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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Identification Fields****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** IDN.000\_00.000

Instrument Variable Name:

Final Documentation Name: RECTYPE

**Record Type**

Universe:

Description:

Sources: None

Recodes: None

Keywords: None

Notes: None

---

## File type identifier

10	Household
20	Person
25	Income Imputation
30	Sample Adult
31	Sample Adult Cancer
34	Adult Alternative Medicine
38	Functioning and Disability
39	Adult Disability Questions Test
40	Sample Child
44	Child Alternative Medicine
49	Child Disability Questions Test
60	Family
63	Family Disability Questions Test
65	Paradata
70	Injury/Poisoning Episode
75	Injury/Poisoning Verbatim

---

**Question ID:** IDN.000\_02.000

Instrument Variable Name:

Final Documentation Name: SRVY\_YR

**Survey Year**

Universe:

Description:

Sources: None

Recodes: None

Keywords: None

Notes: None

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Year of National Health Interview Survey

Year	Survey Year
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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Identification Fields****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** IDN.000\_04.000

Instrument Variable Name:

Final Documentation Name: HHX

**Household Number**

Universe:

Description: All households

Sources: None

Recodes: None

Keywords: household number

Notes: Use this variable in combination with SRVY\_YR to identify individual households.

Household Number

**Question ID:** IDN.000\_35.000

Instrument Variable Name:

Final Documentation Name: FMX

**Family Number**

Universe:

Description: All families

Sources: None

Recodes: None

Keywords: family number

Notes: Use this variable in combination with HHX and SRVY\_YR to identify individual families.

Family Number

01-25 Family number 1 - 25

**Question ID:** IDN.000\_40.000

Instrument Variable Name: FPX

Final Documentation Name: FPX

**Person Number**

Universe:

Description: All persons

Sources: None

Recodes: None

Keywords: person number

Notes: Use this variable in combination with HHX, FMX, and SRVY\_YR to identify individual persons.

Person Number (Within family)

01-25 Person number 1 thru 25

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Identification Fields

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** IDN.000\_70.000

Instrument Variable Name:

Final Documentation Name: WTFA\_SA

Universe:

Description:

Sources: None

Recodes: None

Keywords: None

Notes: This weight should be used for most sample adult analyses when using a full year of data. This weight includes post-stratification adjustments (age, race/ethnicity, sex) using Census Bureau population control totals. The sum of these weights is equal to the average of the civilian, noninstitutionalized U.S. population estimates for persons aged 18 and above for February, May, August, and November.

Weight - Final Annual

**Question ID:** UCF.000\_00.000

R15 RECODE

Instrument Variable Name:

Final Documentation Name: STRAT\_P

Universe: ALL

Description: All records

Sources: None

Recodes: None

Keywords: None

Notes: Pseudo-stratum variable for public-use file variance estimation. Created by NCHS/ORM.

Pseudo-stratum for public-use file variance estimation

001-300 001-300

**Question ID:** UCF.000\_00.000

R16 RECODE

Instrument Variable Name:

Final Documentation Name: PSU\_P

Universe: ALL

Description: All records

Sources: None

Recodes: None

Keywords: None

Notes: Pseudo-PSU variable for public-use file variance estimation. Created by NCHS/ORM.

Pseudo-PSU for public-use file variance estimation

01-02 01-02

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.001\_00.000

Instrument Variable Name: PROV1

Final Documentation Name: PROV1

? [F1]

A personal health care provider is a health professional who knows you well and is familiar with your health history. This can be a general doctor, a specialist doctor, a nurse practitioner, a physician's assistant, or another type of provider. Do you have one or more persons you think of as your personal health care provider?

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AUSUALPL IN('1','3')

Description: Sample adults 18+ who have a usual place for healthcare

Sources: None

Recodes: None

Keywords: health care provider

Notes: None

Has a personal health care provider

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.002\_01.000

Instrument Variable Name: PROVTYP1-PROVTYP4

Final Documentation Name: PROVTYP1

? [F1]

What type of provider(s) is it?

**\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and PROV1 ='1'

Description: Sample adults 18+ who have a personal health care provider

Sources: None

Recodes: None

Keywords: health care provider

Notes: None

Personal health care provider is a medical doctor (M.D., D.O.), including specialists

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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2012 NATIONAL HEALTH INTERVIEW SURVEY

Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

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Question ID: ALT.002\_02.000

Instrument Variable Name: PROVTYP1-PROVTYP4

Final Documentation Name: PROVTYP2

? [F1]

What type of provider(s) is it?

**\*Read categories if necessary.**

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and PROV1 ='1'

Description: Sample adults 18+ who have a personal health care provider

---

Sources: None

Recodes: None

Keywords: health care provider

Notes: None

---

Personal health care provider is a nurse, nurse practitioner, or physician's assistant

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.002\_03.000

Instrument Variable Name: PROV1-PROV4

Final Documentation Name: PROV3

? [F1]

**What type of provider(s) is it?****\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and PROV1 ='1'

Description: Sample adults 18+ who have a personal health care provider

---

Sources: None

Recodes: None

Keywords: health care provider

Notes: None

---

Personal health care provider is a chiropractor, acupuncturist, or naturopath

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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2012 NATIONAL HEALTH INTERVIEW SURVEY

Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

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Question ID: ALT.002\_04.000

Instrument Variable Name: PROV1-PROV4

Final Documentation Name: PROV4

? [F1]

What type of provider(s) is it?

**\*Read categories if necessary.**

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and PROV1 ='1'

Description: Sample adults 18+ who have a personal health care provider

---

Sources: None

Recodes: None

Keywords: health care provider

Notes: None

---

Personal health care provider is 'other'

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

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Question ID: ALT.003\_01.000

Instrument Variable Name: PROVUSP1- PROVUSP4

Final Documentation Name: PROVUSP1

? [F1]

Earlier you said you have a place where you usually go when you are sick. What type of provider(s) do you see there?

**\*Read categories if necessary.**

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AUSUALPL IN('1','3')

Description: Sample adults 18+ who have a usual place for healthcare

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees a medical doctor (M.D., D.O.) at usual place of care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.003\_02.000

Instrument Variable Name: PROVUSP1- PROVUSP4

Final Documentation Name: PROVUSP2

? [F1]

**Earlier you said you have a place where you usually go when you are sick. What type of provider(s) do you see there?****\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AUSUALPL IN('1','3')

Description: Sample adults 18+ who have a usual place for healthcare

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees a nurse, nurse practitioner, or physician assistant at usual place of care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.003\_03.000

Instrument Variable Name: PROVUSP1- PROVUSP4

Final Documentation Name: PROVUSP3

? [F1]

**Earlier you said you have a place where you usually go when you are sick. What type of provider(s) do you see there?****\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AUSUALPL IN('1','3')

Description: Sample adults 18+ who have a usual place for healthcare

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees a chiropractor, acupuncturist, or naturopath at usual place of care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.003\_04.000

Instrument Variable Name: PROVUSP1- PROVUSP4

Final Documentation Name: PROVUSP4

? [F1]

**Earlier you said you have a place where you usually go when you are sick. What type of provider(s) do you see there?****\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AUSUALPL IN('1','3')

Description: Sample adults 18+ who have a usual place for healthcare

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees another type of provider at usual place of care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.004\_01.000

Instrument Variable Name: PROVRTN1-PROVRTN4

Final Documentation Name: PROVRTN1

? [F1]

**Earlier you said you have a place where you usually go when you need routine care. What type of provider(s) do you see there?**

**\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AHCPLKND IN('1','2','3','4','5')

Description: Sample adults 18+ who have a routine place for healthcare that is different from a usual source for sick care

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees a medical doctor (M.D., D.O.) for routine care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.004\_02.000

Instrument Variable Name: PROVRTN1-PROVRTN4

Final Documentation Name: PROVRTN2

? [F1]

**Earlier you said you have a place where you usually go when you need routine care. What type of provider(s) do you see there?**

**\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AHCPLKND IN('1','2','3','4','5')

Description: Sample adults 18+ who have a routine place for healthcare that is different from a usual source for sick care

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees a nurse, nurse practitioner, or physician assistant for routine care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.004\_03.000

Instrument Variable Name: PROVRTN1-PROVRTN4

Final Documentation Name: PROVRTN3

? [F1]

**Earlier you said you have a place where you usually go when you need routine care. What type of provider(s) do you see there?**

**\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AHCPLKND IN('1','2','3','4','5')

Description: Sample adults 18+ who have a routine place for healthcare that is different from a usual source for sick care

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees a chiropractor, acupuncturist, or naturopath for routine care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.004\_04.000

Instrument Variable Name: PROVRTN1-PROVRTN4

Final Documentation Name: PROVRTN4

? [F1]

**Earlier you said you have a place where you usually go when you need routine care. What type of provider(s) do you see there?**

**\*Read categories if necessary.****\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AHCPLKND IN('1','2','3','4','5')

Description: Sample adults 18+ who have a routine place for healthcare that is different from a usual source for sick care

---

Sources: None

Recodes: None

Keywords: health care provider; usual place of care

Notes: None

---

Sees an "other" type of provider for routine care

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.010\_00.000

Instrument Variable Name: COM\_USE

Final Documentation Name: COM\_USE

? [F1]

Now I am going to ask you about some health services you may have used.

Have you EVER used any of these therapies for your health?

Chiropractic (kye-row-PRAK-tik) or Osteopathic Manipulation?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Used chiropractic or osteopathic manipulation, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.011\_00.000

Instrument Variable Name: COM\_EVER

Final Documentation Name: COM\_EVER

? [F1]

Have you EVER seen a provider or practitioner for chiropractic (kye-row-PRAK-tik) or osteopathic manipulation for yourself?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_USE ='1'

Description: Sample adults 18+ who have ever used chiropractic (kye-row-PRAK-tik) or osteopathic manipulation

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Saw a practitioner for chiropractic or osteopathic manipulation, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.012\_00.000

Instrument Variable Name: COM\_USEM

Final Documentation Name: COM\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for chiropractic or osteopathic manipulation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for chiropractic or osteopathic manipulation

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Saw a practitioner for chiropractic or osteopathic manipulation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.013\_00.000

Instrument Variable Name: COM\_USM

Final Documentation Name: COM\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use chiropractic or osteopathic manipulation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (COM\_EVER IN('2','7','9') or COM\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used chiropractic/osteopathic manipulation but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Used chiropractic or osteopathic manipulation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13****Question ID:** ALT.014\_00.000

Instrument Variable Name: COM\_TYPE

Final Documentation Name: COM\_TYPE

**Which did you see, a chiropractor or an osteopathic physician?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_USEM = '1'

Description: Sample adults 18+ who have seen a practitioner for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Type of practitioner seen for chiropractic or osteopathic manipulation

- 1 Chiropractor
- 2 Osteopathic physician
- 3 Both
- 7 Refused
- 8 Not ascertained
- 9 Don't know

**Question ID:** ALT.015\_00.000

Instrument Variable Name: COM\_PMST

Final Documentation Name: COM\_PMST

**DURING THE PAST 12 MONTHS, which practitioner did you see the most?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_TYPE = '3'

Description: Sample adults 18+ who have seen both a chiropractor and osteopathic physician in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Type of practitioner seen the most for chiropractic or osteopathic manipulation, past 12 months

- 1 Chiropractor
- 2 Osteopathic physician
- 7 Refused
- 8 Not ascertained
- 9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.016\_00.000

Instrument Variable Name: COM\_PHCP

Final Documentation Name: COM\_PHCP

**Was this the personal health care provider you mentioned earlier?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and PROV'TYP3 ='1' and (COM\_TYPE = '1' or COM\_PMST ='1')

Description: Sample adults 18+ who see a chiropractor for their personal health care provider and who have seen a chiropractor in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Practitioner seen for chiropractic manipulation is also personal healthcare provider

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.017\_00.000

Instrument Variable Name: COM\_PTIM

Final Documentation Name: COM\_PTIM

**Do you know the exact number of times you saw a practitioner for [fill1: chiropractic/osteopathic] manipulation in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

Knows exact number of times saw a practitioner of chiropractic or osteopathic manipulation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.018\_00.000

Instrument Variable Name: COM\_TMNO

Final Documentation Name: COM\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for [fill1: chiropractic/osteopathic] manipulation?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for chiropractic or osteopathic manipulation in the past 12 months

---

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

---

Exact number of times saw a practitioner for chiropractic or osteopathic manipulation, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.019\_00.000

Instrument Variable Name: COM\_TMCT

Final Documentation Name: COM\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for [fill1: chiropractic/osteopathic] manipulation? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for chiropractic or osteopathic manipulation in the past 12 months or refuse the specific number of times

---

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation

Notes: None

---

Approximate number of times saw practitioner for chiropractic or osteopathic manipulation, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.021\_00.000

Instrument Variable Name: COM\_HIC

Final Documentation Name: COM\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for [fill1: chiropractic/osteopathic] manipulation covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; health insurance coverage

Notes: None

Any cost of seeing practitioner for chiropractic/osteopathic manipulation was covered by insurance

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.022\_00.000

Instrument Variable Name: COM\_HICA

Final Documentation Name: COM\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for [fill1: chiropractic/osteopathic] manipulation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for chiropractic or osteopathic manipulation in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for chiropractic/osteopathic manipulation covered by health insurance

- 1 All of the cost
- 2 Some of the cost
- 7 Refused
- 8 Not ascertained
- 9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.023\_00.000

Instrument Variable Name: COM\_HIT

Final Documentation Name: COM\_HIT

**Do you know the total amount you paid for seeing a practitioner for [fill1: chiropractic/osteopathic] manipulation in the past 12 months [fill2: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (COM\_HICA IN('2','7','9') or COM\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.024\_00.000

Instrument Variable Name: COM\_HITS

Final Documentation Name: COM\_HITS

**What is the total amount you paid for seeing a practitioner for [fill1: chiropractic/osteopathic] manipulation in the past 12 months [fill2: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.025\_00.010

Instrument Variable Name: COM\_AVGC

Final Documentation Name: COM\_AVGC

**Do you know the average amount you paid for each visit for [fill1: chiropractic/osteopathic] manipulation {fill2: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket for each visit for chiropractic/osteopathic manipulation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.026\_00.000

Instrument Variable Name: COM\_AVGS

Final Documentation Name: COM\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for [fill1: chiropractic/osteopathic] manipulation?**

Enter '0' if no cost or free

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each visit to practitioner for chiropractic/osteopathic manipulation

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.027\_00.000

Instrument Variable Name: COM\_MAT

Final Documentation Name: COM\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about [fill1: chiropractic/osteopathic] manipulation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; self-help materials

Notes: None

Bought self-help book or other materials to learn about chiropractic/osteopathic manipulation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.028\_00.000

Instrument Variable Name: COM\_MATC

Final Documentation Name: COM\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and COM\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for chiropractic or osteopathic manipulation in the past 12 months

Sources: None

Recodes: None

Keywords: chiropractic; osteopathic manipulation; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about chiropractic/osteopathic manipulation

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.037\_00.000

Instrument Variable Name: MAS\_USE

Final Documentation Name: MAS\_USE

? [F1]

**Have you EVER used any of these therapies for your health?****Massage?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: massage

Notes: None

Used massage for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**Question ID:** ALT.038\_00.000

Instrument Variable Name: MAS\_EVER

Final Documentation Name: MAS\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for massage for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_USE ='1'

Description: Sample adults 18+ who have ever used massage

Sources: None

Recodes: None

Keywords: massage

Notes: None

Saw a practitioner for massage, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.039\_00.000

Instrument Variable Name: MAS\_USEM

Final Documentation Name: MAS\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for massage?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for massage

---

Sources: None

Recodes: None

Keywords: massage

Notes: None

---

Saw a practitioner for massage, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.040\_00.000

Instrument Variable Name: MAS\_USM

Final Documentation Name: MAS\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use massage?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MAS\_EVER IN('2','7','9') or MAS\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used massage but have never seen a practitioner or have not seen one in the past 12 months

---

Sources: None

Recodes: None

Keywords: massage

Notes: None

---

Used massage, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.041\_00.000

Instrument Variable Name: MAS\_PTIM

Final Documentation Name: MAS\_PTIM

**Do you know the exact number of times you saw a practitioner for massage in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage

Notes: None

Knows exact number of times saw a practitioner for massage, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.042\_00.000

Instrument Variable Name: MAS\_TMNO

Final Documentation Name: MAS\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for massage?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage

Notes: None

Exact number of times saw a practitioner for massage, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.043\_00.000

Instrument Variable Name: MAS\_TMCT

Final Documentation Name: MAS\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for massage? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for massage in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: massage

Notes: None

Approximate number of times saw a practitioner for massage, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

Question ID: ALT.044\_00.000

Instrument Variable Name: MAS\_HIC

Final Documentation Name: MAS\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for massage covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; health insurance coverage

Notes: None

Any cost of seeing practitioner for massage was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.045\_00.000

Instrument Variable Name: MAS\_HICA

Final Documentation Name: MAS\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for massage?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for massage in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: massage; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for massage covered by health insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |

Question ID: ALT.046\_00.000

Instrument Variable Name: MAS\_HIT

Final Documentation Name: MAS\_HIT

**Do you know the total amount you paid for seeing a practitioner for massage in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MAS\_HICA IN('2','7','9') or MAS\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for massage

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.047\_00.000

Instrument Variable Name: MAS\_HITS

Final Documentation Name: MAS\_HITS

**What is the total amount you paid for seeing a practitioner for massage in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_HIT = '1'

Description: Sample adults 18+ who know the amount they paid for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for massage

00000-26000 \$0-26000

99997 Refused

99998 Not ascertained

99999 Don't know

Question ID: ALT.048\_00.000

Instrument Variable Name: MAS\_AVGC

Final Documentation Name: MAS\_AVGC

**Do you know the average amount you paid for each visit for massage {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket for each visit for massage

1 Yes

2 No

7 Refused

8 Not ascertained

9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.049\_00.000

Instrument Variable Name: MAS\_AVGS

Final Documentation Name: MAS\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for massage?****Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each massage visit

000-500	\$0-500
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.050\_00.000

Instrument Variable Name: MAS\_MAT

Final Documentation Name: MAS\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about massage?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; self-help materials

Notes: None

Bought self-help book or other materials to learn about massage

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.051\_00.000

Instrument Variable Name: MAS\_MATC

Final Documentation Name: MAS\_MATC

**About how much did you pay for these materials in the past 12 months?****\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MAS\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for massage in the past 12 months

Sources: None

Recodes: None

Keywords: massage; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about massage

000-200	\$0-200
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.061\_00.000

Instrument Variable Name: ACU\_USE

Final Documentation Name: ACU\_USE

**? [F1]****Have you EVER used any of these therapies for your health?****Acupuncture (AK-you-punk-chur)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

Used acupuncture for health, ever

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.062\_00.000

Instrument Variable Name: ACU\_EVER

Final Documentation Name: ACU\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for acupuncture for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_USE ='1'

Description: Sample adults 18+ who have ever used acupuncture

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

Saw a practitioner for acupuncture, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.063\_00.000

Instrument Variable Name: ACU\_USEM

Final Documentation Name: ACU\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for acupuncture?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for acupuncture

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

Saw a practitioner for acupuncture, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.064\_00.000

Instrument Variable Name: ACU\_USM

Final Documentation Name: ACU\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use acupuncture?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (ACU\_EVER IN('2','7','9') or ACU\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used acupuncture but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

Used acupuncture, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.065\_00.000

Instrument Variable Name: ACU\_PTIM

Final Documentation Name: ACU\_PTIM

**Do you know the exact number of times you saw a practitioner for acupuncture in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_USEM='1'

Description: Sample adults 18+ who have seen a practitioner for acupuncture in the past 12 months

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

Knows exact number of times saw a practitioner for acupuncture, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.066\_00.000

Instrument Variable Name: ACU\_TMNO

Final Documentation Name: ACU\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for acupuncture?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for acupuncture in the past 12 months

---

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

---

Exact number of times saw a practitioner for acupuncture, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.067\_00.000

Instrument Variable Name: ACU\_TMCT

Final Documentation Name: ACU\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for acupuncture? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for acupuncture in the past 12 months or refuse the specific number of times

---

Sources: None

Recodes: None

Keywords: acupuncture

Notes: None

---

Approximate number of times saw a practitioner for acupuncture, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.068\_00.000

Instrument Variable Name: ACU\_HIC

Final Documentation Name: ACU\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for acupuncture covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_USEM='1'

Description: Sample adults 18+ who have seen a practitioner for acupuncture in the past 12 months

---

Sources: None

Recodes: None

Keywords: acupuncture; health insurance coverage

Notes: None

---

Any cost of seeing practitioner for acupuncture was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.069\_00.000

Instrument Variable Name: ACU\_HICA

Final Documentation Name: ACU\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for acupuncture?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_HIC='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for acupuncture in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: acupuncture; health insurance coverage

Notes: None

---

Portion of the cost of seeing practitioner for acupuncture covered by health insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.070\_00.000

Instrument Variable Name: ACU\_HIT

Final Documentation Name: ACU\_HIT

**Do you know the total amount you paid for seeing a practitioner for acupuncture in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (ACU\_HICA IN('2','7','9') or ACU\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for acupuncture in the past 12 months

Sources: None

Recodes: None

Keywords: acupuncture; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for acupuncture

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.071\_00.000

Instrument Variable Name: ACU\_HITS

Final Documentation Name: ACU\_HITS

**What is the total amount you paid for seeing a practitioner for acupuncture in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_HIT='1'

Description: Sample adults 18+ who know the amount they paid for acupuncture in the past 12 months

Sources: None

Recodes: None

Keywords: acupuncture; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for acupuncture

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.072\_00.000

Instrument Variable Name: ACU\_AVGC

Final Documentation Name: ACU\_AVGC

**Do you know the average amount you paid for each visit for acupuncture {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for acupuncture in the past 12 months

---

Sources: None

Recodes: None

Keywords: acupuncture; out-of-pocket cost

Notes: None

---

Knows average amount paid out-of-pocket per visit for acupuncture

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.073\_00.000

Instrument Variable Name: ACU\_AVGS

Final Documentation Name: ACU\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for acupuncture?****Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for acupuncture in the past 12 months

---

Sources: None

Recodes: None

Keywords: acupuncture; out-of-pocket cost

Notes: None

---

Average out-of-pocket cost paid for each acupuncture visit

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |
- 
-



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.074\_00.000

Instrument Variable Name: ACU\_MAT

Final Documentation Name: ACU\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about acupuncture?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_USEM='1'

Description: Sample adults 18+ who have seen a practitioner for acupuncture in the past 12 months

Sources: None

Recodes: None

Keywords: acupuncture; self-help materials

Notes: None

Bought self-help book or other materials to learn about acupuncture

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.075\_00.000

Instrument Variable Name: ACU\_MATC

Final Documentation Name: ACU\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ACU\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for acupuncture in the past 12 months

Sources: None

Recodes: None

Keywords: acupuncture; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about acupuncture

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.085\_00.000

Instrument Variable Name: EHT\_USE

Final Documentation Name: EHT\_USE

? [F1]

**Have you EVER used any of these therapies for your health?****Energy Healing Therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

Used energy healing therapy for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.086\_00.000

Instrument Variable Name: EHT\_EVER

Final Documentation Name: EHT\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for energy healing therapy for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_USE ='1'

Description: Sample adults 18+ who have ever used energy healing therapy

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

Saw a practitioner for energy healing therapy, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.087\_00.000

Instrument Variable Name: EHT\_USEM

Final Documentation Name: EHT\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for energy healing therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for energy healing therapy

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

Saw a practitioner for energy healing therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.088\_00.000

Instrument Variable Name: EHT\_USM

Final Documentation Name: EHT\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use energy healing therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (EHT\_EVER IN('2','7','9') or EHT\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used energy healing therapy but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

Used energy healing therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.089\_00.000

Instrument Variable Name: EHT\_PTIM

Final Documentation Name: EHT\_PTIM

**Do you know the exact number of times you saw a practitioner for energy healing therapy in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

Knows exact number of times saw a practitioner for energy healing therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.090\_00.000

Instrument Variable Name: EHT\_TMNO

Final Documentation Name: EHT\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for energy healing therapy?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

Exact number of times saw a practitioner for energy healing therapy, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.091\_00.000

Instrument Variable Name: EHT\_TMCT

Final Documentation Name: EHT\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for energy healing therapy?  
Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for energy healing therapy in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: energy healing therapy

Notes: None

---

Approximate number of times saw a practitioner for energy healing therapy, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.092\_00.000

Instrument Variable Name: EHT\_HIC

Final Documentation Name: EHT\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for energy healing therapy covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for energy healing therapy in the past 12 months

---

Sources: None

Recodes: None

Keywords: energy healing therapy; health insurance coverage

Notes: None

---

Any cost of seeing a practitioner for energy healing therapy was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.093\_00.000

Instrument Variable Name: EHT\_HICA

Final Documentation Name: EHT\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for energy healing therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for energy healing therapy in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: energy healing therapy; health insurance coverage

Notes: None

---

Portion of the cost of seeing a practitioner for energy healing therapy covered by health insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.094\_00.000

Instrument Variable Name: EHT\_HIT

Final Documentation Name: EHT\_HIT

**Do you know the total amount you paid for seeing a practitioner for energy healing therapy in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (EHT\_HICA IN('2','7','9') or EHT\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for energy healing therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.095\_00.000

Instrument Variable Name: EHT\_HITS

Final Documentation Name: EHT\_HITS

**What is the total amount you paid for seeing a practitioner for energy healing therapy in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy; out-of-pocket cost

Notes: None

Total amount paid for seeing a practitioner for energy healing therapy

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.096\_00.000

Instrument Variable Name: EHT\_AVGC

Final Documentation Name: EHT\_AVGC

**Do you know the average amount you paid for each visit for energy healing therapy {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for energy healing therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.097\_00.000

Instrument Variable Name: EHT\_AVGS

Final Documentation Name: EHT\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for energy healing therapy?**

**Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each energy healing therapy visit

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.098\_00.000

Instrument Variable Name: EHT\_MAT

Final Documentation Name: EHT\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about energy healing therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy; self-help materials

Notes: None

Bought self-help book or other materials to learn about energy healing therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.099\_00.000

Instrument Variable Name: EHT\_MATC

Final Documentation Name: EHT\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and EHT\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for energy healing therapy in the past 12 months

Sources: None

Recodes: None

Keywords: energy healing therapy; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about energy healing therapy

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.109\_00.000

Instrument Variable Name: NAT\_USE

Final Documentation Name: NAT\_USE

? [F1]

**Have you EVER used any of these therapies for your health?****Naturopathy (nay-chur-AH-puh-thee)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

Used naturopathy for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.110\_00.000

Instrument Variable Name: NAT\_EVER

Final Documentation Name: NAT\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for naturopathy for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_USE ='1'

Description: Sample adults 18+ who have ever used naturopathy

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

Saw a practitioner for naturopathy, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.111\_00.000

Instrument Variable Name: NAT\_USEM

Final Documentation Name: NAT\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for naturopathy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for naturopathy

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

Saw a practitioner for naturopathy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.112\_00.000

