**An Unforgettable Experience**

Are you consistently complaining about people around you, or are you invariably feeling dissatisfied with your body, appearance, and life? If so, I am telling you that you are way more blessed than you think.

While studying in junior high school, my class volunteered at a specialized education school. We helped those Physically Challenged students clean their environment. Despite not being allowed to enter their classroom, we ran into a few disabled students while cleaning. With regular physical function, climbing stairs is nothing arduous for me; however, I was shocked as I saw a young boy, maybe with infantile paralysis, trying hard to get upstairs. He yelled and cried, but what he did not do was give up. As soon as he made the last step, I nearly burst into tears. Unfortunately, he was not in the most pitiful condition. In this school, hundreds of kids are dealing with their problems. In the world, a hundred million adults are struggling to fight against their disabilities.

So are you still feeling that you are the least lucky one in the world? Although everyone wants to pursue perfection, being dissatisfied makes us unavoidably more unhappy and depressed. Gratefulness is like a candle. If we all have it in our hearts, we will see a brighter and better world.