Number	Variable name	Variable label	Variable type	Mean	SD	Median	Min	Max	Values	Frequency category	Frequency	Percent	Missing	Missing percent
1	ID	ID	Numeric											
2	Sex	Sex	Numeric						1	Male	5913	54.96	0	0.00
									2	Female	4846	45.04		
3	Age	Age in years	Numeric	44.05	9.62	44.35	25.00	60.00					0	0.00
4	mhx_HT_yn	Medical history of hypertension	Numeric						0	No	9566	88.91	0	0.00
									1	Yes	1193	11.09		
5	HT	Hypertension	Numeric						0	No	7933	73.73	0	0.00
									1	Yes	2826	26.27		
6	DM	Diabetes	Numeric						0	No	10108	93.95	0	0.00
									1	Yes	651	6.05		
7	DysL_	Dyslipidemia	Numeric						0	No	7077	65.78	0	0.00
									1	Yes	3682	34.22		
8	bexam_wc	Waist circumference (cm)	Numeric	83.23	9.93	83.00	55.50	155.00					0	0.00
9	bexam_BMI	Body mass index (kg/m^2)	Numeric	23.69	3.50	23.40	14.30	68.10					0	0.00
10	bexam_BP_systolic	Systolic blood pressure (mmHg)	Numeric	116.39	15.40	115.00	70.00	187.00					0	0.00
11	bexam_BP_diastolic	Diastolic blood pressure (mmHg)	Numeric	79.55	11.09	79.00	41.00	135.00					0	0.00
12	ASM_Wt_	Appendicular skeletal muscle mass (%)	Numeric	30.22	3.47	30.34	17.18	44.99					0	0.00
13	shx_smoke_yn	History of smoking	Numeric						0	No	8695	80.82	0	0.00
									1	Yes	2064	19.18		
14	shx_alcohol_yn	History of alcohol intake	Numeric						0	No	4661	43.32	0	0.00
									1	Yes	6098	56.68		
15	BMIgr	Obesity status according to BMI	Numeric						0	Under weight (BMI <18.5 kg/m^2)	444	4.13	0	0.00
									1	Normal (BMI 18.5-22.9 kg/m^2)	4340	40.34		
									2	Overweight (BMI 23-24.9 kg/m^2)	2463	22.89		
									3	Obesity (BMI >=25 kg/m^2)	3512	32.64		
16	MAP	Mean arterial blood pressure	Numeric	91.83	11.94	91.00	52.33	151.00						
17	ASM_10	Re-scaled ASM%, 1 unit = 10% ASM	Numeric	3.02	0.35	3.03	1.72	4.50					0	0.00