

Critical Care Directorate – Guidelines

Nasogastric Enteral Feeding Protocol

When NG tube position is confirmed (Refer to Critical Care Guideline)
Commence **Nutrison 1.0 kcal/ml at 25mls/hr**

- Check aspirate after 4 hours
- Is aspirate > 250mls?

YES

NO

- Return 100mls
- Feed rate 25mls/hr

- Return 100mls
- Increase to 50mls/hr

- Check aspirate after 4 hours
- Is aspirate > 250mls?

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NO

YES

YES

NO

- Return 100mls
- Reduce rate to 10mls/hr

- Return 100mls
- Increase rate to 75mls/hr x 24 hours
- Aspirate 4 hourly until review by

Commence prokinetic(s)
Metoclopramide
and/or Erythromycin

- Once established on enteral feeding, consider changing to fine bore NG tube

If NG feed not tolerated within 48 hrs of commencing prokinetic consider post-pyloric feeding (NJ) and/or parenteral nutrition