

Daily Schedule (grid-render-v1)

Date	Task	Duration	Time
Today	School Classes	5h30m	08:30 - 14:00
Today	Travel to Football Facility	30m	14:00 - 14:30
Today	Football Training: Strength & Conditioning	1h	14:30 - 15:30
Today	Break/Hydration	15m	15:30 - 15:45
Today	Football Training: Drills & Technique	1h30m	15:45 - 17:15
Today	Break/Light Snack	15m	17:15 - 17:30
Today	Football Training: Scrimmage/Game Play	1h	17:30 - 18:30
Today	Travel Home	30m	18:30 - 19:00
Today	Review Class Notes/Study	45m	19:30 - 20:15
Today	Dinner	30m	20:15 - 20:45
Today	Free time/Relaxation	1h	20:45 - 21:45