

W Advanced diffusion modeling characterizes FLAIR white matter hyperintensity types in an aging cohort

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Background

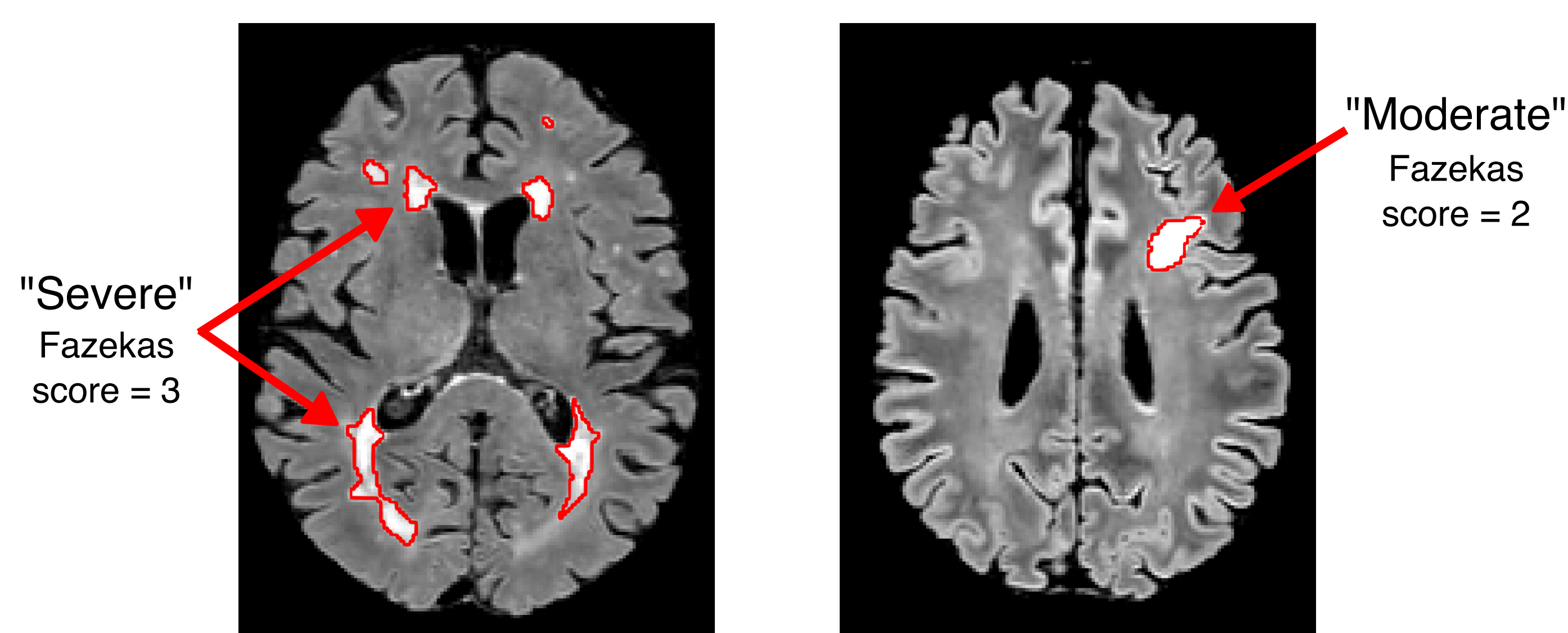
- White matter hyperintensities (WMH) in fluid-attenuated inversion recovery (FLAIR) MRI images are used as an indicator of clinical conditions ranging from multiple sclerosis to cerebrovascular disease^[1,2].
- Diffusion MRI (dMRI) and diffusion modeling provide biophysically interpretable tissue properties.

Goal: Use diffusion modeling to characterize the underlying biophysical properties of FLAIR WMH.

