Not mentioned	108	98.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_50.000: Used second top therapy for treating: sprain or strain

CTP2CD50	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_51.000: Used second top therapy for  
treating: strep throat or tonsillitis

CTP2CD51	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_52.000: Used second top therapy for treating: frequent stress

CTP2CD52	Frequency	Percent
1 Mentioned	10	9.09
2 Not mentioned	100	90.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_53.000: Used second top therapy for treating: stuttering or stammering

CTP2CD53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_54.000: Used second top therapy for  
treating: three or more ear infections

CTP2CD54	Frequency	Percent
1 Mentioned	1	0.91
2 Not mentioned	109	99.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_55.000: Used second top therapy for treating: vision problems

CTP2CD55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_56.000: Used second top therapy for treating: other specify

CTP2CD56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	110	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.616\_57.000: Used second top therapy for: condition not elsewhere classified

CTP2CD57	Frequency	Percent
1 Mentioned	19	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13256

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CAL.617\_00.000: Most important health problem  
for which second top therapy was used

CTP2CMST	Frequency	Percent
01 Abdominal pain	0	0.00
02 Anemia	0	0.00
03 Feeling anxious, nervous or worried	13	11.82
04 Arthritis	0	0.00
05 Asthma	2	1.82
06 Attention Deficit Hyperactivity Disorder (ADHD)/Attention Deficit Disorder (ADD)	8	7.27
07 Autism/Autism Spectrum Disorder	3	2.73
08 Cerebral palsy	0	0.00
09 Chickenpox	0	0.00
10 High cholesterol	0	0.00
11 Congenital heart disease	0	0.00
12 Constipation	4	3.64
13 Cystic fibrosis	0	0.00
14 Depression	1	0.91
15 Dental pain	0	0.00
16 Diabetes	0	0.00
17 Down syndrome	0	0.00
18 Eczema or skin allergy	2	1.82
19 Excessive sleepiness during the day	0	0.00
20 Fatigue or lack of energy more than 3 days	0	0.00
21 Fever more than 1 day	0	0.00
22 Food or digestive allergy	6	5.45
23 Frequent or repeated diarrhea or colitis	2	1.82
24 Gynecologic problem	0	0.00
25 Hay fever	1	0.91
26 Head or chest cold	6	5.45
27 Hearing problem	0	0.00
28 Hypertension	0	0.00
29 Influenza or pneumonia	0	0.00
30 Insomnia or trouble sleeping	5	4.55
31 Joint pain or stiffness	2	1.82
32 Low back pain	2	1.82
33 Intellectual disability, also known as mental retardation	0	0.00
34 Menstrual problems	0	0.00
35 Migraine headaches	1	0.91
36 Muscular dystrophy	0	0.00
37 Nausea and/or vomiting	0	0.00
38 Neck pain	5	4.55
39 Chronic pain	1	0.91
40 Muscle or bone pain	5	4.55
41 Other developmental delay	0	0.00
42 Heart condition	0	0.00
43 Problems with being overweight	2	1.82
44 Non-migraine headaches	0	0.00
45 Respiratory allergy	0	0.00
46 Seizures	0	0.00
47 Sickle cell anemia	0	0.00
48 Sinusitis	1	0.91
49 Sore throat other than strep or tonsillitis	0	0.00
50 Sprain or strain	1	0.91

Frequency Missing = 13165

CAL.617\_00.000: Most important health problem  
 for which second top therapy was used

CTP2CMST	Frequency	Percent
51 Strep throat or tonsillitis	0	0.00
52 Frequent stress	5	4.55
53 Stuttering or stammering	0	0.00
54 Three or more ear infections	1	0.91
55 Vision problems	0	0.00
56 Other specify	31	28.18
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13165

CAL.618\_00.000: How much second top therapy helped  
 with the most important reason for its use

CTP2CHLP	Frequency	Percent
1 A great deal	51	46.36
2 Some	46	41.82
3 Only a little	8	7.27
4 Not at all	3	2.73
7 Refused	0	0.00
8 Not ascertained	1	0.91
9 Don't know	1	0.91

Frequency Missing = 13165

CAL.619\_00.000: Received prescription medication for most  
 important health condition treated by second top therapy

CTP2MTR1	Frequency	Percent
1 Yes	32	29.09
2 No	77	70.00
7 Refused	0	0.00
8 Not ascertained	1	0.91
9 Don't know	0	0.00

Frequency Missing = 13165

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CAL.620\_00.000: Received over-the-counter medication for most important health condition treated by second top therapy

