

## Kelsey E. Johnson

Assistant Professor  
Center for Genetic Epidemiology  
University of Southern California – Keck School of Medicine

kelsey.johnson@med.usc.edu  
[johnsonmilklab.com](http://johnsonmilklab.com)  
[Google Scholar](#)

### EDUCATION

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**University of Pennsylvania**  
Ph.D., Genetics and Epigenetics  
Advisor: Benjamin F. Voight

**Philadelphia, PA**  
December 2019

**University of Wisconsin—Madison**  
B.S., Zoology with Honors in the Major & Distinction  
Advisor: Carol E. Lee

**Madison, WI**  
May 2012

### EMPLOYMENT

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**University of Southern California – Keck School of Medicine**  
Assistant Professor

**Los Angeles, CA**  
August 2025 – Present

**University of Southern California – Keck School of Medicine**  
Research Scientist

**Los Angeles, CA**  
December 2024 –  
August 2025

**University of Minnesota—Twin Cities**  
Postdoctoral Researcher  
Advisors: Frank Albert, Ran Blekhman, Ellen Demerath

**Minneapolis, MN**  
January 2020 –  
December 2024

### RESEARCH INTERESTS

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My research uses tools from human genetics and genomics to understand the biological processes shaping human milk, and how variation in this system impacts maternal and infant health. My independent research group focuses on three areas:

1. Identifying genetic influences on lactation and milk composition in diverse human populations
2. Leveraging human genetic variation to understand the impacts of lactation and milk composition on infant and maternal risk for disease
3. Characterizing host-microbe interactions in the mother-milk-infant system

### FUNDING

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Awarded:

**NIH K99/R00 HD113834**

2024 – 2028

PI: K. Johnson

*Genetic and genomic influences on human milk composition and impacts on infant health*

Total Award Amount: \$1,000,658

**University of Minnesota Masonic Institute for the Developing Brain (MIDB)**  
**Postdoctoral Seed Grant**

2023 – 2025

PI: K. Johnson

*Impact of human milk cytomegalovirus on the immune system and brain development of preterm infants*

Total Award Amount: \$20,000

**NIH F32 HD105364** 2021 – 2023  
 PI: K. Johnson  
*Genetics and genomics of human breast milk composition*  
 Total Award Amount: \$165,007

**University of Minnesota Dept. of Pediatrics Masonic Cross-Departmental Grant in Children's Health Research** 2021 – 2022  
 PIs: C. Gale, E. Demerath, R. Blekhman, F. Albert; Co-I: K. Johnson  
*Genomics of Human Milk Composition and Its Effects on Infant Growth and Development*  
 Role: Conceptualization, developed study design and data analysis plan, wrote first draft  
 Total Award Amount: \$200,000

**NIH T32 DE007288** 2020 – 2021  
 MinnCResT Postdoctoral Training Grant, University of Minnesota  
 Role: Postdoctoral Fellow

**NIH T32 GM008216** 2014 – 2017  
 Genetics Predoctoral Training Grant, University of Pennsylvania  
 Role: Predoctoral Fellow

**Undergraduate Research Grant, Department of Zoology, UW-Madison** 2011

**Honors Thesis Grant, College of Letters & Science, UW-Madison** 2011

Contributor:

**NIH R01 HD109830** 2022 – 2027  
 PIs: E. Demerath, R. Blekhman, C. Gale; Co-I: K. Johnson  
*Milk-Omics: Systems Biology of Human Milk and Its Links to Maternal and Infant Health*  
 Role: Conceptualization, co-developed study design and analysis plan, co-wrote first draft  
 Total Award Amount: \$3,852,094

