

Positive and Unitary Operators

Jitendra Rathore

November 13, 2025

1 Recall: Normal and Self-adjoint Operators

Lets recall what we have done in the last class. Let V be a finite-dimensional inner product space over \mathbb{C} . For a linear operator $T : V \rightarrow V$, then T^* is the unique operator satisfying

$$\langle Tv, w \rangle = \langle v, T^*w \rangle, \quad \forall v, w \in V.$$

Definition 1. An operator T is called **normal** if $TT^* = T^*T$.

Remark. Normal operators includes self-adjoint. Normality ensures that T and T^* “commute,” which is a strong symmetric condition.

Definition 2. T is **self-adjoint** if $T = T^*$.

Such operators generalize real symmetric matrices. When $F = \mathbb{R}$, they are precisely the symmetric matrices. In the last lecture, we have also proved Spectral theorems for self-adjoint operators and normal operators. We again restate theorems as follows:

Theorem 1. (*Spectral Theorem for Normal Operators*) Let T be a linear operator on a finite dimensional complex inner product space V . Then T is normal iff there exists an orthonormal basis for V consisting of eigenvectors.

Remark. In particular, normal operators on finite dimensional complex inner product space are diagonalizable.

Remark. We only used \mathbb{C} to ensure that characteristic polynomial splits. We can replace the hypothesis “Complex” with “real + characteristic polynomial splits”

Theorem 2. (*Spectral Theorem for Self-adjoint Operators*) Let T be a linear operator on a finite dimensional real inner product space V . Then T is self-adjoint iff there exist an orthonormal basis for V consisting of eigenvectors of T . .

2 Positive and Positive Definite Operators

We now refine the notion of positivity for operators.

Definition 3. Let T be a self-adjoint operator on an inner product space V .

- T is called **positive semidefinite** if

$$\langle Tv, v \rangle \geq 0 \quad \text{for all } v \in V.$$

- T is called **positive definite** if

$$\langle Tv, v \rangle > 0 \quad \text{for all } v \neq 0.$$

Proposition 1. *If T is positive semidefinite (resp. definite), then all eigenvalues of T are real and nonnegative (resp. positive).*

Proof. Since T is self-adjoint, the spectral theorem ensures the existence of an orthonormal basis of eigenvectors of T , and that all eigenvalues are real.

Let λ be an eigenvalue with eigenvector $v \neq 0$. Then

$$\langle Tv, v \rangle = \langle \lambda v, v \rangle = \lambda \langle v, v \rangle.$$

By positivity, $\langle Tv, v \rangle \geq 0$, while $\langle v, v \rangle > 0$. Thus $\lambda \geq 0$. □

Remark. A positive definite operator has strictly positive eigenvalues.

Theorem 3 (Existence of Positive Square Root). *If T is positive semidefinite, then there exists a positive semidefinite operator S such that*

$$S^2 = T.$$

*We call S , a **positive square root** of T and write $S = \sqrt{T}$.*

Proof. By the spectral theorem, $T = UDU^{-1}$ where U is matrix consisting of orthonormal basis and hence $UU^* = U^*U = I$. So $U^{-1} = U^*$ and $T = UDU^*$. Here D is a diagonal with entries are eigenvalues and hence are non-negative. Let \sqrt{D} be the diagonal matrix obtained by taking square roots of the diagonal entries of D . Then define

$$S = U\sqrt{D}U^*.$$

Clearly $S^2 = (U\sqrt{D}U^{-1})^2 = U\sqrt{D}^2U^{-1} = UDU^{-1} = T$, and S is also positive semidefinite. □

3 Unitary Operators

Definition 4. An operator U is **unitary** if $U^*U = UU^* = I$. If the base field is \mathbb{R} , then we say U is an **orthogonal** operator.

Note that such U preserves inner products and therefore lengths as shown in the following proposition.

Proposition 2. *A unitary operator U preserves lengths: $\|Uv\| = \|v\|$ for all $v \in V$.*

Proof. By definition, U is unitary, so $U^*U = I$. Then for any $v \in V$,

$$\|Uv\|^2 = \langle Uv, Uv \rangle = \langle v, U^*Uv \rangle = \langle v, v \rangle = \|v\|^2.$$

Taking square roots gives $\|Uv\| = \|v\|$. Thus, unitary operators preserve lengths. □

Proposition 3. *The eigenvalues of a unitary operator lie on the unit circle.*

Proof. Let U be a unitary operator on V , so $U^*U = I$. Suppose λ is an eigenvalue of U with corresponding eigenvector $v \neq 0$. Then

$$Uv = \lambda v.$$

Taking norms of both sides and using that U preserves norms, we get

$$\|v\| = \|Uv\| = \|\lambda v\| = |\lambda| \cdot \|v\|.$$

Since $\|v\| \neq 0$, we may divide both sides by $\|v\|$ to obtain

$$|\lambda| = 1.$$

Thus, every eigenvalue of U has length 1, meaning that all eigenvalues of U lie on the unit circle in the complex plane. \square

Proposition 4. *Let U be a linear operator on finite dimensional inner product space. Then the following statements are equivalent:*

1. U preserves inner products: $\langle Uv, Uw \rangle = \langle v, w \rangle$ for all $v, w \in V$.
2. $U^*U = UU^* = I$.
3. U maps any orthonormal basis of V to another orthonormal basis.