Instrument Variable Name: NAT\_USM

Final Documentation Name: NAT\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use naturopathy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (NAT\_EVER IN('2','7','9') or NAT\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used naturopathy but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

Used naturopathy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.113\_00.000

Instrument Variable Name: NAT\_PTIM

Final Documentation Name: NAT\_PTIM

**Do you know the exact number of times you saw a practitioner for naturopathy in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

Knows exact number of times saw a practitioner for naturopathy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.114\_00.000

Instrument Variable Name: NAT\_TMNO

Final Documentation Name: NAT\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for naturopathy?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

Exact number of times saw a practitioner for naturopathy, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.115\_00.000

Instrument Variable Name: NAT\_TMCT

Final Documentation Name: NAT\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for naturopathy? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for naturopathy in the past 12 months or refuse the specific number of times

---

Sources: None

Recodes: None

Keywords: naturopathy

Notes: None

---

Approximate number of times saw a practitioner for naturopathy, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.116\_00.000

Instrument Variable Name: NAT\_HIC

Final Documentation Name: NAT\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for naturopathy covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for naturopathy in the past 12 months

---

Sources: None

Recodes: None

Keywords: naturopathy; health insurance coverage

Notes: None

---

Any cost of seeing practitioner for naturopathy was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.117\_00.000

Instrument Variable Name: NAT\_HICA

Final Documentation Name: NAT\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for naturopathy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for naturopathy in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: naturopathy; health insurance coverage

Notes: None

---

Portion of the cost of seeing practitioner for naturopathy covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.118\_00.000

Instrument Variable Name: NAT\_HIT

Final Documentation Name: NAT\_HIT

**Do you know the total amount you paid for seeing a practitioner for naturopathy in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (NAT\_HICA IN('2','7','9') or NAT\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for naturopathy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.119\_00.000

Instrument Variable Name: NAT\_HITS

Final Documentation Name: NAT\_HITS

**What is the total amount you paid for seeing a practitioner for naturopathy in the past 12 months?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for naturopathy

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.120\_00.000

Instrument Variable Name: NAT\_AVGC

Final Documentation Name: NAT\_AVGC

**Do you know the average amount you paid for each visit for naturopathy {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for seeing a practitioner for naturopathy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.121\_00.000

Instrument Variable Name: NAT\_AVGS

Final Documentation Name: NAT\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for naturopathy?**

**Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each naturopathy visit

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.122\_00.000

Instrument Variable Name: NAT\_MAT

Final Documentation Name: NAT\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about naturopathy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy; self-help materials

Notes: None

Bought self-help book or other materials to learn about naturopathy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.123\_00.000

Instrument Variable Name: NAT\_MATC

Final Documentation Name: NAT\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and NAT\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for naturopathy in the past 12 months

Sources: None

Recodes: None

Keywords: naturopathy; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about naturopathy

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.133\_00.000

Instrument Variable Name: HYP\_USE

Final Documentation Name: HYP\_USE

**? [F1]****Have you EVER used any of these therapies for your health?****Hypnosis?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

Used hypnosis for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.134\_00.000

Instrument Variable Name: HYP\_EVER

Final Documentation Name: HYP\_EVER

**? [F1]****Have you EVER seen a provider or practitioner for hypnosis for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_USE ='1'

Description: Sample adults 18+ who have ever used hypnosis

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

Saw a practitioner for hypnosis, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.135\_00.000

Instrument Variable Name: HYP\_USEM

Final Documentation Name: HYP\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for hypnosis?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for hypnosis

---

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

---

Saw a practitioner for hypnosis, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.136\_00.000

Instrument Variable Name: HYP\_BRTH

Final Documentation Name: HYP\_BRTH

?[F1]

**Did you do breathing exercises as part of hypnosis? Breathing exercises may involve actively controlling the way air is drawn in, or the rate or depth of breathing.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_USEM = '1'

Description: Sample adults 18+ who have seen a practitioner for hypnosis in the past 12 months

---

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

---

Did breathing exercises as part of hypnosis

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.137\_00.000

Instrument Variable Name: HYP\_USM

Final Documentation Name: HYP\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use hypnosis?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (HYP\_EVER IN('2','7','9') or HYP\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have seen a practitioner for hypnosis in the past 12 months or who have used hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

Used hypnosis, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.138\_00.000

Instrument Variable Name: HYP\_PTIM

Final Documentation Name: HYP\_PTIM

**Do you know the exact number of times you saw a practitioner for hypnosis in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

Knows exact number of times saw a practitioner for hypnosis, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.139\_00.000

Instrument Variable Name: HYP\_TMNO

Final Documentation Name: HYP\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for hypnosis?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

---

Exact number of times saw a practitioner for hypnosis, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.140\_00.000

Instrument Variable Name: HYP\_TMCT

Final Documentation Name: HYP\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for hypnosis? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for hypnosis in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: hypnosis

Notes: None

Approximate number of times saw a practitioner for hypnosis, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

Question ID: ALT.141\_00.000

Instrument Variable Name: HYP\_HIC

Final Documentation Name: HYP\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for hypnosis covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; health insurance coverage

Notes: None

Any cost of seeing practitioner for hypnosis was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.142\_00.000

Instrument Variable Name: HYP\_HICA

Final Documentation Name: HYP\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for hypnosis?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for hypnosis in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: hypnosis; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for hypnosis covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |

Question ID: ALT.143\_00.000

Instrument Variable Name: HYP\_HIT

Final Documentation Name: HYP\_HIT

**Do you know the total amount you paid for seeing a practitioner for hypnosis in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (HYP\_HICA IN(2,'7','9') or HYP\_HIC IN(2,'7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for hypnosis

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.144\_00.000

Instrument Variable Name: HYP\_HITS

Final Documentation Name: HYP\_HITS

**What is the total amount you paid for seeing a practitioner for hypnosis in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_HIT = '1'

Description: Sample adults 18+ who know the amount they paid for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for hypnosis

00000-26000 \$0-26000

99997 Refused

99998 Not ascertained

99999 Don't know

Question ID: ALT.145\_00.000

Instrument Variable Name: HYP\_AVGC

Final Documentation Name: HYP\_AVGC

**Do you know the average amount you paid for each visit for hypnosis {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for seeing a practitioner for hypnosis

1 Yes

2 No

7 Refused

8 Not ascertained

9 Don't know



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.146\_00.000

Instrument Variable Name: HYP\_AVGS

Final Documentation Name: HYP\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for hypnosis?****Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; out-of-pocket cost

Notes: None

Average amount paid out-of-pocket per visit for seeing a practitioner for hypnosis

000-500	\$0-500
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.147\_00.000

Instrument Variable Name: HYP\_MAT

Final Documentation Name: HYP\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about hypnosis?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (HYP\_USEM ='1' or HYP\_USM ='1')

Description: Sample adults 18+ who have seen a practitioner for hypnosis in the past 12 months or who have used hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; self-help materials

Notes: None

Bought self-help book or other materials to learn about hypnosis

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.148\_00.000

Instrument Variable Name: HYP\_MATC

Final Documentation Name: HYP\_MATC

**About how much did you pay for these materials in the past 12 months?****\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HYP\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for hypnosis in the past 12 months

Sources: None

Recodes: None

Keywords: hypnosis; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about hypnosis

000-200	\$0-200
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.158\_00.000

Instrument Variable Name: BIO\_USE

Final Documentation Name: BIO\_USE

**? [F1]****Have you EVER used any of these therapies for your health?****Biofeedback?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

Used biofeedback for health, ever

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.159\_00.000

Instrument Variable Name: BIO\_EVER

Final Documentation Name: BIO\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for biofeedback for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_USE ='1'

Description: Sample adults 18+ who have ever used biofeedback

---

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

---

Saw a practitioner for biofeedback, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.160\_00.000

Instrument Variable Name: BIO\_USEM

Final Documentation Name: BIO\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for biofeedback?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for biofeedback

---

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

---

Saw a practitioner for biofeedback, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.161\_00.000

Instrument Variable Name: BIO\_BRTH

Final Documentation Name: BIO\_BRTH

?[F1]

**Did you do breathing exercises as part of biofeedback? Breathing exercises may involve actively controlling the way air is drawn in, or the rate or depth of breathing.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_USEM = '1'

Description: Sample adults 18+ who have seen a practitioner for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

Did breathing exercises as part of biofeedback

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.162\_00.000

Instrument Variable Name: BIO\_USM

Final Documentation Name: BIO\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use biofeedback?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (BIO\_EVER IN('2','7','9') or BIO\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used biofeedback but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

Used biofeedback, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.163\_00.000

Instrument Variable Name: BIO\_PTIM

Final Documentation Name: BIO\_PTIM

**Do you know the exact number of times you saw a practitioner for biofeedback in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

Knows exact number of times saw a practitioner for biofeedback, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.164\_00.000

Instrument Variable Name: BIO\_TMNO

Final Documentation Name: BIO\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for biofeedback?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

Exact number of times saw a practitioner for biofeedback, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.165\_00.000

Instrument Variable Name: BIO\_TMCT

Final Documentation Name: BIO\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for biofeedback? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for biofeedback in the past 12 months or refuse the specific number of times

---

Sources: None

Recodes: None

Keywords: biofeedback

Notes: None

---

Approximate number of times saw a practitioner for biofeedback, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.166\_00.000

Instrument Variable Name: BIO\_HIC

Final Documentation Name: BIO\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for biofeedback covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for biofeedback in the past 12 months

---

Sources: None

Recodes: None

Keywords: biofeedback; health insurance coverage

Notes: None

---

Any cost of seeing practitioner for biofeedback was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.167\_00.000

Instrument Variable Name: BIO\_HICA

Final Documentation Name: BIO\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for biofeedback?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for biofeedback in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: biofeedback; health insurance coverage

Notes: None

---

Portion of the cost of seeing practitioner for biofeedback covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.168\_00.000

Instrument Variable Name: BIO\_HIT

Final Documentation Name: BIO\_HIT

**Do you know the total amount you paid for seeing a practitioner for biofeedback in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (BIO\_HICA IN('2','7','9') or BIO\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for biofeedback

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.169\_00.000

Instrument Variable Name: BIO\_HITS

Final Documentation Name: BIO\_HITS

**What is the total amount you paid for seeing a practitioner for biofeedback in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_HIT='1'

Description: Sample adults 18+ who know the amount they paid for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for biofeedback

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.170\_00.000

Instrument Variable Name: BIO\_AVGC

Final Documentation Name: BIO\_AVGC

**Do you know the average amount you paid for each visit for biofeedback {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for seeing a practitioner for biofeedback

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.171\_00.000

Instrument Variable Name: BIO\_AVGS

Final Documentation Name: BIO\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for biofeedback?**

Enter '0' if no cost or free

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback; out-of-pocket cost

Notes: None

Average amount paid out-of-pocket per visit for biofeedback

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.172\_00.000

Instrument Variable Name: BIO\_MAT

Final Documentation Name: BIO\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about biofeedback?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (BIO\_USEM ='1' or BIO\_USM ='1')

Description: Sample adults 18+ who have seen a practitioner for biofeedback in the past 12 months or who have used biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback; self-help materials

Notes: None

Bought self-help book or other materials to learn about biofeedback

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.173\_00.000

Instrument Variable Name: BIO\_MATC

Final Documentation Name: BIO\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and BIO\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for biofeedback in the past 12 months

Sources: None

Recodes: None

Keywords: biofeedback; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about biofeedback

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.183\_00.000

Instrument Variable Name: AYU\_USE

Final Documentation Name: AYU\_USE

? [F1]

**Have you EVER used any of these therapies for your health?****Ayurveda (eye-yur-VAY-duh)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Used ayurveda for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.184\_00.000

Instrument Variable Name: AYU\_EVER

Final Documentation Name: AYU\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for ayurveda for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_USE ='1'

Description: Sample adults 18+ who have ever used ayurveda

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Saw a practitioner for ayurveda, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.185\_00.000

Instrument Variable Name: AYU\_USEM

Final Documentation Name: AYU\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for ayurveda?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for ayurveda

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Saw a practitioner for ayurveda, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.186\_00.000

Instrument Variable Name: AYU\_USM

Final Documentation Name: AYU\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use ayurveda?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (AYU\_EVER IN('2','7','9') or AYU\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used ayurveda but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Used ayurveda, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.187\_00.000

Instrument Variable Name: AYU\_PTIM

Final Documentation Name: AYU\_PTIM

**Do you know the exact number of times you saw a practitioner for ayurveda in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Knows exact number of times saw a practitioner for ayurveda, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.188\_00.000

Instrument Variable Name: AYU\_TMNO

Final Documentation Name: AYU\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for ayurveda?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Exact number of times saw a practitioner for ayurveda, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.189\_00.000

Instrument Variable Name: AYU\_TMCT

Final Documentation Name: AYU\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for ayurveda? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for ayurveda in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: ayurveda

Notes: None

Approximate number of times saw a practitioner for ayurveda, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

Question ID: ALT.190\_00.000

Instrument Variable Name: AYU\_HIC

Final Documentation Name: AYU\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for ayurveda covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; health insurance coverage

Notes: None

Any cost of seeing practitioner for ayurveda was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.191\_00.000

Instrument Variable Name: AYU\_HICA

Final Documentation Name: AYU\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for ayurveda?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for ayurveda in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: ayurveda; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for ayurveda covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |

Question ID: ALT.192\_00.000

Instrument Variable Name: AYU\_HIT

Final Documentation Name: AYU\_HIT

**Do you know the total amount you paid for seeing a practitioner for ayurveda in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (AYU\_HICA IN('2','7','9') or AYU\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for ayurveda

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.193\_00.000

Instrument Variable Name: AYU\_HITS

Final Documentation Name: AYU\_HITS

**What is the total amount you paid for seeing a practitioner for ayurveda in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for ayurveda

00000-26000 \$0-26000

99997 Refused

99998 Not ascertained

99999 Don't know

Question ID: ALT.194\_00.000

Instrument Variable Name: AYU\_AVGC

Final Documentation Name: AYU\_AVGC

**Do you know the average amount you paid for each visit for ayurveda {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for ayurveda

1 Yes

2 No

7 Refused

8 Not ascertained

9 Don't know



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.195\_00.000

Instrument Variable Name: AYU\_AVGS

Final Documentation Name: AYU\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for ayurveda?****Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each ayurveda visit

000-500	\$0-500
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.196\_00.000

Instrument Variable Name: AYU\_MAT

Final Documentation Name: AYU\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about ayurveda?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; self-help materials

Notes: None

Bought self-help book or other materials to learn about ayurveda

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.197\_00.000

Instrument Variable Name: AYU\_MATC

Final Documentation Name: AYU\_MATC

**About how much did you pay for these materials in the past 12 months?****\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AYU\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for ayurveda in the past 12 months

Sources: None

Recodes: None

Keywords: ayurveda; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about ayurveda

000-200	\$0-200
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.207\_00.000

Instrument Variable Name: CHE\_USE

Final Documentation Name: CHE\_USE

**? [F1]****Have you EVER used any of these therapies for your health?****Chelation (key-LAY-shun) Therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

Used chelation therapy for health, ever

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.208\_00.000

Instrument Variable Name: CHE\_EVER

Final Documentation Name: CHE\_EVER

? [F1]

**Have you EVER seen a provider or practitioner for chelation therapy for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_USE ='1'

Description: Sample adults 18+ who have ever used chelation therapy

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

Saw a practitioner for chelation therapy, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**Question ID:** ALT.209\_00.000

Instrument Variable Name: CHE\_USEM

Final Documentation Name: CHE\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for chelation therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for chelation therapy

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

Saw a practitioner for chelation therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.210\_00.000

Instrument Variable Name: CHE\_USM

Final Documentation Name: CHE\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use chelation therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (CHE\_EVER IN('2','7','9') or CHE\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used chelation therapy but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

Used chelation therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.211\_00.000

Instrument Variable Name: CHE\_PTIM

Final Documentation Name: CHE\_PTIM

**Do you know the exact number of times you saw a practitioner for chelation therapy in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

Knows exact number of times saw a practitioner for chelation therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.212\_00.000

Instrument Variable Name: CHE\_TMNO

Final Documentation Name: CHE\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for chelation therapy?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for chelation therapy in the past 12 months

---

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

---

Exact number of times saw a practitioner for chelation therapy, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.213\_00.000

Instrument Variable Name: CHE\_TMCT

Final Documentation Name: CHE\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for chelation therapy? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for chelation therapy in the past 12 months or refuse the specific number of times

---

Sources: None

Recodes: None

Keywords: chelation therapy

Notes: None

---

Approximate number of times saw a practitioner for chelation therapy, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.214\_00.000

Instrument Variable Name: CHE\_HIC

Final Documentation Name: CHE\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for chelation therapy covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; health insurance coverage

Notes: None

Any cost of seeing practitioner for chelation therapy was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.215\_00.000

Instrument Variable Name: CHE\_HICA

Final Documentation Name: CHE\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for chelation therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for chelation therapy in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: chelation therapy; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for chelation therapy covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.216\_00.000

Instrument Variable Name: CHE\_HIT

Final Documentation Name: CHE\_HIT

**Do you know the total amount you paid for seeing a practitioner for chelation therapy in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (CHE\_HICA IN('2','7','9') or CHE\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for chelation therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.217\_00.000

Instrument Variable Name: CHE\_HITS

Final Documentation Name: CHE\_HITS

**What is the total amount you paid for seeing a practitioner for chelation therapy in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for chelation therapy

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.218\_00.000

Instrument Variable Name: CHE\_AVGC

Final Documentation Name: CHE\_AVGC

**Do you know the average amount you paid for each visit for chelation therapy {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for chelation therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.219\_00.000

Instrument Variable Name: CHE\_AVGS

Final Documentation Name: CHE\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for chelation therapy?**

**Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; out-of-pocket cost

Notes: None

Average amount paid out-of-pocket for each chelation therapy visit

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.220\_00.000

Instrument Variable Name: CHE\_MAT

Final Documentation Name: CHE\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about chelation therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; self-help materials

Notes: None

Bought self-help book or other materials to learn about chelation therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.221\_00.000

Instrument Variable Name: CHE\_MATC

Final Documentation Name: CHE\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CHE\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for chelation therapy in the past 12 months

Sources: None

Recodes: None

Keywords: chelation therapy; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about chelation therapy

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.231\_00.000

Instrument Variable Name: CST\_USE

Final Documentation Name: CST\_USE

? [F1]

Have you EVER used any of these therapies for your health?

## Craniosacral Therapy (krey-nee-oh-SEY-kruhl) ?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

Used craniosacral therapy for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.232\_00.000

Instrument Variable Name: CST\_EVER

Final Documentation Name: CST\_EVER

? [F1]

Have you EVER seen a provider or practitioner for craniosacral therapy for yourself?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_USE ='1'

Description: Sample adults 18+ who have ever used craniosacral therapy

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

Saw a practitioner for craniosacral therapy, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.233\_00.000

Instrument Variable Name: CST\_USEM

Final Documentation Name: CST\_USEM

?[F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for craniosacral therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_EVER = '1'

Description: Sample adults 18+ who have ever seen a practitioner for craniosacral therapy

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

Saw a practitioner for craniosacral therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.234\_00.000

Instrument Variable Name: CST\_USM

Final Documentation Name: CST\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use craniosacral therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (CST\_EVER IN('2','7','9') or CST\_USEM IN('2','7','9'))

Description: Sample adults 18+ who have ever used craniosacral therapy but have never seen a practitioner or have not seen one in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

Used craniosacral therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.235\_00.000

Instrument Variable Name: CST\_PTIM

Final Documentation Name: CST\_PTIM

**Do you know the exact number of times you saw a practitioner for craniosacral therapy in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

Knows exact number of times saw a practitioner for craniosacral therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.236\_00.000

Instrument Variable Name: CST\_TMNO

Final Documentation Name: CST\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for craniosacral therapy?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

Exact number of times saw a practitioner for craniosacral therapy, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.237\_00.000

Instrument Variable Name: CST\_TMCT

Final Documentation Name: CST\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for craniosacral therapy?**  
**Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for craniosacral therapy in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: craniosacral therapy

Notes: None

---

Approximate number of times saw a practitioner for craniosacral therapy, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.238\_00.000

Instrument Variable Name: CST\_HIC

Final Documentation Name: CST\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for craniosacral therapy covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for craniosacral therapy in the past 12 months

---

Sources: None

Recodes: None

Keywords: craniosacral therapy; health insurance coverage

Notes: None

---

Any cost of seeing practitioner for craniosacral therapy was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.239\_00.000

Instrument Variable Name: CST\_HICA

Final Documentation Name: CST\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for craniosacral therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for craniosacral therapy in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: craniosacral therapy; health insurance coverage

Notes: None

---

Portion of the cost of seeing practitioner for craniosacral therapy covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.240\_00.000

Instrument Variable Name: CST\_HIT

Final Documentation Name: CST\_HIT

**Do you know the total amount you paid for seeing a practitioner for craniosacral therapy in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (CST\_HICA IN('2','7','9') or CST\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for craniosacral therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.241\_00.000

Instrument Variable Name: CST\_HITS

Final Documentation Name: CST\_HITS

**What is the total amount you paid for seeing a practitioner for craniosacral therapy in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_HIT='1'

Description: Sample adults 18+ who know the amount they paid for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for craniosacral therapy

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.242\_00.000

Instrument Variable Name: CST\_AVGC

Final Documentation Name: CST\_AVGC

**Do you know the average amount you paid for each visit for craniosacral therapy {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for craniosacral therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.243\_00.000

Instrument Variable Name: CST\_AVGS

Final Documentation Name: CST\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for craniosacral therapy?**

Enter '0' if no cost or free

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each craniosacral therapy visit

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.244\_00.000

Instrument Variable Name: CST\_MAT

Final Documentation Name: CST\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about craniosacral therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy; self-help materials

Notes: None

Bought self-help book or other materials to learn about craniosacral therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.245\_00.000

Instrument Variable Name: CST\_MATC

Final Documentation Name: CST\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and CST\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for craniosacral therapy in the past 12 months

Sources: None

Recodes: None

Keywords: craniosacral therapy; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about craniosacral therapy

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.255\_00.000

Instrument Variable Name: TRD\_EVR

Final Documentation Name: TRD\_EVR

? [F1] (book) CAM1

**Have you EVER seen any of these traditional healers?****Native American Healer/Medicine Man****Shaman (SHAH-man)****Curandero (coo-rah-n-DEHR-oh), Machi (MAH-chee) or Parchero (pah-r-CHEH-roh)****Yerberero (yehr-BEHR-oh) or Hierbista (yehr-BEE-stah)****Sobador (so-bah-DOHR)****Huesero (weh-SEHR-oh)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

---

Sources: None

Recodes: None

Keywords: traditional healer

Notes: None

---

Ever seen a traditional healer

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.256\_01.000

Instrument Variable Name: TRDEV1-TRDEV6

Final Documentation Name: TRDEV1

? [F1] (book) CAM1

Which ones?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_EVR ='1'

Description: Sample adults 18+ who have ever seen one of the traditional healers from card ALT1

Sources: None

Recodes: None

Keywords: traditional healer; Native American healer/Medicine Man

Notes: None

Ever seen a Native American Healer or Medicine Man

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.256\_02.000

Instrument Variable Name: TRDEV1-TRDEV6

Final Documentation Name: TRDEV2

? [F1] (book) CAM1

Which ones?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_EVR ='1'

Description: Sample adults 18+ who have ever seen one of the traditional healers from card ALT1

Sources: None

Recodes: None

Keywords: traditional healer; Shaman

Notes: None

Ever seen a Shaman

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.256\_03.000

Instrument Variable Name: TRDEV1-TRDEV6

Final Documentation Name: TRDEV3

? [F1] (book) CAM1

Which ones?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_EVR ='1'

Description: Sample adults 18+ who have ever seen one of the traditional healers from card ALT1

Sources: None

Recodes: None

Keywords: traditional healer; Curandero; Parchero

Notes: None

Ever seen a Curandero or Parchero

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.256\_04.000

Instrument Variable Name: TRDEV1-TRDEV6

Final Documentation Name: TRDEV4

? [F1] (book) CAM1

Which ones?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_EVR ='1'

Description: Sample adults 18+ who have ever seen one of the traditional healers from card ALT1

Sources: None

Recodes: None

Keywords: traditional healer; Yerbero; Hierbista

Notes: None

Ever seen a Yerbero or Hierbista

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.256\_05.000

Instrument Variable Name: TRDEVR1-TRDEVR6

Final Documentation Name: TRDEVR5

? [F1] (book) CAM1

Which ones?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_EVR ='1'

Description: Sample adults 18+ who have ever seen one of the traditional healers from card ALT1

Sources: None

Recodes: None

Keywords: traditional healer; Sobador

Notes: None

Ever seen a Sobador

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.256\_06.000

Instrument Variable Name: TRDEVR1-TRDEVR6

Final Documentation Name: TRDEVR6

? [F1] (book) CAM1

Which ones?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_EVR ='1'

Description: Sample adults 18+ who have ever seen one of the traditional healers from card ALT1

Sources: None

Recodes: None

Keywords: traditional healer; Huesero

Notes: None

Ever seen a Huesero

- |   |                 |
|---|-----------------|
| 1 | Mentioned       |
| 2 | Not mentioned   |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.257\_00.000

Instrument Variable Name: TRDU\_NAH

Final Documentation Name: TRDU\_NAH

? [F1]

**DURING THE PAST 12 MONTHS, did you see...?****A Native American Healer or Medicine Man**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRDEV1 ='1'

Description: Sample adults 18+ who have ever seen a Native American Healer or Medicine Man

Sources: None

Recodes: None

Keywords: traditional healer; Native American healer/Medicine Man

Notes: None

Saw a Native American Healer or Medicine Man, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.258\_00.000

Instrument Variable Name: TRDU\_SHA

Final Documentation Name: TRDU\_SHA

? [F1]

**DURING THE PAST 12 MONTHS, did you see...?****A Shaman (SHAH-man)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRDEV2 ='1'

Description: Sample adults 18+ who have ever seen a Shaman

Sources: None

Recodes: None

Keywords: traditional healer; Shaman

Notes: None

Saw a Shaman, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.259\_00.000

Instrument Variable Name: TRDU\_CUR

Final Documentation Name: TRDU\_CUR

? [F1]

DURING THE PAST 12 MONTHS, did you see...?

A Curandero (coo-rahn-DEHR-oh), Machi (MAH-chee), or Parchero (pahr-CHEH-roh)

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRDEVR3 ='1'

Description: Sample adults 18+ who have ever seen a Curandero, Machi, or Parchero

Sources: None

Recodes: None

Keywords: traditional healer; Curandero; Parchero

Notes: None

Saw a Curandero or Parchero, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.260\_00.000

Instrument Variable Name: TRDU\_YER

Final Documentation Name: TRDU\_YER

? [F1]

DURING THE PAST 12 MONTHS, did you see...?

