

## Module 6 - Managing Agitation

PROGRESS:

### SUMMARY

Agitation is a common problem in ICUs, especially when deep sedation is avoided.

The common causes of agitation are:

- S** Synchronisation
- A** Analgesia
- D** Delirious
  
- B** Bowels
- A** Anxiety
- D** Drug withdrawal

**A systematic approach to diagnosing the reason for agitation and treating it appropriately will increase patient comfort, improve safety, and improve patient outcomes.**