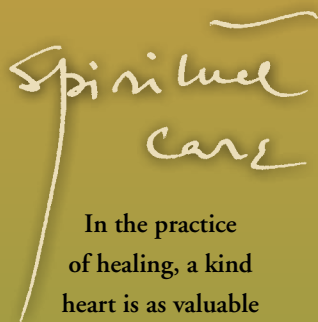


NAROPA UNIVERSITY

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In the practice of healing, a kind heart is as valuable as medical training, because it is the source of happiness for both oneself and others. People respond to kindness even when medicine is ineffective, and in turn cultivating a kind heart is a cause of our own good health.



His Holiness
the Dalai Lama



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