

CAUSAL THINKING IN CLINICAL TRIALS, JULY 2024, THESSALONIKI

# TIME-VARYING CONFOUNDING



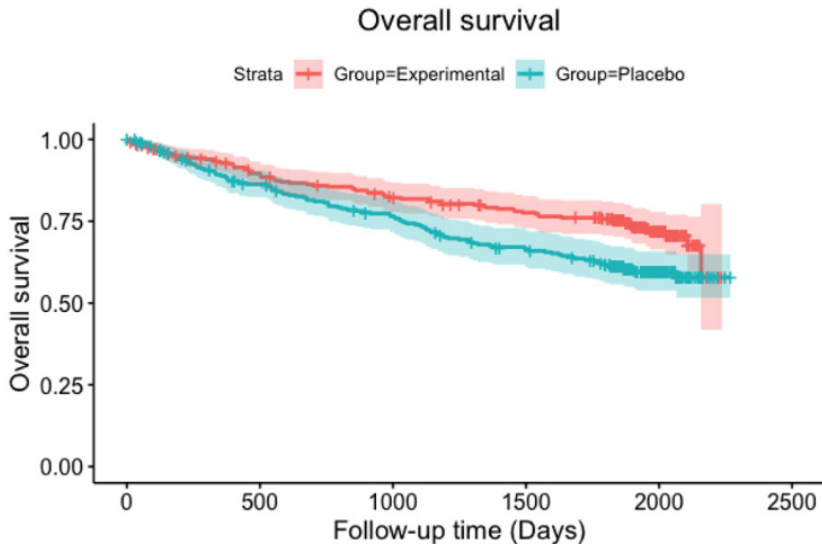
# PROBLEMS OF STANDARD ADJUSTMENT

# THE HELIOS TRIAL (NCT01611090)

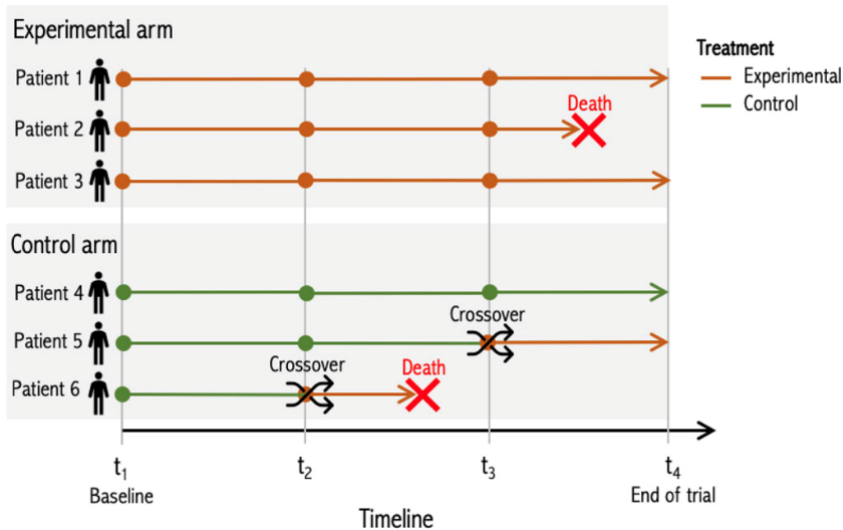
(FRASER ET AL. 2020)

- 578 patients with relapsed/refractory chronic lymphocytic leukemia/small lymphocytic lymphoma without deletion 17p.
- Randomized 1:1 to 420mg daily ibrutinib or placebo plus 6 cycles of bendamustine plus rituximab (BR), followed by ibrutinib or placebo alone.
- Control patients were allowed to **cross over** to ibrutinib upon disease progression.
- Median follow-up time 63.7 months.
- 5-year ITT HR 0.61 (95% CI 0.46 to 0.82) for ibrutinib plus BR versus placebo plus BR, despite crossover in 63.3% of control patients.

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# CROSS-OVER



# TRADITIONAL CORRECTIONS FOR CROSS-OVER

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- The **per-protocol effect** (excluding patients who cross over) is 1.87 (95% CI 1.45 to 2.40).
- The **as-treated effect** (treatment as time-varying covariate) is 1.05 (95% CI 0.94 to 1.17).
- Major concerns about these analyses.



# ACKNOWLEDGE THE TIME OF CROSS-OVER!

- It is essential to acknowledge the time of cross-over.
- The per-protocol analysis does not do so, which makes it vulnerable to immortal time-bias.
  - 'You need to live long enough to cross'.
  - Reverse causality, which may make the control treatment look especially bad.

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  - 'You need to live long enough to cross'.
  - Reverse causality, which may make the control treatment look especially bad.
  - Per-protocol analysis also 'over-represents' early deaths.
- Patient exclusions must therefore never be based on intercurrent events.

# PRINCIPAL STRATIFICATION

- Principal stratification naturally resolves this problem by turning the exclusion criterion into one that is balanced across arms.
- E.g., to measure the effect of treatment on surviving time  $t$  one may focus on the principal stratum of patients who would not have crossed by time  $t$ , no matter what treatment assignment.

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- E.g., to measure the effect of treatment on surviving time  $t$  one may focus on the principal stratum of patients who would not have crossed by time  $t$ , no matter what treatment assignment.
- This technically resolves the concern, but not practically:
  - the stratum likely contains many patients who die early;
  - *how meaningful is it to learn the treatment effect for those?*
- The stratum is also different at each time  $t$ , making survival curves difficult to interpret.

# TIME-VARYING CONFOUNDING (1)

- When the exposure (crossing-over) varies over time, the **confounders are time-varying** as well.
  - The decision to cross is based on disease progression.
  - Baseline confounding adjustment can never suffice!

(shared parameter models can also not work for that reason)

## TIME-VARYING CONFOUNDING (2)

- It is not uncommon to **aggregate** exposure and confounders over time.
  - E.g., Cox regression on treatment, duration of cross-over and their interaction, adjusting for measures of disease progression before cross-over.

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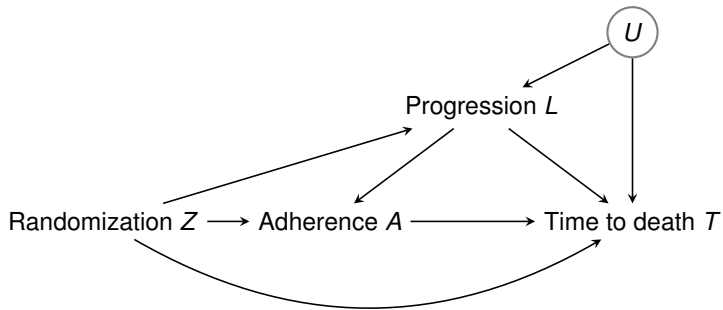
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- Both strategies do not carefully distinguish what comes before/after exposure (cross-over).

