Critical Care Guidelines FOR CRITICAL CARE USE ONLY



Zanamivir

PRESENTATION: Vial containing zanamivir 200mg in 20mL

INDICATION: Zanamivir (Dectova) is indicated for the treatment of complicated

and potentially life-threatening influenza A or B virus infection. Dectova should be used in accordance with official PHE guidance (www.gov.uk/government/publications/influenza-treatment-and-

prophylaxis-using-anti-viral-agents)

DOSE AND ADMINISTRATION:

IV infusion over 30 minutes.

Can be administered undiluted.

If diluted, it is usually convenient to dilute in 100mL of sodium chloride 0.9% (smaller or larger volumes can be used – the final concentration must be 200micrograms/mL or greater).

Dose in relation to renal function and in patients undergoing CVVHD:

CrCl (mL/min)	Dose
≥80mL/min	Initial dose: 600mg
OR haemo(dia)filtration >4.7L/hour exchange rate	and 12 hours later, maintenance dose:
	600mg BD
50-79	Initial dose: 600mg
OR haemo(dia)filtration 3.0-4.7L/hour exchange	and 12 hours later, maintenance dose: 400mg
rate	BD
30-49	Initial dose: 600mg
OR haemo(dia)filtration 1.8-2.9L/hour exchange	and 12 hours later, maintenance dose: 250mg
rate	BD
15-29	Initial dose: 600mg
OR Haemo(dia)filtration 1-1.7L/hour exchange rate	and 24 hours later, maintenance dose: 150mg
	BD
<15	Initial dose: 600mg
	and 48 hours later, maintenance dose: 60mg
	BD

ADDITIONAL INFORMATION:

Do not infuse with any other medicines or with solutions containing glucose or electrolytes other than sodium chloride.

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REFERENCES:

- 1. Summary of Product Characteristics; Dectova 10mg/mL solutions for infusion, last reviewed 1st October 2019
- 2. PHE Guidance on use of antiviral agents for the treatment and prophylaxis of seasonal infulenza, ver. 10.0, September 2019
- 3. Injectable Medicines Guide; Zanamivir ver 2, last reviewed 21/11/2019 www.medicines.org.uk/emc/product/10193/smpc

Title: Zanamivir	
ID:	Authors: Agata Paczek
Category:	Document Version: 01
Status Draft/Final:Final	Review Date: December 2021
Authoriser: Critical Care QIT Editorial	
Board	Authorisation Date: January 2020
Date added to Intranet	
Key Words	
Comments	