CTP2MTR2	Frequency	Percent
1 Yes	28	25.45
2 No	81	73.64
7 Refused	0	0.00
8 Not ascertained	1	0.91
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.621\_00.000: Received surgery for most important health condition treated by second top therapy

CTP2MTR3	Frequency	Percent
1 Yes	3	2.73
2 No	106	96.36
7 Refused	0	0.00
8 Not ascertained	1	0.91
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.622\_00.000: Received physical therapy for most important health condition treated by second top therapy

CTP2MTR4	Frequency	Percent
1 Yes	10	9.09
2 No	99	90.00
7 Refused	0	0.00
8 Not ascertained	1	0.91
9 Don't know	0	0.00

Frequency Missing = 13165

CAL.623\_00.000: Received mental health counseling for most important health condition treated by second top therapy

CTP2MTR5	Frequency	Percent
1 Yes	17	15.45
2 No	92	83.64
7 Refused	0	0.00
8 Not ascertained	1	0.91
9 Don't know	0	0.00

Frequency Missing = 13165



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CAL.624\_00.000: Used/saw practitioner for second top therapy  
 because: medical treatments were too expensive

CTP2RS1	Frequency	Percent
1 Yes	1	1.69
2 No	58	98.31
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13216

CAL.625\_00.000: Used/saw practitioner for second top therapy  
 because: therapy combined with medical treatment would help

CTP2RS2	Frequency	Percent
1 Yes	44	74.58
2 No	15	25.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13216

CAL.626\_00.000: Used/saw practitioner for second top therapy because:  
 medical treatments do not work for your specific health problem

CTP2RS3	Frequency	Percent
1 Yes	11	18.64
2 No	47	79.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.69

Frequency Missing = 13216

CAL.627\_00.000: Used/saw practitioner for second top  
 therapy because: medications cause side effects

CTP2RS4	Frequency	Percent
1 Yes	14	28.00
2 No	35	70.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.00

Frequency Missing = 13225

2012 National Health Interview Survey (NHIS)  
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CAL.628\_00.000: Used/saw practitioner for second top  
 therapy because: it can be practiced/done on your own

CTP2RS5	Frequency	Percent
1 Yes	94	40.52
2 No	130	56.03
7 Refused	0	0.00
8 Not ascertained	8	3.45
9 Don't know	0	0.00

Frequency Missing = 13043

CAL.629\_00.000: Used/saw practitioner for  
 second top therapy because: it is natural

CTP2RS6	Frequency	Percent
1 Yes	192	68.57
2 No	74	26.43
7 Refused	1	0.36
8 Not ascertained	11	3.93
9 Don't know	2	0.71

Frequency Missing = 12995

CAL.630\_00.000: Used/saw practitioner for second top therapy because:  
 it focuses on the whole person, mind, body, and spirit

CTP2RS7	Frequency	Percent
1 Yes	146	52.14
2 No	121	43.21
7 Refused	1	0.36
8 Not ascertained	11	3.93
9 Don't know	1	0.36

Frequency Missing = 12995

CAL.631\_00.000: Used/saw practitioner for second top therapy  
 because: it treats the cause and not just the symptoms

CTP2RS8	Frequency	Percent
1 Yes	157	56.07
2 No	111	39.64
7 Refused	1	0.36
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

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CAL.632\_00.000: Used/saw practitioner for second top  
 therapy because: it was part of your upbringing

CTP2RS9	Frequency	Percent
1 Yes	118	42.14
2 No	150	53.57
7 Refused	1	0.36
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.633\_00.000: Used/saw practitioner for second top therapy  
 because it was recommended by: a medical doctor

CTP2REC1	Frequency	Percent
1 Yes	63	22.50
2 No	206	73.57
7 Refused	0	0.00
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.634\_00.000: Used/saw practitioner for second top therapy  
 because it was recommended by: a family member

CTP2REC2	Frequency	Percent
1 Yes	169	60.36
2 No	100	35.71
7 Refused	0	0.00
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.635\_00.000: Used/saw practitioner for second top  
 therapy because it was recommended by: a friend

CTP2REC3	Frequency	Percent
1 Yes	58	20.71
2 No	211	75.36
7 Refused	0	0.00
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

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CAL.636\_00.000: Used/saw practitioner for second top  
 therapy because it was recommended by: a co-worker

