

## R.A.S.S- Sedation Assessment

Score	Term	Description	Type of Stimulation
+4	Combative	Overtly combative, violent, immediate danger to staff	Observation
+3	Very Agitated	Pulls or removes tube(s) or catheter(s); aggressive	
+2	Agitated	Frequent Non-purposeful movement, fights ventilator	
+1	Restless	Anxious but movements not aggressive or vigorous	
0	Alert and Calm		Verbal Stimulation
-1	Drowsy	Not fully alert but has sustained awakening (eye-opening/eye contact) to voice (>10secs)	
-2	Light Sedation	Briefly awakens with eye contact to voice (<10secs)	
-3	Moderate Sedation	Movement or eye opening to voice (but no eye contact)	
-4	Deep Sedation	No response to voice but movement or eye opening to physical stimulation	Physical Stimulation
-5	Unarousable	No response to voice or physical stimulation	

•Green: Proceed to perform CAM- ICU



•Blue: Stop: CAM- ICU not applicable. Refer to 'Management of unresponsive Patients' Guideline

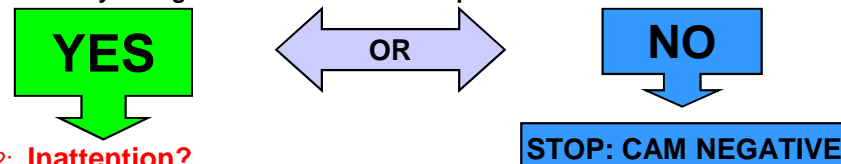
Colour Guide for CAM- ICU:



## CAM- ICU (Confusion Assessment Method)

Test Feature 1: **Acute or fluctuating mental status change?**

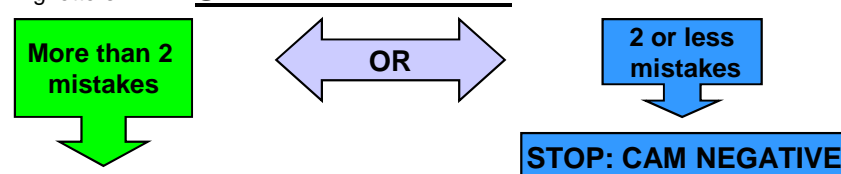
- Is the patient **different from his/her baseline** before hospital admission?, **OR**
- Has the patient had **any change in mental status in the past 24 hours?**



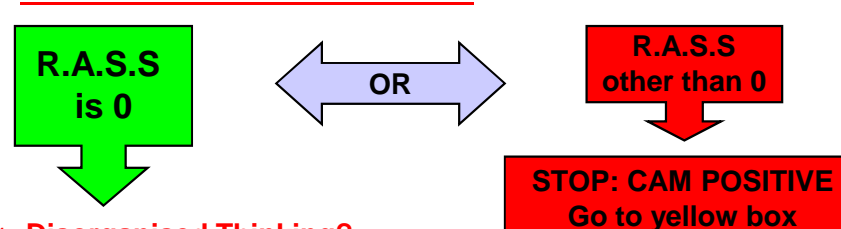
Test Feature 2: **Inattention?**

Ask patient to squeeze your hand whenever they hear the letter **A**.

Read the following letters - **SAVEAHART**



Test Feature 3: **Altered Level of Consciousness?**

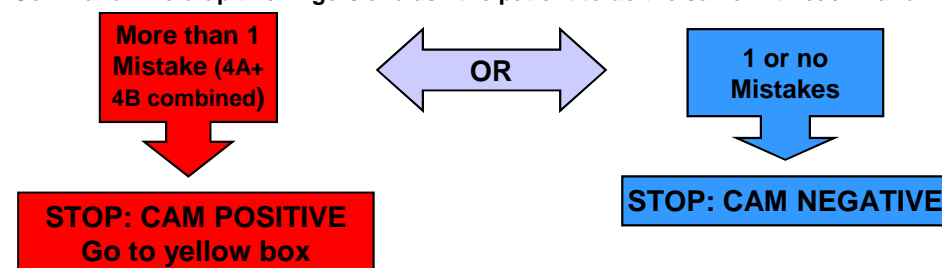


Test Feature 4: **Disorganised Thinking?**

**4A – Ask Patient to answer the following Yes/No Questions:**

- Will a stone float on water?
- Are there fish in the sea?
- Does one pound weigh more than two pounds
- Can you use a hammer to hit a nail?

**4B – Command - Hold up two fingers and ask the patient to do the same with each hand.**



**CAM POSITIVE = Delirious**

(Patient must have Feature 1 **AND** 2 and **EITHER** 3 **OR** 4)

- Use Delirium Tool for every patient
- Refer to 'Management of Agitation' Flowchart