A Yerbero (yehr-BEH-rho) or Hierbista (yehr-BEE-stah)

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRDEVR4 ='1'

Description: Sample adults 18+ who have ever seen a Yerbero or Hierbista

Sources: None

Recodes: None

Keywords: traditional healer; Yerbero; Hierbista

Notes: None

Saw a Yerbero or Hierbista, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.261\_00.000

Instrument Variable Name: TRDU\_SOB

Final Documentation Name: TRDU\_SOB

? [F1]

**DURING THE PAST 12 MONTHS, did you see...?****A Sobador (so-bah-DOHR)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRDEVR5 ='1'

Description: Sample adults 18+ who have ever seen a Sobador

Sources: None

Recodes: None

Keywords: traditional healer; Sobador

Notes: None

Saw a Sobador, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.262\_00.000

Instrument Variable Name: TRDU\_HUE

Final Documentation Name: TRDU\_HUE

? [F1]

**DURING THE PAST 12 MONTHS, did you see...?****A Huesero (weh-SEHR-oh)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRDEVR6 ='1'

Description: Sample adults 18+ who have ever seen a Huesero

Sources: None

Recodes: None

Keywords: traditional healer; Huesero

Notes: None

Saw a Huesero, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.263\_00.000

Instrument Variable Name: TRD\_PTIM

Final Documentation Name: TRD\_PTIM

**Do you know the exact number of times you saw traditional healers in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TRDU\_NAH ='1' or TRDU\_SHA ='1' or TRDU\_CUR ='1' or TRDU\_YER ='1' or TRDU\_SOB ='1' or TRDU\_HUE ='1')

Description: Sample adults 18+ who have seen traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer

Notes: None

Knows exact number of times saw a traditional healer, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.264\_00.000

Instrument Variable Name: TRD\_TMNO

Final Documentation Name: TRD\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see traditional healers?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer

Notes: None

Exact number of times saw a traditional healer, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.265\_00.000

Instrument Variable Name: TRD\_TMCT

Final Documentation Name: TRD\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see traditional healers? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen traditional healers in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: traditional healer

Notes: None

Approximate number of times saw a traditional healer, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

Question ID: ALT.266\_00.000

Instrument Variable Name: TRD\_HIC

Final Documentation Name: TRD\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing traditional healers covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TRDU\_NAH ='1' or TRDU\_SHA ='1' or TRDU\_CUR ='1' or TRDU\_YER ='1' or TRDU\_SOB ='1' or TRDU\_HUE ='1')

Description: Sample adults 18+ who have seen traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; health insurance coverage

Notes: None

Any cost of seeing traditional healer was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.267\_00.000

Instrument Variable Name: TRD\_HICA

Final Documentation Name: TRD\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing traditional healers?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to traditional healers in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: traditional healer; health insurance coverage

Notes: None

Portion of the cost of seeing traditional healer covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |

Question ID: ALT.268\_00.000

Instrument Variable Name: TRD\_HIT

Final Documentation Name: TRD\_HIT

**Do you know the total amount you paid for seeing traditional healers in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TRD\_HICA IN(2,'7','9') or TRD\_HIC IN(2,'7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a traditional healer

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.269\_00.000

Instrument Variable Name: TRD\_HITS

Final Documentation Name: TRD\_HITS

**What is the total amount you paid for seeing traditional healers in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a traditional healer

00000-26000 \$0-26000

99997 Refused

99998 Not ascertained

99999 Don't know

Question ID: ALT.270\_00.000

Instrument Variable Name: TRD\_AVGC

Final Documentation Name: TRD\_AVGC

**Do you know the average amount you paid for each visit to traditional healers {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit to traditional healer

1 Yes

2 No

7 Refused

8 Not ascertained

9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.271\_00.000

Instrument Variable Name: TRD\_AVGS

Final Documentation Name: TRD\_AVGS

**On average, how much did you pay out-of-pocket for each visit to traditional healers?****Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each traditional healer visit

000-500	\$0-500
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.272\_00.000

Instrument Variable Name: TRD\_MAT

Final Documentation Name: TRD\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about traditional healers?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TRDU\_NAH ='1' or TRDU\_SHA ='1' or TRDU\_CUR ='1' or TRDU\_YER ='1' or TRDU\_SOB ='1' or TRDU\_HUE ='1')

Description: Sample adults 18+ who have seen traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; self-help materials

Notes: None

Bought self-help book or other materials to learn about traditional healers

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.273\_00.000

Instrument Variable Name: TRD\_MATC

Final Documentation Name: TRD\_MATC

About how much did you pay for these materials in the past 12 months?

\*Enter '200' for \$200 or more.

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and TRD\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for traditional healers in the past 12 months

Sources: None

Recodes: None

Keywords: traditional healer; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about traditional healers

000-200	\$0-200
997	Refused
998	Not ascertained
999	Don't know

Question ID: ALT.283\_00.000

Instrument Variable Name: AVT\_USE

Final Documentation Name: AVT\_USE

? [F1]

Now I am going to ask you about some additional health practices. The first practice I'll ask about is vitamins and minerals. These are pills, capsules, tablets, or liquids that have been labeled as a VITAMIN OR MINERAL SUPPLEMENT. I'll ask about herbs or other non-vitamin supplements next.

Have you EVER taken multi-vitamins or multi-minerals?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

Ever taken multi-vitamins or multi-minerals

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

**Question ID:** ALT.284\_00.000

Instrument Variable Name: AVT\_USM

Final Documentation Name: AVT\_USM

**DURING THE PAST 12 MONTHS, did you take multi-vitamins or multi-minerals?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AVT\_USE ='1'

Description: Sample adults 18+ who have ever taken multi-vitamins or multi-minerals

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

Taken multi-vitamins or multi-minerals in past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.285\_00.000

Instrument Variable Name: AVT\_ABEV

Final Documentation Name: AVT\_ABEV

**{fill1: Other than in a multi-vitamin or mineral have/Have} you EVER taken vitamins A,B,C,D,E,H, or K?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

Ever taken vitamins A, B, C, D, E, H, or K

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.286\_00.000

Instrument Variable Name: AVT\_ABUM

Final Documentation Name: AVT\_ABUM

**DURING THE PAST 12 MONTHS, did you take vitamins A,B,C,D,E,H, or K?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AVT\_ABEV ='1'

Description: Sample adults 18+ who have ever taken vitamins A,B,C,D,E,H, or K

---

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

---

Taken vitamins A,B,C,D,E,H, or K in past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.287\_00.000

Instrument Variable Name: AVT\_CAEV

Final Documentation Name: AVT\_CAEV

**[fill1: Other than in a multi-vitamin or mineral] Have you EVER taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

---

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

---

Ever taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.288\_00.000

Instrument Variable Name: AVT\_CAUM

Final Documentation Name: AVT\_CAUM

**DURING THE PAST 12 MONTHS, did you take calcium, magnesium, iron, chromium, zinc, selenium, or potassium?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AVT\_CAEV ='1'

Description: Sample adults 18+ who have taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

Taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium in past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.298\_00.000

Instrument Variable Name: AHB\_EVR

Final Documentation Name: AHB\_EVR

**? [F1] (book) CAM2**

**Herbs or other non-vitamin supplements are pills, capsules, tablets, or liquids that have been labeled as a DIETARY SUPPLEMENT. This does NOT include vitamin or mineral supplements, homeopathic treatments, or drinking herbal or green teas.**

**Have you EVER taken any herbal or other non-vitamin supplements listed on this card for yourself?****\*Tinctures are included.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Ever taken any herbal or other non-vitamin supplements

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.299\_00.000

Instrument Variable Name: AHB\_USM

Final Documentation Name: AHB\_USM

**? [F1] (book) CAM2****DURING THE PAST 12 MONTHS, have you taken any herbal or other non-vitamin supplements listed on this card for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_EVR ='1'

Description: Sample adults 18+ who have ever taken herbs or other non-vitamin supplements

---

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

---

Taken any herbal or other non-vitamin supplements in past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.300\_LIST

Instrument Variable Name: AHBLST01-AHBLST22

Final Documentation Name: AHBLTLST

? [F1] (book) CAM2

Please tell me which of these supplements you have taken DURING THE PAST 12 MONTHS? If you took more than one herb in a single supplement, select "combination herb pill."

\*Enter all that apply, separate with commas.

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_USM ='1'

Description: Sample adults 18+ who have taken herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Herbal or non-vitamin supplements that have been taken during past 12 months

AHBLST01	Combination herb pill
AHBLST02	Acai pills or gelpcaps
AHBLST03	Bee pollen (or other bee products)
AHBLST04	Chondroitin
AHBLST05	Co-enzyme Q10 (CoQ10)
AHBLST06	Cranberry pills or capsules
AHBLST07	Digestive enzymes (lactaid)
AHBLST08	Echinacea
AHBLST09	Fish oil (or omega 3, DHA, or EPA fatty acid)
AHBLST10	Garlic supplements
AHBLST11	Ginkgo Biloba
AHBLST12	Ginseng
AHBLST13	Glucosamine
AHBLST14	Green tea pills or EGCG pills
AHBLST15	Melatonin
AHBLST16	Milk thistle (silymarin)
AHBLST17	MSM (Methylsulfonylmethane)
AHBLST18	Probiotics or prebiotics
AHBLST19	SAM-e
AHBLST20	Saw palmetto
AHBLST21	Valerian
AHBLST22	Other herbs or non-vitamin supplements

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.301\_00.000

Instrument Variable Name: AHB\_MON

Final Documentation Name: AHB\_MON

**(book) CAM2****Did you take any of these DURING THE PAST 30 DAYS?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (AHB\_LSTY ne '' or AHB\_LSTY in ('97','99'))

Description: Sample adults 18+ who have taken specific herbs or other non-vitamin supplements in the past 12 months

---

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

---

Has taken any specific herbs or other non-vitamin supplements in past 30 days

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.302\_LIST

Instrument Variable Name: AHBLSM01-AHBLSM22

Final Documentation Name: AHBLMLST

(book) CAM2

Which of these supplements have you taken DURING THE PAST 30 DAYS? If you took more than one herb in a single supplement, select "combination herb pill."

\*Enter all that apply, separate with commas.

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_MON ='1'

Description: Sample adults 18+ who have taken herbs or other non-vitamin supplements in the past 30 days

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Taken herbs or other non-vitamin supplements, past 30 days

AHBLSM01	Combination herb pill
AHBLSM02	Acai pills or gelpills
AHBLSM03	Bee pollen (or other bee products)
AHBLSM04	Chondroitin
AHBLSM05	Co-enzyme Q10 (CoQ10)
AHBLSM06	Cranberry pills or capsules
AHBLSM07	Digestive enzymes (lactaid)
AHBLSM08	Echinacea
AHBLSM09	Fish oil (or omega 3, DHA, or EPA fatty acid)
AHBLSM10	Garlic supplements
AHBLSM11	Ginkgo Biloba
AHBLSM12	Ginseng
AHBLSM13	Glucosamine
AHBLSM14	Green tea pills or EGCG pills
AHBLSM15	Melatonin
AHBLSM16	Milk thistle (silymarin)
AHBLSM17	MSM (Methylsulfonylmethane)
AHBLSM18	Probiotics or prebiotics
AHBLSM19	SAM-e
AHBLSM20	Saw palmetto
AHBLSM21	Valerian
AHBLSM22	Other herbs or non-vitamin supplements

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.303\_00.000

Instrument Variable Name: AHB\_CHPN

Final Documentation Name: AHB\_CHPN

**How many different "combination herb pills" did you take?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHBLSM01 ='1'

Description: Sample adults 18+ who have taken a combination herb pill in the past 30 days

---

Sources: None

Recodes: None

Keywords: combination herb pills

Notes: None

---

Number of different combination herb pills taken

01-50	1-50
97	Refused
98	Not ascertained
99	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.304\_LIST

Instrument Variable Name: AHBCP102-AHBCP122

Final Documentation Name: AHBP1LST

(book) CAM2

If AHB\_CHPN=R,D, fill:

{Which herbs or other non-vitamin supplements are included in the combination herb pill or pills?}

If AHB\_CHPN=1 fill:

{Which herbs or other non-vitamin supplements are included in the combination herb pill?}

Else if AHB\_CHPN=2 fill:

{Which herbs or other non-vitamin supplements are included in the first combination herb pill?}

Else if AHB\_CHPN=3-50, fill:

{Thinking of the two combination herb pills you take most often, what herbs or other non-vitamin supplements are included in the first combination herb pill?}

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=AHB\_CHPN &lt;='50')

Description: Sample adults 18+ who have taken a select number of combination herb pill(s) in the past 30 days

Sources: None

Recodes: None

Keywords: combination herb pills

Notes: The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Herbs included in the first combination herb pill

AHBCP102	Acai pills or gels
AHBCP103	Bee pollen (or other bee products)
AHBCP104	Chondroitin
AHBCP105	Co-enzyme Q10 (CoQ10)
AHBCP106	Cranberry pills or capsules
AHBCP107	Digestive enzymes (lactaid)
AHBCP108	Echinacea
AHBCP109	Fish oil (or omega 3, DHA, or EPA fatty acid)
AHBCP110	Garlic supplements
AHBCP111	Ginkgo Biloba
AHBCP112	Ginseng
AHBCP113	Glucosamine
AHBCP114	Green tea pills or EGCG pills
AHBCP115	Melatonin
AHBCP116	Milk thistle (silymarin)
AHBCP117	MSM (Methylsulfonylmethane)
AHBCP118	Probiotics or prebiotics



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AHBCP119	SAM-e
AHBCP120	Saw palmetto
AHBCP121	Valerian
AHBCP122	Other herbs or non-vitamin supplements

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Question ID: ALT.305\_LIST

Instrument Variable Name: AHBCP202-AHBCP222

Final Documentation Name: AHBP2LST

(book) CAM2

If AHB\_CHPN=2, fill:

{Which herbs or other non-vitamin supplements are included in the second combination herb pill?}

Else if AHB\_CHPN=3-50, fill:

{Thinking of the two combination herb pills you take most often, what herbs or other non-vitamin supplements are included in the second combination herb pill?}

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_CHPN GE '2'

Description: Sample adults 18+ who have taken two or more combination herb pills

Sources: None

Recodes: None

Keywords: combination herb pills

Notes: The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Herbs or other non-vitamin supplements included in the second combination herb pill

AHBCP202	Acai pills or gelpcaps
AHBCP203	Bee pollen (or other bee products)
AHBCP204	Chondroitin
AHBCP205	Co-enzyme Q10 (CoQ10)
AHBCP206	Cranberry pills or capsules
AHBCP207	Digestive enzymes (lactaid)
AHBCP208	Echinacea
AHBCP209	Fish oil (or omega 3, DHA, or EPA fatty acid)
AHBCP210	Garlic supplements
AHBCP211	Ginkgo Biloba
AHBCP212	Ginseng
AHBCP213	Glucosamine
AHBCP214	Green tea pills or EGCG pills
AHBCP215	Melatonin
AHBCP216	Milk thistle (silymarin)
AHBCP217	MSM (Methylsulfonylmethane)
AHBCP218	Probiotics or prebiotics
AHBCP219	SAM-e
AHBCP220	Saw palmetto
AHBCP221	Valerian
AHBCP222	Other herbs or non-vitamin supplements

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**Question ID:** ALT.306\_00.000

Instrument Variable Name: AHB\_MOTH

Final Documentation Name: AHB\_MOTH

**How many of these other herbs or non-vitamin supplements have you taken in the past 30 days?****\*Enter '50' for 50 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHBLSM22 ='1'

Description: Sample adults 18+ who have taken other type of herb or non-vitamin supplement

---

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

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Number of other herbs or non-vitamin supplements taken, past 30 days

01-50	1-50
97	Refused
98	Not ascertained
99	Don't know

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## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.307\_01.000

Instrument Variable Name: AHB\_LU1C

Final Documentation Name: AHB\_LU1C

{fill1: Please give me the name of the other herb or other non-vitamin supplement you took in the past 30 days./Please give me the names of the two most important herbs or other non-vitamin supplements you took in the past 30 days.}

\*Enter the name of the first herb/non-vitamin supplement to locate in the look-up table.

\*Enter 'ZZ' if herb/non-vitamin supplement not found.

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'<=AHB\_MOTH <='50')

Description: Sample adults 18+ who have taken a specific number of other herbs or non-vitamin supplements

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Name of the first herb or non-vitamin supplement taken, past 30 days

- |     |   |
|-----|---|
| 001 | 5 HTP (5-Hydroxytryptophan)                 |
| 002 | Achillea (AKA Yarrowa)                      |
| 003 | Aloe Vera                                   |
| 004 | Angelica (AKA Dang Gui or Dong Quai)        |
| 005 | Androstenedione                             |
| 006 | Ashwagandha                                 |
| 007 | Astragalus (AKA Huang Qi)                   |
| 008 | Ayurvedic herbs                             |
| 009 | Bearberry (AKA Uva Ursi)                    |
| 010 | Bilberry                                    |
| 011 | Bitter Gourd (AKA Bitter Melon)             |
| 012 | Bitter Melon (AKA Bitter Gourd)             |
| 013 | Black cohosh                                |
| 014 | Black Mulberry berry or leaf (AKA Mulberry) |
| 015 | Blackroot                                   |
| 016 | Buckthorn                                   |
| 017 | Butterbur                                   |
| 018 | Cactus                                      |
| 019 | Carnitine                                   |
| 020 | Cascara sagrada                             |
| 021 | Cassia senna (AKA Senna)                    |
| 022 | Cat's Claw                                  |
| 023 | Cayenne                                     |
| 024 | Chasteberry (AKA Vitex)                     |
| 025 | Common Rue (AKA Rue or Ruta graveolens)     |
| 026 | Curcumin (AKA Turmeric)                     |
| 027 | Conjugated Linolenic Acid (CLA)             |
| 028 | Crataegus (AKA Hawthorn or Thornapple)      |

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029	Creatine
030	Dandelion
031	Dang Gui (AKA Angelica or Dong Quai)
032	Devil's Claw
033	DHEA (Dehydroepiandrosterone)
034	Dong Quai (AKA Angelica or Dang Gui)
035	Elderberry
036	Enzymes
037	Ephedra
038	Evening primrose oil
039	Feverfew
040	Fiber or Psyllium (pills or powder)
041	Flaxseed (Oil or Ground) in pill or capsule
042	Fenugreek
043	Garcinia (AKA Goat's Thorn)
044	Ginger pills or gels
045	Goat's Thorn (AKA Garcinia)
046	Goji Berry in pills or capsules
047	Goldenseal (AKA Hydrastis)
048	Guarana
049	Grape Seed Extract
050	Hawthorn (AKA Crataegus or Thornapple)
051	Horehound
052	Horse chestnut
053	Horny Goat Weed
054	Huang Qi (AKA Astragalus)
055	Hypericum (AKA St. John's Wort)
056	Jin Bu Huan
057	Kava kava
058	Lavender tinctures or capsules (not oil)
059	Ligustrum (AKA Osha)
060	Linden flower (AKA Tilia)
061	Lecithin
062	Licorice root in pill or capsule
063	Lutein
064	Lycopene
065	Maca
066	Mulberry berry or leaf (AKA Black Mulberry)
067	Noni juice or extract in capsules or pills
068	Olive Leaf extract
069	Oregano in pill or capsule
070	Osha (AKA Ligustrum)
071	Pau d'arco
072	Peppermint oil capsule
073	Phyto estrogens
074	Pine bark extract (AKA Pycnogenol)

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075	Puncture vine (AKA Tribulus terrestris)
076	Pycnogenol (AKA Pine bark extract)
077	Rasyana herbs
078	Red yeast rice in pill or capsule
079	Rhodiola (AKA Roseroot)
080	Rose hips in pill or capsule
081	Roseroot (AKA Rhodiola)
082	Rue (AKA Common Rue or Ruta graveolens)
083	Ruta graveolens (AKA Common Rue or Rue)
084	Senna (AKA Cassica senna)
085	Siberian Ginseng (AKA Eleuthero, not a true Ginseng)
086	Slippery elm (AKA Ulmus)
087	Soy supplements or soy isoflavones
088	St. John's wort (AKA Hypericum)
089	Stevia
090	Thornapple (AKA Crataegus or Hawthorn)
091	Tilia (AKA Linden flower)
092	Tribulus Terrestris (AKA Puncture vine)
093	Turmeric (Curcumin)
094	Ulmus (AKA Slippery elm)
095	Uva Ursi (AKA Bearberry)
096	Vitex (AKA Chasteberry)
097	Yarrow (AKA Achillea)
098	Yohimbe or Yohimbine
099	Supplement not found
997	Refused
998	Not ascertained
999	Don't know

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.308\_01.000

Instrument Variable Name: AHB\_LU2C

Final Documentation Name: AHB\_LU2C

**\*Enter the second most important other herb/non-vitamin supplement as reported by the respondent****\*Enter 'ZZ' if herb/non-vitamin supplement not found.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_MOTH GE '02'

Description: Sample adults 18+ who have taken two or more other herbs or non-vitamin supplements

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Name of the second herb or non-vitamin supplement taken, past 30 days

- 001 5 HTP (5-Hydroxytryptophan)
- 002 Achillea (AKA Yarrowa)
- 003 Aloe Vera
- 004 Angelica (AKA Dang Gui or Dong Quai)
- 005 Androstenedione
- 006 Ashwagandha
- 007 Astragalus (AKA Huang Qi)
- 008 Ayurvedic herbs
- 009 Bearberry (AKA Uva Ursi)
- 010 Bilberry
- 011 Bitter Gourd (AKA Bitter Melon)
- 012 Bitter Melon (AKA Bitter Gourd)
- 013 Black cohosh
- 014 Black Mulberry berry or leaf (AKA Mulberry)
- 015 Blackroot
- 016 Buckthorn
- 017 Butterbur
- 018 Cactus
- 019 Carnitine
- 020 Cascara sagrada
- 021 Cassia senna (AKA Senna)
- 022 Cat's Claw
- 023 Cayenne
- 024 Chasteberry (AKA Vitex)
- 025 Common Rue (AKA Rue or Ruta graveolens)
- 026 Curcumin (AKA Turmeric)
- 027 Conjugated Linolenic Acid (CLA)
- 028 Crataegus (AKA Hawthorn or Thornapple)
- 029 Creatine
- 030 Dandelion
- 031 Dang Gui (AKA Angelica or Dong Quai)

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032	Devil's Claw
033	DHEA (Dehydroepiandrosterone)
034	Dong Quai (AKA Angelica or Dang Gui)
035	Elderberry
036	Enzymes
037	Ephedra
038	Evening primrose oil
039	Feverfew
040	Fiber or Psyllium (pills or powder)
041	Flaxseed (Oil or Ground) in pill or capsule
042	Fenugreek
043	Garcinia (AKA Goat's Thorn)
044	Ginger pills or gels
045	Goat's Thorn (AKA Garcinia)
046	Goji Berry in pills or capsules
047	Goldenseal (AKA Hydrastis)
048	Guarana
049	Grape Seed Extract
050	Hawthorn (AKA Crataegus or Thornapple)
051	Horehound
052	Horse chestnut
053	Horny Goat Weed
054	Huang Qi (AKA Astragalus)
055	Hypericum (AKA St. Johns Wort)
056	Jin Bu Huan
057	Kava kava
058	Lavender tinctures or capsules (not oil)
059	Ligustrum (AKA Osha)
060	Linden flower (AKA Tilia)
061	Lecithin
062	Licorice root in pill or capsule
063	Lutein
064	Lycopene
065	Maca
066	Mulberry berry or leaf (AKA Black Mulberry)
067	Noni juice or extract in capsules or pills
068	Olive Leaf extract
069	Oregano in pill or capsule
070	Osha (AKA Ligustrum)
071	Pau d'arco
072	Peppermint oil capsule
073	Phyto estrogens
074	Pine bark extract (AKA Pycnogenol)
075	Puncture vine (AKA Tribulus terrestris)
076	Pycnogenol (AKA Pine bark extract)
077	Raspberry herbs

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078	Red yeast rice in pill or capsule
079	Rhodiola (AKA Roseroot)
080	Rose hips in pill or capsule
081	Roseroot (AKA Rhodiola)
082	Rue (AKA Common Rue or Ruta graveolens)
083	Ruta graveolens (AKA Common Rue or Rue)
084	Senna (AKA Cassia senna)
085	Siberian Ginseng (AKA Eleuthero, not a true Ginseng)
086	Slippery elm (AKA Ulmus)
087	Soy supplements or soy isoflavones
088	St. John's wort (AKA Hypericum)
089	Stevia
090	Thornapple (AKA Crataegus or Hawthorn)
091	Tilia (AKA Linden flower)
092	Tribulus Terrestris (AKA Puncture vine)
093	Turmeric (Curcumin)
094	Ulmus (AKA Slippery elm)
095	Uva Ursi (AKA Bearberry)
096	Vitex (AKA Chasteberry)
097	Yarrow (AKA Achillea)
098	Yohimbe or Yohimbine
099	Supplement not found
997	Refused
998	Not ascertained
999	Don't know

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.310\_00.000

Instrument Variable Name: AHB\_TP21

Final Documentation Name: AHB\_TP21

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_CNT ge '001'

Description: Sample adults 18+ who have a value in AHB\_TP2 for first herb taken

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

First of the top two herbal supplements taken most often

- 01 Combination herb pill
- 02 Acai (pills, gelcaps)
- 03 Bee Pollen and other Bee products
- 04 Chondroitin
- 05 Co-enzyme Q10 (CoQ10)
- 06 Cranberry (pills or capsules)
- 07 Digestive Enzymes (lactaid)
- 08 Echinacea
- 09 Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
- 10 Garlic supplements (pills, gelcaps)
- 11 Ginkgo Biloba
- 12 Ginseng
- 13 Glucosamine
- 14 Green tea pills (not brewed tea) or EGCG (pills)
- 15 Melatonin
- 16 Milk Thistle (silymarin)
- 17 MSM (Methylsulfonylmethane)
- 18 Probiotics or Prebiotics
- 19 SAM-e
- 20 Saw Palmetto
- 21 Valerian
- 22 Second combination herb pill
- 23 {First herb from lookup table or other specify lookup}
- 24 {Second herb from lookup table or other specify lookup}
- 97 Refused
- 98 Not ascertained
- 99 Don't know

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Instrument Variable Name: AHB\_TP22

Final Documentation Name: AHB\_TP22

Universe: ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_CNT ge '002'

Description: Sample adults 18+ who have a value in AHB\_TP2 for second herb taken

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Second of the top two herbal supplements taken most often

- 01 Combination herb pill
- 02 Acai (pills, gelcaps)
- 03 Bee Pollen and other Bee products
- 04 Chondroitin
- 05 Co-enzyme Q10 (CoQ10)
- 06 Cranberry (pills or capsules)
- 07 Digestive Enzymes (lactaid)
- 08 Echinacea
- 09 Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
- 10 Garlic supplements (pills, gelcaps)
- 11 Ginkgo Biloba
- 12 Ginseng
- 13 Glucosamine
- 14 Green tea pills (not brewed tea) or EGCG (pills)
- 15 Melatonin
- 16 Milk Thistle (silymarin)
- 17 MSM (Methylsulfonylmethane)
- 18 Probiotics or Prebiotics
- 19 SAM-e
- 20 Saw Palmetto
- 21 Valerian
- 22 Second combination herb pill
- 23 {First herb from lookup table or other specify lookup}
- 24 {Second herb from lookup table or other specify lookup}
- 97 Refused
- 98 Not ascertained
- 99 Don't know

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**Question ID:** ALT.312\_00.000

Instrument Variable Name: AHB\_EVR1

Final Documentation Name: AHB\_EVR1

? [F1]

**Have you EVER seen a practitioner for herbs or other non-vitamin supplements?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_USM ='1'

Description: Sample adults 18+ who have ever taken herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Ever seen a practitioner for herbs or other non-vitamin supplements

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**Question ID:** ALT.313\_00.000

Instrument Variable Name: AHB\_USE1

Final Documentation Name: AHB\_USE1

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for herbs or other non-vitamin supplements?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_EVR1 ='1'

Description: Sample adults 18+ who have seen a practitioner for herbs or other non-vitamin supplements

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Saw a practitioner for herbs or other non-vitamin supplements, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Question ID: ALT.314\_00.000

Instrument Variable Name: AVT\_BOFN

Final Documentation Name: AVT\_BOFN

1 of 2

Now I am going to ask you about how much you spend on {fill1: vitamins and minerals./vitamins and minerals, and herbs or other non-vitamin supplements. First I will ask about vitamins and minerals and then about herbs or other non-vitamin supplements.}

About how many times per week, month, or year do you buy vitamins and minerals?