Methods

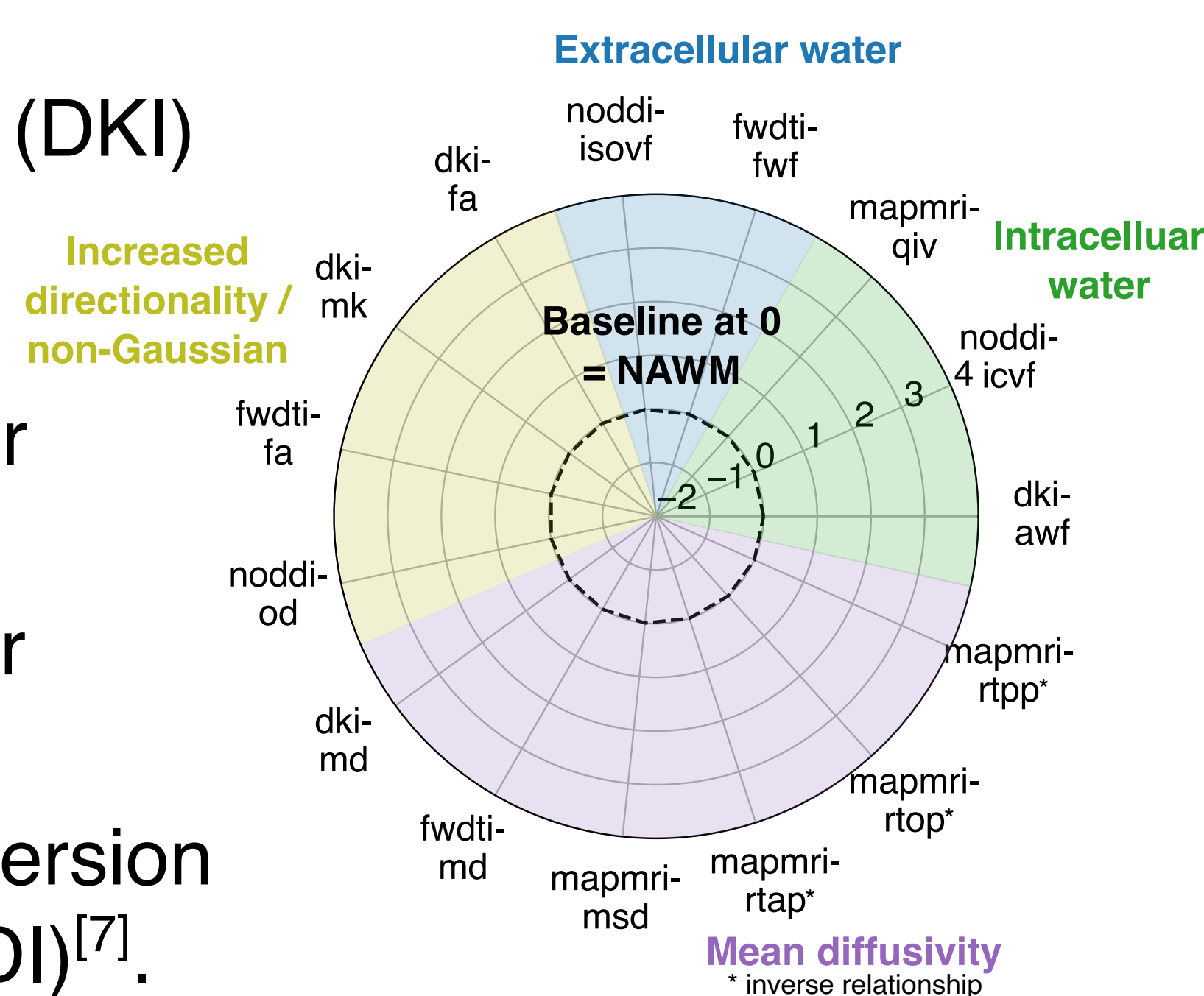
FLAIR processing:

- FLAIR WMH were segmented with a convolutional neural network, HyperMapp3r^[3].
- WMH regions of interest were categorized as either periventricular (left) or deep (right) WMH.