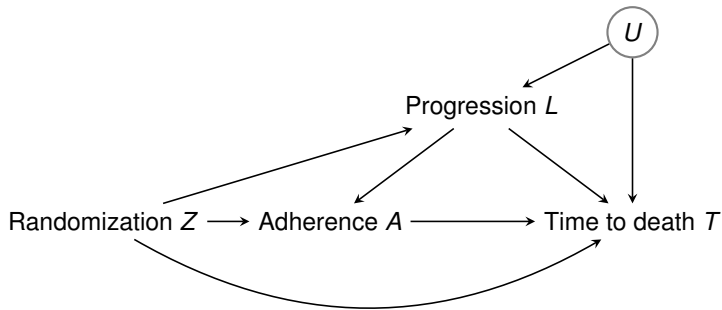
(the first strategy also ignores that the duration of cross-over is influenced by the endpoint)



## WHY DOES STANDARD REGRESSION ADJUSTMENT FAIL?

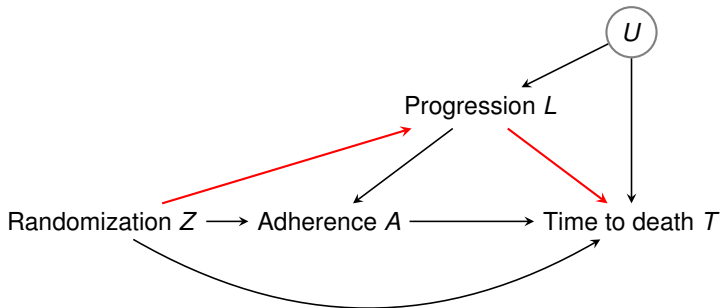


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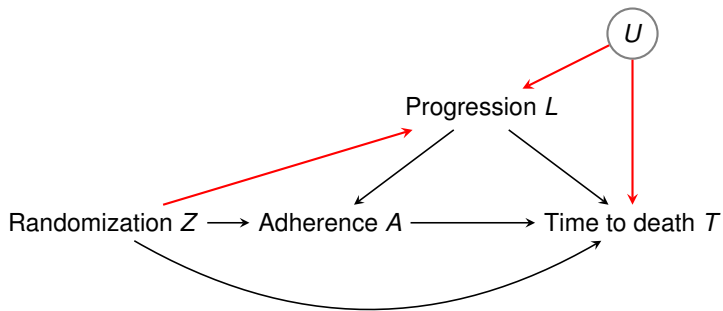
- Adjustment for progression is needed as it confounds the association between adherence  $A$  (i.e., cross-over) and time to death  $T$ .

## PROBLEM 1: ELIMINATING INDIRECT EFFECTS

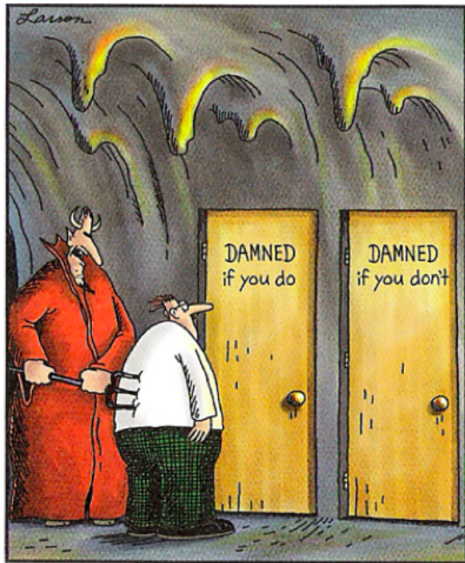


- Adjustment for progression eliminates part of the effect of randomization  $Z$  on time to death  $T$ .

## PROBLEM 2: COLLIDER-STRATIFICATION BIAS



- Adjustment for progression induces selection bias.



"C'mon, c'mon—it's either one or the other."

# THE PROBLEM OF TIME-VARYING CONFOUNDING

- Standard methods

for estimating the effects of time-varying treatments  
are biased when confounders predict subsequent treatments.

- In such cases, they do not distinguish whether progression happened before or after cross-over.

- This is common in observational studies, e.g.

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- HAART treatment is re-assessed at regular visits on the basis of CD4 count, but also affects future CD4 counts.
- Patients with high disease severity are more susceptible to infections, which in turn affect disease severity.

# G-METHODS



GHENT  
UNIVERSITY



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- g-estimation for Structural Nested Models

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(Robins, Hernan and Brumback, 2000; Hernan, Robins and Brumback, 2001)
- These strategies can make a big difference...

# EFFECT OF COMBINED ART ON MORTALITY?

- $\approx 60000$  individuals in Europe and US.

(Ray et al., 2010)

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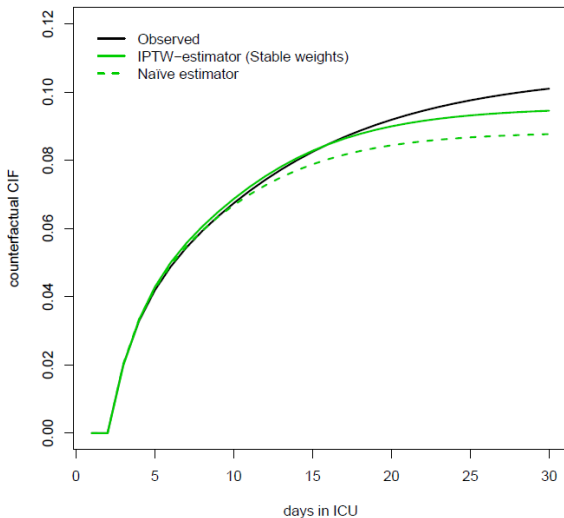
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- IPW adjusted: HR 0.48 (95% CI 0.41 to 0.57),  
in line with RCT results.



# EFFECT OF HOSPITAL-ACQUIRED INFECTION ON MORTALITY

(Bekaert et al., 2009)



# THE CAUSAL ROADMAP

# ROADMAP STEP 1: HYPOTHETICAL ESTIMAND

- Robins' g-methods follow the causal roadmap: their starting point is an estimand.
- *What would the treatment effect be in the absence of cross-over?* (hypothetical strategy)

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- Let  $T^{\bar{a}_\tau}$  denote the time to death  
with treatment status  $\bar{a}_\tau = (a_0, a_1, \dots, a_\tau)$  until the end of study time  $\tau$ .
  - $\bar{a}_\tau = (0, \dots, 0)$ : assignment to control ( $a_0 = z = 0$ ) and no cross-over.
  - $\bar{a}_\tau = (0, 1, \dots, 1)$ : assignment to control and cross-over at first visit.
  - $\bar{a}_\tau = (1, 1, \dots, 1)$ : assignment to treatment.
- Then we may contrast

$$P(T^{1\dots 1} > t) \quad \text{versus} \quad P(T^{0\dots 0} > t).$$

- *Is this a relevant estimand?*

# COX REGRESSION WITH TIME-VARYING COVARIATES

- The first step in a traditional analysis is very different:  
postulation of a [Cox model with time-varying covariates](#):

$$\lambda(t|A_0, A_t, L_t) = \lambda_0(t) \exp(\beta A_0 + \gamma A_t + \lambda L_t)$$

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- It is not so clear how to interpret  $\beta$   
because the model adjusts for different variables at each time  
(and considering non-collapsibility).
- The model also cannot be used to predict survival in the absence of cross-over.