CTP2REC4	Frequency	Percent
1 Yes	17	6.07
2 No	252	90.00
7 Refused	0	0.00
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.637\_00.000: How important use of second top  
 therapy was in maintaining health and well-being

CTP2IMP	Frequency	Percent
1 Very important	103	36.79
2 Somewhat important	110	39.29
3 Slightly important	42	15.00
4 Not at all important	14	5.00
7 Refused	0	0.00
8 Not ascertained	11	3.93
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.638\_00.000: Told personal health care  
 provider about use of second top therapy

CTP2DS1	Frequency	Percent
1 Yes	127	52.48
2 No	104	42.98
7 Refused	0	0.00
8 Not ascertained	8	3.31
9 Don't know	3	1.24

Frequency Missing = 13033

CAL.639\_00.000: Didn't tell personal health care provider about use  
 of second top therapy because: weren't using therapy at the time

CTP2DS2	Frequency	Percent
1 Yes	28	26.92
2 No	74	71.15
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	1	0.96

Frequency Missing = 13171

CAL.640\_00.000: Didn't tell personal health care provider about use of second top therapy because: they discouraged use of therapy in the past

CTP2DS3	Frequency	Percent
1 Yes	1	0.96
2 No	102	98.08
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	0	0.00

Frequency Missing = 13171

CAL.641\_00.000: Didn't tell personal health care provider about use of second top therapy because: worried they would discourage it

CTP2DS4	Frequency	Percent
1 Yes	4	3.85
2 No	99	95.19
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	0	0.00

Frequency Missing = 13171

CAL.642\_00.000: Didn't tell personal health care provider about use of second top therapy because: concerned about a negative reaction

CTP2DS5	Frequency	Percent
1 Yes	4	3.85
2 No	99	95.19
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	0	0.00

Frequency Missing = 13171

CAL.643\_00.000: Didn't tell personal health care provider about use of second top therapy because: didn't think they needed to know

CTP2DS6	Frequency	Percent
1 Yes	38	36.54
2 No	65	62.50
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	0	0.00

Frequency Missing = 13171

CAL.644\_00.000: Didn't tell personal health care provider  
about use of second top therapy because: they didn't ask

CTP2DS7	Frequency	Percent
1 Yes	63	60.58
2 No	40	38.46
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	0	0.00

Frequency Missing = 13171

CAL.645\_00.000: Didn't tell health care provider about use of second top  
therapy because: didn't think they knew as much about therapy as you do

CTP2DS8	Frequency	Percent
1 Yes	12	11.54
2 No	90	86.54
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	1	0.96

Frequency Missing = 13171

CAL.646\_00.000: Didn't tell personal health care provider about use of second  
top therapy because: they didn't give you enough time to tell them

CTP2DS9	Frequency	Percent
1 Yes	4	3.85
2 No	99	95.19
7 Refused	0	0.00
8 Not ascertained	1	0.96
9 Don't know	0	0.00

Frequency Missing = 13171

CAL.675\_00.000: Got information about second top therapy from: the internet

CTP2INF1	Frequency	Percent
1 Yes	88	31.43
2 No	178	63.57
7 Refused	0	0.00
8 Not ascertained	12	4.29
9 Don't know	2	0.71

Frequency Missing = 12995

CAL.676\_00.000: Got information about second top  
therapy from: books, magazines, or newspapers

CTP2INF2	Frequency	Percent
1 Yes	74	26.43
2 No	194	69.29
7 Refused	0	0.00
8 Not ascertained	12	4.29
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.677\_00.000: Got information about second  
top therapy from: DVDs, videos, or CDs

CTP2INF3	Frequency	Percent
1 Yes	44	15.71
2 No	224	80.00
7 Refused	0	0.00
8 Not ascertained	12	4.29
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.678\_00.000: Got information about second  
top therapy from: television or radio

CTP2INF4	Frequency	Percent
1 Yes	22	7.86
2 No	246	87.86
7 Refused	0	0.00
8 Not ascertained	12	4.29
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.679\_00.000: Got information about second  
top therapy from: scientific articles

CTP2INF5	Frequency	Percent
1 Yes	37	13.21
2 No	231	82.50
7 Refused	0	0.00
8 Not ascertained	12	4.29
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.680\_00.000: Got information about second  
top therapy from: health food stores

CTP2INF6	Frequency	Percent
1 Yes	42	15.00
2 No	226	80.71
7 Refused	0	0.00
8 Not ascertained	12	4.29
9 Don't know	0	0.00

