

Discharge home from Critical Care Environment Checklist

With increasing occurrence patients are being discharged directly from Critical Care environment to their home or usual place of residence.

Whilst this is acceptable and uncomplicated in many scenarios it can lead to error as it is not our usual practice, we may miss things that a general ward would be more cognisant of.

As such please use the below checklist when sending patients home directly to ensure governance and we are following a standard criterion of checks. This will appear on Trak under: **/icuhome**

It is by no means exhaustive nor meant to replace an IDL which should also go to the patients GP but should act as an aide memoire at the point of discharge.

When completing IDLs please ensure:

1. Delete Tope section of canned text to ensure clarity of what IDL is (delete: THIS IS A CORE CC DISCHARGE etc.)
2. If discharging home with medications TTOs, MUST ensure a pharmacy check is also completed, medication prior to admission and new must be checked by pharmacy team. A HEPMA IDL may need to also be needed to be created for this to occur.
3. If not on any medications or no changes, with adequate supply this can be checked within 12 hrs.
4. IDL must be signed off by consultant or if unavailable reviewed by Senior Registrar prior to discharge home

/icuhome

1. Observations prior to discharge

BP

HR

RR

O2 Sats

Temp

BM

GCS (E V M)

2. Provisional Diagnosis

3. New Medications commenced?

Details, including duration

4. Changes to regular medications?

Details :

5. Have all invasive devices been removed?

6. OT/Physio assessment required prior to discharge ?

7. Is GP follow up required for this patient? GP informed (Yes/No)

8. Is hospital follow- up required(including repeat imaging)? Arranged/ Details of person arranging

9. Are there adult safeguarding/vulnerable adult concerns? Consider contacting GP +/- social work.

Discussed with senior doctor (Name/Grade)

Person completing form Name/Grade)

If any concerns, then do not proceed with discharge and await step down to appropriate bed to ensure safe procedures are undertaken.

Critical Care Guidelines: Discharge home from Critical Care	
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