**\*Enter number.**

**\*Enter '0' if respondent does not buy vitamins or minerals.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AVT\_USM ='1'

Description: Sample adults 18+ who have taken vitamins or minerals in the past year

---

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

---

Number of times per week, month, or year bought vitamins and minerals

000-995	0-995
997	Refused
998	Not ascertained
999	Don't know

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Document Version Date: 11-Jun-13

Question ID: ALT.315\_00.000

Instrument Variable Name: AVT\_BOFT

Final Documentation Name: AVT\_BOFT

2 of 2

**\*Enter time period for how often vitamins and minerals are bought.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (('000' <= AVT\_BOFN <='995') or AVT\_BOFN IN ('997','999'))

Description: Sample adults 18+ who gave a number for how many times vitamins and minerals were purchased

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

Time period for how often vitamins and minerals were bought

0	Never/none
1	Week
2	Month
3	Year
7	Refused
8	Not ascertained
9	Don't know

Question ID: ALT.316\_00.000

Instrument Variable Name: AVT\_CST1

Final Documentation Name: AVT\_CST1

**About how much did you spend the last time you bought vitamins or minerals?****\*Enter '0' for none.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (AVT\_BOFN = '999' OR AVT\_BOFN not in ('0','000','997'))

Description: Sample adults 18+ who have purchased vitamins in the past year a specific number of times or who don't know the number of times

Sources: None

Recodes: None

Keywords: vitamins; minerals

Notes: None

Approximate cost paid for last purchase of vitamins or minerals

0000-1000	\$0-1000
9997	Refused
9998	Not ascertained
9999	Don't know

---

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**Question ID:** ALT.317\_00.000

Instrument Variable Name: AHB\_BOFN

Final Documentation Name: AHB\_BOFN

1 of 2

Now I am going to ask you about how much you spend on herbs or other non-vitamin supplements.

About how many times per week, month, or year do you buy herbs or other non-vitamin supplements?

**\*Enter number.**

**\*Enter '0' if respondent does not buy herbs or non-vitamin supplements.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_USM ='1'

Description: Sample adults 18+ who have taken herbs or other non-vitamin supplements in the past year

---

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

---

Number of times per week, month, or year bought herbs or other non-vitamin supplements

000-995	\$0-995
997	Refused
998	Not ascertained
999	Don't know

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Document Version Date: 11-Jun-13

Question ID: ALT.318\_00.000

Instrument Variable Name: AHB\_BOFT

Final Documentation Name: AHB\_BOFT

2 of 2

**\*Enter time period for how often herbs and other non-vitamin supplements are bought.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (('000' <= AHB\_BOFN <='995') or AHB\_BOFN IN ('997','999'))

Description: Sample adults 18+ who gave a number for how many times herbs or other non-vitamin supplements were purchased

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Time period for how often herbs or other non-vitamin supplements were bought

- |   |                 |
|---|-----------------|
| 0 | Never/none      |
| 1 | Week            |
| 2 | Month           |
| 3 | Year            |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.319\_00.000

Instrument Variable Name: AHB\_CST1

Final Documentation Name: AHB\_CST1

**About how much did you spend the last time you bought herbs or other non-vitamin supplements?****\*Enter '0' for none.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (AHB\_BOFN = '999' OR AHB\_BOFN not in ('0','000','997'))

Description: Sample adults 18+ who have purchased herbs or other non-vitamin supplements in the past year a specific number of times or who don't know the number of times

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Approximate cost paid for last purchase of vitamins or minerals

- |           |                 |
|-----------|-----------------|
| 0000-1000 | \$0-1000        |
| 9997      | Refused         |
| 9998      | Not ascertained |
| 9999      | Don't know      |



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## Adult Alternative Medicine

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## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.320\_00.000

Instrument Variable Name: AHB\_PTIM

Final Documentation Name: AHB\_PTIM

**Do you know the exact number of times you saw a practitioner for herbs or other non-vitamin supplements in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_USE1 ='1' and (('0000' <= AHB\_CST1 <='1000') or AHB\_CST1 IN('997', '999'))

Description: Sample adults 18+ who have seen a practitioner for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Knows exact number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.321\_00.000

Instrument Variable Name: AHB\_TMNO

Final Documentation Name: AHB\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for herbs or other non-vitamin supplements?**

**\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

Exact number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

---

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**Question ID:** ALT.322\_00.000

Instrument Variable Name: AHB\_TMCT

Final Documentation Name: AHB\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for herbs or other non-vitamin supplements? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for herbs or other non-vitamin supplements in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements

Notes: None

---

Approximate number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.323\_00.000

Instrument Variable Name: AHB\_HIC

Final Documentation Name: AHB\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for herbs or other non-vitamin supplements covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_USE1 ='1'

Description: Sample adults 18+ who have seen a practitioner for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; health insurance coverage

Notes: None

Any cost of seeing a practitioner for herbs or other non-vitamin supplements was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**Question ID:** ALT.324\_00.000

Instrument Variable Name: AHB\_HICA

Final Documentation Name: AHB\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for herbs or other non-vitamin supplements?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for herbs or other non-vitamin supplements in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for herbs or other non-vitamin supplements covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.325\_00.000

Instrument Variable Name: AHB\_HIT

Final Documentation Name: AHB\_HIT

**Do you know the total amount you paid for seeing a practitioner for herbs or other non-vitamin supplements in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (AHB\_HICA IN('2','7','9') or AHB\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for herbs or other non-vitamin supplements

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.326\_00.000

Instrument Variable Name: AHB\_HITS

Final Documentation Name: AHB\_HITS

**What is the total amount you paid for seeing a practitioner for herbs or other non-vitamin supplements in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for herbs or other non-vitamin supplements

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.327\_00.000

Instrument Variable Name: AHB\_AVGC

Final Documentation Name: AHB\_AVGC

**Do you know the average amount you paid for each visit for herbs or other non-vitamin supplements {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for herbs or other non-vitamin supplements

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.328\_00.000

Instrument Variable Name: AHB\_AVGS

Final Documentation Name: AHB\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for herbs or other non-vitamin supplements?**

Enter '0' if no cost or free

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each visit for herbs or other non-vitamin supplements

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.329\_00.000

Instrument Variable Name: AHB\_MAT

Final Documentation Name: AHB\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about herbs or other non-vitamin supplements?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_USM ='1'

Description: Sample adults 18+ who have used herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; self-help materials

Notes: None

Bought self-help book or other materials to learn about herbs or other non-vitamin supplements

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.330\_00.000

Instrument Variable Name: AHB\_MATC

Final Documentation Name: AHB\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and AHB\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for herbs or other non-vitamin supplements in the past 12 months

Sources: None

Recodes: None

Keywords: herbal or non-vitamin supplements; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about herbs or other non-vitamin supplements

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

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Question ID: ALT.340\_00.000

Instrument Variable Name: HOM\_USE

Final Documentation Name: HOM\_USE

? [F1]

People who use homeopathy (ho-mee-AH-puh-thee) to treat health problems take small pills or drops that are often placed under the tongue. They may be labeled as homeopathic remedies or medicine and they may be prescribed by practitioners of homeopathy.

**Have you EVER used homeopathic treatment for your health?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

Used homeopathy for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.341\_00.000

Instrument Variable Name: HOM\_USM

Final Documentation Name: HOM\_USM

? [F1]

**DURING THE PAST 12 MONTHS, did you use homeopathic treatment for your health?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_USE ='1'

Description: Sample adults 18+ who have ever used homeopathic treatment

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

Used homeopathy for health, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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Question ID: ALT.342\_00.000

Instrument Variable Name: HOM\_OFTN

Final Documentation Name: HOM\_OFTN

1 of 2

About how many times per week, month, or year do you buy homeopathic medicine?

\* Enter number.

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_USM ='1'

Description: Sample adults 18+ who have used homeopathic treatment in the past 12 months

---

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

---

Number of times per week, month, or year bought homeopathic medicine

000-995	0-995
997	Refused
998	Not ascertained
999	Don't know



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**Question ID:** ALT.343\_00.000

Instrument Variable Name: HOM\_OFTT

Final Documentation Name: HOM\_OFTT

2 of 2

**\*Enter time period for how often homeopathic medicine purchased****\* Read if necessary:****About how many times per week, month, or year do you buy homeopathic medicine?****\*Read categories if necessary**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('001' &lt;= HOM\_OFTN &lt;='995')

Description: Sample adults 18+ who have used homeopathic treatment in the past 12 months

---

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

---

Time period for how often homeopathic medicine was bought

- |   |                 |
|---|-----------------|
| 0 | Never/none      |
| 1 | Week            |
| 2 | Month           |
| 3 | Year            |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.344\_00.000

Instrument Variable Name: HOM\_COST

Final Documentation Name: HOM\_COST

**About how much did you spend the last time you bought homeopathic medicine?****\*Enter '0' for none.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (CHM\_OFTN = '999' OR CHM\_OFTN not in ('','0','000','997'))

Description: Sample adults 18+ who have purchased homeopathic medicine in the past year a specific number of times or who don't know the number of times

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

Approximate cost paid for last purchase of homeopathic medicine

0000-1000	\$0-1000
9997	Refused
9998	Not ascertained
9999	Don't know

Question ID: ALT.345\_00.000

Instrument Variable Name: HOM\_EVER

Final Documentation Name: HOM\_EVER

**? [F1]****Have you EVER seen a practitioner for homeopathic treatment?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_USM ='1'

Description: Sample adults 18+ who have used homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

Saw a practitioner for homeopathy, ever

1	Yes
2	No
7	Refused
8	Not ascertained
9	Don't know

---

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**Question ID:** ALT.346\_00.000

Instrument Variable Name: HOM\_USEM

Final Documentation Name: HOM\_USEM

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for homeopathic treatment?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_EVER ='1'

Description: Sample adults 18+ who have ever seen a practitioner for homeopathic treatment

---

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

---

Saw a practitioner for homeopathy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.347\_00.000

Instrument Variable Name: HOM\_PTIM

Final Documentation Name: HOM\_PTIM

**Do you know the exact number of times you saw a practitioner for homeopathic treatment in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for homeopathic treatment in the past 12 months

---

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

---

Knows exact number of times saw a practitioner for homeopathy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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**Question ID:** ALT.348\_00.000

Instrument Variable Name: HOM\_TMNO

Final Documentation Name: HOM\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for homeopathic treatment?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for homeopathic treatment in the past 12 months

---

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

---

Exact number of times saw a practitioner for homeopathy, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.349\_00.000

Instrument Variable Name: HOM\_TMCT

Final Documentation Name: HOM\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for homeopathic treatment?  
Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_PTIM IN ('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for homeopathic treatment in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: homeopathic treatment

Notes: None

---

Approximate number of times saw a practitioner for homeopathy, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

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**Question ID:** ALT.350\_00.000

Instrument Variable Name: HOM\_HIC

Final Documentation Name: HOM\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for homeopathic treatment covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; health insurance coverage

Notes: None

Any cost of seeing practitioner for homeopathy was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.351\_00.000

Instrument Variable Name: HOM\_HICA

Final Documentation Name: HOM\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for homeopathic treatment?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for homeopathic treatment in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: homeopathic treatment; health insurance coverage

Notes: None

Portion of the cost of seeing practitioner for homeopathy covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.352\_00.000

Instrument Variable Name: HOM\_HIT

Final Documentation Name: HOM\_HIT

**Do you know the total amount you paid for seeing a practitioner for homeopathic treatment in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (HOM\_HICA IN('2','7','9') or HOM\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for homeopathy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.353\_00.000

Instrument Variable Name: HOM\_HITS

Final Documentation Name: HOM\_HITS

**What is the total amount you paid for seeing a practitioner for homeopathic treatment in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_HIT='1'

Description: Sample adults 18+ who know the amount they paid for homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for homeopathy

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

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## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.354\_00.000

Instrument Variable Name: HOM\_AVGC

Final Documentation Name: HOM\_AVGC

**Do you know the average amount you paid for each visit for homeopathic treatment {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for homeopathy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.355\_00.000

Instrument Variable Name: HOM\_AVGS

Final Documentation Name: HOM\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for homeopathic treatment?**

**Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; out-of-pocket cost

Notes: None

Average out-of-pocket cost paid for each homeopathy visit

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |



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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.356\_00.000

Instrument Variable Name: HOM\_MAT

Final Documentation Name: HOM\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about homeopathic treatment?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_USM ='1'

Description: Sample adults 18+ who have used homeopathy in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; self-help materials

Notes: None

Bought self-help book or other materials to learn about homeopathy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.357\_00.000

Instrument Variable Name: HOM\_MATC

Final Documentation Name: HOM\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and HOM\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for homeopathic treatment in the past 12 months

Sources: None

Recodes: None

Keywords: homeopathic treatment; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about homeopathy

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

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**Question ID:** ALT.367\_00.000

Instrument Variable Name: MBO\_USE

Final Documentation Name: MBO\_USE

? [F1]

**Have you EVER used meditation, guided imagery, or progressive relaxation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: mind-body therapy; meditation; guided imagery; progressive relaxation

Notes: None

Used meditation, guided imagery, or progressive relaxation for health, ever

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.368\_00.000

Instrument Variable Name: MBOE\_MAN

Final Documentation Name: MBOE\_MAN

? [F1]

**Have you EVER used any of the following for your own health or treatment?****Mantra Meditation, including Transcendental Meditation®, Relaxation Response, and Clinically Standardized Meditation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USE ='1'

Description: Sample adults 18+ who have ever used meditation, guided imagery, or progressive relaxation

Sources: None

Recodes: None

Keywords: mind-body therapy; mantra meditation

Notes: None

Ever used mantra meditation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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**Question ID:** ALT.369\_00.000

Instrument Variable Name: MBOE\_MND

Final Documentation Name: MBOE\_MND

? [F1]

**\*Read if necessary.****Have you EVER used any of the following for your own health or treatment?****Mindfulness meditation, including Vipassana (vih-PAS-sah-nah), Zen Buddhist meditation, Mindfulness-based Stress Reduction, and Mindfulness-based Cognitive Therapy**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USE ='1'

Description: Sample adults 18+ who have ever used meditation, guided imagery, or progressive relaxation

---

Sources: None

Recodes: None

Keywords: mind-body therapy; mindfulness meditation

Notes: None

---

Ever used mindfulness meditation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

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**Question ID:** ALT.370\_00.000

Instrument Variable Name: MBOE\_SPR

Final Documentation Name: MBOE\_SPR

? [F1]

**\*Read if necessary.****Have you EVER used any of the following for your own health or treatment?****Spiritual meditation including Centering Prayer and Contemplative Meditation**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USE ='1'

Description: Sample adults 18+ who have ever used meditation, guided imagery, or progressive relaxation

---

Sources: None

Recodes: None

Keywords: mind-body therapy; spiritual meditation

Notes: None

---

Ever used spiritual meditation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

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**Question ID:** ALT.371\_00.000

Instrument Variable Name: MBOE\_IMG

Final Documentation Name: MBOE\_IMG

? [F1]

**\*Read if necessary.****Have you EVER used any of the following for your own health or treatment?****Guided imagery**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USE ='1'

Description: Sample adults 18+ who have ever used meditation, guided imagery, or progressive relaxation

---

Sources: None

Recodes: None

Keywords: mind-body therapy; guided imagery

Notes: None

---

Ever used guided imagery

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

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**Question ID:** ALT.372\_00.000

Instrument Variable Name: MBOE\_PRO

Final Documentation Name: MBOE\_PRO

? [F1]

**\*Read if necessary.****Have you EVER used any of the following for your own health or treatment?****Progressive relaxation**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USE ='1'

Description: Sample adults 18+ who have ever used meditation, guided imagery, or progressive relaxation

---

Sources: None

Recodes: None

Keywords: mind-body therapy; progressive relaxation

Notes: None

---

Ever used progressive relaxation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Question ID: ALT.373\_00.000

Instrument Variable Name: MBOU\_MAN

Final Documentation Name: MBOU\_MAN

? [F1]

DURING THE PAST 12 MONTHS, did you use...

**Mantra Meditation, including Transcendental Meditation®, Relaxation Response, and Clinically Standardized Meditation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBOE\_MAN ='1'

Description: Sample adults 18+ who have ever used a mantra meditation

Sources: None

Recodes: None

Keywords: mind-body therapy; mantra meditation

Notes: None

Used mantra meditation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.374\_00.000

Instrument Variable Name: MBOU\_MND

Final Documentation Name: MBOU\_MND

? [F1]

DURING THE PAST 12 MONTHS, did you use...

**Mindfulness meditation, including Vipassana (vih-PAS-sah-nah), Zen Buddhist meditation, Mindfulness-based Stress Reduction, and Mindfulness-based Cognitive Therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBOE\_MND ='1'

Description: Sample adults 18+ who have ever used mindfulness meditation

Sources: None

Recodes: None

Keywords: mind-body therapy; mindfulness meditation

Notes: None

Used mindfulness meditation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

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**Question ID:** ALT.375\_00.000

Instrument Variable Name: MBOU\_SPR

Final Documentation Name: MBOU\_SPR

? [F1]

**DURING THE PAST 12 MONTHS, did you use...****Spiritual meditation including Centering Prayer and Contemplative Meditation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBOE\_SPR ='1'

Description: Sample adults 18+ who have ever used spiritual meditation

Sources: None

Recodes: None

Keywords: mind-body therapy; spiritual meditation

Notes: None

Used spiritual meditation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.376\_00.000

Instrument Variable Name: MBOU\_IMG

Final Documentation Name: MBOU\_IMG

? [F1]

**DURING THE PAST 12 MONTHS, did you use...****Guided imagery?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBOE\_IMG ='1'

Description: Sample adults 18+ who have ever used guided imagery

Sources: None

Recodes: None

Keywords: mind-body therapy; guided imagery

Notes: None

Used guided imagery, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-



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**Question ID:** ALT.377\_00.000

Instrument Variable Name: MBOU\_PRO

Final Documentation Name: MBOU\_PRO

? [F1]

**DURING THE PAST 12 MONTHS, did you use...****Progressive relaxation?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBOE\_PRO ='1'

Description: Sample adults 18+ who have ever used a progressive relaxation

Sources: None

Recodes: None

Keywords: mind-body therapy; progressive relaxation

Notes: None

Used progressive relaxation, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.377\_00.010

Instrument Variable Name: MBO\_CNT

Final Documentation Name: MBO\_CNT

Universe:

Description:

Sources: None

Recodes: None

Keywords: mind-body therapy; meditation; guided imagery; progressive relaxation

Notes: None

Count variable for mind-body therapy

000-005      0-5

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## Adult Alternative Medicine

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Question ID: ALT.378\_00.000

Instrument Variable Name: MBO\_MST1

Final Documentation Name: MBO\_MST1

**DURING THE PAST 12 MONTHS, which of these did you use the most?****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_CNT ge '001'

Description: Sample adults 18+ who have used more than two types of a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy

Notes: None

Type of mind-body therapy used the most, past 12 months

- 1 Mantra meditation
- 2 Mindfulness meditation
- 3 Spiritual meditation
- 4 Guided imagery
- 5 Progressive relaxation
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.379\_00.000

Instrument Variable Name: MBO\_BRTH

Final Documentation Name: MBO\_BRTH

**?[F1]****Did you do breathing exercises as part of [fill1]? Breathing exercises may involve actively controlling the way air is drawn in, or the rate or depth of breathing.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_MST1 IN('1','2','3','4','5')

Description: Sample adults 18+ who have used a mind-body therapy in the past 12 months/used one the most in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy

Notes: None

Did breathing exercises as part of mind-body therapy

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

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**Question ID:** ALT.380\_00.000

Instrument Variable Name: MBO\_USEM

Final Documentation Name: MBO\_USEM

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner or take a class for [fill1]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MBO\_MST1 ='1' or MBO\_MST1 ='2' or MBO\_MST1 ='3' or MBO\_MST1 ='4' or MBO\_MST1 ='5')

Description: Sample adults 18+ who have used a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy

Notes: None

Saw a practitioner for mind-body therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.381\_00.000

Instrument Variable Name: MBO\_PTIM

Final Documentation Name: MBO\_PTIM

**Do you know the exact number of times you saw a practitioner or took a class for [fill1] in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy

Notes: None

Knows exact number of times saw practitioner for mind-body therapy, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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**Question ID:** ALT.382\_00.000

Instrument Variable Name: MBO\_TMNO

Final Documentation Name: MBO\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner or take a class for [fill1]?****\*Enter '52' for 52 or more times."**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for a mind-body therapy in the past 12 months

---

Sources: None

Recodes: None

Keywords: mind-body therapy

Notes: None

---

Exact number of times saw practitioner for mind-body therapy, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

---

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**Question ID:** ALT.383\_00.000

Instrument Variable Name: MBO\_TMCT

Final Documentation Name: MBO\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner or take a class for [fill1]?  
Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_PTIM IN(2,'7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for a mind-body therapy in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: mind-body therapy

Notes: None

---

Approximate number of times saw practitioner for mind-body therapy, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

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**Question ID:** ALT.384\_00.000

Instrument Variable Name: MBO\_HIC

Final Documentation Name: MBO\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner or taking a class for [fill1] covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for a mind-body therapy in the past 12 months

---

Sources: None

Recodes: None

Keywords: mind-body therapy; health insurance coverage

Notes: None

---

Any cost of seeing a practitioner or taking a class for mind-body therapy was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.385\_00.000

Instrument Variable Name: MBO\_HICA

Final Documentation Name: MBO\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner or taking a class for [fill1]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for a mind-body therapy in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: mind-body therapy; health insurance coverage

Notes: None

---

Portion of the cost of seeing a practitioner or taking a class for mind-body therapy covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

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Question ID: ALT.386\_00.000

Instrument Variable Name: MBO\_HIT

Final Documentation Name: MBO\_HIT

**Do you know the total amount you paid for seeing a practitioner or taking a class for [fill1] in the past 12 months [fill2: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MBO\_HICA IN('2','7','9') or MBO\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner or taking a class for mind-body therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.387\_00.000

Instrument Variable Name: MBO\_HITS

Final Documentation Name: MBO\_HITS

**What is the total amount you paid for seeing a practitioner or taking a class for [fill1] in the past 12 months [fill2: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner or taking a class for mind-body therapy

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

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Question ID: ALT.388\_00.000

Instrument Variable Name: MBO\_AVGC

Final Documentation Name: MBO\_AVGC

**Do you know the average amount you paid for each visit or class for [fill1] {fill2: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit or class for mind-body therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.389\_00.000

Instrument Variable Name: MBO\_AVGS

Final Documentation Name: MBO\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner or class for [fill1]?**

**\*Enter '0' if no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy; out-of-pocket cost

Notes: None

Average amount paid out-of-pocket per visit or class for mind-body therapy

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |



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Question ID: ALT.390\_00.000

Instrument Variable Name: MBO\_MAT

Final Documentation Name: MBO\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about [fill1]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_MST1 IN ('1','2','3','4','5')

Description: Sample adults 18+ who have used a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy; self-help materials

Notes: None

Bought self-help book or other material to learn about mind-body therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.391\_00.000

Instrument Variable Name: MBO\_MATC

Final Documentation Name: MBO\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MBO\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for a mind-body therapy in the past 12 months

Sources: None

Recodes: None

Keywords: mind-body therapy; self-help materials

Notes: None

Amount paid for self-help book or other material to learn about mind-body therapy

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

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**Question ID:** ALT.401\_00.000

Instrument Variable Name: YTQE\_YOG

Final Documentation Name: YTQE\_YOG

?[F1]

**Have you EVER practiced any of the following? Please say yes or no to each.****...Yoga?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: yoga

Notes: None

Ever practiced yoga

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.402\_00.000

Instrument Variable Name: YTQE\_TAI

Final Documentation Name: YTQE\_TAI

? [F1]

**\*Read if necessary.****Have you EVER practiced any of the following?****...Tai Chi (tie-CHEE)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: tai chi

Notes: None

Ever practiced tai chi

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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**Question ID:** ALT.403\_00.000

Instrument Variable Name: YTQE\_QIG

Final Documentation Name: YTQE\_QIG

? [F1]

**\*Read if necessary.****Have you EVER practiced any of the following?****...Qi Gong (chee-GONG)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

---

Sources: None

Recodes: None

Keywords: qi gong

Notes: None

---

Ever practiced qi gong

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.404\_00.000

Instrument Variable Name: YTQU\_YOG

Final Documentation Name: YTQU\_YOG

? [F1]

**DURING THE PAST 12 MONTHS, did you practice Yoga for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQE\_YOG = '1'

Description: Sample adults 18+ who have ever used Yoga

---

Sources: None

Recodes: None

Keywords: yoga

Notes: None

---

Practiced yoga, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

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**Question ID:** ALT.405\_00.000

Instrument Variable Name: YTQU\_TAI

Final Documentation Name: YTQU\_TAI

? [F1]

**DURING THE PAST 12 MONTHS, did you practice Tai Chi for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQE\_TAI = '1'

Description: Sample adults 18+ who have ever used Tai Chi

---

Sources: None

Recodes: None

Keywords: tai chi

Notes: None

---

Practiced tai chi, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.406\_00.000

Instrument Variable Name: YTQU\_QIG

Final Documentation Name: YTQU\_QIG

? [F1]

**DURING THE PAST 12 MONTHS, did you practice Qi Gong (chee-GONG) for yourself?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQE\_QIG = '1'

Description: Sample adults 18+ who have ever used Qi Gong

---

Sources: None

Recodes: None

Keywords: qi gong

Notes: None

---

Practiced qi gong, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.407\_00.010

Instrument Variable Name: YTQ\_BTHY

Final Documentation Name: YTQ\_BTHY

?[F1]