Frequency Missing = 12995

CAL.690\_00.000: Used/saw practitioner for third top therapy:  
for general wellness or general disease prevention

CTP3REA1	Frequency	Percent
1 Yes	72	67.92
2 No	28	26.42
7 Refused	0	0.00
8 Not ascertained	6	5.66
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.691\_00.000: Used/saw practitioner for third top therapy: to improve energy

CTP3REA2	Frequency	Percent
1 Yes	39	36.79
2 No	61	57.55
7 Refused	0	0.00
8 Not ascertained	6	5.66
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.692\_00.000: Used/saw practitioner for third  
top therapy: to improve immune function

CTP3REA3	Frequency	Percent
1 Yes	47	44.34
2 No	53	50.00
7 Refused	0	0.00
8 Not ascertained	6	5.66
9 Don't know	0	0.00

Frequency Missing = 13169



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CAL.693\_00.000: Used/saw practitioner for third top  
 therapy: to improve athletic or sports performance

CTP3REA4	Frequency	Percent
1 Yes	29	27.36
2 No	70	66.04
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.694\_00.000: Used/saw practitioner for third  
 top therapy: to improve memory or concentration

CTP3REA5	Frequency	Percent
1 Yes	30	28.30
2 No	67	63.21
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	2	1.89

Frequency Missing = 13169

CAL.695\_00.000: Using/seeing practitioner for third  
 top therapy was motivation to: eat healthier

CTP3MOT1	Frequency	Percent
1 Yes	25	23.58
2 No	74	69.81
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.696\_00.000: Using/seeing practitioner for third top  
 therapy was motivation to: eat more organic foods

CTP3MOT2	Frequency	Percent
1 Yes	21	19.81
2 No	78	73.58
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

2012 National Health Interview Survey (NHIS)  
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185

CAL.697\_00.000: Using/seeing practitioner for third top  
 therapy was motivation to: exercise more regularly

CTP3MOT3	Frequency	Percent
1 Yes	21	19.81
2 No	78	73.58
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.700\_00.000: Using/seeing practitioner for third top  
 therapy: gave a sense of control over one's health

CTP3OUT1	Frequency	Percent
1 Yes	45	42.45
2 No	54	50.94
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.701\_00.000: Using/seeing practitioner for third top  
 therapy led to: reduced stress level or relaxation

CTP3OUT2	Frequency	Percent
1 Yes	58	54.72
2 No	41	38.68
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.702\_00.000: Using/seeing practitioner  
 for third top therapy led to: better sleep

CTP3OUT3	Frequency	Percent
1 Yes	47	44.34
2 No	51	48.11
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	1	0.94

Frequency Missing = 13169

2012 National Health Interview Survey (NHIS)  
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186

CAL.703\_00.000: Using/seeing practitioner for third  
 therapy led to: feeling better emotionally

CTP3OUT4	Frequency	Percent
1 Yes	49	46.23
2 No	48	45.28
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	2	1.89

Frequency Missing = 13169

CAL.704\_00.000: Using/seeing practitioner for third top therapy  
 led to: made it easier to cope with health problems

CTP3OUT5	Frequency	Percent
1 Yes	35	33.02
2 No	62	58.49
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	2	1.89

Frequency Missing = 13169

CAL.705\_00.000: Using/seeing practitioner for third top therapy  
 led to: improved overall health and feeling better

CTP3OUT6	Frequency	Percent
1 Yes	67	63.21
2 No	30	28.30
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	2	1.89

Frequency Missing = 13169

CAL.706\_00.000: Using/seeing practitioner for third top  
 therapy led to: improved relationships with others

CTP3OUT7	Frequency	Percent
1 Yes	27	25.47
2 No	72	67.92
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.707\_00.000: Using/seeing practitioner for third top  
therapy led to: improved attendance at job or school

CTP3OUT8	Frequency	Percent
1 Yes	23	21.70
2 No	75	70.75
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	1	0.94