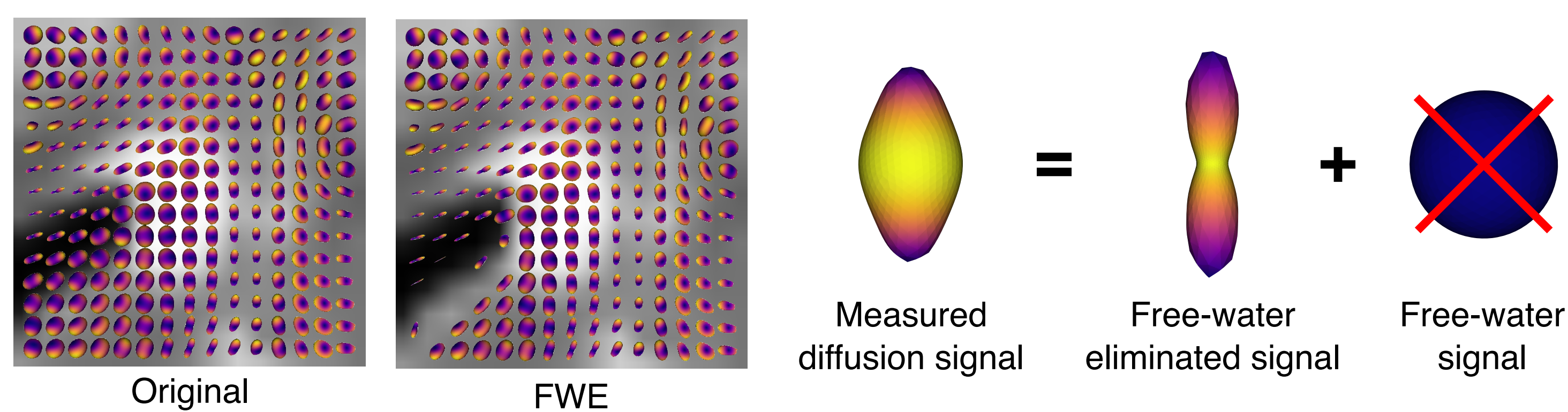
Diffusion models:

- Diffusion kurtosis imaging (DKI) and its White Matter Tract Integrity extension^[4]. Increase directional non-Gaussianity
- Free-water diffusion tensor imaging (FWDTI)^[5].
- Mean apparent propagator MRI (MAPMRI)^[6].
- Neurite orientation dispersion and density imaging (NODDI)^[7].



Tractography methods:

- Tractography was performed with pyAFQ^[8] on the original diffusion data and after free-water elimination (FWE)^[9].



Acknowledgements

ACT 
ADULT CHANGES IN THOUGHT STUDY

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We thank the participants of the ACT study for the data they have provided and the many ACT investigators and staff who steward the data.



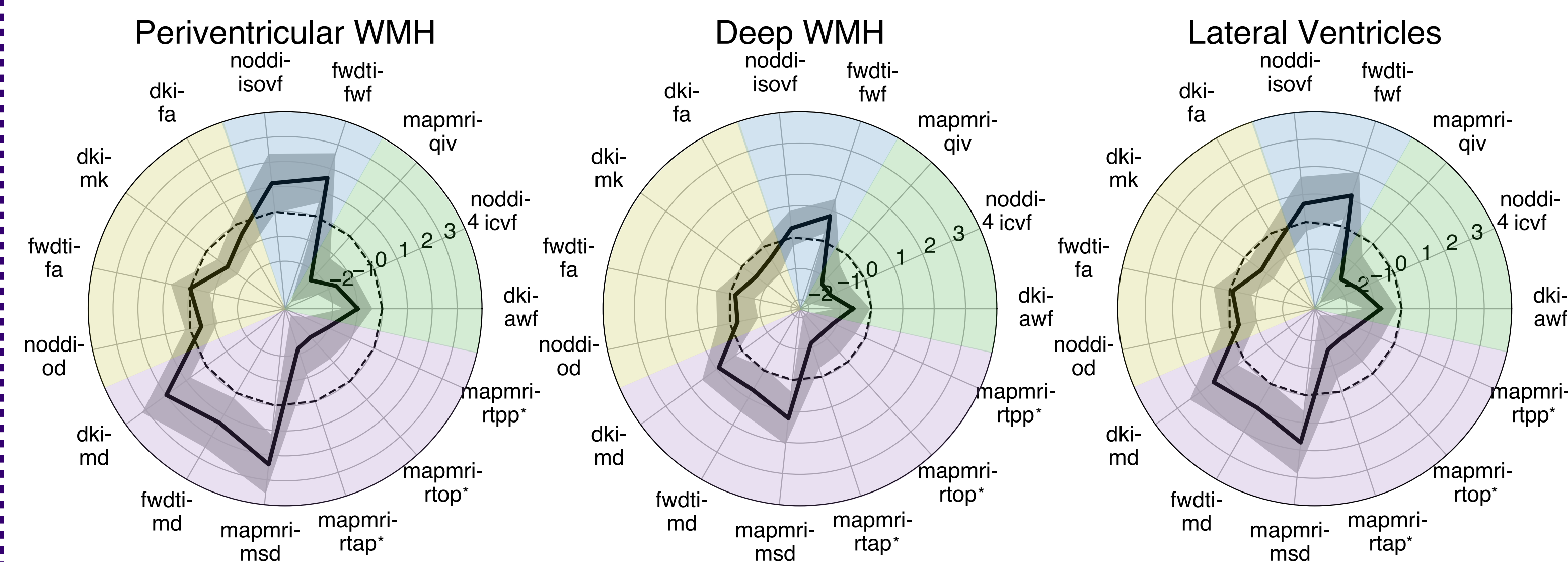
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References

