

The Biomechanics of Trauma:

#### THE CAUSATIVE AGENT INTRAUMA IS ENERGY

Biomechanics plays an important role in mechanism of injury, especially in motor vehicle accidents.



https://www.askadamskutner.com/motorcycle-accident/how-do-car-accidents-compare-to-motorcycle

Details of the event can provide clues to identifying 90% of the patient's injuries.

Mechanism of injury can be classified as blunt, penetrating, thermal or blast.

Understanding injury potential involves analysing the following:

- I) The nature and amount of force
  - 2) Patient characteristics
    - 3) Characteristics of wounding agent
      - 4) Tissue characteristics



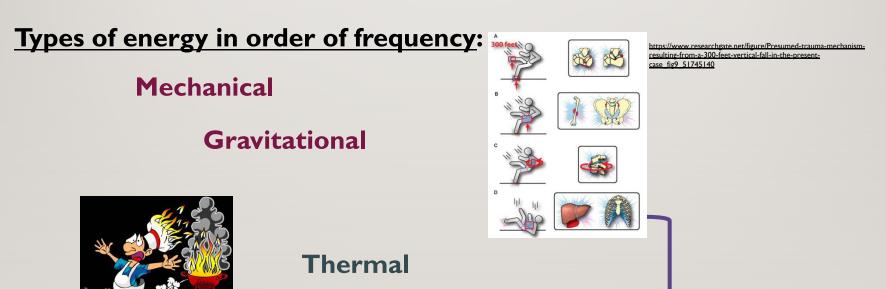
It is not the speed that kills but the actual **STOP!** 

The greater the deceleration distance the greater the opportunity for the force to be dissipated away from the patient.



https://www.dnaindia.com/mumbai/report-two-killed-in-separate-road-accidents-in-mumbai-2570312

As health care providers to trauma patients, the majority of injuries encountered are a result of mechanical or gravitational forces.



Chemical Electrical

**BURNS** 

nsumervoiceblog wordpress.com/2012/09/03 ps-for-electrical/safety-around-the-home/

Injury mechanism is described as the means by which the energy is transferred to the tissues



#### **BLUNTTRAUMA:**

- Road Traffic Collisions

- Auto-pedestrians

- Falls and jumps

- Blows (struck by or against an object)

In a Road Traffic Collision where does the force go?

The vehicle:

**Bonnet** 

**Body Frame** 

**B**umper

#### **The Occupants:**

Steering wheel

**Dashboard** 

Windscreen

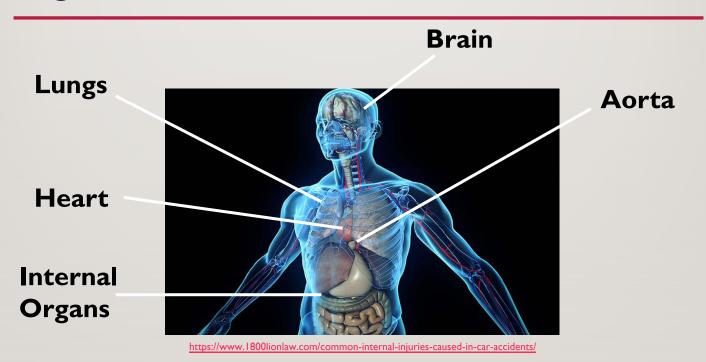
Seat belt (safety devices)



Air bags (safety devices)

http://www.stuff.co.nz/motoring/7554281/Why-it-was-always-male-crash-test-dummies

#### **Internal organs:**



#### **Secondary impacts:**

- > Flying objects
- > Unrestrained passengers



#### Fall from height

- ✓ Head injury
- ✓ Axial spine injury
- ✓ Abdominal visceral injuries



https://www.researchgate.net/figure/Extensive-head-injury-sustained-due-to-a-fall-from-height-Subarachnoid-bleed-multiple fig3 43357708

- ✓ Fractured pelvis or acetabulum
- Bilateral lower limb fractures, including calcaneal fractures



https://en.wikipedia.org/wiki/Calcaneal fracture



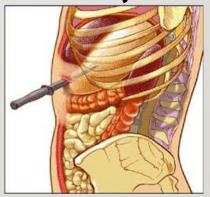
https://www.cambridge.org/core/books/emergency-radiology-coffee-case-book/axial-skeleton-trauma/37EAF6102822849997D06B1B6BDDC2B1

#### **Penetrating Trauma:**

#### Firearm injuries



#### Stab/slash injuries



#### Impalement injuries



#### **Tissue characteristics:**

**Solid structures** 





**Hollow structures** 



**Fixed points** 



**TEAR** 

#### **Thermal Injuries**

Thermal burns



**Electrical burns** 



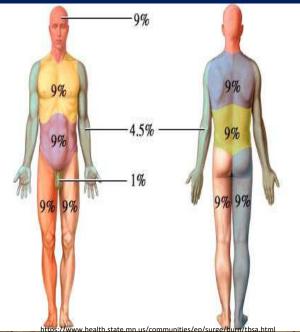
**Inhalation burns** 



https://www.rockwool.com/learning/advice/smoke-kills-more-people-than

The treatment of a major burn requires an ABCDE assessment and a full primary survey. Body surface area of the burn is done by using the

**Rule of Nines** 



The body is divided into anatomical regions and assigns 9% or a multiple of 9% of the body surface area to each region

#### References

- ATLS Student 10<sup>th</sup> Edition Manual.pdf
- TCAR Trauma Care After Resuscitation Course Syllabus (UK Edition), 2019