Frequency Missing = 13169

CAL.708\_00.000: Most important reason for using third top therapy

CTP3MOST	Frequency	Percent
01 [fill13: his/her] general wellness or general disease prevention	33	34.02
02 To improve [fill13: his/her] energy	0	0.00
03 To improve [fill13: his/her] immune function	6	6.19
04 To improve [fill13: his/her] athletic or sports performance	8	8.25
05 To improve [fill13: his/her] memory or concentration	3	3.09
06 To eat healthier	0	0.00
07 To eat more organic foods	1	1.03
08 To cut back or stop drinking alcohol	0	0.00
09 To cut back or stop smoking cigarettes	0	0.00
10 To exercise more regularly	0	0.00
11 To give [fill14: him/her] a sense of control over [fill13: his/her] health	3	3.09
12 To help to reduce [fill13: his/her] stress level or to relax	14	14.43
13 To help [fill14: him/her] to sleep better	4	4.12
14 To make [fill14: him/her] feel better emotionally	3	3.09
15 To make it easier to cope with health problems	2	2.06
16 To improve [fill13: his/her] overall health and make [fill14: him/her] feel better	17	17.53
17 To improve [fill13: his/her] relationships with others	1	1.03
18 To improve [fill13: his/her] attendance at school	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	2	2.06

Frequency Missing = 13178

CAL.709\_00.000: How much third top therapy helped  
with the most important reason for its use

CTP3HELP	Frequency	Percent
1 A great deal	49	51.58
2 Some	36	37.89
3 Only a little	6	6.32
4 Not at all	4	4.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13180

CAL.710\_00.000: Used third top therapy for specific health problem(s)

CTP3TRET	Frequency	Percent
1 Yes	41	38.68
2 No	58	54.72
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.711\_01.000: Used third top therapy for treating: abdominal pain

CTP3CD01	Frequency	Percent
1 Mentioned	2	4.76
2 Not mentioned	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_02.000: Used third top therapy for treating: anemia

CTP3CD02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_03.000: Used third top therapy for treating:  
 feeling anxious, nervous, or worried

CTP3CD03	Frequency	Percent
1 Mentioned	3	7.14
2 Not mentioned	39	92.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_04.000: Used third top therapy for treating: arthritis

CTP3CD04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_05.000: Used third top therapy for treating: asthma

CTP3CD05	Frequency	Percent
1 Mentioned	2	4.76
2 Not mentioned	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_06.000: Used third top therapy for treating: attention deficit  
 hyperactivity disorder (ADHD)/attention deficit disorder (ADD)

CTP3CD06	Frequency	Percent
1 Mentioned	4	9.52
2 Not mentioned	38	90.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_07.000: Used third top therapy for treating: autism

CTP3CD07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_08.000: Used third top therapy for treating: cerebral palsy

CTP3CD08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_09.000: Used third top therapy for treating: chicken pox

CTP3CD09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_10.000: Used third top therapy for treating: high cholesterol

CTP3CD10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_11.000: Used third top therapy for treating: congenital heart disease

CTP3CD11	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_12.000: Used third top therapy for treating: constipation

CTP3CD12	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_13.000: Used third top therapy for treating: cystic fibrosis

CTP3CD13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_14.000: Used third top therapy for treating: depression

CTP3CD14	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233



CAL.711\_15.000: Used third top therapy for treating: dental pain

CTP3CD15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_16.000: Used third top therapy for treating: diabetes

CTP3CD16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_17.000: Used third top therapy for treating: down syndrome

CTP3CD17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_18.000: Used third top therapy for treating: eczema or skin allergy

CTP3CD18	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_19.000: Used third top therapy for treating:  
 excessive sleepiness during the day

CTP3CD19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_20.000: Used third top therapy for treating:  
 fatigue or lack of energy more than 3 days

CTP3CD20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_21.000: Used third top therapy for treating: fever more than 1 day

CTP3CD21	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_22.000: Used third top therapy for treating: food or digestive allergy

CTP3CD22	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_23.000: Used third top therapy for treating:  
frequent or repeated diarrhea or colitis

CTP3CD23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_24.000: Used third top therapy for treating: gynecologic problem

CTP3CD24	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_25.000: Used third top therapy for treating: hay fever

CTP3CD25	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_26.000: Used third top therapy for treating: head or chest cold

CTP3CD26	Frequency	Percent
1 Mentioned	7	16.67
2 Not mentioned	35	83.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_27.000: Used third top therapy for treating: hearing problem

CTP3CD27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_28.000: Used third top therapy for treating: hypertension

CTP3CD28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_29.000: Used third top therapy for treating: influenza or pneumonia

CTP3CD29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_30.000: Used third top therapy for  
treating: insomnia or trouble sleeping

CTP3CD30	Frequency	Percent
1 Mentioned	4	9.52
2 Not mentioned	38	90.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_31.000: Used third top therapy for treating: joint pain or stiffness

CTP3CD31	Frequency	Percent
1 Mentioned	2	4.76
2 Not mentioned	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_32.000: Used third top therapy for treating: low back pain