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 [4] Jensen et al. (2005). *Magn Reson Med*.
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 [6] Özarslan et al. (2013). *NeuroImage*.
 [7] Zhang et al. (2012). *NeuroImage*.
 [8] Kruper et al. (2021). *Aperture Neuro*.
 [9] Henriques et al. (2017). *bioRxiv*.



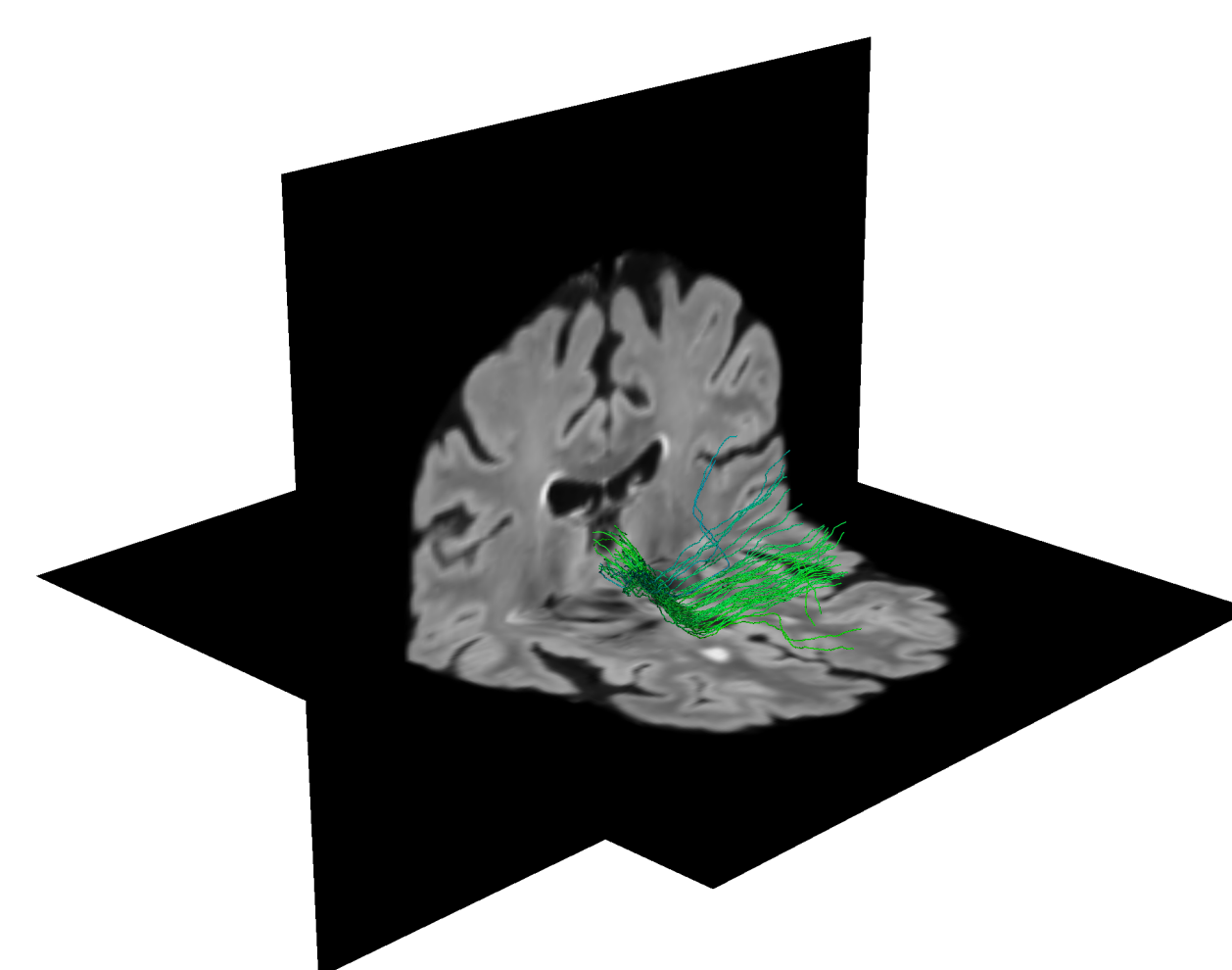
Results



- **FLAIR WMH are characterized by increased mean diffusivity and extracellular water, especially in periventricular WMH.**
- Periventricular WMH's dMRI metric pattern resembles those of the lateral ventricles

