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MODERN LUNCH: +100 RECIPES FOR ASSEMBLING THE NEW MIDDAY MEAL (HARDBACK)



Penguin Putnam Inc, United States, 2019. Hardback. Condition: New. Language: English. Brand new Book. From Allison Day, the acclaimed cookbook author and award-winning blogger behind Yummy Beet, comes Modern Lunch a collection of over 100 original, plant-forward recipes that celebrate the midday meal. Modern Lunch is the new lunchtime hero for time-strapped, budget-conscious, and salad-fatigued people everywhere. Focusing on healthy, quick--and, yes, Instagrammable--recipes with minimal effort, Allison takes readers on a feasting journey inspired by fresh flavors and ingredients, and...

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- · Authored by Allison Day
- Released at 2019



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