CTP3CD32	Frequency	Percent
1 Mentioned	4	9.52
2 Not mentioned	38	90.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_33.000: Used third top therapy for treating: intellectual disability, also known as mental retardation

CTP3CD33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_34.000: Used third top therapy for treating: menstrual problems

CTP3CD34	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_35.000: Used third top therapy for treating: migraine headaches

CTP3CD35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_36.000: Used third top therapy for treating: muscular dystrophy

CTP3CD36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_37.000: Used third top therapy for treating: nausea and/or vomiting

CTP3CD37	Frequency	Percent
1 Mentioned	2	4.76
2 Not mentioned	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_38.000: Used third top therapy for treating: neck pain

CTP3CD38	Frequency	Percent
1 Mentioned	2	4.76
2 Not mentioned	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_39.000: Used third top therapy for treating: other chronic pain

CTP3CD39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_40.000: Used third top therapy for treating: other muscle or joint pain

CTP3CD40	Frequency	Percent
1 Mentioned	4	9.52
2 Not mentioned	38	90.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_41.000: Used third top therapy for treating: other developmental delay

CTP3CD41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_42.000: Used third top therapy for treating: other heart condition

CTP3CD42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_43.000: Used third top therapy for  
treating: problems with being overweight

CTP3CD43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_44.000: Used third top therapy for treating: non-migraine headaches

CTP3CD44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_45.000: Used third top therapy for treating: respiratory allergy

CTP3CD45	Frequency	Percent
1 Mentioned	2	4.76
2 Not mentioned	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_46.000: Used third top therapy for treating: seizures

CTP3CD46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233



CAL.711\_47.000: Used third top therapy for treating: sickle cell anemia

CTP3CD47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_48.000: Used third top therapy for treating: sinusitis

CTP3CD48	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_49.000: Used third top therapy for treating:  
sore throat other than strep or tonsillitis

CTP3CD49	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_50.000: Used third top therapy for treating: sprain or strain

CTP3CD50	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_51.000: Used third top therapy for treating: strep throat or tonsillitis

CTP3CD51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_52.000: Used third top therapy for treating: frequent stress

CTP3CD52	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_53.000: Used third top therapy for treating: stuttering or stammering

CTP3CD53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_54.000: Used third top therapy for  
treating: three or more ear infections

CTP3CD54	Frequency	Percent
1 Mentioned	1	2.38
2 Not mentioned	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_55.000: Used third top therapy for treating: vision problems

CTP3CD55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_56.000: Used third top therapy for treating: other specify

CTP3CD56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	42	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.711\_57.000: Used third top therapy for: condition not elsewhere classified

CTP3CD57	Frequency	Percent
1 Mentioned	10	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13265

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CAL.712\_00.000: Most important health problem  
for which third top therapy was used

CTP3CMST	Frequency	Percent
01 Abdominal pain	2	4.76
02 Anemia	0	0.00
03 Feeling anxious, nervous or worried	2	4.76
04 Arthritis	0	0.00
05 Asthma	2	4.76
06 Attention Deficit Hyperactivity Disorder (ADHD)/Attention Deficit Disorder (ADD)	4	9.52
07 Autism/Autism Spectrum Disorder	0	0.00
08 Cerebral palsy	0	0.00
09 Chickenpox	0	0.00
10 High cholesterol	0	0.00
11 Congenital heart disease	0	0.00
12 Constipation	0	0.00
13 Cystic fibrosis	0	0.00
14 Depression	1	2.38
15 Dental pain	0	0.00
16 Diabetes	0	0.00
17 Down syndrome	0	0.00
18 Eczema or skin allergy	1	2.38
19 Excessive sleepiness during the day	0	0.00
20 Fatigue or lack of energy more than 3 days	0	0.00
21 Fever more than 1 day	1	2.38
22 Food or digestive allergy	0	0.00
23 Frequent or repeated diarrhea or colitis	0	0.00
24 Gynecologic problem	0	0.00
25 Hay fever	0	0.00
26 Head or chest cold	4	9.52
27 Hearing problem	0	0.00
28 Hypertension	0	0.00
29 Influenza or pneumonia	0	0.00
30 Insomnia or trouble sleeping	4	9.52
31 Joint pain or stiffness	0	0.00
32 Low back pain	2	4.76
33 Intellectual disability, also known as mental retardation	0	0.00
34 Menstrual problems	0	0.00
35 Migraine headaches	0	0.00
36 Muscular dystrophy	0	0.00
37 Nausea and/or vomiting	0	0.00
38 Neck pain	0	0.00
39 Chronic pain	0	0.00
40 Muscle or bone pain	3	7.14
41 Other developmental delay	0	0.00
42 Heart condition	0	0.00
43 Problems with being overweight	0	0.00
44 Non-migraine headaches	0	0.00
45 Respiratory allergy	0	0.00
46 Seizures	0	0.00
47 Sickle cell anemia	0	0.00
48 Sinusitis	0	0.00
49 Sore throat other than strep or tonsillitis	1	2.38
50 Sprain or strain	1	2.38