## PUBLICATIONS

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1. Ferretti P\*, Allert M\*, **Johnson KE**, Rossi M, Heisel T, Gonia S, Knights D, Fields DA, Albert FW, Gale CA, Blekhman R (2025). Assembly of the infant gut microbiome and resistome are linked to bacterial strains in mother's milk. In Press at *Nature Communications*. Preprint at [Biorxiv](#). DOI: 10.1101/2024.01.28.577594.
2. Ferretti P, **Johnson KE**, Priya S, Blekhman R (2025). Genomics of host-microbiome interactions in humans. [Nature Reviews Genetics](#) DOI: doi.org/10.1038/s41576-025-00849-8.
3. Lu C, Dreyfuss JM, Hua T, Wolfs D, Nagel EM, Peña A, Lock EF, Seburg E, Pierce S, Kyere-Davies G, **Johnson KE**, Uniyal A, Tu J, Gale CA, Blekhman R, Kiebish M, Aristizabal-Henao JJ, Short KR, Rudolph MC, Demerath EW, Fields DA, Isganaitis E (2025). Maternal Physical Activity and Its Relationship to the Human Milk Metabolome and Infant Body Composition. [The Journal of Clinical Endocrinology & Metabolism](#) dgaf296, DOI: 10.1210/clinem/dgaf296.
4. Nagel EM, Peña A, Dreyfuss JM, Lock EF, **Johnson KE**, Lu C, Fields DA, Demerath EW, Isganaitis E (2024). Gestational Diabetes, the Human Milk Metabolome, and Infant Growth and Adiposity. [JAMA Network Open](#) 7(12):e2450467. DOI:10.1001/jamanetworkopen.2024.50467.
5. **Johnson KE**, Heisel T, Allert M, Furst A, Yerabandi N, Knights D, Jacobs KM, Lock EF, Bode L, Fields DA, Rudolph MC, Gale CA, Albert FW, Demerath EW, Blekhman R (2024). Human milk variation is shaped by maternal genetics and impacts the infant gut microbiome. [Cell Genomics](#) 4:100638. DOI: 10.1016/j.xgen.2024.100638.

- *Cell Genomics* ‘[Preview](#)’
  - UMN [Blog](#)
6. **Johnson KE**, Hernandez-Alvarado N, Blackstad M, Heisel T, Allert M, Fields DA, Isganaitis E, Jacobs KM, Knights D, Lock EF, Rudolph MC, Gale CA, Schleiss MR, Albert FW, Demerath EW, Blekhman R (2024). Human Cytomegalovirus in breast milk is associated with milk composition and the infant gut microbiome and growth. [Nature Communications](#) 15:6216. DOI: 10.1038/s41467-024-50282-4.
    - Covered in [The Scientist](#)
  7. Nagel EM, Elgersma K, Gallagher T, **Johnson KE**, Gale C, Demerath EW (2023). Importance of human milk for infants in the clinical setting: Updates and mechanistic links. [Nutrition in Clinical Practice](#) 2023;38:S39–S55. DOI: 10.1002/ncp.11037.
  8. **Johnson KE**, Adams CJ, Voight BF (2022). Identifying rare variants inconsistent with identity-by-descent in population-scale whole-genome sequencing data. [Methods in Ecology and Evolution](#) 13(11):2429–2442. DOI: 10.1111/2041-210X.13991.
  9. Nagel EM, Kummer L, Jacobs DR, Foster L, Duncan K, **Johnson KE**, Harnack L, Haapala J, Kharoud H, Gallagher T, Kharbanda EO, Pierce S, Fields DA, Demerath EW (2021). Human milk glucose, leptin, and insulin predict cessation of full breastfeeding and initiation of formula use. [Breastfeeding Medicine](#) 16(12):978-986. DOI: 10.1089/bfm.2021.0131.
  10. Nagel EM, Jacobs DR, **Johnson KE**, Foster L, Duncan K, Kharbanda EO, Gregg B, Harnack L, Fields DA, Demerath EW (2021). Maternal Dietary Intake of Total Fat, Saturated Fat, and Added Sugar Is Associated with Infant Adiposity and Weight Status at 6 mo of Age. [The Journal of Nutrition](#) 151(8):2353-2360. DOI: 10.1093/jn/nxab101.
  11. **Johnson KE\***, Siewert KM\*, Klarin D, Damrauer SM, Chang K-M, Tsao PS, Assimes TL, the VA Million Veteran Program, Maxwell KM, Voight BF (2020). The relationship between circulating lipids and breast cancer risk: A Mendelian randomization study. [PLoS Medicine](#) 17(9): e1003302. DOI: 10.1371/journal.pmed.1003302.
  12. Aikens RC, **Johnson KE**, Voight BF (2019). Signals of variation in human mutation rate at multiple levels of sequence context. [Molecular Biology & Evolution](#) 35(5):955-65. DOI: 10.1093/molbev/msz023.
  13. **Johnson KE**, Voight BF (2018). Patterns of shared signatures of recent positive selection across human populations. [Nature Ecology & Evolution](#) 2(4):713-20. DOI: 10.1038/s41559-018-0478-6.
  14. **Johnson KE**, Perreau L, Charmantier G, Charmantier-Daures M, Lee CE (2014). Without gills: localization of osmoregulatory function in the copepod *Eurytemora affinis*. [Physiological and Biochemical Zoology](#) 87(2):310-24. DOI: 10.1086/674319.
  15. Lee CE, Moss WE, Olson N, Chau KF, Chang YM, **Johnson KE** (2013). Feasting in fresh water: Impacts of food concentration on freshwater tolerance and the evolution of food x salinity response during the expansion from saline into freshwater habitats. [Evolutionary Applications](#) 6(4):673-89. DOI: 10.1111/eva.12054.

