

Number	Variable name	Variable label	Coded response	Variable type
1	ID	ID		Numeric
2	Sex	Sex	1=Male 2=Female	Numeric
3	Age	Age in years		Numeric
4	mhx_HT_yn	Medical history of hypertension	0=No 1=Yes	Numeric
5	HT	Hypertension	0=No 1=Yes	Numeric
6	DM	Diabetes	0=No 1=Yes	Numeric
7	Dysl_	Dyslipidemia	0=No 1=Yes	Numeric
8	bexam_wc	Waist circumference (cm)		Numeric
9	bexam_BMI	Body mass index (kg/m <sup>2</sup> )		Numeric
10	bexam_BP_systolic	Systolic blood pressure (mmHg)		Numeric
11	bexam_BP_diastolic	Diastolic blood pressure (mmHg)		Numeric
12	ASM_Wt_	Appendicular skeletal muscle mass (%)		Numeric
13	shx_smoke_yn	History of smoking	0=No 1=Yes	Numeric
14	shx_alcohol_yn	History of alcohol intake	0=No 1=Yes	Numeric
15	BMIgr	Obesity status according to BMI	0=Under weight (BMI <18.5 kg/m <sup>2</sup> ) 1=Normal (BMI 18.5-22.9 kg/m <sup>2</sup> ) 2=Overweight (BMI 23-24.9 kg/m <sup>2</sup> ) 3=Obesity (BMI ≥25 kg/m <sup>2</sup> )	Numeric
16	MAP	Mean arterial blood pressure		Numeric
17	ASM_10	Re-scaled ASM%, 1 unit = 10% ASM		Numeric