Frequency Missing = 13233

CAL.712\_00.000: Most important health problem  
 for which third top therapy was used

CTP3CMST	Frequency	Percent
51 Strep throat or tonsillitis	0	0.00
52 Frequent stress	1	2.38
53 Stuttering or stammering	0	0.00
54 Three or more ear infections	1	2.38
55 Vision problems	0	0.00
56 Other specify	12	28.57
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 13233

CAL.713\_00.000: How much third top therapy helped  
 with the most important reason for its use

CTP3CHLP	Frequency	Percent
1 A great deal	26	61.90
2 Some	13	30.95
3 Only a little	2	4.76
4 Not at all	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.38

Frequency Missing = 13233

CAL.714\_00.000: Received prescription medication for most  
 important health condition treated by third top therapy

CTP3MTR1	Frequency	Percent
1 Yes	10	23.81
2 No	32	76.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.715\_00.000: Received over-the-counter medication for most important health condition treated by third top therapy

CTP3MTR2	Frequency	Percent
1 Yes	11	26.19
2 No	31	73.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.716\_00.000: Received surgery for most important health condition treated by third top therapy

CTP3MTR3	Frequency	Percent
1 Yes	1	2.38
2 No	41	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.717\_00.000: Received physical therapy for most important health condition treated by third top therapy

CTP3MTR4	Frequency	Percent
1 Yes	3	7.14
2 No	39	92.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

CAL.718\_00.000: Received mental health counseling for most important health condition treated by third top therapy

CTP3MTR5	Frequency	Percent
1 Yes	2	4.76
2 No	40	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13233

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CAL.719\_00.000: Used/saw practitioner for third top therapy  
 because: medical treatments were too expensive

CTP3RS1	Frequency	Percent
1 Yes	3	14.29
2 No	18	85.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13254

CAL.720\_00.000: Used/saw practitioner for third top therapy  
 because: therapy combined with medical treatment would help

CTP3RS2	Frequency	Percent
1 Yes	15	71.43
2 No	6	28.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13254

CAL.721\_00.000: Used/saw practitioner for third top therapy because:  
 medical treatments do not work for your specific health problem

CTP3RS3	Frequency	Percent
1 Yes	1	4.76
2 No	20	95.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13254

CAL.722\_00.000: Used/saw practitioner for third top  
 therapy because: medications cause side effects

CTP3RS4	Frequency	Percent
1 Yes	7	36.84
2 No	11	57.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.26

Frequency Missing = 13256

CAL.723\_00.000: Used/saw practitioner for third top therapy  
 because: it can be practiced/done on your own

CTP3RS5	Frequency	Percent
1 Yes	53	54.08
2 No	39	39.80
7 Refused	0	0.00
8 Not ascertained	6	6.12
9 Don't know	0	0.00

Frequency Missing = 13177

CAL.724\_00.000: Used/saw practitioner for  
 third top therapy because: it is natural

CTP3RS6	Frequency	Percent
1 Yes	78	73.58
2 No	20	18.87
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	1	0.94

Frequency Missing = 13169

CAL.725\_00.000: Used/saw practitioner for third top therapy because:  
 it focuses on the whole person, mind, body, and spirit

CTP3RS7	Frequency	Percent
1 Yes	62	58.49
2 No	37	34.91
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.726\_00.000: Used/saw practitioner for third top therapy  
 because: it treats the cause and not just the symptoms

CTP3RS8	Frequency	Percent
1 Yes	62	58.49
2 No	37	34.91
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169



CAL.727\_00.000: Used/saw practitioner for third top  
 therapy because: it was part of your upbringing

CTP3RS9	Frequency	Percent
1 Yes	55	51.89
2 No	44	41.51
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.728\_00.000: Used/saw practitioner for third top therapy  
 because it was recommended by: a medical doctor