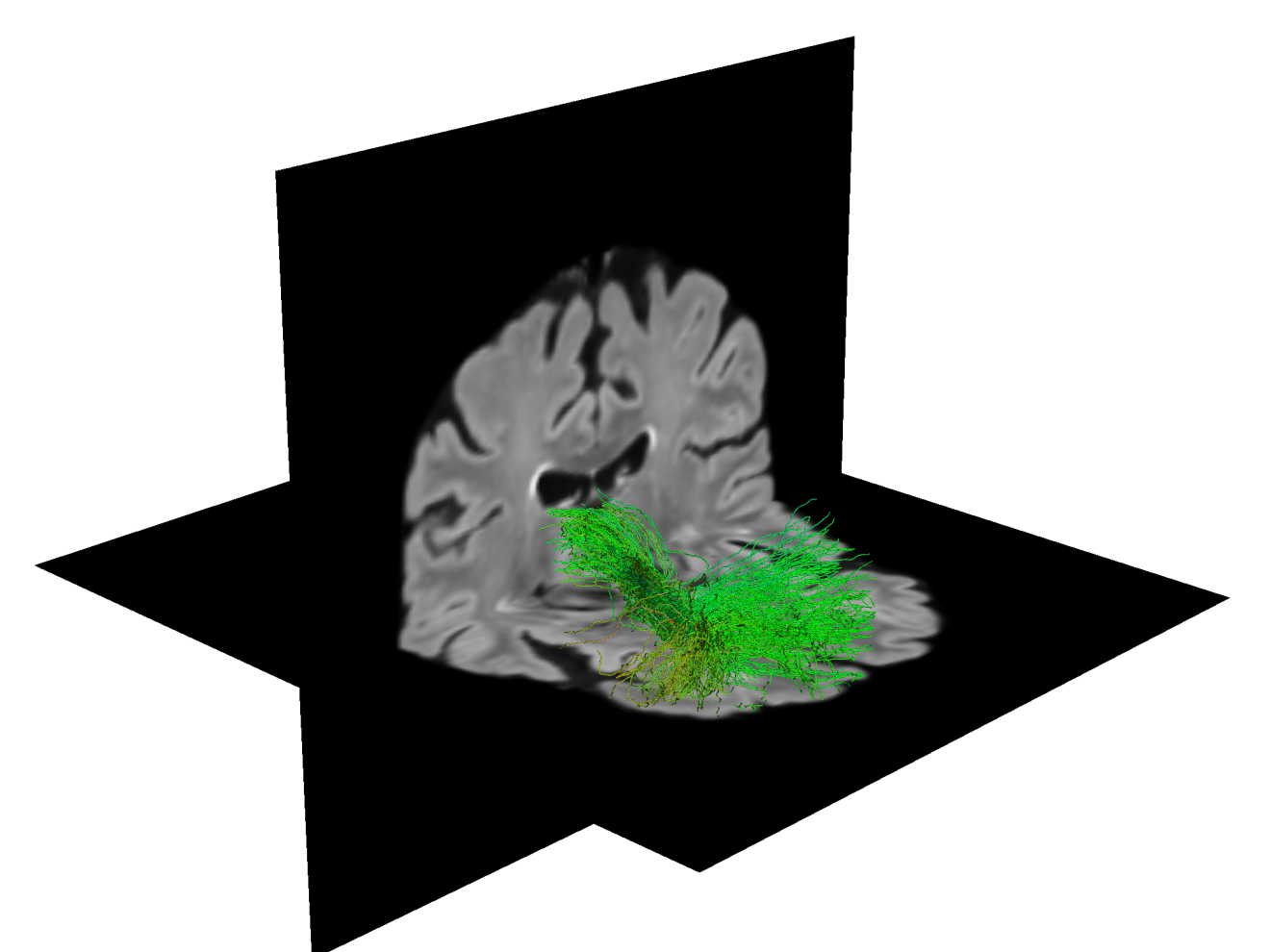
Original Tractography

Right Anterior Thalamic Radiation

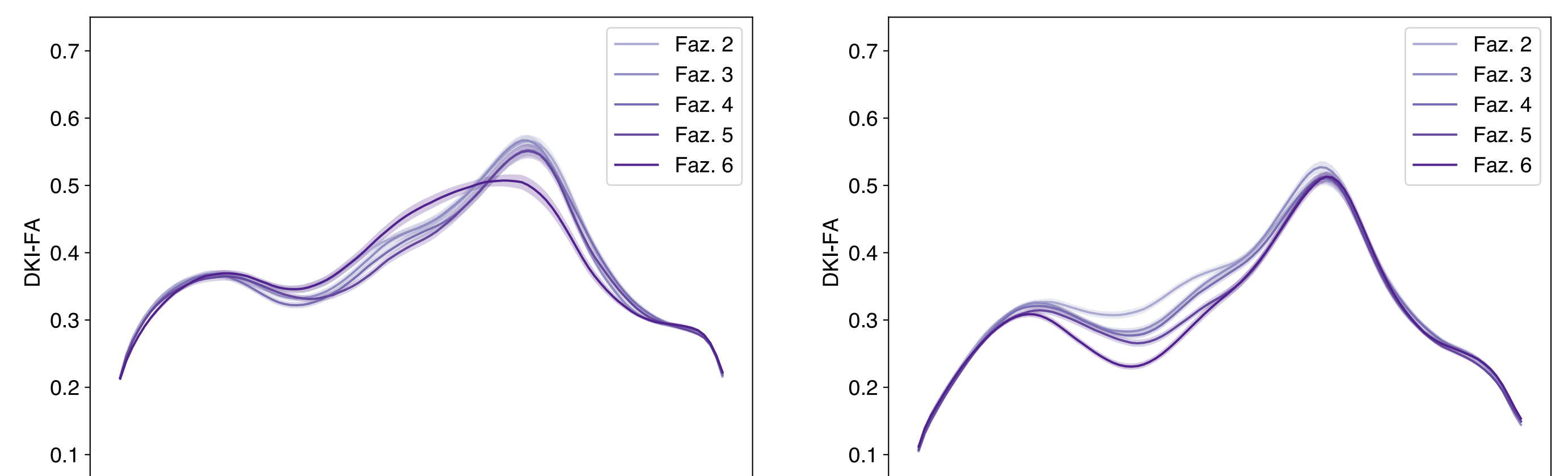


FWE Tractography

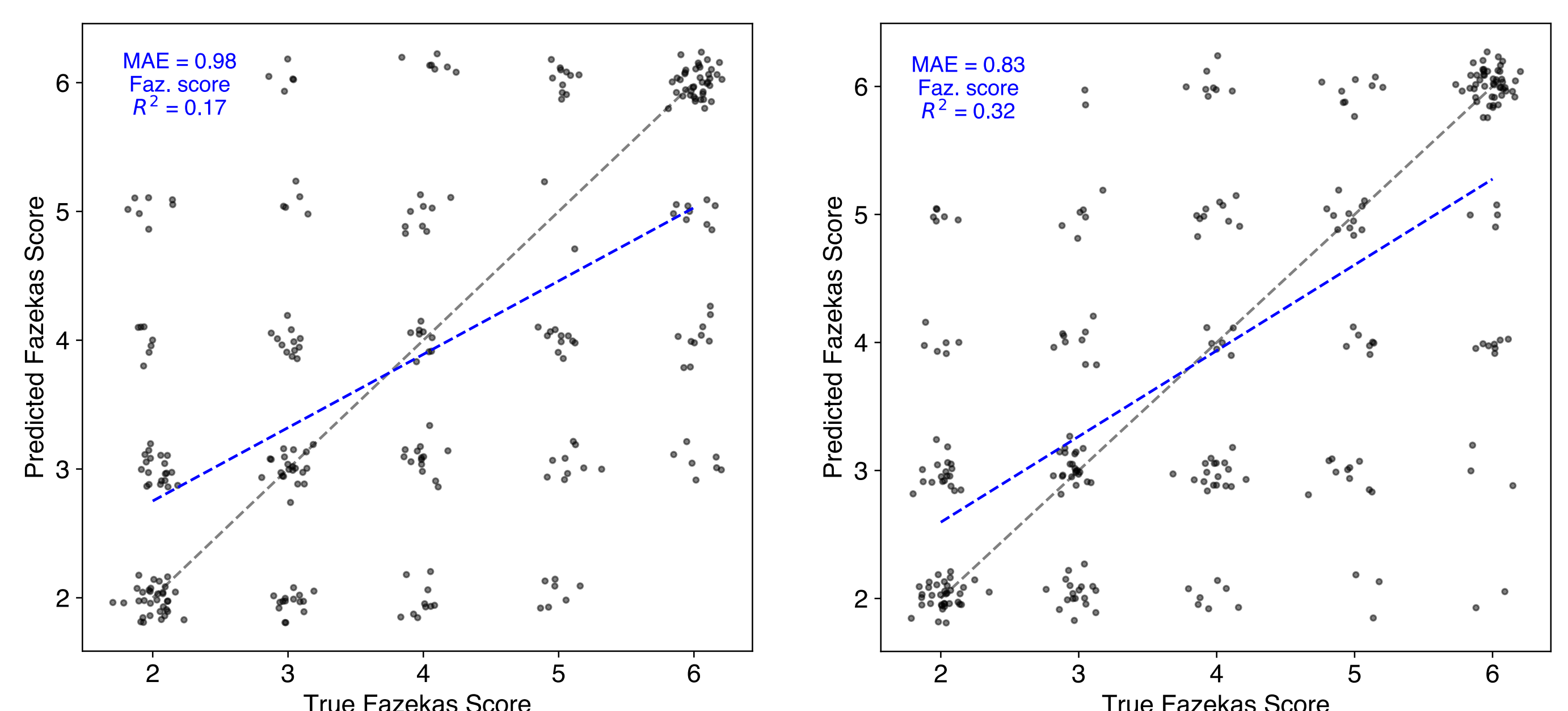
Right Anterior Thalamic Radiation



- **FWE tractometry produced fuller tractography results.**



- **FWE tractometry produced tract profiles that better represent Fazekas scores.**



- **FWE tract profiles predict Fazekas scores more accurately than original tract profiles.**

Conclusions

- The patterns observed indicate that periventricular and deep WMH tissue begins to resemble ventricles more than NAWM, particularly in the case of periventricular WMH.
- Free-water elimination in aging brains prior to tractometry increases the reliability in all steps of tractometry and improves the accuracy in the classification of clinical phenotypes.