

## Child Bereavement Boxes

Following the receipt of an NHS Lothian Charity grant, and alongside the upcoming launch of the new critical care end of life care guideline, we have now been able to develop child bereavement boxes, which are available for clinical use now.

These contain supportive resources for parents, age-specific reading materials, and memory making materials such as handprints, "forget me not" seeds etc. I have attached pictures above for reference.

These are age specific, and contain different resources and materials dependent on the age of the child to maximise the potential benefit to the child. There are three different boxes available, as detailed below. The boxes are clearly labelled as below.

- Young children (probably age < 7, not able to read or write easily independently)
- Primary school age children aged > 7
- Teenagers

**They are kept in the bereavement cupboard in staff reception. Please feel free to use them to support the families in your care.**

As they come as complete packs, **please do not open/use bits of them/separate out their contents**. Also, given that we need to evidence their effectiveness for ongoing funding, and that their contents are specific to child bereavement - **please do not use these for care of bereaved adults**.