**Did you do breathing exercises as part of Yoga? Breathing exercises may involve actively controlling the way air is drawn in, or the rate or depth of breathing.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQU\_YOG = '1'

Description: Sample adults 18+ who have used Yoga in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; breathing exercises

Notes: None

Does breathing exercises as part of yoga

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.408\_00.020

Instrument Variable Name: YTQ\_BTHT

Final Documentation Name: YTQ\_BTHT

?[F1]

**Did you do breathing exercises as part of Tai Chi? Breathing exercises may involve actively controlling the way air is drawn in, or the rate or depth of breathing.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQU\_TAI = '1'

Description: Sample adults 18+ who have used Tai Chi in the past 12 months

Sources: None

Recodes: None

Keywords: tai chi; breathing exercises

Notes: None

Does breathing exercises as part of tai chi

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.409\_00.030

Instrument Variable Name: YTQ\_BTHQ

Final Documentation Name: YTQ\_BTHQ

?[F1]

**Did you do breathing exercises as part of Qi Gong (chee-GONG)? Breathing exercises may involve actively controlling the way air is drawn in, or the rate or depth of breathing.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQU\_QIG = '1'

Description: Sample adults 18+ who have used Qi Gong in the past 12 months

Sources: None

Recodes: None

Keywords: qi gong; breathing exercises

Notes: None

Does breathing exercises as part of qi gong

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.410\_00.010

Instrument Variable Name: YTQ\_MEDY

Final Documentation Name: YTQ\_MEDY

? [F1]

**Did you do meditation as part of Yoga?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQU\_YOG = '1'

Description: Sample adults 18+ who have used Yoga in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; meditation

Notes: None

Does meditation as part of yoga

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.411\_00.020

Instrument Variable Name: YTQ\_MEDT

Final Documentation Name: YTQ\_MEDT

? [F1]

**Did you do meditation as part of Tai Chi?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQU\_TAI = '1'

Description: Sample adults 18+ who have used Tai Chi in the past 12 months

Sources: None

Recodes: None

Keywords: tai chi; meditation

Notes: None

Does meditation as part of tai chi

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.412\_00.030

Instrument Variable Name: YTQ\_MEDQ

Final Documentation Name: YTQ\_MEDQ

? [F1]

**Did you do meditation as part of Qi Gong (chee-GONG)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQU\_QIG = '1'

Description: Sample adults 18+ who have used Qi Gong in the past 12 months

Sources: None

Recodes: None

Keywords: qi gong; meditation

Notes: None

Does meditation as part of qi gong

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.412\_00.040

Instrument Variable Name: YTQ\_CNT

Final Documentation Name: YTQ\_CNT

Universe:

Description:

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong

Notes: None

Number of yoga/tai chi/qi gong therapies used

000-003 0-3

Question ID: ALT.413\_00.000

Instrument Variable Name: YTQ\_MOST

Final Documentation Name: YTQ\_MOST

**DURING THE PAST 12 MONTHS, which exercise did you practice the most?****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_CNT ge '001'

Description: Sample adults 18+ who have used more than one type of exercise in the past 12 months and have used breathing or meditation with exercise

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong

Notes: None

Type of exercise practiced the most, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yoga            |
| 2 | Tai-Chi         |
| 3 | Qi Gong         |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't Know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.414\_00.000

Instrument Variable Name: YTQ\_USEM

Final Documentation Name: YTQ\_USEM

**DURING THE PAST 12 MONTHS, did you take a [fill1: Yoga/Tai Chi/Qi Gong] class or in some way receive formal training? Attending only one session does not count.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_MOST IN('1','2','3')

Description: Sample adults 18+ who have used yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong

Notes: None

Took a class or received formal training for yoga/tai chi/qi gong, past 12 months

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.415\_00.000

Instrument Variable Name: YTQ\_PTIM

Final Documentation Name: YTQ\_PTIM

**Do you know the exact number of times you saw an instructor for [fill1: Yoga/Tai Chi/Qi Gong] in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong

Notes: None

Knows exact number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.416\_00.000

Instrument Variable Name: YTQ\_TMNO

Final Documentation Name: YTQ\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see an instructor for [fill1: Yoga/Tai Chi/Qi Gong]?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for yoga, tai chi, or qi gong in the past 12 months

---

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong

Notes: None

---

Exact number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.417\_00.000

Instrument Variable Name: YTQ\_TMCT

Final Documentation Name: YTQ\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see an instructor for [fill1: Yoga/Tai Chi/Qi Gong]? Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for yoga, tai chi, or qi gong in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong

Notes: None

Approximate number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.418\_00.000

Instrument Variable Name: YTQ\_HIC

Final Documentation Name: YTQ\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing an instructor for [fill1: Yoga/Tai Chi/Qi Gong] covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_USEM ='1'

Description: Sample adults 18+ who have seen a practitioner for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; health insurance coverage

Notes: None

Any cost of seeing an instructor for yoga/tai chi/qi gong was covered by insurance

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.419\_00.000

Instrument Variable Name: YTQ\_HICA

Final Documentation Name: YTQ\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing an instructor for [fill1: Yoga/Tai Chi/Qi Gong]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for yoga, tai chi, or qi gong in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; health insurance coverage

Notes: None

Portion of the cost of seeing an instructor for yoga/tai chi/qi gong covered by insurance

- 1 All of the cost
- 2 Some of the cost
- 7 Refused
- 8 Not ascertained
- 9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.420\_00.000

Instrument Variable Name: YTQ\_HIT

Final Documentation Name: YTQ\_HIT

**Do you know the total amount you paid for seeing an instructor for [fill1: Yoga/Tai Chi/Qi Gong] in the past 12 months [fill2: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (YTQ\_HICA IN('2','7','9') or YTQ\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing an instructor for yoga/tai chi/qi gong

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.421\_00.000

Instrument Variable Name: YTQ\_HITS

Final Documentation Name: YTQ\_HITS

**What is the total amount you paid for seeing an instructor for [fill1: Yoga/Tai Chi/Qi Gong] in the past 12 months [fill2: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing an instructor for yoga/tai chi/qi gong

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.422\_00.000

Instrument Variable Name: YTQ\_AVGC

Final Documentation Name: YTQ\_AVGC

**Do you know the average amount you paid for each visit for [fill1: Yoga/Tai Chi/Qi Gong] [fill2: not including the amount covered by insurance] in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for seeing an instructor for yoga/tai chi/qi gong

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.423\_00.000

Instrument Variable Name: YTQ\_AVGS

Final Documentation Name: YTQ\_AVGS

**On average, how much did you pay out-of-pocket for each visit to an instructor for [fill1: Yoga/Tai Chi/Qi Gong]?**

Enter '0' if no cost or free

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; out-of-pocket cost

Notes: None

Average amount paid out-of-pocket per visit for seeing an instructor for yoga/tai chi/qi gong

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.424\_00.000

Instrument Variable Name: YTQ\_MAT

Final Documentation Name: YTQ\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about [fill1: Yoga/Tai Chi/Qi Gong]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_MOST IN ('1','2','3')

Description: Sample adults 18+ who have used yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; self-help materials

Notes: None

Bought self-help book or other material to learn about yoga/tai chi/qi gong

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.425\_00.000

Instrument Variable Name: YTQ\_MATC

Final Documentation Name: YTQ\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and YTQ\_MAT='1'

Description: Sample adults 18+ who have bought self-help materials for yoga, tai chi, or qi gong in the past 12 months

Sources: None

Recodes: None

Keywords: yoga; tai chi; qi gong; self-help materials

Notes: None

Amount paid for self-help book or other material to learn about yoga/tai chi/qi gong

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.435\_00.000

Instrument Variable Name: DITE\_VEG

Final Documentation Name: DITEVER1

? [F1]

Have you EVER used any of the following special diets for two weeks or more for health reasons?

**Vegetarian, including Vegan**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: special diet; vegetarian; vegan

Notes: None

Ever used vegetarian (including vegan) diet for two weeks or more for health reasons

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.436\_00.000

Instrument Variable Name: DITEVER2

Final Documentation Name: DITEVER2

? [F1]

**\*Read if necessary.**

Have you EVER used any of the following special diets for two weeks or more for health reasons?

**Macrobiotic**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: special diet; macrobiotic

Notes: None

Ever used macrobiotic diet for two weeks or more for health reasons

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



---

2012 NATIONAL HEALTH INTERVIEW SURVEY

Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

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Question ID: ALT.437\_00.000

Instrument Variable Name: DITEVER3

Final Documentation Name: DITEVER3

? [F1]

**\*Read if necessary.**

**Have you EVER used any of the following special diets for two weeks or more for health reasons?**

**Atkins**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

---

Sources: None

Recodes: None

Keywords: special diet; Atkins

Notes: None

---

Ever used atkins diet for two weeks or more for health reasons

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

2012 NATIONAL HEALTH INTERVIEW SURVEY

Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

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Question ID: ALT.438\_00.000

Instrument Variable Name: DITEVER4

Final Documentation Name: DITEVER4

? [F1]

**\*Read if necessary.**

**Have you EVER used any of the following special diets for two weeks or more for health reasons?**

**Pritikin**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

---

Sources: None

Recodes: None

Keywords: special diet; Pritikin

Notes: None

---

Ever used pritikin diet for two weeks or more for health reasons

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.439\_00.000

Instrument Variable Name: DITEVER5

Final Documentation Name: DITEVER5

? [F1]

**\*Read if necessary.****Have you EVER used any of the following special diets for two weeks or more for health reasons?****Ornish**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: special diet; Ornish

Notes: None

Ever used ornish diet for two weeks or more for health reasons

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.440\_00.000

Instrument Variable Name: DIT\_USM1

Final Documentation Name: DIT\_USM1

? [F1]

**DURING THE PAST 12 MONTHS, did you use a vegetarian, including Vegan diet for two weeks or more for health reasons?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DITEVER1 ='1'

Description: Sample adults 18+ who have ever used special diets-vegetarian, including vegan

Sources: None

Recodes: None

Keywords: special diet; vegetarian; vegan

Notes: None

Used vegetarian diet for two weeks or more for health reasons, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.441\_00.000

Instrument Variable Name: DIT\_USM2

Final Documentation Name: DIT\_USM2

? [F1]

**DURING THE PAST 12 MONTHS, did you use a macrobiotic diet for two weeks or more for health reasons?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DITEVER2 ='1'

Description: Sample adults 18+ who have ever used special diets-macrobiotic

---

Sources: None

Recodes: None

Keywords: special diet; macrobiotic

Notes: None

---

Used macrobiotic diet for two weeks or more for health reasons, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.442\_00.000

Instrument Variable Name: DIT\_USM3

Final Documentation Name: DIT\_USM3

? [F1]

**DURING THE PAST 12 MONTHS, did you use the Atkins diet for two weeks or more for health reasons?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DITEVER3 ='1'

Description: Sample adults 18+ who have ever used special diets-Atkins

---

Sources: None

Recodes: None

Keywords: special diet; Atkins

Notes: None

---

Used atkins diet for two weeks or more for health reasons, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.443\_00.000

Instrument Variable Name: DIT\_USM4

Final Documentation Name: DIT\_USM4

? [F1]

**DURING THE PAST 12 MONTHS, did you use the Pritikin diet for two weeks or more for health reasons?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DITEVER4 ='1'

Description: Sample adults 18+ who have ever used special diets-Pritikin

---

Sources: None

Recodes: None

Keywords: special diet; Pritikin

Notes: None

---

Used pritikin diet for two weeks or more for health reasons, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.444\_00.000

Instrument Variable Name: DIT\_USM5

Final Documentation Name: DIT\_USM5

? [F1]

**DURING THE PAST 12 MONTHS, did you use the Ornish for two weeks or more for health reasons?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DITEVER5 ='1'

Description: Sample adults 18+ who have ever used special diets-Ornish

---

Sources: None

Recodes: None

Keywords: special diet; Ornish

Notes: None

---

Used ornish diet for two weeks or more for health reasons, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.445\_00.000

Instrument Variable Name: DIT\_WGT1

Final Documentation Name: DIT\_WGT1

**Did you use special diets for weight control or weight loss?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (DIT\_USM1 ='1' or DIT\_USM2 ='1' or DIT\_USM3 ='1' or DIT\_USM4 ='1' or DIT\_USM5 ='1')

Description: Sample adults 18+ who have used special diets in the past 12 months

Sources: None

Recodes: None

Keywords: special diet; weight loss; weight control

Notes: None

Used special diets for weight control or weight loss

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.446\_00.000

Instrument Variable Name: DIT\_PRE

Final Documentation Name: DIT\_PRE

? [F1]

**Have you EVER seen a practitioner for special diets?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (DIT\_USM1 ='1' or DIT\_USM2 ='1' or DIT\_USM3 ='1' or DIT\_USM4 ='1' or DIT\_USM5 ='1')

Description: Sample adults 18+ who have used special diets in the past 12 months

Sources: None

Recodes: None

Keywords: special diet

Notes: None

Ever saw a practitioner for special diets

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.447\_00.000

Instrument Variable Name: DIT\_PRU

Final Documentation Name: DIT\_PRU

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner for special diets?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_PRE ='1'

Description: Sample adults 18+ who have ever seen a practitioner for special diets

---

Sources: None

Recodes: None

Keywords: special diet

Notes: None

---

Saw a practitioner for special diets, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.448\_00.000

Instrument Variable Name: DIT\_PTIM

Final Documentation Name: DIT\_PTIM

**Do you know the exact number of times you saw a practitioner for special diets in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_PRU ='1'

Description: Sample adults 18+ who have seen a practitioner for special diets in the past 12 months

---

Sources: None

Recodes: None

Keywords: special diet

Notes: None

---

Knows exact number of times saw a practitioner for special diets, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.449\_00.000

Instrument Variable Name: DIT\_TMNO

Final Documentation Name: DIT\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner for special diets?****\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for special diets in the past 12 months

---

Sources: None

Recodes: None

Keywords: special diet

Notes: None

---

Exact number of times saw a practitioner for special diets, past 12 months

01-52	1-52
97	Refused
98	Not ascertained
99	Don't know



---

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**Question ID:** ALT.450\_00.000

Instrument Variable Name: DIT\_TMCT

Final Documentation Name: DIT\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner for special diets? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for special diets in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: special diet

Notes: None

---

Approximate number of times saw a practitioner for special diets, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.451\_00.000

Instrument Variable Name: DIT\_HIC

Final Documentation Name: DIT\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner for special diets covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_PRU ='1'

Description: Sample adults 18+ who have seen a practitioner for special diets in the past 12 months

---

Sources: None

Recodes: None

Keywords: special diet; health insurance coverage

Notes: None

---

Any cost of seeing practitioner for special diets was covered by insurance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.452\_00.000

Instrument Variable Name: DIT\_HICA

Final Documentation Name: DIT\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner for special diets?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for special diets in the past 12 months were (at least partly) covered by health insurance

---

Sources: None

Recodes: None

Keywords: special diet; health insurance coverage

Notes: None

---

Portion of the cost of seeing practitioner for special diets covered by insurance

- |   |                  |
|---|------------------|
| 1 | All of the cost  |
| 2 | Some of the cost |
| 7 | Refused          |
| 8 | Not ascertained  |
| 9 | Don't know       |
-

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.453\_00.000

Instrument Variable Name: DIT\_HIT

Final Documentation Name: DIT\_HIT

**Do you know the total amount you paid for seeing a practitioner for special diets in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (DIT\_HICA IN('2','7','9') or DIT\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for special diets in the past 12 months

Sources: None

Recodes: None

Keywords: special diet; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner for special diets

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.454\_00.000

Instrument Variable Name: DIT\_HITS

Final Documentation Name: DIT\_HITS

**What is the total amount you paid for seeing a practitioner for special diets in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_HIT='1'

Description: Sample adults 18+ who know the amount they paid for special diets in the past 12 months

Sources: None

Recodes: None

Keywords: special diet; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner for special diets

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

---

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**Question ID:** ALT.455\_00.000

Instrument Variable Name: DIT\_AVGC

Final Documentation Name: DIT\_AVGC

**Do you know the average amount you paid for each visit for special diets {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for special diets in the past 12 months

---

Sources: None

Recodes: None

Keywords: special diet; out-of-pocket cost

Notes: None

---

Knows average amount paid out-of-pocket per visit for seeing a practitioner for special diets

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
- 

**Question ID:** ALT.456\_00.000

Instrument Variable Name: DIT\_AVGS

Final Documentation Name: DIT\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner for special diets?****Enter '0' if no cost or free**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for special diets in the past 12 months

---

Sources: None

Recodes: None

Keywords: special diet; out-of-pocket cost

Notes: None

---

Average amount paid out-of-pocket per visit for seeing a practitioner for special diets

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.457\_00.000

Instrument Variable Name: DIT\_MAT

Final Documentation Name: DIT\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about special diets?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (DIT\_USM1 ='1' or DIT\_USM2 ='1' or DIT\_USM3 ='1' or DIT\_USM4 ='1' or DIT\_USM5 ='1')

Description: Sample adults 18+ who have used special diets in the past 12 months

Sources: None

Recodes: None

Keywords: special diet; self-help materials

Notes: None

Bought self-help book or other materials to learn about special diets

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.458\_00.000

Instrument Variable Name: DIT\_MATC

Final Documentation Name: DIT\_MATC

**About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and DIT\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for special diets in the past 12 months

Sources: None

Recodes: None

Keywords: special diet; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about special diets

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.468\_00.000

Instrument Variable Name: MOVE\_FLD

Final Documentation Name: MOVE\_FLD

? [F1]

**Have you ever practiced any of the following movement or exercise techniques?****Feldenkrais (FELL-den-krice)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: movement technique; Feldenkrais

Notes: None

Ever practiced Feldenkrais

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.469\_00.000

Instrument Variable Name: MOVE\_ALX

Final Documentation Name: MOVE\_ALX

? [F1]

**Have you ever practiced any of the following movement or exercise techniques?****Alexander Technique**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: movement technique; Alexander Technique

Notes: None

Ever practiced Alexander Technique

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.470\_00.000

Instrument Variable Name: MOVE\_PIL

Final Documentation Name: MOVE\_PIL

? [F1]

**Have you ever practiced any of the following movement or exercise techniques?****Pilates (pih-LAH-teez)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: movement technique; Pilates

Notes: None

Ever practiced Pilates

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.471\_00.000

Instrument Variable Name: MOVE\_TPI

Final Documentation Name: MOVE\_TPI

? [F1]

**Have you ever practiced any of the following movement or exercise techniques?****Trager Psychophysical Integration**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999'))

Description: Sample adults 18+

Sources: None

Recodes: None

Keywords: movement technique; Trager Psychophysical Integration

Notes: None

Ever practiced Trager Psychophysical Integration

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.472\_00.000

Instrument Variable Name: MOVP\_FLD

Final Documentation Name: MOVP\_FLD

? [F1]

Have you ever seen a practitioner or teacher for...

**Feldenkrais (FELL-den-krice)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOVE\_FLD ='1'

Description: Sample adults 18+ who have used Feldenkrais

Sources: None

Recodes: None

Keywords: movement technique; Feldenkrais

Notes: None

Ever seen a practitioner for Feldenkrais

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.473\_00.000

Instrument Variable Name: MOVP\_ALX

Final Documentation Name: MOVP\_ALX

? [F1]

Have you ever seen a practitioner or teacher for...

**Alexander Technique?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOVE\_ALX ='1'

Description: Sample adults 18+ who have used Alexander technique

Sources: None

Recodes: None

Keywords: movement technique; Alexander Technique

Notes: None

Ever seen a practitioner for Alexander Technique

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.474\_00.000

Instrument Variable Name: MOVP\_PIL

Final Documentation Name: MOVP\_PIL

? [F1]

Have you ever seen a practitioner or teacher for...

**Pilates (pih-LAH-teez)?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOVE\_PIL ='1'

Description: Sample adults 18+ who have used Pilates

Sources: None

Recodes: None

Keywords: movement technique; Pilates

Notes: None

Ever seen a practitioner for Pilates

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.475\_00.000

Instrument Variable Name: MOVP\_TPI

Final Documentation Name: MOVP\_TPI

? [F1]

Have you ever seen a practitioner or teacher for...

**Trager Psychophysical Integration?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOVE\_TPI ='1'

Description: Sample adults 18+ who have used Trager Psychophysical Integration

Sources: None

Recodes: None

Keywords: movement technique; Trager Psychophysical Integration

Notes: None

Ever seen a practitioner for Trager Psychophysical Integration

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.476\_00.000

Instrument Variable Name: MOV\_FLD

Final Documentation Name: MOV\_FLD

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner or teacher for...?****Feldenkrais (FELL-den-krice)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_FLD ='1'

Description: Sample adults 18+ who have ever seen a practitioner for Feldenkrais

Sources: None

Recodes: None

Keywords: movement technique; Feldenkrais

Notes: None

Saw a practitioner for Feldnekras, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.477\_00.000

Instrument Variable Name: MOV\_ALX

Final Documentation Name: MOV\_ALX

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner or teacher for...?****Alexander Technique**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_FLD ='1'

Description: Sample adults 18+ who have ever seen a practitioner for Alexander technique

Sources: None

Recodes: None

Keywords: movement technique; Alexander Technique

Notes: None

Saw a practitioner for Alexander Technique, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.478\_00.000

Instrument Variable Name: MOV\_PIL

Final Documentation Name: MOV\_PIL

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner or teacher for...?****Pilates (pih-LAH-teez)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOVP\_PIL ='1'

Description: Sample adults 18+ who have ever seen a practitioner for Pilates

Sources: None

Recodes: None

Keywords: movement technique; Pilates

Notes: None

Saw a practitioner for Pilates, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.479\_00.000

Instrument Variable Name: MOV\_TPI

Final Documentation Name: MOV\_TPI

? [F1]

**DURING THE PAST 12 MONTHS, did you see a practitioner or teacher for...?****Trager Psychophysical Integration**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOVP\_TPI ='1'

Description: Sample adults 18+ who have ever seen a practitioner for Trager Psychophysical Integration

Sources: None

Recodes: None

Keywords: movement technique; Trager Psychophysical Integration

Notes: None

Saw a practitioner for Trager Psychophysical Integration, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.480\_00.000

Instrument Variable Name: MOVU\_FLD

Final Documentation Name: MOVU\_FLD

? [F1]

DURING THE PAST 12 MONTHS, did you use...?

**Feldenkrais (FELL-den-krice)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_FLD IN('2','7','9')

Description: Sample adults 18+ who have used Feldenkrais but not seen a practitioner in the past 12 months or DK/REF practitioner question

Sources: None

Recodes: None

Keywords: movement technique; Feldenkrais

Notes: None

Used Feldenkrais, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.481\_00.000

Instrument Variable Name: MOVU\_ALX

Final Documentation Name: MOVU\_ALX

? [F1]

DURING THE PAST 12 MONTHS, did you use...?

**Alexander Technique**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_ALX IN('2','7','9')

Description: Sample adults 18+ who have used Alexander technique but not seen a practitioner in the past 12 months or DK/REF practitioner question

Sources: None

Recodes: None

Keywords: movement technique; Alexander Technique

Notes: None

Used Alexander Technique, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.482\_00.000

Instrument Variable Name: MOVU\_PIL

Final Documentation Name: MOVU\_PIL

? [F1]

DURING THE PAST 12 MONTHS, did you use...?

**Pilates (pih-LAH-teez)**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_PIL IN('2','7','9')

Description: Sample adults 18+ who have used Pilates but not seen a practitioner in the past 12 months or DK/REF practitioner question

Sources: None

Recodes: None

Keywords: movement technique; Pilates

Notes: None

Used Pilates, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.483\_00.000

Instrument Variable Name: MOVU\_TPI

Final Documentation Name: MOVU\_TPI

? [F1]

DURING THE PAST 12 MONTHS, did you use...?

