

Daily Schedule (grid-render-v1)

Date	Task	Duration	Time
Today	Classes	5h30m	08:30 - 14:00
Today	Travel to training facility/lunch	30m	14:00 - 14:30
Today	Football Training: Strength & Conditioning	1h	14:30 - 15:30
Today	Break	15m	15:30 - 15:45
Today	Football Training: Drills & Technique	1h30m	15:45 - 17:15
Today	Break	15m	17:15 - 17:30
Today	Football Training: Scrimmage/Match practice	1h	17:30 - 18:30
Today	Travel home/Shower	30m	18:30 - 19:00
Today	Dinner & Free Time	1h	19:00 - 20:00
Today	Review class notes/Study	1h	20:00 - 21:00