## Critical Care Guidelines FOR ICU USE ONLY





(\*\*For further information and references see individual drug monographs and guidelines on the critical care intranet site\*\*)

•	on and references see marviada			-
Drug	Additional information (does not need prescribed on the kardex)	Dose/Amount	Diluent/volume (refers to the final volume of the infusion)	Rate/duration (ml/hr)
Actrapid	Actrapid is brand of soluble insulin used for glycaemic control and sliding scales.  Prescribe as Actrapid.	50 units	50ml sodium chloride 0.9%	According to Insulin therapy in Critical Care protocol. Please note there are two protocols.
Adrenaline	Single strength	20mg	250ml glucose 5%	0-20mls/hr
All strengths via CVC*	80micrograms/ml	40mg	500ml glucose 5%	0-20mls/hr
CVC*- Central Venous Catheter	Double strength	40mg	250ml glucose 5%	0-20mls/hr
	160micrograms/ml	80mg	500ml glucose 5%	0-20mls/hr
	Quadruple strength	80mg	250ml glucose 5%	0-20mls/hr
	320micrograms/ml	160mg	500ml glucose 5%	0-20mls/hr
Alfentanil	500micrograms/ml	15mg	30ml undiluted	1-4mls/hr
	**Remember PRN bolus doses**	25mg	50ml undiluted	1-4mls/hr
Aminophylline	Load centrally with undiluted aminophylline (25mg/ml) or peripherally in 100ml glucose 5%, both over 20 minutes.	500mg (maintenance Infusion)	500ml glucose 5%	500micrograms/kg/hr (prescribe in ml/hr) initially, then adjusted according to level i.e. for 70kg patient 35mls/hr. Based on ideal body weight.
Amiodarone	Loading dose (large vein)	300mg	250ml glucose 5%	Over 1 hour
	Maintenance infusion via CVC*	900mg	500ml glucose 5%	21mls/hr over 23 or 24 hours (dependent upon whether loading dose was given).
Atracurium	10mg/ml	500mg	50ml undiluted	0.65-0.79mg/kg/hr. Based on ideal body weight for obese patients. Prescribe in ml/hr.
Clonidine	15micrograms/ml	750 micrograms	50ml sodium chloride 0.9%	Up to 2 micrograms/kg/hr, prescribe in ml/hr. i.e.9.5mls/hr for 70kg patient.
Dexmedetomodine	8microgram/ml	2000micograms	250ml glucose 5%	Initially 0.7micrograms/kg/hr, Range 0.2-1.4micrograms/kg/hr. See monograph.
Dobutamine	5mg/ml. CVC*	250mg	50ml undiluted	See monograph.
Epoprostenol	3000nanograms/ml	150,000nanograms		As per CVVHD protocol and monograph.
Esomeprazole	Loading dose of 80mg in 100ml sodium chloride 0.9% over 30mins then continuous infusion	80mg	100ml sodium chloride 0.9%	10mls/hour for 72 hours.
Fentanyl PCA		1000micrograms		Usually 10microgram bolus with 5 minute lock out.
Furosemide	10mg/ml	250mg		Usually 5-20mg/hr (0.5-2mls/hr)
Glyceryl trinitrate	1mg/ml via CVC*	50mg	50ml undiluted	0.6-12mls/hr
Heparin	For treatment of DVT, PE.1000units/ml undiluted.	40,000units	40ml undiluted	depends on target APTTr
Heparin 	For anticoagulation in CVVHD 250units/ml.	10,000units		According to CVVHD protocol.
Hydralazine	1mg/ml nich is the brand of insulin used in t	60mg		Initially 12-18ml/hr. Maintenance 3- 9mls/hr
Isoprenaline	Using isoprenaline sulfate	2.25mg	500ml glucose 5%	As per protocol, contact cardiology.
Ketamine	For status epilepticus. This is <b>not</b> the preparation used for	2500mg	50ml undiluted	1-5mg/kg/hr (1.4-7ml/hr if 70kg) but discuss range to prescribe with
Labetalol	pain. Centrally: 5mg/ml	200mg	40ml undiluted	consultant. 0-24ml/hr
	Peripherally: 1mg/ml	500mg	500ml glucose 5%	0-120ml/hr
	in as required therapy. Dose: 200	ml, rate/duration:over 15m		
Metaraminol	500microgram/ml	50mg	100ml glucose 5%	0-6ml/hr
Midazolam	Single strength. 1mg/ml	60mg	60ml glucose 5%	0-6ml/hr
	Double strength. 2mg/ml. Use in status epilepticus.	120mg	60ml glucose 5%	0-5ml/hr .See monograph for doses in status epilepticus.
Morphine	2mg/ml	100mg	50ml undiluted	0-5ml/hr
Naloxone	Info from NHS Lothian IV guide. 200micrograms/ml	10mg		Depends on response to previous IV boluses. See NHS Lothian IV guide.
Nicardipine	100microgram/ml Change IV infusion site every 12h if peripherally administered.	25mg	_	0-150ml/hr. See monograph for dose titration.
Nimodipine	200mcg/ml	10mg	50mls (undiluted)	5ml/hr for first two hours, increasing

