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GRATEFUL MAMA DAILY GRATITUDE JOURNAL: PINK ROSE FLOWERS - 365 DAYS TO CULTIVATE AN ATTITUDE OF GRATITUDE (180 PAGES, 5.5 X 8.5) PRODUCTIVITY NOTEBOOK WITH MOTIVATIONAL QUOTES (PAPERBACK)



Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Studies have shown that expressing gratitude can have a long-lasting effect on our level of happiness - think twice;-) . When you are grateful your mental, physical and spiritual wellness grows, and you might learn to think differently about life around you. By being little more happier and staying positive you can even extend your life! So start and end your days with thankfulness and find happiness discovering...

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- Authored by Motivational Affirmation Journals, Thankful Grateful Blessed
- Released at 2019



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Reviews

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-- **Angela Blick**

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-- **Thea Lind**

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