CTP3REC1	Frequency	Percent
1 Yes	16	15.09
2 No	83	78.30
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.729\_00.000: Used/saw practitioner for third top therapy  
 because it was recommended by: a family member

CTP3REC2	Frequency	Percent
1 Yes	65	61.32
2 No	34	32.08
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.730\_00.000: Used/saw practitioner for third top  
 therapy because it was recommended by: a friend

CTP3REC3	Frequency	Percent
1 Yes	20	18.87
2 No	78	73.58
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	1	0.94

Frequency Missing = 13169

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CAL.731\_00.000: Used/saw practitioner for third top  
 therapy because it was recommended by: a co-worker

CTP3REC4	Frequency	Percent
1 Yes	5	4.72
2 No	94	88.68
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.732\_00.000: How important use of third top therapy  
 was in maintaining health and well-being

CTP3IMP	Frequency	Percent
1 Very important	46	43.40
2 Somewhat important	32	30.19
3 Slightly important	14	13.21
4 Not at all important	6	5.66
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	1	0.94

Frequency Missing = 13169

CAL.733\_00.000: Told personal health care  
 provider about use of third top therapy

CTP3DS1	Frequency	Percent
1 Yes	48	53.33
2 No	34	37.78
7 Refused	0	0.00
8 Not ascertained	6	6.67
9 Don't know	2	2.22

Frequency Missing = 13185

CAL.734\_00.000: Didn't tell personal health care provider about use  
 of third top therapy because: weren't using therapy at the time

CTP3DS2	Frequency	Percent
1 Yes	10	29.41
2 No	22	64.71
7 Refused	1	2.94
8 Not ascertained	0	0.00
9 Don't know	1	2.94

Frequency Missing = 13241

CAL.735\_00.000: Didn't tell personal health care provider about use of third top therapy because: they discouraged use of therapy in the past

CTP3DS3	Frequency	Percent
1 Yes	0	0.00
2 No	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13241

CAL.736\_00.000: Didn't tell personal health care provider about use of third top therapy because: worried they would discourage it

CTP3DS4	Frequency	Percent
1 Yes	1	2.94
2 No	33	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13241

CAL.737\_00.000: Didn't tell personal health care provider about use of third top therapy because: concerned about a negative reaction

CTP3DS5	Frequency	Percent
1 Yes	2	5.88
2 No	32	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13241

CAL.738\_00.000: Didn't tell personal health care provider about use of third top therapy because: didn't think they needed to know

CTP3DS6	Frequency	Percent
1 Yes	11	32.35
2 No	23	67.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13241

CAL.739\_00.000: Didn't tell personal health care provider  
 about use of third top therapy because: they didn't ask

CTP3DS7	Frequency	Percent
1 Yes	20	58.82
2 No	14	41.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13241

CAL.740\_00.000: Didn't tell health care provider about use of third top  
 therapy because: didn't think they knew as much about therapy as you do

CTP3DS8	Frequency	Percent
1 Yes	2	5.88
2 No	31	91.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.94

Frequency Missing = 13241

CAL.741\_00.000: Didn't tell personal health care provider about use of third  
 top therapy because: they didn't give you enough time to tell them

CTP3DS9	Frequency	Percent
1 Yes	2	5.88
2 No	32	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 13241

CAL.760\_00.000: Got information about third top therapy from: the internet

CTP3INF1	Frequency	Percent
1 Yes	37	34.91
2 No	61	57.55
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	1	0.94

Frequency Missing = 13169

CAL.761\_00.000: Got information about third top  
therapy from: books, magazines, or newspapers

CTP3INF2	Frequency	Percent
1 Yes	32	30.19
2 No	67	63.21
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.762\_00.000: Got information about third  
top therapy from: DVDs, videos, or CDs

CTP3INF3	Frequency	Percent
1 Yes	20	18.87
2 No	79	74.53
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.763\_00.000: Got information about third  
top therapy from: television or radio

CTP3INF4	Frequency	Percent
1 Yes	7	6.60
2 No	92	86.79
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.764\_00.000: Got information about third  
top therapy from: scientific articles

CTP3INF5	Frequency	Percent
1 Yes	19	17.92
2 No	80	75.47
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169

CAL.765\_00.000: Got information about third top therapy from: health food stores

CTP3INF6	Frequency	Percent
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1 Yes	23	21.70
2 No	76	71.70
7 Refused	0	0.00
8 Not ascertained	7	6.60
9 Don't know	0	0.00

Frequency Missing = 13169