## ROADMAP STEP 2: ASSUMPTIONS

- At each visit time  $t$ , we will assume that

$$A_t \perp\!\!\!\perp \tau^{\bar{a}_\tau} \mid \bar{L}_t, \bar{A}_{t-1} = 0$$

where  $\bar{A}_{t-1} = (A_0, \dots, A_{t-1})$  and  $\bar{L}_t = (L_0, \dots, L_t)$ .

- This assumption is known as **sequential randomization** or **no unmeasured confounding**.

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- At each visit time  $t$ , the decision to cross a control patient (who was not previously crossed) may depend on the history of confounders  $\bar{L}_t$ , but has no residual association with the endpoint **if the same decision were made**.
- Or, consider two control patients with the same history  $\bar{L}_t$ , and suppose that one crosses at time  $t$  and the other does not.
  - Then these patients are **exchangeable**.

## ROADMAP STEP 3: ESTIMATION (1)

- g-computation imputes the counterfactual data that would be seen 'in the hypothetical world'.
  - From the time of cross-over onwards until the end-of-study time, it thus repeatedly imputes for control patients
    - whether they will survive the next visit time;
      - if they do, their time-varying covariates at the next visit time,
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- For this, it uses parametric imputation models, fitted to patients who have not crossed by the considered time, which is demanding when there are many time-varying confounders.
- Be cautious: some papers ignore that also time-varying covariates must be imputed!

(Qu et al., 2020)

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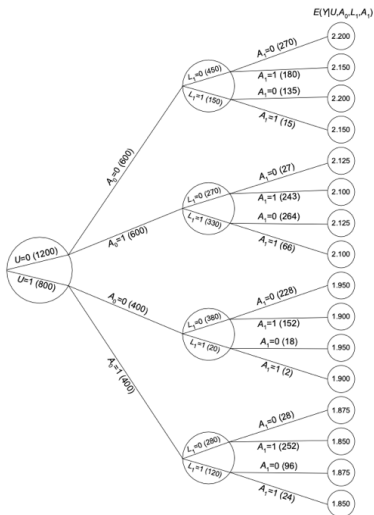
(Rubin, 1997)

- The real benefit here is that they can 'easily' overcome the problems of regression adjustment.
- I will illustrate this using a toy example due to Rhian Daniel.



# TOY EXAMPLE WITH CONTINUOUS ENDPOINT

( $L_0$ : EMPTY,  $L_1$ : 0 MEANS PROGRESSION,  $A_1$ : 1 MEANS CROSS-OVER)



$$Pr(U = 1) = 0.4$$

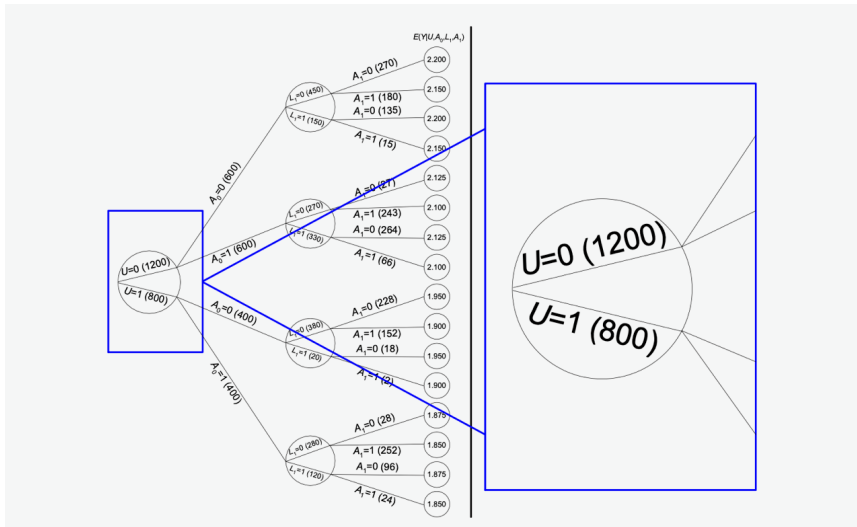
$$Pr(A_0 = 1 | U) = 0.5$$

$$Pr(L_1 = 1 | U, A_0) = 0.25 + 0.3A_0 - 0.2U - 0.05A_0U$$

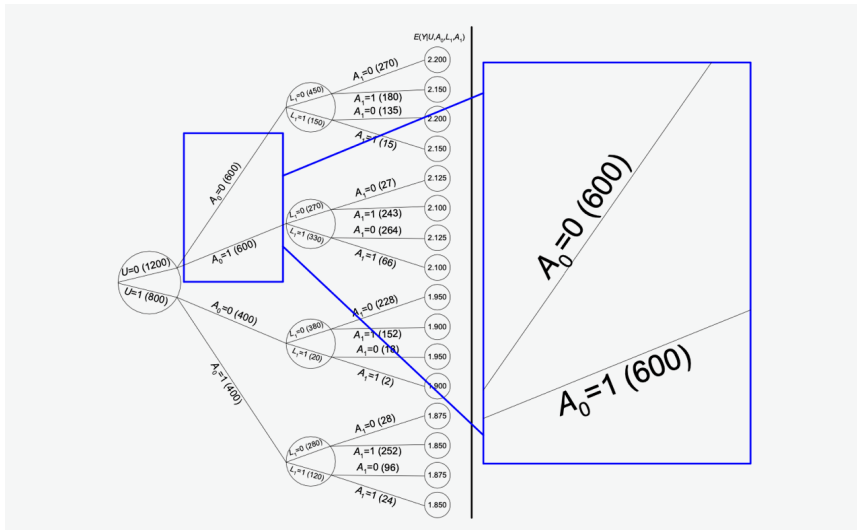
$$Pr(A_1 = 1 | U, A_0, L_1) = 0.4 + 0.5A_0 - 0.3L_1 - 0.4A_0L_1$$

$$Y \sim N(\mu_Y, 0.12^2) \text{ where } \mu_Y = 2.2 - 0.075A_0 - 0.05A_1 - 0.25U + 0.025A_0A_1$$

