



*Your space, your vision – our mission to make it a reality for you, naturally.*

## Ches Painting & Decorating Ltd

### RAMS Summary — Decorating Works

This RAMS summary outlines our standard risk controls and method sequence for typical interior decorating works. Full site-specific RAMS provided on request.

#### Key risk controls

- Dust control via M-class vacuums and on-tool local exhaust ventilation (LEV)
- RPE: FFP3 for dust-generating tasks; face-fit where required
- COSHH: product list maintained; SDS available; low-VOC systems preferred
- PUWER: pre-use tool checks; guards in place; PAT where applicable
- Noise & HAVS: minimized exposure; job rotation; equipment selection
- PPE: eye/hand protection as task-appropriate
- Housekeeping: no dry sweeping; use M-class vac / wet methods
- LEV: thorough examination & testing at least every 14 months
- Waste: segregated and disposed of via licensed carriers; records retained
- Exclusion zones & signage for power-tool operations
- Briefings: task briefings/inductions; supervision checks recorded

#### Lead-safe control

Assume legacy coatings may contain lead. Use containment, controlled removal, approved RPE, HEPA-rated extraction, and licensed waste disposal procedures.

#### Method sequence (typical)

- Arrival, sign-in, site induction; confirm permits and access
- Protect floors/furnishings; establish exclusion zones
- Surface prep: strip/scrape/sand/fill/prime as specified
- Apply specified low-VOC coatings; maintain ventilation; monitor drying/odor
- Quality checks and snag resolution
- Demobilize: remove protection, clean area, waste offsite; client sign-off

#### Emergency, first aid & welfare

- First aiders and kits identified on site
- Report incidents/near misses immediately; records kept
- Follow site fire/evacuation procedures



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[www.chespaintingdecoratingltd.co.uk](http://www.chespaintingdecoratingltd.co.uk)



CHES  
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A large, semi-transparent watermark logo is centered on the page. It consists of the company name 'CHES' in a large, bold, black font, with 'PAINTING & DECORATING' and 'LTD' stacked below it in a slightly smaller font. A faint circular graphic containing a stylized paintbrush is positioned above the text.

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