Critical Care Guidelines FOR ICU USE ONLY





				Lothian
Drug	Additional information (does not need prescribed on the kardex)	Dose/Amount	Diluent/volume (refers to the final volume of the infusion)	Rate/duration
Actrapid	Actrapid is brand of soluble insulin used for glycaemic control and sliding scales. Prescribe as Actrapid.	50 units	50ml glucose 5%	According to protocol
Adrenaline	Single strength	8mg	100ml glucose 5%	0-20mls/hr
	80micrograms/ml	20mg	250ml glucose 5%	0-20mls/hr
	All strengths via CVC*	40mg		0-20mls/hr
	Double strength	40mg	250ml glucose 5%	0-20mls/hr
	160micrograms/ml	80mg	500ml glucose 5%	0-20mls/hr
	Quadruple strength	80mg	250ml glucose 5%	0-20mls/hr
	320micrograms/ml	160mg	500ml glucose 5%	0-20mls/hr
Alfentanil	500micrograms/ml	15mg	30ml undiluted	1-4mls/hr
		25mg	50ml undiluted	1-4mls/hr
Aminophylline	load centrally with undiluted aminophylline (25mg/ml) or peripherally in 100ml glucose 5%, both over 20 minutes.	500mg	500ml glucose 5%	500micrograms/kg/hr (prescribe in mls/hr) initially, then adjusted according to level i.e. for 70kg patient 35mls/hr
Amiodarone	Loading dose (large vein)	300mg	250ml glucose 5%	Over 1 hour
	Maintenance infusion via CVC*	900mg	ŭ	21mls/hr over 24 hours
Atracurium	10mg/ml	500mg	50ml undiluted	0-5mls/hr
Clonidine	15micrograms/ml	750 micrograms	50ml sodium chloride 0.9%	Up to 2 micrograms/kg/hr , prescribe in mls/hr. i.e.9.5mls/hr for 70kg patient
Dexmedetomodine		2000micograms	250ml glucose 5%	Initially 0.7micrograms/kg/hr, Range 0.2- 1.4micrograms/kg/hr See monograph.
Diazepam (Diazemuls)	Prescribe with Diazemuls in brackets to ensure Diazemuls preparation is used.	60mg	60ml glucose 5%	Rate dependent on indication. See monograph.
Dobutamine	5mg/ml. CVC*.	500mg	100ml glucose 5%	0-10mls/hr
Epoprostenol	3000nanograms/ml.	150,000nanogra ms	50ml sodium chloride 0.9%	As per CVVH protocol
Esomeprazole	Loading dose of 80mg in 100ml sodium chloride 0.9% over 30mins then continuous infusion	80mg	100ml sodium chloride 0.9%	10mls/hour for 72 hours
Fentanyl PCA		1000micrograms	chloride 0.9%	Usually 10microgram bolus with 5 minute lock out.
Furosemide	10mg/ml	250mg	25ml undiluted	Usually 5-20mg/hr (0.5-2mls/hr)
Glyceryl trinitrate	1mg/ml	50mg	50ml undiluted	0-2.4mls/hr
Heparin	For treatment of DVT, PE.1000units/ml undiluted.	40,000units	40ml undiluted	depends on APTT
Heparin	For anticoagulation in CVVH. 250units/ml.	10,000units	40ml sodium chloride 0.9%	According to CVVH protocol
Hydralazine	Img/ml	60mg	60ml sodium chloride 0.9%	Initially 12-18mls/hr. Maintenance 3-6mls/hr.
Insulin- see Actrapid which	is the brand of insulin used for glycaer	mic control protoco	ol and sliding scales.	
Isoprenaline	Using isoprenaline sulfate	2.25mg	500ml glucose 5%	15-60mls/hr
Ketamine	For status epilepticus	2500mg	50ml undiluted	1-5mgkg/hr (1.4-7mls/hr if 70kg) but discuss range to prescribe with consultant.
(This is not the preparation used for pain) Labetalol	For bronchodilation in severe asthma	2500mg	50ml undiluted 40ml undiluted	Start at 0.5mg/kg/hr (0.7ml/hr if 70kg), maintenance 0.15-2.5mg/kg/hr 0-24mls/hr
	Centrally: 5mg/ml Peripherally: 1mg/ml	200mg 500mg	500ml glucose 5%	0-120mls/hr
Mannitol 20%. Prescribe in a	as required therapy. Dose: 200ml, Rate	e/duration:over 15r	nins, Route: IV, India	cation: raised ICP
Metaraminol		50mg	100ml glucose 5%	0-6mls/hr
Midazolam	Single strength. 1mg/ml	60mg	60ml glucose 5%	0-6mls/hr
	Double strength. 2mg/ml. Use in status epilepticus.	120mg	60ml glucose 5%	0-5mls/hr .See monograph for doses in status epilepticus.
Morphine	2mg/ml	100mg	50ml undiluted	0-5mls/hr
Naloxone	Info from red IV manual. 200micrograms/ml	10mg	50ml glucose 5%	Depends on response to previous IV boluses. See red manual.
Nicardipine		50mg	250ml glucose 5%	See monograph for dose titration.
Nimodipine	200micrograms/ml	10mg	50ml undiluted	5ml/hr for first two hours, increasing to 10ml/hr

