## LUHT Critical Care Directorate Guidelines

## TED Anti-Embolism Stockings SIZING GUIDE:

## Below Knee:

1. Measure around widest part of calf

 Small
 < 33 cm</td>

 Medium
 33-38 cm

 Large
 38-40cm

 Extra Large
 > 40cm

## Thigh Length:

- 1. Measure calf circumference to determine the appropriate size
- 2. Measure the upper thigh circumference BUT DO NOT APPLY thigh length stockings if circumference exceeds the following:

 $\begin{array}{ll} \text{Small} & > 65\text{cm} \\ \text{Medium} & > 70\text{cm} \\ \text{Large} & > 78\text{cm} \\ \text{Extra Large} & > 82\text{cm} \end{array}$