

Daily Schedule (grid-render-v1)

Date	Task	Duration	Time
Today (Mon-Wed)	Classes	5h 30m	08:30 - 14:00
Today (Mon-Wed)	Travel to training	30m	14:00 - 14:30
Today (Mon-Wed)	Football Training: Strength & Conditioning	1h 30m	14:30 - 16:00
Today (Mon-Wed)	Break/Snack	15m	16:00 - 16:15
Today (Mon-Wed)	Football Training: Drills & Technique	1h	16:15 - 17:15
Today (Mon-Wed)	Football Training: Tactical Practice/Scrimmage	1h	17:15 - 18:15
Today (Mon-Wed)	Travel Home	30m	18:15 - 18:45
Today (Thu-Fri)	Classes	6h 30m	08:30 - 15:00
Today (Thu-Fri)	Travel to training	30m	15:00 - 15:30
Today (Thu-Fri)	Football Training (adjust based on coach's plan)	3h 30m	15:30 - 19:00
Today (Thu-Fri)	Travel Home	30m	19:00 - 19:30
Today (All days)	Homework/Study	1h - 2h (flexible)	Evening (after 19:30)