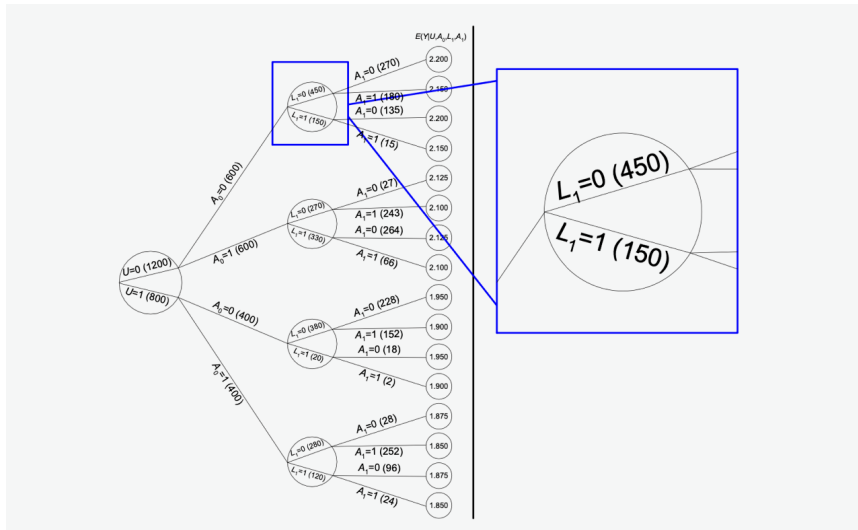
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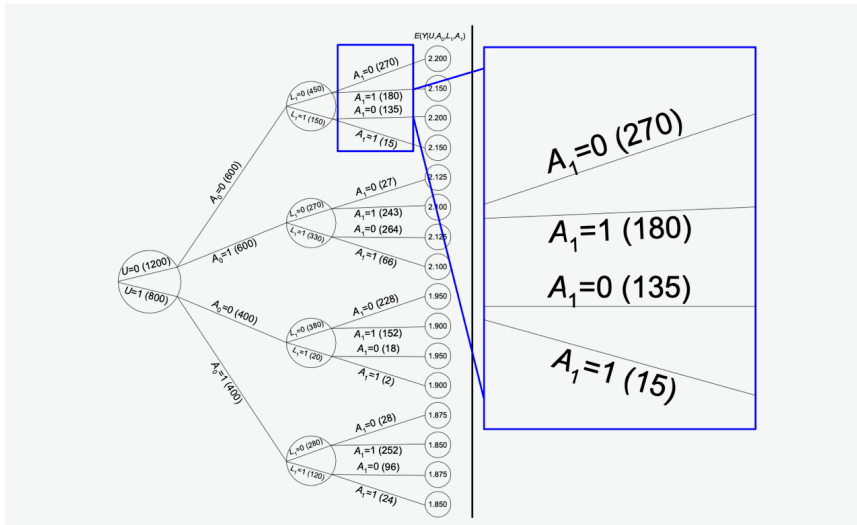
## THE DATA-GENERATING MECHANISM (2)



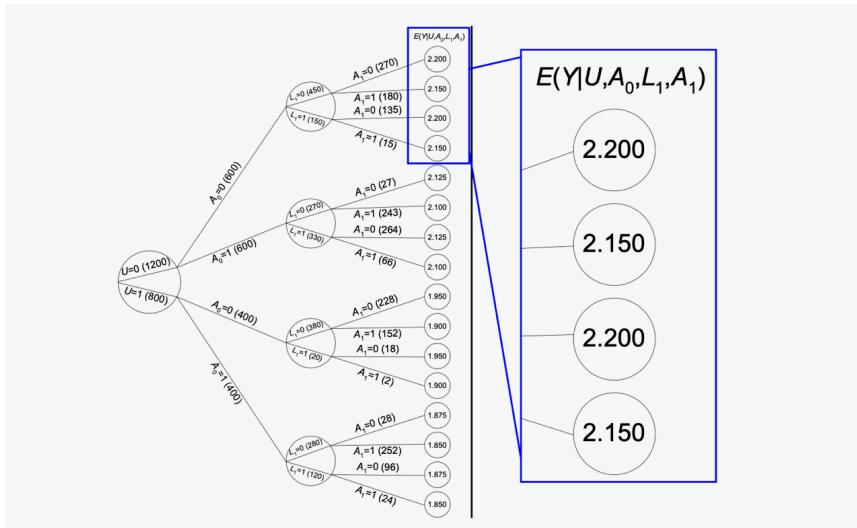
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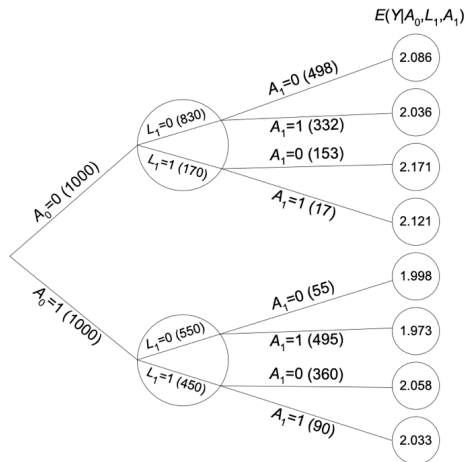
# THE DATA-GENERATING MECHANISM (4)



# THE DATA-GENERATING MECHANISM (5)



# THE OBSERVED DATA



## A CLOSER LOOK (1)

- Consider the stratum with  $A_0 = 0$  and  $L_1 = 0$ .
- The 332 patients who crossed are exchangeable with the 498 patients who did not cross.
  - So if none had crossed, we would still see an expected outcome of 2.086.
  - So if all had crossed, we would still see an expected outcome of 2.036.
- We can mimic this situation by weighing each patient's data by

$$\frac{1}{P(A_1 | A_0, L_1, L_0)}$$



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- This means
  - weighing each patient who did not cross by  $830/498 = 5/3$ , so the 498 patients now represent 830.
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so the 498 patients now represent 830.
  - weighing each patient who did cross by  $830/332 = 5/2$ ,  
so the 332 patients now represent 830.
- *What would you do with the stratum  $A_0 = 0, L_1 = 1$ ?*

## A CLOSER LOOK (2)

- For all control patients ( $A_0$ ), we have now worked out what we expect to see if all cross, or no one crosses.
- The 1000 control patients are exchangeable with the 1000 treated patients.
- So if all 2000 patients received control and were not crossed, we would still see the same.
  - *How many would have disease progression?*

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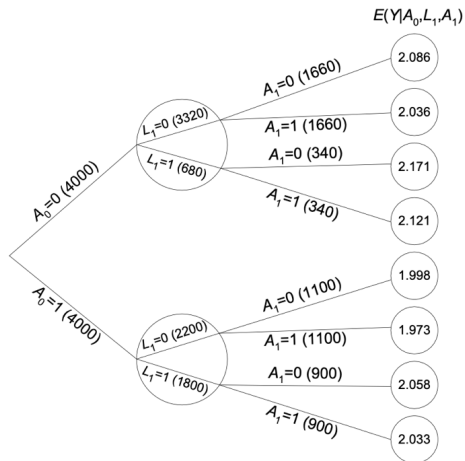
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  - 1660 would progress and 340 would not.
  - Those 1660 would still have an expected outcome of 2.086, and the 340 an expected outcome of 2.171.