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				to 10mls/hr after 2 hours if BP stable.
Noradrenaline	Single Strength	20mg	250ml glucose 5%	0-20ml/hr
All strengths via CVC*	80micrograms/ml	40mg	500ml glucose 5%	0-20ml/hr
	Double strength	40mg	250ml glucose 5%	0-20ml/hr
	160micrograms/ml	80mg	500ml glucose 5%	0-20ml/hr
	Quadruple strength	80mg	250ml glucose 5%	0-20ml/hr
	320micrograms/ml	160mg	500ml glucose 5%	0-20ml/hr
Phenylephrine	20micrograms/ml	10mg	500ml sodium chloride 0.9%	10-50ml/hr
Phenytoin	Load dose is 20mg/kg.If patient haemodynamically unstable the loading dose may be divided into two doses.	Up to 1000mg	100ml sodium chloride 0.9%	Up to 50mg/minute, but usually given over 60minutes to prevent hypotension.
		1001mg to 2500mg	250ml sodium chloride 0.9%	
Propofol	**Remember PRN bolus doses**	1gram	100ml undiluted	Up to 4mg/kg/hr. Prescribe in ml/hr. i.e. 28mls/hr if 70kg.
Salbutamol	20microgram/ml	10mg	500ml glucose 5%	9-60mls/hr
50mls/hr of 1.26% solution Sodium chloride 5% Pro	on. escribe in as required therapy. Dos	se: 125ml, rate/duration: o	ver 15mins, Route: IV, Indic	
Sodium valproate	Any dose can be diluted in 50ml glucose 5% or sodium chloride 0.9% Note interacts with meropenem.	Status epilepticus: <b>Loading dose</b> 40mg/kg up to a maximum of 3000mg. <b>Intermittant:</b> Start 1000- 1200mg IV BD	50ml glucose 5% or sodium chloride 0.9%	Status epilepticus: administer loading dose over 10 minutes Intermittent: max 20mg/min (prescribe in mls/hr) i.e. max 1200mg over 60minutes Continuous:4.1ml/hr
Vancomycin	Loading dose	750mg	250ml glucose 5%	over 1.5 hrs
	Loading dose	1000mg	250ml glucose 5%	over 2 hrs
	Loading dose	1500mg	500ml glucose 5%	over 3 hrs
	Loading dose	2000mg	500ml glucose 5%	over 4 hours
Vancomycin	continuous infusion	125mg	50ml glucose 5%	4.1ml/hr
		250mg	50ml glucose 5%	4.1ml/hr
		375mg	100ml glucose 5%	8.3ml/hr
		500mg	100ml glucose 5%	8.3ml/hr
		625mg	250ml glucose 5%	20.8ml/hr
		750mg	250ml glucose 5%	20.8ml/hr
		875mg	250ml glucose 5%	20.8ml/hr
		1000mg	250ml glucose 5%	20.8ml/hr
		1250mg	250ml glucose 5%	20.8ml/hr
		1500mg	500ml glucose 5%	41.6ml/r
Vacantacsin	For vasodilatory shock.	1750mg 20units	500ml glucose 5% 50ml glucose 5%	41.6ml/hr 1.5-6ml/hr
Vasopressin	TOT VASOUITATORY STICCK.	ZUUIIIIS	John glucose 5%	1.0-0111/111

Electrolytes are prescribed on the 24 hour chart.

Thiopental Sodium

For organ donation.

titrate to effect.

then 24ml/hr for 2 hours, then

Loading dose 40ml/hr for 1 hour, 1500mg

Electrorytes a	re prescribed on the 24 hour chart.			
Calcium	4.5mmol or 4.46mmol (depending on preparation available) calcium gluconate in 100ml glucose 5% over at least 30minutes			
	peripherally or centrally.			
Magnesium	20mmol in 250ml glucose 5% peripherally or in 100ml glucose 5% centrally. Both over 4 hours.			
Phosphate Addiphos 20ml added to 40ml glucose 5% over 6 hours centrally. Rate 10mls/hr.				
-	20ml added to 500ml glucose 5% over 6 hours peripherally.			
	Phosphate polyfusor 500ml over 12 hours peripherally or centrally. Rate 41.6mls/hr.			
	Potassium acid phosphate (1mmol/ml Phosphate)-40ml added to 20ml glucose 5% over 6 hours centrally. Rate 10mls/hr.			
	Sodium glycerophosphate (1mmol/ml Phosphate)-40ml added to 20ml glucose 5% over 6 hours centrally. Rate 10mls/hr.			
	Sodium glycerophosphate (1mmol/ml Phosphate) - 20ml added to 250ml glucose 5% or 40ml added to 500ml glucose 5% over 8			
	hours peripherally.			
Potassium	Peripherally: 20mmol in 500ml glucose 5% or 40mmol in 500ml glucose 5% through a large vein. If ECG monitoring max			
	20mmol/hr, no ECG max 10mmol/hr.			
Potassium	Centrally: 20mmol or 40mmol in 100ml glucose 5%. If ECG monitoring max 20mmol/hr, no ECG max 10mmol/hr.			

20units

1.2-10ml/hr

12-20ml/hr maintenance.

50ml glucose 5%

60ml water for injections

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