# Critical Care Guidelines FOR ICU USE ONLY



# Protocol for the use salbutamol and ipratropium metered dose inhalers (MDI's) in mechanically ventilated patients

#### **Technique**

NB There is only information of administering salbutamol and ipratropium MDIs in this way. Other MDI devices should not be administered by this method.

- 1. Shake MDI.
- 2. Place canister in actuator of spacer device, situated in the inspiratory limb of the ventilatory circuit.
- 3. Actuate MDI, immediately before inspiratory flow of ventilator.
- 4. Wait 2-3 breaths or 30-40 seconds before administering subsequent puffs.
- 5. Close spacer 5 minutes after dosing.

## **Delivering salbutamol via MDI & spacer**

- Administer one puff on inspiration (one puff = 100micrograms).
- Wait 30-40 seconds before administering subsequent puffs, up to a total dose of 4 puffs.

Some patients may not respond to this dose, and will require it to be titrated to response. Please refer to medical staff. **MAXIMUM SALBUTAMOL DOSE = 10 PUFFS.** 

### Delivering ipratropium via a MDI and spacer

- Administer one puff on inspiration (one puff = 20micrograms).
- Wait 30-40 seconds before administering subsequent puffs, up to a total dose of 4 puffs (usual dose).

**Monitoring** Note peak airway pressure prior to administration of drug. Then, administer 4 puffs as previously described. Note response in peak airway pressure. If there is no response, report to medical staff. Consider increasing the dose of salbutamol provided there are no side-effects e.g.tremor, tachycardia etc.

	Nebuliser dose	Starting MDI dose	Max. MDI dose
Salbutamol	2.5 milligrams	4 puffs	10 puffs
Ipratropium	500 micrograms	4 puffs (20micrograms/puff)	4 puffs

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