

# Your AI-Generated Schedule

Time	Task	Duration	Notes
09:30	Breakfast & Commute Home	30 min	Grab something quick and head home.
10:00	Gym Workout (Monday) / Soccer Practice (Tues, Wed, Fri) / Rest (Thurs)	60-90 min	See detailed workout schedule above.
11:30	Lunch	30 min	Quick and healthy meal.
12:00	Homework / Studying	1-2 hours	Prioritize most difficult subjects.
14:00	Errands / Chores	30 min – 1 hour	Grocery shopping, laundry, etc.
15:00	Free Time / Relax	1-2 hours	Hobbies, socializing, or just relaxing.
17:00	Dinner	30 min	Prepare or eat dinner.
17:30	Evening Activities	1-2 hours	Personal projects, reading, spending time with family/friends.
19:30	Prepare for next day	30 min	Pack bag, lay out clothes, review class schedule.
20:00	Relaxation and Bedtime Routine	1 hour	Wind down before bed.