Proof. (1 \Rightarrow 2): For any v, w , $\langle v, U^*Uw \rangle = \langle Uv, Uw \rangle = \langle v, w \rangle = \langle v, Iw \rangle$. Since this holds for all v , we have $U^*U(w) = w$ for all w . Hence $U^*U = I$ and similarly, we can show that $UU^* = I$.

(2 \Rightarrow 1): For any v, w , $\langle Uv, Uw \rangle = \langle v, U^*Uw \rangle = \langle v, w \rangle$.

(1 \Leftrightarrow 3): Let $\{e_1, \dots, e_n\}$ be an orthonormal basis. If U preserves inner product, then $\langle Ue_i, Ue_j \rangle = \langle e_i, e_j \rangle = \delta_{ij}$, where $\delta_{ij} = 1$ if $i = j$ and 0 if $i \neq j$, so $\{Ue_1, \dots, Ue_n\}$ is orthonormal basis. Conversely, assume U maps orthonormal basis $\{e_1, \dots, e_n\}$ to another orthonormal set $\{f_1, \dots, f_n\}$, i.e., $Ue_i = f_i$ and $\langle f_i, f_j \rangle = \delta_{ij}$. Let $v = \sum_i \alpha_i e_i$ and $w = \sum_j \beta_j e_j$ be arbitrary vectors.

$$Uv = \sum_i \alpha_i Ue_i = \sum_i \alpha_i f_i, \quad Uw = \sum_j \beta_j Ue_j = \sum_j \beta_j f_j.$$

By linearity of the inner product,

$$\langle Uv, Uw \rangle = \left\langle \sum_i \alpha_i f_i, \sum_j \beta_j f_j \right\rangle = \sum_{i,j} \alpha_i \overline{\beta_j} \langle f_i, f_j \rangle = \sum_i \alpha_i \overline{\beta_i} = \langle v, w \rangle.$$

Hence, U preserves inner products. \square

Unitary Form of Spectral Theorem

If T is normal, then there exists a unitary U such that $T = UDU^*$, where D is diagonal.

Theorem 4 (Spectral Theorem for Unitary Operators). *Let T be a linear operator on a finite-dimensional real inner product space V . Then V has an orthonormal basis consisting of eigenvectors of T , and the corresponding eigenvalues have absolute value 1, if and only if T is self-adjoint (Hermitian) and orthogonal.*

Proof. (\Rightarrow) Suppose V has an orthonormal basis of eigenvectors of T with eigenvalues λ_i such that $|\lambda_i| = 1$. Let $\{v_1, \dots, v_n\}$ be this orthonormal basis. Then T is diagonalizable by a unitary (or orthogonal) matrix U with $T = UDU^*$, where D is diagonal with entries λ_i satisfying $|\lambda_i| = 1$. Then $T^* = UD^*U^* = UD^{-1}U^* = T^{-1}$, so T is unitary. Moreover, if T is real and $T = T^T$, then T is self-adjoint (orthogonal).

(\Leftarrow) Suppose T is self-adjoint and unitary. Then T is normal, so by the spectral theorem for normal (or self-adjoint) operators, T is diagonalizable by an orthonormal basis. Let λ be any eigenvalue with eigenvector v . Since T is unitary, $\|Tv\| = \|v\|$, hence $|\lambda| = 1$. Therefore, there exists an orthonormal basis of eigenvectors with eigenvalues on the unit circle. \square

4 Singular Values and SVD

Proposition 5. *For any linear operator T on an inner product space V , the operator T^*T is positive.*

Proof. Let $x \in V$ be arbitrary. Using the property of T^* , we have

$$\langle T^*Tx, x \rangle = \langle Tx, Tx \rangle = \|Tx\|^2 \geq 0.$$

This shows that T^*T is positive. \square

Corollary 1. *For any linear operator $T : V \rightarrow V$, $\sqrt{T^*T}$ always exist.*

Definition 5. The **singular values** of T are the non-negative square roots of the eigenvalues of T^*T .

Theorem 5 (Singular Value Decomposition). *Let A be any $n \times n$ matrix with real or complex entries. Then there exist*

- a unitary (orthogonal, in the real case) matrix $U \in \mathbb{C}^{n \times n}$,
- a unitary (orthogonal) matrix $V \in \mathbb{C}^{n \times n}$, and
- a diagonal matrix

$$\Sigma = \text{diag}(\sigma_1, \sigma_2, \dots, \sigma_r, 0, \dots, 0),$$

where $\sigma_1 \geq \sigma_2 \geq \dots \geq \sigma_r > 0$,

such that

$$A = U\Sigma V^*.$$

The numbers $\sigma_1, \dots, \sigma_r$ are called the singular values of A .