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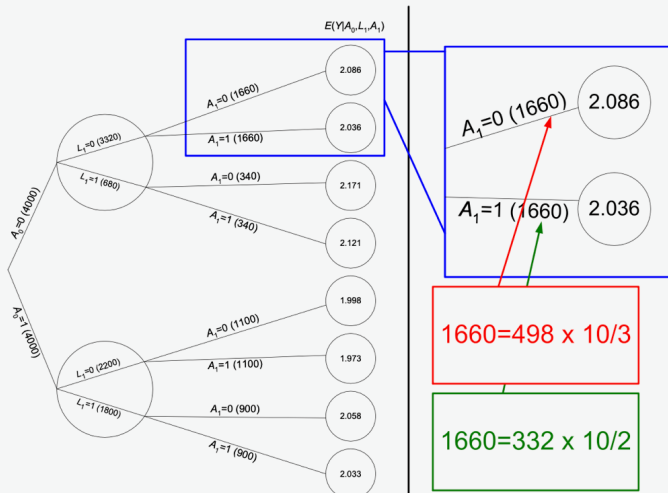
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- We can mimic this situation by weighing each patient's data by

$$\frac{1}{P(A_0|L_0)P(A_1|A_0, L_1, L_0)}$$

# THE INVERSE PROBABILITY WEIGHTED TREE



# ZOOMING IN



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- Because each patient now follows each treatment strategy, it is now valid to select the patients with  $A_0 = A_1$  and analyze their outcomes in the usual way, so long as we weigh them.
- Since only treatment strategies before the endpoint assessment matter, there is **no need for weighting by propensity scores for later time points**.
- We will thus
  - **cancel control patient's data at the time of cross-over**,
  - weigh the risk set at time  $t$  by 1 over the product of probabilities of not crossing until  $t$  or cross-over, whichever comes first.

# HOW TO DO THE ANALYSIS?

- *Why does it seem like we are randomizing 8000 patients?*
- Because each patient now follows each treatment strategy, it is now valid to select the patients with  $A_0 = A_1$  and analyze their outcomes in the usual way, so long as we weigh them.
- Since only treatment strategies before the endpoint assessment matter, there is **no need for weighting by propensity scores for later time points**.
- We will thus
  - **cancel control patient's data at the time of cross-over**,
  - weigh the risk set at time  $t$  by 1 over the product of probabilities of not crossing until  $t$  or cross-over, whichever comes first.
- *Why only weigh until the time of cross-over?*
- *What weights to apply in the treatment arm?*

# ILLUSTRATION IN R

# ILLUSTRATION ON THE SHIVA01 TRIAL

(GRAFFEO, LATOUCHE, LE TORUNEAU AND CHEVRET, 2019)

- First randomized clinical trial comparing Molecularly Targeted Therapy (MTA) based on tumor molecular profiling versus Conventional Therapy (CT) for advanced cancer.
- Treatment arm switches proposed at disease progression for both groups.
- Primary endpoint: Progression-Free Survival (time from randomization to death or progression).
- 100 patients in MTA arm, 97 in CT arm.
- 167 disease progressions, 27 deaths before progression.
- 95 patients switched arms after progression (25 MTA to CT, 70 CT to MTA).

# LONG DATA FORMAT

```
> install.packages("ipcwswitch")
> library("ipcwswitch")
> head(SH1long)
```

	id	tstart	tstop	event	agerand	bras.f	debtCO	ps	ttc	tran
1	1	0 days	28 days	0	76.62628	CT	31 days	1	0	0
2	1	28 days	133 days	0	76.62628	CT	31 days	1	1	0
3	1	133 days	145 days	1	76.62628	CT	31 days	2	1	0
4	2	0 days	34 days	0	65.10541	MTA	NA days	1	0	0
5	2	34 days	64 days	1	65.10541	MTA	NA days	3	1	0
6	3	0 days	20 days	0	36.82341	CT	127 days	1	1	0
7	3	20 days	48 days	0	36.82341	CT	127 days	1	0	0
8	3	48 days	70 days	0	36.82341	CT	127 days	0	1	0
9	3	70 days	127 days	0	36.82341	CT	127 days	1	1	0
10	3	127 days	155 days	0	36.82341	CT	127 days	2	1	1
11	3	155 days	184 days	0	36.82341	CT	127 days	2	1	0
12	3	184 days	287 days	1	36.82341	CT	127 days	1	1	0
13	4	0 days	30 days	0	64.41547	MTA	30 days	1	0	0
14	4	30 days	59 days	0	64.41547	MTA	30 days	0	0	0
15	4	59 days	156 days	1	64.41547	MTA	30 days	1	0	0

# UPDATE LONG FORMAT TO INCLUDE ALL JUMP TIMES AND CENSOR AT THE TIME OF CROSS-OVER

```
> head(SHirep)
```

	id	bras.f	debt	CO	ps	ttc	tran	cens	tstart	tstop	event
5193	1	CT	31	days	1	0	0	0	0	19	0
5194	1	CT	31	days	1	0	0	0	19	20	0
5195	1	CT	31	days	1	0	0	0	20	24	0
5196	1	CT	31	days	1	0	0	0	24	25	0
5197	1	CT	31	days	1	0	0	0	25	26	0
5198	1	CT	31	days	1	0	0	0	26	27	0
5199	1	CT	31	days	1	0	0	0	27	28	0
5200	1	CT	31	days	1	1	0	0	28	30	0
5201	1	CT	31	days	1	1	0	1	30	31	0

# CALCULATE INVERSE PROBABILITY OF CENSORING WEIGHTS

```
> install.packages("ipw")
> library(ipw)
> temp <- ipwtm(
  exposure = cens,
  family = "survival",
  denominator = ~ bras.f + agerand + sex.f + tt_Lnum + rmh_alea.c + pathway.f + ps + ttc + tran,
  id = id,
  tstart = tstart,
  timevar = tstop,
  type = "cens",
  data = SHIrep)
```

With  $A$  the time to cross-over, weights at time  $t$  will be calculated as:

$$\prod_{t_s \leq t} \frac{1}{P(A > t_s | A > t_{s-1}, \bar{L}_{t_s})}$$

where the product runs over all times at which events, cross-overs or visit times occur.

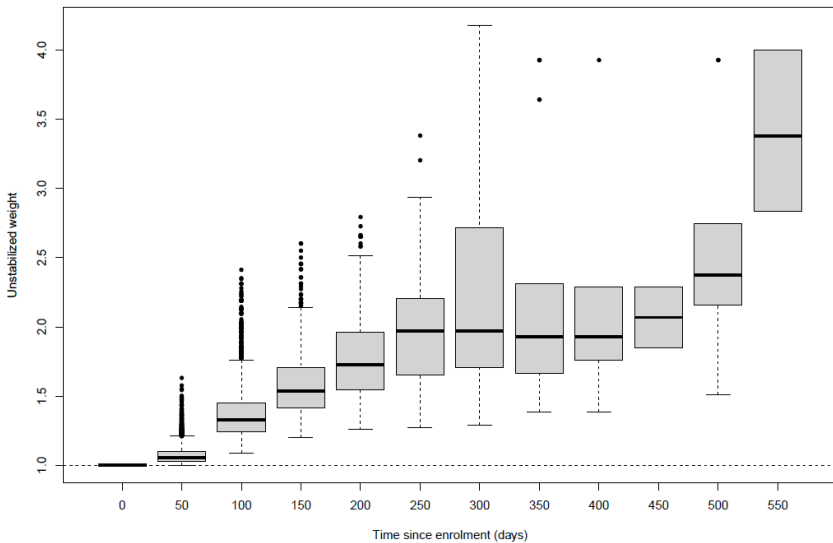


# PLOT INVERSE PROBABILITY OF CENSORING WEIGHTS

	id	bras.f	debt	CO	ps	ttc	tran	cens	tstart	tstop	event	weights
5193	1	CT	31	days	1	0	0	0	0	19	0	1.000000
5194	1	CT	31	days	1	0	0	0	19	20	0	1.000000
5195	1	CT	31	days	1	0	0	0	20	24	0	1.000000
5196	1	CT	31	days	1	0	0	0	24	25	0	1.000000
5197	1	CT	31	days	1	0	0	0	25	26	0	1.016789
5198	1	CT	31	days	1	0	0	0	26	27	0	1.016789
5199	1	CT	31	days	1	0	0	0	27	28	0	1.033878
5200	1	CT	31	days	1	1	0	0	28	30	0	1.045380
5201	1	CT	31	days	1	1	0	1	30	31	0	1.068904

```
> ipwplot(weights = temp$ipw.weights, timevar = SHIres$tstop, binwidth = 50,  
  logscale = F, xlab = "Time since enrolment (days)", ylab = "Unstabilized weight")
```