**Trager Psychophysical Integration**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_TPI IN('2','7','9')

Description: Sample adults 18+ who have used Trager Psychophysical Integration but not seen a practitioner in the past 12 months or DK/REF practitioner question

Sources: None

Recodes: None

Keywords: movement technique; Trager Psychophysical Integration

Notes: None

Used Trager Psychophysical Integration, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.484\_00.000

Instrument Variable Name: MOV\_PTIM

Final Documentation Name: MOV\_PTIM

**Do you know the exact number of times you saw a practitioner or teacher for movement and exercise techniques in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MOV\_FLD ='1' or MOV\_ALX ='1' or MOV\_PIL ='1' or MOV\_TPI ='1')

Description: Sample adults 18+ who have seen a practitioner for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique

Notes: None

Knows exact number of times saw practitioner/teacher for movement and exercise techniques, past 12 months

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.485\_00.000

Instrument Variable Name: MOV\_TMNO

Final Documentation Name: MOV\_TMNO

**DURING THE PAST 12 MONTHS, how many times did you see a practitioner or teacher for movement and exercise techniques?**

**\*Enter '52' for 52 or more times.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_PTIM ='1'

Description: Sample adults 18+ who know the number of times they have seen a practitioner for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique

Notes: None

Exact number of times saw practitioner/teacher for movement and exercise techniques, past 12 months

- |       |                 |
|-------|-----------------|
| 01-52 | 1-52            |
| 97    | Refused         |
| 98    | Not ascertained |
| 99    | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.486\_00.000

Instrument Variable Name: MOV\_TMCT

Final Documentation Name: MOV\_TMCT

**DURING THE PAST 12 MONTHS, ABOUT how many times did you see a practitioner or teacher for movement and exercise techniques? Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_PTIM IN('2','7','9')

Description: Sample adults 18+ who don't know the specific number of times they have seen a practitioner for movement and exercise techniques in the past 12 months or refuse the specific number of times

Sources: None

Recodes: None

Keywords: movement technique

Notes: None

Approximate number of times saw practitioner/teacher for movement and exercise techniques, past 12 months

- |    |                    |
|----|--------------------|
| 01 | Only 1 time        |
| 02 | 2-5 times          |
| 03 | 6-10 times         |
| 04 | 11-15 times        |
| 05 | 16-20 times        |
| 06 | 21-25 times        |
| 07 | More than 25 times |
| 97 | Refused            |
| 98 | Not ascertained    |
| 99 | Don't know         |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.487\_00.000

Instrument Variable Name: MOV\_HIC

Final Documentation Name: MOV\_HIC

**DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner or teacher for movement and exercise techniques covered by health insurance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MOV\_FLD ='1' or MOV\_ALX ='1' or MOV\_PIL ='1' or MOV\_TPI ='1')

Description: Sample adults 18+ who have seen a practitioner for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; health insurance coverage

Notes: None

Any cost of seeing a practitioner/teacher for movement and exercise techniques was covered by insurance

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.488\_00.000

Instrument Variable Name: MOV\_HICA

Final Documentation Name: MOV\_HICA

**DURING THE PAST 12 MONTHS, did your health insurance cover all of the cost or just some of the cost of seeing a practitioner or teacher for movement and exercise techniques?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_HIC ='1'

Description: Sample adults 18+ whose visit(s) to a practitioner for movement and exercise techniques in the past 12 months were (at least partly) covered by health insurance

Sources: None

Recodes: None

Keywords: movement technique; health insurance coverage

Notes: None

Portion of the cost of seeing a practitioner/teacher for movement and exercise techniques covered by insurance

- 1 All of the cost
- 2 Some of the cost
- 7 Refused
- 8 Not ascertained
- 9 Don't know



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.489\_00.000

Instrument Variable Name: MOV\_HIT

Final Documentation Name: MOV\_HIT

**Do you know the total amount you paid for seeing a practitioner or teacher for movement and exercise techniques in the past 12 months [fill1: not including the amount covered by insurance]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MOV\_HICA IN('2','7','9') or MOV\_HIC IN('2','7','9'))

Description: Sample adults 18+ whose health insurance covered none or some of the cost for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; out-of-pocket cost

Notes: None

Knows total amount paid out-of-pocket for seeing a practitioner/teacher for movement and exercise techniques

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.490\_00.000

Instrument Variable Name: MOV\_HITS

Final Documentation Name: MOV\_HITS

**What is the total amount you paid for seeing a practitioner or teacher for movement and exercise techniques in the past 12 months [fill1: not including the amount covered by insurance]?**

**\*Enter '0' for no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_HIT ='1'

Description: Sample adults 18+ who know the amount they paid for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; out-of-pocket cost

Notes: None

Total amount paid out-of-pocket for seeing a practitioner/teacher for movement and exercise techniques

- |             |                 |
|-------------|-----------------|
| 00000-26000 | \$0-26000       |
| 99997       | Refused         |
| 99998       | Not ascertained |
| 99999       | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.491\_00.000

Instrument Variable Name: MOV\_AVGC

Final Documentation Name: MOV\_AVGC

**Do you know the average amount you paid for each visit for movement and exercise techniques {fill1: not including the amount covered by insurance} in the past 12 months?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_HIT IN('2','7','9')

Description: Sample adults 18+ who don't know the total amount they paid for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; out-of-pocket cost

Notes: None

Knows average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.492\_00.000

Instrument Variable Name: MOV\_AVGS

Final Documentation Name: MOV\_AVGS

**On average, how much did you pay out-of-pocket for each visit to a practitioner or teacher for movement and exercise techniques?**

**\*Enter '0' if no cost or free.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_AVGC ='1'

Description: Sample adults 18+ who know the average per visit they paid for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; out-of-pocket cost

Notes: None

Average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques

- |         |                 |
|---------|-----------------|
| 000-500 | \$0-500         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.493\_00.000

Instrument Variable Name: MOV\_MAT

Final Documentation Name: MOV\_MAT

**DURING THE PAST 12 MONTHS, did you buy a self-help book or other materials such as a DVD, CD, or Video to learn about movement and exercise techniques?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (MOV\_FLD ='1' or MOV\_ALX ='1' or MOV\_PIL ='1' or MOV\_TPI ='1') or (MOVU\_FLD ='1' or MOVU\_ALX ='1' or MOVU\_PIL ='1' or MOVU\_TPI ='1')

Description: Sample adults 18+ who have seen a practitioner for or have used a movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; self-help materials

Notes: None

Bought self-help book or other materials to learn about movement and exercise techniques

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.494\_00.000

Instrument Variable Name: MOV\_MATC

Final Documentation Name: MOV\_MATC

**"About how much did you pay for these materials in the past 12 months?**

**\*Enter '200' for \$200 or more."**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and MOV\_MAT ='1'

Description: Sample adults 18+ who have bought self-help materials for movement and exercise techniques in the past 12 months

Sources: None

Recodes: None

Keywords: movement technique; self-help materials

Notes: None

Amount paid for self-help book or other materials to learn about movement and exercise techniques

- |         |                 |
|---------|-----------------|
| 000-200 | \$0-200         |
| 997     | Refused         |
| 998     | Not ascertained |
| 999     | Don't know      |

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2012 NATIONAL HEALTH INTERVIEW SURVEY

Adult Alternative Medicine

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Document Version Date: 11-Jun-13

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**Question ID:** ALT.500\_00.000

Instrument Variable Name: ALT\_CNT

Final Documentation Name: ALT\_CNT

Universe:

Description:

---

Sources: None

Recodes: None

Keywords: alternative therapy

Notes: None

---

Count variable for number of complementary and alternative therapies used

00-16      0-16 therapies

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT'505\_00.000

Instrument Variable Name: ALT\_TP31

Final Documentation Name: ALT\_TP31

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TOP3 ne ''

Description: Sample adults 18+ who have first/one top therapies

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: Ayurveda, chelation therapy, and vitamins/minerals are excluded from this list due to either very high or very low prevalence of use.

First of top 3 most important therapies

- 01 Chiropractic or Osteopathic Manipulation
- 02 Massage
- 03 Acupuncture
- 04 Energy Healing Therapy
- 05 Naturopathy
- 06 Hypnosis
- 07 Biofeedback
- 08 Craniosacral therapy
- 09 Traditional Healers
- 10 [fill1: Herb 1 from CHB\_TP21]
- 11 [fill2: Herb 2 from CHB\_TP22]
- 12 Homeopathy
- 13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/  
Progressive relaxation from CMB]
- 14 [fill4: Yoga/Tai Chi/Qi Gong from CYG\_MOST]
- 15 Special diets
- 16 Movement or exercise techniques
- 97 Refused
- 98 Not ascertained
- 99 Don't Know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.506\_00.000

Instrument Variable Name: ALT\_TP32

Final Documentation Name: ALT\_TP32

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TOP3 ne ''

Description: Sample adults 18+ who have second/two top therapies

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: Ayurveda, chelation therapy, and vitamins/minerals are excluded from this list due to either very high or very low prevalence of use.

## Second of top 3 most important therapies

- 01 Chiropractic or Osteopathic Manipulation
- 02 Massage
- 03 Acupuncture
- 04 Energy Healing Therapy
- 05 Naturopathy
- 06 Hypnosis
- 07 Biofeedback
- 08 Craniosacral therapy
- 09 Traditional Healers
- 10 [fill1: Herb 1 from CHB\_TP21]
- 11 [fill2: Herb 2 from CHB\_TP22]
- 12 Homeopathy
- 13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/  
Progressive relaxation from CMB]
- 14 [fill4: Yoga/Tai Chi/Qi Gong from CYG\_MOST]
- 15 Special diets
- 16 Movement or exercise techniques
- 97 Refused
- 98 Not ascertained
- 99 Don't Know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT'507\_00.000

Instrument Variable Name: ALT\_TP33

Final Documentation Name: ALT\_TP33

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TOP3 ne ''

Description: Sample adults 18+ who have third/three top therapies

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: Ayurveda, chelation therapy, and vitamins/minerals are excluded from this list due to either very high or very low prevalence of use.

## Third of top 3 most important therapies

- 01 Chiropractic or Osteopathic Manipulation
- 02 Massage
- 03 Acupuncture
- 04 Energy Healing Therapy
- 05 Naturopathy
- 06 Hypnosis
- 07 Biofeedback
- 08 Craniosacral therapy
- 09 Traditional Healers
- 10 [fill1: Herb 1 from CHB\_TP21]
- 11 [fill2: Herb 2 from CHB\_TP22]
- 12 Homeopathy
- 13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/  
Progressive relaxation from CMB
- 14 [fill4: Yoga/Tai Chi/Qi Gong from CYG\_MOST]
- 15 Special diets
- 16 Movement or exercise techniques
- 97 Refused
- 98 Not ascertained
- 99 Don't Know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.510\_00.000

Instrument Variable Name: TP1\_REA1

Final Documentation Name: TP1\_REA1

**Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****For general wellness or general disease prevention?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy: for general wellness or general disease prevention

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.511\_00.000

Instrument Variable Name: TP1\_REA2

Final Documentation Name: TP1\_REA2

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your energy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy: to improve energy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.512\_00.000

Instrument Variable Name: TP1\_REA3

Final Documentation Name: TP1\_REA3

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your immune function?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy: to improve immune function

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.513\_00.000

Instrument Variable Name: TP1\_REA4

Final Documentation Name: TP1\_REA4

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your athletic or sports performance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy: to improve athletic or sports performance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.514\_00.000

Instrument Variable Name: TP1\_REA5

Final Documentation Name: TP1\_REA5

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your memory or concentration?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy: to improve memory or concentration

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.515\_00.000

Instrument Variable Name: TP1\_MOT1

Final Documentation Name: TP1\_MOT1

**Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Eat healthier?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for first top therapy was motivation to: eat healthier

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.516\_00.000

Instrument Variable Name: TP1\_MOT2

Final Documentation Name: TP1\_MOT2

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Eat more organic foods?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for first top therapy was motivation to: eat more organic foods

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.517\_00.000

Instrument Variable Name: TP1\_MOT3

Final Documentation Name: TP1\_MOT3

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Cut back or stop drinking alcohol?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and ALC1YR ='1'

Description: Sample adults 18+ who have used first of top three modalities and who have consumed alcohol in the past 12 months

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for first top therapy was motivation to: cut back or stop drinking alcohol

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.518\_00.000

Instrument Variable Name: TP1\_MOT4

Final Documentation Name: TP1\_MOT4

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Cut back or stop smoking cigarettes?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and SMKNOW IN('1','2')

Description: Sample adults 18+ who have used first of top three modalities and who currently smoke every day or some days

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for first top therapy was motivation to: cut back or stop smoking cigarettes

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.519\_00.000

Instrument Variable Name: TP1\_MOT5

Final Documentation Name: TP1\_MOT5

**Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Exercise more regularly?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for first top therapy was motivation to: exercise more regularly

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.520\_00.000

Instrument Variable Name: TP1\_OUT1

Final Documentation Name: TP1\_OUT1

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Give you a sense of control over your health?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy: gave a sense of control over one's health

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.521\_00.000

Instrument Variable Name: TP1\_OUT2

Final Documentation Name: TP1\_OUT2

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Help to reduce your stress level or to relax?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy led to: reduced stress level or relaxation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.522\_00.000

Instrument Variable Name: TP1\_OUT3

Final Documentation Name: TP1\_OUT3

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Help you to sleep better?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy led to: better sleep

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.523\_00.000

Instrument Variable Name: TP1\_OUT4

Final Documentation Name: TP1\_OUT4

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Make you feel better emotionally?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first therapy led to: feeling better emotionally

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.524\_00.000

Instrument Variable Name: TP1\_OUT5

Final Documentation Name: TP1\_OUT5

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Make it easier to cope with health problems?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy led to: made it easier to cope with health problems

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.525\_00.000

Instrument Variable Name: TP1\_OUT6

Final Documentation Name: TP1\_OUT6

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your overall health and make you feel better?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy led to: improved overall health and feeling better

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.526\_00.000

Instrument Variable Name: TP1\_OUT7

Final Documentation Name: TP1\_OUT7

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your relationships with others?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy led to: improved relationships with others

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.527\_00.000

Instrument Variable Name: TP1\_OUT8

Final Documentation Name: TP1\_OUT8

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your attendance at [fill3: a job/school/a job or school]?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and (DOINGLW2 IN('1','2','4') or WRKLYR2 ='1' or SCHOOLYR ='1')

Description: Sample adults 18+ who have used first of top three modalities and who worked or attended school in the past year

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for first top therapy led to: improved attendance at job or school

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



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Question ID: ALT.528\_00.000

Instrument Variable Name: TP1\_MOST

Final Documentation Name: TP1\_MOST

Of these reasons, which ONE was the most important for using [fill1: modality]?

**\*Read list below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_CNT ge

Description: Sample adults 18+ who have used first of top three modalities and two or more reasons for seeing a practitioner/using modality chosen

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Most important reason for using first top therapy

- 01 Your general wellness or general disease prevention
- 02 To improve your energy
- 03 To improve your immune function
- 04 To improve your athletic or sports performance
- 05 To improve your memory or concentration
- 06 To eat healthier
- 07 To eat more organic foods
- 08 To cut back or stop drinking alcohol
- 09 To cut back or stop smoking cigarettes
- 10 To exercise more regularly
- 11 To give you a sense of control over your health
- 12 To help to reduce your stress level or to relax
- 13 To help you to sleep better
- 14 To make you feel better emotionally
- 15 To make it easier to cope with health problems
- 16 To improve your overall health and make you feel better
- 17 To improve your relationships with others
- 18 To improve your attendance at a job or school
- 97 Refused
- 98 Not ascertained
- 99 Don't know

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.529\_00.000

Instrument Variable Name: TP1\_HELP

Final Documentation Name: TP1\_HELP

How much do you think [fill1: modality] helped {fill2: reason given in TP1\_MOST question}? Would you say...

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and ('01' <= TP1\_MOST <= '18')

Description: Sample adults 18+ who have used first of top three modalities and had a most important reason for using selected modality/seeing a practitioner for selected modality

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: None

How much first top therapy helped with the most important reason for its use

- |   |                 |
|---|-----------------|
| 1 | A great deal    |
| 2 | Some            |
| 3 | Only a little   |
| 4 | Not at all      |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.530\_00.000

Instrument Variable Name: TP1\_TRET

Final Documentation Name: TP1\_TRET

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for one or more specific health problems, symptoms, or conditions?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; treatment for specific conditions

Notes: As part of the verbatim back coding process for TP1\_SPEC, edits were made to this variable. See the Survey Description Document for more information.

Used first top therapy for specific health problem(s)

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Document Version Date: 11-Jun-13

Question ID: ALT.531\_LIST

Instrument Variable Name: TP1CND01-TP1CND86

Final Documentation Name: TP1CLST

For what health problems, symptoms, or conditions did you {fill1: see a practitioner for/use} {fill2: modality}?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_TRET ='1'

Description: Sample adults 18+ who have used first of top three modalities and saw a practitioner or used modality for a specific health problem, symptom or condition

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: As part of the data editing process, all verbatim responses (TP1\_SPEC) were back coded into existing condition categories (TP1CND01-TP1CND85) when possible. Conditions that did not fit into an existing condition category were back coded into the "not elsewhere classified" category, TP1CND87. See the Survey Description Document for more information. The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Health conditions for which used/saw a practitioner for first top therapy

TP1CND01	Abdominal pain
TP1CND02	Acid reflux or heartburn
TP1CND03	Feeling anxious, nervous or worried
TP1CND04	Asthma
TP1CND05	Arthritis
TP1CND06	Attention Deficit Disorder/Hyperactivity
TP1CND07	Benign tumors, cysts
TP1CND08	Bipolar Disorder
TP1CND09	Birth defect
TP1CND10	Cancer
TP1CND11	High Cholesterol
TP1CND12	Chronic Bronchitis
TP1CND13	Circulation problems (other than in the legs)
TP1CND14	Coronary heart disease
TP1CND15	Dental pain
TP1CND16	Depression
TP1CND17	Diabetes
TP1CND18	Digestive allergy
TP1CND19	Excessive sleepiness during the day
TP1CND20	Excessive use of alcohol or tobacco
TP1CND21	Fatigue or lack of energy more than 3 days
TP1CND22	Fever more than 1 day

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TP1CND23	Fibromyalgia
TP1CND24	Fracture, bone/joint injury
TP1CND25	Gout
TP1CND26	Gynecologic problem
TP1CND27	Hay fever
TP1CND28	Head or chest cold
TP1CND29	Hearing problem
TP1CND30	Heart condition or disease, other than coronary heart disease
TP1CND31	Hernia
TP1CND32	Hypertension
TP1CND33	Infectious diseases or problems of the immune system
TP1CND34	Influenza or pneumonia
TP1CND35	Insomnia or trouble sleeping
TP1CND36	Jaw pain
TP1CND37	Joint pain or stiffness/Other joint condition
TP1CND38	Knee problems (not arthritis, not joint injury)
TP1CND39	Liver problem
TP1CND40	Lung/breathing problem
TP1CND41	Lupus
TP1CND42	Memory loss or loss of other cognitive function
TP1CND43	Menopause
TP1CND44	Menstrual problems
TP1CND45	Intellectual disability, also known as mental retardation
TP1CND46	Missing limbs (fingers, toes or digits), amputee
TP1CND47	Nausea and/or vomiting
TP1CND48	Neurological problems
TP1CND49	Osteoporosis, tendinitis
TP1CND50	Allergies other than hay fever, respiratory, food, digestive, or skin allergies
TP1CND51	Chronic pain
TP1CND52	Other developmental problem
TP1CND53	Injury other than fracture, bone/joint injury
TP1CND54	Mental health disorders
TP1CND55	Muscle or bone pain
TP1CND56	Nerve damage, including carpal tunnel syndrome
TP1CND57	Problems with being overweight
TP1CND58	Phobia or fears
TP1CND59	Polio (myelitis), paralysis, para/quadruplegia
TP1CND60	Poor circulation in your legs
TP1CND61	Prostate trouble or impotence
TP1CND62	Recurring headache, other than migraine
TP1CND63	Respiratory allergy
TP1CND64	Rheumatoid arthritis
TP1CND65	Senility
TP1CND66	Sinusitis
TP1CND67	Eczema or any kind of skin allergy
TP1CND68	Skin problems, other than eczema or skin allergies

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TP1CND69	Sore throat other than strep or tonsillitis
TP1CND70	Sprain or strain
TP1CND71	Frequent stress
TP1CND72	Strep throat or tonsillitis
TP1CND73	Substance abuse, other than alcohol or tobacco
TP1CND74	Filled problem from AFLHCA_S1
TP1CND75	Filled problem from AFLHCA_S2
TP1CND76	Ulcer
TP1CND77	Urinary problems
TP1CND78	Varicose veins, hemorrhoids
TP1CND79	Vision problem
TP1CND80	Weak or failing kidneys
TP1CND81	COPD
TP1CND82	Back pain or problem
TP1CND83	Neck pain or problem
TP1CND84	Severe headache or migraine
TP1CND85	Stomach or intestinal illness
TP1CND86	Other specify
TP1CND87	Condition not elsewhere classified
TP1CND88	Any cardiovascular condition

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## Adult Alternative Medicine

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Question ID: ALT.532\_00.000

Instrument Variable Name: TP1\_CMST

Final Documentation Name: TP1\_CMST

For which ONE of these did you {fill1: see a practitioner for/use} {fill2: modality} the most?

**\*If respondent cannot choose one condition, probe for condition most important for using therapy.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_COND ne ' ' and TP1\_CNT GE '02'

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific conditions and more than one condition selected

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: None

Most important health problem for which first top therapy was used

- 01 Abdominal pain
- 02 Acid reflux or heartburn
- 03 Feeling anxious, nervous or worried
- 04 Asthma
- 05 Arthritis
- 06 Attention Deficit Disorder/Hyperactivity
- 07 Benign tumors, cysts
- 08 Bipolar Disorder
- 09 Birth defect
- 10 Cancer
- 11 High Cholesterol
- 12 Chronic Bronchitis
- 13 Circulation problems (other than in the legs)
- 14 Coronary heart disease
- 15 Dental pain
- 16 Depression
- 17 Diabetes
- 18 Digestive allergy
- 19 Excessive sleepiness during the day
- 20 Excessive use of alcohol or tobacco
- 21 Fatigue or lack of energy more than 3 days
- 22 Fever more than 1 day
- 23 Fibromyalgia
- 24 Fracture, bone/joint injury
- 25 Gout
- 26 Gynecologic problem
- 27 Hay fever
- 28 Head or chest cold
- 29 Hearing problem

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30	Heart condition or disease, other than coronary heart disease
31	Hernia
32	Hypertension
33	Infectious diseases or problems of the immune system
34	Influenza or pneumonia
35	Insomnia or trouble sleeping
36	Jaw pain
37	Joint pain or stiffness/Other joint condition
38	Knee problems (not arthritis, not joint injury)
39	Liver problem
40	Lung/breathing problem
41	Lupus
42	Memory loss or loss of other cognitive function
43	Menopause
44	Menstrual problems
45	Intellectual disability, also known as mental retardation
46	Missing limbs (fingers, toes or digits), amputee
47	Nausea and/or vomiting
48	Neurological problems
49	Osteoporosis, tendinitis
50	Allergies other than hay fever, respiratory, food, digestive, or skin allergies
51	Chronic pain
52	Other developmental problem
53	Injury other than fracture, bone/joint injury
54	Mental health disorders
55	Muscle or bone pain
56	Nerve damage, including carpal tunnel syndrome
57	Problems with being overweight
58	Phobia or fears
59	Polio (myelitis), paralysis, para/quadruplegia
60	Poor circulation in your legs
61	Prostate trouble or impotence
62	Recurring headache, other than migraine
63	Respiratory allergy
64	Rheumatoid arthritis
65	Senility
66	Sinusitis
67	Eczema or any kind of skin allergy
68	Skin problems, other than eczema or skin allergies
69	Sore throat other than strep or tonsillitis
70	Sprain or strain
71	Frequent stress
72	Strep throat or tonsillitis
73	Substance abuse, other than alcohol or tobacco
74	Filled problem from AFLHCA_S1
75	Filled problem from AFLHCA_S2

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76	Ulcer
77	Urinary problems
78	Varicose veins, hemorrhoids
79	Vision problem
80	Weak or failing kidneys
81	COPD
82	Back pain or problem
83	Neck pain or problem
84	Severe headache or migraine
85	Stomach or intestinal illness
86	Other specify
97	Refused
98	Not ascertained
99	Don't know

---

Question ID: ALT.533\_00.000

Instrument Variable Name: TP1\_CHLP

Final Documentation Name: TP1\_CHLP

**How much do you think [fill1: modality] helped your [fill2: condition from TP1\_CMST]? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP1\_CMST &lt;='86')

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: None

How much first top therapy helped address the health problem

1	A great deal
2	Some
3	Only a little
4	Not at all
7	Refused
8	Not ascertained
9	Don't know

---



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Question ID: ALT.534\_00.000

Instrument Variable Name: TP1\_MTR1

Final Documentation Name: TP1\_MTR1

Did you receive any of the following medical treatments for [fill1: condition from TP1\_CMST]?

**Prescription medications?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP1\_CMST &lt;='86')

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; prescription medication

Notes: None

Received prescription medication for most important health condition treated by first top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.535\_00.000

Instrument Variable Name: TP1\_MTR2

Final Documentation Name: TP1\_MTR2

**\*Read if necessary.**

Did you receive any of the following medical treatments for [fill2: condition from TP1\_CMST]?

**Over-the-counter medications?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP1\_CMST &lt;='86')

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; over-the-counter medication

Notes: None

Received over-the-counter medication for most important health condition treated by first top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Question ID: ALT.536\_00.000

Instrument Variable Name: TP1\_MTR3

Final Documentation Name: TP1\_MTR3

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP1\_CMST]?****Surgery?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP1\_CMST &lt;='86')

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; surgery

Notes: None

Received surgery for most important health condition treated by first top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.537\_00.000

Instrument Variable Name: TP1\_MTR4

Final Documentation Name: TP1\_MTR4

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP1\_CMST]?****Physical therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP1\_CMST &lt;='86')

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; physical therapy

Notes: None

Received physical therapy for most important health condition treated by first top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Question ID: ALT.538\_00.000

Instrument Variable Name: TP1\_MTR5

Final Documentation Name: TP1\_MTR5

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP1\_CMST]?****Mental health counseling?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP1\_CMST &lt;='86')

Description: Sample adults 18+ who have used first of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; mental health counseling

Notes: None

Received mental health counseling for most important health condition treated by first top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.539\_00.000

Instrument Variable Name: TP1\_RS1

Final Documentation Name: TP1\_RS1

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****These medical treatments were too expensive?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP1\_MTR1 ='1' or TP1\_MTR2 ='1' or TP1\_MTR3 ='1' or TP1\_MTR4 ='1' or TP1\_MTR5 ='1')

Description: Sample adults 18+ who have used first of top three modalities and used some type of treatment for specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: medical treatments were too expensive

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**Question ID:** ALT.540\_00.000

Instrument Variable Name: TP1\_RS2

Final Documentation Name: TP1\_RS2

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****{fill3: modality} combined with these medical treatments would help you?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP1\_MTR1 ='1' or TP1\_MTR2 ='1' or TP1\_MTR3 ='1' or TP1\_MTR4 ='1' or TP1\_MTR5 ='1')

Description: Sample adults 18+ who have used first of top three modalities and used some type of treatment for specific condition(s)

---

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

---

Used/saw practitioner for first top therapy because: therapy combined with medical treatment would help

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

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**Question ID:** ALT.541\_00.000

Instrument Variable Name: TP1\_RS3

Final Documentation Name: TP1\_RS3

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****These medical treatments do not work for the health problem you want to treat or prevent?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP1\_MTR1 ='1' or TP1\_MTR2 ='1' or TP1\_MTR3 ='1' or TP1\_MTR4 ='1' or TP1\_MTR5 ='1')

Description: Sample adults 18+ who have used first of top three modalities and used some type of treatment for specific condition(s)

---

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

---

Used/saw practitioner for first top therapy because: medical treatments do not work for your specific health problem

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Question ID: ALT.542\_00.000

Instrument Variable Name: TP1\_RS4

Final Documentation Name: TP1\_RS4

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****[fill3: Prescription medications/Over the counter medications/Prescription or over-the-counter medications] cause side effects?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP1\_MTR1 ='1' or TP1\_MTR2 ='1')

Description: Sample adults 18+ who have used first of top three modalities and used prescription or over-the-counter medication to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: medications cause side effects

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.543\_00.000

Instrument Variable Name: TP1\_RS5

Final Documentation Name: TP1\_RS5

**DURING THE PAST 12 MONTHS, did you {fill1: use modality} for any of these reasons?****You can do it on your own?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 IN('06','07','10','11','12','13','14','15','16')

Description: Sample adults 18+ who have used first of top three modalities and picked a self care modality

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: it can be practiced/done on your own

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.544\_00.000

Instrument Variable Name: TP1\_RS6

Final Documentation Name: TP1\_RS6

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It is natural?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: it is natural

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.545\_00.000

Instrument Variable Name: TP1\_RS7

Final Documentation Name: TP1\_RS7

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} fill2: modality} for any of these reasons?****It focuses on the whole person, mind, body, and spirit?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: it focuses on the whole person, mind, body, and spirit

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.546\_00.000

Instrument Variable Name: TP1\_RS8

Final Documentation Name: TP1\_RS8

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It treats the cause and not just the symptoms?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: it treats the cause and not just the symptoms

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.547\_00.000

Instrument Variable Name: TP1\_RS9

Final Documentation Name: TP1\_RS9

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It was part of your upbringing?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for first top therapy because: it was part of your upbringing

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.548\_00.000

Instrument Variable Name: TP1\_REC1

Final Documentation Name: TP1\_REC1

Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?

**A medical doctor?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by medical doctor

Notes: None

Used/saw practitioner for first top therapy because it was recommended by: a medical doctor

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.549\_00.000

Instrument Variable Name: TP1\_REC2

Final Documentation Name: TP1\_REC2

**\*Read if necessary.**

Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?

