



Prevalence of Selected Maternal and Child Health Indicators* for Texas, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy							1317	30.1 (27.2-33.2)	38.7
- Dieting during the 12 months before pregnancy							1320	30.2 (27.2-33.4)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy							1319	45.5 (42.2-48.9)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)							1267	4.1 (2.9-5.7)	3.9
- Overweight (BMI 25-29.9)							1267	26.2 (23.3-29.4)	24.3
- Obese (BMI \geq 30)							1267	26.6 (23.6-29.8)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy							1307	15.0 (12.8-17.5)	19.4
- Any cigarette smoking during the last 3 months of pregnancy							1306	5.1 (3.9-6.7)	8.8
- Any cigarette smoking postpartum							1307	9.0 (7.3-11.1)	12.6
- Any alcohol use during the 3 months before pregnancy							1305	48.1 (44.8-51.4)	55.3
- Any alcohol use during the last 3 months of pregnancy							1306	7.7 (6.1-9.5)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy							1262	1.3 (0.8-2.4)	2.3
- Experienced IPV during pregnancy							1262	1.8 (1.1-3.0)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]							1311	7.9 (6.4-9.8)	10.5
- Self-reported postpartum depressive symptoms							1297	14.7 (12.5-17.3)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy							1098	40.5 (37.0-44.2)	34.2
- Unsure about pregnancy							1315	14.5 (12.3-17.1)	15.4
- Postpartum contraceptive use							1294	78.4 (75.5-81.1)	78.4

Health Care Services			
- Talked to provider about improving health before pregnancy [#]	1321	20.7 (18.2-23.6)	22.8
- Began prenatal care in 1st trimester	1302	71.6 (68.3-74.6)	83.0
- Took childbirth class [#]	1309	21.4 (18.7-24.3)	21.6
- Had home visitor during pregnancy [#]	1308	4.1 (3.0-5.8)	6.9
- Had flu shot before or during pregnancy	1284	55.4 (52.0-58.8)	57.3
- Had maternal postpartum checkup	1299	86.1 (83.4-88.4)	89.7
Oral Health			
- Teeth cleaned during 12 months before pregnancy	1318	43.9 (40.6-47.2)	56.3
- Teeth cleaned during pregnancy	1309	37.7 (34.5-41.0)	48.3
- Had dental insurance during pregnancy [#]	1294	57.7 (54.4-61.0)	72.6
Pre-pregnancy Health Insurance [‡] Status			
- Private insurance	1262	51.5 (48.3-54.8)	58.5
- Medicaid	1262	12.2 (10.1-14.7)	21.8
- No insurance	1262	36.3 (33.0-39.6)	18.7
Health Insurance [‡] Status During Pregnancy			
- Private insurance	1197	50.4 (47.1-53.8)	57.0
- Medicaid	1197	47.3 (43.9-50.7)	38.4
- No insurance	1305	2.5 (1.6-3.8)	2.9
Health Insurance Status Postpartum			
- Private insurance	1256	47.8 (44.6-51.1)	55.2
- Medicaid	1256	13.9 (11.6-16.6)	29.1
- No insurance	1299	36.5 (33.3-39.8)	14.2
Infant Sleep Practices			
- Baby most often laid on back to sleep	1253	71.2 (68.0-74.3)	78.4
Breastfeeding Practices			
- Ever breastfed	1275	88.3 (85.6-90.5)	87.1
- Any breastfeeding at 8 weeks	1267	63.9 (60.4-67.1)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).