# UNTRUNCATED WEIGHTS



# ITT COX ANALYSIS

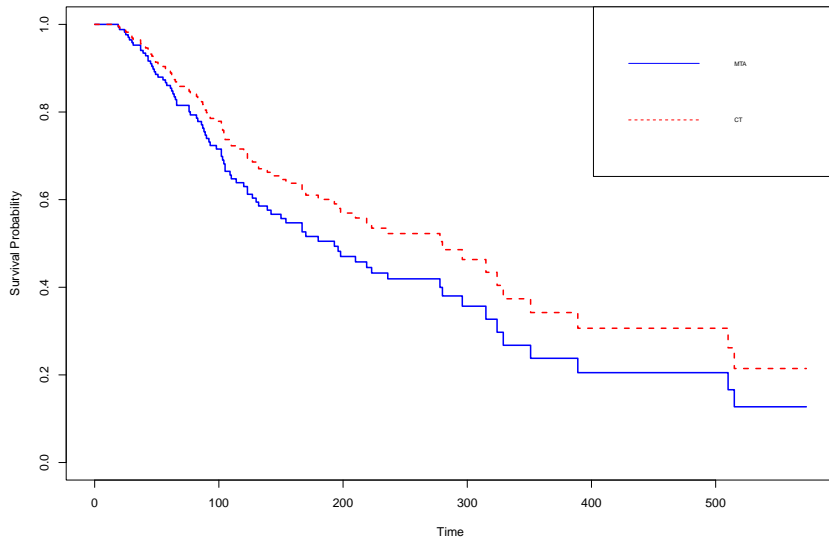
```
> itt_model <- coxph(Surv(tstart, tstop, event) ~ bras.f + cluster(id), data = SHIlong2)
> itt_model
```

	coef	exp(coef)	se(coef)	robust se	z	p
bras.fCT	-0.2923	0.7465	0.2367	0.2294	-1.274	0.203

```
Likelihood ratio test=1.57 on 1 df, p=0.21
n= 458, number of events= 83
```

```
> survival_curves <- survfit(itt_model,newdata=data.frame(bras.f=c("MTA","CT")))
> plot(survival_curves, col = c("blue", "red"), lty = 1:2, xlab = "Time",
      ylab = "Survival Probability")
> legend("topright", legend = c("MTA", "CT"), cex = 0.5, col = c("blue", "red"), lty = 1:2)
```

# SURVIVAL CURVES: ITT ANALYSIS



# IPCW COX ANALYSIS

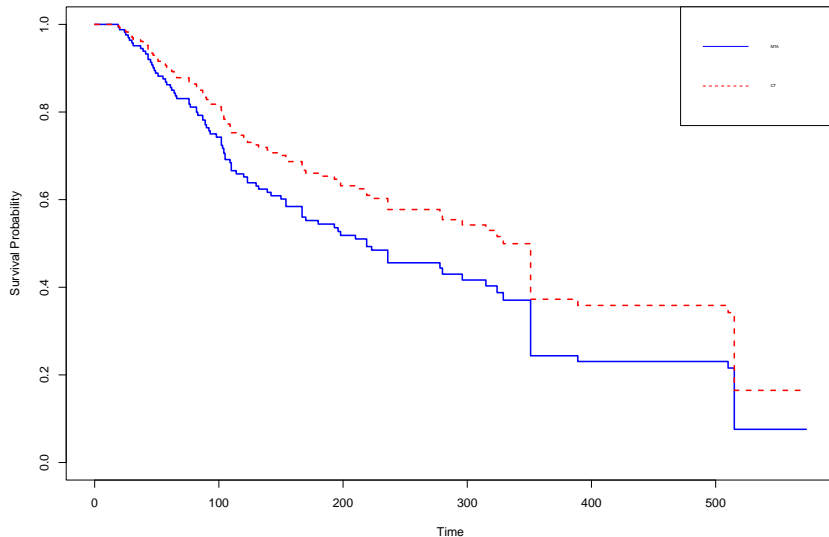
```
> fit.unstab.w <- coxph(Surv(tstart, tstop, event) ~ bras.f + cluster(id),  
                        data = SHIres, weights = temp$ipw.weights)  
> fit.unstab.w
```

	coef	exp(coef)	se(coef)	robust se	z	p
bras.fCT	-0.3579	0.6991	0.1839	0.2540	-1.409	0.159

Likelihood ratio test=3.76 on 1 df, p=0.05264  
n= 9745, number of events= 76

Only robust standard errors are valid (but may be conservative)!

# SURVIVAL CURVES: HYPOTHETICAL ESTIMAND



# CALCULATE STABILIZED INVERSE PROBABILITY WEIGHTS

```
> temp <- ipwtm(exposure = cens, family = "survival",  
  numerator = ~ bras.f + agerand + sex.f + tt_Lnum + rmh_alea.c + pathway.f,  
  denominator = ~ bras.f + agerand + sex.f + tt_Lnum + rmh_alea.c + pathway.f + ps + ttc + tran,  
  id = id, tstart = tstart, timevar = tstop, type = "cens", data = SHIrep)  
> ipwplot(weights = temp$ipw.weights, timevar = SHIres$tstop, binwidth = 50, logscale = F,  
  xlab = "Time since enrolment (days)", ylab = "Stabilized weight")
```

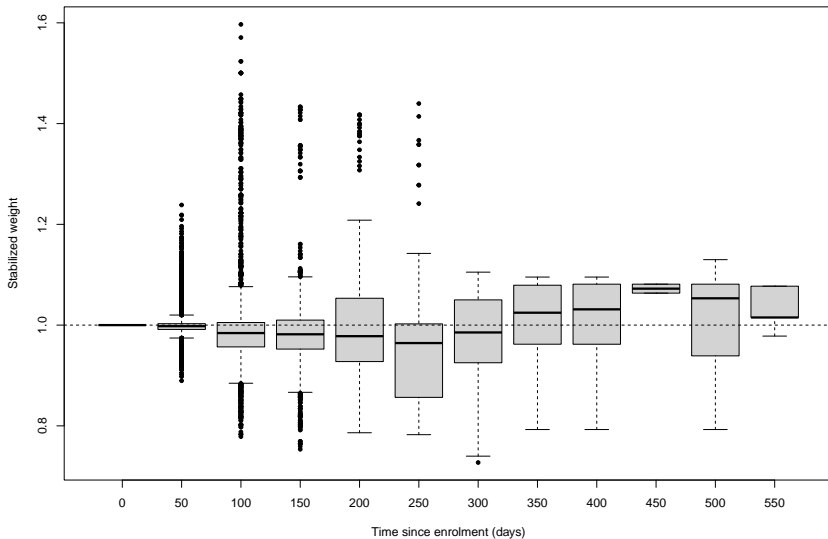
- With  $A$  the time to cross-over, the weight calculation stabilizes the weights at time  $t$  as follows:

$$\prod_{t_s \leq t} \frac{P(A > t_s | A > t_{s-1}, L_0)}{P(A > t_s | A > t_{s-1}, \bar{L}_{t_s})}$$

where the product runs over all times at which events, cross-overs or visit times occur.

