

Discharge home from Critical Care Environment Checklist

With increasing occurrence patients are being discharged directly from Critical Care environment to their home or usual place of residence.

Whilst this is acceptable and uncomplicated in many scenarios it can lead to error as it is not our usual practice, we may miss things that a general ward would be more cognisant of.

As such please use the below checklist when sending patients home directly to ensure governance and we are following a standard criterion of checks. This will appear on Trak under:

It is by no means exhaustive nor meant to replace an IDL which should also go to the patients GP but should act as an aide memoire at the point of discharge.

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1. Observations prior to discharge

BP
HR
RR
O2 Sats
Temp
BM
GCS (E V M)

2. Provisional Diagnosis

3. New Medications commenced?

Details, including duration

4. Changes to regular medications?

Details :

5. Have all invasive devices been removed?

6. OT/Physio assessment required prior to discharge ?

7. Is GP follow up required for this patient? GP informed (Yes/No)

8. Is hospital follow- up required(including repeat imaging)? Arranged/ Details of person arranging

9. Are there adult safeguarding/vulnerable adult concerns? Consider contacting GP +/- social work.

Discussed with senior doctor (Name/Grade)

Person completing form Name/Grade)

Critical Care Guidelines: Discharge home from Critical Care	
Authors: Directorate QI team	
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