W07 Assignment: The Atonement of Jesus Christ

*Study within the scripture passages listed below, looking for verses and passages where the substitution scripture study skill could be used to gain a deeper and more personal understanding of the Atonement of Jesus Christ.*

*In the middle column, copy brief passages from your studies, adapting the text of the scripture to capture the substitution skill you have used for that passage. A few examples are shown below to help you get the feel of what it is like to use this powerful study skill.*

*In the third column, share what you felt, or what insights you gained, as you used the substituion study skill for your chosen passages.*

*Complete at least five rows of the chart below.*

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| ***Scripture Passage*** | ***Scripture text with substitution included*** | ***Feelings and insights gained*** |
| [Alma 7:12](https://www.churchofjesuschrist.org/study/scriptures/bofm/alma/7.12?lang=eng#p11) | *And he will take upon him death, that he may loose the bands of death which bind (me); and he will take upon him (my) infirmities, that his bowels may be filled with mercy, according to the flesh, that he may know according to the flesh how to succor (me) according to (my) infirmities.* | I looked up the definition for the word succor and found it means "to run to the help of." I realized Jesus is not only waiting for me to let him help me, but will actually run to me if I will invite him. I suppose sometimes He has probable run to me without my knowledge. These verses teach Jesus is not only able to help me, but is also very desirous of doing so. |
| [Title Page](https://abn.churchofjesuschrist.org/study/scriptures/bofm/bofm-title?lang=eng) | *Which is to show unto (me) what great things the Lord hath done for (my family); and that (I) may know the covenants of the Lord, that (I am) not cast off forever—And also to the convinc(e me) that Jesus is the Christ, the Eternal God, manifesting himself unto (me)* | As I read the title page, I considered looking up the word "convincing" and substituting in a synonym. However, I felt like I understood the word well enough. Instead, I inserted my name in place of "the Jew and Gentile" and found that I enjoyed contemplating the idea of having the Book of Mormon convince me that Jesus is the Christ, the Eternal God. |
| [1 Nephi 11](https://abn.churchofjesuschrist.org/study/scriptures/bofm/1-ne/11.8-9#p7) | v.8-9 I looked and beheld (Jesus Christ); and (He) was like unto the tree which my father had seen; and (His) beauty . . . was far beyond, yea, exceeding of all beauty; and (His) whiteness . . . did exceed the whiteness of the driven snow.  9 And it came to pass after I had seen (Jesus Christ), I said unto the Spirit: I behold thou hast shown unto me (Jesus Christ, who) is precious above all. | As I read this beautiful chapter about the Savior, I realized that Lehi's Vision had substituted the tree for Jesus Christ. In essence, when Nephi asked what the interpretation of the tree was, the angel substituted in scenes from the life of the Savior. Throughout the chapter, the tree and the Savior kept substituting for each other and drove home important lesson of who Jesus Christ is and what He can do for me. I found myself tempted to try to come up with another substitution for Jesus Christ that might similarly teach about Him. I decided upon a pill because it can heal us, but only if we take it. |
| [2 Nephi 2](https://www.churchofjesuschrist.org/study/scriptures/bofm/2-ne/2.?lang=eng#pprimary) |  |  |
| [2 Nephi 25:17–30](https://abn.churchofjesuschrist.org/study/scriptures/bofm/2-ne/25.17-30?lang=eng#p16) |  |  |
| [Mosiah 5](https://abn.churchofjesuschrist.org/study/scriptures/bofm/mosiah/5.?lang=eng&adobe_mc_ref=https%3A%2F%2Fwww.churchofjesuschrist.org%2Fstudy%2Fscriptures%2Fbofm%2Fmosiah%2F5.%3Flang%3Deng%23pprimary&adobe_mc_sdid=SDID%3D53590F1F90DE4B70-38AA6C4F8A362453%7CMCORGID%3D66C5485451E56AAE0A490D45%2540AdobeOrg%7CTS%3D1643178220#pprimary) |  |  |
| [Alma 7:10–27](https://www.churchofjesuschrist.org/study/scriptures/bofm/alma/7.10-27#p9) |  |  |
| [Alma 33:11–23](https://www.churchofjesuschrist.org/study/scriptures/bofm/alma/33.11-23#p10) |  |  |
| [Helaman 5:9–12](https://www.churchofjesuschrist.org/study/scriptures/bofm/hel/5.9-12#p8) | 9. O remember what King Benjamin said , Man can only be saved through Jesus Christ and his atonement.  10. Amulek said to Zeezrom that the Lord will come to atone for our sins.  11. Jesus has the power to do this from Heavenly Father because he sent him to do this.  12It is upon Jesus Christ that we build our testimony. When satan tries to trick us we fall on to Jesus Christ to save us. | In these verses it kept substituting atoning for our sins with repentance. And this fel back to building upon Christ which is our testimony. And it is a firm ‘rock’ or foundation. |
| [3 Nephi 17](https://abn.churchofjesuschrist.org/study/scriptures/bofm/3-ne/17) |  |  |
| [3 Nephi 30](https://abn.churchofjesuschrist.org/study/scriptures/bofm/3-ne/30) | 1. Hearken, (people of today) hear the words of Christ. He commanded us to repent oh… house of israel | This chapter was short and not much in it but gentiles and house of Israel were substituted for eachother. |
| [Moroni 10:30–34](https://abn.churchofjesuschrist.org/study/scriptures/bofm/moro/10.30-34#p29) | 30. Come unto Christ. Take hold of the blessings.  32 Be perfected in him and deny yourselves of the( evil gift, unclean thing) | These verses kept substituting evil gift or unclean thing with ungodliness. It then used Jehovah instead of Christ which is another substitution. |