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Noradrenaline	Single strength	8mg	100ml glucose 5%	0-20mls/hr
	80micrograms/ml	20mg	250ml glucose 5%	0-20mls/hr
	All strengths via CVC*	40mg	500ml glucose 5%	0-20mls/hr
	Double strength	40mg	250ml glucose 5%	0-20mls/hr
	160micrograms/ml	80mg	500ml glucose 5%	0-20mls/hr
	Quadruple strength	80mg	250ml glucose 5%	0-20mls/hr
	320micrograms/ml	160mg	500ml glucose 5%	0-20mls/hr
Phenylephrine	20micrograms/ml	10mg	500ml sodium chloride 0.9%	10-50mls/hr
Phenytoin	Load dose is 20mg/kg.lf patient haemodynamically unstable the loading dose may be divided into	Up to 1000mg	100ml sodium chloride 0.9%	Up to 50mg/minute, but usually given over 60minutes to prevent hypotension.
	two doses.	1001mg to 2500mg	250ml sodium chloride 0.9%	
Propofol		1gram	100ml undiluted	Up to 4mg/kg/hr. Prescribe in mls/hr. i.e. 28mls/hr if 70kg.
Salbutamol		10mg	3	9-60mls/hr
severe acidosis, fluid restr 50mls/hr of 1.26% solution	iction or emergency such as cardiac arron.	est. Prescribe on 2	4 hour chart. Rate ap	MUST be given centrally and only used in propriate to correct acidosis, usually start at
Sodium chloride 5% Pres	scribe in as required therapy. Dose: 125	iml, Rate/duration:		V, Indication: raised ICP
Sodium valproate	Any dose can be diluted in 100ml glucose 5%. Note interacts with meropenem.	the required dose	100ml glucose 5%	Intermittent: max 20mg/min (prescribe in mls/hr) i.e. max 1200mg over 60minutes
				Continuous:4.1mls/hr
Vancomycin	Loading dose	750mg	250ml glucose 5%	over 1.5 hrs
		1000mg	250ml glucose 5%	over 2 hrs
		1500mg	500ml glucose 5%	over 3 hrs
		2000mg	500ml glucose 5%	over 4 hours
Vancomycin	continuous infusion	125mg	50ml glucose 5%	4.1mls/hr
		250mg	50ml glucose 5%	4.1mls/hr
		375mg	100ml glucose 5%	8.3mls/hr
		500mg	100ml glucose 5%	8.3mls/hr
		625mg	250ml glucose 5%	20.8mls/hr
		750mg	250ml glucose 5%	20.8mls/hr
		875mg	250ml glucose 5%	20.8mls/hr
		1000mg	250ml glucose 5%	20.8mls/hr
		1250mg	250ml glucose 5%	20.8mls/hr
		1500mg	500ml glucose 5%	41.6mls/hr
Vasopressin	For vasodilatory shock.	1750mg 20units	500ml glucose 5% 50ml glucose 5%	41.6mls/hr 0-6mls/hr
ναουμισοοιιί	For organ donation.	20units	50ml glucose 5%	0-10mls/hr
Thiopental Sodium	Loading dose 40ml/hr for 1 hour,	1500mg	60ml water for	0-20mls/hr maintenance.

*CVC = central venous catheter

injections

Electrolytes are prescribed on the 24 hour chart.

to effect.

then 24ml/hr for 2 hours, then titrate

Electrolytes at	re prescribed on the 24 hour chart.
Calcium	4.5mmol or 4.46mmol (depending on preparation available) calcium gluconate in 100ml glucose 5% over at least 30minutes
	peripherally or centrally.
Magnesium	20mmol in 250ml glucose 5% peripherally or 100ml glucose 5% centrally. Both ove 4 hours.
Phosphate	Addiphos 20ml added to 40ml glucose 5% over 6 hours centrally. Rate 10mls/hr.
	Phosphate polyfusor 500ml over 12 hours peripherally or centrally. Rate 41.6mls/hr.
	Potassium acid phosphate 1mmol/ml 40ml added to 20ml glucose 5% over 6 hours centrally. Rate 10mls/hr.
	Sodium glycerophosphate 40ml added to 20ml glucose 5% over 6 hours centrally. Rate 10mls/hr.
Potassium	Peripherally: 20mmol in 500ml glucose 5% or 40mmol in 500ml glucose 5% through a large vein. If ECG monitoring max 20mmol/hr,
	no ECG max 10mmol/hr.
	Centrally: 20mmol or 40mmol in 100ml glucose 5%. If ECG monitoring max 20mmol/hr, no ECG max 10mmol/hr.

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