**A family member?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by family member

Notes: None

Used/saw practitioner for first top therapy because it was recommended by: a family member

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.550\_00.000

Instrument Variable Name: TP1\_REC3

Final Documentation Name: TP1\_REC3

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?****A friend?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by friend

Notes: None

Used/saw practitioner for first top therapy because it was recommended by: a friend

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.551\_00.000

Instrument Variable Name: TP1\_REC4

Final Documentation Name: TP1\_REC4

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?****A co-worker?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by co-worker

Notes: None

Used/saw practitioner for first top therapy because it was recommended by: a co-worker

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.552\_00.000

Instrument Variable Name: TP1\_IMP

Final Documentation Name: TP1\_IMP

**DURING THE PAST 12 MONTHS, how important was your use of [fill1: modality] in maintaining your health and well-being? Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health and well-being

Notes: None

How important use of first top therapy was in maintaining health and well-being

- |   |                      |
|---|----------------------|
| 1 | Very important       |
| 2 | Somewhat important   |
| 3 | Slightly important   |
| 4 | Not at all important |
| 7 | Refused              |
| 8 | Not ascertained      |
| 9 | Don't know           |

Question ID: ALT.553\_00.000

Instrument Variable Name: TP1\_DS1

Final Documentation Name: TP1\_DS1

**[fill1: Not including the practitioner you saw for] [fill2: modality] DURING THE PAST 12 MONTHS, did you let your personal health care provider know about your use of [fill3: modality]?**

**\*If practitioner for therapy is the same person as personal health care provider, enter '1'.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and PROVTYPE NOT IN (' ','7','9')

Description: Sample adults 18+ who have used first of top three modalities and has a personal health care provider

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Told personal health care provider about use of first top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.554\_00.000

Instrument Variable Name: TP1\_DS2

Final Documentation Name: TP1\_DS2

**Why didn't you tell your personal health care provider about your use of [fill1: modality]?****You were not using it at the time?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: weren't using therapy at the time

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.555\_00.000

Instrument Variable Name: TP1\_DS3

Final Documentation Name: TP1\_DS3

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They discouraged use of it in the past?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: they discouraged use of therapy in the past

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.556\_00.000

Instrument Variable Name: TP1\_DS4

Final Documentation Name: TP1\_DS4

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You were worried they would discourage it?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: worried they would discourage it

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.557\_00.000

Instrument Variable Name: TP1\_DS5

Final Documentation Name: TP1\_DS5

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You were concerned about a negative reaction?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: concerned about a negative reaction

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.558\_00.000

Instrument Variable Name: TP1\_DS6

Final Documentation Name: TP1\_DS6

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You didn't think they needed to know?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: didn't think they needed to know

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.559\_00.000

Instrument Variable Name: TP1\_DS7

Final Documentation Name: TP1\_DS7

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They didn't ask?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: they didn't ask

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.560\_00.000

Instrument Variable Name: TP1\_DS8

Final Documentation Name: TP1\_DS8

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You don't think they know as much about it as you do?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell health care provider about use of first top therapy because: didn't think they knew as much about therapy as you do

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.561\_00.000

Instrument Variable Name: TP1\_DS9

Final Documentation Name: TP1\_DS9

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They didn't give you enough time to tell them?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne '' and TP1\_DS1 ='2'

Description: Sample adults 18+ who have used first of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of first top therapy because: they didn't give you enough time to tell them

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.580\_00.000

Instrument Variable Name: TP1\_INF1

Final Documentation Name: TP1\_INF1

**DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****The Internet?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about first top therapy from: the internet

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

**Question ID:** ALT.581\_00.000

Instrument Variable Name: TP1\_INF2

Final Documentation Name: TP1\_INF2

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Books, magazines, or newspapers?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about first top therapy from: books, magazines, or newspapers

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.582\_00.000

Instrument Variable Name: TP1\_INF3

Final Documentation Name: TP1\_INF3

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****DVDs, videos, or CDs?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about first top therapy from: DVDs, videos, or CDs

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.583\_00.000

Instrument Variable Name: TP1\_INF4

Final Documentation Name: TP1\_INF4

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Television or radio?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about first top therapy from: television or radio

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.584\_00.000

Instrument Variable Name: TP1\_INF5

Final Documentation Name: TP1\_INF5

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Scientific articles?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about first top therapy from: scientific articles

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.585\_00.000

Instrument Variable Name: TP1\_INF6

Final Documentation Name: TP1\_INF6

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Health food stores?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP31 ne ''

Description: Sample adults 18+ who have used first of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about first top therapy from: health food stores

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.595\_00.000

Instrument Variable Name: TP2\_REA1

Final Documentation Name: TP2\_REA1

**Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****For general wellness or general disease prevention?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy: for general wellness or general disease prevention

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.596\_00.000

Instrument Variable Name: TP2\_REA2

Final Documentation Name: TP2\_REA2

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your energy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy: to improve energy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.597\_00.000

Instrument Variable Name: TP2\_REA3

Final Documentation Name: TP2\_REA3

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your immune function?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy: to improve immune function

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.598\_00.000

Instrument Variable Name: TP2\_REA4

Final Documentation Name: TP2\_REA4

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your athletic or sports performance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy: to improve athletic or sports performance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.599\_00.000

Instrument Variable Name: TP2\_REA5

Final Documentation Name: TP2\_REA5

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your memory or concentration?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy: to improve memory or concentration

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.600\_00.000

Instrument Variable Name: TP2\_MOT1

Final Documentation Name: TP2\_MOT1

**Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Eat healthier?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for second top therapy was motivation to: eat healthier

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.601\_00.000

Instrument Variable Name: TP2\_MOT2

Final Documentation Name: TP2\_MOT2

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Eat more organic foods?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for second top therapy was motivation to: eat more organic foods

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.602\_00.000

Instrument Variable Name: TP2\_MOT3

Final Documentation Name: TP2\_MOT3

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Cut back or stop drinking alcohol?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and ALC1YR ='1'

Description: Sample adults 18+ who have used second of top three modalities and who have consumed alcohol in the past 12 months

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for second top therapy was motivation to: cut back or stop drinking alcohol

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.603\_00.000

Instrument Variable Name: TP2\_MOT4

Final Documentation Name: TP2\_MOT4

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Cut back or stop smoking cigarettes?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and SMKNOW IN('1','2')

Description: Sample adults 18+ who have used second of top three modalities and who currently smoke every day or some days

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for second top therapy was motivation to: cut back or stop smoking cigarettes

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.604\_00.000

Instrument Variable Name: TP2\_MOT5

Final Documentation Name: TP2\_MOT5

**Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Exercise more regularly?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for second top therapy was motivation to: exercise more regularly

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.605\_00.000

Instrument Variable Name: TP2\_OUT1

Final Documentation Name: TP2\_OUT1

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Give you a sense of control over your health?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second top therapy: gave a sense of control over one's health

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.606\_00.000

Instrument Variable Name: TP2\_OUT2

Final Documentation Name: TP2\_OUT2

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Help to reduce your stress level or to relax?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second top therapy led to: reduced stress level or relaxation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.607\_00.000

Instrument Variable Name: TP2\_OUT3

Final Documentation Name: TP2\_OUT3

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Help you to sleep better?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second top therapy led to: better sleep

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.608\_00.000

Instrument Variable Name: TP2\_OUT4

Final Documentation Name: TP2\_OUT4

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Make you feel better emotionally?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second therapy led to: feeling better emotionally

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.609\_00.000

Instrument Variable Name: TP2\_OUT5

Final Documentation Name: TP2\_OUT5

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Make it easier to cope with health problems?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second top therapy led to: made it easier to cope with health problems

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.610\_00.000

Instrument Variable Name: TP2\_OUT6

Final Documentation Name: TP2\_OUT6

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your overall health and make you feel better?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second top therapy led to: improved overall health and feeling better

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.611\_00.000

Instrument Variable Name: TP2\_OUT7

Final Documentation Name: TP2\_OUT7

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your relationships with others?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for second top therapy led to: improved relationships with others

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.612\_00.000

Instrument Variable Name: TP2\_OUT8

Final Documentation Name: TP2\_OUT8

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your attendance at a job or school?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and (DOINGLW2 IN('1','2','4') or WRKLYR2 ='1' or SCHOOLYR ='1')

Description: Sample adults 18+ who have used second of top three modalities and who worked or attended school in the past year

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: None

Using/seeing practitioner for second top therapy led to: improved attendance at job or school

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.613\_00.000

Instrument Variable Name: TP2\_MOST

Final Documentation Name: TP2\_MOST

Of these reasons, which ONE was the most important for using [fill1: modality]?

\*Read list below.

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_CNT ge

Description: Sample adults 18+ who have used second of top three modalities and two or more reasons for seeing a practitioner/using modality chosen

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Most important reason for using second top therapy

- 01 Your general wellness or general disease prevention
- 02 To improve your energy
- 03 To improve your immune function
- 04 To improve your athletic or sports performance
- 05 To improve your memory or concentration
- 06 To eat healthier
- 07 To eat more organic foods
- 08 To cut back or stop drinking alcohol
- 09 To cut back or stop smoking cigarettes
- 10 To exercise more regularly
- 11 To give you a sense of control over your health
- 12 To help to reduce your stress level or to relax
- 13 To help you to sleep better
- 14 To make you feel better emotionally
- 15 To make it easier to cope with health problems
- 16 To improve your overall health and make you feel better
- 17 To improve your relationships with others
- 18 To improve your attendance at a job or school
- 97 Refused
- 98 Not ascertained
- 99 Don't know

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.614\_00.000

Instrument Variable Name: TP2\_HELP

Final Documentation Name: TP2\_HELP

How much do you think [fill1: modality] helped {fill2: reason given in TP2\_MOST question}? Would you say...

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and ('01' <= TP2\_MOST <= '18')

Description: Sample adults 18+ who have used second of top three modalities and had a most important reason for using selected modality/seeing a practitioner for selected modality

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: None

How much second top therapy helped with the most important reason for its use

- |   |                 |
|---|-----------------|
| 1 | A great deal    |
| 2 | Some            |
| 3 | Only a little   |
| 4 | Not at all      |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.615\_00.000

Instrument Variable Name: TP2\_TRET

Final Documentation Name: TP2\_TRET

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for one or more specific health problems, symptoms, or conditions?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; treatment for specific conditions

Notes: As part of the verbatim back coding process for TP2\_SPEC, edits were made to this variable. See the Survey Description Document for more information.

Used second top therapy for specific health problem(s)

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.616\_LIST

Instrument Variable Name: TP2CND01-TP2CND86

Final Documentation Name: TP2CLST

For what health problems, symptoms, or conditions did you {fill1: see a practitioner for/use} {fill2: modality}?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_TRET ='1'

Description: Sample adults 18+ who have used second of top three modalities and saw a practitioner or used modality for a specific health problem, symptom or condition

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: As part of the data editing process, all verbatim responses (TP2\_SPEC) were back coded into existing condition categories (TP2CND01-TP2CND85) when possible. Conditions that did not fit into an existing condition category were back coded into the "not elsewhere classified" category, TP2CND87. See the Survey Description Document for more information. The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Health conditions for which used/saw a practitioner for second top therapy

TP2CND01	Abdominal pain
TP2CND02	Acid reflux or heartburn
TP2CND03	Feeling anxious, nervous or worried
TP2CND04	Asthma
TP2CND05	Arthritis
TP2CND06	Attention Deficit Disorder/Hyperactivity
TP2CND07	Benign tumors, cysts
TP2CND08	Bipolar Disorder
TP2CND09	Birth defect
TP2CND10	Cancer
TP2CND11	High Cholesterol
TP2CND12	Chronic Bronchitis
TP2CND13	Circulation problems (other than in the legs)
TP2CND14	Coronary heart disease
TP2CND15	Dental pain
TP2CND16	Depression
TP2CND17	Diabetes
TP2CND18	Digestive allergy
TP2CND19	Excessive sleepiness during the day
TP2CND20	Excessive use of alcohol or tobacco
TP2CND21	Fatigue or lack of energy more than 3 days
TP2CND22	Fever more than 1 day

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TP2CND23	Fibromyalgia
TP2CND24	Fracture, bone/joint injury
TP2CND25	Gout
TP2CND26	Gynecologic problem
TP2CND27	Hay fever
TP2CND28	Head or chest cold
TP2CND29	Hearing problem
TP2CND30	Heart condition or disease, other than coronary heart disease
TP2CND31	Hernia
TP2CND32	Hypertension
TP2CND33	Infectious diseases or problems of the immune system
TP2CND34	Influenza or pneumonia
TP2CND35	Insomnia or trouble sleeping
TP2CND36	Jaw pain
TP2CND37	Joint pain or stiffness/Other joint condition
TP2CND38	Knee problems (not arthritis, not joint injury)
TP2CND39	Liver problem
TP2CND40	Lung/breathing problem
TP2CND41	Lupus
TP2CND42	Memory loss or loss of other cognitive function
TP2CND43	Menopause
TP2CND44	Menstrual problems
TP2CND45	Intellectual disability, also known as mental retardation
TP2CND46	Missing limbs (fingers, toes or digits), amputee
TP2CND47	Nausea and/or vomiting
TP2CND48	Neurological problems
TP2CND49	Osteoporosis, tendinitis
TP2CND50	Allergies other than hay fever, respiratory, food, digestive, or skin allergies
TP2CND51	Chronic pain
TP2CND52	Other developmental problem
TP2CND53	Injury other than fracture, bone/joint injury
TP2CND54	Mental health disorders
TP2CND55	Muscle or bone pain
TP2CND56	Nerve damage, including carpal tunnel syndrome
TP2CND57	Problems with being overweight
TP2CND58	Phobia or fears
TP2CND59	Polio (myelitis), paralysis, para/quadruplegia
TP2CND60	Poor circulation in your legs
TP2CND61	Prostate trouble or impotence
TP2CND62	Recurring headache, other than migraine
TP2CND63	Respiratory allergy
TP2CND64	Rheumatoid arthritis
TP2CND65	Senility
TP2CND66	Sinusitis
TP2CND67	Eczema or any kind of skin allergy
TP2CND68	Skin problems, other than eczema or skin allergies

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TP2CND69	Sore throat other than strep or tonsillitis
TP2CND70	Sprain or strain
TP2CND71	Frequent stress
TP2CND72	Strep throat or tonsillitis
TP2CND73	Substance abuse, other than alcohol or tobacco
TP2CND74	Filled problem from AFLHCA_S1
TP2CND75	Filled problem from AFLHCA_S2
TP2CND76	Ulcer
TP2CND77	Urinary problems
TP2CND78	Varicose veins, hemorrhoids
TP2CND79	Vision problem
TP2CND80	Weak or failing kidneys
TP2CND81	COPD
TP2CND82	Back pain or problem
TP2CND83	Neck pain or problem
TP2CND84	Severe headache or migraine
TP2CND85	Stomach or intestinal illness
TP2CND86	Other specify
TP2CND87	Condition not elsewhere classified
TP2CND88	Any cardiovascular condition

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.617\_00.000

Instrument Variable Name: TP2\_CMST

Final Documentation Name: TP2\_CMST

For which ONE of these did you {fill1: see a practitioner for/use} {fill2: modality} the most?

**\*If respondent cannot choose one condition, probe for condition most important for using therapy.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_COND ne ' ' and TP2\_CNT GE '02'

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific conditions and more than one condition selected

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: None

Most important health problem for which second top therapy was used

- 01 Abdominal pain
- 02 Acid reflux or heartburn
- 03 Feeling anxious, nervous or worried
- 04 Asthma
- 05 Arthritis
- 06 Attention Deficit Disorder/Hyperactivity
- 07 Benign tumors, cysts
- 08 Bipolar Disorder
- 09 Birth defect
- 10 Cancer
- 11 High Cholesterol
- 12 Chronic Bronchitis
- 13 Circulation problems (other than in the legs)
- 14 Coronary heart disease
- 15 Dental pain
- 16 Depression
- 17 Diabetes
- 18 Digestive allergy
- 19 Excessive sleepiness during the day
- 20 Excessive use of alcohol or tobacco
- 21 Fatigue or lack of energy more than 3 days
- 22 Fever more than 1 day
- 23 Fibromyalgia
- 24 Fracture, bone/joint injury
- 25 Gout
- 26 Gynecologic problem
- 27 Hay fever
- 28 Head or chest cold
- 29 Hearing problem

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30	Heart condition or disease, other than coronary heart disease
31	Hernia
32	Hypertension
33	Infectious diseases or problems of the immune system
34	Influenza or pneumonia
35	Insomnia or trouble sleeping
36	Jaw pain
37	Joint pain or stiffness/Other joint condition
38	Knee problems (not arthritis, not joint injury)
39	Liver problem
40	Lung/breathing problem
41	Lupus
42	Memory loss or loss of other cognitive function
43	Menopause
44	Menstrual problems
45	Intellectual disability, also known as mental retardation
46	Missing limbs (fingers, toes or digits), amputee
47	Nausea and/or vomiting
48	Neurological problems
49	Osteoporosis, tendinitis
50	Allergies other than hay fever, respiratory, food, digestive, or skin allergies
51	Chronic pain
52	Other developmental problem
53	Injury other than fracture, bone/joint injury
54	Mental health disorders
55	Muscle or bone pain
56	Nerve damage, including carpal tunnel syndrome
57	Problems with being overweight
58	Phobia or fears
59	Polio (myelitis), paralysis, para/quadruplegia
60	Poor circulation in your legs
61	Prostate trouble or impotence
62	Recurring headache, other than migraine
63	Respiratory allergy
64	Rheumatoid arthritis
65	Senility
66	Sinusitis
67	Eczema or any kind of skin allergy
68	Skin problems, other than eczema or skin allergies
69	Sore throat other than strep or tonsillitis
70	Sprain or strain
71	Frequent stress
72	Strep throat or tonsillitis
73	Substance abuse, other than alcohol or tobacco
74	Filled problem from AFLHCA_S1
75	Filled problem from AFLHCA_S2

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76	Ulcer
77	Urinary problems
78	Varicose veins, hemorrhoids
79	Vision problem
80	Weak or failing kidneys
81	COPD
82	Back pain or problem
83	Neck pain or problem
84	Severe headache or migraine
85	Stomach or intestinal illness
86	Other specify
97	Refused
98	Not ascertained
99	Don't know

---

Question ID: ALT.618\_00.000

Instrument Variable Name: TP2\_CHLP

Final Documentation Name: TP2\_CHLP

**How much do you think [fill1: modality] helped your [fill2: condition from TP2\_CMST]? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP2\_CMST &lt;='86')

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: None

How much second top therapy helped address the health problem

1	A great deal
2	Some
3	Only a little
4	Not at all
7	Refused
8	Not ascertained
9	Don't know

---

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.619\_00.000

Instrument Variable Name: TP2\_MTR1

Final Documentation Name: TP2\_MTR1

Did you receive any of the following medical treatments for [fill1: condition from TP2\_CMST]?

**Prescription medications?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP2\_CMST &lt;='86')

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; prescription medication

Notes: None

Received prescription medication for most important health condition treated by second top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.620\_00.000

Instrument Variable Name: TP2\_MTR2

Final Documentation Name: TP2\_MTR2

**\*Read if necessary.**

Did you receive any of the following medical treatments for [fill2: condition from TP2\_CMST]?

**Over-the-counter medications?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP2\_CMST &lt;='86')

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; over-the-counter medication

Notes: None

Received over-the-counter medication for most important health condition treated by second top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.621\_00.000

Instrument Variable Name: TP2\_MTR3

Final Documentation Name: TP2\_MTR3

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP2\_CMST]?****Surgery?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP2\_CMST &lt;='86')

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; surgery

Notes: None

Received surgery for most important health condition treated by second top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.622\_00.000

Instrument Variable Name: TP2\_MTR4

Final Documentation Name: TP2\_MTR4

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP2\_CMST]?****Physical therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP2\_CMST &lt;='86')

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; physical therapy

Notes: None

Received physical therapy for most important health condition treated by second top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.623\_00.000

Instrument Variable Name: TP2\_MTR5

Final Documentation Name: TP2\_MTR5

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP1\_CMST]?****Mental health counseling?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP2\_CMST &lt;='86')

Description: Sample adults 18+ who have used second of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; mental health counseling

Notes: None

Received mental health counseling for most important health condition treated by second top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.624\_00.000

Instrument Variable Name: TP2\_RS1

Final Documentation Name: TP2\_RS1

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****These medical treatments were too expensive?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP2\_MTR1 ='1' or TP2\_MTR2 ='1' or TP2\_MTR3 ='1' or TP2\_MTR4 ='1' or TP2\_MTR5 ='1')

Description: Sample adults 18+ who have used second of top three modalities and used some type of treatment for specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: medical treatments were too expensive

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine**

althealt : Adult Alternative Health/Complementary And Alternative Medicine

**PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.625\_00.000

Instrument Variable Name: TP2\_RS2

Final Documentation Name: TP2\_RS2

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****{fill3: modality} combined with these medical treatments would help you?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP2\_MTR1 ='1' or TP2\_MTR2 ='1' or TP2\_MTR3 ='1' or TP2\_MTR4 ='1' or TP2\_MTR5 ='1')

Description: Sample adults 18+ who have used second of top three modalities and used some type of treatment for specific condition(s)

---

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

---

Used/saw practitioner for second top therapy because: therapy combined with medical treatment would help

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

---

**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.626\_00.000

Instrument Variable Name: TP2\_RS3

Final Documentation Name: TP2\_RS3

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****These medical treatments do not work for the health problem you want to treat or prevent?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP2\_MTR1 ='1' or TP2\_MTR2 ='1' or TP2\_MTR3 ='1' or TP2\_MTR4 ='1' or TP2\_MTR5 ='1')

Description: Sample adults 18+ who have used second of top three modalities and used some type of treatment for specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

---

Used/saw practitioner for second top therapy because: medical treatments do not work for your specific health problem

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.627\_00.000

Instrument Variable Name: TP2\_RS4

Final Documentation Name: TP2\_RS4

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****[fill3: Prescription medications/Over the counter medications/Prescription or over-the-counter medications] cause side effects?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP2\_MTR1 ='1' or TP2\_MTR2 ='1')

Description: Sample adults 18+ who have used second of top three modalities and used prescription or over-the-counter medications to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: medications cause side effects

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.628\_00.000

Instrument Variable Name: TP2\_RS5

Final Documentation Name: TP2\_RS5

**DURING THE PAST 12 MONTHS, did you [fill1: use modality] for any of these reasons?****You can do it on your own?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 IN('06','07','10','11','12','13','14','15','16')

Description: Sample adults 18+ who have used second of top three modalities and picked a self care modality

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: it can be practiced/done on your own

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.629\_00.000

Instrument Variable Name: TP2\_RS6

Final Documentation Name: TP2\_RS6

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It is natural?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: it is natural

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.630\_00.000

Instrument Variable Name: TP2\_RS7

Final Documentation Name: TP2\_RS7

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} fill2: modality} for any of these reasons?****It focuses on the whole person, mind, body, and spirit?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: it focuses on the whole person, mind, body, and spirit

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.631\_00.000

Instrument Variable Name: TP2\_RS8

Final Documentation Name: TP2\_RS8

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It treats the cause and not just the symptoms?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: it treats the cause and not just the symptoms

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.632\_00.000

Instrument Variable Name: TP2\_RS9

Final Documentation Name: TP2\_RS9

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It was part of your upbringing?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for second top therapy because: it was part of your upbringing

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.633\_00.000

Instrument Variable Name: TP2\_REC1

Final Documentation Name: TP2\_REC1

Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?

**A medical doctor?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by medical doctor

Notes: None

Used/saw practitioner for second top therapy because it was recommended by: a medical doctor

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.634\_00.000

Instrument Variable Name: TP2\_REC2

Final Documentation Name: TP2\_REC2

**\*Read if necessary.**

Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?

**A family member?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by family member

Notes: None

Used/saw practitioner for second top therapy because it was recommended by: a family member

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.635\_00.000

Instrument Variable Name: TP2\_REC3

Final Documentation Name: TP2\_REC3

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?****A friend?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by friend

Notes: None

Used/saw practitioner for second top therapy because it was recommended by: a friend

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.636\_00.000

Instrument Variable Name: TP2\_REC4

Final Documentation Name: TP2\_REC4

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?****A co-worker?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by co-worker

Notes: None

Used/saw practitioner for second top therapy because it was recommended by: a co-worker

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.637\_00.000

Instrument Variable Name: TP2\_IMP

Final Documentation Name: TP2\_IMP

**DURING THE PAST 12 MONTHS, how important was your use of [fill1: modality] in maintaining your health and well-being? Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health and well-being

Notes: None

How important use of second top therapy was in maintaining health and well-being

- |   |                      |
|---|----------------------|
| 1 | Very important       |
| 2 | Somewhat important   |
| 3 | Slightly important   |
| 4 | Not at all important |
| 7 | Refused              |
| 8 | Not ascertained      |
| 9 | Don't know           |

Question ID: ALT.638\_00.000

Instrument Variable Name: TP2\_DS1

Final Documentation Name: TP2\_DS1

**[fill1: Not including the practitioner you saw for] [fill2: modality] DURING THE PAST 12 MONTHS, did you let your personal health care provider know about your use of [fill3: modality]?**

**\*If practitioner for therapy is the same person as personal health care provider, enter '1'.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and PROVTYPE NOT IN(' ','7','9')

Description: Sample adults 18+ who have used second of top three modalities and has a personal health care provider

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Told personal health care provider about use of second top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.639\_00.000

Instrument Variable Name: TP2\_DS2

Final Documentation Name: TP2\_DS2

**Why didn't you tell your personal health care provider about your use of [fill1: modality]?****You were not using it at the time?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: weren't using therapy at the time

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.640\_00.000

Instrument Variable Name: TP2\_DS3

Final Documentation Name: TP2\_DS3

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They discouraged use of it in the past?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: they discouraged use of therapy in the past

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.641\_00.000

Instrument Variable Name: TP2\_DS4

Final Documentation Name: TP2\_DS4

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You were worried they would discourage it?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: worried they would discourage it

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.642\_00.000

Instrument Variable Name: TP2\_DS5

Final Documentation Name: TP2\_DS5

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You were concerned about a negative reaction?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: concerned about a negative reaction

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.643\_00.000

Instrument Variable Name: TP2\_DS6

Final Documentation Name: TP2\_DS6

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You didn't think they needed to know?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: didn't think they needed to know

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.644\_00.000

Instrument Variable Name: TP2\_DS7

Final Documentation Name: TP2\_DS7

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They didn't ask?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: they didn't ask

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**2012 NATIONAL HEALTH INTERVIEW SURVEY****Adult Alternative Medicine****althealt : Adult Alternative Health/Complementary And Alternative Medicine****PUBLIC USE****Document Version Date: 11-Jun-13**

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**Question ID:** ALT.645\_00.000

Instrument Variable Name: TP2\_DS8

Final Documentation Name: TP2\_DS8

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You don't think they know as much about it as you do?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

---

Didn't tell health care provider about use of second top therapy because didn't think they knew as much about therapy as you do

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.646\_00.000

Instrument Variable Name: TP2\_DS9

Final Documentation Name: TP2\_DS9

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They didn't give you enough time to tell them?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne '' and TP2\_DS1 ='2'

Description: Sample adults 18+ who have used second of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of second top therapy because: they didn't give you enough time to tell them

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.675\_00.000

Instrument Variable Name: TP2\_INF1

Final Documentation Name: TP2\_INF1

**DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****The Internet?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about second top therapy from: the internet

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.676\_00.000

Instrument Variable Name: TP2\_INF2

Final Documentation Name: TP2\_INF2

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Books, magazines, or newspapers?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about second top therapy from: books, magazines, or newspapers

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.677\_00.000

Instrument Variable Name: TP2\_INF3

Final Documentation Name: TP2\_INF3

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****DVDs, videos, or CDs?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about second top therapy from: DVDs, videos, or CDs

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.678\_00.000

Instrument Variable Name: TP2\_INF4

Final Documentation Name: TP2\_INF4

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Television or radio?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about second top therapy from: television or radio

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.679\_00.000

Instrument Variable Name: TP2\_INF5

Final Documentation Name: TP2\_INF5

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Scientific articles?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about second top therapy from: scientific articles

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.680\_00.000

Instrument Variable Name: TP2\_INF6

Final Documentation Name: TP2\_INF6

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Health food stores?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP32 ne ''

Description: Sample adults 18+ who have used second of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about second top therapy from: health food stores

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.690\_00.000

Instrument Variable Name: TP3\_REA1

Final Documentation Name: TP3\_REA1

**Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****For general wellness or general disease prevention?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy: for general wellness or general disease prevention

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.691\_00.000

Instrument Variable Name: TP3\_REA2

Final Documentation Name: TP3\_REA2

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your energy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third therapy: to improve energy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.692\_00.000

Instrument Variable Name: TP3\_REA3

Final Documentation Name: TP3\_REA3

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your immune function?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy: to improve immune function

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.693\_00.000

Instrument Variable Name: TP3\_REA4

Final Documentation Name: TP3\_REA4

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your athletic or sports performance?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third therapy: to improve athletic or sports performance

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.694\_00.000

Instrument Variable Name: TP3\_REA5

Final Documentation Name: TP3\_REA5

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****To improve your memory or concentration?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy: to improve memory or concentration

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.695\_00.000

Instrument Variable Name: TP3\_MOT1

Final Documentation Name: TP3\_MOT1

Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to

Eat healthier?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for third top therapy was motivation to: eat healthier

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.696\_00.000

Instrument Variable Name: TP3\_MOT2

Final Documentation Name: TP3\_MOT2

\*Read if necessary.

Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to

Eat more organic foods?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for third top therapy was motivation to: eat more organic foods

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.697\_00.000

Instrument Variable Name: TP3\_MOT3

Final Documentation Name: TP3\_MOT3

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Cut back or stop drinking alcohol?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and ALC1YR='1'

Description: Sample adults 18+ who have used third of top three modalities and who have consumed alcohol in the past 12 months

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for third top therapy was motivation to: cut back or stop drinking alcohol

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.698\_00.000

Instrument Variable Name: TP3\_MOT4

Final Documentation Name: TP3\_MOT4

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to****Cut back or stop smoking cigarettes?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and SMKNOW IN('1','2')

Description: Sample adults 18+ who have used third of top three modalities and who currently smoke every day or some days

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for third top therapy was motivation to: cut back or stop smoking cigarettes

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.699\_00.000

Instrument Variable Name: TP3\_MOT5

Final Documentation Name: TP3\_MOT5

Did {fill1: seeing a practitioner for/using} {fill2: modality} motivate you to

Exercise more regularly?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; motivation

Notes: None

Using/seeing practitioner for third top therapy was motivation to: exercise more regularly

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.700\_00.000

Instrument Variable Name: TP3\_OUT1

Final Documentation Name: TP3\_OUT1

\*Read if necessary.

Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?

Give you a sense of control over your health?

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy: gave a sense of control over one's health

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.701\_00.000

Instrument Variable Name: TP3\_OUT2

Final Documentation Name: TP3\_OUT2

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Help to reduce your stress level or to relax?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy led to: reduced stress level or relaxation

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.702\_00.000

Instrument Variable Name: TP3\_OUT3

Final Documentation Name: TP3\_OUT3

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Help you to sleep better?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy led to: better sleep

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.703\_00.000

Instrument Variable Name: TP3\_OUT4

Final Documentation Name: TP3\_OUT4

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Make you feel better emotionally?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy led to: feeling better emotionally

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.704\_00.000

Instrument Variable Name: TP3\_OUT5

Final Documentation Name: TP3\_OUT5

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Make it easier to cope with health problems?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy led to: made it easier to cope with health problems

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.705\_00.000

Instrument Variable Name: TP3\_OUT6

Final Documentation Name: TP3\_OUT6

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your overall health and make you feel better?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy led to: improved overall health and feeling better

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.706\_00.000

Instrument Variable Name: TP3\_OUT7

Final Documentation Name: TP3\_OUT7

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your relationships with others?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

Using/seeing practitioner for third top therapy led to: improved relationships with others

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

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**Question ID:** ALT.707\_00.000

Instrument Variable Name: TP3\_OUT8

Final Documentation Name: TP3\_OUT8

**\*Read if necessary.****Did {fill1: seeing a practitioner for/using} {fill2: modality} lead to any of these outcomes?****Improve your attendance at a job or school?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and (DOINGLW2 IN('1','2','4') or WRKLYR2 ='1' or SCHOOLYR ='1')

Description: Sample adults 18+ who have used third of top three modalities and who worked or attended school in the past year

---

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; outcome

Notes: None

---

Using/seeing practitioner for third top therapy led to: improved attendance at job or school

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.708\_00.000

Instrument Variable Name: TP3\_MOST

Final Documentation Name: TP3\_MOST

Of these reasons, which ONE was the most important for using [fill1: modality]?

**\*Read list below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_CNT ge

Description: Sample adults 18+ who have used third of top three modalities and had two or more reasons for seeing a practitioner/using modality chosen

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Most important reason for using third top therapy

- 01 Your general wellness or general disease prevention
- 02 To improve your energy
- 03 To improve your immune function
- 04 To improve your athletic or sports performance
- 05 To improve your memory or concentration
- 06 To eat healthier
- 07 To eat more organic foods
- 08 To cut back or stop drinking alcohol
- 09 To cut back or stop smoking cigarettes
- 10 To exercise more regularly
- 11 To give you a sense of control over your health
- 12 To help to reduce your stress level or to relax
- 13 To help you to sleep better
- 14 To make you feel better emotionally
- 15 To make it easier to cope with health problems
- 16 To improve your overall health and make you feel better
- 17 To improve your relationships with others
- 18 To improve your attendance at a job or school
- 97 Refused
- 98 Not ascertained
- 99 Don't know



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.709\_00.000

Instrument Variable Name: TP3\_HELP

Final Documentation Name: TP3\_HELP

How much do you think [fill1: modality] helped {fill2: reason given in TP3\_MOST question}? Would you say...

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and ('01' <= TP3\_MOST <= '18')

Description: Sample adults 18+ who have used third of top three modalities and had a most important reason for using selected modality/seeing a practitioner for selected modality

Sources: None

Recodes: None

Keywords: top 3 alternative therapies

Notes: None

How much third top therapy helped with the most important reason for its use

- |   |                 |
|---|-----------------|
| 1 | A great deal    |
| 2 | Some            |
| 3 | Only a little   |
| 4 | Not at all      |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.710\_00.000

Instrument Variable Name: TP3\_TRET

Final Documentation Name: TP3\_TRET

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for one or more specific health problems, symptoms, or conditions?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; treatment for specific conditions

Notes: As part of the verbatim back coding process for TP3\_SPEC, edits were made to this variable. See the Survey Description Document for more information.

Used third top therapy for specific health problem(s)

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Document Version Date: 11-Jun-13

Question ID: ALT.711\_LIST

Instrument Variable Name: TP3CND01-TP3CND86

Final Documentation Name: TP3CLST

For what health problems, symptoms, or conditions did you {fill1: see a practitioner for/use} {fill2: modality}?

**\*Enter all that apply, separate with commas.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_TRET ='1'

Description: Sample adults 18+ who have used third of top three modalities and saw a practitioner or used modality for a specific health problem, symptom or condition

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: As part of the data editing process, all verbatim responses (TP3\_SPEC) were back coded into existing condition categories (TP3CND01-TP3CND85) when possible. Conditions that did not fit into an existing condition category were back coded into the "not elsewhere classified" category, TP3CND87. See the Survey Description Document for more information. The following response categories apply to each variable listed below:

- 1 Mentioned
- 2 Not mentioned
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Health conditions for which used/saw a practitioner for third top therapy

TP3CND01	Abdominal pain
TP3CND02	Acid reflux or heartburn
TP3CND03	Feeling anxious, nervous or worried
TP3CND04	Asthma
TP3CND05	Arthritis
TP3CND06	Attention Deficit Disorder/Hyperactivity
TP3CND07	Benign tumors, cysts
TP3CND08	Bipolar Disorder
TP3CND09	Birth defect
TP3CND10	Cancer
TP3CND11	High Cholesterol
TP3CND12	Chronic Bronchitis
TP3CND13	Circulation problems (other than in the legs)
TP3CND14	Coronary heart disease
TP3CND15	Dental pain
TP3CND16	Depression
TP3CND17	Diabetes
TP3CND18	Digestive allergy
TP3CND19	Excessive sleepiness during the day
TP3CND20	Excessive use of alcohol or tobacco
TP3CND21	Fatigue or lack of energy more than 3 days
TP3CND22	Fever more than 1 day

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TP3CND23	Fibromyalgia
TP3CND24	Fracture, bone/joint injury
TP3CND25	Gout
TP3CND26	Gynecologic problem
TP3CND27	Hay fever
TP3CND28	Head or chest cold
TP3CND29	Hearing problem
TP3CND30	Heart condition or disease, other than coronary heart disease
TP3CND31	Hernia
TP3CND32	Hypertension
TP3CND33	Infectious diseases or problems of the immune system
TP3CND34	Influenza or pneumonia
TP3CND35	Insomnia or trouble sleeping
TP3CND36	Jaw pain
TP3CND37	Joint pain or stiffness/Other joint condition
TP3CND38	Knee problems (not arthritis, not joint injury)
TP3CND39	Liver problem
TP3CND40	Lung/breathing problem
TP3CND41	Lupus
TP3CND42	Memory loss or loss of other cognitive function
TP3CND43	Menopause
TP3CND44	Menstrual problems
TP3CND45	Intellectual disability, also known as mental retardation
TP3CND46	Missing limbs (fingers, toes or digits), amputee
TP3CND47	Nausea and/or vomiting
TP3CND48	Neurological problems
TP3CND49	Osteoporosis, tendinitis
TP3CND50	Allergies other than hay fever, respiratory, food, digestive, or skin allergies
TP3CND51	Chronic pain
TP3CND52	Other developmental problem
TP3CND53	Injury other than fracture, bone/joint injury
TP3CND54	Mental health disorders
TP3CND55	Muscle or bone pain
TP3CND56	Nerve damage, including carpal tunnel syndrome
TP3CND57	Problems with being overweight
TP3CND58	Phobia or fears
TP3CND59	Polio (myelitis), paralysis, para/quadruplegia
TP3CND60	Poor circulation in your legs
TP3CND61	Prostate trouble or impotence
TP3CND62	Recurring headache, other than migraine
TP3CND63	Respiratory allergy
TP3CND64	Rheumatoid arthritis
TP3CND65	Senility
TP3CND66	Sinusitis
TP3CND67	Eczema or any kind of skin allergy
TP3CND68	Skin problems, other than eczema or skin allergies

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TP3CND69	Sore throat other than strep or tonsillitis
TP3CND70	Sprain or strain
TP3CND71	Frequent stress
TP3CND72	Strep throat or tonsillitis
TP3CND73	Substance abuse, other than alcohol or tobacco
TP3CND74	Filled problem from AFLHCA_S1
TP3CND75	Filled problem from AFLHCA_S2
TP3CND76	Ulcer
TP3CND77	Urinary problems
TP3CND78	Varicose veins, hemorrhoids
TP3CND79	Vision problem
TP3CND80	Weak or failing kidneys
TP3CND81	COPD
TP3CND82	Back pain or problem
TP3CND83	Neck pain or problem
TP3CND84	Severe headache or migraine
TP3CND85	Stomach or intestinal illness
TP3CND86	Other specify
TP3CND87	Condition not elsewhere classified
TP3CND88	Any cardiovascular condition

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.712\_00.000

Instrument Variable Name: TP3\_CMST

Final Documentation Name: TP3\_CMST

For which ONE of these did you {fill1: see a practitioner for/use} {fill2: modality} the most?

**\*If respondent cannot choose one condition, probe for condition most important for using therapy.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_COND ne '' and TP3\_CNT GE '02'

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific conditions and more than one condition selected

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: None

Most important health problem for which third top therapy was used

- 01 Abdominal pain
- 02 Acid reflux or heartburn
- 03 Feeling anxious, nervous or worried
- 04 Asthma
- 05 Arthritis
- 06 Attention Deficit Disorder/Hyperactivity
- 07 Benign tumors, cysts
- 08 Bipolar Disorder
- 09 Birth defect
- 10 Cancer
- 11 High Cholesterol
- 12 Chronic Bronchitis
- 13 Circulation problems (other than in the legs)
- 14 Coronary heart disease
- 15 Dental pain
- 16 Depression
- 17 Diabetes
- 18 Digestive allergy
- 19 Excessive sleepiness during the day
- 20 Excessive use of alcohol or tobacco
- 21 Fatigue or lack of energy more than 3 days
- 22 Fever more than 1 day
- 23 Fibromyalgia
- 24 Fracture, bone/joint injury
- 25 Gout
- 26 Gynecologic problem
- 27 Hay fever
- 28 Head or chest cold
- 29 Hearing problem

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30	Heart condition or disease, other than coronary heart disease
31	Hernia
32	Hypertension
33	Infectious diseases or problems of the immune system
34	Influenza or pneumonia
35	Insomnia or trouble sleeping
36	Jaw pain
37	Joint pain or stiffness/Other joint condition
38	Knee problems (not arthritis, not joint injury)
39	Liver problem
40	Lung/breathing problem
41	Lupus
42	Memory loss or loss of other cognitive function
43	Menopause
44	Menstrual problems
45	Intellectual disability, also known as mental retardation
46	Missing limbs (fingers, toes or digits), amputee
47	Nausea and/or vomiting
48	Neurological problems
49	Osteoporosis, tendinitis
50	Allergies other than hay fever, respiratory, food, digestive, or skin allergies
51	Chronic pain
52	Other developmental problem
53	Injury other than fracture, bone/joint injury
54	Mental health disorders
55	Muscle or bone pain
56	Nerve damage, including carpal tunnel syndrome
57	Problems with being overweight
58	Phobia or fears
59	Polio (myelitis), paralysis, para/quadruplegia
60	Poor circulation in your legs
61	Prostate trouble or impotence
62	Recurring headache, other than migraine
63	Respiratory allergy
64	Rheumatoid arthritis
65	Senility
66	Sinusitis
67	Eczema or any kind of skin allergy
68	Skin problems, other than eczema or skin allergies
69	Sore throat other than strep or tonsillitis
70	Sprain or strain
71	Frequent stress
72	Strep throat or tonsillitis
73	Substance abuse, other than alcohol or tobacco
74	Filled problem from AFLHCA_S1
75	Filled problem from AFLHCA_S2

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## Adult Alternative Medicine

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76	Ulcer
77	Urinary problems
78	Varicose veins, hemorrhoids
79	Vision problem
80	Weak or failing kidneys
81	COPD
82	Back pain or problem
83	Neck pain or problem
84	Severe headache or migraine
85	Stomach or intestinal illness
86	Other specify
97	Refused
98	Not ascertained
99	Don't know

---

Question ID: ALT.713\_00.000

Instrument Variable Name: TP3\_CHLP

Final Documentation Name: TP3\_CHLP

**How much do you think [fill1: modality] helped your [fill2: condition from TP3\_CMST]? Would you say...****\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP3\_CMST &lt;='86')

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; conditions

Notes: None

How much third top therapy helped address the health problem

1	A great deal
2	Some
3	Only a little
4	Not at all
7	Refused
8	Not ascertained
9	Don't know

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## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.714\_00.000

Instrument Variable Name: TP3\_MTR1

Final Documentation Name: TP3\_MTR1

Did you receive any of the following medical treatments for [fill1: condition from TP3\_CMST]?

**Prescription medications?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP3\_CMST &lt;='86')

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; prescription medication

Notes: None

Received prescription medication for most important health condition treated by third top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.715\_00.000

Instrument Variable Name: TP3\_MTR2

Final Documentation Name: TP3\_MTR2

**\*Read if necessary.**

Did you receive any of the following medical treatments for [fill2: condition from TP3\_CMST]?

**Over-the-counter medications?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP3\_CMST &lt;='86')

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; over-the-counter medication

Notes: None

Received over-the-counter medication for most important health condition treated by third top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.716\_00.000

Instrument Variable Name: TP3\_MTR3

Final Documentation Name: TP3\_MTR3

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP3\_CMST]?****Surgery?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP3\_CMST &lt;='86')

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; surgery

Notes: None

Received surgery for most important health condition treated by third top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.717\_00.000

Instrument Variable Name: TP3\_MTR4

Final Documentation Name: TP3\_MTR4

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP3\_CMST]?****Physical therapy?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP3\_CMST &lt;='86')

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; physical therapy

Notes: None

Received physical therapy for most important health condition treated by third top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.718\_00.000

Instrument Variable Name: TP3\_MTR5

Final Documentation Name: TP3\_MTR5

**\*Read if necessary.****Did you receive any of the following medical treatments for [fill2: condition from TP3\_CMST]?****Mental health counseling?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ('01'&lt;=TP3\_CMST &lt;='86')

Description: Sample adults 18+ who have used third of top three modalities and used modality to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; mental health counseling

Notes: None

Received mental health counseling for most important health condition treated by third top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.719\_00.000

Instrument Variable Name: TP3\_RS1

Final Documentation Name: TP3\_RS1

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****These medical treatments were too expensive?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP3\_MTR1 ='1' or TP3\_MTR2 ='1' or TP3\_MTR3 ='1' or TP3\_MTR4 ='1' or TP3\_MTR5 ='1')

Description: Sample adults 18+ who have used third of top three modalities and used treatments for specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: medical treatments were too expensive

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.720\_00.000

Instrument Variable Name: TP3\_RS2

Final Documentation Name: TP3\_RS2

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****[fill3: modality] combined with these medical treatments would help you?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP3\_MTR1 ='1' or TP3\_MTR2 ='1' or TP3\_MTR3 ='1' or TP3\_MTR4 ='1' or TP3\_MTR5 ='1')

Description: Sample adults 18+ who have used third of top three modalities and used treatments for specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: therapy combined with medical treatment would help

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

Question ID: ALT.721\_00.000

Instrument Variable Name: TP3\_RS3

Final Documentation Name: TP3\_RS3

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****These medical treatments do not work for the health problem you want to treat or prevent?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP3\_MTR1 ='1' or TP3\_MTR2 ='1' or TP3\_MTR3 ='1' or TP3\_MTR4 ='1' or TP3\_MTR5 ='1')

Description: Sample adults 18+ who have used third of top three modalities and used treatments for specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: medical treatments do not work for your specific health problem

- 1 Yes
- 2 No
- 7 Refused
- 8 Not ascertained
- 9 Don't know

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.722\_00.000

Instrument Variable Name: TP3\_RS4

Final Documentation Name: TP3\_RS4

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****[fill3: Prescription medications/Over the counter medications/Prescription or over-the-counter medications] cause side effects?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and (TP3\_MTR1 ='1' or TP3\_MTR2 ='1')

Description: Sample adults 18+ who have used third of top three modalities and used prescription or over-the-counter medication to treat specific condition(s)

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: medications cause side effects

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.723\_00.000

Instrument Variable Name: TP3\_RS5

Final Documentation Name: TP3\_RS5

**DURING THE PAST 12 MONTHS, did you {fill1: use modality} for any of these reasons?****You can do it on your own?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 IN('06','07','10','11','12','13','14','15','16')

Description: Sample adults 18+ who have used third of top three modalities and picked a self care modality

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: it can be practiced/done on your own

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.724\_00.000

Instrument Variable Name: TP3\_RS6

Final Documentation Name: TP3\_RS6

**DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It is natural?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: it is natural

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.725\_00.000

Instrument Variable Name: TP3\_RS7

Final Documentation Name: TP3\_RS7

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} fill2: modality} for any of these reasons?****It focuses on the whole person, mind, body, and spirit?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: it focuses on the whole person, mind, body, and spirit

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.726\_00.000

Instrument Variable Name: TP3\_RS8

Final Documentation Name: TP3\_RS8

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It treats the cause and not just the symptoms?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: it treats the cause and not just the symptoms

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.727\_00.000

Instrument Variable Name: TP3\_RS9

Final Documentation Name: TP3\_RS9

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you {fill1: see a practitioner for/use} {fill2: modality} for any of these reasons?****It was part of your upbringing?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; reason for use

Notes: None

Used/saw practitioner for third top therapy because: it was part of your upbringing

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.728\_00.000

Instrument Variable Name: TP3\_REC1

Final Documentation Name: TP3\_REC1

Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?

**A medical doctor?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by medical doctor

Notes: None

Used/saw practitioner for third top therapy because it was recommended by: a medical doctor

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.729\_00.000

Instrument Variable Name: TP3\_REC2

Final Documentation Name: TP3\_REC2

**\*Read if necessary.**

Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?

**A family member?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by family member

Notes: None

Used/saw practitioner for third top therapy because it was recommended by: a family member

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

althealt : Adult Alternative Health/Complementary And Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.730\_00.000

Instrument Variable Name: TP3\_REC3

Final Documentation Name: TP3\_REC3

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?****A friend?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by friend

Notes: None

Used/saw practitioner for third top therapy because it was recommended by: a friend

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.731\_00.000

Instrument Variable Name: TP3\_REC4

Final Documentation Name: TP3\_REC4

**\*Read if necessary.****Did you {fill1: see a practitioner for/use} {fill2: modality} because it was recommended by any of the following people?****A co-worker?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; recommended by co-worker

Notes: None

Used/saw practitioner for third top therapy because it was recommended by: a co-worker

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |



## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.732\_00.000

Instrument Variable Name: TP3\_IMP

Final Documentation Name: TP3\_IMP

**DURING THE PAST 12 MONTHS, how important was your use of [fill1: modality] in maintaining your health and well-being? Would you say...**

**\*Read categories below.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health and well-being

Notes: None

How important use of third top therapy was in maintaining health and well-being

- |   |                      |
|---|----------------------|
| 1 | Very important       |
| 2 | Somewhat important   |
| 3 | Slightly important   |
| 4 | Not at all important |
| 7 | Refused              |
| 8 | Not ascertained      |
| 9 | Don't know           |

Question ID: ALT.733\_00.000

Instrument Variable Name: TP3\_DS1

Final Documentation Name: TP3\_DS1

**[fill1: Not including the practitioner you saw for] [fill2: modality] DURING THE PAST 12 MONTHS, did you let your personal health care provider know about your use of [fill3: modality]?**

**\*If practitioner for therapy is the same person as personal health care provider, enter '1'.**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and PROVTYP NOT IN (' ','7','9')

Description: Sample adults 18+ who have used third of top three modalities and has a personal health care provider

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Told personal health care provider about use of third top therapy

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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## PUBLIC USE

Document Version Date: 11-Jun-13

Question ID: ALT.734\_00.000

Instrument Variable Name: TP3\_DS2

Final Documentation Name: TP3\_DS2

**Why didn't you tell your personal health care provider about your use of [fill1: modality]?****You were not using it at the time?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: weren't using therapy at the time

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.735\_00.000

Instrument Variable Name: TP3\_DS3

Final Documentation Name: TP3\_DS3

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They discouraged use of it in the past?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: they discouraged use of therapy in the past

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.736\_00.000

Instrument Variable Name: TP3\_DS4

Final Documentation Name: TP3\_DS4

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You were worried they would discourage it?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: worried they would discourage it

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.737\_00.000

Instrument Variable Name: TP3\_DS5

Final Documentation Name: TP3\_DS5

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You were concerned about a negative reaction?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: concerned about a negative reaction

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

## 2012 NATIONAL HEALTH INTERVIEW SURVEY

## Adult Alternative Medicine

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Question ID: ALT.738\_00.000

Instrument Variable Name: TP3\_DS6

Final Documentation Name: TP3\_DS6

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You didn't think they needed to know?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: didn't think they needed to know

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.739\_00.000

Instrument Variable Name: TP3\_DS7

Final Documentation Name: TP3\_DS7

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They didn't ask?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: they didn't ask

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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## Adult Alternative Medicine

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Document Version Date: 11-Jun-13

Question ID: ALT.740\_00.000

Instrument Variable Name: TP3\_DS8

Final Documentation Name: TP3\_DS8

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****You don't think they know as much about it as you do?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell health care provider about use of third top therapy because: didn't think they knew as much about therapy as you do

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.741\_00.000

Instrument Variable Name: TP3\_DS9

Final Documentation Name: TP3\_DS9

**\*Read if necessary.****Why didn't you tell your personal health care provider about your use of {fill1: modality}?****They didn't give you enough time to tell them?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne '' and TP3\_DS1 ='2'

Description: Sample adults 18+ who have used third of top three modalities and did not tell their personal health care provider about using therapy

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; health care provider

Notes: None

Didn't tell personal health care provider about use of third top therapy because: they didn't give you enough time to tell them

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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**Question ID:** ALT.760\_00.000

Instrument Variable Name: TP3\_INF1

Final Documentation Name: TP3\_INF1

**DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****The Internet?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about third top therapy from: the internet

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

---

**Question ID:** ALT.761\_00.000

Instrument Variable Name: TP3\_INF2

Final Documentation Name: TP3\_INF2

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Books, magazines, or newspapers?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about third top therapy from: books, magazines, or newspapers

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |
-

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Question ID: ALT.762\_00.000

Instrument Variable Name: TP3\_INF3

Final Documentation Name: TP3\_INF3

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****DVDs, videos, or CDs?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about third top therapy from: DVDs, videos, or CDs

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.763\_00.000

Instrument Variable Name: TP3\_INF4

Final Documentation Name: TP3\_INF4

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Television or radio?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about third top therapy from: television or radio

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

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Question ID: ALT.764\_00.000

Instrument Variable Name: TP3\_INF5

Final Documentation Name: TP3\_INF5

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Scientific articles?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about third top therapy from: scientific articles

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |

Question ID: ALT.765\_00.000

Instrument Variable Name: TP3\_INF6

Final Documentation Name: TP3\_INF6

**\*Read if necessary.****DURING THE PAST 12 MONTHS, did you get information about [fill1: modality] from any of the following sources?****Health food stores?**

Universe: ASTATFLG='1'and (AGE GE '018' and AGE not IN ('997','999')) and ALT\_TP33 ne ''

Description: Sample adults 18+ who have used third of top three modalities

Sources: None

Recodes: None

Keywords: top 3 alternative therapies; information source

Notes: None

Got information about third top therapy from: health food stores

- |   |                 |
|---|-----------------|
| 1 | Yes             |
| 2 | No              |
| 7 | Refused         |
| 8 | Not ascertained |
| 9 | Don't know      |