- These weights reduce to 1 if there is only confounding by baseline covariates, suggesting that [adjustment for baseline covariates is now crucial](#) (but can be done via standard regression).

# UNTRUNCATED STABILIZED WEIGHTS





# IPW COX ANALYSIS WITH STABILIZED WEIGHTS

```
> fit.stab.w <- coxph(Surv(tstart, tstop, event) ~ bras.f + agerand + sex.f + tt_Lnum  
  + rmh_alea.c + pathway.f + cluster(id),  
  data = SHIrep, weights = temp$ipw.weights)  
> fit.stab.w
```

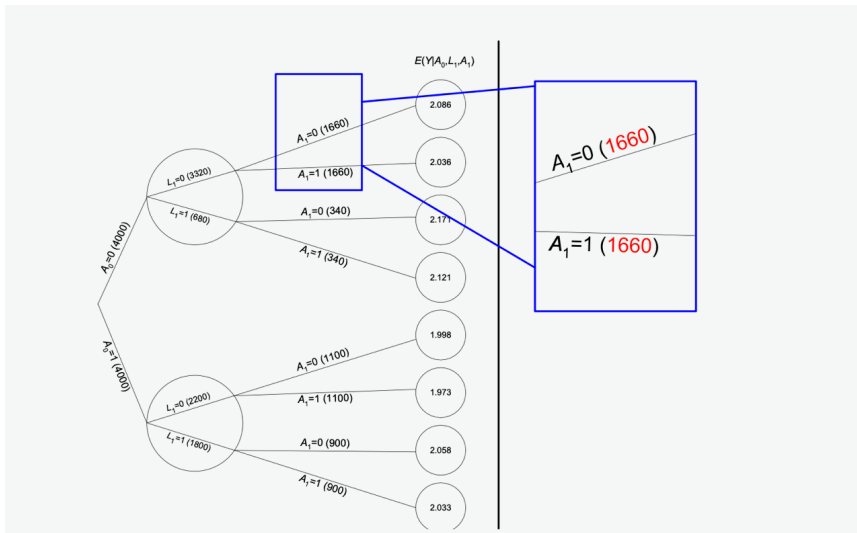
	coef	exp(coef)	se(coef)	robust se	z	p
bras.fCT	-0.338454	0.712872	0.254708	0.255541	-1.324	0.185350
agerand	-0.007028	0.992997	0.009823	0.010263	-0.685	0.493496
sex.fFemale	-0.492635	0.611014	0.239527	0.244836	-2.012	0.044209
tt_Lnum	0.010644	1.010700	0.046586	0.041585	0.256	0.797989
rmh_alea.c	0.941328	2.563384	0.251063	0.253190	3.718	0.000201
pathway.fHR	-0.137047	0.871930	0.342980	0.357161	-0.384	0.701193
pathway.fPI3K/AKT/mTOR	-0.177219	0.837597	0.340084	0.349221	-0.507	0.611826

Likelihood ratio test=23.93 on 7 df, p=0.001171  
n= 9745, number of events= 76

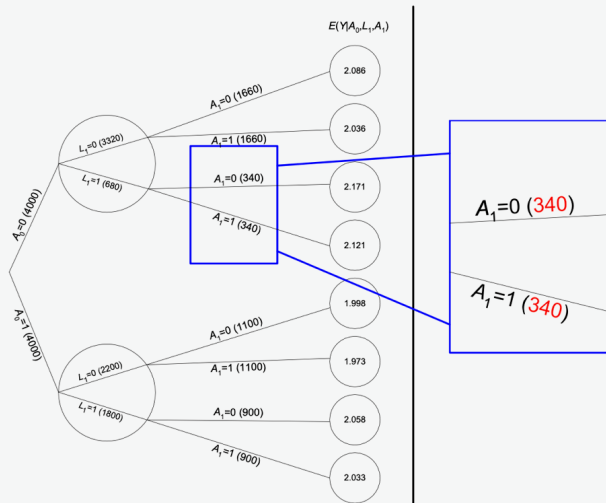
Note that population survival curves are now harder to obtain,  
unless the numerator weights only include treatment (which we anyway adjust for)!

# IPW ELIMINATES CONFOUNDING

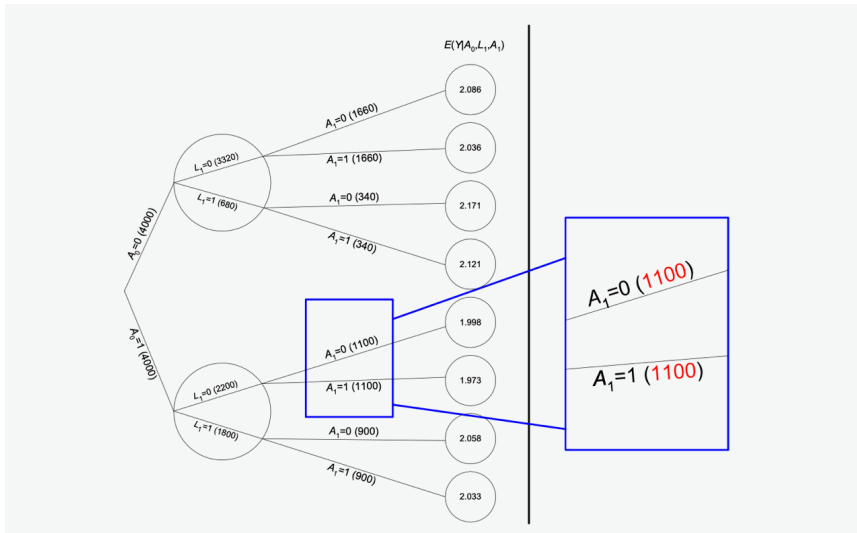
# IPW ELIMINATES CONFOUNDING (1)