#### HONORS & AWARDS

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UMN Dept. of Genetics, Cell Biology & Development – Michael B. O'Connor Postdoctoral Award	2024
International Society for Research in Human Milk and Lactation (ISRHML) Abstract Award	2024
UMN Pediatric Research, Education & Scholarship Symposium (PRESS) Abstract Award	2023
UMN Postdoctoral Association Career Development Award	2023
Reviewers Choice Abstract, American Society for Human Genetics Meeting	2015
James B. Duke Fellowship, Duke University (Declined)	2013
Phi Beta Kappa, UW–Madison	2012
National Merit Finalist Scholarship	2008

#### SERVICE TO DEPARTMENT/DIVISION

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EXTERNAL SCIENTIFIC OUTREACH & SERVICE

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<b>Diversity, Equity, and Inclusion Committee Member</b> International Society for Research in Human Milk and Lactation	2023 – 2025
<b>Global Representation Chair</b> International Society for Research in Human Milk and Lactation Trainee Interest Group	2023 – 2025
<b>Postdoctoral Representative</b> UMN Senate Committee on Faculty Affairs	2020 – 2023
<b>Steering Committee Member</b> UMN Postdoctoral Association	2020 – 2023
<b>Volunteer Judge</b> Minnesota State Science and Engineering Fair	2020 – 2022
<b>Peer reviewer</b> Numerous journals including <i>Bioinformatics</i> , <i>Cell Host &amp; Microbe</i> , <i>mBio</i> , <i>Nature Medicine</i> , <i>Nature Methods</i> , <i>Nature Microbiology</i> , <i>Obesity</i> , <i>PNAS</i> , <i>Science Advances</i>	2015 – Present
<b>Lead Organizer: Penn Genetics Booth, Philadelphia Science Carnival</b>	2014 – 2018

PRESENTATIONS

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## Invited Talks

- Manitoba Interdisciplinary Lactation Center, University of Manitoba, January 2025.
- Division of Nutritional Sciences, Cornell University, April 2024.
- Human Milk Institute Symposium, UC San Diego, March 2024.
- Division of Pediatric Epidemiology and Clinical Research, Department of Pediatrics, University of Minnesota, February 2024.
- Department of Human Genetics, University of Utah, February 2024.
- Center for Genetic Epidemiology, University of Southern California, January 2024.
- Center for Better Beginnings, Department of Pediatrics, UC San Diego, December 2024.
- Division of Neonatology, Children's Hospital of Philadelphia, November 2023.
- Microbiome Virtual International Forum, June 2023.
- Minnesota Institute for the Developing Brain Colloquium, University of Minnesota, April 2023.
- Department of Epidemiology & Community Health, University of Minnesota, March 2022.
- Department of Ecology, Evolution & Behavior, University of Minnesota, February 2022.
- Developmental Biology Center, University of Minnesota, January 2022.

## Contributed Talks

- International Society for Research in Human Milk and Lactation, Charleston, SC, December 2024.
- International Milk Genomics Consortium, Cork, Ireland, September 2023.
- Pediatric Research, Education & Scholarship Symposium, University of Minnesota, March 2023.
- International Milk Genomics Consortium, Davis, CA, October 2022.
- US DOHaD Society Meeting, Minneapolis, MN, October 2022.
- Biology of Genomes Conference, Cold Spring Harbor Laboratory, May 2022.
- Probabilistic Modeling in Genomics Conference, Cold Spring Harbor Laboratory, November 2018.
- Symposium on Advances in Genomics, Epidemiology, and Statistics, Philadelphia, PA, June 2018.

