

Daily Schedule (grid-render-v1)

Date	Task	Duration	Time
Today	Wake up, get ready	30m	07:00
Today	Classes	5h30m	08:30
Today	Travel to football training	30m	14:00
Today	Football training: Drills & Fitness	1h30m	14:30
Today	Football training: Tactical work/Positional play	1h	16:00
Today	Break/Snack	15m	17:00
Today	Football training: Scrimmage/Match practice	1h	17:15
Today	Cool-down/Stretching	30m	18:15
Today	Travel home	30m	18:45
Today	Dinner & Personal Time	1h	19:15
Today	Review class notes/Study	1h	20:15
Today	Sleep		22:00