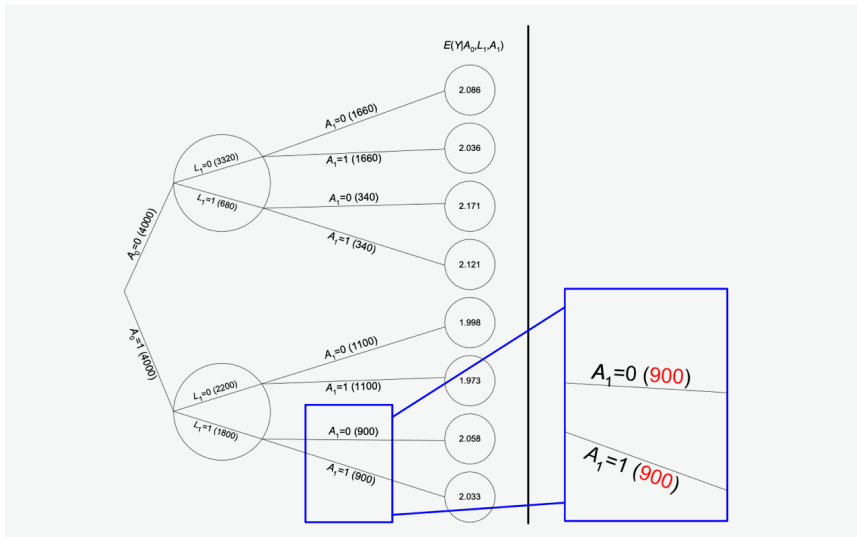
# IPW ELIMINATES CONFOUNDING (2)



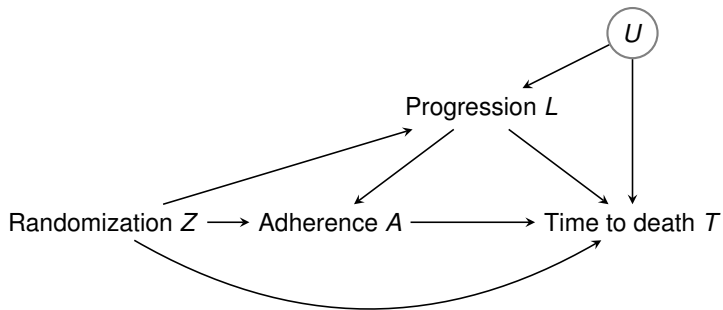
# IPW ELIMINATES CONFOUNDING (3)



# IPW ELIMINATES CONFOUNDING (4)

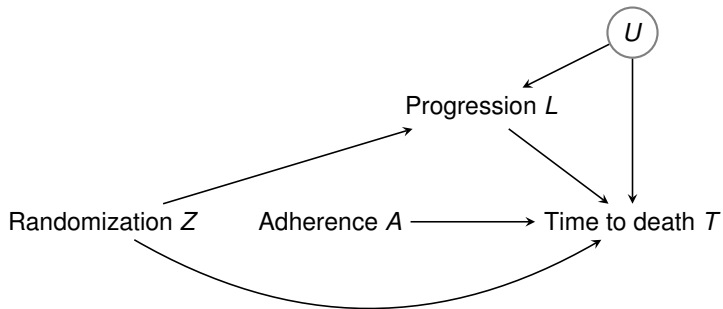


## THE ORIGINAL CAUSAL DIAGRAM



*What combination of paths corresponds with the hypothetical effect of interest?*

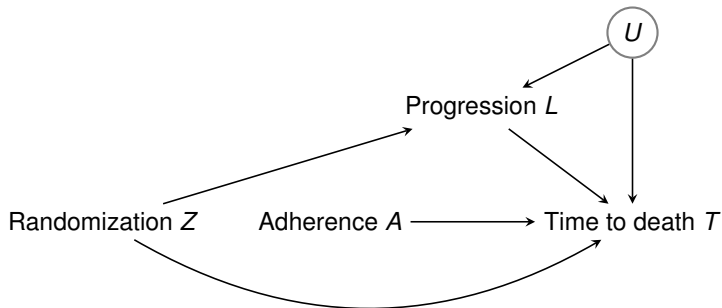
# THE INVERSE PROBABILITY WEIGHTED CAUSAL DIAGRAM



*What analysis would you propose in this diagram?*



# THE INVERSE PROBABILITY WEIGHTED CAUSAL DIAGRAM



*What analysis would you propose in this diagram?*

As if cross-over were randomized.

## IPW FOR THE EFFECT OF A TIME-VARYING EXPOSURE

- Suppose we are interested in a collection of regimes  $\bar{a}_t$ ,  
e.g.  $\bar{a}_t = (0, \dots, 0)$ ,  $\bar{a}_t = (0, \dots, 0, 1)$ , ...,  $\bar{a}_t = (0, 1, \dots, 1)$ ,  $\bar{a}_t = (1, \dots, 1)$ .
- It then follows that one may fit model

$$\lambda(t|\bar{A}_t) = \lambda_0(t) \exp(\beta A_t)$$

using weighted Cox regression on a large dataset

by pooling datasets that censor patients when they deviate from a given regime  $\bar{a}_t$ .

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using weighted Cox regression on a large dataset

by pooling datasets that censor patients when they deviate from a given regime  $\bar{a}_t$ .

- Since the weighting ‘reproduces data’ for all these regimes,  
the results can be interpreted as for the **marginal structural model**

$$\lambda_{T\bar{a}_t}(t) = \lambda_0(t) \exp(\beta a_t)$$

(Robins, Hernan and Brumback, 2000; Hernan, Robins and Brumback, 2001)

- These express how the results would have looked like  
if the exposure was randomised at each time.

# DISCUSSION



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## SUMMARY

- Conventional methods are fallible for the analysis of time-varying exposures.
- This is because time-varying confounders are both causes and effects of the exposure.
- Like cross-sectional analyses, conventional analyses cannot distinguish these.

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- After reweighting the data, there is no further need to adjust for time-varying confounders.

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- Conventional methods are fallible for the analysis of time-varying exposures.
- This is because time-varying confounders are both causes and effects of the exposure.
- Like cross-sectional analyses, conventional analyses cannot distinguish these.
- **Inverse probability weighting** offers a way out.
- After reweighting the data, there is no further need to adjust for time-varying confounders.
- Results can be interpreted **as if they originated from a sequentially randomised trial**, provided that all time-varying confounders were available, and correctly modelled via propensity scores.

# POSITIVITY VIOLATIONS

- A major drawback of IPW methods is that are very **inefficient** and can be **unstable**.
- **Augmented IPW** methods are much more efficient, but computationally difficult.
  - Software is developing, e.g. `ltmle`.



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  - This is not uncommon with intercurrent events!
  - Other estimators or estimands can provide some remedy.

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(Michiels, Vandebosch and Vansteelandt, 2021, 2023)
  - *How would you handle IPW in the Helios trial, considering that all cross after 3 years?  
What estimand would you target?*
- The 'standard' use of weight truncation can be problematic and hide positivity violations.
  - Sensitivity analyses are essential and must be reported.

## SELECTED REFERENCES

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Robins J, Hernan M (2009). Longitudinal Data Analysis, chap. Estimation of the causal effects of time-varying exposures. Chapman and Hall/CRC Press: New York; 553-599.

Vansteelandt S, Joffe M. Structural nested models and G-estimation: the partially realized promise. Statistical Science 2014; 29:707-731.