



SKILLS

HTML / CSS	Content Development
JavaScript	WordPress
Web Design	Photoshop / Illustrator
Python	Interpersonal Communicational Skills
C++	Team Management

EDUCATION

- CONTINUING EDUCATION
SAN DIEGO COMMUNITY COLLEGE DISTRICT
- BACHELOR OF SCIENCE: FOOD & NUTRITION
SAN DIEGO STATE UNIVERSITY
- ASSOCIATE OF ARTS
BROOKDALE COMMUNITY COLLEGE
- HIGH SCHOOL DIPLOMA
HOWELL HIGH SCHOOL

RELAVENT COURSES

ARTG100	BASIC GRAPHIC DESIGN
CISC 179	PYTHON PROGRAMMING
CISC 187	DATA STRUCTURES IN C++
CISC 192	C++ PROGRAMMING
WEBD 152	BEGINNING WEB DEVELOPMENT: HTML + CSS
WEBD 164	JAVASCRIPT FUNDAMENTALS FOR WEB DEVELOPMENT

EXPERIENCE

Aug 2018 - Nov 2019

G-PLANS

NUTRITIONIST & CONTENT CREATOR

One-on-one nutrition counseling
Regularly using WordPress to write daily blogs
Writing recipes and content for app and website

Jun 2016 - Jun 2018

YOGA INSTRUCTOR

SELF EMPLOYED/INDEPENTENTLY CONTRACTED YOGA INSTRUCTOR

Creating safe, versatile, and fun class routines
Actively combining yoga principles and general anatomy and physiology knowledge to build practices
Regular use of social media to promote business

Aug 2015 - Dec 2016

ADMINISTRATIVE ASSISTANT

ENVISION PERSONALIZED HEALTH

Designing and writing newsletters for promotions
Utilizing and organizing customer data to promote facility
Extensive knowledge and use of MindBody to check in clients, manage data, and integrate with email lists and facility website
Writing nutrition meal plans and classes to be used as marking tool for other practitioners in facility

OTHER WORK EXPERIENCE

Apr 2019 - Present

YOU & YOURS DISTILLERY

LEAD BARTENDER

Training and managing bartenders
Providing efficient and excellent customer service
Creating quality cocktails recipes
Teaching cocktail classes and leading distillery tours

Feb 2017 - Apr 2019

KETTNER EXCHANGE

FOOD RUNNER, EXPEDITOR, & HOSTESS

Training newly hired associates
Acting as direct line of communication from back of house to front
Manage floor plans for service via OpenTable