

TRIAL CAM- ICU positive/ Delirium prevention **Make your patient feel safe**

Date

Patient label

Even if patient appears calm, they might hallucinate and/ or be terrified by what's happening to them!

2 hour orientation: tell patient:						4-12 hrly	
Tick when done	the Time	the Date	the Place	What happened	that Family knows	*A/V Aids	CAM-ICU
	08:00						
	09:00						
	10:00						
	11:00						
	12:00						
	13:00						
	14:00						
	15:00						
	16:00						
	17:00						
	18:00						
	19:00						
	20:00						
	21:00						
From 22:00 to 7:00 only applicable when patient is awake							
	22:00						
	23:00						
	00:00						
	01:00						
	02:00						
	03:00						
	04:00						
	05:00						
	06:00						
	07:00						

*Auditory/ Visual (A/V) aids (Please circle):

Glassess Dentures Hearing aid(s)

Day - have you considered	
Sedation hold/ target	Y
Keep awake	Y
Mobilisation	Y
Avoid verbal music/ radio	Y

Night - have you considered	
Ear plugs	Y
Eye mask (DIY)	Y
Keep dark	Y
Reduce noise + alarm volume	Y
Reduce interventions	Y
Consider environment	Y

Consider daily	
Nutrition	Y
Hydration	Y
Pain control	Y
Withdrawal	Y
Medication	Y
Bowels opened	Y

Causes for agitation		
Is patient agitated?	Y	N
S	Synchronisation	
A	Analgesia	
D	Delirium	
is		
B	Bowels	
A	Anxious	
D	Drug withdrawal	

***please document any additional comments on nursing care plan**

Useful tips	
Use phrases such as:	
	I know you're worried'
	I'll/ we'll keep you safe'
When hallucinating:	
Reassure, don't contradict	

Relative information leaflet handed out

Y N/A