## Posters

- American Society of Human Genetics, Washington, DC, November 2023.
- Pediatric Academic Societies Meeting, Washington, DC, April 2023.
- International Society for Research on Human Milk and Lactation, Panama City, Panama, October 2022.
- American Society of Human Genetics, Houston, TX, October 2019.
- GSA Population, Evolutionary, and Quantitative Genetics Conference, Madison, WI, May 2018.
- American Society of Human Genetics, Orlando, FL, October 2017.
- International Conference on Quantitative Genetics, Madison, WI, June 2016.
- American Society of Human Genetics, Baltimore, MD, October 2015.

## TEACHING EXPERIENCE

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<b>Guest Lecture: “Complex Trait Genetics”</b> GCD4143: Human Genetics & Genomics, University of Minnesota	Spring 2021 – 2023
<b>Teaching Certificate</b> Center for Teaching and Learning, University of Pennsylvania <i>Program included didactic workshops and teaching observations.</i>	2019
<b>Teaching Assistant: Introduction to Bioinformatics</b> Perelman School of Medicine, University of Pennsylvania	Spring 2017, 2018
<b>Tutor: CAMB550 Genetic Principles</b> Perelman School of Medicine, University of Pennsylvania	2016
<b>Tutor: CHEM103 General Chemistry, GEN466 General Genetics</b> Center for Educational Opportunity, University of Wisconsin-Madison	2011 – 2012

## MENTORSHIP EXPERIENCE

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<b>Michelle Vega</b> Michelle is a Biostatistics Masters student at USC. She is interested in learning genetic data analysis tools and applying them to our human milk genomics datasets.	August 2025 – Present
<b>Yiran (Rae) Duan</b> Rae is a PhD student in the Programs in Biomedical and Biological Sciences (PIBBS) at USC. She is applying functional genomic analyses to data from the MILK study cohort to better understand the genetic regulation of milk production and composition.	July 2025 – Present
<b>Mattea Allert</b> Mattea worked with me as a graduate student in the Blekhman Lab at the University of Minnesota. She characterized the milk microbiome from shotgun metagenomic sequencing data in our MILK study cohort. Mattea also contributed analyses and is a co-author on two milk genomics manuscripts. Mattea is currently a postdoctoral scholar at the University of Minnesota.	January 2023 – August 2024
<b>Andrew Youssef</b> Andrew was an undergraduate researcher in the Blekhman Lab at the University of Chicago. He is integrating milk multi-omics data to interrogate relationships between milk gene expression, the milk metabolome, and the infant gut microbiome. He is implementing pipelines such as multi-omics factor analysis (MOFA) in this work and will be a co-author on our manuscript in preparation. He is also using event-related potential (ERP) data to explore the impact of milk composition on infant cognitive development. Andrew is a senior neuroscience major and is currently applying for medical school.	September 2022 – December 2023

**Liz Gibbons**

Summer 2023

Liz worked with me during her graduate student rotation in the Blekhman Lab at the University of Chicago. Liz utilized maternal genetic data from our MILK study cohort to test for associations between polygenic risk scores for metabolic traits and milk composition. Liz is now a PhD student in the Blekhman lab at UChicago.

**Madilyn Stahl**

Summer 2022

Madi worked with me during her PhD student rotation in the Albert Lab at the University of Minnesota. Madi calculated polygenic risk scores for breast cancer using our MILK study cohort and tested for relationships with milk gene expression. Madi is currently a PhD student in the Largaespada Lab at the University of Minnesota.

**Monica Iram**

Spring 2020

Monica was an undergraduate Math major who did a semester-long research project in the Blekhman lab. She applied Mendelian randomization approaches to investigate potential causal relationships between diet and the gut microbiome. Monica recently completed an MS in Biostatistics at the University of Minnesota.

**PHD THESIS COMMITTEES**

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Zhi Yi Fang, Queen's University, Kingston, Ontario, CA (External Examiner)

September 2025